1 Use Θ notation to express the statement

$$4n^6 \le 17n^6 - 45n^3 + 2n + 8 \le 30n^6, n \ge 3$$

Let $A=4,\,B=30$ and k=3 then the statement translates to

$$An^6 \le 17n^6 - 45n^3 + 2n + 8 \le Bn^6, n \ge k$$

hence by the definition of Θ notation $17n^6 - 45n^3 + 2n + 8$ is $\Theta(n^6)$.