

Fast Stat Scenarios

Scenario 1: Logging a competition

Kenny Nhan just finished his race at a swim meet. He opens up Fast Stat and logs into his account where he is greeted by the homepage and dashboard. He wants to log his race. Kenny navigates to the log race page where he is prompted to input the race information. Since Kenny has a swimming account he is not prompted the same questions as runners and the information he sees is tailored to swimmers. Kenny then selects the event he swam and inputs the time and splits. He then inputs the reflection comments about his race and then clicks record race at the bottom of the form. The information is then saved on the race history page of Kenny's account.

Scenario 2: Checking Athlete Log

Haden is a new assistant swimming coach at his local college who has recently discovered Faststat and is working on integrating the program into his athlete's training routine. Athletes have been using Faststat to log their workouts and comment on how they felt during each workout. *Haden would like to look at the comments that his athletes have made about their workouts in order to get a better sense of how they're all doing.*

Once Haden logs onto Faststat, he is able to open his team's page. From the team page, Haden can look at each athlete's individual workouts and see each of their comments based on how they felt at practice. In addition to being able to look at how the athletes felt, Haden is able to see their times and how they have progressed over time, and in the future Haden can come back and look to see how his team has improved over time.

Scenario 3: Analyzing Team Data

Nicole wants to interpret her team's performance from last week's swim meet. She logs into her account and navigates to his team's page which presents both the quantitative and qualitative comments made by each of her players. Nicole can view this information relative to her players prior meet experiences. How this new meet fits into previous performance of an individual player presented in an easy to interpret manner.

Nicole wants to plan a new upcoming practice. To make the most efficient use of her teams time and energy she wants to understand what the team needs to work on the most. Nicole logs into Fast stat and navigates to the team view. Looking at both numerical data and player opinions she can understand what her team is falling behind on and could use the most work on.