

1. Sahaja Newsletter

APRIL 9th '93

FROM THE ESSENE BOOK OF JESUS
THE SEVENFOLD PEACE

And seeing the multitudes, Jesus went up into a mountain, and his disciples came unto him, and all those who hungered for his words. And seeing them gathered, he opened his mouth and taught them, saying:

*"Peace I bring to thee, my children,
The Sevenfold Peace
Of the Earthly Mother
And the Heavenly Father.
Peace I bring to thy body,
Guided by the Angel of Power;
Peace I bring to thy heart,
Guided by the Angel of Love;
Peace I bring to thy mind,
Guided by the Angel of Wisdom.
Through the Angels of
Power, Love and Wisdom,
Thou shalt travel the Seven Paths
Of the Infinite Garden,
And thy body, thy heart and thy mind
Shall join in Oneness
In the Sacred Flight to the
Heavenly Sea of Peace.

Yea, I tell thee truly,
The paths are seven
Through the Infinite Garden,
And each must be traversed
By the body, the heart and the mind
As one,
Lest thou stumble and fall

Into the abyss of emptiness.
For as a bird cannot fly with one wing,
So doth thy Bird of Wisdom
Need two wings of Power and Love
To soar above the abyss
To the Holy Tree of Life."*

Contributions:

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EASTER PUJA IS AT 11.30 AM, EASTER SUNDAY
AT BURWOOD ASHRAM

SAHASRARA PUJA AND SEMINAR - GIDGEGANNUP W.A. 1993

Dear Overseas and Australian Sahaja Yogis,

Frank and Jo and the Perth Collective extend to all an invitation to enjoy Sahasrara Puja at Gidgegannup - the gateway to Ganesha's land - during the weekend of May 7-9th 1993. There will be a public programme on the preceding Tues 4th and a follow-up on the Sat for new people.

Those of you who have already been to Gidgegannup will know the experience is like a mini India Tour - the dust is the same colour, but the wonderful western May weather will hold this down. Accommodation will be camping style, undercover, in the partially completed ashram, which will be weatherproof this time.

Average May temperature: max 21.4 C min 10.3 C

Sunshine: 5.9 hours per day

Average May rainfall: 170mm over 13 days

There are swimming and boating facilities nearby as well as plenty of bushwalking and places to sit in the 5.9 hours of sunshine and catch up with the news.

The site of Gidgegannup is approx 45 minutes drive from Perth city and is a very auspicious place with beautiful vibrations, which will increase considerably as more of our brothers and sisters visit.

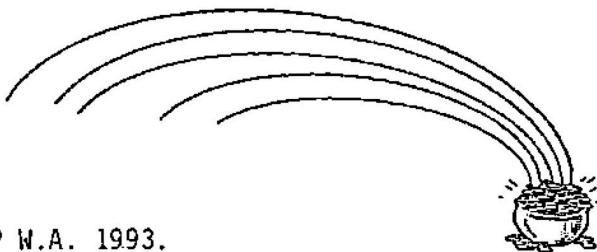
If you would like to come earlier and stay longer you will be billeted with the Sahaja Yogis around Perth and looked after very well. Your transport around and about will also be taken care of.

Enclosed is a registration form which we hope you will photocopy for as many people who need it.

We look forward to enjoying your company during Sahasrara weekend 1993.

PROGRAMME:

Tues 4th May	Public Progamme, Perth
Wed 5th May	Havan
Fri 7th May	Registration, bhajan evening.
Sat 8th May	Follow-up seminar, children's programme Entertainment evening
Sun 9th May	Sahasrara Puja



SAHASRARA PUJA - GIDGEGANNUP W.A. 1993.

Stephan Taylor is looking into cheaper group airfares at the moment....so keep watching this space..

SAHASRARA PUJA WEEKEND - GIDGEGANNUP W.A. 7th - 9th MAY 1993

INFORMATION, REGISTRATION and TRANSPORT FORM

The camping space within the Ashram will be available from Friday 7th May. The weekend will begin with bhajans and meditation in the evening on Friday and will conclude with a meal and tidy-up after the Puja on Sunday. Anyone wishing to come early and stay later will be accommodated in Perth and have transport arranged for them to Gidgegannup. It is important that you send us your transport details on the lower form so that we can ensure you are picked up on time.

You will need to bring camp style bedding if this is possible, if not let us know and we will arrange something for you. Mattresses will be provided for interstate and overseas guests.

The cost of \$70/adult and \$15/child covers all food, Dakshina etc.

All enquiries to Jo Reid (09) 574 6011.

Please make all cheques payable to Sahaja Yoga.

Registrations to be received by 15.4.93.

REGISTRATION FORM (please send this ASAP, with Transport form later)

NAME/S _____

No. of Adults X \$ 70 = \$.....
No. of Children X \$ 15 = \$.....

Total enclosed \$.....

Send REGISTRATION FORM to:
RIC LUM
8/95 CANNING HWY.
STH. PERTH
W.A. 6151
Fax: (09) 367 1580

TRANSPORT NOTICE

NAME/S _____

I / We will arrive in Perth on (date)..... (time)

Send TRAVEL NOTICE to:	(Airline)
RIC LUM	
8/95 CANNING HWY.	(Flt. No)
STH. PERTH	
W.A. 6151.	departure:
Fax: (09) 367 1580	(date)..... (time).....



B.B.Q. and Bhajans.

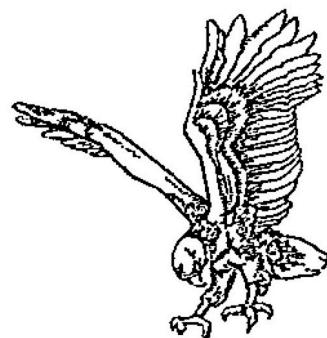
Croydon Ashram is having a B.B.Q. and Bhajans this Saturday, 10th April, starting 5pm. If coming, please let them know before 10am Saturday (that's when they go shopping). Also, Ashrams coming, please check with Croydon regarding the bringing of salad and drinks.

2 Monash Pde. Croydon. Phn. 745 2393.

'SAHAJA' is a sustained condition of enlightenment in which empirical knowledge appears vain and inferior, life appears superior to logic, and timelessness cuts across time. It is not consciousness of one particular level, but an awareness of the totality of being.

Described by J. S. Neki, one of India's foremost psychiatrists.
From an article titled A Shared Worldview, Torrey, E.F. 1986,
Jason Aronson Inc., New Jersey, America.

Submitted by Sandra Grant, Coffs Harbour.



NEWS FROM U.S.A.

Good news from the U.S.A. There are signs that things are improving in terms of public interest in Sahaja Yoga. For instance in Larchmont, N.Y., 15 people attended a meeting that was not advertised except by free means.

JAI SHRI MATAJI

Programmes going very well in Darwin with renewed zest after Maha Shivatri Puja.

We had our first full and complete puja for our Holy Mother's Birthday on the 21st. From the moment we lit the oil lamps they burnt a pure white, it was so noticeable. We sang songs as best we could remember and had a wonderful time for 2 1/2 hours, just 3 of us!. We could feel the whole Universe rejoicing with us.

The very next evening I dreamed Shri Mataji came to our caravan and had a nap on our bed. Every day a blessing.

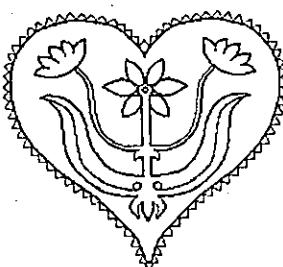
We are holding programmes at:

The 'Tardis' Youth Centre
11 Malak Cres
MALAK DARWIN

On Tuesday & Thursday evenings at 7.30pm.

Our address is:

Site 21 Malak Caravan Park
McMillans rd
DARWIN NT 0812
Tel: 089 274 665



For the prasad cooks I found a very tasty, easy to make & non sticky recipe:

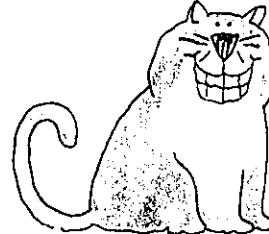
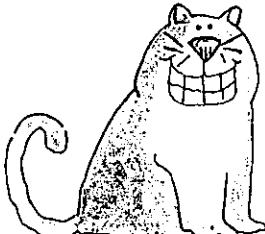
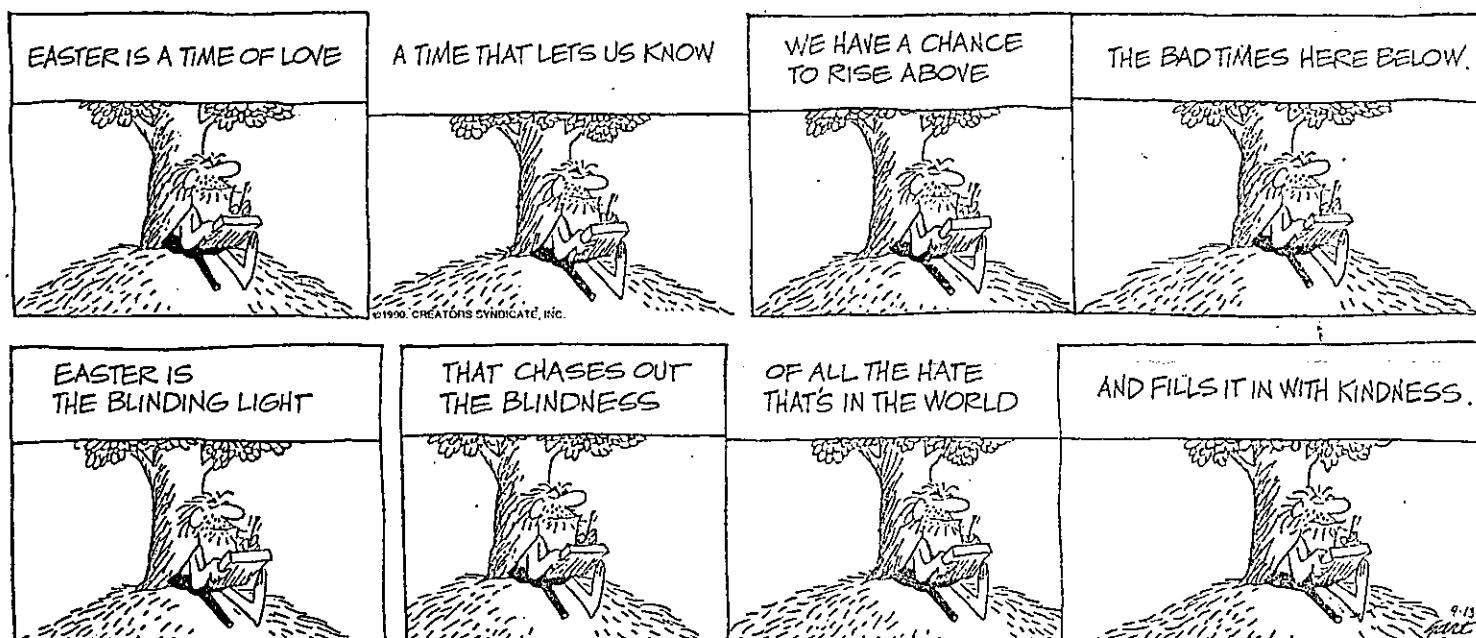
CHOCOLATE CHIP MACAROONS

3 egg whites beaten to soft peaks.
Gradually add 3/4 cup of caster sugar & beat till dissolved.
Stir in 3 cups of coconut & 1 cup of chocolate bits.
With wet hands form into teaspoon rounds.
Cook in a moderate oven on greased tray for 15 mins.

Till next time, love to everyone.

Linda.

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• FROM PERTH NEWSLETTER 1-4-93

BIRTHDAY PUJA TALK

Until we can get an official synopsis here are some of the points that Shri Mataji made in Her Birthday Puja talk:

- .we are the channels to work the world out now
- .we have to decide to work for Sahaja Yoga now, go ALL OUT, organise meetings, give Realisation to workmates and friends
- .take to creative work
- .cure people, use Mother's photograph, don't touch new people
- .see that our children grow up properly in Sahaja culture
- .have good family life, give up small, small quarrels
- .wear what suits us and the climate and not look out of place
- .read newspapers, especially ladies, our attention will work things out
- .meditate at least 15mins every day, shoebeat ego
- .don't waste time and energy on people who argue and are not really seekers - leave them to Mother
- .keep a diary and record how many people we have given Realisation, our plans for spreading Sahaja, cures etc
- .write books, poetry

At Her birthday puja, it was announced that Shri Mataji's husband was also born on March 21, as was Her son-in-law, who received his Realisation with his wife three days after the Puja.



SAHAJA YOGA IN N.S.W. SCHOOLS

Just a word about the ongoing Sahaja Yoga "Scripture" Class being held at Dobroyd Point Public School every Wednesday morning. Although the numbers are dwindling due to the great number of children now at India School, we are pleased to report that we now have three children from non-Sahaj families who are attending our Scripture Class. One young girl is quite amazing, and although her mother isn't practising Sahaja Yoga on a regular basis, she does try to meditate from time to time and has Shri Mataji in her attention. The second girl came through this girl and her mother, and the third, a boy from Anand and Niraj-Dev's class, another born-realised soul, is coming due to his parents knowing other Sahaja boys and also their concern for his over-active right side. All parents are completely aware of what we're about and indications are that they will probably come along themselves one day.

On another note, Anna from Gosford East has embarked on a project along these lines. She is preparing to write to the schools in her area to ascertain the possibility of Sahaja Yoga "Scripture" Classes in those schools. There aren't necessarily Sahaja Yoga children in those schools, and her enthusiasm and optimism certainly reflects what all of us have been feeling. That is, it's time to spread Sahaja Yoga through all available avenues. Could we have this in our attention and keep it in bandhan to support her efforts?

We might consider the possibilities of a similar project in the Sydney area. Sahaja Yoga is a recognised religion within the N.S.W. Department of Education, and as such, can be provided in the regular allotted "Scripture" time of any public School in N.S.W. All we need is yogis/yoginis to give one hour of their time each week toward the effort.



BRISBANE NEWS,

The Brisbane collective will be holding their major public programme at the Brisbane City Hall, on 14th April '93, at 7.30pm. They will be using a big screen and video. They would like your bandhans for lots of seekers, (the hall holds 200 plus). ALL WELCOME, anyone going to Brisbane?

8.

THANK YOU

Dearest Mother, how do we begin to thank You?

The gifts and blessings You shower on Your sons and daughters have surpassed all of our dreams.

We now have the added joy of seeing and feeling Your divine reflection in all of Your beautiful children.

Some of us are placed by You into a larger collective where we are so blessed to be constantly in the company of specially chosen saints.

For others, our role in the divine play has us living in more isolated areas. For us the joy of physically coming together with our brothers and sisters for the recent Shivatri Puja was beyond description - like a long cool drink of water after wandering in the desert.

On behalf of everyone fortunate enough to make it to Sydney recently, may we express our sincere gratitude to You for a wonderful weekend.

The love and deep concern to make everyone so comfortable and welcome, even to the point of arranging transport to and from the airport, was most appreciated.

The "spontaneous organisation" in arranging the venue, Mothers room, the pendel, food, puja requirements, music, cleaning up, etc. deserves the highest praise and was a credit to everyone involved.

The tremendous joy of sharing Mothers vibrations, the majestic dignity of the ladies, the loving left side of our brothers and dharma of our other great blessings, the children, all had us bathing in the great joy of Sahaja Yoga.

Lord Shiva must surely be pleased to see so many truly great saints - as the prayer which has been offered so many times is finally coming to fruition...

"THY WILL BE DONE ON EARTH AS IT IS IN HEAVEN"

Jai Shri Mataji
Jai Sahaja Yoga

Love Sno.



Greetings from
CAIRNS