

Wanted For Youth Programs

It's all happening ! Where to begin...

- Potential for Sahaja Yoga to be included in a few local High Schools.
- Youth Workshops beginning this Sunday at Newtown (see notice attached) require all hands on deck, especially all you 20-somethings who have grown up in Sahaja Yoga.

Anyone who has the desire and ANY amount of time to help, please call:

Chris Kyriacou 9747 2820
Anil Sattarshetty 9560 0029
(Newtown)
Liallyn Fitzpatrick 9763 5887
Shannon Mellroy 9747 4835

Hopefully we will have more instructions about all once Avinash returns from Sahasrara Puja.

Jai Shri Mataji.



MEDITATION

SAHAJA YOGA



SHRI MATAJI
(Founder of Sahaja Yoga)

SAHAJA YOGA BEGINS WHERE OTHER YOGA SYSTEMS END

Benefits:

- Improve attention, concentration, creativity
- Find confidence & self-esteem
- Being really "cool"
- Make clear choices and decisions
- Help find answers
- Enjoy life, be yourself
- Free yourself from dependencies
- Come into balance
- Improve health, relationships and more

YOUTH WORKSHOPS NEWTOWN NEIGHBOURHOOD CENTRE

1 Bedford St, Newtown
(Directly opp Newtown Station)

SUNDAYS 11.00 AM

Admission Free

ENQUIRIES 9763 5887 / 9560 0029



Australian Sahaja Newsletter

1st May '99

Contributions: Lidcombe 9649 6879
02 9747 4835 or Burwood Fax 9745 4927

SAHASRARA PUJA CELEBRATIONS- SYDNEY NSW

We will be celebrating the 29th Sahasrara Day with three days of celebration at 10 Clarence St Burwood, followed by Puja at Balmoral. Come and enjoy the Divine Bliss!

Wednesday 5th May - Sahasrara Day

Day of meditation - Burwood Ashram, 7.30pm till late

Thursday 6th May - Sahasrara Day

Inner growth get-together, Burwood 7:30pm

Friday 7th May

Music Concert (venue to be decided)

SAHASRARA PUJA

Please note change of date!

Sahasrara Day Puja will now be held on

Saturday 8th May at Balmoral Country Property, at 11 am.

Set-up and dismantle: Roster group 7 - Co-ordinator Rajen Maharaj

Cooking (pizza meal) and washing-up:

Roster group 3 - Co-ordinator Andrew Rohowyj

Country Tour Notices

Northern Run - Weekend of the 8th and 9th May
Tamworth, Armidale, Grafton and Coffs Harbour
If you wish to join us this tour, contact Kevin Fitzgerald.
Ph: 02 9416 2205

Western Run - Weekend of the 15th and 16th May
Bathurst, Orange, Forbes and Dubbo
If you wish to join this tour, contact Marcus Rome.
Ph: 02 9150 7402



Invitation to Sahasrara Puja at Valla 9th May'99

Dear Sahaja Yogis,
You are invited to attend Sahasrara Puja on Sunday 9th May at Graeme and Helena's place. There will be a Public Program at Coffs Harbour at 10.30 am, and the puja to follow at Valla about 1 pm. This is a great opportunity to help support and establish our small collective into Sahaja Yoga, and enjoy the fantastic autumn weather, beach and country side on the North Coast. The puja is a highlight of the weekend country tour, Northern Section. Please see Kevin Fitzgerald if you are able to attend the full tour, or ring Helena and Graeme on 02 65 695153 for information on the Puja, and directions to Valla. (about 6 hours from Sydney and half way to Brisbane).
Much love from
Graeme and Helena

ULLADULLA MUSIC CONCERT

The Ulladulla Sahaja yogis would like to extend a warm welcome to all yogis who would like to attend a Ganesha Puja and music concert to be held in Ulladalla on Saturday, May 15th. We will be holding a Ganesha Puja at 1pm and a concert and program at 7pm. The puja will be a chance for our 12 or so new yogis to experience their first puja and at the same time we will be asking for Shri Ganesha's blessings to remove any obstacles preventing many more seekers attending the music evening and the follow up programs.
A program and concert will be held in Canberra the following day.

Anybody wishing to come could they please phone Sarita on 02 4454 3625 or Sharon on 4454 5028 just to give us an idea of numbers for accomodation etc.

Ulladalla is about 3 to 3.5 hours South of Sydney. You will pass through Milton and a few kms later you will see the sign Ulladalla pop 11,600. Take the first right turn after the sign which is Village Drive. The Puja will be held at 74 Village Drive approx 1pm.

GANESHA PUJA, CABELLA, 1999 - 1

Marriages

Shri Mataji has graciously extended Her Invitation to marriage applicants beyond those of the Eastern European countries and Russia (those who are often unable to afford the cost of travelling to India for marriage) to include yogis from the West and particularly those of the host countries.

Anyone wishing to be married by Shri Mataji at Ganesh Puja in Cabella in September in Italy write to Michael Fogarty (contact details in the phone list) and ask for a marriage application form. The sooner the better - as Shri Mataji will call for these forms well prior to the Puja date.

Vale Kerry O'Neill

Kerry finally took leave of this earthly life after valiantly battling a long illness. It has saddened us to hear of his death, for where there is life there is hope. Yet in other respects it was a blessed release. Kerry will be fondly remembered by many old friends for the courageous way he lived his last years, never relinquishing his faith in Shri Mataji. He is now free at last to begin his journey towards a new life.

We extend our love and condolences to his wife Mary.
Michael Fogarty

ROOMS AVAILABLE SOON

There are TWO rooms available in Hurstville Ashram, 86 Patrick St Hurstville.

Ring Andrew on ph: 9579 2293

Entertainment Books

Fund raiser for Yuva Shakti.
Features the best restaurants, hotel accomodation, activities, sports or theatre in the area. With 2 for 1 and 25% to 50% off offers.
Purchase a book for \$45 and receive \$5000 in value.
\$9 from each book goes to Yuva Shakti.
Books available cover Sydney and Sydney North.
Contact: Gillian Patankar on 9477 4645

Lost Property

Please come and collect your things as they will be given away if not collected. We have rings with Shri Mataji uncollected for 6 months, also a pendant with Mother and Ganesha. Shoes, clothes, kurtas a jacket and toys, also pillows. There are also things at Balmoral so please come and get them.

ERRATA

With apologies to Georges-Henri Moncoq, (and to Mr Michael Fogarty)

The title of his CD is actually Recital de Piano, it consisting of 19 tracks of piano pieces as you probably guessed. Chopin's prelude was thought to be 'beguiling' rather than it being his first. Still available at US\$25 by writing to Georges-Henri at the address given.