



Australian Sahaja Newsletter

9th July 1999

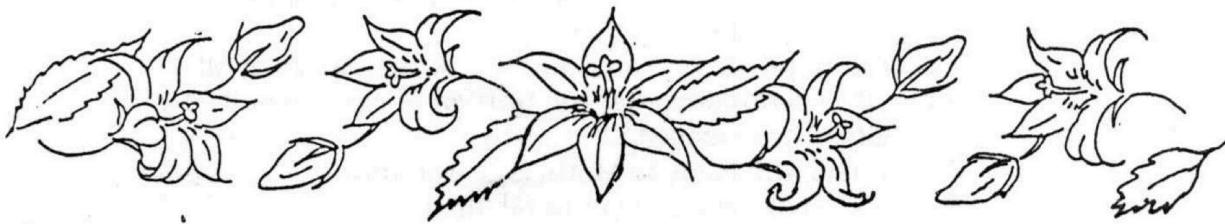
Contributions: Locomotive 02-9649 6879
02 97474835 or Burwood Fax 97454927

So the best thing for all of you is to become thoughtless. That's the blessing of Christ. That's what he has worked it out for and am sure if you work it out, then don't pay attention to others. Just don't react. Everything they will see, they will react. What is the need? What is the use? What are you going to do with that reaction? This reaction creates nothing but ripples of thought in your mind. I have told you hundreds of times, and now you have to become absolutely thoughtless after this puja. If that happens, I think we have achieved a lot. That's the biggest blessing that Christ has given you, which you really should enjoy. Then only this *akash tattwa* in you will work.

And how it works? Through your attention. It works with Me, as you know. With My attention I work out so many things. How? Just my attention has become thoughtless. It goes and wherever it goes, it works.

But if you put your attention all the time for thinking, then it doesn't do the work that it is supposed to do. Attention works marvellously if you are thoughtless, otherwise it doesn't.

H.H. Shri Mataji Nirmala Devi
Christmas Puja, Ganapatipule, 1998.



VICTORIAN LADIES' WEEKEND

What a wonderful weekend it was! Eighteen or so Victorian Sahaja Yognis all coming together recently for two days - free for a short time from housewifely and motherly roles; free from everyday routines and preoccupations; free to share a lighthearted sisterly collectivity; and, most importantly, free to put all their attention on improving their vibrations, clearing, meditating and doing puja together.

It has almost become a Melbourne tradition now that each year a 'ladies' weekend' is held. Our generous hostess has always been Eileen Robbins, who annually opens her beautiful house and gardens on the Mornington Peninsula to her Sahaj sisters.

The ladies began drifting in on a rainy Saturday morning with pots of food, bedding and baggage - and bags of used clothing. Once settled into bedroom or cosy nook everyone made a beeline for the 'recycling boutique' set up in the dining room. Beautiful saris and 'punjabis', provided by Shri Mataji, were also on sale as well as home-made jam, cookies, books and other once-treasured items. Two raffles were also being run - one a handpainted batik of a green frog by Linda MacLean, and two intriguing 'mystery boxes' devised by Eileen. What a busy and chatty spot this proved to be - with ladies traipsing to and fro with new discoveries or with yesterday's rejects becoming today's special finds.

What, you may ask, was the outcome of all this busy buying? Well, apart from entertainment, we raised over \$1,000 for the Victorian collective and around \$650.00 for Shri Mataji's clothes. The collective money will go toward the purchase of new puja items such as photo frames and silver (hopefully to be bought on next India tour).

In the evening, with the weather wet and windy outside and comfortably cosy by the open fire inside, some ladies exchanged vibrations, others head rubs and neck massages. During this time several ladies expressed a desire to be more involved in new people's programs. After some discussion it was suggested that the ladies focus on outlying regions of the metropolitan area. This would help consolidate the collective as Melbourne Sahaja Yogis were scattered over such large areas.



The next morning, Sunday, a Laxmi puja was held in an atmosphere of peaceful simplicity. It was so fine to be praying, meditating and singing together, knowing that with Shri Mother's grace we could return with renewed purpose to our families and everyday lives.

After a delicious lunch, with nabhis satisfied and the weather more amenable, several yoginis decided to enjoy some of the beauties offered by Mother Nature on the Peninsula. Groups went bushwalking, beachcombing, or strolling to a scenic lookout.

Everyone was surprised when the weekend came to an end. It seemed as though we had been together for days and days. How rich and full these mere two days had been: sharing conversation, meeting new sisters, deepening friendships. It gave everyone the chance to open their hearts to one another and to some of that tremendous universe of love in Our Beloved Mother's Heart.

JAI SHRI MATAJI !

Dear Brothers and Sisters,

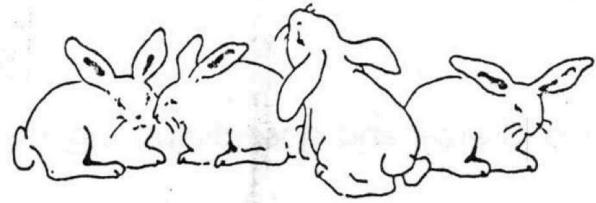
Update on Guru Puja 1999, Wamuran, Queensland

Guru Puja will now take place on the weekend of 30 July/1st Aug 1999. This is so we can have the puja at the same time as Guru Puja in Cabella. Registration fees are as follows:

Adults:	\$80
Students:	\$40
Children (5-15 years):	\$25
Children under 5:	Free

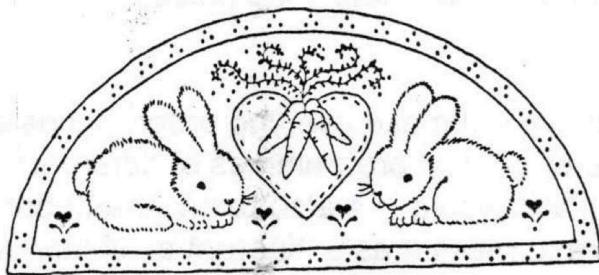
Please come and enjoy the wonderful vibrations at Shri Mataji's house.





Rabbits need a home!

Two male rabbits are in need of a new home. They are very sweet and tame pets. If anyone is interested, please contact Pilar or Toby Patterson at Burwood. ph: 9747 4835



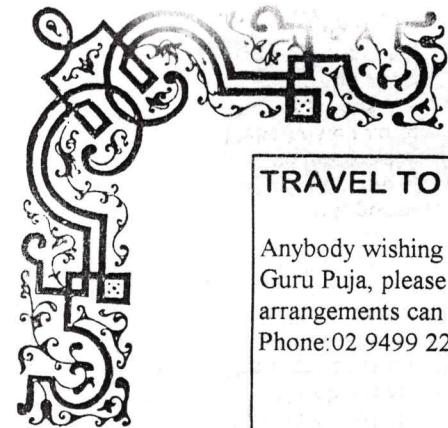
Baby news

Congratulations to Peter and Jo Boland of Forster!!

James Indradhanush

joined our Sahaja Yoga family on
26th June, 3:47 am, weighing 8.11lbs.





TRAVEL TO GURU PUJA, WAMURAN

Anybody wishing to travel collectively by bus from Sydney to Guru Puja, please let Rakesh Arora know, so that transport arrangements can be made.

Phone: 02 9499 2219

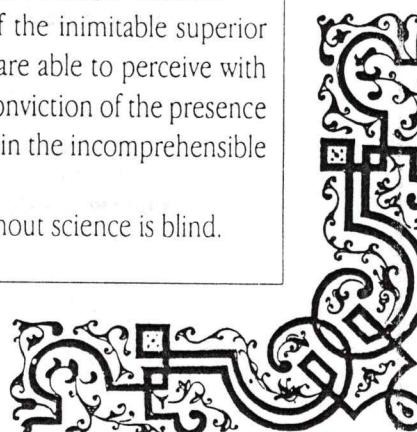


The most beautiful and most profound emotion we can experience is the sensation of the mystical. It is the soul of all true science. He to whom this emotion is a stranger, who can no longer wonder and stand rapt in awe, is as good as dead. To know what is impenetrable to us really exists, manifesting itself as the highest wisdom and the most radiant beauty, which our dull faculties can comprehend in only the most primitive form. This knowledge, this feeling, is at the centre of true religiousness. The cosmic religious experience is the strongest and oldest mainspring of scientific research.

My religion exists of a humble admiration of the inimitable superior spirit who reveals Himself in the slight details we are able to perceive with our frail and feeble mind. That deeply emotional conviction of the presence of the superior reasoning power which is revealed in the incomprehensible universe forms my idea of God.

Science without religion is lame. Religion without science is blind.

ALBERT EINSTEIN



ON THE SHORES OF BHARAT

Rabindranath Tagore

On the shores of Bharat, where men of all races have come together, awake, O my Mind! Standing here with outstretched arms, I send my salutations to the God of Humanity and in great joy sing His praises. Trees lost in the depths of meditation, fields adorned with rosary-like rivers, I see the holy land every day on the shores of Bharat, Where men of all races have come together.

At whose invitation no one knows, came floating streams of men, And merged into the sea of Aryans, the non-Aryans, the Dravidians, the Huns, the Pathans and the Mughals — They have all merged here into the one single body. Today the West has opened its portals from where flow gifts. Giving and receiving, all will be welcome on the shores of Bharat. Where men of all races have come together.

In mad exultation, singing songs of victory, have they arrived crossing deserts and mountains; They All dwell within me and in my blood echo their exotic melodies. O Rudravina, play on your music; Even those, whom in disdain we kept apart, will gather round you on the shores of Bharat, Where men of all races have come together.

Here one day in the hearts of men the solemn sound of Aum reverberated unceasingly. In the fire of tapas'ya all differences were forgotten, and the many forged into one. At that sacrificial altar, we all have to meet with bowed heads and unite on the shores of Bharat, Where men of all races have come together.

In that sacrificial fire, the blood-red flame of suffering is aglow. O my Mind, bear this suffering and hear the call of the One. Conquer all shame, fear and let vanish all humiliations. What enriched life will emerge at the end of the days of unbearable suffering? The night ends and the great Mother is awake on the shores of Bharat, Where men of all races have come together.

Come, O Aryan and non-Aryan, Hindu and Muslim, come O English, Christian, come, O Brahmin, purify your mind and link the hands of all. Come, O Downtrodden, let the burden of every insult be forever dispelled. Make haste and come to Mother's coronation. The vessel auspicious is yet to be filled with the sacred water sanctified by the touch of all By the shore of the sea of Bharata's Great Humanity!

Dear Brothers & Sisters,

Shri Mataji's N. American tour has just finished and hopefully all the reports and on-line photographs will be posted sometime soon. There will be a separate email with all of this news. Shri Mataji seemed so incredibly happy this tour, which of course made all of us so incredibly happy and the joy just really seemed to flow so abundantly when in Her presence. Likewise the seekers all seemed to get their self-realization with such little effort and the looks on their faces seemed to indicate they had been touched by this joy. Anyway, more to come later, but for now some announcements concerning other SY news and events.

YUVA SHAKTI CAMP - DAGLIO

This year's Youth Camp in Daglio has been postponed by one week to Monday 2nd August to Saturday 21st August 1999 following the date change of Guru Puja. Please inform all concerned as soon as possible!!! Hans Kuna

Public Program - Philippines

To our dear brothers & sisters in Sahaja Yoga,

JAI SHRI MATAJI!

We are planning to have a public program in Manila on the 9th & 10th of July 1999. We need as much help as we can from everybody. The Philippines' collectivity is still very small, we're only five of us, and we need any type of help that we can get.

Please, can you send us some written materials, brochures and most important- some suggestions on how to break through the Catholic conditionings.

Your experiences in bringing in Catholics into Sahaja would be very helpful. We invite anybody to come to Manila and stay with us. Also, May we request everybody to please keep Philippines in your attention and give a collective bandhan for the success of the public program.

- Christy, Celia, Gaston, Rajiv & Vineeta

From: Jose Di Munno, Switzerland <jose.dimunno@ans.ch>

Exhibition project "The Self Realization through the ages"

Dear brothers and sisters from all around the world.

The Swiss collectivity is preparing a exhibition about describing the Self Realization through the ages. We would like to do a professional high level exhibition and rent a well known place for 1 or 2 month to present it.

With this exhibition we will make evening programmes either as normal public programme or special programmes of different kinds (Music, sciences, or else). We would like also to invite authorities and V.I.P.'s. We have the desire to make it as a itinerant exhibition so it could be usefull for other countries.

So all this is quite a challenge for us and we are a relatively small collectivity. This message is to invite you to participate to the preparation of the exhibition as we will need many informations about all the subjects that we plan to present. We know we have many yogis around the world who have the particular knowledge needed for this exhibition.

If you are interested please email this address for a document with all the details about this exhibition. Read it attentively and contact us as soon as possible to tell us that you want to participate and that you have informations about such and such subjects.

We have presented the concept to Shri Mataji and as She was pleased by the project She told us to go on with it. It is one of the try to show to the world that Sahaja Yoga is the only truth and the only way to a better world.

With your participation and the Blessings of our Mother we will surely succeed in this project.

Jai Shri Mataji. With love

The swiss collectivity.

Contact eric.deladoey@providentia.ch Or
Eric Deladoëy, Chemin des Cottages 6