

#### Michael

#### Jai Shri Mataji!

Richardson please. not, to contribute \$50 towards our cost as one of the hosts. Cheques to Radhika Also, please don't forget the request for each adult whether going to India or

### Contributions

Also don't forget your visa for India. cheques, not Australian dollars, just English pounds, and look after it. (maybe), Thomas Cook or American Express, or wherever in Cash, not travellers where we are staying. Obtain the money before you leave from your bank Pounds Cash only. I shall collect it shortly after arrival at Nizzamudin camp years) attending either one or both puja's should be taken with them in English attending one puja, an adult attending both puja's or a child (between 5 and 15 Please note carefully: The appropriate amount of money, whether for an adult

#### The Payment of the Money





# **Bhajan Practice**

There will be a bhajan practice at 24 Torrington Street, Strathfield next Friday night 20 February. Everyone welcome.

Bhajan practice for the children will be held at Burwood ashram next Saturday 21 February 5pm. All children welcome.



# Marguerite Fashion Store

Come and browse through the array of ladies, children's & men's clothing Open every Saturday night after the Burwood programme



Centre, Delhi, along with Proforms 2. the collections personally with Mr. G.M. Deshpande, Treasurer, Sahala Yoga country leader. The country leaders are to collect all such contributions and deposit their founds os ob aso eauso brief and eldon sid tot etuditinoo ot daw brief 2. Sahaja Yogie who are not able to physically participate in the Birthday celebrations

mentioned charges may do so. avods and avods bns revo studinnos of daiw onw silans

outside) and giff money. Above charges do not include any transport (local or

and contact treasurer of Delhi. leader or the group leader shall collect the same seperately food for 8 days and programme expenses. Each county Above charges include offerings for two Pulas, stay and

A total of £ 100 irrespective of one or both the Pulse.

All Bahaji children (between 6 to 16 yrs.) :

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#### Sahajis of Eastern Block:

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Charges for programmes from 14th to 21th March '98 for participating Sahajis.

#### **QAORGA MORFI SILAHAS** FOR CONTRIBUTIONS AND CHARGES

#### **E-BRUXBHNA**

This makes clear the information given last week and reduces the cost for the

Cost for children, either one or two puja's Cost for adults for two puja's Cost for adults for one puja

Please note in summary: This is information just at hand from Delhi.

Shiva Puja/Birthday Puja 6 - Revised Costs



English pounds 100

English pounds 325

English pounds 210

Contributions: Balraj & Claire Singh 02 9499 2219 Burwood fax 9745 4927 Bismillahir-rahmanir-rahim

A. Yusuf Ali version: In the name of Allah, Most Gracious, Most Merciful.

> We affirm that the next thing that happens occurs only

With the Divine Void calling our name before we rayed into existence.

From this Original Womb comes both grace and mercy. The first, a supreme unconditioned love: before any need arose, a vital power enveloped itself, creating warmth, heat, radiation from a center without regard to what was lost or gained, a natural gift of the Cosmic Self.

This always continues.

The second, a tender response to all cries, all unfulfilled potentials: the primordial pull of cosmic kinship bears

acts of compassion, responding to all needs as though heard for the first time-

the breath of love in response to a sighing universe, the quality of mercy.

We begin

by means of the Entire Unfolding Cosmos from whose Womb is born the Sun and Moon of Love.

## THE SOUTH AFRICAN SAHAJA NEWSLETTER

**VOL 1 NO 2** 

DECEMBER 1997

Now by destroying the ignorance, knowledge reigns supreme like the wakefulness that destroys sleep.

Or a face enjoys the knowledge of its own identity which was already in

existence but was due to its looking into a mirror.

In the same way the knowledge causes the understanding of the identity of the world and the self. But it is like piercing a knife with another knife. Just as a person who on entering a cottage, sets it on fire and burns himself along with the cottage or as a thief who enters into a sack and fastens himself in it, gets bound himself.

Or as the fire in its effort to burn camphor burns itself, so the knowledge attains the same condition by Jestroying ignorance.

When the support of ignorance goes away the knowledge spreads itself to

the extent of destroying itself. When the wick of a lamp is almost burnt to the end, the flame is seen

more bright. But this brightness is nothing but the extinction of light.
Who knows whether there is the rise or fall of the breast of a woman or whether it is the blooming or fading of a jasmine bud? (They are so instantaneous)

The rise of a ripple is but its calming down, the flash of lightning is its disappearing.

In the same way knowledge drinks the water of ignorance and grows large to the extent of its complete annihilation.

Just as the deluge of Pralaya engulfs both space and water and does not allow anything to remain aloof.

Or when the disk of the sun becomes larger than the universe the darkness and light are turned into pure light.

Or after destroying the sleep the wakefulness destroys itself and remains in its pure form (where there is no consciousness of wakefulness) In the same way knowledge that shines by ignorance, is swallowed up by

the Absolute knowledge. At that time the Absolute knowledge is like the moon whose seventeenth digit remains constant without its light being enhanced by the full moon

night or lessened by the dark night.

The sun alone, who is never thrown into background by any lustrous body

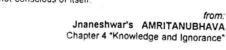
and who can never be covered by darkness, bears comparison with it It is the Pure knowledge itself that is not enlightened by any other knowledge or darkened by ignorance.

But can the Pure Consciousness be conscious of itself? Can the eyeball

perceive itself? Can the sky enter into itself? Can the fire burn itself? Can any person climb upon his own head?

Will eye sight be able to see itself? Can taste have its own taste? Can sound listen to its own noise? Can the sun enlighten himself? Can a fruit grow upon the fruit? Can a

fragrance smell itself? Therefore, that which is Pure Consciousness itself without the quality of being conscious, is not conscious of itself.





NIRMALA VIDYA

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# EXCERPTS FROM SPEECHES BY SRI MATAJI ON NIRMALA VIDYA

"It is the special power by which we do All Divine Work, even forgiving. When you say, 'Mother, forgive us,' the technique by which I forgive you is Nirmala Vidya. The technique by which I love you is also Nirmala Vidya. The technique by which all the Mantras are manifesting themselves and are effective is also Nirmala Vidya. Nirmala - means pure, Vidya means knowledge. Nirmala Vidya is purest knowledge or the knowledge of this technique. The energy creates loops and creates also different formations by which it acts and draws all that is unwanted, impure and fills it up with its power. It is a divine technique which I may not be able to explain to you fully because your instrument does not do that - you don't have that instrument.

But now you see how subtle it is. Only by saying 'Nirmala Vidya,' you invite that power, the whole thing, the whole technique to attend to you and it attends to you. You don't have to worry. It never happens in any government or anywhere in the world. You just address the government and the whole thing goes into work, in the whole, the entire universe, every creation. That technique is called Nirmala Vidya. That technique once mastered by surrendering into it, it completely obeys, absolutely. But it is Ganesh Shakti, the Shakti of innocence, is the power called Innocence. The whole no because it is Innocence. So the Innocence takes over, which manages. That's how it works out

Then It goes on rising and is called Para Shakti, beyond power, then becomes Madhyama and all that. It comes up to the Vishuddhi at the left. There you become guilty. Because of your guilty nature you say things that are harsh. Left Vishuddhi is the catch of the Ganesh Shakti. Ganesh is sweetest thing you can think of. Even when you look at Ganesh, this Kautuk - this innocent admiration starts flowing. Just think of him, you feel so happy. That Innocence becomes harsh on Left Vishuddhi So to overcome your left Vishuddhi all of you are to use sweet words. Your language should be sweet to everyone, especially (Men) must speak sweetly to their wives. Now that sweetness will cure your left Vishuddhi. Always speak very sweetly, try to find out all the sweet words. The sweet methods of addressing is the best way to cure your guilt: because if you say anything harsh to anyone you may say so as a matter of habit or may be because you just feel happy by saying that, but as soon as you say it, you say, 'Oh, God, what did I say' - that is the biggest guilt, one has always to try to find out sweet words. Now the birds are chirping. In the same way you have to learn all the sounds of everything by which you make people happy by your sweetness. It is very important. Otherwise, if your left Vishuddhi grows too much, you will

develop a way of talking by which your lips will get

distorted towards the left.

Then the flow starts higher, in the Agnya Chakra, where the Ganesh Shakti becomes the Greatest Power of Forgiveness. Then it rises higher into the limbic area where Ganesh Shakti goes beyond the Surya, the super-ego comes up and this power is that of the Moon and this Moon is Spirit, this becomes Spirit and sits on the head of Sadashiva, that is the same. The whole Ganesh Shakti's evolution, you see, it is so beautiful. So this way our desire itself becomes the Spirit, your desire and Spirit become one - but this hurdle can be very bad sometimes. You have seen that all of you who have left Vishuddhi, when you speak harshly you must know it is not you who is speaking. No, because you are the Spirit, Spirit cannot say anything harsh or destructive. It will only say harsh, when it is necessary to little bit remould. But that you don't take over. That will be done by somebody else -"

Nirmala Vidya, Rahuri, India, 31-12-1980 [Nirmala Yoga, Jan-Feb. '81, Pg. 20]

"On the left side the problem starts from left Swadisthana, because that is the first chakra that starts emitting negativity within us. Now left Swadisthana is actually under control only of Sri Ganesh because Sri Ganesh is the beginning of life and also the link between life and death. So Ganesh is the one who gives the balance, the 'Vivek' the understanding to you by which you know how far to go with things.

> Advice given at Delhi, 11-03-1981 [Nirmala Yoga, May-Jun. '81, Pg. 3]

"This is the key of Nirmala Vidya: 'How to be humble?' By humility you will never say, 'This is my bathroom, or this is my fruit, or this is my food, or this is my table, and this is my glass.' Innocence gives you the strength to enjoy everything that is there. I mean for me, sometimes I have to eat with bhoots, and sometimes I have to eat bhoots. Not only eat with them, but also eat them - is the worst part. So you should also not mind if there are people with bhoots. If they are arrogant, try to give them bandhans, try to control them through all these methods. But if you think by arguing with them you will be able to manage them, it's an impossibility. So try Nirmala Vidya, and that is humility, which is the myelin sheath of vibrations. Like every nerve has a myelin sheath covering it, in the same way is humility, is the myelin sheath, if you are humble you will win the battle, if you are not you will be lost. Then the whole thing will become a joke for you, 'absolute' joke. If you are humble you can see the stupid, the bhoots and all the arrogant clowns of this drama."

Innocence and Virginity, London, 17-10-1982 [Nirmala Yoga, March-April 1985, Pg. 19]

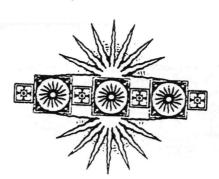
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The quotation on our front page is from the beautiful Amritanubhava by JNANADEVA (also known as Jnaneshwar). Several miracles established this 13th-century saint's reputation, the most famous involved a water buffalo. Challenged by the arrogant brahmins that he was not qualified to recite the Vedas, Jnanadeva replied, "Anyone can recite the Vedas." He placed his hand upon a nearby water buffalo, which proceeded to correctly chant Vedic verses for more than an hour.

The dates proposed for Jnanadeva are 1271-1293 (or 1275-1297) He took samadhi in Alandi, near Poona at the age of 22 (25 by some scholars). Jnanadeva is revered for his Bhagavad Gita translation and commentary called Jnaneshvari which he produced at the age of 15. His four works are Amritanubhava. Cangadeeva-pasasti, gatha and Jnaneshvari. The gatha-s are a collection of beautiful devotional poems. Amritanubhava (The Nectar Of Divine Experience) talks in detail about the unity of Shiva and Shakti, pure



knowledge and consciousness. The Jnaneshwari contains nearly 9000 verses written in old marathi. It is very poetical and differs in style from Bhagavad Gita commentaries by Shankara. Jnanadeva's intention was not to write an explanation of gita for upholding a philosophy but born out of pure love. It teaches that the path of devotion (bhakti) is supreme and a devotee finally attains unity with the Lord. Shri Mataji said during the 1996 India Tour that Jnanadeva was an incarnation of Shri Codition. Kartikeya. She has often expressed the desire to translate Amritanubhava into English and comment on it Herself. 3

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NIRMALA VIDYA

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Shri Adi Shakti we all pray that you will help us to spread the pure knowledge - Vishwa Nirmala Dharma - throughout this beautiful land of the swadisthan and to all her people.





Roginey from Durban has sent us 2 lovely poems from her poetry book Soul Realisation:

# FIRST SIGHT WHEN I AWAKE

Opening my eyes at the fluttering of dawn casting warm shadows in my room, With a strange feeling I sense I'm being watched, I slowly slide over to my side, only to confirm my nostalgic feeling, I am being watched! Across the room, through gloominess, our eyes

engage, Loving eyes that penetrate through me, hypnotising and sincere, Mother is encast in jade, gold, glass and garland with flowers.

With trembling outstretched palms, I experience Circled kumkum draws my attention to Mother's Sahasrara where a pure Halo has manifested, The Aura is overwhelming! I sit upright expectantly absorbing every bit of Saintly powers directed to me,

Mother smiles graciously, silently wishing me Good Morning! It's the dawning of a brand new day for the rest of

my life I humbly bow, whispering "Good Morning to you too - Mother".



# THROUGH COLLECTIVE EYES

Candles on a wooden table glowing splendidly, casting beautiful shadows in semi-darkness quivering slightly with the power of vibrations

A lamp glows, steadily with confidence Sweet smells of incense fills the air "Her Grace" is present, encast in brass and glass Crimson kumkum catches collective attention

Clutching my heart, bringing sheer pleasure and love at first sight of Her Holiness. Choking, trying to subdue our tears of joy, Feet, confident of being blessed.

Devotees settle down, knowing soon they will be enchanted by great power and joy. What greatness to feel Shri Adi Shakti soar through - taking you to Thoughtless Awareness now you are in union with the Divine.

Chilling coolness ripples through you -You know you are not alone Her Holiness is now present.







