

THE AUSTRALIAN STRATHFIELD

# Sahaja Newsletter

## Contributions:

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OCTOBER 1st '93



MAITREYA

It is said that once a man of arms undertook a long journey to see a holy follower of Buddha, and asked if the message of Buddha could be taught to him. The answer was: 'Do not what is evil. Do what is good. Keep your mind pure. This is the teaching of Buddha'. 'Is this all?', said the man of arms; 'Every child of five knows this.' 'It may be so, but few men of eighty can practise it', he was told.

## 2.

## SYDNEY NEWS

### HAVAN AT BURWOOD

On Friday, 8th October - 7.30 pm

A havan will be held to help clear the obstacles in the way of Sri Mataji's North American tour. Her puja will be on Sunday 10th October and news just to hand from Uncle Stephan is that there will be 270 people attending (including overseas visitors). He sounded very pleased and happy about that.

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### Rehearsal for Western Choir

There will be a rehearsal at Roseville ashram on Wednesday night at 7.30

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### HOBBY FEST AT EASTERN CREEK - Sunday 3rd October

There will be two performances by the "Music of Joy" choir at this festival.

The first one will be at 10.30 am for 30 mins and the second one at 1.00 pm for 30 mins which will include the stick dance.

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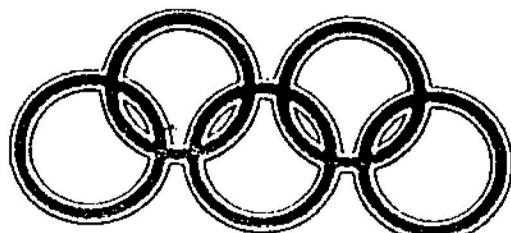
### News from the Video Club

"The Story of Evolution" told by S. Taylor and "The Story of Sri Ganesha" is now available

### VIDEO MEETING

There will be a video meeting on Monday 4th October 7.30 pm

Please ring Helen on 560-4134 for details.



## SYDNEY NEWS

### NAVARATRI PUJA

Sunday, 24th October at Burwood

#### PUJA DUTIES

Setting up - Western Suburbs, Hurstville

Cooking - Newcastle, Pelaw Main, Croydon

Washing up - Burwood, Chatswood

Dismantle - Gosford, Central Coast.

Radhika Richardson would like to offer some help to children in understanding and developing basic mathematical skills. Children who are currently studying in years 4, 5, 6, and 7 are preferred. Lessons will start in the 2nd week of January. Please phone: 745 2996.



# The essence of reminiscence

We all dream about the perfect event.

We dream about the 'perfect' holiday, the 'perfect' wedding, the 'perfect' partner or the 'perfect' birthday.

But when we really think about it, the funny stories we retell about our lives tend to be our memories of imperfection - the time when mum dropped the birthday cake, when your son slipped face down in the mud while showing off, and the time dad missed his surprise party.

So the next time you find yourself in an imperfect moment, remember that some day you'll look back on it and laugh.

Then tell yourself - if I'm going to laugh about this some day, I might as well laugh about it now.

