



Thanking you.
Jai Shri Mataji
V. Nalgitkar
(Sahaja Yoga Centre, Delhi)

There is a change in the Birthday Celebration Programme of March 98.
1. The programme will start from 20th March - with Felicitation.
2. Birthday Puja will be on 21st March.
3. Music programmes will be from 22nd to 26th March.
4. Shiv Puja has been cancelled.
A detailed fax/letter will be sent in a day or two to all concerned. This brief note is being sent to certain country leaders only with a request to please inform all immediately.

Dear Brothers and Sisters,

Jai Shri Mataji!
20 February 1998
From: V. J. Nalgitkar
Sahaja Yoga Temple
New Delhi, India

IMPORTANT ANNOUNCEMENT
The following fax was received from Delhi early this morning. Please note that Shiva Puja has been cancelled and the Birthday celebrations extend from 20th March to 26th March inclusive.

SHIVA PUJA/BIRTHDAY PUJA 7 - Revised Programme



Australian
Sahaja
Newsletter

Contributions: Balraj & Claire Singh
02 9499 2219 Burwood fax 9745 4927

"The Opening"

We affirm that
the next thing that happens occurs only
Through the waves of the whole universe yearning toward a
goal,
By means of the entire unfolding cosmos,
In the light of one single unity of purpose—
which is the clear sign and name of the Only Being,
the Ultimate Force behind being and nothingness.
We begin
With the Divine Void calling our name before we raved into
existence.

A meditation on the Holy Quran, Sura 1: Fatcha,



Everyone who took washing from Shri Mataji's trunk please return items to Burwood as soon as possible.

Shri Mataji's Washing

Michael
With Love
Jai Shri Mataji!

Only those with compelling reasons, occasioned by the change in programme, should contact Rob Richardson. He will commence negotiations with Singapore Airlines early Monday to revise travel arrangements in accordance with the above suggestions depending on availability of seats. Return flights should not be affected.
Any people still wishing to come to Birthday puja or who are now able to come should contact Helen Manassey, in writing, in the first instance, with payment of \$100 deposit.
Revised contributions and charges will be advised as soon as notified from Delhi.

At present the suggested travel arrangements are as follows:
Parent Adults and Dharamshala School Children
Depart Australia 18th March
Arrive India 18th March
Rest Camp 19th, 20th March
Felicitation Programme 20th March (presumably in the evening)
Non Parent Adults stopping over in Singapore
Depart Australia 17th March
Stopover in Singapore 17th march night
Arrive India 18th March



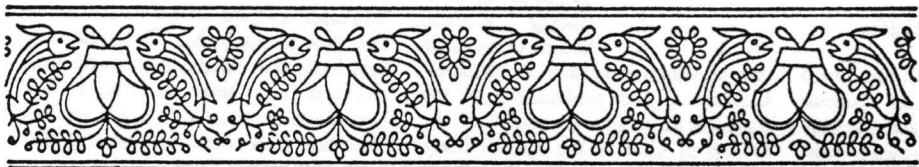
Bhajan Practice

Bhajan practice will be at Burwood Ashram next Friday 27 February at 7:30pm.
All welcome.



Marguerite Fashion Store

Come and browse through the array of ladies, children's & men's clothing
Open every Saturday night after the Burwood programme



Any professional or accomplished amateur musician who would like to play in the Sahaja International Orchestra is invited to contact Mrs Sarah Labade (02) 9418 4819 and should also notify Mrs Helen Manassey re travel.

Michael

Subject: SY-Orchestra
Date: Tue, 17 Feb 1998 17:45:38 +0100
From: Edwin.Kernbauer@blackbox.at (Edwin Kernbauer)
Organization: Black*Box - <http://www.blackbox.at/>
To: esis@tpgi.com.au

From: Edwin Kernbauer
To: Michael Fogarty

Dear Michael!

I want to ask your help for our International Classical SY-Orchestra. I send you our ideas and I think Wolfgang Hackl, our leader will contact you in this case very soon.

SAHAJA YOGA ORCHESTRA -
BIRTHDAY PUJA in NEW DELHI

1. General Information

We plan at the Honour of SRI MATAJI's 75th Birthday a performance of our International Sahaj-Orchestra in New Delhi. As an orchestra is a symbol of collectivity, it would be nice if every country could participate with their professional classical musicians. Therefore we would like to invite all countries to name their musicians to our Orchestra - Management in Vienna. The performance at the Holy Feet of our Mother will be on 20th of March 1998 in New Delhi and we are sure, that this event will be strongly recognised by the national Press in India.

2. Our Intention

We would like to present Sri Mataji this Orchestra as an Symbol of HER WORK OF LOVE AND INTERGRATION of all Countries of the world in Sahaja Yoga.

3) Time schedule:

17/18.3.1998:	Latest arrival in New Delhi (Boys Scout Camp!?)
18.3.1998:	am: 1st Rehearsal
	PM: 2nd Rehearsal
	evening: 3rd rehearsal
19.3.1998:	am: 4th rehearsal
	PM: 5th rehearsal
	evening: 6th rehearsal
20 (29) 3.1998	am: 7th rehearsal
	PM: General Rehearsal
	Evening: PERFORMANCE

4) Program:

The program will be: Divertimento from Mozart and Viennese Waltz form Strauß. The final decision about the program will be next Week

5) Co-ordination:

The music notes will be sent to the musicians as soon as possible.



The yogis who did the country tour would like to share their experience with the general collective. It was wonderfully enriching for all. 156 people achieved their self realisation in 9 days. Many deep seekers are out there in the country areas waiting for their Mother's grace.

The first evening at Katoomba and the last at Pelaw Main, ended with storms, as did many evenings in between. A sense of Shri Mataji's presence was with the group all the way as many things occurred which made everyone aware of her blessings.

It was similar to a mini India tour as it deepened the meditations of the travelling yogis, and the established yogis, in the towns and cities visited, have since telephoned to say that the same depths happened to them.

Many new seekers were disappointed that there was not to be a program the following week and asked us to return. They were promised that they would not be forgotten. A plan is underway to visit country areas regularly. Everyone is welcome to help and to share the joy.

The bhajan boys supported the group on both weekends and the music was very much appreciated. One yogini joined us for one program as she put her attention on the tour during morning meditation and the vibrations were so cool that she felt impelled to join us for the day.

The scenery was very beautiful all the way with great vibrations of earth and sky. The strong vibrations from the tour re-activated many people who had received their self realisation even years before, and they started ringing the local yogis.

A man practising Tai Chi decided to put it aside for a few months in order to try Sahaja Yoga instead. Another person, at the follow-up program, mentioned that she could not believe the peace she felt while driving home the night before. A lady at Forster, who was on stress leave, noticed that when the Mooladhara and the innocence of children was mentioned, the Boland baby (Alexander Rama) burst out laughing.

Looking at the book, later, where people wrote their names and addresses, someone had written, "Thank you very much for coming to see us". Mercy

Message from Peter and Joe Boland, & baby Alexander

It was inspiring to see the effort and work of those involved in the NSW country tour. We normally travel a great distance to enjoy the Sydney Sahaja Collective and were amazed to see it recreated for us here at Forster and Taree on the mid North coast (3.5hrs drive north of Sydney).

The programs were greatly enriched by the celebratory and heart opening mood that was created by live Music of Joy. The follow up meeting was the best attended so far for this area and the seekers were of a high calibre.

We hope that more such tours will follow in the future and welcome any Sahaja Yogis for a program or just a visit.

Jai Shri Mataji!



Laxshmi Puja

Mike and Olga, Andrew and Anne, Jalindar and Michelle invite all yogis to Shri Mataji's new ashram in Hurstville on Sunday March 1st at 3pm for Laxshmi puja. 86 Patrick Street, Hurstville (close to train). All welcome. Phone: 9579 2293.



Country Property Working Bee

There will be a working bee next weekend at the country property on Saturday and Sunday. Please contact Paul Henwood at Lewisham by Wednesday night to register your name. Ph: 9560 0029.

HINDUSTAN TIMES 9/2/98

Islamic conference focuses on Sahaj Yoga

HT Correspondent
Lucknow

Interpretation of the Quran in the light of Sahaj Yoga was the topic of the first international conference of the Islamic Study Group in the city here on Sunday. Various Muslim scholars from around the globe dwelt on the divine powers of Nirmala Devi, who has rediscovered the magic of 'sahaj yoga'. The members discussed the benefits of this form of yoga and how Muslims could benefit from it.

Speaking on occasion, Mr Husain Topi, a renowned sufi saint from Turkey, said the seven heavens mentioned by the prophet were in fact

the seven 'chakras' of consciousness.

"The Almighty is pleased after one attains a higher state of consciousness attained through self-purification and meditation," he said.

"God sees through man and he hears through man," the Sufi saint said. Mr Topi said in the final stage of consciousness man is enveloped by the will of God and in this state, he attains union with the Almighty and finds peace.

Mr Jamil from Algeria revealed that 'Qayamat' or Doomsday as is

generally understood, is not destruction but resurrection, which is attaining enlightenment.

He explained that the real meaning of greater 'jihad' or holy war was

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the 'conquest of the self'. Mr Javed Khan, president of the Indian Taekwondo Association and the All-India Kickboxing Federation, said the 'meraj' or ascent can be attained

through self-realisation, which happens spontaneously in Sahaj yoga.

"The Quran and the Hadith speak specifically about 'meraj', he said. Dr Anjad Ali from Australia spoke on the same topic and explained the matter in detail. He related every aspect of his theory to the electro-magnetic field of energy present within every individual, which he termed as 'chakras'.

Explaining the positioning of the 'kundalini', which he said was the breath of God in the human body, Mr Anjad Ali said the 'kundalini'

ascends from the base of the spine to the top of the head, which when aroused leads to self-realisation.

Dr Zafar Rashid from the United Kingdom talked about incarnations. He said the holy ghost was in fact the primordial feminine power called 'Adi shakti'. "It is through this 'shakti' that we can attain salvation," he said. Mr Majed Golpour from Iran said 'resurrection is also the time for advent of the 12th Imam or the 'Ma'ahdi' (which loved said was in fact 'Adi shakti'). Mr Golpour said that from the various signals he had received from time to time, it has become clear that 'Adi shakti' or the 'ma'ahdi' had come to earth in the form of Nirmala Devi.