

LAOTZU

Presented by Bondi Ashram in 1986.

ADI GURU, SAI BABA (Void)

ADI GURU DATTATREYA

"So far the idea of Gurus has been very stern. But now the entire universe has to receive your love. But this does not mean frivolity. The Divine play is not frivolous, it is joyous. And joy does not have that duality.

To get to the establishment of the Guru principle, you should know that, like a plant, it is destroyed if not maintained.

In the beginning, in order to maintain the principle they had very strong rules and regulations. In the Levi chapters of the Bible the 'shariats' (rules) spoken of are followed now in the Arabic countries. This was not meant to insult or harm the people, but to give an idea of the importance of the Guru principle within themselves.

The next stage of evolution, people sought to maintain themselves through great austerity. Austerity started on a basis of wisdom but then became fanaticism. 'The wisdom or the essence of the Guru tattwa is a balance'. Now this wisdom has to be achieved through your vibratory awareness. Without the balance you cannot ascend.

First of all you must be austere with yourself, first separate yourself from yourself. Separate yourself as a Spirit and see your ego and superego. Watch them but do not maintain them, they are the destroying forces. To separate yourself is easier when you take to austerity. The worst thing has happened is that you have formed habits. Some are fond of bathing, some of not bathing, some of getting up early, and some of getting up late.

So to change this habit you have to give up all the extremes that you like. If you like pale colours wear loud ones. But we must be in the centre, not go to extremes. The worst attachment is the mental ideas. You listen to your Mother and everybody discusses with great enthusiasm but it doesn't become part of your life. This mental attachment is to be really attacked.

'Becoming is seeing, becoming is experiencing'. If I have to come to this place, I must come and 'see' it. If I only have thoughts and ideas it is no good, it is not the truth. Get out of that mental conception that you already know about it, you do not know, it is just mental. That should be part and parcel of your being.

You become when you are in the present. You start becoming, evolving, blossoming. Do not escape the present, face it.

We have to change our outsides to be Gurus. For example, learn good manners. These manners become your nature. Whatever you are fond of, try to give it up. Once your Guru tattwa is established you will be accepted as a Guru. And My mother and Guru is this Mother Earth which teaches Me



to deal with human beings. She wears the green upon herself. And green is the Guru principle. She is the detached personality. She is the magnetism, she attracts, the way she looks after us, bears our sins and nourishes us despite our many defects, in the same way as a Guru should do.

So let us touch the Mother Earth and bow to her."

(Guru Puja London, 2 Dec. 1979)

Here is the story of the creation of the Adi Guru Dattatreya:

The sage Narada went to the goddesses Saraswati, Lakshmi and Parvati, saying that Anasuya, wife of Atri, was the most virtuous woman in any of the worlds. The goddesses sent their husbands, Brahma, Vishnu and Shiva, to test the piety of this woman.

Anasuya washed her husband's feet and then sprinkled the gods, who were disguised as Brahmins, with this water. They were turned into babes. The three gods, deprived of the power to return to their original form, were trapped at her hermitage.

Saraswati, Lakshmi and Parvati came in search of their husbands. The goddesses asked Anasuya to return their husbands, but she said she had some claim as she had nursed them so long. The gods agreed to create a combined form with 3 heads and 6 arms if she released them.

This 3 headed divinity was named Dattatreya. The central head represents Vishnu, the right head represents Shiva and the other Brahma. The dogs which are depicted with Dattatreya represent the perfect devotees, which are faithful to their master.

Salutations to the Adi Guru who:

- \* is adorned in the glory of attention and awareness
- \* is self contained.
- \* shines brilliantly with discernment and knowledge.
- \* is the great sage Muni, the essence of silence.
- \* is auspicious and beneficent to all beings.
- \* increases Dharma.
- \* is the ocean of supreme bliss.

GURU SAI BABA (void)

Sai Baba was the last incarnation of the Adi Guru. 'Sai' is Persian for saint, and 'Baba' is Hindu for father. He had complete mastery of the elements and performed many miracles. Among his followers many were Hindu and Muslim, as he preached no particular faith but respected all religions. In essence man had all the knowledge as revealed in the religions, but had to realise the divine knowledge which one gets after realisation.

To attain realisation, one had to surrender body, mind and soul to the Guru. Then the true nature of the Guru, the Spirit, would be known to the disciple. Sai Baba was worshipped all over India as a holy man. Before he died in 1918, being so identified with God, he said, "I will come back within 7 years". In 1923 Shri Mataji was born.

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He who tiptoes cannot stand,  
he who strides cannot walk.  
He who shows himself is not conspicuous,  
he who brags will have no merit;  
he who boasts will not endure.  
From the point of view of the way  
these are excessive food and useless excrescences.  
As there are things that detest them,  
he who has the way does not abide in them.

(Guru Lao Tzu, "Tao Te Ching".)

Om twamewa sakshat Shri Adi Guru Dattatreya Sakshat, Shri Adi Shakti Mataji  
Shri Nirmala Devi Namoh Namah.

