

## EMA Daily Survey

1. Since your last survey.....

Have you drank any alcohol?

Yes

No

2. Since your last survey.....

Have you used any other recreational drugs?

Yes

No

3. Since your last survey.....

How intense was your greatest urge to use alcohol?

No Urges				Mild		Moderate				Strong		
0	1	2	3	4	5	6	7	8	9	10	11	12



4. Since your last survey.....

Did you encounter any risky situations (people, places, or things)? If yes, rate the intensity of the risk. If you experienced more than one risky situation, rate the most intense risky situation.

No Risks				Mild		Moderate				Severe		
0	1	2	3	4	5	6	7	8	9	10	11	12

5. Since your last survey.....

Has a hassle or stressful event occurred? If yes, rate the intensity of the event:

No events				Mild		Moderate				Severe		
0	1	2	3	4	5	6	7	8	9	10	11	12

6. Since your last survey.....

Has a pleasant or positive event occurred? If yes, rate the intensity of the event:

No events				Mild		Moderate				Severe		
0	1	2	3	4	5	6	7	8	9	10	11	12

7. How are you feeling **right now**?

Pleasant/Happy									Unpleasant/Unhappy	
1	2	3	4	5	6	7	8	9	10	11

Aroused/Alert									Sleepy/Calm	
1	2	3	4	5	6	7	8	9	10	11

8. How likely are you to encounter risky situations (people, places, or things) in the next day?

Very Unlikely			Unlikely			Likely			Very Likely	
1	2	3	4	5	6	7	8	9	10	11

9. How likely are you to encounter a stressful event in the next day?

Very Unlikely			Unlikely			Likely			Very Likely	
1	2	3	4	5	6	7	8	9	10	11

10. How likely are you to use any alcohol in the next day?

Very Unlikely			Unlikely			Likely			Very Likely	
1	2	3	4	5	6	7	8	9	10	11

11. How likely are you to use any other recreational drug in the next day?

Very Unlikely			Unlikely			Likely			Very Likely	
1	2	3	4	5	6	7	8	9	10	11

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