When scrolled,
the bar graph format transforms.
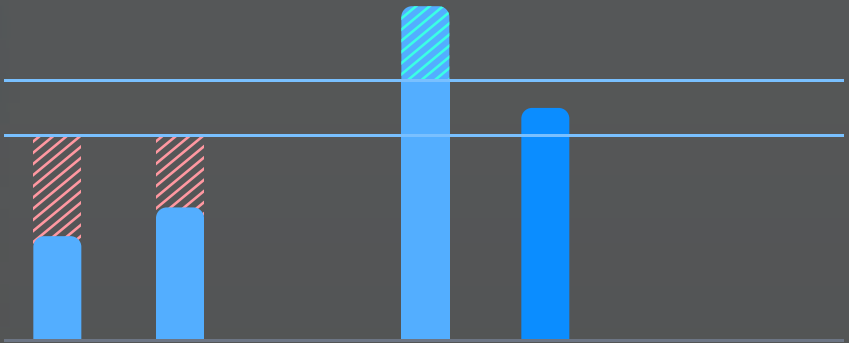
🟦 Duration		7H 12M / Day
▨ Debt	① Total Debt	**9H 00M**
▨ Surplus	② Total surplus	**3H 42M**
	① - ②	**5H 18M**

Cumulative	Debt ▲ 4%	5H 18M

Making it easier to compare
sleep duration and enabling tracking of
accumulated sleep debt and surplus.