

Sahaja Newsletter

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VISION

KAHLIL GIBRAN



THE in the middle of the field, by the side of a crystalline stream, I saw a bird-cage whose rods and hinges were fashioned by an expert's hands. In one corner lay a dead bird, and in another were two basins—one empty of water and the other of seeds. I stood there reverently, as if the lifeless bird and the murmur of the water were worthy of deep silence and respect—something worthy of examination and meditation by the heart and conscience.

As I engrossed myself in view and thought, I found that the poor creature had died of thirst beside a stream of water, and of hunger in the midst of a rich field, cradle of life; like a rich man locked inside his iron safe, perishing from hunger amid heaps of gold.

Before my eyes I saw the cage turned suddenly into a human skeleton, and the dead bird into a man's heart which was bleeding from a deep wound that looked like the lips of a sorrowing woman. A voice came from that wound saying, "I am the human heart, prisoner of substance and victim of earthly laws.

"In God's field of Beauty, at the edge of the stream of life, I was imprisoned in the cage of laws made by man.

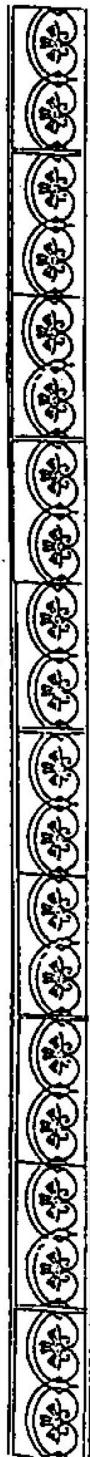
"In the center of beautiful Creation I died neglected because I was kept from enjoying the freedom of God's bounty.

"Everything of beauty that awakens my love and desire is a disgrace, according to man's conceptions; everything of goodness that I crave is but naught, according to his judgment.

"I am the lost human heart, imprisoned in the foul dungeon of man's dictates, tied with chains of earthly authority, dead and forgotten by laughing humanity whose tongue is tied and whose eyes are empty of visible tears."

All these words I heard, and I saw them emerging with a stream of ever-thinning blood from that wounded heart.

More was said, but my misted eyes and crying soul prevented further sight or hearing.



DIWALI PUJA

(Calin Costian - West Lafayette
Indiana - 12 Nov 92)

Dear brothers and sisters,

Here is a beautiful account of the Diwali Puja sent by Jana and Michal from Czechoslovakia.

***** JAY SRI MATAJI !!! *****

A short report from Diwali Puja 1992.

The celebrating of light took place in Timisoara, the town in Romania, near the Hungarian border. Sri Mataji had invited Sahaja Yogis from all Eastern countries. It was the only possibility to make the puja with Sri Mataji for most of us. About 70 Sahaja Yogis from Czecho-slovakia, 500 from Russia, 500-600 from Romania, from Poland, Bulgaria, Hungaria and Western Sahaja Yogis met Sri Mataji at the railway station of Timisoara on Saturday morning. She travelled from Bucharest all the night and She came together with Sun. Beautiful songs (Kundaliny, Ganesha's songs) thanked our Mother for Her Love, Grace and Solicitude. Then Sri Mataji left. She stayed at Continental hotel.

We have heard about Sahaja Yogis from Russia, especially from Togliatti. It was really a great experience to meet them. We were happy to see this humble, dharmic people from the country, which has been Ego. If the Ego of the World is so beautiful then we are really close to our aim. In Togliatti there are about 50,000 realised souls and about 20,000 attend programs. In one village with 1,000 inhabitants near the Finland border there are 300 Sahaja Yogis. One cannot understand it, just feel.

At about 10 o'clock p.m. the Divali Celebration of the light started with wonderful firework at football stadium. If someone never had seen his own light he could imagine how beatiful he was inside.

The evening program continued at the sport hall Olympia with some songs by Czecho-slovak Sahaja Yogis, the Molier's drama by French Sahaja Yogis who organised this puja. The song from the English Sahaja Yogis was followed by beatiful violin concert by Antonio Vivaldi. Two Sahaja Yuginis played as one person. We had never heard classical music to sound so beatiful. But it was just a begining of the beauty. It's impossible to describe what our hearts could feel when Russian Sahaja Yugini sang Russian Sahaja Yoga songs and Vishwa Vandita. Also Sri Mataji and Her husband, Mr. Srivastava were touched by the purity of these souls. We could feel it, felt the vibrations flowing from our Mother to our hearts. After some songs of Bulgarian and Hungarian Sahaja Yogis Sri Mataji invited all Eastern block's people in front of Her and She gave presents to everyone. At about 6 a.m. the program finished and Sri Mataji left the hall.

The puja could start just at 8 p.m. as we were waiting for some people who were still on the Hungarian-Romanian border. We had lot of time to get aquaintance with Yogis from other countries. The long queues for meals were a very good oportunity to sing bhajans. Especially Russian and Romanian Sahaja Yogis sang all the time and the others joined them.

The speech of our Mother was translated to Russian and Romanian as Sri Mataji wanted Eastern Sahaja Yogis to understand Her. She talked about 5 days of Diwali Celebration. It should start by worshipping the housewife. Every man could buy something for wife, what can help her in housework. Man should respect the wife but wife must be respectable. Every woman as Lakshmi should be generous. Two doors should be open all the time. One for giving everything and one for receiving.

Only then Divine can work. If a wife is stingy then all her family suffers. A lot of women especially at West do not want to have a baby. They are afraid to destroy their figure, to lose their position in work etc. But it is the most beatiful task of a woman to have a baby and take care of him. Then another part of life is coming. Woman becomes a grandmother and she is enjoying her grandchildren. The wisdom is coming with the age. She is now wise and everybody wants to consult with her. It is a beatiful possibility to spread Sahaja Yoga. When a woman starts to trouble herself with the age and tries to look younger at that moment she is old and looks so. We should not take care of our age. We are eternal.

The last day of Diwali is the coronation celebration of Sri Rama. He had rescued Sri Sita and married with Her. From this day Sri Sita completly was devoted to Her husband. She started to worship Him as Her husband, Her King. It is a principle of Sri Lákshmi.

After the beatiful puja Sri Mataji received a great amount of presents from Sahaja Yogis and also we received some presents from Her, French Sahaja Yogis and others.

Mr. Srivastava was also invited and he received a beatiful chess table. Before he left he spoke a little. He said Sahaja Yogis are very dharmic, very nice in worshipping of our Mother, his wife.

We left Romania full of experiences. It was the begining of a new period in our spiritual ascent.

WE THANK TO ALL WESTERN SAHAJA YOGIS FOR SHARING SAHAJA YOGA IN EASTERN COUNTRIES.

JAY SRI MATAJI !!!

Jana from Bratislava

NEWS FROM DARWIN:

Dear Brothers and sisters

Darwin had its first public programme on 17th November. We set up 19 chairs in 4 rows and Mother al most filled them all. (Ian Cunningham from Alice Springs was in Darwin due to work so he was able to help us. Ian gained more experience in holding Public Programmes as well as enhancing his Sahaja knowledge. This will help the small collective in The Alice.) All 13 seekers who came along for the first time wanted to stay back and discuss their strong experience. They all took posters home with them. Hopefully the posters will be pinned up in shops and offices around Darwin and this will spread the news of our Public Programmes. Nothing will stop it now! All glories to our Holy Mother.

Love .. Kevin, Linda and Leela.
Northern Territory.

Polio epidemic hits Bible belt

THE HAGUE.— An epidemic of poliomyelitis has broken out in the Netherlands' "Bible belt", where Christian fundamentalists steadfastly refuse vaccination saying it goes against the "will of God".

Since the middle of September, 31 people have contracted the disease. A four-week-old baby died.

The first case in the current epidemic was reported on September 17 in the south western Dutch town of Streefkerk. The victim was a teenage boy.

It has spread through the heartland of Protestant fundamentalism extending from southern Holland and Zeeland across the centre to the north eastern regions of Gelderland and Overijssel.

The Dutch media refers to the region as the Dutch "Bible-belt".

"To get vaccinated is to reject the judgment of God," said Pastor De Jong at Staphorst, a small town of 17,000 people in Overijssel.

dear Everyone,
We enjoyed a very good programme and weekend on 31st Oct. and 1st Nov. at Coffs Harbour. Yogis and yoginis from Wollongong and the Central Coast arrived on the Friday evening and night. On Saturday we all relaxed before setting out to present the programme at Coffs Harbour. Uncle Stephen showed the Evolution series of slides to a large audience of about 40 people. We then broke up into small groups to exchange vibrations and talk to seekers over a cup of tea and cake. On Sunday, about 6 new people came for the follow-up, and the Wednesday night 11 people came, including regular attenders and many new people. All reported that they felt kundalini's subtle and gentle benefits since self-realisation. Many thanks to the Central Coast ladies and to Stephen, Sue, Brian and Richard for travelling so far. A special thanks to Uncle Stephen for fixing our disabled electric frypan and the sliding door lock. Mr. Fix-it to the rescue! Wednesday night meetings in Coffs continue to help new people establish in Sahaja yoga. Alfred came up from Newcastle to help with the programme, and we hope he enjoyed his visit as much as we did.

Some interesting stories -

One lady came to the programme from Hervey Bay Qld after talking to her friend from Coffs on the phone. Whilst discussing the upcoming sahaja seminar, the Qld lady suddenly got a vision of Sri Mataji, and got on the bus straight away to come down to Coffs Harbour to get her realisation.

Our friend John got his realisation last week. His heart chakra really cleared out and he got a lovely cool breeze. The next night he was in bed and could feel the heart clearing out again after getting a very strong vision of Sri Mataji. He felt above his head and the breeze was hot. He put his right hand over the edge of the bed and with Sri Mataji's image in his heart was able to clear out and got the lovely coolness again - needless to say, he is very impressed!

Mother is making Her Love felt so beautifully to us all - the job of destroying negativity is such a great one in this world, but Her Love and the Love we share together is surely strong enough to triumph.

Jai Shri Mataji!

love from Graeme and Helena.



Shri Mataji's Quilt News:

Another quilting bee day has been arranged - but you will have to be quick for this one.. 10 am tomorrow (Saturday 28th) at Ione's place... 7 Dowel Street, Chatswood. (Telephone: 415 1484).

PRE SCHOOL NEWS:

The children are making a wall hanging for Shri Mataji. At this stage we are sewing on beads. If you would like to come and help supervise the childrens' work it would be a great help. Any day of the week would be suitable (up to the 16th December). Please ring Joyanne 747 2820 (P.M.) or 747 4835 (A.M.)

Mind, Body and Spirit Fair.

Darling Harbor Convention Centre, Sydney November 18th - 22nd.

Each year the Mind Body and Spirit Festival is held at the Darling Harbor Convention Center in Sydney. In the New Age movement it provides a forum for many disparate groups to present their paths to the Public. For the public it provides a chance to experience many different alternate philosophies and spiritual paths in the one venue. If one is seeking then such a Fair provides an opportunity to maybe find that indefinable something driving ones seeking. Where there is a need the charlatans are sure to gather and prey upon the innocent. Many of these fake gurus and plastic people attend these Fairs charge exorbitant amounts of money, give nothing worthwhile in return and in many cases do real harm.

Due to the high costs involved in securing a site Sahaja Yoga has been in two minds for a number of years about getting involved in such a Fair. We are ever mindful that the money may be better spent elsewhere. Some were concerned that the kind of seekers who would attend such a Fair would be the burnt out type, tired after many difficult and damaging experiences. Some were concerned that should Sahaja Yoga the path of truth, compete at the same forum with many paths which are patently false and evil. These and many other thoughts were ever present, and in the past discouraged us from attending.

The Mind Body and Spirit Festival is by far the largest and best attended of the New Age exhibitions held within Australia. Earlier this year it was decided that we should get involved at least once, to gauge the response, and give the many seekers who attend these Fairs an opportunity to get to the truth. The tremendous success we experienced was beyond what anyone of us had expected.

The stand purchased was about 20 feet by 10 feet, each stand in the Fair was constructed from a standard gray partition material provided by the Fair Organisers. Our stall was decorated with beautiful red silk saris with gold embroidery. Photographs of Shri Mataji adorned the walls, along with a diagram of the Subtle

System, and some quotes of Shri Mataji. At one end of the stall was a simple Altar with a large photograph of Shri Mataji and a candle. At the opposite end was a table with a television playing Shri Mataji's video. The rest of the stand was lined with Indian carpets and was packed with small chairs facing the altar upon which people could sit to get their self-realisation.

On the Tuesday before the opening a number of Yogis assembled our stand and after doing the rounds of the other stalls were agreed that ours was the most vibrant, colorful and spectacular of the stalls, as well as the only one with good vibrations. The rest were a waste of space, with very hot and heavy vibrations and peopled by exhibitors who displayed no inner peace and had nothing to offer. Around our stall emanated a small whirlpool of vibrations and was surrounded by Sahaja Yogis who faces shone with the light of the Kundalini. Later many of the new people said they felt better just walking into our stall. They asked why this was so, we said once they received their realisation they would know.

On the opening night many people started arriving and walking around picking up material. Ramesh, one of the Organisers of the stall arrived and asked how it was going, to which the assembled Yogis said that things were progressing well. Many people had stopped to look and take the literature. How many people have had their realisation he asked, to which they replied that none as yet had come inside. That's not too good he said, as a seeker paused to read the information Ramesh approached him and asked him that rather than reading about it would he rather have his realisation, to which the seeker said yes. So he sat down and the Yogis started to give him his self-realisation. This opened the floodgates, as people walked past and saw others receiving their realisation they asked what was going on. After explaining how easily and effortlessly the Kundalini can be awakened enabling one to go into meditation they asked if they could have it too.

Many of the other stalls charged large amounts of money to even show people for a few minutes whatever path they were selling. Many of the people asked us how much we charged, we told them that you cannot pay for God. The people came in droves, very quickly crowds gathered around our stand, all of the chairs quickly filled with people receiving their realisation still more came, some sitting on the floor of the stand. We removed items from every flat surface, they sat on tables, then they spilled out into the adjacent hallway and they receiving their realisation sitting there, as this became filled others simply stood and received realisation on the spot. For the first time, for many of us, people

were queuing up and asking for their realisation.

Each of the Sahaja Yogis were positioned behind each of the chairs in the stand, as one person received their realisation they were given some literature, told that in order to establish their realisation they must attend a follow up course at their local center, informed of Shri Mataji's coming Tour and farewelled. As soon as a chair was vacated at that moment another would come to fill their place to also receive their realisation. It was a never ending stream of people, which stopped only at closing time. We were all busy giving realisation, one after another, the hours slipped past 4 or 5 hours felt like a matter of minutes. One lost track of the number of people who had received their realisation. At the end of the day many Yogis felt exhilarated and tired, many of the new people had taken in lots of rubbish before getting to our stall so lots of clearing out was taking place. We went home for long footsoaks and candle treatments but eager to come back. On subsequent days many of us carried lemons and made good use of candles to make the job a bit lighter.

On the Thursday night the Sahaja Yoga musician took centre stage at the Exhibition to perform for the assembled crowd. They only had a limited time about half an hour so they got straight into it. In no time those on the stage, in the crowd, and in the stalls were up on their feet and dancing. About 70 Sahaja Yogis had come to attend the concert and they were dancing too. Soon everyone was as one enjoying this Divine music and enjoying the Divine vibration flowing all about. At the end of the concert there were calamitous applause and shouts of more, more and more rang out in the hall. After the concert the assembled Sahaja Yogis then gathered outside the stall helping out, everyone being too excited to leave.

If the week days were busy Saturday and Sunday were even busier. The crowds receiving their realisation filled our stand and started to again occupy the hallway, standing, sitting, finding any available vantage point in order to receive their realisation. Word must have spread throughout the Fair about the reality of what we were offering because soon we started to give realisation not only to new people but to the exhibitors who were manning the other stalls, some commenting that even they could feel something.

We had about 10 small chairs inside the stand upon which people

sat, during the weekend each of these were in constant use, at some stages as a seat became vacant a few of the new people were competing in who could get to the available seat first. It seemed amazing to many of us that here we were with new people eager and keen to get their realisation, rather than the other way around.

At any point in time about 10 - 15 Sahaja Yogis were in attendance and as word spread throughout the collective about the response many Sahaja Yogis came to relieve those who had been there for long periods of time. The success of the fair could not help but fill all the Sahaja Yogis with tremendous excitement and enthusiasm. Some Yogis who maybe lacked a bit of confidence in speaking to new people and giving realisation all said that to do so at the Fair was effortless. This really helped many Yogis in gaining confidence in the use of their spiritual powers. Some commented that over the last few days they had given more people their self-realisation than over the preceding number of years.

On Saturday and Sunday, on a one to one basis about 50 to 60 people received their realisation every hour. On Saturday and Sunday around 1000 people received their self-realisation with the direct help of the Sahaja Yogis. For the 5 day duration of the fair between 1500 - 2000 people received their self-realisation. The rush of people made it impossible to keep accurate numbers. By Sunday night we were running out of literature to give out, and mailing cards for people to fill in. As closing time came for the Fair people still kept coming. We went into closing time and continued giving the remaining people their realisation. As we continued into closing time the Organisers turned the power off. Still some more people came, these last people had their Kundalini raised to the sounds of hammers and drills as the Organisers began to pull the stand down around us. The last lady opened her eyes to find the stall which had been there when she arrived no longer present.

Thus ended the Mind Body and Spirit Fair, something many of us felt outside of Public Programmes with Shri Mataji had been one of the most dynamic and rewarding experiences we have had with new people. Hopefully some of these will follow up and come back to the centers to establish their gift from the Adi Shakti, or come and see Shri Mataji for herself in February.

Chris