

Sahaja Yoga

28th March, 2003
4th April, 2003



Australian Newsletter

Jai Shri Mataji!

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Publication deadline for contributions
is midnight each Tuesday

...there is a power in every human being which is Universal and which can be enlightened. It's something beyond the conception of human beings, that they can achieve this kind of a spiritual growth within themselves.

I wonder how many of you also realise that whatever you have achieved is something great. It is the climax of human development, human growth and all the advancement we have made. This will change, definitely change, the world and its understanding.

I am talking to you today at the time when the war of Iraq is on in a very big way. I don't know what to say, how it is going to work out. But with all your efforts towards peace it will get solved, I'm sure, and will bring peace everywhere.

We don't want to have wars. But we have to change human beings, otherwise you cannot trust them. This is a very big challenge to all of you. You have to work very hard to get to this idea of giving realisation to everyone. Otherwise you cannot stop it, just by giving them lectures or threatening them. The awakening is needed within, which of course I don't know if everybody will try to have. But as many as can have it, please try to give them awakening because they are all human beings, born at this time, and so they deserve it. You have to just try, meeting them, talking to them and giving them self realisation...

Shri Mataji Nirmala Devi
80th Birthday Puja Address
Delhi, India
21st March 2003



NATIONAL NEWS

80th Birthday congratulatory messages to Shri Mataji from Australia's political leaders

Jai Shri Mataji!!! Prior to our Divine Mother's 80th Birthday, all the states contacted their respective political leaders to request a message of greeting to be presented to Shri Mataji at Her Birthday celebrations.

There was a tremendous response from our leaders! Here's a list of the people who responded to our request. (Text version of their messages can be read at <http://www.freemeditation.com> follow the links to '80th Birthday'. An Acrobat pdf copy of each letter is available on this site.)

Federal Government

- Leader of the Opposition, The Hon Simon Crean MP

New South Wales

- The Premier of NSW, The Hon Bob Carr MP
- NSW Liberal Leader, John Brogden MP
- The Lord Mayor of Sydney, Councillor Frank Sartor AO

Australian Capital Territory

- Chief Minister, Jon Stanhope MLA

Queensland

- The Premier of Qld, The Hon Peter Beattie MP
- (plus 2 from Cairns - details to come)

Best wishes

Charles Tiralongo
Sydney

Sahaja Yoga tour to Indonesia August/September 2003: a great opportunity

The Indonesian and Australian yogis are now planning a (fourth) Sahaja Yoga tour to Indonesia (Bali and Java) including holding up to 6-7 public programs and 3-4 seminars (for newly-established yogis) over two weeks in August or, more likely, September 2003.

The tour would cover about 2500 km—mostly by private bus—and encompass public programs in Denpasar/Bali (population two million), Surabaya (population four million—first ever program), Yogyakarta (half a million), Solo (half a million—first ever program), Semarang (one million), Jakarta (population twelve million) and possibly Bandung (one million). The vibrations would reach many more people as Java is thickly populated around these cities and we would be travelling in the countryside.

Last year with only 4 public programs we gave realisation to a documented 2,000 people and helped further establish Sahaja Yoga in the world's biggest Muslim nation. While the Indonesian yogis have been extremely generous with their time and money, Indonesia is still a new collective and our assistance is vital to realising our mutual responsibility of giving Sri Mataji's gift of Self-realisation to Her Indonesian children.

If yogis are interested in being involved in the tour, either by participating or by providing financial assistance (in previous tours all advertising and hall hire has been donated by Indonesian and Australian Sahaja Yogis and the Australian Sahaja Yoga National Trust), please contact John Fisher (jdfisher@hotmail.com).

Yogis who have gone in the past have been overwhelmed by the response by Indonesian seekers to programs and have been touched by the generous and friendly nature of Indonesians. The tour would also visit some interesting cultural and historical sites including the world-heritage listed sites of Borobudur (huge Buddhist temple) and Prambanan (5th century Hindu temple complex), as well as sampling the fabulous arts and crafts of Bali and Java. It is a bit like a small version of the now legendary early India tours—small groups doing important and interesting things. Be part of what promises to be an inspirational tour. Participants (from Australia and Indonesia and (possibly) elsewhere) will pay their own transport and living costs (from Australia around \$2000 for two weeks) as they have done in the past.

If you are interested in more information please also contact me. Even if you can't contribute materially or in person please put Sahaja Yoga in Indonesia in your enlightened attention.

John Fisher, Canberra
02 6232 4455
jdfisher@hotmail.com

STATE NEWS

from Victoria...

Invitation to attend Easter Puja at Hiawatha, Victoria

The Greater Victorian Collective is honoured and pleased to host this year's Easter Puja at Hiawatha, Victoria, Australia. (April 18th, 19th 20th & 21st 2003).

Shri Mataji has said that Hiawatha is the Maha Lakshmi of Australia. Mother has given her blessing to the Hiawatha Sahaja Yoga Meditation Retreat a number of times.

All Sahaja Yogis from Australia and around the globe are welcome.

Contact persons are:

Colin Berry colin@allwheeldrives.com.au 03 9730 1409

Jeff Lyons jrlyons@satlink.com.au 03 59 898762

Arrangements will be made for pick up and delivery to the airport and Melbourne.

Many Sahaja Yoga techniques and Meditation will take place. A public program is being scheduled, spontaneous giving of realization is planned, golf, nature walking, foot soaking in the stream running through the property, havans, collective programs, children's programs and activities, entertainment, and lots of collectivity is anticipated.

Please be our guests at this auspicious occasion in this perilous time.

*John Noyce
for the Greater Victorian Collective*

PS Please RSVP as we will need to arrange accommodation and food.

from NSW...

Change to Saturday nights for weekly collective programs at Burwood

Earlier in the year after the recent leaders' meeting the idea was presented to the collective of re-working the format and manner in which we meet collectively each week. There were aspects of the current Friday night program arrangements which allowed scope for improvement. One of the ideas raised was to move the collective weekly program to a Saturday night. At that point collective input was requested about this proposed move.

Last Saturday evening a trial move of the program was held. The general mood, demeanour and collective feeling was that the program with the 5:00pm start on Saturday was more relaxed, less rushed, and allowed for more time after the formal part of the program was complete to spend time in each others' company. Also feedback since this proposal was suggested has been overwhelmingly in favour of the move to Saturday night. Perhaps over time this will evolve along the lines of the weekly Roman program, where following the conclusion of the formal program a light pasta meal is prepared and the rest of the evening is spent enjoying collective music.

This note is to inform the NSW collective that our weekly program will now be held at 5 o'clock each Saturday evening within the confines of Shri Mataji's house at Burwood.

Sincerely

*Raymond Hampton and Chris Kyriacou
Sydney*

INTERNATIONAL NEWS

from India...

80th Birthday celebrations a joyous occasion

Dear Brothers and dear Sisters,

Jai Shri Mataji !!!

We all just came back after the 80th Birthday Puja celebrations in Delhi and was absolutely wonderful. We were fortunate to have the Devi's darshan on 19th, 20th and the Puja on 21st of March.

On 19th we had a good musical program. Mother came at about 9.00 pm and we had a dance by Madhuri Mudgal in Odissi style. Then we had Dhanjay Dhumal on the synthesizer with Sandesh Popatkar on the tabla. This was followed by the Nizami Qawwals and finally we had the maestro Hindustani vocalist Ustad Rashid Khan. So it was nearly 2.00 am when the program got over and Mother had some rest and dinner and left after 3.00 am. It was a very beautiful evening and each of these artists excelled by the grace of Shri Mataji.

On 20th we had the felicitation program which started at 6.45 pm. There was very heavy security and bandobust the whole day for the chief guest Mr Advani. So we had to pass thru the metal detector and frisked physically before entering the main pendal. The program was to start sharp at 6.45pm, but as the many metal detectors were not functioning properly they started allowing the Yogis after the repairs at about 6.30 pm. So when Mother came at 6.45 with Sir CP only half the pendal was full. Then they had to suddenly allow every one without the frisking.

Mr Advani came at around 7.00 pm and he talked for a brief 10 minutes and left by 7.15 pm. Then we had a lot of people trying to say a lot of things but were not able to put these in proper words. We had Rajesh Shah, then Gregoire, Rahul Bajaj, Dr Spiro, Debu Chaudhary the musician, Guido and the Mayor from Delhi.

Finally they called Sir CP. He was as dignified as ever. He said that he first wants to clarify that they were celebrating only one birthday today and that of Shri Mataji which only mattered. He was only one among the other million people who would be also celebrating their birthdays on 21st March. But the felicitation was for only Shri Mataji as She was the one who has transformed the whole world and saved it. He said the most difficult thing to do was to transform the people. He had many years back tried to change 2 people in his office and had miserably failed. But Mother had transformed thousands and thou-

sands of people. And the result is that he can see so many angels sitting whenever he meets Sahaja yogis. So it proves that She is an incarnation and the radiance in the face also shows that. He said that spreading the message and giving realisation was the only solution to all the problems of this world. So he reminded us that 2 to 3 years back he had proposed that during her 80th birthday celebrations we should present her with a list of 80 million Sahaja yogis. A lot of progress had been made all over the world. But now he wanted to put another proposal. That after 20 years when we celebrate Her 100th birthday we should present Her with 100 million Sahaja Yogis which was followed by a thunderous applause. Finally he also made a very candid confession. He said that he was alive only because of HER.

Then our Holy Mother spoke saying that She does not know what She had done that we were felicitating Her on her birthday. She said it was our own power within which had transformed us. Also it was the time. She says it is the blossom time and hence so many of people were getting their realisation. It is now spreading like fire all over the world. She said She was very happy that during her lifetime She has been able to see the growth of Sahaja yoga in as many as 43 countries where it has fully been established and in about 90 countries where Sahaja yoga has reached. She said She has not gone to so many countries but then She was amazed how it has spread everywhere. For this She says it is the Sahaja Yogis who are responsible and thanked us for it.

Then we had a Music program with the Hyderabad Qawwals and another Maestro on the sitar Ustad Shahid Parvez. He was amazing and gave a scintillating performance. After this the program finished at about 11.45. Mother then left for dinner. At 12.00 am we suddenly had fireworks all around. We were a few still in the pendal at that time. So they asked permission from Shri Mataji and then they sang *Happy Birthday* for both Shri Mataji and Sir CP. Also a small cake was cut inside Her room.

On 21st the Puja started at 8.00 pm. Shri Mataji arrived at 10.00 pm. She again profusely thanked all the Sahaja yogis who had come from all over the world and India to this far-fetched place to celebrate Her birthday. She said it many times first in Hindi then English that we were put to shame by her Great Humility. She said that spreading of Sahaja Yoga was the most critical thing to do. Otherwise there cannot be peace. She mentioned that now the Iraq war was on and didn't know how long it will last. But if we want peace then the only way is to spread Sahaja Yoga because you cannot get peace by talking. The transformation should be from within. So we should try and give realisation to as many people as possible. She said that She did not know if all can have realisation but we should go all out and give to those people who want it. Then in Hindi She told the people of India that here we had no problems as in western countries. Here we know about spirituality

and people understand the importance of it. So here we should spread it still more. Each Sahaja yogi should give realisation to atleast 100 Sahaja yogis. She then blessed all of us on this day that we should give realisation to as many people as possible. She blessed us and said *Anant Ashirwad* at least 10 times in her speech.

Then we had the Puja, by washing Her lotus feet by the Children. After the Ganesh Puja we had the Devi Puja with the decoration of Her Lotus Feet and the *Devi Alankar* followed by Aarti. Then there was a very very long line of presentation. It started at 12.30 pm and finished at 4.00 pm. It was because of Her infinite love and compassion that She sat through so patiently. All throughout Yogis were massaging Her Lotus Feet. But She was talking to each group of people and was so involved all throughout.

Jai Shri Mataji!

Pradyoth

Details of International Pujas for the remainder of 2003

Please note that the following details may be subject to change.

Easter Puja

(Shri Mataji will not be having this year) -

Sahasrara Puja

2nd, 3rd, 4th May in Cabella

Adi Shakti Puja

13th, 14th, 15th June in Cabella

Guru Puja

11th, 12th, 13th July in Cabella

Shri Krishna Puja

8th, 9th, 10th August in New York

Shri Ganesha Puja

12th, 13th, 14th September in Cabella

Navratri Puja

10th, 11th, 12th October in Los Angeles

Diwali Puja

7th, 8th, 9th November in Mumbai

Christmas Puja

25th December in Ganpatipule