

Sahaja Newsletter

27th March '92.

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are like the pleasures of the world.
—William Shakespeare

Shri Mataji in Hong Kong



FORGIVENESS

If you haven't forgiven yourself something, how can you forgive others?

—Dolores Huerta

Forgiveness has to start with the self. To forgive ourselves does not mean that we condone or support everything we have done. It means that we own it. We claim it. We accept that we were in the wrong, and we move on.

Often, when we recognize that we are in the wrong, we slip into our self-centeredness, becoming so absorbed and arrogant in berating ourselves that we never quite reach a stage of forgiveness. To forgive we have to let go and move on. If we do not know how to do that with ourselves, we can never forgive others.

"To err is human, to forgive divine." To forgive myself and others is divinely human.

Felicitation Programme - 22nd March

The Felicitation Programme was held in the Shri Fort Auditorium which is a very well known auditorium in Delhi. There were about 3,000 people who attended. Yogi Mahajan, Guido and Rajesh Shah spoke about Shri Mataji. This was followed by a talk by Shri Mataji.

After this Hemlata sang in praise of Shri Mataji which was followed by a classical recital by Debu Chaudhary. Shri Mataji was very pleased with the whole programme. A book and a souvenir was also published on this occasion.

Shri Mataji put on the ring presented by Australia and was **very happy** with it.

Public Programmes in Delhi and Around

The recent public programmes of Shri Mataji in Delhi have witnessed unprecedented numbers of seekers getting their self-realisation. On the 23rd March there was a programme in the Tohini Complex in Pritampura. There were about 15,000 people who attended the programme and all of them got their self-realisation. Other programmes to be held this week are :

- 25th - Gaziabad
- 26th - Noida
- 27th - Faridabad

Another interesting piece of information is about a Sahaja Yogi who is associated with a Cable TV network. The network serves about 25,000 people. The Sahaja Yogi runs tapes of Mother's programmes for about one hour every day.

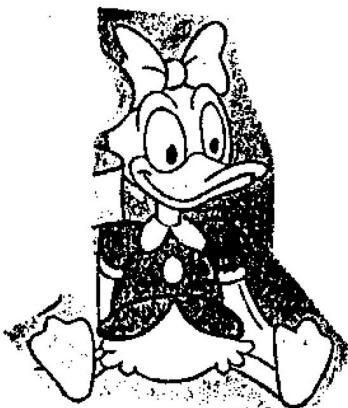
Russian Embassy

Shri Mataji went to the Russian embassy. The Russians are very happy with the work Sahaja Yoga is doing in Russia. They have offered to co-operate whole heartedly to provide whatever facilities required for Mother's programmes in Russia. Also they have issued a multiple entry Visa so that Mother can travel whenever or wherever She wishes in that country.

Pujas

Easter Puja - 19th April

Sahastrar Puja - 10th May



"Hot Gossip" column
Australian Women's
DAY" MARCH 31, 1992

Prince Charles was almost taken in by a bogus guru on his recent trip to India. Known for his fascination with mystical happenings, the prince wanted to visit self-acclaimed holy man Saibaba. But when palace officials checked him out they were told, "Saibaba is not all he appears to be. For the prince to have a meeting with him would be frivolous, bordering on stupidity."

VIDEO NEWS

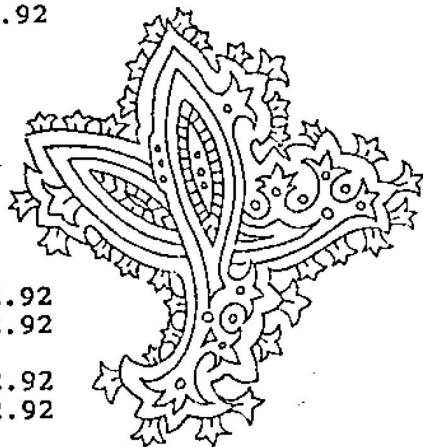
The following tapes are now available in the video library. They have been transferred from the American format, so this is the first time they have been seen outside of America.

| | | | | |
|----|---------|------------------------------------|----------------------------------|----------------------|
| 39 | AMERICA | New Jersey, | Sahaja culture & ego | 26.10.85 |
| 40 | AMERICA | New York, | Shri Vishnumaya Puja | 08.08.87 |
| 41 | AMERICA | San Diego, | Shri Buddha Puja | 23.07.88 |
| 42 | AMERICA | California, | Shri Devi Puja Raksha Bandhan | 28.05.90 07.08.90 |
| 43 | CANADA | Lions Bay, Vancouver *Pengie | Shri Saraswati Puja | 11.08.90 |

1992 AUSTRALIAN TOUR

Orders are now being taken for this years tour. The following tapes will be available to order. Interstate orders will get priority to begin with. Please pick up an order form on a Friday night at Burwood. (All interstate newsletters will get an order form with this weeks issue).

| | | | |
|----|--|--------------------------|----------------------|
| 1 | Maha Shivratri Puja | Newcastle | 29.02.92 |
| 2 | All Puja talks | | |
| 3 | Informal talks tape 1 | Australia | |
| 4 | Informal talks tape 2 | Australia | |
| 5 | Informal talks tape 3 | New Zealand | |
| 6 | Public Program Public Program | ~ ~ ~ ~ ~ Canberra | 08.02.92 12.02.92 |
| 7 | 1st Public Program 2nd Public program | Melbourne Melbourne | 14.02.92 15.02.92 |
| 8 | 1st Public Program 2nd Public Program | Brisbane Brisbane | 19.02.92 20.02.92 |
| 9 | Public Program Public Program | Auckland Christchurch | |
| 10 | Public Program Public Program | Newcastle Wollongong | 28.02.92 04.03.92 |
| 11 | 1st Public Program 2nd Public Program | Sydney Sydney | 02.03.92 03.03.92 |



Also this year we hope to put together a guide to the contents of all the videos so that tapes for beginners, more advanced and old Sahaja Yogis can be easily found. In this way, if we are doing a program on, for example, the heart we can go to this catalogue and find out all the talks Shri Mataji has given on the heart and how much depth and detail the talk goes into.

To this end we would like some volunteers to watch one video a week and fill in an information sheet afterwards. If anyone is interested in helping with this huge project please contact Helen at Burwood or the ladies in the video room on a Friday night.

Dear Brothers and Sisters,

Thank you all for your kind thoughts and words of encouragement and thanks for this humble newsletter.

Shri Mataji's recent Australasian Tour was a fantastic success. Many Yogis toured with Shri Mataji the length and breadth of Australia. The Seminar weekend was centred around the Shivratri Puja. It was a truly wonderful experience for both established and newer Yogis.

Many people are revealing their thoughts and experiences to each other as they sit around the table at home and sip tea. Unfortunately many of us miss out on hearing what, I believe, is the essence of the Tour, i.e., What we saw / What we felt / etc.

The success of this Newsletter is the result of people like you putting pen to paper and sharing your thoughts. So many Yogis who read this Newsletter are isolated from the collective or even overseas. They would benefit greatly and enjoy hearing all the stories.

It doesn't need to be "Mother said ...". It doesn't need to be Blake or Shakespeare. It will be full of vibrations and desire to share our experiences.

Please write - we want to enjoy our family's joy.

P.S. Overseas readers: Who are you?
Where are you?
What's happening in your corner of the world?

CONTRIBUTORS - Please Note:

Please do not fax any more contributions or telephone Sue Raggatt at work (she has resigned from Telecom and she will not be there to take them).

All faxes should be sent to Angelina on 745 4562. Please note numbers on front page.

GARAGE SALE

Saturday 11th of April - Burwood
All contributions welcome.
Proceeds to video library upgrade.



BLAND STREET ASHRAM

THERE ARE QUITE A FEW VACANCIES AT BLAND STREET ASHRAM AS THE PRE-SCHOOL IS MOVING TO BURWOOD. WE ARE LOOKING FOR 3-4 ADULTS. CAN BE FAMILY, SINGLES ETC... INTERESTED! PLEASE GIVE US A RING AT BLAND STREET ON 798 6779. WE WOULD LOVE TO HEAR FROM YOU!

JAI SHRI MATAJI

Monday 16 March 1992

Dearest brothers and sisters,

Four years ago I spent time in Hong Kong and Macau. For me the most significant aspect was seeing the Chinese people, and realising their great qualities and the sadness of not being able to feel their presence in the collective body of Sahaja Yoga. I felt such a longing for them to come to Sahaja Yoga, so that we could really be brothers and sisters. I remember being on the deck of a high-speed ferry entering HK harbour, and pouring vibrated water into the South China Sea, and wondering how it would all work out. Being here now Shri Mataji has blessed us with the most wonderful experiences you could ever imagine.

I felt it would be good to write to you while this momentous weekend is still fresh in our memories.

The lead-up to Shri Mataji's visit was enormous. So much to be done and somehow it all fell beautifully into place, although there is always that wish that we'd been able to do just a bit more posterizing, or placed one more ad... The venue we eventually found was the same used by Shri Mataji a few years ago. Seats 350 and had been redecorated in the meantime. Alex performed miracles on the telephone arranging radio interviews for yogis. I was interviewed over the phone on Radio 3 (sounding very Australian and high-pitched), it went well and I scarcely let the interviewer get a word in edgewise. Freda and Candy were interviewed on a Chinese station which was very successful and brought many people to the programme. We went posterizing at night in the rain. We painted banners and had Shri Mataji's face screen-printed onto them, and put them up. The girls helped with the handbilling and were more successful than the adults (much to their delight). The Chinese Yoginis got really involved and excited.

Harald from Taipei, and Ursula and Greg from the States arrived on Thursday night. Sarvesh had come that day. Alex and Harald went posterizing. Next morning a call from Stephen told us of Shri Mataji's request to change hotels. Actually we would have had to anyway. Our visitors stayed at the YMCA on the Thursday night and said that the renovation noise was too much. (We booked the Y only after first checking with Shri Mataji in Brisbane). We were much relieved that it had become necessary to change Shri Mataji's accommodation, and of course immediately thought of The Peninsular which is right next to the YMCA. Alex and John went straight over and met Ursula and Gary. They checked out the Pen, also Regent and a few others. The executive suite at the Peninsular was beautiful and the coolest, and with a good discount and some generous assistance from Australia (including some large individual contributions) and from our other overseas guests we easily covered the extra expense. The suite was absolutely magnificent and Shri Mataji was very happy with it. We had bought new towels and linen, so were able to include those. The living room itself would have sat 50 yogis with no problem. Fabulous view of the Cultural Centre and across the harbour to Hong Kong Island.

Shri Mataji arrived in the greeting area of the airport looking so beautiful - radiant and not at all tired by the long flight. Tommy Cheung (a friend of Sir CP) provided a Daimler as usual. Alex got in with Shri Mataji, then the girls, and then She asked for me to come too! So here we were altogether, and the traffic was blissfully slow. Rosie couldn't believe it, sitting there next to Shri Mataji. Shri Mataji asked how the children were in HK, and commented that the schools were much better here with more discipline. She also said how good it must be for the Chinese to have the children here. We told Her the children had enjoyed helping with the handbilling. She said it was a good idea and should be done in other countries too.

We arrived at the hotel and Shri Mataji was delighted with the suite. She sat and immediately started to talk with the Sahaja Yogis as they came in.

Shri Mataji spoke of how the various European countries are all doing so much to assist the Eastern European countries, and She was so proud about how many countries Austria was responsible for. She spoke of the power of prayer, and some miracle cures. Alex told Shri Mataji of our presentation at the Natural Health seminar (that we had originally thought

was to doctors), he mentioned that many of the seekers there had been Buddhist. Shri Mataji spoke a lot about both Buddhism and Christianity while She was in Hong Kong. She said that in Asian and other developing countries when the population took to Christianity they became very dull and fearful, and lost a lot of intelligence, whereas Western Christians maintained a rational mind and an intelligence. She says that the Buddhists will come to SY here and stick on. (So we really need to do more research into Buddhism and its relationship with SY)

Actually we had been approaching the Chinese from angles suggested by the Chinese Sahaja Yogis who are almost all Christian, but probably need to be broader in our approach. Shri Mataji said that they would understand the words "self realisation".

Shri Mataji had Her dinner (room service and She really enjoyed it after being made ill by Qantas vegetarian food). Alex and Vinay ordered the food - heaps of it and when Shri Mataji asked Vinay why they ordered so much he replied "so there would be lots of prasad"! Vinay stayed in the suite, on the floor. There was a separate small bathroom. We were all staying next door at the YMCA which was very comfortable and convenient.

Freda arrived early next morning bearing a gift for Shri Mataji. It was a battery-operated toothbrush that she had bought in Japan recently. She explained to Shri Mataji that she had thought only of Her while in Japan and had therefore only brought back a present for Her. Shri Mataji was of course very pleased. Freda then went shopping with Shri Mataji. They were looking for white coral and diamonds and for a present from the Australian collective. Shri Mataji explained how you had been cheated when you bought the pearl necklace, and how she didn't know whether She should tell you all or not. She did buy a beautiful ring with 10 small diamonds on either side of a single large ruby, in a rather modern, simple setting. The shopping went very well. They had lunch together in an excellent Chinese restaurant. Shri Mataji thoroughly enjoyed the food. Freda was becoming more and more blissed-out. The shopping was very successful.

After a brief rest and a little more shopping Shri Mataji left for the public programme. She arrived at the auditorium just as Pavan came to the final paragraph of his prepared introduction which was being translated by Sandra Leung (a chiropractor friend of Freda's whom Shri Mataji had wanted to translate). The hall was full with around 400 or more seekers, and such an atmosphere. Shri Mataji looked absolutely radiant as She began a loving talk, covering very deep subjects. It was very cold in the hall (the weather had turned cold before Shri Mataji arrived much to the surprise of the highly accurate weather forecasters) and many Chinese got up, but only to go to the bathroom. Very few people left, and the mostly gweilos.

Narelle and Ione commented that it was such a different talk to the one's they had heard in Australia - so deep and varied. I had to leave before the end of the programme to prepare some food for Shri Mataji. Everyone received their Realisation and afterwards Shri Mataji invited people to come forward to meet Her. We have some wonderful photos which we'll send ASAP. Quite a few people in the audience were from our four-week course (which has seen between 20 and 30 regulars!). It was such a success.

In the car on the way back to the hotel Alex said Shri Mataji grasped his hand and held it, saying how over and over how very pleased She was. Meanwhile I had finished cooking some food for Shri Mataji's dinner and had bought some Chinese duck and pork that She likes, and caught a cab across to the Peninsular with a huge carry bag of food, bowls etc. Shri Mataji arrived followed soon after by the rest of the yogis.

Shri Mataji spoke about the programme and said She felt fulfilled. A little later Alex asked Her about getting an ashram here. She asked about wages and visas and rents and prices. She looked in the paper and suggested one for us to look at (which Alex and May saw and which was not quite suitable, but has given us some good ideas). We mentioned the possibilities of living on one of the islands or in the New Territories, but She didn't seem to take up those ideas. Then She said we needed more people to move here, and suggested that Bryan F. We asked Shri Mataji if Pavan could come. She said yes! and that they would like his business here. He and Deb have been involved with SY here in lots of ways and many things pointed to them coming, although he says he never considered it. At this stage, with the talk on the

future of SY in HK, ashrams and new recruits the vibrations were almost overwhelming. It was incredible.

The next morning Shri Mataji rang Stephan and told him of the successful programme and asked him to encourage people with qualifications or transfer possibilities to consider moving here. We are desiring so much some more Australians...

Freda arrived again, and Shri Mataji spoke to her a lot about Christianity. Freda spoke of her experiences with trying to bring along her family to Sahaja Yoga, and then to our absolute joy said to Shri Mataji that she had told her husband "you know Mother is the Holy Spirit" So at last she is there. Her face had slowly transformed over the weekend. And if she has got the recognition then all the others can as well. Before everyone left for shopping Rosie gave Shri Mataji a necklace that she had made. Shri Mataji was so pleased and put it on and told everyone not to be jealous that they did not have one too. She wore it for the whole day.

The arrangements for the day was a brief shopping trip to Queen's Road East to return to a shop where Shri Mataji had looked at lots of Ming furniture the day before. She bought \$400,000 worth of furniture, in about 10 minutes. We all met up in Stanley markets, a tourist attraction but very good for handicrafts and clothes, on the Southern side of HK Island. It was wonderful and gave us a chance to spend time with our beloved Shri Mataji. She bought dolls and little gifts for the girls who were delighted. She bought lots and lots of cream coloured linen - tablecloths etc, and some silk dressing gowns. We then went on to a restaurant in Repulse Bay, next to the Fenstra's. It gave Shri Mataji a chance to meet all the Chinese Yogis and talk with them. After the meal we presented Shri Mataji with a cake and sang happy birthday, first in English then in Cantonese (which was very special). We gave Her two beautiful cloisonne vases with dragons on them.

Back to the hotel for packing and our blissful weekend was quickly drawing to a close. It is always so sad to say goodbye, but we could feel the joy of the Taiwanese who were counting the minutes until Shri Mataji arrived in their country.

Some things we remembered later

Alex apologised to Shri Mataji on behalf of the Chinese that they didn't know all the protocol. She said not to worry, that that would come, as would the recognition.

At some stage She has said that when there are 100 yogis in a place then She will grant a puja. She spoke a lot of China, and that in Her travels She was always treated as royalty, and with great respect.

She said She has met Li Peng (the now prime minister) and will send us a photograph of Herself with him. That we must try to obtain official recognition for SY. Freda has contacts in the Ministry of Sport (she has contacts everywhere) which could be invaluable. Shri Mataji said that it will take time in China, but once it gets going it will be tremendous. It was absolutely wonderful to have the visitors from overseas. What love they brought with them. Babette, Gary and Ursula from America; Elisabeth from Austria, Harald and Sarvesh from Taipei; Narelle, Ione, Pavan and Peter Aerfeldt.

Our followups have been great. They were on Monday, Tuesday and Wednesday nights with over fifty new people each night plus all the established yogis, and each time around 10 new people. There is such a self-motivation with the Chinese now. It is a joy to work with these new people, giving vibrations etc. They are polite and eager, extremely sensitive and introspective (didn't Shri Mataji praise the Russians for their ability to introspect?) without being egotistical.

We are now settling into regular programmes. Monday in Tsim Sha Tsui, and Tuesday in the Duke of Windsor Building Wanchai. Our regular yogis programme will be on Saturday afternoons at Freda's at the Peak.

Thankyou again from us all for your support and generosity. Please keep us in your loving attention, and if anyone can come, please do!

Love to all,
Hong Kong Yogis

March 24, 1992

7 Dowel Street
Chatswood
NSW 2067

Dear Brothers & Sisters,

NEWS FROM HONG KONG!!

Sahaja Yoga is now blossoming in Hong Kong by the grace of our Mother. The Chinese seekers are so enthusiastic and happy and it really was an absolute joy to be there. Yogies came from as far afield as America, Taiwan, Austria and Australia.

It was wonderful to see the smiling faces of the Sahaja Yogies at the airport as Mother approached them. Mother was escorted to a Daimler which was able to fit so many people - about 5 yogies and 2 children and all so happy. It was a real family affair.

Our Mother's Public Programme was so successful - 400 seekers attended, the majority being Chinese. Mother was so joyful and the content of the talk seemed deeper than the style of talk Mother directs towards the Australian public. After the programme many seekers approached Mother to thank and speak with Her.

Later that evening, Mother spoke casually with the yogies and said how She would like more Australian Sahaja Yogies to move across to Hong Kong. Mother also said that She would like an ashram in Hong Kong. Some of the yogies then glanced through the newspapers and found a 5 bedroom apartment, but after going to see the apartment only 3 bedrooms could be found! The search goes on...

Shri Mataji went shopping on Saturday and bought jewellery such as white coral and pearls, and also Rosewood furniture for Cabella and India.

On Sunday Mother invited the yogies to go shopping with her at Stanley Markets which was great fun. Mother bought beautifully embroidered linen and gorgeous Chinese dolis for Rosie and Sophia.

After shopping Mother asked us to have lunch with Her at a Chinese Restaurant. It was such a blessing to us all to have so many opportunities of being in Mother's physical presence. Mother sat at a table with the Chinese Sahaja Yogies of which there are about 16 and She explained to them the philosophies of Sahaja Yoga.

After lunch a birthday cake popped up and we sang Happy Birthday in English and then the Chinese sang Happy Birthday again in Cantonese. It was so sweet and our Mother was so moved. Two large and beautiful cloisonne vases were given to Mother from the HK collective with a large Chinese dragon on each - symbolic of good luck.

Rosie made Shri Mataji a purple bead necklace and Mother was so touched when Rosie gave it to Her. Mother then turned to the yogies and said to us not to be jealous that we did not get one too! When we were at the airport to farewell Mother, She turned to Rosie and showed her that She was still wearing the necklace. It was so sweet.

At the airport just before leaving HK, Mother made an amazing statement. Shri Mataji spoke of how the parasites in Australia are very big and that nowhere else in the world had She seen spiders such as these and that they killed too. Then Mother said that She would give it a bandhan as She had done with the Thorny Starfish.

The 3 follow-up programmes were terrific. On the Monday there were 76 people, Tuesday about 56 and Wednesday about 52. The seekers were so keen that they remained back after the programmes to talk with us and feel the vibrations.

The atmosphere in Sahaja Yoga in HK is so exciting and the Chinese seekers are so beautiful and friendly - it really was a blessing to be there.

Much love
Ione



Accidentally found in the dictionary!

* From Cassell's New English Dictionary, (13th Edition, 1946)

pneuma (nu' mā) [Greek, wind, spirit, see following]. n. Breath, spirit, soul.

pneumato- [PNEUMA], combination form. Air; breath; spirit, soul. pneumatology (-tol' ojī) [-LOGY], n. The science of spiritual existence; (Theology) the doctrine of the Holy Spirit;

* From The Macquarie Dictionary, (1st Edition, 1990)

pneumato-, a word element, chiefly in scientific terms, referring to air, breath, spirit. [Greek, combining form of pneuma]

pneumatology n. 1. Theology. the doctrine of the Holy Spirit. 2. the doctrine or theory of spiritual beings.

pneumo-, a word element referring to the lungs or to respiration. [combining form representing Greek pneūmon lung, or, less often, pneuma wind, air, breath]