

Sahaja Newsletter



Friday 22.11.91

Tao Means How

Tao means how: how things happen, how things work. Tao is the single principle underlying all creation.

Tao is God.

Tao cannot be defined, because it applies to everything. You cannot define something in terms of itself. If you can define a principle, it is not Tao.

Tao is a principle. Creation, on the other hand, is a process. That is all there is: principle and process, how and what.

All creation unfolds according to Tao. There is no other way.

Tao cannot be defined, but Tao can be known. The method is meditation, or being aware of what is happening. By being aware of what is happening, I begin to sense how it is happening. I begin to sense Tao.



INDIA TOUR

SHRI GANESHA PUJA

In the past, it has been the custom for those going on India tour from Sydney, to assemble at Burwood for a puja to Shri Ganesh - to collect our share of gifts and then to go in convoy so as to all arrive at the airport at the same time.

This year, we suggest that we celebrate our puja to Shri Ganesh, on the Friday night as part of the normal Friday night programme. We can then pick up our presents and all meet the following day at 1pm. However, it is most important that we check-in as a group! We are carrying (as usual) a number of boxes containing Shri Mataji's things, if we do not go through as a group these things may not be accepted as collective luggage. So please be sure to be there at 1pm.

Stephan



FUNDRAISING FOR SHRI MATAJI'S VISIT

DO YOU HAVE ITEMS YOU WOULD LIKE TO CONTRIBUTE TO A STALL AT
GLEBE OR BALMAIN MARKETS?

CRAFTS THAT YOU HAVE MADE, CAKES, JAMS,
PRESERVES, GOOD QUALITY CLOTHES (CLEAN),
CHILDRENS' TOYS, HOUSEHOLD ITEMS, BOOKS &
PLANTS. DO YOU HAVE ANY OLD JEWELLERY YOU
KNOW LONGER WEAR?

IF YOU HAVE ANYTHING TO DONATE JUST LEAVE THEM AT THE PRESCHOOL. WE PLAN TO GET A STALL IN EARLY DECEMBER.

MANY THANKS

MARLENE



HELLO FROM AUSTRIA

Stan Trenaman and his wife met Helen at Krishna Puja in Cabella some weeks ago and wanted to extend their love to all Sahaja Yogis and Yoginis in Australia.

CORRECTIONS TO SONGBOOK - Australian Supplement

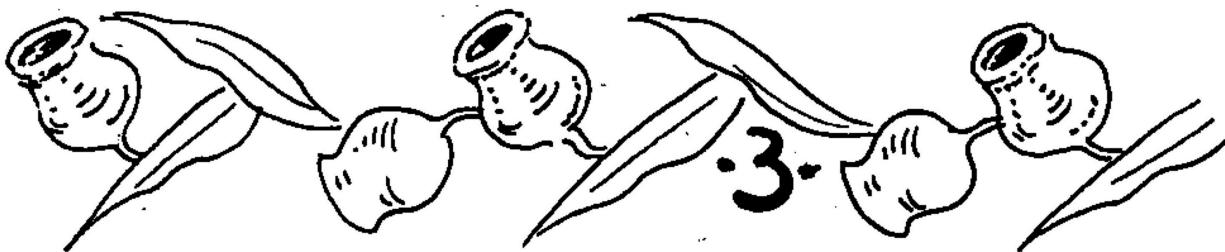
Sanskrit page 1 (Shri Nirmala Namaskar)
3rd stanza, 3rd line, 2nd word 'PAPAHARA'

ORANGE

Last Sunday 17 Nov there was a seminar held in Orange that attracted 5 new seekers and 5 people that had been attending programmes there over the last few months. It was a very uplifting day organised by Lee & Leonie who live in Orange, and Surrender & Andrew led us all through four hours of very interesting and deepening Sahaja experience. Lee & Leonie will continue with a weekly meditation meeting.

NORTH SYDNEY

Tuesday 19 was the final programme of the year 91 for lunch time at North Sydney held by the North Shore yogis. These programmes have been ongoing and very successful and there were twelve seekers at this final programme.



Coffs Harbor Seminar and Bellingen Programs.

(Chris Kyriacou - Newcastle - 21.11.91)

On Saturday Nov 16th a seminar was held at Valla as a followup to the Coffs Harbor and Nambucca Heads Public Programmes. The seminar was held at the property of two new Sahaja Yogis, Helena and Graeme who live at Valla which is between Nambucca Heads and Coffs Harbor. They arranged the followup for the people who attended the public programmes.

Helena and Graeme invited us to stay in the second of their houses on their property. All the Yogis drove up on Friday evening. On Saturday morning many of us went handbilling in Bellingen for the programme on the following day. It was the monthly market day in Bellingen, and everyone was there including all the AL people from the valleys surrounding Bellingen. The area has certainly attracted many seekers from all over the country, many living in communes, and practicing 'permaculture' type practices to live off the land.

On Saturday afternoon the seminar was held at Valla for those who had come to the previous programmes, six new people attended the seminar, and at the end they were making arrangements for when next they would meet. The beginnings of a small collective seem promising.

On Sunday we all made our way to the Public Programme in Bellingen. Stephan introduced the programmed emphasizing that Sahaja Yoga was based on experience, not on books or philosophy, a reference to all the seeking histories of the attendees. There were 16 new people there most of them Alternate Life people from the surrounding hills. Most of them had seeking backgrounds but felt the cool breeze. Names were collected and hopefully they will join up with the others from Coffs Harbor and Nambucca Heads to establish Sahaja Yoga.

Again a very fruitful and collective weekend enjoyed by all. For their much needed support thanks to Aris & Rajashri, Peter & Asha, Stephan, Brian, Prasad, Stan and Peter.

CHRISTMAS IN PERTH

Calling all yogis who will be in Sydney at Christmas time...

At our last seminar, we began talking about the possibility of a special Christmas "gathering" for those of us not going to India.

One idea was that a group of us could travel to Perth to celebrate Christmas Puja with our WA brothers & sisters.

We now need to get the names of anyone wishing to go, so we can book airline seats asap. Prelim. details are: approx depart 18 Dec, return 30 Dec.

So if you are interested, please phone Charles at Strathfield 747 2820 (evenings) or 745 4562 (day).

MELBOURNE NEWS

Last weekend Melbourne Yogis commenced their fund raising activities with a very successful evening at Karl's home. Karl prepared a beautiful dinner that the new Yogis served to everyone. Michelle and Kamakshi Coventry danced and later slides of Southern India were shown. The event raised \$680.

THIS PICTURE WAS GIVEN
AT DIWALI PUJA IN CABELLA
TO ALL WHO ATTENDED



Female

ANGLEM	Huguette
ALBERMY	DIANNE
BARRETT	WENDY.
Boyle	SUE
BONNEAU	WENDY
CHALLIS	ALISON
CHAVAN	SARITA
COUTIER	Sequeline
DAVIES	CAROLINE
Dobbie	ELIZABETH
Dobbie	JUDY
FOGARTY	MARILYN
GRAHAM	RONDA
HAMILTON	JUDY FIN
KALLIOINEN	HELSA
Kartley	Deborah
LEAN	PAM
LENN	NATALIE
LUM	Françoise
MANNING	TILDA
MEYER/WIELEN	ILSE
NAPPEL	BARBARA
NESDALE	CLAIRE
PATTERSON	JAN
PAULING	LINDA
PAULING	LAURETA
PELLEGRINI	SABIOGA/MAG
PATRICK	JENNINE
Perres	DIANA
Reynolds	ESME
SANDERY	MARIA
SMEDLEY	DELLYN
Smiley	REBECCA
THOMAS	DIANE
TOLFREE	KATHERINE
TREWIN	ILSE
VASUDEVA	KYN
VERCOE	KATE
VERNIER	ALEXANDRA
Welch	Heather
White	ALEXA
Whitworth	EUDIONE
Woodward-PAGE	ARMINTA

NAME	1ST NAME
AINLEY	Howard.
ANDERSON	KEVIN
BOLAND	Peter
BOLTON	PAUL
CASTLE	LAURENCE
COLMAN	DAVID
Dobbie	CHRIS
GRIFFITH	JOR
HENCHAU	MICHAEL
HUTCHEON	ROBERT
INGLES	DAVID
JEFFREY	HUGH
JONES	ANDREW
KEETLEY	PAUL
KENILL	MATHEW
KYRIACOU	CHRIS
LEWIS	PHILIP
MCDONALD	AIDAN
MARLOW	SIMON
MURPHY	PATRICK
NICKUDE	AVINASH
PAULING	KEVIN
PODDA	CHRIS
RYAN	SEAN
SALOMAN	JOE
SHAPTOCK	SCOTT
SZYDLOWSKI	CHRIS
TAYLOR	STEPHEN
TOLEDO	LUIZ
VEGA	SUAN
NICHOLAI	PAUL
O'DONNELL	LES



India

Shri Kundalini Mata,
We bow down to you.
Shri Yamuna, Shri Ganga,
Flowing pure and true.
Shri Sita Ram, Laxshmana,
Arrows in your hand.
Please guide us on our journey,
Through this timeless land.

Chorus: India, India (2)

For lifetimes I've been waiting,
Endlessly I've roamed.
Your very earth vibrating
Now my spirit's home.
We'll climb to Saptashringi,
Touch the Sahasrara,
Shri Adi Shakti Nimala Devi -
You Are India.

Chorus: India. India, India - Nirmala Devi.

HELP HELP

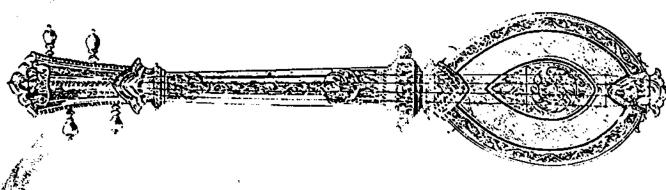
Wendy Bonneau is going on India Tour from Cairns (1st time since 1981). She needs someone who would like a holiday in Cairns. To keep an eye on her 3 children, 4, 8 and 10 years old. Live in their luxurious house, use of airconditioned room, pool and use of the car! Wendy leaves on 2nd December and returns midJanuary. Any takers? Can anyone help for anytime? Ring Wendy on 070 553608

- 7 -

- 8 -

Are you going to
India?

Please make sure
you have one of these
in your passport!



-DISTANT VIEW OF SING-GARH

THIS PASSPORT IS VALID FOR ALL COUNTRIES UNLESS OTHERWISE ENDORSED	
(subject to the visa, permit or other entry requirements of each country)	
CE PASSEPORT EST VALABLE POUR TOUS PAYS SAUF MENTION SPÉCIALE (sous réserve des formalités des visas, permis, ou autres exigences d'entrée de chaque pays)	
VISA STAMP 1. Visa Type/Number 2. Date of Issue 3. Validity of Visa 4. Authorised period of stay in India 5. Number of journeys: Single _____ Multiple _____ NOT TO BE USED FOR TRAVEL TO PROTECTED AREAS CHANGE OF PURPOSE NOT ALLOWED	
CONSULAR OFFICER/AGENT CONSULATE GENERAL OF INDIA, SYDNEY LAL CHINGLAINA Deputy Consul General Consulate General of India North Sydney 2000	