



BAC BLANC
MOIS DE JANVIER
EPREUVE D'ANGLAIS

COMPETENCES A EVALUER

CD2 : Réagir de façon précise et appropriée à un message écrit.

CD3 : Produire de façon précise et appropriée des textes de types et de fonctions variés.

L'EPREUVE

I - LA REACTION A UN TEXTE ECRIT

A - Contexte

Être heureux et vivre longtemps, c'est fondamentalement être en bonne santé. Nul ne peut contester aujourd'hui que notre style de vie est en grande partie responsable de notre état desanté.

B - Support

Text : **Sedentary lifestyle: A life bomb.**

1- Following a sedentary lifestyle is more dangerous for your health than smoking, says a new study reported in the South China Morning Post, and carried out by the University of Hong Kong and the Department of Health. In the study, researchers looked at the level of physical activity in people who died and were able to correlate their level of physical activity with their risk of dying.

2- The results are fascinating: 20% of all deaths of people 35 and older were attributed to a lack of physical activity. That's more deaths than can be attributed to smoking. Looking at specific diseases, the risk of dying from cancer increased 45% for men and 28% for women due to lack of physical activity. The risk of dying from respiratory ailments was 92% higher for men and 28% higher for women, all due to a lack of physical activity. It turns out that being a couch potato can kill you, literally.

3- In fact, the more you use your body, the healthier it is to get-up to a point of course: you don't want to overexert yourself and cause injury, but very few people run the risk of actually doing too much exercise in modern society. Sadly, in today's world, a lot of people just sit around. They spend endless hours watching TV, and they hold jobs that require them to sit behind a desk for 8 or 9 or 10 hours a day engaging in virtually no physical movement at all. As a result, they are being

diagnosed with chronic diseases like cancer, heart disease, diabetes, and respiratory ailments—all related to a lack of regular physical exercise.

4- Physical activity gets everything moving in your body – the blood, the oxygen, the nutrients, the cellular respiration, the nervous system, and so on. Sweating is good for you as well – you sweat out toxin and replace the lost liquids by drinking fresh, clean water. Physical exercise, if done outside, also exposes you to the healing effects of natural sunlight, an essential nutrient for the human body that is deficient in most people. Getting enough sunlight on your skin can prevent and even reverse an astounding number of chronic diseases such as breast cancer, prostate cancer, osteoporosis and more.

5- If you put all of this together, you see that physical exercise is extremely beneficial to the human body. A mere 30 minutes a day of walking, swimming, jogging, cycling or other cardiovascular exercise can have astounding positive health effects.

Adapted from : Mike Adams, the Health
Ranger www.Naturalnews.com

C - Critères d'évaluation

Après avoir lu le texte ci-dessus, tu donneras la preuve que tu l'as compris en :

- reconnaissant certains de ses détails ;
- répondant à des questions de façon approfondie ;
- démontrant ta maîtrise de son vocabulaire ;
- montrant ta maîtrise de certains points grammaticaux ;
- reformulant certaines de ses idées de façon autonome.

D - Tâches

Item 1: *Are the following statements "Right" or "Wrong" according to the text?*

Write the number and the answer only.

- 1- Smoking is less dangerous for your health than a sedentary lifestyle.
- 2- Researchers came to the conclusion that there wasn't any statistical relationship between the death of people and their level of physical activity.
- 3- Men are more exposed to the diseases related to physical activity than women.
- 4- The blood, the oxygen, the nutrients, the cellular respiration, the nervous system are in movement because of physical activity.
- 5- All this put together, human beings should neglect physical activity.

Item 2: *Answer these questions on the text.*

- 1- What was the conclusion of a new study carried out by the University of Hong Kong and the Department of Health?
- 2- How do many people behave in today's world?
- 3- Why is it advisable to do physical exercise outside?

Item3: Find in the text words or expressions meaning the same or nearly the same as the following. Write the number and the answer only.

- 1- **Performed** (Paragraph 1)
- 2- **Captivating** (Paragraph 2)
- 3- **Diseases** (Paragraph 2)
- 4- **Everlasting** (Paragraph 3)
- 5- **Amazing** (Paragraph 4)

Item 4: Use the correct form of the words and tense of the verbs in the verbs in the brackets to have meaningful sentences.

- 1- Physical (**inactive**) is responsible for many Diseases
- 2- Had they known, they (**to be**) physically active.
- 3- I wish those people (**not/to spend**) endless hours watching TV without doing any physical activity some years ago.
- 4- It is (**advice**) to expose yourselves to the effects of sunlight while exercising.

Item5: Ask questions based on the underlined words and expressions

- 1- Following a sedentary lifestyle is more dangerous for your health than smoking.
- 2- The results are fascinating.
- 3- Women's death is due to the lack of physical activity.
- 4- 4-Physical activity lasts 30 minutes daily.

Item 6: Rewrite the following sentences without changing their meaning. Use the prompts given.

- 1- It is important for us to hold our physical activity outside.
 - It is high time we.....
- 2- As soon as they started a mere 30 minutes a day of walking, swimming, jogging, cycling, they astounding positive health effects.
 - No sooner.....
- 3- Inactive people are diagnosed with chronic diseases like cancer, heart disease, diabetes by doctors.
 - Doctors.....
- 4- It is many years since the University of Hong Kong and the Department of Health carried out a new study.
 -ago
- 5- If you don't get enough natural sunlight on your skin during physical exercise, you will suffer from some chronic diseases.
 - Unless.....

Item 7 : Translate the following passage from the text into French (AB only).

From : "Physical activity gets everything moving..... »

Down to : ".....deficient in most people"
(Paragraph 4)

II - PRODUCTION D'UN TEXTE DE TYPES ET DE FONCTIONS VARIES

A - Contexte

Notre santé dépend de notre mode de vie ; mais certaines personnes adoptent des styles de vie qui mettent à mal leur survie et celle de leur entourage.

B - Critères d'évaluation

Tu prouveras ta compétence à rédiger une lettre officielle en Anglais en :

- respectant le contexte et le type de texte ;
- respectant la cohérence et la logique interne des idées ;
- construisant des phrases significatives et grammaticalement correctes ;
- utilisant le vocabulaire, l'orthographe et la ponctuation appropriés.

C - Tâche

Writing

In your community, most of the young people smoke cigarette and are without any protections. Write a letter to the mayor to pinpoint the causes, the drawbacks of their behavior and call on the mayor to sensitize them on how they should behave so as to be healthy and live longer.

NB/

- The Mayor address is **P.O Box 4775 Grand-Popo**
- Your address is **P.O Box 340 Cotonou**
- You write the letter **on January 24th, 2019**

END !



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EPREUVE D'ANGLAIS

I – LINGUISTIC COMPETENCE

A – Fill in the blanks with the prepositions

- 1- Some purchases take placeinspection (by – on – with)
- 2- The seller must take caredeliver the exact quantity of goods agreed.....(on – to – with – by)
- 3- A type is sample taken.....a precious year's crops. (with – in – from)
- 4- Sellingcredit is sometimes risky. (by – on – with)
- 5- He has good facilities as he is often supplied the ordered goods promptly. (with – by – in)

B – Rewrite these sentences using the given prompts

- 1- They won't deliver the goods if we don't pay cash.
*Unless.....
- 2- We didn't launch the new products in time, that's why we failed to sell them quickly.
*If.....
- 3- The unionists are impatient to meet the boss.
* The unionists are looking forward.....
- 4- Camille is poor but he drinks beer every day.
*Despite.....
- 5- Eliot hasn't gone to school for three days now.
*It.....

C - Course work

Complete these sentences with the right work(s) : domestic trade - quotation - principal - sole proprietor - the public limited company - advice note - pattern - staff manager.

- 1- Somebody who follows the principles of one - man business in a
- 2-Wholesaling and retailing are the two divisions of.....
- 3- A dressmaker usually buys goods by.....
- 4- Employees' recruitment and welfare activities in a company are the responsibility of the
- 5- The.....is the person who employs an agent in return for a commission.
- 6- A business unit which can ask the general public to subscribe for its shares is a
- 7- Theis sent to the buyer by the seller to tell him that the goods ordered are on the way.
- 8- It's the reply to the letter of inquiry. It states the current price and terms of trade of a product or service. It is the

D - Write the correct form of the words between brackets

- 1- A receipt is a (prove) of payment.
- 2- Imports do not necessarily (food) the population.
- 3- He was obliged to sell the goods at a (lose).
- 4- A credit note is issued when the buyer has been (charge).
- 5- An indent is also called a (ship) order.

II - READING COMPREHENSION

Text : The rise of consumer society

In ancient times, the satisfaction of people's wants and needs was simpler than it is today. The products available consisted of things people could grow, hunt or find in another way. Manufactured goods did not exist.

As humankind developed, techniques were developed to grow crops more efficiently. This allowed people to settle in towns, and eventually, create civilizations. People began to specialize in different trades. Craftsmen began to fashion goods. This also gave rise to different classes of people the rich, the middle, and the poor.

Since the beginning of the industrial revolution, and the modernization of society, a wide array of new products have become available. In addition, these products are relatively cheap for consumers. Through scientific research, health standards have been improved and technology has quickly advanced. While this has improved the standard of living for many people, it also has quickly advanced.

While this has improved the standard of living for many people, it also has caused many problems : pollution, poor working standards, the secularization of social institutions, and an increasing gap between developing and developed countries.

One constant trait of humans that we can see throughout history is the desire for more. Without this desire, development would not have occurred. The rich always claim the new technological advancements first. As these technologies become more affordable they are made available to the middle – and lower-classes of society. Thus, the standard of living, in theory, is always rising for every social class. While televisions were a luxury in the 1950s in the USA, they are now considered a necessity and even very poor families in the USA own televisions. The same can be said of telephones, microwave ovens, VCRs, and even cars. Although the same goods are not so available in developing countries, the same process occurs. Also, certain social groups in developing countries follow the same trends. For example, among urban professionals in Benin, cellular phones have become a widespread possession whereas just a few years ago they were a rare luxury. In general, today's luxury becomes tomorrow's necessity.

Thus, more is consumed and more trash is produced. This pollutes our environment and does not bring about increased satisfaction. Young professionals may be very satisfied with their new cellular phones. But after a few months, the satisfaction will wear off and they will have to purchase other gadgets for that same feeling. This desire for more and lack of satisfaction is the deception of consumer society.

A – Copy and complete these sentences with information drawn from the text.

- 1- In ancient times there were no..... ; people used to consume goods they produced or hunted.
- 2- Later, crops were grown efficiently thanks to the development of.....
- 3- Scientific research has improved.....
- 4- The deception of consumer society is.....

B – Answer these questions.

- 1- The rise of consumer society has brought about different classes of people. Name them.
- 2- What do you understand by “the desire for more” ?
- 3- Do the poor enjoy the technological advancements ? Justify your answer.

C – Match the words or groups of words in Column A with these synonyms or definition in Column B. (Write the numbers and letters only)

| Column A. | Column B |
|--------------|--------------------------------|
| 1- available | a) Which can be bought or done |

| | |
|---------------|---|
| 2- craftsmen | b) Brought about, resulted in |
| 3- cheap | c) Which is no longer good to be used |
| 4- improved | d) The enjoyment of special and expensive things |
| 5- caused | e) That you can get, buy or find |
| 6- affordable | f) The need for something |
| 7- necessity | g) Existing or happening over a large area or among many people. |
| 8- widespread | h) The opposite of expensive |
| 9- luxury | i) Made better than before |
| 10- wear out | j) Skilled person, especially one who makes beautiful things by hand. |

D - Translate into French

"Since the beginning of the industrial revolution.....quickly advanced."

III - Writing

A lot of economists say that our country economy will never improve if we continue consuming more imported goods than locally produced ones.

What do you think about this view point ?

Are you of the opinion that we should consume what we produce and produce what we consume ?

FIN