

Sahaja Newsletter

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DECEMBER 4th '92.

SAHAJA YOGA CHILDREN'S CHRISTMAS PARTY

11.00 am - 2.00 pm

Saturday, 19th December

Woodstock Park

(located in Church Street
directly behind Burwood Asbram)



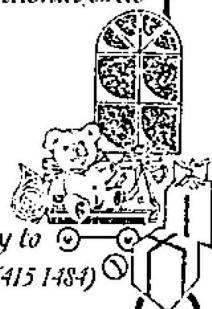
Please bring:-

- * Plate of food
- * One present for your child/children
(With your child's name on it),
- * \$5.00 per child, \$2.00 per additional child
(To cover drinks & extras)

All Welcome

R. S. V. P. by Wednesday 16th Dec.

Please give numbers coming and money to
Charles Tiratongo (747 2820) or Joe Docherty (415 1484)



NEWS FROM INDIA:

Shri Mataji is feeling much, much better now and sent Her thanks for the flowers tha Australian Collective sent. Shri Mataji sends Her blessings to us all.

Sahaja Yogis held the 1st Public Programme in Delhi, due to Shri Mataji's ill health last week. A large screen, like the movies, was used to screen a taped talk. 6000 people attended the programme and all got their realisation. Shri Mataji was very pleased with the Programme outcome.

All the Yogis are enjoying the stay in Dehli at the camp. Everyone is well.

A message has come from India that all Sahaja Yogis should work on clearing the left side.

When Uncle Stephan rang Aunty Sue the other day from Delhi, he remarked how good the food was - when Uncle Stephan phoned Aunty Sue!

Uncle Stephan also said that Sri Mataji preferred Centrepoint as a location for Her public programmes and Bundilla for Shivratri Puja.

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VIDEO RAFFLE

A Very big thankyou to everyone who participated - by either buying or selling tickets.

1st Prize - Sheila Marson of NSW

2nd Prize - Frank Giannassi of WA

3rd Prize - Paul Nicoli of Qld

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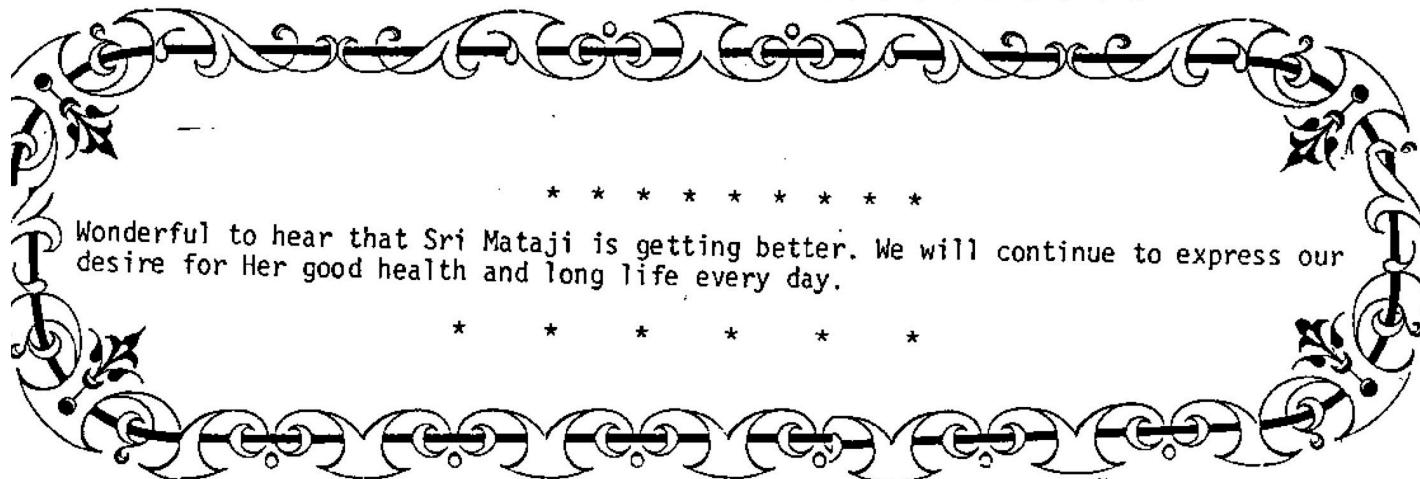
QUILTING BEE

A quilting bee is to be held on Sunday 6th December - 10.00 am at Northmead. Would th ose who have participated, please hand all the squares in then whether finished or not. Thankyou.



Wonderful to hear that Sri Mataji is getting better. We will continue to express our desire for Her good health and long life every day.

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MIND-BODY-SPIRIT FESTIVAL, SYDNEY 18-22 NOV '92

Having been fortunate to assist at the Sahaja Yoga stall at the Festival for a few sessions, I felt compelled to say firstly, that it was one of the most intensely gratifying experiences I can remember. We all had fun making instantaneous adjustments to the situation. Describing the basic process of self-realisation in only a couple of short minutes, and having to give complete yet whirlwind vibrations in order to accommodate the crowd of people waiting to jump into a chair as soon as one became available, was exhilarating. The people situated in stalls opposite us actually complained on the first day that the great numbers of people around the Sahaja Yoga stall were blocking their stalls and so they weren't able to do much business, and how could they sell anything when we were giving it away?!

The question of the day seemed to be, "What are they doing?" indicating the closely packed, ever-changing group sitting in front of the alter giving and receiving vibrations - hands and candles whirling and waving - and all the while a tangible feeling of peace pervaded the small crowded area. There were usually so many in the stall at one time that it was difficult to move into and out of it. At one stage, being cornered without space to move but with a rare empty chair, a yogi called to the crowd, "...Next!" It was a scene from a crowded deli, and I must admit, one which we wouldn't usually associate with past solemn sessions of self-realisation. One couple, who were only passing through, squeezed past a yogi in the passageway who was then holding his hand over a man's head, and the passing couple commented in another language something like this yogi was waving to them - "Such a friendly crowd, these Sahaja Yogis!" a yogini paraphrased. There was joy and lightness in abundance!

The attitudes and faces of several of the people who came arrived on the scene closed, cautious and openly skeptical of the Sahaja path. Others were basically curious. From their questions and personal comments I saw that many were seekers who had nearly given up hope of ever finding that elusive "answer" to their deepest desire. The most wonderful part of the whole experience was watching these people's expressions transform gradually from that, to hopeful and optimistic, and then, after their self-realisation, to being filled with the wonder and joy of finding what they thought wasn't possible.

Despite all the noise, hustle, confusion and heaviness of the Festival participants (every group imaginable) Shri Mataji provided hundreds of seekers with a very strong and unmistakable experience of self-realisation. Most felt genuinely grateful for the experience (some unable to even express it entirely) and were happy to know they weren't alone in this new stage of their lives. Some were a bit bewildered but relaxed and happy, and some knew exactly what this was.

I feel I can safely say that, after hearing of the experiences we all shared this week, there is going to be quite a queue of volunteers for next year's MBS Festival, and I hope to be able to get a spot somewhere on the roster.

With deepest thanks to Shri Mataji for our chance to assist in this wonderful effort, and for Her infinite loving attention given to all Her children who have found their way home.

JAI SHRI MATAJI NIRMAALA DEVI !!

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PERTH

27 November 1992

GIDGEGANNUP GRAND SPORTING AND HOLIDAY CAMP

Kevin Fitzgerald has issued an open invitation to all-Australian Sahaja Yogis, especially skilled tradesmen, to attend the Ashram site at Gidgegannup during December and January for a fun-filled, exciting West Coast holiday.

ENTIRELY FREE accommodation, FREE gourmet food, FREE unlimited sunscreen, swimming facilities, sailing, trout and Murray Cod sports fishing (catch 'em, chuck 'em back style). Includes one night in Fremantle with all the pizza you can eat and unlimited cappuccina PLUS at no extra cost - UNLIMITED WORK EXPERIENCE. BYO hat.

This is your opportunity to hone your skills and gain countless Punyas. Don't miss out. Places filling fast.

Airline, boat, train and bus schedules available from your local travel agent. Free on-site parking for Eastern States number plates. Ph (09) 370 4108. Ask for Kevin.

N.B. Locals also welcome.

Gidgegannup update:

First floor: going up

Stairs: going up

Walls: going up

Windows: going in.

Weekend workers: going up?

THINKING COLLECTIVELY is about others. Not about ourselves. And if the recipe is right, others will do the thinking about you. That's what it's all about - we have to learn to care for others as if they are ourselves - and then it all works out. Because if everyone is thinking about everyone else, then we can all be objective and compassionate at the same time, knowing that we can lose nothing by doing so. From one of the early Sahaja Yoga magazines, which also says 'Take Shri Mataji as your guide!'

