



## EMA Daily Survey

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1. Since your last survey.....

Have you drank any alcohol?

Yes

No

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2. Since your last survey.....

Have you used any other recreational drugs?

Yes

No

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3. Since your last survey.....

How intense was your greatest urge to use alcohol?

No urges

Mild

Moderate

Strong

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4. Since your last survey.....

Did you encounter any risky situations (people, places, or things)? If yes, rate the intensity of the risk. If you experienced more than one risky situation, rate the most intense risky situation.

No risky situations

Mild

Moderate

Strong

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5. Since your last survey.....

Has a hassle or stressful event occurred? If yes, rate the intensity of the event:

No hassle or stressful events

Mild

Moderate

Strong

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6. Since your last survey.....

Has a pleasant or positive event occurred? If yes, rate the intensity of the event:

No pleasant or positive events

Mild

Moderate

Strong

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7. How are you feeling **right now**?

Pleasant/Happy

Unpleasant/Unhappy

1

2

3

4

5



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Aroused/Alert

1

2

3

4

5

Sleepy/Calm



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8. How likely are you to encounter risky situations (people, places, or things) in the next day?

- Extremely unlikely
- Somewhat unlikely
- Somewhat likely
- Extremely likely

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9. How likely are you to encounter a stressful event in the next day?

- Extremely unlikely
- Somewhat unlikely
- Somewhat likely
- Extremely likely

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10. How likely are you to use any alcohol in the next day?

- Extremely unlikely
- Somewhat unlikely
- Somewhat likely
- Extremely likely

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11. How likely are you to use any other recreational drug in the next day?

- Extremely unlikely
  - Somewhat unlikely
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Somewhat likely

Extremely likely