



Australian Sahaja Newsletter

07 FEB 98

Contributions: Balraj & Claire Singh
02 9499 2219 Burwood fax 9745 4927

*You know we need not worry
You know we need not cry
Because our Mother loves us
All we need to do is try -*

*Try to give our love to others
Try to keep ourselves clear
As long as we help one another
There is nothing to fear*

*So try to spread our Mothers word
and for thy comfort know
Our Mother will always protect us
In her Divine Love we shall grow*

By Clodagh Pitman - December 1997, Perth

This poem was included in the card sent for
Christmas Puja from the Australian Collective



Shiva Puja/Birthday Puja 5, Costs

Further to the earlier advice published in the newsletter of 17th January, the Delhi organisers now confirm the costs as hereunder:

CONTRIBUTIONS and CHARGES for SAHAJIS FROM ABROAD

=====

1. Charges for programs from 14th to 21st March, 1998 for participating Sahajis.
 - a. Sahajis of Western Nations: A total of UKpounds 325.00
 - b. Sahajis of Eastern Block and all foreign children(between 5 and 15 years): a total of UKpounds 200.00

Notes:

- a. Above charges include offerings for two Pujas, stay, and food for eight days, and programming expenses. Each country leader or the group leader shall collect the same separately, and contact treasurer of Delhi.

Above charges do not include any transport (local or outside) and gift money.

- b. Sahajis who wish to pay contributions over and above the above mentioned charges may do so.

2. Sahaja Yogis who are not able to physically participate in the Birthday celebrations and wish to contribute for this noble and grand cause can do so through their country leader. The country leaders to collect all such contributions, and deposit the collections personally with Mr GM Deshpanda, Treasurer, Sahaja Yoga Centre, Delhi, along with Proforma 2.



Date: Mon, 26 Jan 1998 21:08:29 +0100
From: Antonio Mendez-Nazare, France, <asy@world-net.sct.fr>
Subject: Pujas

Dear everyone,

HAPPY NEW YEAR !!!

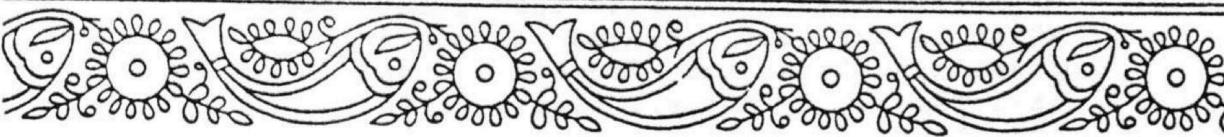
Here follows the 1998 Puja Schedule given by HH Shri Mataji at Ganapatipule. Please note the three following points :

1. The dates are not yet fixed, except for the Birthday Puja in Delhi (March 15 to March 21).
2. The Shivaratri Puja will be held in Australia if HH Shri Mataji feels fine for traveling, otherwise, the hosting countries will host the Puja in India. Mother will confirm it few weeks/days before the Puja.
3. There will be Marriages organized at the Shri Ganesha Puja in Cabella.

	PUJA	LOCATION	ORGANISING COUNTRIES
1	Shivaratri	Australia / India	
Australia + Eastern Asia (Hong Kong+Singapour+Malaysia+Taiwan+Phillipines+Thailand+Japan...)			
2	Birthday	India	India + Nepal
3	Easter	Turkey	Turkey + Iran + Greece
4	Sahasrara	Cabella	Austria + Germany + Czechy + Slovenia + Slovakia + Israel
5	Adi Shakti	Cabella	Belgium + Holland + Spain + Scandinavian Countries
6	Guru	Cabella	Italy + India
7	Krishna	Cabella	South & North America
8	Ganesha	Cabella	Australia + Eastern Asia + Russian Countries +Poland + Rumania + Bulgaria + Hungary
9	Navaratri	Cabella	Switzerland + United Kingdom
10	Diwali	Portugal	France + Portugal + African Countries
11	Christmas	Ganapatipule	India

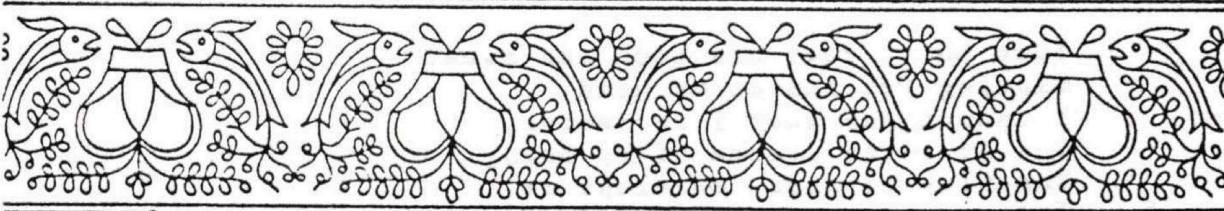
We will send you the dates of the Pujas as soon as they are confirmed by HH Shri Mataji.

With love & regards,
Antonio



Marguerite Fashion Store

*Come and browse through the array of ladies, children's & men's clothing
Open every Saturday night after the Burwood programme*



HOW MANY STRANDS?

For those of a more scientific frame of mind, this is the number of strands of kundalini within each one of us.: We have been told that there are $(3 \times 7)^{108}$ strands which is calculated to be $(3 \times 7)^{108} = 21^{108}$ which is $21 \times 21 \times \dots \times 21$ (one hundred and eight times).

$(3 \times 7)^{108} = 63\ 049\ 817\ 127\ 416\ 878\ 920\ 379\ 393\ 080$
 $482\ 838\ 280\ 940\ 917\ 599\ 295\ 791\ 419\ 213\ 531\ 598$
 $775\ 711\ 937\ 499\ 935\ 477\ 820\ 374\ 200\ 455\ 106\ 040$
 $157\ 128\ 919\ 695\ 461\ 106\ 063\ 869\ 746\ 947\ 381\ 125\ 961$
361.

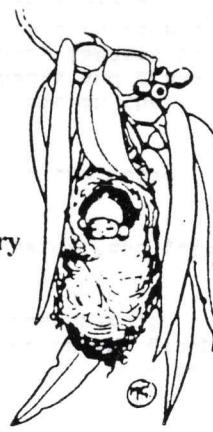


Baby News !!!!

Mid South Coast NSW

Congratulations to Jennine & Lakshman Toledo

Soorays now has a little brother "Kiran" born Thursday 5th February Moruya Hospital at 2:30pm, weighing 4.235 kg and is 56cm long. Jennine and baby are well.



Melbourne

Congratulations to Anna Wickham who gave birth to a son "Johnson" on Tuesday 3rd February weighing 7 pounds 8 ounces. Both are well.

News from Country Programs

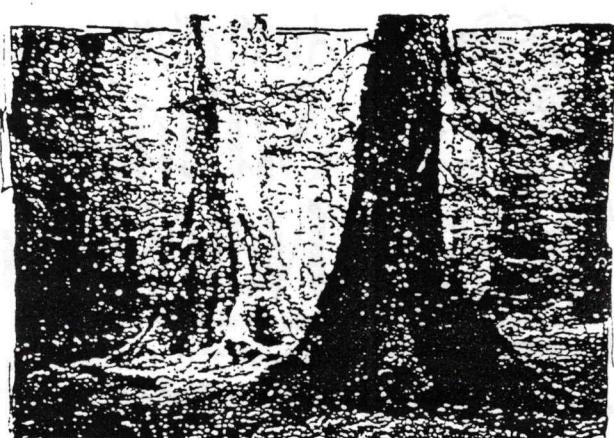
The Bathurst program this morning was successful - 18 people came and received their self realisation.

The program in Orange will be held at 4pm today. There are many deep seekers and everyone is enjoying themselves.

Social Evening

Sunday 15th February at Burwood - Get Together video night in aid of the radio programme. \$5 entry with drink & popcorn provided.

Its Valentine's Day weekend - all hardworking men are encouraged to bring their neglected wives!!!



Our deepest fear is not that we are inadequate.
Our deepest fear is that we are powerful beyond measure.
It is our light, not our darkness, that most frightens us.
We ask ourselves, "Who am I to be brilliant?"
Actually, who are you Not to be?
You are a child of God.
Your playing small doesn't serve the world.
There's nothing enlightened about shrinking
so that other people won't feel insecure around you.
We were born to make manifest the glory of God that is within us.
It is not just in some of us; it's in everyone.
And as we let our own light shine,
we unconsciously give other people permission to do the same.
As we are liberated from our own fear,
our presence automatically liberates others.

INAUGURAL SPEECH
Nelson Mandela (1994)

Date: Mon, 01 Dec 1997 15:34:43 +0000
From: Enzo M. Martoglio, UK, <enzom@sco.COM>
Subject: Sufi Poems

Dear Brothers & Sisters,

I'm trying to do some research on sufi poetry, basically trying to collect poems that are relevant in a Sahaj perspective and certainly much of the sufi poetry is relevant for us. I think that this could be an effective way to relate to seekers that approach Sahaja Yoga from an Islamic background. So, I will be very happy if any one is interested in sending me any such poetry what they like and enjoy, or news of any book that is related to this subject (the poem above comes from "Meter 1" - Diwan El Kebir, translated into English by O. Ergin - Ergin plans to translated the entire Diwan, 24 meters!).

Your brother Enzo

A poem from the "Diwan El Kebir" of Rumi

I merged so completely with Love,
was so fused, that I became Love
And Love became me.
That way, I was saved
From instigations, trials, tribulations.

Yes, with complete Union,
Man becomes strange to himself.
There wouldn't be any animosity
If people could solve this problem.

There is a sea that isn't far from us.
It's unseen, but not hidden.
It's forbidden to talk about,
Yet, at the same time,
A sin and sign of ungratefulness not to.

To talk about Him
Is like comparing Him to a human
To keep silent denies His omnipotence.
This is a problem with no solution,
A disease which has no cure.
You save us, O One who has kindness and favors.

The shapes, colors, smells of this world
Ask for His help every moment,
Just like a baby who doesn't know Him,
Yet wants nourishment from Him.

(Rumi)



SOME LITTLE POEMS - by Katy Cartmel 1997

23rd June.

"Go thoughtless" used to be a great "idea".
It never worked, I wasn't in that state.
I tried and tried to do it, now it's clear
It only works when "I" am separate,
Connected constantly with that great Power
Which is the Self, is Atma, is eternal -
Chaitanya, Paramatma, Boundless Love.
Shri Mataji, Oh Mother, always there,
The thoughtless state must always be AWARE.

27th June.

Mother, keep my attention on the glow
In Sahasrara, which is Your Lotus Feet.
In silence, thoughtless and aware, we grow
Where Atma and the Paramatma meet.

12th July.

Your Lotus Feet are cool and sweet,
Glowing red inside my head.
I cannot say what I am seeing,
But it's the centre of my Being.
The Glow expands, envelops me,
It's you, not me, Shri Mataji.

13th July.

Thoughtlessness is timeless. In that state
Though thoughts come in, they pass, they do not stay,
Causing barely a ripple on their way.
Spirit and body begin to separate,
Vibrations from the Centre emanate
And grow, in peaceful process, day by day.

14th July.

I am Spirit. Spirit is only Being.
It isn't feeling, thinking, or even seeing.
I exist. I am because YOU ARE.
Love is Truth, is YOU, O ADI MA.