

The work will begin in earnest as soon as we have council approval. Brian Fitzpatrick is the Project Manager so please phone him to offer assistance.

Plans are also underway for the building of the toilets and change room building and the essential but less visible wastewater treatment plant. There also seems to be a consensus that if we can enlarge our existing Meditation Hall to accommodate all of those who will come for the Mahashiviratri Puja, then the money we save by not hiring a tent pendle will be well spent on a building that will serve our purposes and which will embody the vibrations of Shri Mataji's presence.

It is expected that the water bore will be sunk during the month of November. It would be a good idea if a small Bhoomi Devi Puja was done before the drilling commences. Just whoever is there at the time - or maybe during Diwali Puja weekend.

Work has begun on the preparation of the Country property at Balmoral for Shri Mataji's visit. This week the blueberry paddock will be ploughed level. It is hoped the work will be finished before Diwali Puja.

## THE BALMORAL PROJECT

This seminar will be dedicated to preparation - inward and outward - for Shri Mataji's tour. There will be a Havan, Puja, Bhajans, singing, dancing...pizzas and much much more! Come and be part of the future!

**BALMORAL SEMINAR, Fri 19th - Sun 21st November**


Cost: \$108.00 per adult  
\$ 65.00 pensioners/ higher students  
\$ 21.00 school age  
\$ 0.00 up to 5 years free.

NB Please bring your own plate, bowl, cup, knife, fork & spoon, as these items are limited. Bedding or sleeping bags will be required. (Mattresses & pillows on site). Any further inquiries can be made to Robert Henshaw 03 5976 2116.

**DIWALI PUJA, VICTORIA.....**

Pack up & departure.

(continued inside)



# Australian Sahaja Newsletter

**Contributions:** 29th Oct 1999  
Lidcombe: 02 9649 6879  
Burwood Fax: 02 9745 4927  
email:

## DIWALI PUJA

The Victorian Collective invite all the Sahaja Yogis to join us in celebrating Diwali Puja from Friday, November 5<sup>th</sup> pm to 7<sup>th</sup> pm. at Warranga Recreation Camp at Rushworth in rural Victoria (near Shepparton).

<b>Program:</b>	Friday:	light dinner/registration Evening meditation
	9pm	
	Saturday:	
	6am	meditation
	7 - 8am	breakfast
	Freetime	
	10am-12pm	Seminar
	1.00pm	lunch
	3pm	Havan
	6 - 8pm	Puja
	++ Entertainment Program to follow Puja dinner+++	
	Sunday:	6/7am meditation
	8am	breakfast
	9am	Seminar
	12 - 1pm	Lunch

Michael

Contributions can be sent at any time to:  
Mrs Radhika Richardson  
195 Burwood Rd  
Croydon Park NSW 2133  
and cheques be made out to "Life Eternal Trust" for deposit in the Country Property Account. Receipts will be issued and if our application for the "tax deductability to an approved building fund" is approved your contributions should qualify.

Please help us enrich and improve this wonderful property we own. Have a look in your piggy banks, let the moths out of your wallets and purses and remember this will be a permanent testimony to the work we do for Shri Mataji and for the benefit of our children and their children.

Remaining work to be finished		
6. Enlarge Meditation Hall		
7. Covered way to toilets		
8. Some grounds and carpark lighting		
9. A little bit of landscaping		
10. Marking boundaries and bays of carparks		
11. Improve cooking area		
4. Insurance renewal	Available	say 2,000
5. Toilets building	Available for building	say 38,000
1. Water bore + pump + electrical + tank		say 14,000
2. Plough and level blueberry paddock		say 1,000
3. CSR/Humes Envirocycle wastewater treatment plant		say 17,000
TOTAL so far		say 32,000
Available in country property account		72,000
Balance		say 40,000

It will be no surprise to our dear readers to learn that this is all going to cost money. Brian and Paul Henwood and I shall be doing all within our powers to make our dollars work as hard as possible, both from our own contacts and discount supplies and by our approach to the economy and buildability of the project. But here is our idea of expenditure up to the time of Shri Mataji's visit.

## THE MONEY

### NEW PROGRAMS

#### Youth program

Wednesday night, 7:30 pm  
56 Moseley St Strathfield (near train station).

#### Liverpool

Sunday 9:30 - 11:00  
132 Moore St Liverpool (Cnr Castlereagh St)

#### Campbelltown

Sunday 12 - 1:30 pm  
Campbelltown City Library

**CONTACT AVINASH:** 9747 4835 for details of above.

### SELF-REALISATION WEEKEND - BELLINGEN

Everybody knows about the beautiful mountains and the green valley of Bellingen. This special place has been blessed by the grace of Shri Mataji as **more than 200 people received their self-realisation** at the Global Carnival Sahaja stand attended by 15 Sahajis from NSW and Queensland. Everything was nicely organised by Graeme and Helena who welcomed us in their home every night.

Firstly it was great to be available for this many seekers and agreeable to be **bathed in music from every part of the world** of every style from flamenco to rock with top quality music groups. Ninety percent of the music groups were of top quality with styles from aboriginal tribal music to African, Brazilian, jazz, western and Indian classical (sitar, tabla). Only the Sahaj Music of Joy was missing!!

I remember three **children** who came to our stand. They sat down, we showed them how to raise their kundalini. Immediately they could feel the cool breeze. We heard later that the father already got his realisation 2 years earlier at the same festival. Many other children came by themselves also, spontaneously to get their realisation.

Two young ladies working for the local radio came to do a report about our stand and decided to first try our meditation. After having crossed **the Door to the Silent Kingdom of Heaven** they simply forgot that they had some questions to ask! No doubt they did a report about the Sahaj stand that made people thoughtless.

On Monday morning, a puja was celebrated with the Coffs Harbour Collective.

NEXT: From December 26th to 30th, Sahaj Meditation Booth at the **Woodford World Music Festival**, near Wamuran. (5 days, cost about \$100).  
Contact for bookings: Max Liebermann on **9664 8712**  
See you all there. Jai Shri Mataji.

Jean Michel



## LIFE ETERNAL TRUST VIDEO

49 Sevenoaks Road  
Burwood East VIC 3151

The video service now has a new home and most subscribers have received some new tapes recently. Now that the back log is being cleared, the ordering system will be open to anyone wishing to purchase Shri Mataji's video, and other Sahaja Yoga videos when they are available or to order past copies right back to the early 80's as available.

If you wish to make an ongoing order please contact Robert Henshaw care of the above address or phone on 03 5976 2116 or email [colaramavideo@bigpond.com](mailto:colaramavideo@bigpond.com). You may choose all pujas, or all pujas & other tapes which include entertainment programs and seminars etc.

If you would like to order any older tapes or any tapes available on the attached please write at the above address, email ([johnnoyce@hotmail.com](mailto:johnnoyce@hotmail.com)) or phone John Noyce on 03 9802 2749.

If there are any other issues you would like to discuss please call the Coordinator Peter Corpe on 03 9726 9201 AH.

The cost for the Tapes will remain at \$32.00 plus \$4.00 postage & packaging.

All subscribers will be receiving a letter and statement shortly detailing any credits or outstanding balances.

Everyone should remember that this is a voluntary service, and is there to assist Sahaja Yogis in hearing Shri Mataji's message.



### Dear Sahaja Yogis

#### Greetings from New Zealand!

We would like to share with you our joyful experiences. Last weekend (16-17 October) local Sahaja Yogis went to New Plymouth to take part in a conference organised by Holistic Nurses of New Zealand. The conference took place in neighbourhood of the mountain Taranaki, believed by the locals as a source of spiritual energy. Our Sahaja brother from Australia, Dr. Ramesh Manocha, was a keynote speaker there presenting "Sahaja Yoga Meditation for Asthma Sufferers". Dr. Manocha was invited to this event already last year when a similar conference was organised in Sydney.



The event took place in a "marae" - a Maori gathering place. Because of the traditional character of the place we were welcomed by the elder members of Maori tribe with a "hongi" (greeting by touching with foreheads and noses). The greeting was followed by a speech from an elder Maori. He wanted to express the feelings of his society and told us about his ancestors and about the tree that symbolised the life of the Maoris which was cut by the white people. He was very emotional and tears were falling from his eyes. His speech was followed by a greeting song from which we felt immense vibrations.

After his address, our leader, Mr. Geoff Platford, expressed thanks and respect to the Maori speaker and we took the opportunity of being allowed to sing a song for the hosts. We all stood up and with great pride in our hearts sang Our Mother's Three Great Mantras.

That was really moving opportunity to be able to sing it in the Maori worship place. And this was just a beginning of new era ....

Sahaja Yoga presentation started in the early afternoon. Dr. Manocha explained the influence of Sahaja Meditation on health using scientific research methods. People were very interested in the topic and they asked all kinds of questions related to meditation and health. Afterwards Dr. Manocha moved to the metaphysical experience of Self Realisation and about 150 people got their second birth. Since that time peoples' hearts started opening and we all enjoyed the small workshop groups trying to feel more and more vibrations. After the workshop we shared a Maori style meal together and all Sahaja Yogis went back to motel enjoying the happenings of whole day. That evening, we strengthened our vibrations by offering puja in the Lotus Feet of our beloved Mother.

Next day Dr. Manocha started the workshops with meditation followed by working in small groups. The atmosphere was very informal and friendly. Unusual glow was showing on their faces. One Maori lady was positive that this experience is what she has been waiting for long time. There was a clear interest in the subject and Sahaja Yogis were further invited to come again to this place.

After the conference all the participants sat down together to share their personal reflections about the event. Relating to this nice weekend people were telling about great "generosity of spirit" which they felt. One lady quoted a citation which she found beautifully reflecting this time: "Be still and listen, God speaks to the silence of your heart".

The same Maori person who gave speech in the beginning was so moved that he wanted to express his pure feelings to us by singing a piece of well known song "I just call to say I love you". This time he was looking very happy and joyous - no more sadness, no more tears.

Our hearts were filled with great joy seeing how these people are correctly reading

## LET VIDEO AUSTRALASIA - LIST OF AVAILABLE 1998 TAPES

75<sup>th</sup> BIRTHDAY PUJA Delhi 21/3/98  
75<sup>th</sup> BIRTHDAY'S FELICITATIONS Delhi 20/3/98  
EASTER PUJA Istanbul, Turkey 19/4/98  
SAHASRARA EVENING PROGRAM Cabella 9/5/98  
SAHASRARA PUJA Cabella 10/5/98  
ADI SHAKTI PUJA EVENING PROGRAM Cabella 20/6/98  
ADI SHAKTI PUJA Cabella 21/6/98  
GURU PUJA EVENING PROGRAM Cabella 11/7/98  
GLRU PUJA Cabella 12/7/98  
SHRI KRISHNA PUJA Cabella 16/8/98  
SHRI GANESHA PUJA EVENING PROGRAM Cabella 4/9/98  
SHRI GANESHA PUJA Cabella 5/9/98  
NAVARATRI PUJA EVENING PROGRAM Cabella 26/9/98  
NAVARATRI PUJA Cabella 27/9/98  
DIWALI PUJA EVENING PROGRAM Novi Ligue 24/10/98  
DIWALI PUJA Novi Ligue 25/10/98

### INDIA TOUR 1998:

Tape 1: 'The Elements' (talk) + giving realisation (Hindi) + music  
Tape 2: From Delhi to Ganapatipule (music)  
Tape 3: Christmas Puja Ganapatipule 24/12/98  
Tape 4: Performance (dance and music)  
Tape 5: Raga for every chakra -- Arun Apte + Talk

Price per tape: \$32 + \$4 p+p(Australia)(Overseas rates on application)  
Cheques payable "Life Eternal Trust Video"

### Available from:

LET Video

49 Sevenoaks Road, Burwood East, Victoria 3151

Delivery within 21 days (in Australia)

Enquiries: John Noyce 03 9802 2749 Email: [johnnoyce@hotmail.com](mailto:johnnoyce@hotmail.com)

Standing orders: Robert Henshaw 03 5976 2116/ fax: 03 5975 9332

Email: [colaramavideo@bigpond.com](mailto:colaramavideo@bigpond.com)

the Divine message of vibrations. Mr. Geoff Platford (our leader) then summarised the event relating to the tree in which Maori people believe as a symbol, that now they got the seed of this tree which is sprouted and a great potential is there in them by which they can manifest themselves and become the symbolic tree of their heritage.

The atmosphere was really great and one felt that speaking of unity and brotherhood between people of all origins is not empty words anymore. In fact, thanks to Our Mother's love and compassion, we all speak in one universal language - the language of vibrations and love which comes from the heart. Participating in this event, many of us felt that it was a good sign, and that the vision of Shri Mataji, of all people getting what is theirs, is being fulfilled by the great act of the Divine Power itself in such a beautiful manner.

We all were happy to be there to witness these moving moments and that was perhaps our best reward. We enjoyed greatly the time spent together. As a pure expression of hosts' gratitude Mrs. and Mr. Manocha received flowers and hand-made gifts. All Sahaja Yogis also received hand painted Maori souvenirs. (On a personal note, I mentioned about this event to a local Kiwi lady who has just received realisation here in Palmerston North, and she told that Maori people do not share gifts just like that. You must have given them something really great which they must have felt by heart!)

Summarising, the whole weekend was a beautiful experience for all of us. Everything seems like arranged by Param Chaitanya in one meaningful picture: all what happened, all symbols, songs, poems and the place itself. Even the logo of the Holistic Nurses, about what they don't know, pictures part of Sahaja reality. As they describe it "the logo represents the caring focus of nursing, the flow of energy, healing and growth".



They do not realise how much it is true. It was later found that, in fact, Maoris have their own word for describing this benevolent energy - vibrations, which is "ngatari".

Every moment was directed: we have seen the change in people - from tears to joy, from suspicion to trust, from division to unity in spirit. We wish ourselves more such spontaneous events where people could desire the Truth and join us at the Lotus Feet of Our Divine Mother.

With love,

Dorota Mularczyk

On behalf of New Zealand collective