

Table 1. Mean (SD) age, height, weight, and body mass index (BMI) of the participants in each group

Group	Age (years)	Height (cm)	Weight (kg)	BMI (kg/m ²)
Control	12.5 (0.5)	150.5 (6.5)	45.5 (10.5)	20.0 (3.5)
Low	12.5 (0.5)	150.5 (6.5)	45.5 (10.5)	20.0 (3.5)
High	12.5 (0.5)	150.5 (6.5)	45.5 (10.5)	20.0 (3.5)

Table 2. Mean (SD) age, height, weight, and body mass index (BMI) of the participants in each group

Group	Age (years)	Height (cm)	Weight (kg)	BMI (kg/m ²)
Control	12.5 (0.5)	150.5 (6.5)	45.5 (10.5)	20.0 (3.5)
Low	12.5 (0.5)	150.5 (6.5)	45.5 (10.5)	20.0 (3.5)
High	12.5 (0.5)	150.5 (6.5)	45.5 (10.5)	20.0 (3.5)

Table 3. Mean (SD) age, height, weight, and body mass index (BMI) of the participants in each group

Group	Age (years)	Height (cm)	Weight (kg)	BMI (kg/m ²)
Control	12.5 (0.5)	150.5 (6.5)	45.5 (10.5)	20.0 (3.5)
Low	12.5 (0.5)	150.5 (6.5)	45.5 (10.5)	20.0 (3.5)
High	12.5 (0.5)	150.5 (6.5)	45.5 (10.5)	20.0 (3.5)

Table 4. Mean (SD) age, height, weight, and body mass index (BMI) of the participants in each group

Group	Age (years)	Height (cm)	Weight (kg)	BMI (kg/m ²)
Control	12.5 (0.5)	150.5 (6.5)	45.5 (10.5)	20.0 (3.5)
Low	12.5 (0.5)	150.5 (6.5)	45.5 (10.5)	20.0 (3.5)
High	12.5 (0.5)	150.5 (6.5)	45.5 (10.5)	20.0 (3.5)

Table 5. Mean (SD) age, height, weight, and body mass index (BMI) of the participants in each group

Group	Age (years)	Height (cm)	Weight (kg)	BMI (kg/m ²)
Control	12.5 (0.5)	150.5 (6.5)	45.5 (10.5)	20.0 (3.5)
Low	12.5 (0.5)	150.5 (6.5)	45.5 (10.5)	20.0 (3.5)
High	12.5 (0.5)	150.5 (6.5)	45.5 (10.5)	20.0 (3.5)