

# Summary of Measures

## Measured once at screening/intake

- ❖ Demographics
- ❖ Alcohol Use History
- ❖ DSM-5 Checklist
- ❖ Young Adult Alcohol Problems Test
- ❖ Symptom Checklist-90-Revised
- ❖ Intolerance of Uncertainty Scale
- ❖ Anxiety Sensitivity Index
- ❖ Distress Tolerance Questionnaire
- ❖ McMaster Family Assessment Device
- ❖ Multidimensional Personality Questionnaire

## Measured monthly

- ❖ Penn Alcohol Craving Scale
- ❖ Alcohol Abstinence Self-Efficacy Scale
- ❖ Monthly Addiction Monitor
- ❖ WHO-The Alcohol, Smoking and Substance Involvement Screening Test
- ❖ Depression Anxiety Stress Scale-21
- ❖ Perceived Stress Scale
- ❖ Quality of Life Questions
- ❖ Dyadic Adjustment Scale
- ❖ Multidimensional Scale of Perceived Social Support

## “Densely” sampled

- ❖ 4x Daily Ecological Momentary Assessment Survey
- ❖ 1x Daily 15-30 sec. Audio Survey via voice note messaging
- ❖ Phone Call Logs (Incoming and Outgoing)
- ❖ Text Message Logs (Incoming and Outgoing)
- ❖ Text Message Content (Incoming and Outgoing)
- ❖ GPS Location via MOVES
- ❖ Sleep Quality via Beddit Sleep Tracker
- ❖ Movement (Accelerometer) via Empatica wristband
- ❖ Heart Rate via Empatica wristband
- ❖ Galvanic Skin Response (GSR) via Empatica wristband
- ❖ Skin Temperature via Empatica wristband
- ❖ Date, Day, Time