#### Country Tour North Saturday 30th October

Armidale

11.00 am to 1:00 pm

Hughes House Meeting Room

(Behind Kent House)

141 Faulkner St

Tamworth

3.00pm to 5.00pm

Tamworth Community Centre

The Britten Room Cnr Peel & Darling Sts

For details contact David or Avinash at Burwood: 9747 4835.



2 beautiful rooms available at Glebe. Come and help with Glebe programs!

Phone: Prue Page 9566 4021

#### FOUND

at Villa Centrassi, Cabella.

Hauke Horn brought back to Australia a camera that appeared to have been left behind after Ganesha Puja by someone staying at the the Centrassi Villa

It is a Canon Prima camera.

Please contact Hauke or Dorothy if you think it might be yours. Phone: 9566 4021



# Australian Sahaja Newsletter

Contributions:

22nd Oct 1999

Lidcombe: 02 9649 6879 Burwood Fax: 02 9745 4927

email: sahaja@eagles.com.au

The power of Virata is that it can penetrate into the subtle side of human beings in such a manner that everyone we are

connected to, we are not separate and every drop is connected with the ocean, we are connected with the whole universe, and when you become a citizen of Virat, then all the things with which you are connected also get your vibrations, your ideas, your ambitions, everything passes through that, and it works, it works.

You have seen how many miracles have taken place in your lives. It is the Virata Shakti that works. Now for that, we have to know how to do worship of Virat. First of all, you have to rise above your ego, very important. Otherwise, how can you worship? There is your ego standing in between and how can you rise up to the point of Virat? You have to pass through that.

Once you rise above your ego, you enter into the kingdom of Virat. There the King is Virata and you are the subjects who are looked after completely by Virata Shakti, by the power of Virat. But at that stage you become really a universal personality in a way, because whatever are problems universally - now not necessarily that they should be attached to you or connected to you. Supposing a person is at that level - there may be a war in some other country - it can stop. Somebody who is being oppressed can be helped. Anywhere your compassion moves, it can work out. Anywhere your attention goes, it can work....

H.H. Shri Mataji Nirmala Devi. Virata Puja, Cábella Ligure 1999

## SPREAD SAHAJA YOGA THROUGH BHAJANS IN THE PARK at Carrs Park, THIS SUNDAY - 24th October

From 11am for lunch picnic, BBOs available.

Lunch together Sing Bhajans Distribute Sahaja Yoga literature.

Directions

Turn left at Carwar Ave, Carrs Park, Princes Highway.
Park at or near aquatic centre. Meet in picnic area near netted swimming pool.

Enquiries ring Andrew ph. 9579 2293

#### SALE OF SARIS FRIDAY 12TH NOVEMBER 6:00 PM



A small number of Shri Matji's personal saris are available for sale. There are about 10 saris in all. Prices range from around \$200 to \$600.

Unlike previous sales, for these saris, special conditions apply.

- ▼ FULL PAYMENT in cash must be given on the night
- ▼ NO LAY-BYs
- The saris will be sold to whoever is there on the night FIRST IN, FIRST SERVE! (no pre-sale negotiations may be entered into)!

#### ALL WELCOME

#### Tour to FIJI 25th November - 3rd December 1999

Another tour to spread Sahaja Yoga in Fiji is being organised by the New Zealand collective.

This tour will visit Nadi and Suva. By Shri Mataji's grace, it was possible to inform Her about this trip and She has given Her blessings. She also gave a bandhan to the possibility of meeting the Prime Minister.

All those who attended last time will tell you what a wonderful and joyful experience it was, and how much everyone enjoyed the trip. There are now around 100 people practising Sahaja Yoga in Fiji, and it is being taught regularly in schools there.

If you would like to come, please contact Geoff Platford for details in Auckland. Phone: 64 -9- 418 3824

### MUSIC OF JOY ROCKS BATEMANS BAY and ULLADULLA

Thirty brand new people got their self-realisation at the public program and Music of Joy concert at Batemans Bay last Saturday night (Oct 9). Five of the nine local 'oldies' came (the rest were tied up with school holidays) and with the local and Ulladulla and Canberra yogis, plus a dozen or more from Sydney, nealry 60 people rocked into the night, singing, dancing, clapping and cheering as the Bhajan Group raised the roof as well as Kundalinis at the BB Community Centre. This comes to 130 people getting their self realisation at BB since February this year! Jai Shri Mataji! ABC radio ran a 10 minute interview and played the Three Mantras on air and the local rag ran a page 3 story. Another fabulous concert raised the roof at Ulladulla Community Centre on Sunday morning, the new people tunned by the whole thing. A picnic by the sea rounded off a truly Divine weekend. So many, many, many thanks to EVERYONE. Jenny. XXX

It should be mentioned, just in case there may be PARALLEL EFFORTS going on somewhere, that the preparations for a new, corrected MANTRA BOOK is well under way in the U.K. (Alan Wherry and Chris Marlow).