

Battery Header
What type of data are these?
Fake
Real
What is the study name?
What is the participant's Sub ID?
Who are the RAs today? (Enter last name of each RA and separate RAs with a semi-colon)
Penn Alcohol Craving Scale (PACS)
The next set of questions ask you to think about the alcohol cravings you may have had in the past month. Please read each question carefully and select the option that best describes your craving to drink alcohol <u>during the past month</u> .
How often have you thought about drinking or about how good a drink would

https://uwmadison.co1.qualtrics.com/ControlPanel/Ajax.php?action=GetSurveyPrintPreview

Never—0 times during this period of time

make you feel?

Rarely—1 to 2 times during this period of time

Occasionally—3 to 4 times during this period of time

Sometimes—5 to 10 times during this period of time

Often—11 to 20 times during this period of time

Most of the time—20 to 40 times during this period of time

Nearly all of the time—more than 40 times or more than 6 times per day

At its most severe point, how strong was your craving?

None at all

Slight, that is a very mild urge

Mild urge

Moderate urge

Strong urge, but easily controlled

Strong urge and difficult to control

Strong urge and would have drunk alcohol if it were available

How much time have you spent thinking about drinking or about how good a drink would make you feel?

None at all

Less than 20 minutes

21-45 minutes

46-90 minutes

90 minutes-3 hours

Between 3 and 6 hours

More than 6 hours

How difficult would it have been to resist taking a drink if you had known a bottle were in your house?

Not difficult at all

Very mildly difficult

Mildly difficult

Moderately difficult

Very difficult

Extremely difficult

Would not be able to resist

Keeping in mind your responses to the previous questions, please rate your overall average alcohol craving for the past month.

Never thought about drinking and never had the urge to drink

Rarely thought about drinking and rarely had the urge to drink

Occasionally thought about drinking and occasionally had the urge to drink

Sometimes thought about drinking and sometimes had the urge to drink

Often thought about drinking and often had the urge to drink

Thought about drinking most of the time and had the urge to drink most of the time

Thought about drinking nearly all of the time and had the urge to drink nearly all of the time

Alcohol Abstinence Self-Efficacy Scale (AASE)

The next set of questions list a number of situations that may lead some people to drink alcohol. We would like to know how confident you are that you **would not drink alcohol** in each situation.

Please indicate how confident you have been that you <u>would not drink alcohol</u> in each situation generally <u>during the past month</u>.

	Not at all	Not very	Moderately	Very	Extremel
When I am in agony because of stopping or withdrawing from alcohol use	\bigcirc	\bigcirc	\bigcirc	0	\bigcirc
When I have a headache	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
When I am feeling depressed	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
When I am on vacation and want to relax	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
When I am concerned about someone	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
When I am very worried	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc

	Not at all	Not very	Moderately	Very	Extremel
When I have the urge to try just one drink to see what happens	\bigcirc	\bigcirc	\bigcirc	0	\bigcirc
	Not at all	Not very	Moderately	Very	Extremel
When I am being offered a drink in a social situation	\bigcirc	\bigcirc	\bigcirc	0	\bigcirc
When I dream about taking a drink	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
When I want to test my willpower over drinking	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
When I am feeling a physical need or craving for alcohol	0	\bigcirc	\circ	0	\circ
When I am physically tired	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
When I am experiencing some physical pain or injury	0	\bigcirc	\circ	0	\circ
When I feel like blowing up because of frustration	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
	Not at all	Not very	Moderately	Very	Extremel
When I see others drinking at a bar or at a party	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
When I sense everything is going wrong for me	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
When people I used to drink with encourage me to drink	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
When I am feeling angry inside	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
When I experience an urge or impulse to take a drink that catches me unprepared	\bigcirc	\bigcirc	\bigcirc	0	\bigcirc
When I am excited or celebrating with others	0	0	0	0	\bigcirc

Monthly Addiction Monitor (MAM)

The next set of questions ask about several areas of your life such as your housing, health, alcohol and drug use, and substance abuse treatment. Please answer each question <u>about the past 30 days</u>, unless indicated otherwise.

What is your current living arrangement?

Independent (living on your own or with family/others)

Homeless Shelter

Homeless Unsheltered

Other

If other, please specify
Do you live alone?
No
Yes
Who do you live with? Check all that apply?
Spouse/Significant Other
Child/Grandchild
Parent
Other Relative
Non-Relative
You selected that you live with a child/grandchild. How many children/grandchildren live in your household?
You selected that you live with a parent. How many parents live in your household?
You selected that you live with a other relative. How many other relatives live in your household?

You selected that you live with a non-relative. How many non-relatives live in your household?

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Have you had ar	ny psychiatric hospitalizations in the past 30 days?
No	
Yes	
Have you been a	arrested in the past 30 days?
No	
Yes	
Have you spent	at least one night in jail in the past 30 days?
No	
Yes	
Were you a victi	m of any violent crime in the past 30 days?
No	
Yes	
Were you a victi	m of any non-violent crime in the past 30 days?
No	
Yes	
Have you been e	enrolled in an alcohol and drug abuse treatment program in the past 30
days?	
No	

How many individual alcohol and drug abuse counseling sessions have you attended in the past 30 days?
How many group alcohol and drug abuse counseling sessions have you attended in the past 30 days (not including AA or NA meetings)?
How many self-help meetings like AA or NA to support your recovery have you attended in the past 30 days?
Have you been enrolled in other counseling in the past 30 days (don't include drug and alcohol abuse counseling sessions? No
How many days have you attended other counseling in the past 30 days?
How many days were you in contact or spend time with any family member or friends who are supportive of your recovery in the past 30 days?
How many days were you in contact or spent time with any family member or friends who a not supportive of your recovery in the past 30 days?

How many days did you spend much of the time at work, school, or doing volunteer work in the past 30 days?
Has your religion or spirituality helped support your recovery in the past 30 days?
Not at all
Slightly
Moderately
Considerably
Extremely
Have you taken prescribed medication to help maintain abstinence from alcohol in the past 30 days?
No
Yes
On how many days did you take your medication directly as prescribed in the past 30 days?
Have you taken any prescribed other psychiatric medication in the past 30 days (for mental illness other than alcohol and drug addiction)?
No
Yes
On how many days did you take other psychiatric medication directly as prescribed in the past 30 days?

How satisfied are you with your progress toward achieving your recovery goals in the past
30 days?
Not at all
Slightly
Moderately
Considerably
Extremely
Is your goal still to remain abstinent in the future?
No
Uncertain
Yes
In the next 30 days, how confident are you in your ability to be completely abstinent from alcohol?
Not at all
Slightly
Moderately
Considerably
Extremely
Depression Anxiety Stress Scale-21 (DASS21)

In the next set of questions, please read each statement and choose the answer to indicate how much the statement applied to you during the past month. The rating scale is as follows:

Never- Did not apply to me at all

Sometimes - Applied to me to some degree, or some of the time

Often- Applied to me to a considerable degree, or a good part of the time

Almost Always - Applied to me very much, or most of the time

	Never	Sometimes	Often	Almost Always
I found it hard to wind down	\bigcirc	0	\bigcirc	\circ
I was aware of dryness of my mouth	0	0	0	0
I couldn't seem to experience any positive feeling at all	0	0	\circ	0
I experienced breathing difficulty (e.g., excessively rapid breathing, breathlessness in the absence of physical exertion)	0	0		0
I found it difficult to work up the initiative to do things	\circ	0	\circ	0
I tended to over-react to situations	0	0	\circ	0
	Never	Sometimes	Often	Almost Always
I experienced trembling (e.g., in the hands)	0	0	0	0
I felt that i was using a lot of nervous energy	0	0	\circ	0
I was worried about situations in which I might panic and make a fool of myself	0	0	0	0
I felt that I had nothing to look forward to	0	0	\bigcirc	0
I found myself getting agitated	0	0	0	0
I found it difficult to relax	0	0	0	0

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	Never	Sometimes	Often	Almost Always
	Never	Sometimes	Often	Almost Always
I felt down-hearted and blue	0	0	\bigcirc	0
I was intolerant of anything that kept me from getting on with what I was doing	0	0	0	0
I felt I was close to panic	\circ	0	\bigcirc	\circ
I was unable to become enthusiastic about anything	0	0	0	0
I felt I wasn't worth much as a person	0	0	\bigcirc	0
I felt that I was rather touchy	0	0	0	0
	Never	Sometimes	Often	Almost Always
I was aware of the action of my heart in the absence of physical exertion (e.g., sense of heart rate increase, heart missing a beat)	0	0	0	0
I felt scared without any good reason	\circ	0	\circ	0
I felt that life was meaningless	0	0	0	0

Perceived Stress Scale-10 (PSS10)

The next set of questions asks you about your feelings and thoughts. For each question, please indicate how often you felt or thought a certain way **during the last month**.

Never 1

How often have you been upset because of something that happened unexpectedly?



	_
	Never I
How often have you felt that you were unable to control the important things in your life?	\bigcirc
How often have you felt nervous and "stressed"?	\bigcirc
How often have you felt confident about your ability to handle your personal problems?	\bigcirc
How often have you felt that things were going your way?	\bigcirc
How often have you found that you could not cope with all the things that you had to do?	\bigcirc
How often have you been able to control irritations in your life?	\bigcirc
How often have you felt that you were on top of things?	\bigcirc
How often have you been angered because of things that were outside of your control?	\bigcirc
How often have you felt difficulties were piling up so high that you could not overcome them?	0
	>

Quality of Life Questions (QOL)

The next set of questions ask you to reflect on your quality of life. Read each statement in the survey and select the response that best reflects how satisfied you have been with your quality of life in each area (health, mental health, sleep, work, relationships, environment, and leisure activities) generally **during the past month.**

	Very disssatisfied	Dissatisfied	Neither satisfied or dissatisfied	Satisfied	Very satisfied
How satisfied are you with your overall of quality of life?	\circ	0	\circ	0	0
How satisfied are you with your physical health?	0	0	0	0	0
How satisfied are you with your mental health?	0	0	0	0	0
How satisfied are you with your sleep?	0	0	0	0	0

	Very disssatisfied	Dissatisfied	Neither satisfied or dissatisfied	Satisfied	Very satisfied
How satisfied are you with your ability to perform your daily living activities?	0	0	0	0	0
How satisfied are you with your capacity for work?	0	0	0	0	0
	Very disssatisfied	Dissatisfied	Neither satisfied or dissatisfied	Satisfied	Very satisfied
How satisfied are you with yourself?	0	0	0	0	0
How satisfied are you with your personal relationships?	0	0	0	0	0
How satisfied are you with your sex life?	0	0	0	0	0
How satisfied are you with your opportunities for leisure activities?	\circ	0	0	0	0
How satisfied are you with the support you get from your friends?	0	0	0	0	0
How satisfied are you with the conditions of your living place (e.g, your house, apartment)?	0	0	0	0	0
	Very disssatisfied	Dissatisfied	Neither satisfied or dissatisfied	Satisfied	Very satisfied
How satisfied are you with the conditions of your neighborhood?	\circ	0	\circ	0	0
How satisfied are you with your access to health services?	0	0	0	0	0
How satisfied are you with your access to transportation?	\circ	0	\circ	0	0
How satisfied are you with your ability to concentrate?	\circ	0	0	0	0

	Very			either sfied or		Very
	disssatisfie	d Dissati			atisfied	satisfied
How satisfied are you with your energy for everyday life?	0	С)	0	0	0
Dyadic Adjustment	Scale (DAS)					
The next set of quest partner if you have or response.	-		•	•	•	
Are you currently in a	relationship w	vith a spou	use, boyfriei	nd/girlfriend,	or significa	ant other?
No						
Yes						
Most persons have dis approximate frequency			•			
on the following list.						
	Always Disagree	Almost Always Disagree	Frequently Disagree	Occasionally Disagree	Almost Always Agree	Always Agree
Handling family finances	\bigcirc	\bigcirc	\bigcirc	\circ	\bigcirc	0
Matters of recreation	\bigcirc	\bigcirc	\bigcirc	0	\bigcirc	\bigcirc
Religious matters	\circ	\bigcirc	\bigcirc	\circ	\bigcirc	\circ
Demonstrations of affection	\circ	\circ	0	0	0	0
Friends	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\circ
	Always Disagree	Almost Always Disagree	Frequently Disagree	Occasionally Disagree	Almost Always Agree	Always Agree
Sex relations						

	Always Disagree	Almost Always Disagree	Frequently Disagree	Occasionally Disagree	Almost Always Agree	Always Agree
Conventionality (correct or proper behavior)	0	0	0	0	0	0
Philosophy of life	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0
Ways of dealing with parents or in-laws	\circ	0	0	\circ	0	0
Aims, goals, and things believed important	0	0	\circ	0	0	0
	Always Disagree	Almost Always Disagree	Frequently Disagree	Occasionally Disagree	Almost Always Agree	Always Agree
Amount of time spent together	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Making major decisions	0	0	0	0	0	0
Household tasks	\bigcirc	\circ	\circ	0	\circ	\circ
Leisure time interests and activities	0	0	0	0	0	0
Career decisions	0	\circ	\circ	0	0	0

Most persons have disagreements in their relationships. Please indicate below the approximate frequency of these disagreements between you and your partner for each item on the following list.

	Never	Rarely	Occasionally	More often than not	Most of the time	All the time
How often do you discuss or have considered divorce, separation, or terminating your relationship?	\circ	\circ	0	\bigcirc	0	0
How often do you or your mate leave the house after a fight?	0	0	0	0	0	0

	Never	Rarely	Occasionally	More often than not	Most of the time	All the time
In general, how often do you think that things between you and your partner are going well?	\circ	\circ	0	\circ	0	0
Do you confide in your mate?	\circ	\circ	0	0	0	0
	Never	Rarely	Occasionally	More often than not	Most of the time	All the time
Do you ever regret that you married? (or lived together)	0	0	0	0	0	0
How often do you and your partner quarrel?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
How often do you and your mate "get on each other's nerves?"	0	0	0	\circ	0	0
each other's herves!						

Do you kiss your mate?

Never

Rarely

Occasionally

Almost Every Day

Every Day

Do you and your mate engage in outside interests together?

None of them

Very few of them

Some of them

Most of them

All of them

How often would you say the following events occur between you and your mate?

	Never	Less than once a month	Once or twice a month	Once or twice a week	Once a day	More often
Have a stimulating exchange of ideas	\bigcirc	\circ	\bigcirc	\circ	\bigcirc	\bigcirc
Laugh together	\bigcirc	0	\bigcirc	0	\bigcirc	0
Calmly discuss something	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Work together on a project	0	0	0	0	0	0

These are some things about which couples sometimes agree and sometime disagree. Indicate if either item below caused differences of opinions or were problems in your relationship during the past few weeks.

	No	Yes
Being too tired for sex.	\bigcirc	\bigcirc
Not showing love.	0	\bigcirc

The middle point, "happy," on this rating scale represents the degree of happiness of most relationships. Please select the option which best describes the degree of happiness, all things considered, of your relationship.

Extremely Unhappy

Fairly Unhappy

A Little Unhappy

Happy

Very Happy

Extremely Happy

Perfect

Which of the following statements best describes how you feel about the future of your relationship?

My relationship can never succeed, and there is no more that I can do to keep the relationship going.

It would be nice if it succeeded, but I refuse to do any more than I am doing now to keep the relationship going.

It would be nice if my relationship succeeded, but I can't do much more than I am doing now to help it succeed.

I want very much for my relationship to succeed, and will do my fair share to see that it does.

I want very much for my relationship to succeed, and will do all I can to see that it does.

I want desperately for my relationship to succeed, and would go to almost any length to see that it does.

Multidimensional Scale of Perceived Social Support (MSPSS)

In the next set of questions we ask you to think about the people in your life who support you. Please read each statement carefully. Use the rating scale provided to indicate how well each statement describes you generally.

	Very Strongly Disagree	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly Agree
There is a special person who is around when I am in need.	0	0	0	0	0	0	0
There is a special person with whom I can share my joys and sorrows.	0	0	0	0	0	0	0
My family really tries to help me.	0	0	0	0	\circ	0	0
I get the emotional help and support I need from my family.	0	0	0	0	0	0	0
	Very Strongly Disagree	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly Agree
I have a special person who is a real source of comfort to me.	0	0	0	0	0	0	0
My friends really try to help me.	0	0	0	0	0	0	0

	Very Strongly Disagree	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly Agree
I can count on my friends when things go wrong.	0	0	0	0	0	0	0
I can talk about my problems with my family.	0	0	0	0	0	0	0
	Very Strongly Disagree	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly Agree
I have friends with whom I can share my joys and sorrows.	0	0	0	0	0	0	0
There is a special person in my life who cares about my feelings.	0	0	0	0	0	0	0
My family is willing to help me make decisions.	0	0	0	0	0	0	0
I can talk about my problems with my friends.	0	0	0	0	0	0	0

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