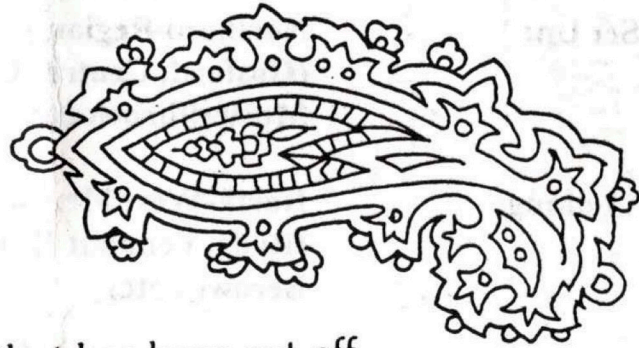




Australian Sahaja Newsletter

14 MAR 98

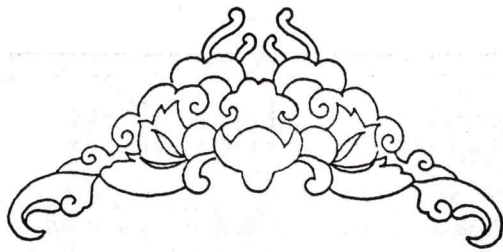
Contributions: Balraj & Claire Singh
02 9499 2219 Burwood fax 9745 4927



Forget the day that has been cut off
from thy existence;
disturb not thyself about tomorrow,
which has not yet come:
rest not upon that which is no more;
live happily one instant
and throw not thy life to the winds.

OMAR KHAYYAM





BIRTHDAY PUJA - SYDNEY

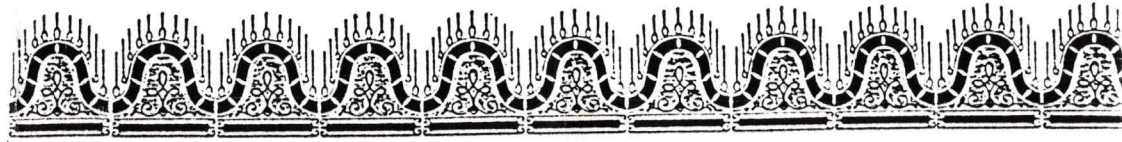
Birthday Puja will be celebrated at Burwood ashram on Saturday 21 March at 6:30pm.

The puja roster is as follows:

- Set Up: Northern Region
(Gosford, Central Coast, Newcastle, Pelaw Main, Muswellbrook etc)
- Cooking: North-West Metropolitan
(Ryde, Pennant Hills, Galston, Mt Colah, Mt Kuringai, Berowra etc)
- Washing Up: Strathfield & West to Parramatta
(Nicholson St, Torrington Rd, Homebush etc)
- Dismantle: Burwood, Croydon and Concord
(Clarence St, Burwood Rd etc)



*A yogi has no religion outside.
He has no nationality. He is
gifted of all these things.*



SAHAJA YOGA FOOD STALL - SYDNEY OPERA HOUSE

This Sunday March 15, as part of the "Festival of Culture" outside the Sydney Opera House, Sahaja Yoga will be running an Indian food stall. Bina and Rakesh have been hard at work preparing delicious food for this event and would appreciate help in the stall selling food on Sunday. The festival runs from 10am to 10pm and all Sahaja Yogis are welcome to come and help on the stall for two hours at a time.

Please contact Bina on 9746 7129 or Rakesh on 9764 3451 letting them know when you will be available on Sunday to help. All funds raised will be taken to Birthday Puja in India.



SAHAJA RADIO PROGRAMME

2SER FM 107.3

Every Sunday 10am





ASMIRA'S CONCERTS

Asmira will be shortly performing the exquisite Violin Concerto by William WALTON with Sydney Symphony Orchestra at the Opera House as follows:

Wednesday 1st April 98	6:30pm
Thursday 2nd April 98	6:30pm
Friday 3rd April 98	11:00am

Friday is sold out, Wednesday has 18 seats left and Thursday 163 (at 13th March). Normally prices are \$36, but there are group seat bookings available at \$29 for adults and \$17 for students (Wednesday and Thursday) - alas no pensioner reduction in this "Meet the Music" series.

For tickets in Asmira's group booking on Wednesday or Thursday phone Elissa Malligan, SSO Ticketing Officer, on 9334 4623. Alternatively wait until the day of the concert 1st, 2nd or 3rd and phone the Opera House to check that they are booked out and that standing room is available. Buy a ticket one hour before the performance for \$12. One usually doesn't stand for long as there are always a few seats empty, after the first short piece: KERRY Splendera. Then follows the WALTON, interval and SHOSTAKOVICH Symphony No 1.

