

Sahaja Newsletter

MAY 21st '93

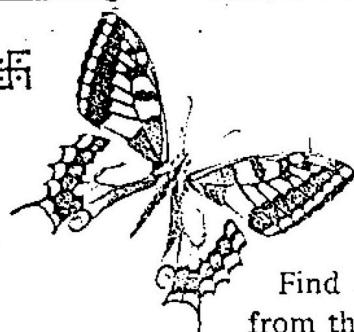
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SVETASVATARA UPANISHAD

Find a quiet retreat for the practice of Yoga, sheltered from the wind, level and clean, free from rubbish, smouldering fires, and ugliness, and where the sound of waters and the beauty of the place help thought and contemplation.

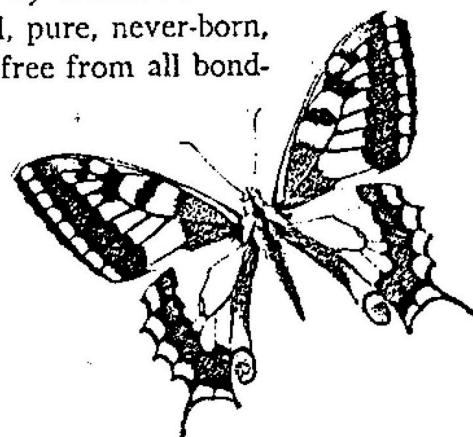
These are the imaginary forms that appear before the final vision of Brahman : a mist, a smoke, and a sun ; a wind, fire-flies, and a fire; lightnings, a clear crystal, and a moon.

When the Yogi has full power over his body composed of the elements of earth, water, fire, air, and ether, then he obtains a new body of spiritual fire which is beyond illness, old age, and death.

The first fruits of the practice of Yoga are: health, little waste matter, and a clear complexion; lightness of the body, a pleasant scent, and a sweet voice; and an absence of greedy desires.

Even as a mirror of gold, covered by dust, when cleaned well shines again in full splendour, when a man has seen the Truth of the Spirit he is one with him, the aim of his life is fulfilled and he is ever beyond sorrow.

Then the soul of man becomes a lamp by which he finds the Truth of Brahman. Then he sees God, pure, never-born, everlasting; and when he sees God he is free from all bondage.



This sketch was drawn by H.H.Sri Mataji whilst on the South American tour in 1989.

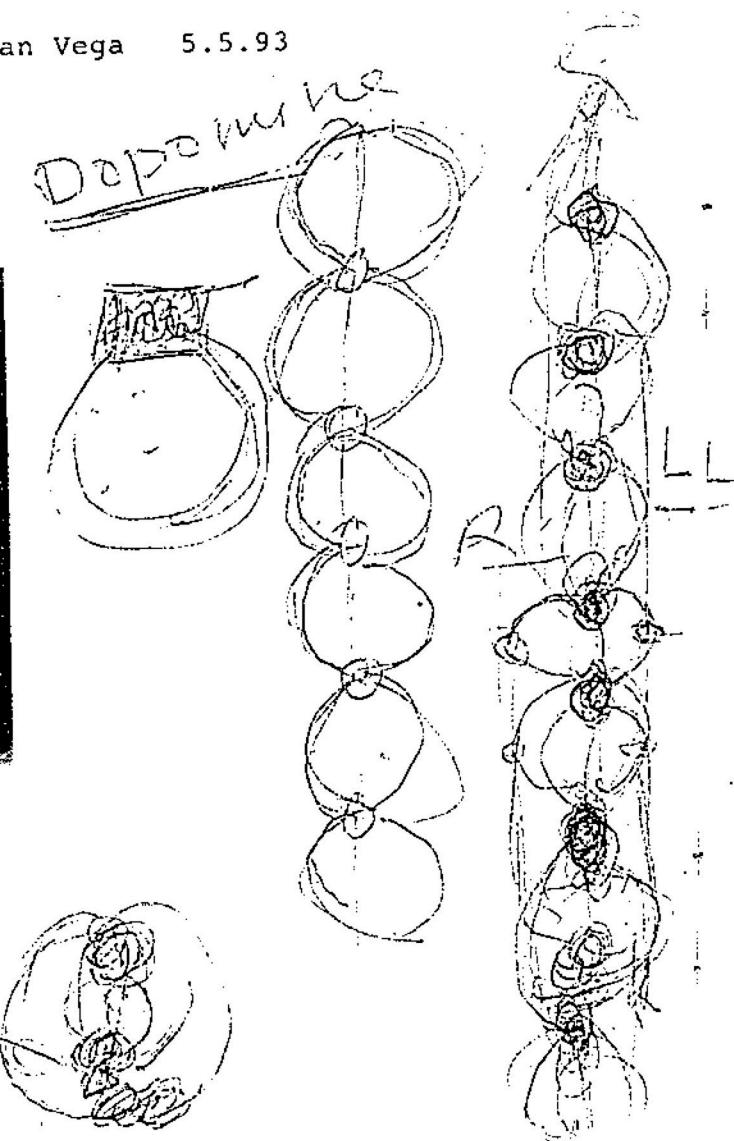
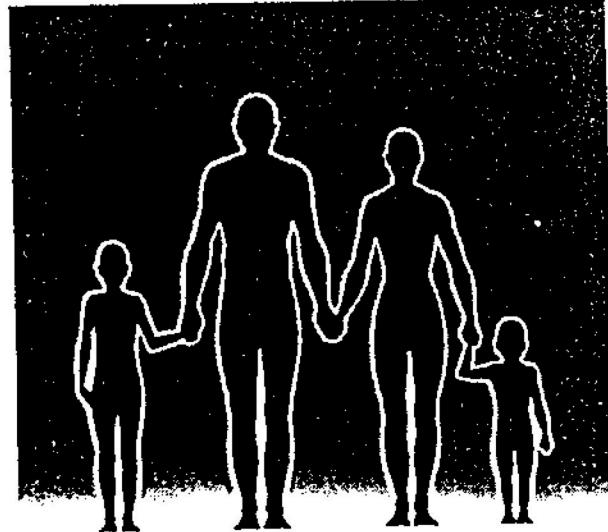
She was interviewed in Rio by a journalist from the well known magazine "Manchete" and she told them that Brasil was facing a major problem because the majority of the population was practising Black magic, voodoo and the ritual ceremony called Macumba. These practices are still the predominant form of religion there and are carried out in all parts of Brasil. Sri Mataji stressed the importance of informing all people about the extreme danger of these practices, because they call on possession to take place. It is vital that we understand how these possessions occur and that we understand that only Sahaja Yoga can help.

Sri Mataji said:"Viruses" come from the left side. They are dead entities that settle into collective subconscious.

SOUL: The soul is at the back of the spine. It goes in seven loops. The eighth is the sacrum bone. Its constitution is all the elements, plus it looks after all the endocrine and ductless glands. It acts for all our reflex actions.

Now medical science has discovered that in every cell are receptors of the same 'loop style' description. When a dopamine is created in the receptor, it leads to epilepsy, lunacy, depression, etc. This dopamine is produced when another soul sits on the back over a personality. Then one starts behaving in a peculiar manner called possession. This possession can also take place from the right side where there are many dead spirits like Hitler.

Jai Shri Mataji Juan Vega 5.5.93





Interstate Up-Date

The Brisbane Collective is currently running 5 weekly programmes.
They are:

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|------------------|---|
| Metro Arts, City | Tuesdays, 7.00pm |
| Caboolture | Tuesdays, 7.30pm |
| Wynnum | Beginners - Mondays or Tuesdays, 7.30pm Advanced - Wednesdays 7.30pm |
| Bulimba | Thursdays, 10.00am |

The past two to three months have brought about a new wave of interest in Sahaja Yoga in Brisbane. We have found that even if the seekers do not continue after their first night, they have very positive experiences and some have actually recommended that their friends and family come along to a programme.

A workshop (informative/social get together) is taking place at Shri Mataji's property at Wamuran on Sunday, 23/5/93. Could all our Brothers & Sisters please give the occasion a bandhan.



A reminder that the Australian Co-Ordinators for the Divine Cool Breeze are:

Ian & Judy Hamilton
70 Joffre Street
WYNNUM NORTH QLD 4178

Tel: (07) 893 1835

The annual yearly subscription is A\$52.00 and there are usually 11 issues per year (one is not issued in December because of India Tour).





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Dear brothers & sisters down under

Darwin collective had a havan the week before Sri Mother's birthday puja. It was very powerful and strengthened our more recent additions to the collective - now numbering 11-12. Problems offered included the drug and alcohol problem we have up here. Being so close to S.E.Asia, we are the 'gateway'.

Darwin magistrates are handing out very heavy penalties, irrespective of age or number of offences, to offenders for drink, drug and violence. This has met with widespread approval all round.

The Arafura Games of Goodwill, aimed at bringing our Asian neighbours and us together, is full of love and peace. The opening ceremony showed us how the Arafura Sea was created and then the emergence of the people from the first aborigines to the present day way of life. The Rainbow Serpent featured throughout and how it's spirit floated to the Heavens with the promise of peace to be established one day on it's return.....

Linda Pauling from Darwin, N.T. 14.5.93

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LOST PROPERTY

There are a number of unclaimed bits & pieces from Sahastrara puja at Bundilla.:....

- . A nice brooch with Sri Mataji's picture
- . A Casio watch with black band
- . A blue enamel mug
- . 2 fancy bangles
- . A tube of tea tree toothpaste
- . Earrings & hair bands & 3 knurled nudgers

To claim, please ring Sue Williams (02) 799-3418

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SEMINAR FOR NEW PEOPLE

12th June 10.00 am - 4.00 pm

at Burwood Centre

10 Clarence Street

747-4835

All ashrams are welcome to invite all their new people

Contact Prasad Rao on 798-4051

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