

Sahaja Newsletter

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SEPTEMBER 4th '92.

ON SALE FOR 2 WEEKS ONLY

india tour
raffle
tickets

\$ 20 each

drawn: 25.9.92

Sue Raggatt
746.9144

Country Yogis may send cheques made out to "Sahaja Yoga" to ..
10 Abbotsford Road, Homebush, 2140. Tickets will be sent to you.

1-9-92

Hello Everyone and Jai Shri Mataji!

This is another update from this side of the world. Things have been going well and we wanted to share with you some of the happenings here.

For 10 weeks now, we have been travelling 400kms north every fortnight for a session on Sunday mornings at the home of a new Sahaja Yogi. We started off with a 7-week programme, but now find that we will have to hold something on the evening before, because there are always new people who are interested. The seekers up there seem to learn much faster. Just last weekend, bhajans were introduced and these went down really well. Perhaps the fact that a bunch of Chinese singing in Hindi, Marathi and Sanskrit quite tickled the all-Indian collective there. Despite the fact that we were singing all the day up north, meaning our throats were rather hoarse and the high notes seemed to screech a little, the crowd loved us and it looks like bhajans will be a regular part of the programme now.

We wanted to introduce footsoaking in the sea to the Northern collective, but for the past month, it rained without fail every Sunday morning and the locals were quite disappointed. Of course, we knew that for some reason or other, the Paramachaitanya didn't want us to go near the beach. After some enquiries, we discovered that a large percentage of the Chinese community in that area was performing what is called 'The Hungry Ghost Festival', a bhootish ritual where the living pray and give offerings to the dead. This lasts an entire month. Thankfully, it will be all over by the time we go up next.

Our first generation in KL this year has been newly introduced to havans and we will be holding the next one this weekend. The havans have helped a lot and many of the new people have found that their vibrations have improved a lot. Some of the "shaky" people have also stabilised and we have quite a collection of miracle stories ranging from the fairly ordinary "no more parking problems" to the truly remarkable. One man from this new batch (who is 200% surrendered) was digging in his garden one day and as usual, was thinking of Shri Mataji when he suddenly caught sight of something in the ground. He thought it was a shiny snake, but upon closer inspection, found a solid gold chain with a shivalingam attached to it. His wife took it for evaluation and apparently, it is worth thousands. He will not be selling it though, and it now sits on the altar, alongside Mother's photograph.

Quite a few more programmes have cropped up in the city although we are now slowing down; we feel that because many of us will be going to India Tour, there won't be enough time for the new people to stabilise, especially during the crucial period when they have just begun to get used to using their vibrations, but still need guidance.

That's all for now. We wish you all well, wherever you are!.

JAI SHRI MATAJI!

Ramesh & MALAYSIA

Greetings from the Central Coast.

Just a little note to let you know how the first programme of our 4 week course went:- 54 seekers turned out from all areas of the Central Coast- Wamberal, Terrigal, Umina, Ettalong, Wyoming and further north from the Entrance.

We had a good advertising campaign - a 3000 pamphlet letter box drop brought 9 people and a display add on the 5th page of the local newspaper brought 22 seekers, the rest came from friends or posters.

We had a smallish room - the staff room of a local school but everyone fitted in just ! It was an amazing sight to see people lining up to register for the meditation course. It was a wonderful programme, thank you Shri Mataji and thank you to Sydney people who came and supported the programme.

Two more programmes are to be held at the staff room of Gosford Primary School, Mann Street Gosford (opposite the police station) 7.30pm on Wednesday 9th & 16th September. The final programme is to be at the East Gosford ashram 7.30pm on 23rd September.

Jai Shri Mataji from the Central Coast.

VIDEO LIBRARY....

Just a note..... to remind you that we are having a garage sale at Burwood on Saturday 19th September. Please deposit all your goodies in the back court yard of Burwood before then.

Things to come..... we will be holding a raffle for a VCR, CD player and radio cassette player, so watch the newsletter to see who is selling tickets in your area. Tickets go on sale next Friday night 11th September.

If anyone has a child's bed (to fit a 4 year old!) that they could lend Helen Manassey during October and November please contact Helen at Burwood. Many thanks

CALLING ALL LADIES..

Ladies interested in making a collective quilt for Shri Mataji for Her forthcoming Australian Tour please contact Elizabeth O'Gorman or Pam Jones.

A good second hand babies high chair is sought by Nutan at Strathfield. If you can help her please call her on 747 2820.

Kevin and Linda Pauling send their love to everyone. The Paulings are now in Darwin and are looking for suitable accommodation. Linda is asking for any information on realized Darwinites. If you are able to pass on any information to Linda please send it to .. Linda Pauling, Malak Caravan Park, McMillans Rd, Malak, N.T. 0812.

LAUGHING AT OURSELVES

Overheard conversation after the tape on "Introspection" ..

"What did you think of the tape?"

"Oh! well.. (pause) .. I think the heads need cleaning." TRUE!

* * *

Sitting on the alawn shoe-beating my attention, watching the dog scratch and thinking .. "It must be about time that flea collar was renewed."

THE THINGS OUR CHILDREN SAY

The three and a half year old Sahaja Yogi was taken to pre-school by his auntie from the Ashram because his mum had slipped a disc and

the chiropractor had put her to bed for two days. She had a physical adjustment and the he used a chiropractors gun to set the last vertebra in place.

"Where's mummy today?" asked the pre-school teacher to Mr 3½.

"The man shot her!" he replied.

"Pardon?" she said with a slightly shocked look

"The man shot her!"

"Which man shot her?" she asked.

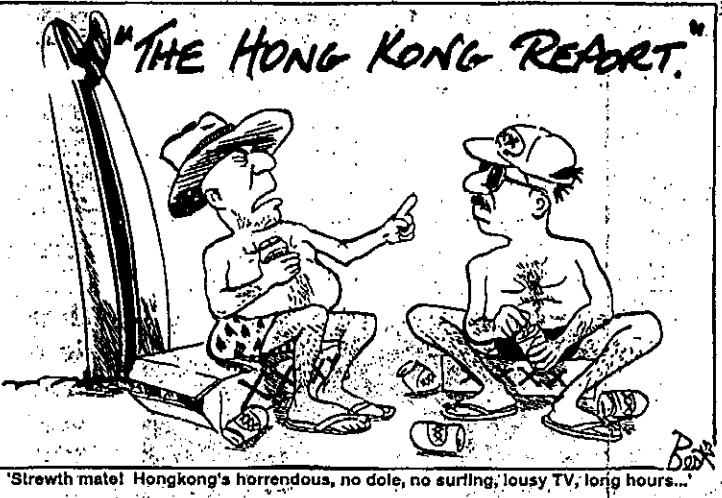
"THE CRACTA PRACTA!" Mr 3½ said quite seriously.

Lightening kills more Americans each year than any other natural disaster including floods, tornadoes, eathquakes, and fires. Eight out of ten people survive when struck by lightening. Also that lightening strikes the earth 100 times per second.

Quote from Inside Edition ..Channel 2 11/8/92.

Correction to the birthday list: Jenny Watling's birthday is 21-2-48, not in August as the list says.

editors note; we wish to bring to your attention that we are not typists (or particularly good spellers!)but we do enjoy putting the newsletter together each week. If you submit copy and would prefer to see it in print without our "creative " touch please make sure that it arrives typed.



But the great news is we have an Ashram! Yes! 3½ bedrooms, large lounge, Top floor and lots of space for programmes, pujas (and havans on the roof). Sincerest love and thanks to all in Australia for your support. Your new home in Hong Kong is ..
 18 Shan Kwong Road,
 12th Floor, "A",
 Happy Valley
 Hong Kong.

SAHAJA YOGA VICTORIA

THE WEEKLY COLLECTIVE MEETING is now held on Fridays, 7.30pm, in Croydon Primary School, Croydon Road, Croydon (opposite the market). All welcome! Let's be collective!

BALWYN PUBLIC MEETING usually Tuesday evenings, 8pm, Balwyn Public Library, Whitehorse Road, Balwyn.

PRE-SCHOOL: now operating three days a week at the main ashram (Pytchley Hall, Pytchley Road, Croydon). There are some eight children currently attending. Further details: Ai'sha or Bel at Pytchley Hall (723 7184).

Sanskrit word meanings.

(7)

Om Twameva Sakshat Shri Ganesha Sakshat Shri Adi Sakti Mataji Shri Nimala Devi Namo Namah
 OM - Profound word which symbolizes the first sound uttered by God. Expresses the first wave of Creation when, according to Indian Mythology, Brahma produced a beautiful lotus from his navel which blossomed into one thousand petals. (When we say "OM" the sound vibrations first resonate in the lower torso (a) then travel up (u) the body to resonate more fully at the head (m). AUM (Sometimes literally translated as "yes Twam - Thou (also signifies Devi) verily, so be it, amen")
 eva - truly, exactly, only, alone
 sakshat - with the eyes, with ones own eyes, before ones eyes, evidently, clearly, openly, manifestly, in person, in bodily form, personally, visibly, really, actually, immediately, directly
 shri - light, lustre, radiance, splendour, glory, beauty, grace, loveliness, high rank, power, might, majesty, royal dignity
 Ganesha - Son of Shiva and Pavarati, Eternal Child of God symbolizing Innocence, Purity and Wisdom.
 sakshat - before ones own eyes etc... (as above)
 shri - light, lustre, radiance etc... (as above)
 Adi - first, primordial
 Sakti - power, ability, strength, might, effort, energy, capability. (Energy or active power of a Diety)
 Mata - mother {Conquering Mother. (Matangi - Mythical mother of the Elephant tribe, a form of Durga. One of the 10 Maha-vidyas. The mother of Vasishtha)}
 shri - light, lustre, radiance etc... (as above)
 Nimala - Pure, immaculate
 Devi - a female deity, Goddess, (a consecrated wife or daughter of a King but also any woman of high rank) (a particular "supernatural" power = kundalini)
 Namo - Guru, Spiritual Teacher
 Namah - Salutations or Glory to. Nam - to bow to, subject or submit ones self to, turn towards, to yeild or give way (homage, veneration)

One possible translation. (Paraphrased)

OM before my own eyes, in bodily form, thou truly are the radiant God of Innocence, Purity and Wisdom. You are the incarnation of the glorious Primordial Mother in person, the Conquering Mother of all Mothers, the Majestic and Immaculate Goddess. My Spiritual Teacher, I yield to you. Glory to you.

PENRITH PROGRAMME

Programmes will start next Tuesday 8th September and will continue for 4 weeks (15th, 22nd & 29th) at:

Penrith Community Aid Centre
 21 Woodroffe Street, Penrith
 starting at 7.30pm

.....

Programmes are also ongoing at Parramatta as follows:

Thursdays Sept 17th & 24th
 " Oct 15th & 22nd

Community Services Building
 Civic Place (end of Library building)
 Parramatta
 starting at 7.30pm

All yogis welcome. Contact Parramatta (Northmead) ashram for any details.

BUNDILLA 7.

Sahaja Yoga and the Environment 2.
 A further five titles from the world environment day book list;

LITVINOFF, Miles

THE EARTHSCAN ACTION HANDBOOK FOR PEOPLE AND PLANET

We have poisoned the air and water on which our lives depend. Poor countries exhaust their land in the struggle to survive while rich countries demand more and more. This book spells out why things have gone so terribly wrong and what each of us can do to clean up the mess.

333.72
 LIT

PARV, Valerie

THE CHANGING FACE OF AUSTRALIA

The impact of 200 years of change on the Australian environment.

Q333.720994
 PAR

OATES, Nan

REGREENING AUSTRALIA: CARING FOR YOUNG TREES 2

The right trees grown in the right places can provide many practical benefits and give the grower great satisfaction. This book provides a selection of ideas and practical information for anyone interested in growing trees.

333.750994
 OAT

SERVENTY, Vince

SAVING AUSTRALIA: A BLUEPRINT FOR OUR SURVIVAL

The author outlines a clear plan for us to consider as the beginning of a blueprint for saving Australia.

333.720994
 SER

BEHRMAN, Daniel

SOLAR ENERGY: THE AWAKENING SCIENCE

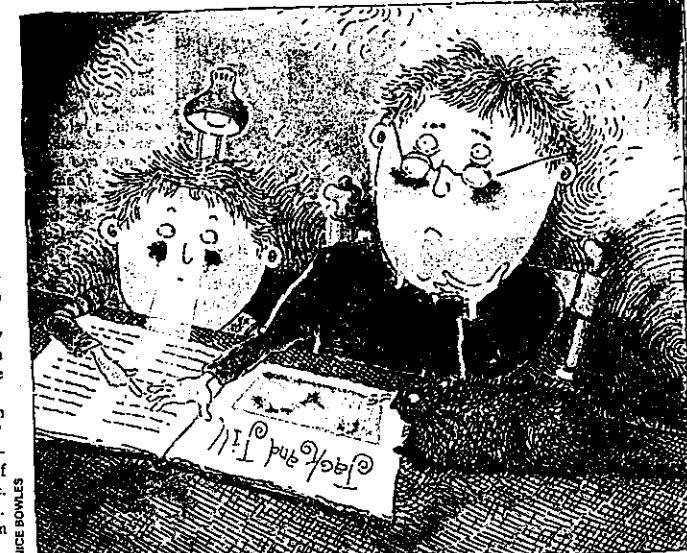
Is solar energy the key to the future of our energy needs? This book explores the facts and true potential of this enormous source of renewable power.

333.79
 BEH

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INSIDE OUT



Jack of Jill

When Jack fell down the hill, he found Chris Quigley already at the bottom, a broken man amid a shattered story.

At this point I realised I had always hated children's authors. Given the chance, I'd put the Brothers Grimm to work stoking the furnace of some 19th-century orphanage. The book on the kitchen floor and tried to remember where Jack would have gone to have his bath. I might have started to cry. "Where do you think he had a bath?" He had a bath at home in the bathroom." "Dad?" "Yes?" "They didn't have any water for a bath." "They didn't?" "No, Dad. That's why they had to go up the hill." "Did he die, Dad?" "How I longed to kill Jack: a cerebral hemorrhage, poor kid didn't stand a chance. But I realised that killing Jack would only get me into a bigger mess. "No, he didn't die. He went to the hospital and they stitched his head up and he went home." "Did his daddy go mad at him?" "Yes. He had to have a bath and go straight to bed." "Where did he have a bath, Dad?" "My mind went blank. I stared down at