Sprites

Fighter Ship
https://opengameart.org/content/transforming-fighter-ship-1

Stars on Menu Screen
https://opengameart.org/content/space-background-8

Laser
https://opengameart.org/content/sci-fi-space-simple-bullets

Wood Texture
https://opengameart.org/node/21050

Brick Texture
https://opengameart.org/content/brick-texture

Stone Texture
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Ammo Box
https://opengameart.org/content/pixel-wooden-crate

Enemy Ship
https://opengameart.org/content/simple-spaceship-0

Sounds

Ship Explosion
https://opengameart.org/content/explosion-0

Laser
https://opengameart.org/content/laser-fire

Barrier Explosion
https://opengameart.org/content/boom-pack-1

No Ammo
http://soundbible.com/1540-Computer-Error-Alert.html

Ammo Power Up
https://opengameart.org/content/8-bit-powerup-1

SoundTrack
https://opengameart.org/content/the-mission-0

Code References
http://quill18.com/unity_tutorials/