



# Australian Sahaja Newsletter

Contributions:

02 9499 2219 Burwood fax 9745 4927

Date: 24.01.98

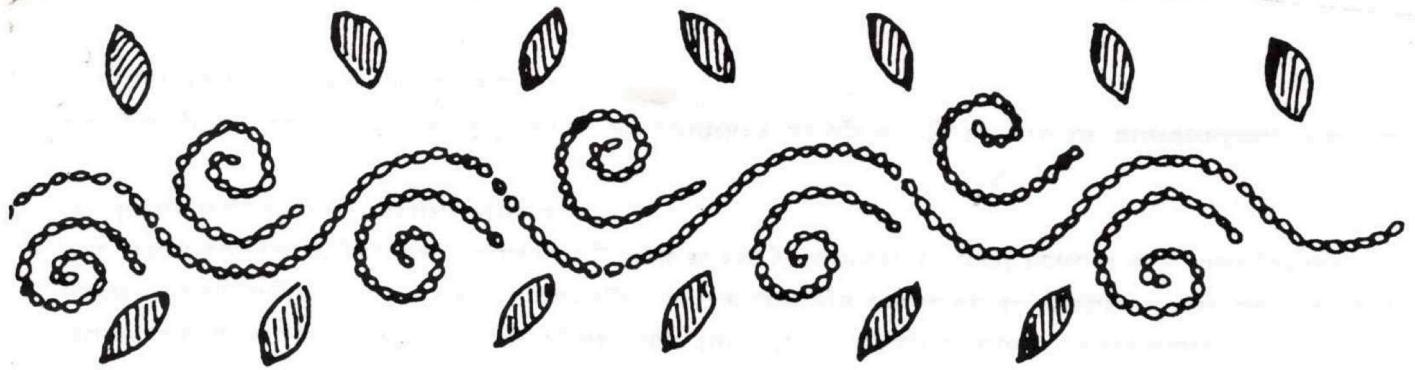
## WHEN REALIZATION COMES

In this poem Kabir describes the devotee's state of bliss on attaining God-realization. His rounds of transmigration finally come to an end, the dark shadows of doubt and delusion melt away and he is freed from all miseries. His mind, initially an obstacle on the spiritual path, becomes an ally when it starts relishing the spiritual joy within. Purified, it becomes still; from tinsel it emerges as a jewel. Realizing the supreme authority of the Lord, the devotee accepts all that comes in his life as the Lord's will, and thereby merges into the state of Sahaj.

My dread of death and birth came to an end  
When the Lord in his glorious hue  
Revealed himself to me.  
His light shone within me  
And darkness disappeared.  
When I contemplated within I obtained  
The rare gem of the Lord's Name;  
In the wake of my bliss  
All miseries fled away.  
The jewel of my mind became absorbed  
In the Lord's love within;  
Whatever now happens, O Lord.  
I accept as Thy will.  
One who lives in Thy will  
Merges in Sahaj.  
Says Kabir: My sins have become ineffective,  
And my soul is suffused by the One  
Who is the life of the entire creation.

*Kabir*





### Birthday Puja Travel - 2

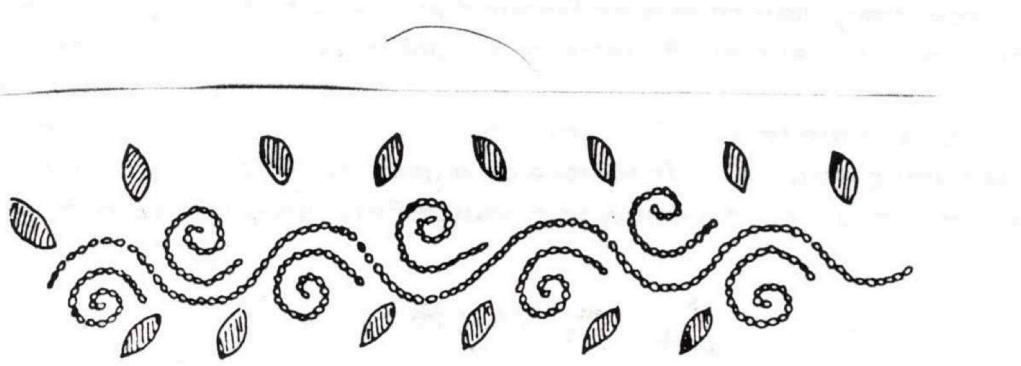
Contrary to what I had emphatically said in last weeks newsletter, Granya Williams and Helen Manassey, as a team, have offered, (yes you read that correctly), they have actually offered to look after the airline bookings for all those (except the parents bookings) who wish to travel to Delhi for the celebrations of Shri Mataji's 75th Birthday.

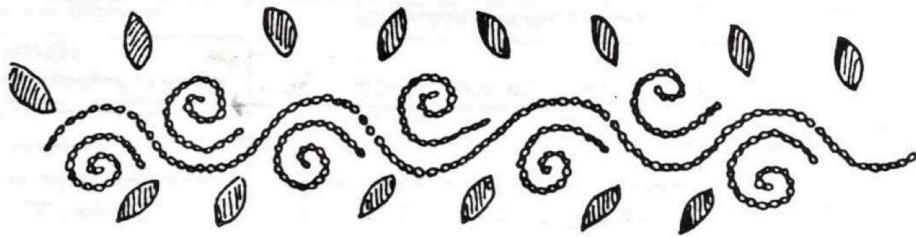
For this they have my sincere thanks.

There is nothing new to report in relation to travel details except...

### Birthday Puja Travel - 3

During last week I had a phone call from Dave Dumphy, formerly the leader of the North American collective. He is now living in Singapore and will look after the, at present, embryo collective there. He told me that, at Shri Mataji's request, he transported a large quantity of art works and antiques which had been in storage in Los Angeles. Shri Mataji has requested that this merchandise be brought to Delhi by the Malaysian and Australian collectives when we come for Birthday puja. That being the case we shall be travelling as a group, as far as differing points or departure permit, with the intention of breaking our journey in Singapore to facilitate Shri Mataji's request. At present it is not clear whether this means an overnight stop in company of Malaysian yogis and our Singapore hosts, or a shorter daytime stopover. More details will be advised in the newsletter as they come to hand.





### Shri Mataji's possible tour to Australia for Shiva Puja - contributions needed

Should Shri Mataji persuade her doctors that she is well enough to make the journey to Australia (Sydney) for Shiva puja (possibly the last two weeks in February), we shall need to raise money in order to properly look after her for as long as she is with us. This will be in addition to the cost of the puja weekend, which was advised in last week's newsletter.

The national account has a healthy credit balance of about \$24,000 and has functioned without faltering during the past year, ensuring Australia's obligation to the world wide organisation of Sahaja Yoga is properly met. This is thanks to your regular contributions.

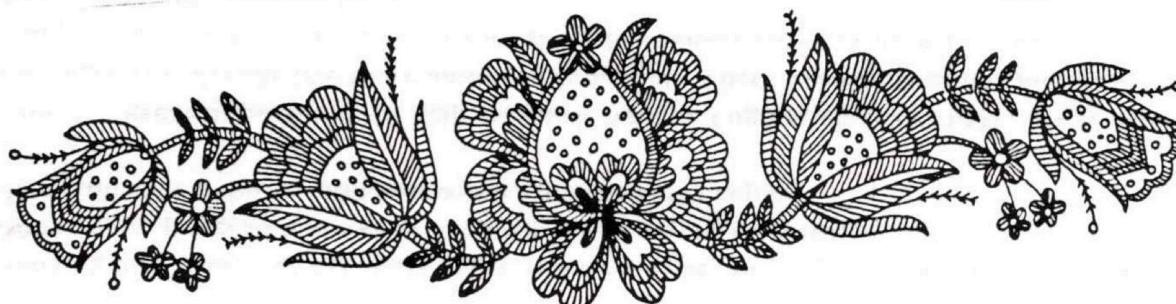
However the current balance is nowhere near enough to meet the budget of about \$80,000 particularly as there are known payments to be made from the account as it stands.

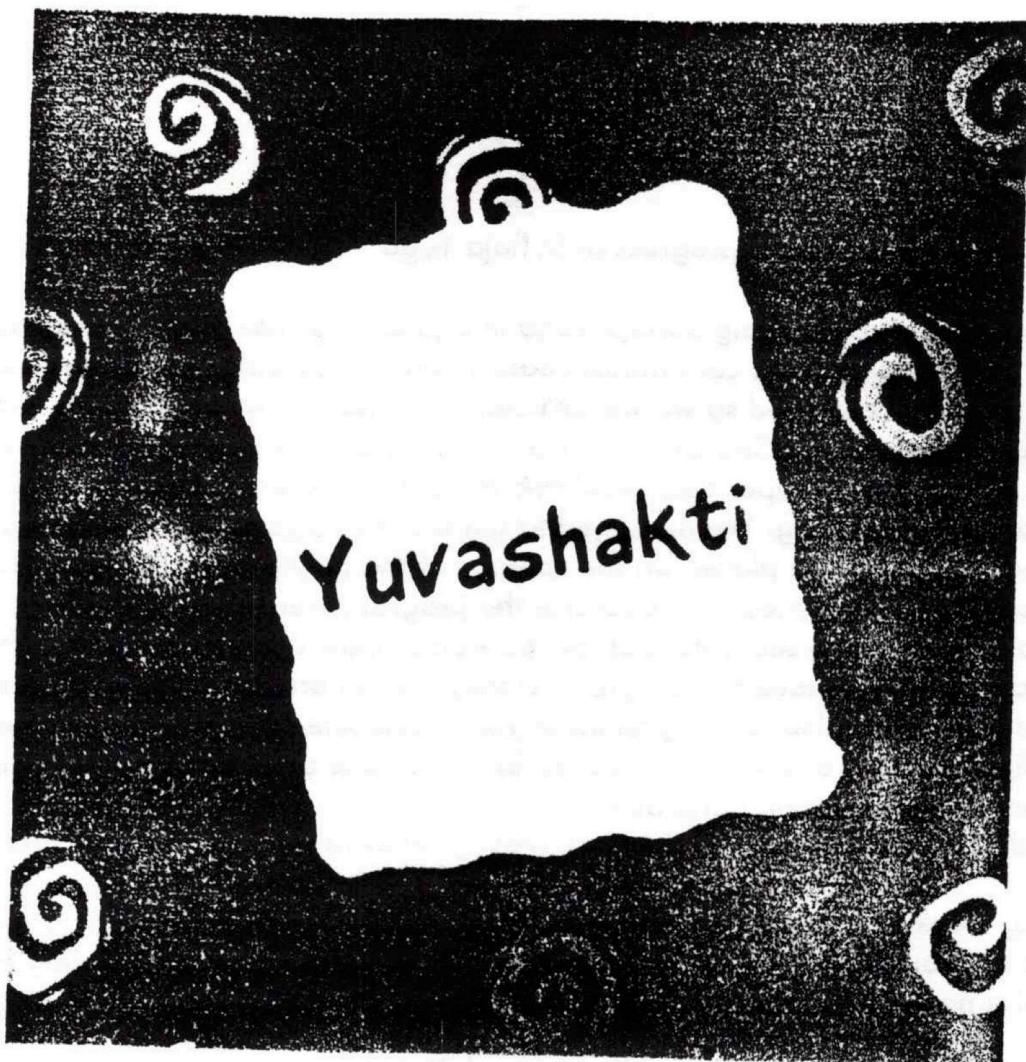
This is just a preliminary notification but anybody is most welcome to make a contribution which they can do by sending a cheque to Radhika Richardson made payable to Life Eternal Trust accompanied by a sheet of paper advising who it is from and what it is for and sending it to 195 Burwood Road, Croydon Park, NSW 2133.

Further details next week.

With love,

Michael





**Yuvashakti**

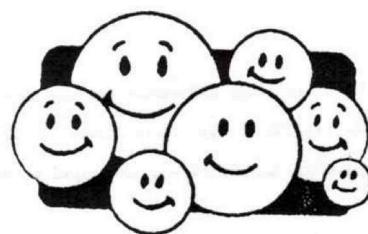
You are invited to  
a picnic ...

at: Burwood Park, 4.30pm

on: Saturday 31/1/98  
please bring a plate

We want to get the  
Yuvashakti going!!!

For more information  
call Melanie Stainsby or  
Jessica Miller on  
**(02) 42297630**



## About Delhi Public Programme

: Fri, 5 Dec 1997

Jai Shri Mataji,

Here is the Report about Delhi Public Programme. Shri Mataji was very happy with the massive crowd of people and she gave realisation to everybody in less than 5 minutes. She will not be travelling with the Tour this year. Her next programmes are directly in Ganapatipule now.

The Delhi Public Programme was a grand success considering that there was no empty space left inside the Enclosure and people were standing outside as well. There was a crowd of atleast 30000 people. In her lecture she criticised those men who torture their wives and children. She said even though Delhi is polluted but it has got very good vibrations. For the Public Programme people had come from Delhi, Uttar Pradesh, Haryana, Rajasthan, Punjab, Madhya Pradesh and many other states as well.

As per announcements made in Delhi Centre the Birthday Puja programme for Shri Mataji's 75th Birthday is for 7 days and is going to be held in Delhi itself. The tentative dates are 15th to 21st March.

Sarvesh Prakash Singh ,

EMAIL - spsingh@hss.hns.com



### Bhajan Practice

Bhajan practice for the children will be held at 5pm next Saturday afternoon (31/1/98) at Burwood ashram. This is in preparation for Shri Mataji's tour. Attendance so far has been a little light on, so we encourage all the Sahaja children to please come next week. We want to really present something that is very collective, well rehearsed, and joyful for the lotus feet of our Divine Mother.

Bhajan practice will be next Friday 30 January at 8pm. Venue to be announced. Please contact John Smiley for details.



### Children's Clay Classes

From 3-5pm on Saturday afternoons, a clay course for children and teenagers will be held at Burwood ashram. Please contact Jean-Michel or Sue Williams for more details. Please bring \$2 for the clay.

### Radio Programme

A very important radio programme meeting will be held on Saturday 31st January at 4:30pm at Burwood to discuss future projects for Shri Mataji's forth coming tour. The music and drama groups are especially invited to come to hear about wonderful new ideas for the programme. All welcome.

The "Laxmi drugstore" will be open every Saturday night selling incense, oils, greeting cards, hand-knits, kum kum etc. So please support your Sahaj Radio Programme.

### Fashion Parade - Burwood Friday 23 January

Last night many of the Sahaj yogini's gathered in Burwood's meditation room to enjoy a wonderful fashion parade of some of the clothes which Shri Mataji has sent to Australia. The whole room was transformed into a professional fashion show with a cat walk, music and Sahaj yogini models! A range of clothes for children and ladies were paraded. The garage has become the "Marguerite Fashion Store" where racks of garments are hanging waiting to be tried on and sold. Shri Mataji has put alot of her attention on these garments which have been designed in America and made in India. After Ganesha puja last year Shri Mataji sorted through most of the garments identifying the fabrics and suggesting prices for all the garments.

After the parade all the racks of garments lining the edges of the meditation room were unveiled and all the ladies were able to chose and try on the garments before deciding on their purchase. Great fun was had by all.

Every Saturday night after the program the "Marguerite Fashion Store" will be open and all the garments will be displayed and can be purchased.

Helen has offered to make any alterations to the garments purchased.

Your soul is oftentimes a battlefield, upon which your reason and your judgement wage war against your passion and your appetite.  
Would that I could be the peacemaker in your soul, that I might turn the discord and the rivalry of your elements into oneness and melody.

Kahlil Gibran

John Shield will be presenting a reading of 'The Prophet' by Kahlil Gibran, on Saturday 31 January. See Calendar of Events.

### NSW Country Programs

Starting on Friday 6th February there will be a series of programs in country centres of NSW, most programs are in or close to towns where established yogis live who will be doing advance publicity and follow-ups with the new people.

This is a great opportunity to help establish Sahaja Yoga in country NSW, get to know the yogis who already live there and have some fun. There are 16 programs planned over 9 days so pick a town or come for the lot! Accommodation is being organised so contact Kevin, Avinash, Toby or Diana.

COUNTRY PROGRAMMES ITINERARY 1998			
DATE	DAY	LOCATION	PROGRAMME TIMES
6-FEB	FRIDAY	KATOOMBA	8PM HAVAN
7-FEB	SAT	SYD TO BATHURST	10AM PROGRAM
		BATHURST TO ORANGE	6:30PM PROGRAM
8-FEB	SUN	ORANGE TO PARKES	10:00AM PROGRAM
		PARKES TO DUBBO	4PM PROGRAM
9-FEB	MON	DUBBO	6:30PM PROGRAM
10-FEB	TUE	MUSSELLBROOK	11AM PROGRAM
		TAMWORTH	6:30PM PROGRAM
11-FEB	WED	TAMWORTH	11AM TAMWORTH FOLLOW-UP
		ARMIDALE	6:30PM PROGRAM
12-FEB	THU		10:00AM ARMIDALE FOLLOW-UP
		ARMIDALE TO GRAFTON	6:30PM PROGRAM
13-FEB	FRI		
		GRAFTON TO COFFS HARBOUR	6:30PM PROGRAM
14-FEB	SAT		11:00AM COFFS FOLLOW-UP
		COFFS HARBOUR TO TAREE	6:30PM PROGRAM
15-FEB	SUN	FORSTER	10AM PROGRAM
		NEWCASTLE TO SYDNEY	4PM PROGRAM
		(PUJA, DINNER & BHAJANS AT PILAW MAIN)	
		CONTACTS	
TRAVEL/FINANCES		TOBIAS PATTERSON	PH: 9457 0030
RADIO ADVERTISING		LIAILYN FITZPATRICK	PH: 9736 1386
MUSIC		JOHN SMILEY / KEVIN FITZGERALD	PH: 9747 0310
EXHIBITION/PROGRAM		KEVIN	PH: 9416 2205
MATERIAL			PH:
POSTERS		DIANNA REEVES	PH: 019 907720
MISCELLANEOUS		AVINASH NICHKAWDE	PH: 9476 4271
NEWSPAPER ADVERTISING		JOHN DOBBIE	PH: 9416 2373
		AREA CONTACTS:	
DUBBO, PARKES		DOCTOR SUNJEEV & VINOLA	PH: 068 844 075
KATOOMBA, BATHURST, ORANGE		GEOFFREY & RAELENE WRIGHT	PH: 047 824965
MUSSELLBROOK		LISA	PH: 065 412 930
GRAFTON, ARMIDALE, TAMWORTH		DIANA / AVINASH	PH:
TAREE, FORSTER		GRAEME & HELENA	PH: 065 695 153
NEWCASTLE		PETER & JO BOLAND	PH: 065 552 719
PELAW MAIN		STEVE HIRST	PH: 049 872 736
		KATHERINE & JACQUELINE	PH: 049 375 154

### China News Update

Nov '97 - Alex Henshaw

Jai Shri Mataji

Some news from China on the progress of Sahaja Yoga.

It is always an adventure starting Sahaja Yoga in a place that has a lot of restrictions such as China. It is still very much a communist country with a very autocratic government. Advertising is strictly controlled so we weren't surprised that we were unable to place an ad in the local newspaper in Shenzhen for our first program. This meant that we had to advertise in a Hong Kong paper that circulated in Southern China, luckily there is still a lot of freedom in Hong Kong. We managed to get the message across with a small ad and some posters that were placed on the campus of the polytechnic. Posterizing in public places is prohibited so the means to publicise the program were limited. The first program was a real test to see if the authorities would allow us to continue. For this reason no foreigners attended the program as they always attract a lot more attention from the authorities. The Hong Kong Chinese yogis conducted the program in Mandarin, but for the first program a few people looked in but no one actually came for realization. The vibrations were very strong and all the yogis attending enjoyed a deep meditation, feeling relieved that they weren't arrested!

The following week the confidence of the yogis was evident and the centre heart was more stable so around four new people attended. They received realization very easily and enjoyed a peaceful meditation with the other yogis. The third program the yogis had organised a video recorder and a subtitled tape of Shri Mataji's lecture was played. Six new people attended including the ones from the previous week. Shri Mataji's tape created a lot of interest and the vibrations were very strong so we are expecting even more people to attend the next week.

In Beijing the programs got off to a good start with two yogis from Hong Kong helping. The program had been promoted in a health centre for expatriates, as a stress management course so we were not sure who would attend. The first program had very strong vibrations but alas no new seekers came. We all enjoyed a deep meditation and then a delicious Chinese meal afterwards to reflect on what to do next time. We all felt that the expatriates may be leading a privileged stress free life so the emphasis will change to yoga and meditation rather than stress management. Programs will continue for the next 8 weeks so we are hoping more people will come through the grace of Shri Mataji.

Keep China in the collective attention as there is great potential and a lot of vibrations needed to work it all out. Shri Mataji has said that She wants to go to China again soon, so with a little collective desire it will all work out.

Lots of love from all your brothers and sisters in China.