



## Chris

- Age 19
- Second Semester Bachelor Student in Mathematics.
- Still feeling overwhelmed by living alone for the first time in his life and by all the homework he must submit each week.
- Chris still rather likes to play videogames all night long, instead of preparing for his classes.
- Often procrastinates and does nearly all his homework the night before submission.
- After his first semester didn't went as good as he hoped it would, Chris now wants to time track all his activities.
- He hopes that seeing the amount of time spend on tasks will motivate him in doing his homework and learning for his classes on time.
- All in all, Chris just hopes that when tracking his time and seeing the progress he achieved, that he can slack off in the evening by not feeling guilty when playing his favorite videogames.