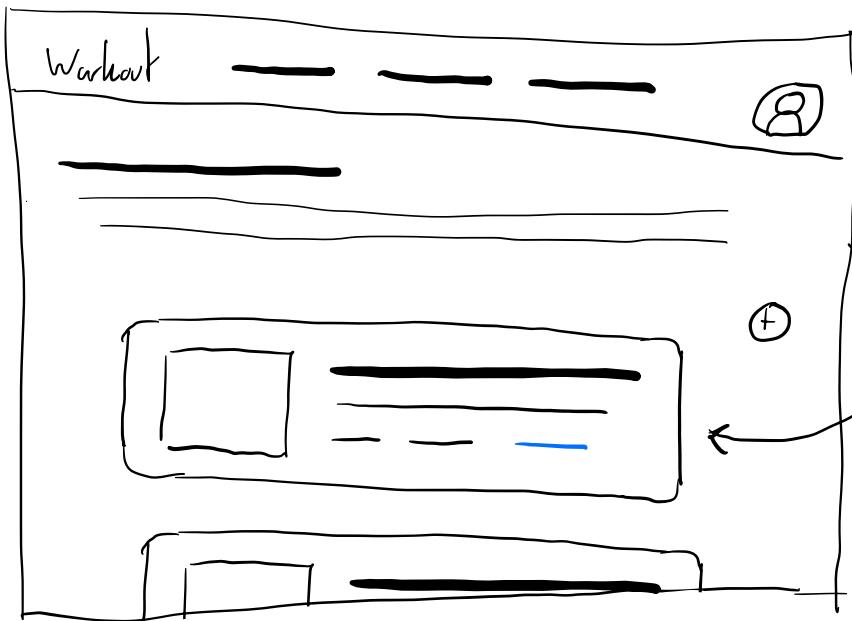
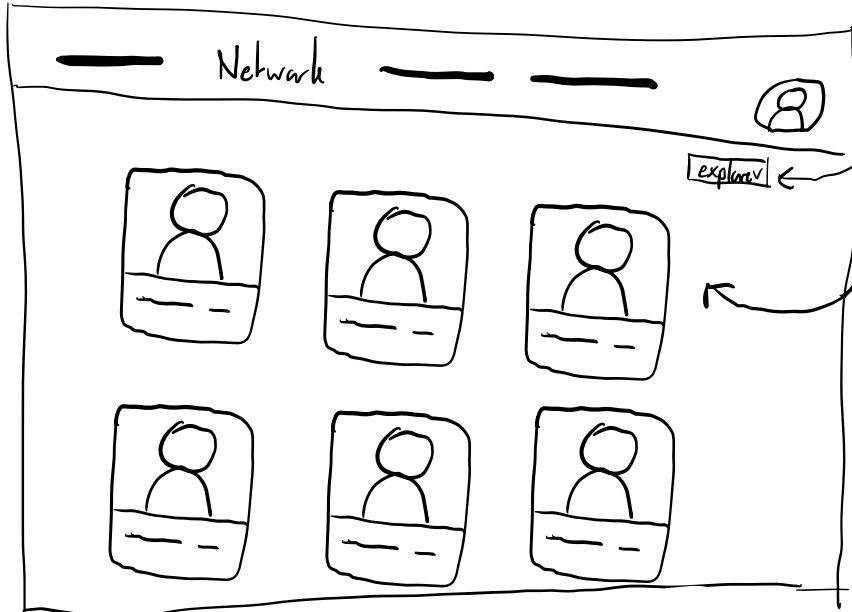


workout: user created or preset
has image, title, description
can click for info on sets



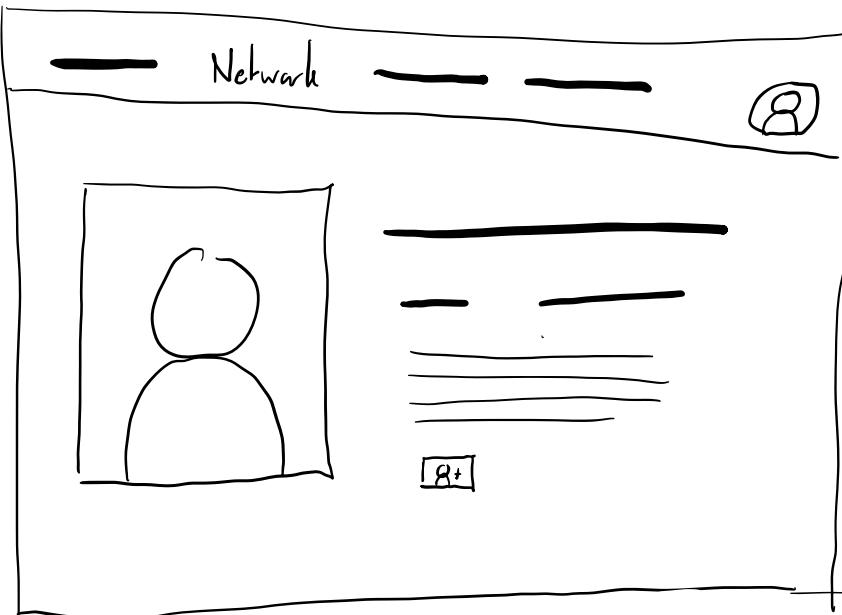
title & brief description of workout

description of exercise with # of sets, weight, link to enhance video (if needed)
can add, remove, edit

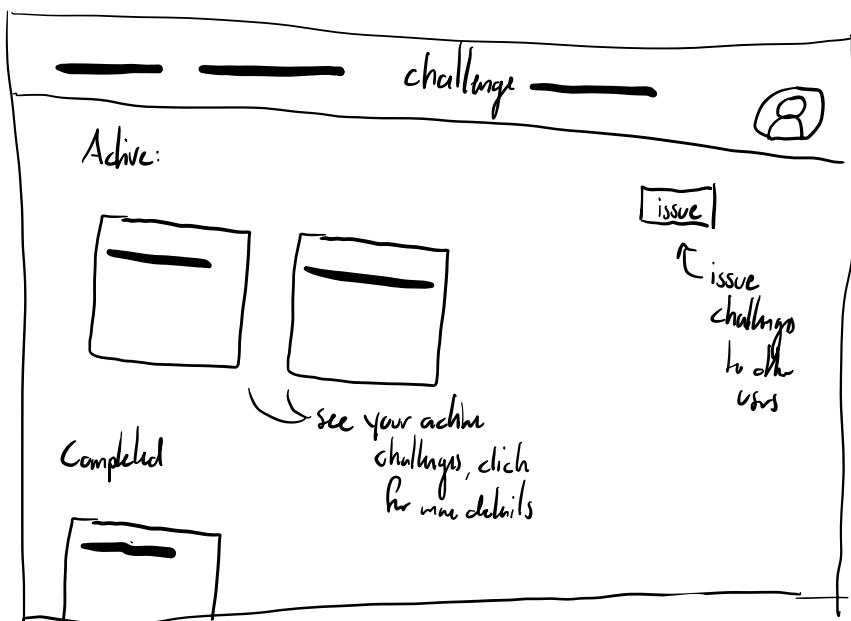


see just your friends or explore your area

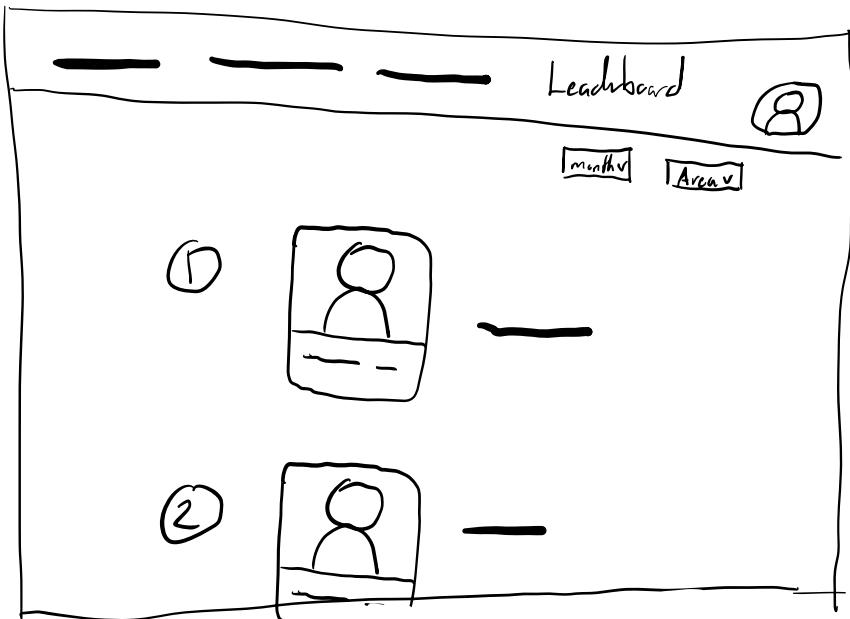
see profiles of other users in your area
click for more details



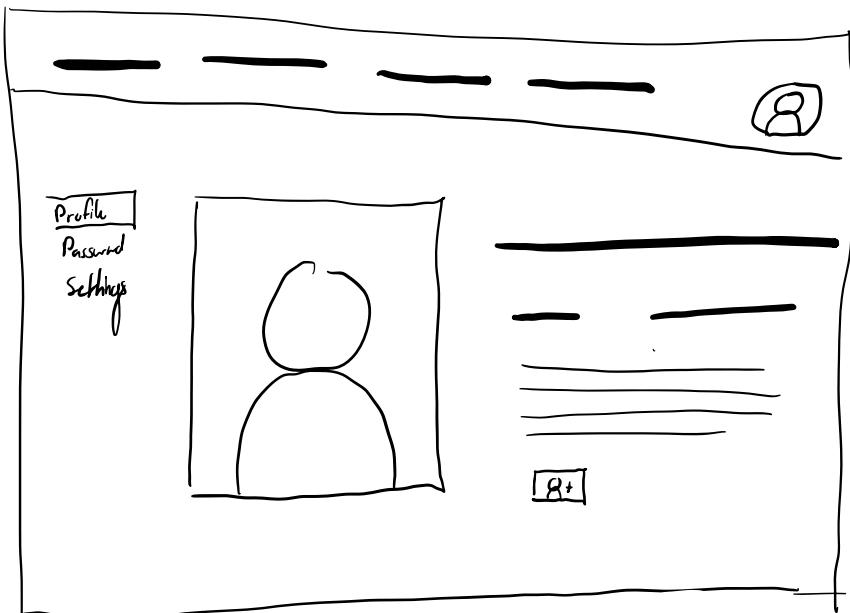
can see
name, age, location, &
brief description
have option to friend



challenge detail page
very similar to workout
detail page, but also can
see challenge participants,
progress, date



see top scorers
by day, week, month
in your area & your network



Profile / Settings page
where you can update
your public profile, change
user authentication info, and
change settings (dark mode, etc)