

## Featured in *The Guardian*

**"People with depression could administer brain stimulation at home, trial shows"**

— *The Guardian*, 21 October 2024

Professor Cynthia Fu, Chief Investigator of the HOME trial study, was featured in *The Guardian*, highlighting findings that home-based brain stimulation (tDCS) could significantly improve depressive symptoms.

[Read full article](#)

## Home-based Brain Stimulation Found Effective for Depression

International clinical trial led by Professor Cynthia Fu shows that home-based tDCS helps to improve depressive symptoms.

Published in *Nature Medicine*, the trial supports tDCS as a potential first-line treatment.

[Read full article](#)

## BBC News - “The headset helps my depression so I can be a dad again”

Published: 25 March 2024

The article highlights the potential of at-home brain stimulation devices to support mental health outside clinical settings.

[Read full articles](#)

## NIHR funding awarded to HOME Trial

The HOME trial, investigating tDCS for depression, has been awarded funding by the NIHR Health Technology Assessment.

Led by Professor Cynthia Fu and supported by a multi-institution team, the study will evaluate the real-world effectiveness of home-delivered tDCS across NHS settings.

Trial period: May 2025 - April 2028

Co-sponsors: King's College London and South London and Maudsley NHS Foundation Trust

[See NIHR funding announcement](#)

*Sponsored by*



*Co-Sponsored by*





**South London  
and Maudsley  
NHS Foundation Trust**

FUNDED BY

**NIHR** | National Institute for  
Health and Care Research