## HUDSON GUILD NEIGHBORHOOD SENIOR CENTER

JUNE NEWSLETTER

## hudson guild

#### **NEW THIS MONTH**

#### **June Events**

Wednesday, June 2- 10:00 am - 11: 00 am

Virtual Tour Hudson River Museum

Friday June 11 - 11: 00 am - 12:00 pm

Concert with Broadway's Green Girl from Wicked
Join a Broadway star who's conquered one of the toughest
roles in Broadway history.
2 songs & Q & A

**Friday June 18** - 3:00 pm

Out of the Box Theatre Co Virtual production of "The Real Inspector Hound"

In this critically acclaimed comedy, feuding theatre critics
Birdboot and Moon are swept into the whodunit they are
viewing. In this hilarious spoof of Agatha Christie-like
melodramas that follows, the body under the sofa proves to be
an unexpected victim. The critics become dangerously
implicated in the lethal activities of an escaped madman.

To Register Please Email - ascott@hudsonguild.org

For more information on remote programs, please email: ascott@hudsonguild.org

Adult Services' activities, & Services are funded through the NYC Department for the Aging, Hudson Guild, corporate & foundation grants, and your support.

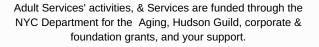


Date: June 15, 12-1 PM

Title: Writing Your Life

Description: The Asian American Writers' Workshop joins Hudson Guild in June and July to lead two writing workshops that will invite participants to write and share stories from their lives. Instructor Phoenix Luk will guide participants as they write their stories, sharing insight and tips on how to put their memories on the page.

RSVP to Dorothy Johnson-Laird, djohnson-laird@hudsonguild.org or at 973-922-3489





Open Wellness with Sheree 10am - 11am

Click here to join

Meeting ID: 885 9838 2326

Password: 884913

Salsa with Marisol 12pm - 1pm

<u>Click here to join</u>

Meeting ID: 834 1232 8714

Password: 0000

Virtual Indoor Gardening 12pm - 1pm

Click here to join

Meeting ID: 950 1678 1862

Password: Elliot!

Spanish 101 with Amelia 1pm - 2pm

Click here to join

Meeting ID: 822 9602 6020

Password: 101 HudsoN

Dance Fitness Judy 2pm - 3pm

<u>Click here to join</u>

Meeting ID: 853 9020 9251

Chair Yoga with Andrea 3pm - 4pm

Click here to join

Meeting ID: 250 786 7284

Password: MSTDA

Dial-In: 646-558-8656



Balance Movement Mind-Body with Wendy 11 am - 12 pm

Click here to join

Meeting ID: 781 321 0984

Password: 4GWKXp

Dial In: 646-558-8656

Virtual Photography
Class
11:30 am - 1 pm

Click here to join

Meeting ID: 91094667028

Computer workshop with Eddie
1pm - 2pm

Click here to join

Meeting ID: 990 9213 3385

Passcode: hudson

Move Your Body with

Maria

3 pm to 4 pm

Click here to join

Meeting ID: 889 5951 3065

Passcode: 379233



## Drawing with Alex 3 pm to 5 pm

#### Click here to join

Meeting ID: 895 6660 7648

Passcode: 1111

Dial In: 646 558 8656



Open wellness with Sheree 9 am - 10 am

#### <u>Click here to join</u>

Meeting ID: 88598382326

Password: 884913

Afro Brazilian with Maria 12 pm - 1 pm

#### <u>Click here to join</u>

Meeting ID: 840 8238 9611

Password: 656473

Chair Meditation with Charles
10 am - 11 am

#### Click here to join

Meeting ID: 964 589 366

Password: 482379

Dial In: 646 876 99 23

Painting with Arbey 2 pm - 4 pm

#### Click here to join

Meeting ID: 890 1701 4013

Password: 898716

Chair Stretch with Charles 2pm - 3pm

#### Click here to join

Meeting ID: 973 4067 0905

Password: 0000

Senior Fit with Elizabeth 4pm - 5pm

Click here to join

Meeting ID: 884 3648 1924



Zumba with Tia 11 am - 12 pm

#### <u>Click here to join</u>

Meeting ID: 425 095 968 Password Gold Virtual Photography
Class
11:30 am - 1 pm

#### Click here to join

Meeting ID: 91094667028

Senior Fit with Teresa 1 pm - 2 pm

#### <u>Click here to join</u>

Meeting ID: 878 9504 1840 Password: 539422 The Lively Arts with Jim Furlong 1 pm - 2:30 pm

### Click here to join

Meeting ID: 810 4951 1857 Dial In: 929 436 2866

Comedy Show 2 pm - 3 pm

### <u>Click here to join</u>

:Meeting ID: 996 3879 6526 Passcode: hudson Middle Eastern Dance with Andrea 3 pm - 4 pm

#### <u>Click here to join</u>

Meeting ID: 250 786 7284 Password: MSTDA Dial-In: 646-558-8656

# Thursday

#### The Lively Arts

6/3 Leonard Bernstein's Young People's Concert - The Latin American Spirit

6/10 Janacek's The Makropulos Case - the story of a woman who lived for over 300 years!

6/17 Janacek's The Makropulos Case, part 2

6/24 no class



Mixed Media & Collage with Rena 10 am - 12 pm

#### Click here to join

Meeting ID: 853 895 4037 Password: 0Y1K Comptuter Workshop with Eddie
1 pm - 2 pm

#### <u>Click here to join</u>

Meeting ID: 990 9213 3385 Passcode: hudson

Zumba with Frances 2 pm - 3 pm

#### Click here to join

Meeting ID: 889 5905 8663 Password: 1234

Dial In: 646 558 8656

Painting with Arbey 2 pm - 4 pm

#### Click here to join

Meeting ID: 890 1701 4013

Password: 898716

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