

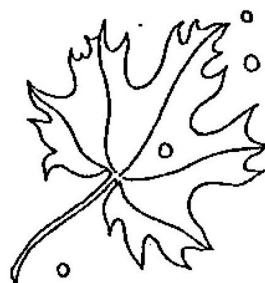
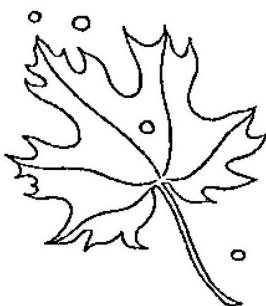
THE AUSTRALIAN

Sahaja Newsletter

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FRIDAY JUNE 24th '94.

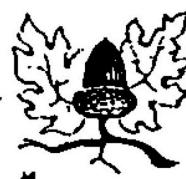


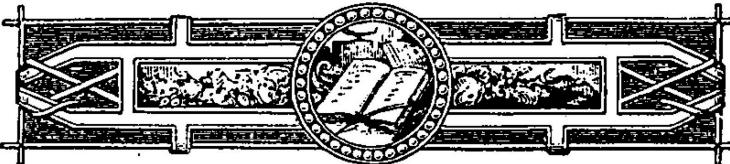
THE RED EARTH

Said a tree to a man, "My roots are in the deep red earth, and I shall give you of my fruit".

And the man said to the tree, "How alike we are. My roots are also deep in the red earth. And the red earth gives you power to bestow upon me of your fruit, and the red earth teaches me to receive from you with thanksgiving".

*from 'The Wanderer'
by Kahlil Gibran*





2. NEWS FROM OVERSEAS

3.

FROM ENGLAND.

Sahaja Newsletter

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Sahasrara Day — 1994

Cabella

Forty-four people from Britain travelled by coach or plane to Cabella Ligure to celebrate Sahasrara Puja along with approximately 1,600 other Yogis from around the world. For those of us who went by coach the 24 hour journey passed surprisingly smoothly, partly because there was room to spare but mostly because it was so good to be together. The inevitable breakdown occurred exactly at the motor way toll exit, not far from Cabella so the coach was towed away almost instantly for repair as it had been blocking a vital lane and the authorities couldn't wait to get rid of us. Half a mile further on and how long would we have been left stranded by the roadside?! A phone call to Cabella and promise of a mini-bus to pick us all up and we set off up the road in search of a cafe. The Czechoslovakian coach saw our little group straggling along the road and came back to offer a lift to as many as could squeeze in. Some of us arrived in Cabella with our Czechoslovakian brothers and sisters whilst the rest followed on shortly afterwards.

It was an unforgettable weekend, with perfect weather, meals eaten al fresco amongst wild flowers and loud鸟song. With Cabella cradled in the vibrant greens of the spring hillsides there was a freshness and exhilaration in Nature to mirror this unique and special event — the first European Puja of the year. Germany and Austria hosted the weekend. Warm thanks to them for their kindness and hard work in looking after everyone so well. Friday and Saturday were spent relaxing and enjoying the sunshine and surroundings until the entertainment in the evening when Shri Mataji joined us for the first time. We enjoyed a multi-talented show. Traditional Austrian and Bavarian songs and music, charming folk dances in national costume, the all-male slapping schuhplatter dance, Indian music and a comedy with some of

our own actors, depicting brilliantly and with much laughter our search for the Truth. At about 2 am the audience erupted into song and dance with the last Kawali. There was a Havan on Sunday morning and in the early evening, the Puja itself. The pendal was so jam-packed for the Puja that ladies even had to pass their handbags to the back to make enough room for everyone. Shri Mataji's wonderful lecture (which will be available on tape) included the importance of Mahamaya in all aspects of our life and its power in helping us understand divinity and comprehend the formless naturally and lovingly. By Monday morning most people had left and the little cafes in the square were serving last orders to the remaining few. We enjoyed a peaceful and happy twenty-four hour journey back to London with the Scottish contingent still having half a day to go!

Rosemary Maitland-Hume

Stonehenge Puja

A beautiful red morning sky greeted the 25 Yogis as they arrived at Stonehenge at 5am on Sahasrara day to perform Puja.

The guards were courteous and waived the charge quoted by English Heritage.

The simple Puja was joyful, despite the cold and damp. No musical instruments were allowed, but our bhajans were well supported by some effective verbal drumming from Geoffrey!

English Heritage were very respectful to us and, whilst strictly limiting numbers, they will be happy for us to return on a pre-arranged date.

Naomi Duxfield

So we're calming down now. Phew....just let me catch me breath! OK from the top, here I go.

Well the Albert Hall held around 3500 people on the 5th June. The capacity is not much more than that. Very, very, very nice program. The first year it was fabulous, last year I felt it was sort of heavy going, but this year was undoubtedly the beeeest! Wonderful atmosphere, incredible talk on stuff by Shri Mataji and what seemed to be a really nice crowd. Really lovely (get the drift?).

So this year we tried to arrange the follow ups a little more professionally, with a structured course etc. We're running it now (2nd week hence why you haven't heard from me). The follow up programs saw about 160 people register for the seven week Introduction (I'm starting to call it a Foundation course) course. The object this year is to be very gentle with newcomers* and introduce them to SY at their own pace (rather than ours?). So far so good. Registrations have now reached 200 or so (we keep adding on people who couldn't make it to the Albert Hall or follow ups but who have come direct to the addresses we put on the back of the leaflet). There are six 'official' (funny word that, Nige) course venues across London, with the other 10 or so meetings either doing their own thing, or adopting the course off their own bat. We've tried to structure it so that the same course topic is presented during the week at each of the meetings (so that if someone misses their regular meeting they can catch up the next day at another location etc).

We are having interesting times with the new format. I won't mention anything now until it's over and we see how it's gone. Suffice to say that if it doesn't work too well there's a couple of us who may be Alice Spring residents for a few future lifetimes. What we hope to do is to follow up this Foundation Course with an almost immediate 8 week Advanced Course and so keep those who are keen interested. Coupled with other bits and pieces. We've started trying to log where people heard about us, and there seem to be a few come from the radio. We ran 51x30 second commercials over the preceding week to the program on a London Jazz station. The voice over was done by a yogini actress, and the whole thing was neat in that it cost not a lot (for the ad at least) and it sounded very professional. The catchment area was ABC1 in London, (600,000+ listenership). An experiment really. We'll see.

Now what else? Oh yeah, it is Nick Burrin the tour leader, and no he is not out of SY. He's alive and well and pitching in on his own terms. Good mate he is.

What else? Oh please tell Helen a HUGE THANKS. The tapes arrived in good time, so what we've done is prepared a Foundation Tape with 6 extracts of suitable talks of 20mins plus the Story of Evolution which will be the keynote of the seventh meeting (as a sort of introduction to the Advanced Course). In this way we can now distribute a full structured course around the country if anyone wants/needs it complete with matching handout materials, course structure notes and a complete series video.

Gotta go! Take care.

, Luv Nige



4.



FROM AMERICAN
PRESS LAST
YEAR.

Real Issues About "Reel Women" WHAT IS THE HOPE FOR A STABLE SOCIETY?

Where have all the religions gone wrong? Can we prove that God exists? How have the Bible and the Koran misrepresented women? In the Holy Trinity what happened to the primordial mother? Is there a cure for AIDS? Why are psychics dangerous? Why is the American Media so important to the world?

We are now entering a special time in the evolution of humanity. Today is that day prophesied by all the prophets and saints. The Koran calls it - The Resurrection, the Bible - Judgement Day, and the Astrologers predicted that such a time will come. In this "Blossom Time" we can end our emotional, economical, spiritual and global turmoil by first solving the problem of the human being. This is achieved through a process known as SELF-REALIZATION.



SHRI MATAJI NIRMALA DEV

Honored Guest

Now it is a special time for women, and not only because she can claim equal salaries or more seats in Washington. By restoring the image of "Womenhood", we pay honor to her "mothering energy" of love and compassion, and thus, the spiritual survival of our nation.

Audrey Hope's REEL WOMEN, dedicated to creating positive female role models in the media, presents a special two part program with honored guest Shri Mataji Nirmala Devi. Shri Mataji is a world leader and former associate of Mahatma Gandhi. Shri Mataji has traveled the globe many times over, but it is here, in America, in the midst of media and all its power, where she is needed the most.

"HE THAT HATH AN EAR, LET HIM HEAR".....





AUCKLAND NEWS.

They say that variety is the spice of life;
Mother, tell us of detachment
and the will to witness,
smilingly to watch the 'play',
and to purify our desires.

There's a jewel in the heart of the lotus,
Stillness in heart and mind.
As we adjust our orbits in this universe
We fulfill Shri Mother's Desires.

Beginning to understand the Power and Benevolence
Of the blessings of the Adi Shakti;
Our Will is inspired,
Our hearts' raised up
And the Dharma of Sahaja is duly done.

So, it has been heartening to recognise the changes
for the Auckland Ashram lately as meeting new challenges
and helping in the spreading of Sahaja Yoga.

Due to complaints from neighbours and a confronting
letter from the local council we have begun to hold
our meditation programmes at various 'friends' houses.
Next week we begin new modules for new and established
yogis at the College of Education (Mt Eden). In taking
our 'at home' classes to new locations it has allowed
others to become more involved with programme running.
Hopefully, being in the public eye will attract more
seekers.

There have been some departures from the house here
- attracted by and to the benefit of Australia!
We are expecting new arrivals this weekend. However,
we send out the following message -

"Wanted - 3 or 4 dynamic yogis/inis,
to help spread Sahaja Yoga
in the beautiful land of New Zealand.
Rooms available now.
Enquiries to 09-625.8888."



7.

NEWS FROM INDIA

Following my recent visit to enroll my daughter at the Sahaja International School, I have had various enquiries from around Australia about the children and general progress. So this contribution to the news letter was thought timely.

My introduction to the Indian summer was sitting in a non-air-conditioned taxi at 43 degrees on our way to the old temple in Delhi around 10pm. It was hot! As my directions were not the best we ended up at a hotel with air-conditioning.

After some general enquiries I was advised the best way to the Dharamsala area was flying to Jammu and getting a 2 hour taxi ride. I learnt that it was not the best way. After meeting a closed shop of Sikh taxi drivers an expensive 6 hour epic ensued in 46 degree heat covering 3 States. Oh how relieved I was to see the School.

It really is a vision of heaven. 120 children living in a mountain paradise with such clear vibrations. Within a short space of time I could completely understand why Shri Mataji had worked so hard to get it established.

It was also a pleasant 30 degrees although the locals said it was the hottest its been for over 50 years. Bunsuri immediately settle into things with the dorm ladies setting up her bed and making her comfortable brushing her hair and introducing her to the large dining hall in time for dinner.

After distributing those ever so small parcel sent by the other parents that took up half my suitcase, and some dinner I stayed at guest house owned by a Sahaja Yogi nearby.

The next day I spent meeting various School Officials including Senior School Principal Ms Chittawas, Mrs Deshpande Junior School Principal, various teachers and of course Mr Reddy School Administrator.

During my meetings with Mr Reddy he expressed his concern that some children particular form Australia were taking some months to settle back into the routine of things and feeling the joy of the spirit. There was also a problem with doing the homework where many children returned to School with none or very little complete. He had observed that many children returned with some materialistic and selfish notions of the west that had upset their balance state imbued at the School. This was all stated with a very warm heart and only concern for the children, not a critic of parents. The onus is however on us as parents to maintain the qualities and vibrations being developed at the School and not to contribute to their demise by our unwitting actions.

Just illustrate this point all teachers and children meditate twice daily with clearly structured class and leisure time. Classes operate Monday to Friday and half day Saturday. Usually on Sunday the School has some collective event or outing.

My observation was that the School is the best environment to instill a Sahaja Yoga lifestyle without the materialistic and degenerating nature of our society impeding their growth. It is Sahaja Yoga in full bloom with a very dedicated group of yogis given the responsibility to carry out this vision.

In finishing, I would like to support the efforts of Rob Richardson in raising funds for the office automation at the School for which is urgently needed. An amount of \$10000 would give a fax, photocopier, uninterrupted power supply, computer with word processing and laser printer, all with local support. A very worthwhile project.

My regards to you all,
Robert Henshaw.



Thou Art There

The flitting of a light in desert dusk - thou art there.
The weary duty of the Magian's forced ritual - thou art there.
The movement in response to another movement - thou art here.
Not in the book of the scribe, but in the smile at it - thou art here.
The Grace of the graceful, not the mind of the graceful - thou art there.
The question and answer: between them, not in them - thou art there.
Between the lumbering paces of the elephant - thou art there.
In harmony, in love, in being itself, in truth, in absoluteness - thou art there.
The pearl rejected by the oyster-fancier - thou art there.
The inexplicability of non-rhythm, of seeming change - thou art there.
The interchange, pulsation, sweetness, silence, rest:
In congruity and in incongruity - thou art there.
In the glow, the spark, the leaping flame, the warmth and the burning; in the relaxation and the agitation: Thou art there!

Haykali

-- From the Way of the Sufi "

- Idries Shah

SYDNEY NEWS

8.

News from Goulburn

To Tracey and Avinash - a boy born 3.30 am 23rd June 1994 All well and happy. Congratulations & love from us all.

The festival in Lackey Street, Summer Hill last Sunday was a great success. Sahaja Yoga had a good position in the village square where hundreds received their realisation.

We were well received and invited to attend other festivals in the future.

COME LIVE IN GLEBE.

There are two lovely big rooms available for couples or single yogis. Close to transport and the uni. There would be opportunity to assist with programmes in Glebe.
Address 218 St.John's Rd Glebe. For more info. contact Prue. 566 4021



"There's an inspector here from the Board of Health who would like to see the chicken soup."