

# Results

Kendra Wyant

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Table 1: Demographics for all enrolled participants (N = 170)

	<i>n</i>	%	<i>M</i>	<i>SD</i>
Age			40.6	12.1
Sex				
Female	84	49.4		
Male	86	50.6		
Race				
American Indian/Alaska Native	3	1.8		
Asian	2	1.2		
Black/African American	8	4.7		
White/Caucasian	147	86.5		
Other/Multiracial	10	5.9		
Hispanic, Latino, or Spanish Origin				
Yes	5	2.9		
No	165	97.1		
Education				
Less than high school or GED degree	2	1.2		
High school or GED	18	10.6		
Some college	49	28.8		
2-Year degree	14	8.2		
College degree	60	35.3		
Advanced degree	27	15.9		
Employment				
Employed full-time	80	47.1		
Employed part-time	28	16.5		
Full-time student	7	4.1		
Homemaker	1	0.6		
Disabled	8	4.7		
Retired	9	5.3		
Unemployed	23	13.5		
Temporarily laid off, sick leave, or maternity leave	3	1.8		
Other, not otherwise specified	11	6.5		
Income			33712	31273
Marital Status				
Never married	78	45.9		
Married	35	20.6		
Divorced	48	28.2		
Separated	6	3.5		
Widowed	3	1.8		