

Thank you for trusting me with your body!

Day 1-3

Try to keep the clear bandage (Saniderm) on for **3 days**. If it comes off before then, that is fine. Don't worry!

If you see **a lot** of fluid build-up under the bandage (fluid moves around visibly), take it off immediately. See below for how you should take off your bandage.

Day 4

Take off your bandage by slowly peeling it—pull and lift it off.

Gently wash your tattoo with warm water and **unscented soap** (ex. Dr. Bronner's, Dial). Gently pat it dry with a paper towel.

Wash your hands before moisturizing your tattoo.

Moisturize your tattoo with **unscented lotion** (ex. Aveeno, Aquaphor) **or Vaseline**. If using Vaseline, put on **a very thin layer** (about the thickness of the lotion you would put on your face). Too much moisture can cause infections.

Do Not:

Drink alcohol

Do any intense exercising

Wear compressive clothing over your tattoo or apply pressure

Submerge in water

Do Not:

Rip it off by flipping the edge towards the opposite side of the bandage

Rub bar soap directly onto your tattoo

Use a cloth towel to dry or wipe your tattoo

Drink alcohol

Do any intense exercising

Wear compressive clothing over your tattoo or apply pressure

Submerge in water

Day 5-14

Continue to keep your tattoo clean and moisturize it **twice a day** until the healing process is done. That means all of the scabbing has disappeared from your tattoo.

Picking on the tattoo while it's scabbing can pull out the ink from your skin.

Do Not:

- Scratch your tattoo
- Pick on the scabs
- Submerge in water

Day 15-30

Your tattoo should be completely healed or getting close to it. Everyone's body is different, so your healing process might be shorter or longer than other people's.

Continue to moisturize your tattoo.

Do Not:

- Submerge in water

Happily Ever After

Enjoy! Take good care of your tattoo by moisturizing and applying SPF to it. Maybe send me healed pics..?

Touch-ups are free within 6 months of your appointment date.

Please wait at least **1 month** for your tattoo to completely heal before inquiring about touch-ups. It is normal for the tattoo to look more "faded" once healed. Make sure to include a photo of your tattoo when inquiring about touch-ups.

Contact me if you have any questions/concerns :)

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