

Dear Neighbours,

As you know Russia has waged an inhumane war on Ukraine and its people last week.

As of 28th February, Russian forces have killed at least 406 civilians including 16 children (1,684 injured including 116 children). These are just the confirmed casualties to date.

The Ukrainian people are putting up an incredible and courageous fight right now. However, they need our help to continue withstanding this aggression.

With friends and relatives spending days sheltering in basements from rockets and bullets across Ukraine, I couldn't stand by and wanted to share several ways for you to help today:

**Donate to
The National Bank of
Ukraine to support the
Ukrainian Army**

bank.gov.ua/en/news/all/natsionalniy-bank-vidkriv-spetsrahunok-dlya-zboru-koshtiv-na-potrebi-armiji



**Donate to
United Nations Ukraine
Humanitarian Fund**

crisisrelief.un.org/t/ukraine



**More resources on
helping: donations,
humanitarian help,
petitions**

how-to-help-ukraine-now.super.site



Thank you!

(Feel free to come by and chat)

