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## Featured in *The Guardian*

**"People with depression could administer brain stimulation at home, trial shows"**

— *The Guardian*, 21 October 2024

Professor Cynthia Fu, Chief Investigator of the HOME trial study, was featured in *The Guardian*, highlighting findings that home-based brain stimulation (tDCS) could significantly improve depressive symptoms.

[Read full article](#)

## Home-based Brain Stimulation Found Effective for Depression

International clinical trial led by Professor Cynthia Fu shows that home-based tDCS helps to improve depressive symptoms.

Published in *Nature Medicine*, the trial supports tDCS as a potential first-line treatment.

[Read full article](#)

**BBC News - "The headset helps my depression so I can be a dad again"**

Published: 25 March 2024

The article highlights the potential of at-home brain stimulation devices to support mental health outside clinical settings.

[Read full articles](#)

## **NIHR funding awarded to HOME Trial**

The HOME trial, investigating tDCS for depression, has been awarded funding by the NIHR Health Technology Assessment.

Led by Professor Cynthia Fu and supported by a multi-institution team, the study will evaluate the real-world effectiveness of home-delivered tDCS across NHS settings.

Trial period: May 2025 - April 2028

Co-sponsors: King's College London and South London and Maudsley NHS Foundation Trust

[See NIHR funding announcement](#)

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