



Hand and Foot Massage



Treat your hands and feet
to a well-deserved moment
of relaxation.
A 20-minute express
massage designed to
relieve tension and restore
a feeling of lightness.

20 MIN - 30 €



Relaxing Back Massage



A deep massage to relax the muscles, reduce stress, and restore well-being.

Ideal for relieving tension in the back and neck.

30 MIN - 35€



Harmonizing Vital Areas Massage



**Massage of the neck,
shoulders, head, and arms.
Relieves tension, calms the
mind, and restores inner
balance.**

40 MIN - 40€



Energizing Back and Legs Massage



Targeted massage for the back and legs, ideal for releasing tension, improving circulation, and restoring the body's energy. Perfect after traveling, walking, or an intense day.

40 MIN - 45€



Facial Massage and Cervical Decompression



Relaxing facial treatment with focused work on the cervical area. Stimulates circulation, smooths facial features, and restores the skin's natural radiance. Ideal for freeing the mind and regaining balance.

60 MIN - 50 €



Psychosomatic Back Massage



The psychosomatic back massage works on the back, neck, and shoulders, releasing physical and emotional blockages while bringing calm and balance.

60 MIN - 50 €



Japanese Lifting (Kobido Style)



A Japanese facial massage that stimulates circulation, tones the skin, and provides a natural lifting effect while offering deep inner relaxation.

90 MIN - 60 €



Full Body Relaxing Massage

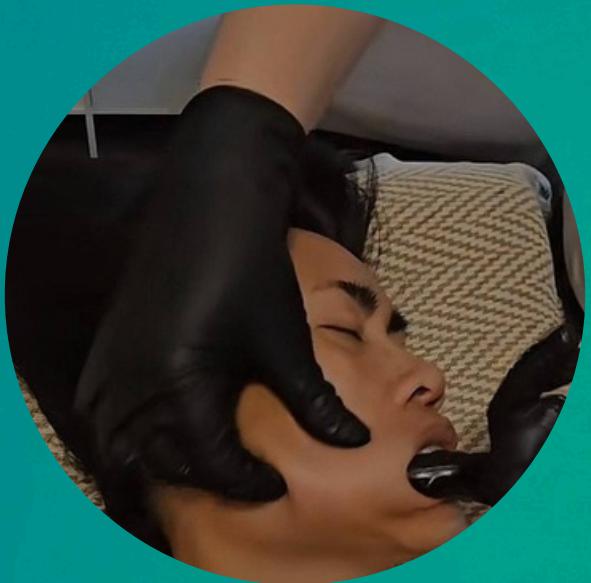


A complete, fluid, and enveloping massage that releases tension and calms the mind.
A true moment of balance and serenity.

90 MIN - 70 €



Deep Lifting Facial Massage (Intraoral)



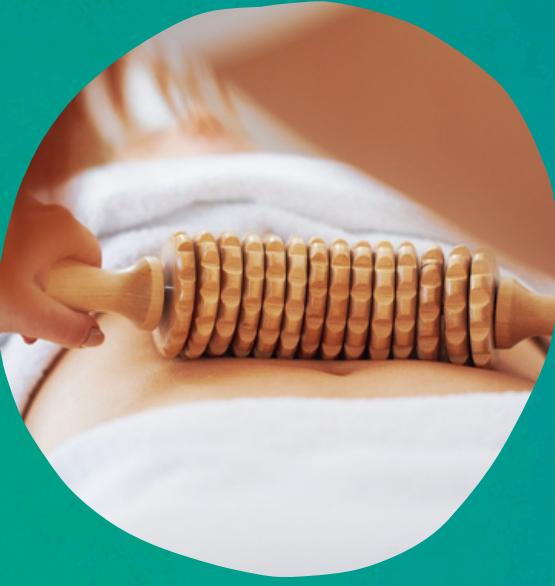
An internal and external facial massage that releases tension, relaxes the jaw, and redefines the facial contours.

Ideal for tense faces, providing a natural lifting effect.

90 MIN - 70 €



Maderotherapy (Wood Therapy)



Massage using wooden tools that sculpt the silhouette, activate circulation, and eliminate toxins. Includes lymphatic drainage for a visible detox effect from the very first session.

90 MIN - 85€