

FESTIVALS & PROGRAMS

Sahaja Yoga stand for Self-realisation
Kuring-gai Town Hall
Dec 2nd, 3rd & 4th

All help appreciated. Ph: Leanne 9403 1621 (NB New phone no. for Killara)

Gordon Library
6th December, 7:30pm

St Leonards
7th December

Chatswood Doherty Centre
December 4th, 7:00pm

Country Tour - NORTH

Sat 4th - Sun 5th December
Port Macquarie Sat 2-4pm
Taree Sat 8pm
Foster Sun 11:30am
Returning to Sydney Sunday afternoon.
For details contact: Brett: 9954 3600

ROOM VACANT

There is a room available at Kingsgrove Ashram.
Please phone 9591 9336

Newsletter by email

If anyone living outside of Sydney would like to receive the letter by email, please send an email to sahaja@eagles.com.au, with Attn: newsletter subscriber in the subject line, and I will add you to our list. Please also let us know if you currently receive a posted newsletter, and if you would be happy to receive the emailed version only. Thanks.



Australian Sahaja Newsletter

Contributions:
Lidcombe: 02 9649 6879
Burwood Fax: 02 9745 4927
email: sahaja@eagles.com.au

26th Nov '99

Seminar Weekend

Saturday	12:00 3:00pm	Havan - followed by BBQ Lunch Seminar to discuss Public Program: Follow Up programs: Program Promotion; Advertising; Looking after new people: Collective housekeeping Followed by Dinner and Bhajans
Sunday	6:30am 7:00am 10:00 - 12:00 12:00	Collective Shree beat Meditation Seminar to discuss Puja weekend: Concert, entertainment: Balmoral development, Looking after Shri Mataji's needs during Her stay; Puja souvenir Lunch followed by a few hours Working bee.

We wish to again extend an invitation to everyone to attend the Seminar to be held over the weekend, **November 27th to 28th** at the Country Property at Balmoral to begin the preparations for Shri Mataji's Tour.

This Seminar will provide us with an opportunity to come together and begin discussions centred around the celebration of the first Puja in worship of Shri Mataji for the Millennium - Maha Shivartri. The weekend will also provide an opportunity to enjoy a few days in each other's company. It is hoped that as many people as possible can attend the Seminar to express a collective commitment towards the accomplishment of next years Tour. There is much to do and for this each member of the collective will need to be fully committed to the task that has been placed before us all.

Each of us should evaluate the manner of the expression of our desire to realise Shri Mataji's vision for our country, and the world. It is during occasions such as the coming Tour when we can manifest our desire in a tangible way to contribute to the work of Sahaja Yoga. This is something we need to do on a regular basis to avoid falling prey to complacency and to always keep in mind the great vision Shri Mataji has for us all. An individual and collective manifest desire will ensure the success of the coming Tour.

Costs involved in covering catering requirements and the hiring of necessary equipment for the weekend will be kept to a minimum in order to facilitate as many people attending as possible. We look forward to welcoming you all this weekend.

Sincerely Avinash Nickkawde and Chris Kyriacou.

Itinerary for H.H. Shri Mataji Nirmala Devi Australasia Tour - February & March 2000

Day	Country	Particulars
Sunday	Mumbai → Thailand	Travel
Monday	Thailand	Rest day
Tuesday	Thailand	Public Program
Wednesday	Thailand	Rest day
Thursday	Thailand → Hong Kong	Travel
Friday	Hong Kong	Rest day
Saturday	Hong Kong	Public Program
Sunday	Hong Kong	Rest day
Monday	Hong Kong → Japan	Travel
Tuesday	Japan	Public Program
Wednesday	Japan	Rest day
Thursday	Japan → Philippines	Travel
Friday	Philippines	Public Program
Saturday	Philippines	Rest day
Sunday	Philippines → Malaysia	Travel
Monday	Malaysia	Rest day
Tuesday	Malaysia	Public Program
Wednesday	Malaysia	Rest day
Thursday	Malaysia → Australia	Travel
Friday	Australia	Rest day
Saturday	Australia	Public Program
Sunday	Australia	Rest day
Monday	Australia	Rest day
Tuesday	Australia	Rest day
Wednesday	Australia	Rest day
1st March		

2000 ENROLMENTS FOR DHARMSHALA SCHOOL

For children who did not attend the school in 1999:
Any parents who wish to enrol their children for the term starting March 2000, either for the first time or to re-enrol them after an absence this year, should complete all enrolment forms, together with the enrolment fee and contact me as soon as possible. Any children who will not be re-enrolling for next year should inform me so that the school can be notified.

Fees:

Fees are now due for the final quarter of 1999 (ie Dec-March). Avinash will be contacting all parents with their account balances for this final payment which has to be sent by the 5th December. New enrolment / admission fees are also due on the 5th December. Please be ready with the money.

Travel to Jaipur:

All the parents have been notified by the school about the children's excursion to Jaipur on the way to Ganapattipule. Any parents who will be joining the children at Jaipur should notify me at the earliest. The children do not have to pay any extra money for the excursion at this stage, but parents will need to pay for themselves when they get to Jaipur. The costs for the children will be notified later, and will be adjusted through the respective school accounts.

Avinash Nickkawde ph 02 9747 4835, or 0414 281 567

Mum and Dad's first time at Pre-School

When we heard that a pre-school was starting we were so happy!

Based on the Rome model - we were terrified! How could we let go of this little angel, so young and needing every minute of Mum and Dad's love, totally dependent on us. The due date to start approached and went. Nothing was done. A phone call: "Hi, when is _____ coming?"

Dad: Well, every time we mention pre-school, _____ smiles. When we tell _____ that they will sleep there, we have endless tears and looks of fear and betrayal. "Well look, send _____ for one day and I will guarantee you that they will love it so much, and the vibrations are so strong that they will want to stay."

Dad: "Ah, but what if not? Can we go back on our decision?"

"Yes, of course! But don't tell the child that. Come along for one day and I guarantee _____ will want to stay."

With visions of the child coming back to stay at home, we apprehensively set foot in Burwood. We took our child into the meditation room, where all the little faces were beaming up at us. Mum and Dad stood like nervous children not knowing whether to go in or walk away.

"Mummy, Daddy Go!" said our child whilst pushing us out the door. (Decision 1 made for us). We returned later that evening to pick the child up. "No I don't want to go home (tears). I want to stay!" (Final decision made!).

Mum was decided long ago, Dad needed no more persuasion.

Mum "When can _____ start" - "Next week" - "Great".

Since then we have had a routine:

Sunday - drop off at school.

Friday - Pick up from school at 5pm.

Friday 6pm "Mum, Dad, when can I go back to school?"

It has not all been easy all the time - did not brush properly for 5 days and the teeth went grey - one word to Auntie and next weekend they were pearly white.

What a blessing to be able to check them after 5 days rather than 10 months, and of course the necessary odd tantrum at home to check that love and place at home is still there.

Last weekend - led meditation at home!

This school is a testament to Shri Mataji's love for us, and the pure devotion and love of all the Aunties and Uncles involved in the school, who have a 24 hour day job, with no financial motivation but purely their love and devotion for Shri Mataji's vision and Her children's benevolence.

Thank you from our hearts for all that you have done for the children and for us!
A Grateful parent.

done. If we fall into this illusion then we maybe finished. If we are able to see what is happening then we may recognise the truth. Seekers who want to find the truth have to first see and recognise this. Kali Yuga is also meant as the time foretold when ordinary people will receive their self-realisation. During Sattwa Yuga people will be content, they will be obedient, and they will be good, but they will not seek.

Shri Mataji said that during Kali Yuga many people will be lost but each one of us should commit to saving one soul each day. If we were to see a person drowning we would all rush to save that person, in a similar way we should go all out to save people, and for this we need to work very hard. Shri Mataji went on to say that one of the biggest hurdles that we have is the mind and the Ego and that we try to do things without verifying them using our vibratory awareness.

Shri Mataji spoke of the Lakshmi quality, many people try to hold onto their money, in a way closing the door to keep Her in the house, but after time She will wither away. To establish a flow we need to open the door on one side so that the breeze moves in and out. It is the same with Lakshmi we need to give on one side and then She will flow in from the other side. She said on the issue of money we have to give and then surrender everything, and then the whole thing will just work out.

Shri Mataji said that we have the vibrations to guide us and that we do not have to think, all that is needed is that we just follow our vibrations. Those who are not able to use their vibrations should try to properly establish their vibrations so that they can use them. When this is established then our mind will also become enlightened, and in a straightforward manner we will see what needs to be done. She added without this we many become habituated Sahaja Yogis and this is when we can do wrong things. The vibrations will enlighten us with regards the decisions which need to be made.

Shri Mataji concluded Her discourse by saying that one of the most important things to remember is that we need to watch ourselves very closely and see that we do not fall into the trap of the illusion, the same Lakshmi that decorates us can also tempt and ensnare us.

We should try not to think, but we must be meditative, when we are meditative then we are giving ourselves into the hands of truth and into the hands of reality.

Monday November 8th, 1999

The majority of us travelled from Delphi to Athens in preparation for the Public program on Tuesday. Many spent the day postering and sightseeing around the city of Athens which has been the symbol of freedom, art, democracy, and witnessed the beginning of the conscience of Western civilisation. In Athens history never fades, wherever you stand, wherever you turn, the city's long and rich history is alive before you.

The history of ancient Greece is in its major part the history of Athens. The olive tree has been treated as sacred in the ancient ages since, according to mythology the goddess Shri Athena gave the city an olive tree as a token of her protection of the city.

The quest for success for Athens reached its climax during Perikles "Golden Age". During those years Athens was famous throughout the world for its power, its civilisation, its democratic traditions, culture and science. This was the period that the ancient Athenian wonder was achieved with the construction of the temples built upon the Acropolis, the showcase for Greek architectural genius. The majestic ruins of four sacred buildings from this era still stand on top of the hill.

Diwali Puja Report - continued from last week. (Please note this is a personal recollection and not a verbatim transcription of Shri Mataji's words.)

Sunday November 7th Diwali Puja 1999



Shri Mataji began by saying how fortunate we were to be celebrating Diwali Puja in Greece, especially Delphi where Shri Athena the Primordial Mother had taken incarnation and resided. She said Delphi is the Manipur of the Universe and has been described many thousands of years ago in the Indian Puranas. Shri Mataji described how the Primordial Mother had first created Shri Ganesha, then moved to the right side to begin creation, after which She came to this place and settled as the Kundalini. She created the Mahalakshmi principle which was brought to the Nabhi chakra, which imparts upon us the pure desire for our ascent. Shri Mataji said that She was born on the Nabhi chakra. This was done with the knowledge that that She would have to battle the forces of evil which would attack evolution.

Greek Mythology had originally spoken of Shri Pallas Shri Athena who had combated evil, however this mythology was corrupted, bringing the Gods down to the level of human beings. Initially the Greek Gods were the same as the Indian Gods, which are all very pure, but over time there were brought down and given human weaknesses. During the period of Alexander the Great Greece was a very beautiful and prosperous country which had been described by the poets Alexander had brought to India. The Temple of the Primordial Mother was described with its three and half steps leading to its entrance. The knowledge of the Kundalini and the

Chakras was known to the Greeks and was recorded in their temples, however the Christians refuted all of the ancient knowledge and the faith in Shri Athena subsided. However Shri Mataji added now we were back to again worship and reside in the realm of Manipur.

Shri Mataji spoke about an occasion when She had visited Greece with Her husband and spoke highly of the regard the prominent women of the time had for Her. She said that they recognised and appreciated Shri Mataji's serenity and Her immaculate femininity and auspiciousness. She added that these are qualities that are no longer recognised by Western women.

Shri Mataji described Diwali as the darkest and longest night, which meant that lights were put out to bring illumination. In the same way the time of Kali Yuga is the age of darkness which is full of problems making the lives of many people miserable. It is during this age where people have lost all sense of direction and purpose that self-realisation is most needed. Shri Mataji added that people today have lost the ability to discrimination between right and wrong and have become horribly immoral. In order to remove the darkness of the night lights are used; in a similar way to remove the darkness and ignorance under they are suffering enlightened is the only solution.

It is this enlightenment which is essence of the promised New Age; when mankind will live his life in light, and absolute knowledge; knowledge that is love; knowledge which is compassion; knowledge which will give people absolute freedom. Then mankind will be freed from the attachments which seek to deviate him from the truth.

Shri Mataji said now is the time of last judgement when all seekers must discover the truth, and grow into the truth. She said it is very like a garden, some trees grow well and are given water and nourishment and thrive and then give love and shade and comfort to people. In a similar way people have to accept the love and nourishment and mature and then they are able to impart this to others.

In this way we are all able to overcome Kali Yuga's curse which is the era of illusion. During this time people make mistakes yet seek to blame others when each person is responsible for the wrong that is

The Acropolis hill, so called the "Sacred Rock" of Athens, is the most important and beautiful site of the city. To reach the plateau, you must enter through a beautiful monumental gateway, the Propylaea which is the reward for winding your way to the top of the Acropolis. From the top of the Acropolis, you get a sweeping view of Athens and the Saronic Gulf.

During Perikles' Age, ancient Greek civilisation was represented in an ideal way on the hill and some of the most revered architectural masterpieces still survive on its ground.

Three most important temples were raised: the Parthenon dedicated to Shri Athena Parthenos, the Erechtheion raised to Shri Athena Polias, and the Temple of Nike to Shri Athena-Apteros Nike, She who is the Victor. All of its temples are dedicated to various form of the Primordial Mother.

The Parthenon is the most important temple and characteristic monument of Greek civilisation and still remains as a place of dignity, solemnity, majesty and a source of powerful vibrations. Throughout the day Yogis could be seen standing before it in silent reverie enjoying its stately and dignified ambience. It is the largest building on the Acropolis and one of the world's most awe-inspiring man-made sights, except for its roof, which was made of wood, the Parthenon was entirely constructed of Pentelic marble, its central alcove once sheltering the famous ivory and gold statue of Shri Athena, made by Pheidias.

Some also spent time visiting the Agora just below the Acropolis, which was the commercial and public centre of ancient Athens. This is where Socrates spent his days in rational debate and where Western philosophy and politics were born.

Tuesday November 9th, 1999

The culmination to a week of monumental achievements by the relatively small Greek collective was the public program held at the Novotel Hotel. The venue was completely full with the visiting Yogis asked to give up their seats for the multitude of seekers who had come to receive their self-realisation.

The scheduled commencement for the program was 9pm at which time the audience was entertained by performances of dance, sarod and bhajans, which were being played as Shri Mataji arrived.

Shri Mataji's discourse was translated into Greek. She spoke of the depth of Greek culture and the connection between Greek mythology and that of India. She said that the worship of Shri Athena as the Primordial Mother was a time honoured tradition, which had brought enlightenment to the people of this revered land. She spoke of respect that Alexander the Great had shown to Indian culture and how he had brought news of the achievements of Greek culture to India.

The talk seemed to capture the attention and respect of the audience, which was followed by an effortless period when self-realisation was granted. Shri Mataji was to comment that nearly everyone had received their realisation and that the quality of the people was much greater than on previous occasion. Shri Mataji seemed most pleased with the program as She left the Hall, bhajans were again played to the delight of the audience.

This brought to a conclusion the celebration of Diwali Puja; an event of deep consequence, which will live long in the cherished memories of those fortunate enough to have attended. One clear message from the week was that if so much could be achieved by a relatively small handful of Yogis compared to other collectives then there is nothing that Sahaja Yogis cannot achieve when they all come together and work as one.