Nicolas

THE MENTEN CONTROL OF MENTEN C

Much Love to all from Athens, Greece

The link between the ancient Greek , Indian and Christian culture has been achieved. That will work very well for this country.

numbers of seekers which attend the programs. While the follow-up will continue I will keep you all informed about the

or a very high value to offer by the press and the general public as an organisations which has something The most positive thing that has happened is that we have been accepted

when the days pass. up. Sri Mataji told me on the phone that they will be a lot more coming soon We had follow-up meetings and so far 40 new people have attended the follow

import from India raw material or other items. Greece and that many shops will have to close. The solution for that is to During the stay here in Greece Sri Mataji worked on various problems concerning the Greek collective and the country. Is interesting to note that after few days the Serbian-Bosnians agreed to a peace plan here in Athens. Also Mother told us that the EEC is driving prices high here in Athens. the program and the whole effort to spread sahaja Yoga here in Greece. and then to the hotel. Sti Mataji Wirmala Devi was very pleased with After that Sri Mataji gave a talk on Sahaja Yoga and how the Greek knew of the same truth and then the kundalini awakening exercise took place were all of the seekers in the hall got their Self-Realisation. After many came to meet in person Sri Mataji and all asked nothing but allessings, we left around ll:00 at night went to a near by hill of Athens and then to the hotel. Sri Mataji Mirmala Devi was very njeseed with

know that has the Grace to give self-Realisation is Sri Mataji Nirmala Devi. was seeking the Truth and I basically told them the only Person who I Then Sti Mataji arrived and I was asked to tell them my experience while On Wednesday we went for shopping and in the evening there was a public program with 850-1000 people. The theatre was full and I gave an introductive talk on with 850-1000 people. The theatron of Sahaja Yoga with the ancient Greek heritage.

It is very beautiful to watch Mother on the public TV the vibrations are tremendous. This interview lasts 10-15 minutes. Devi told us that the journalists in Greece are very sensible and sensitive. will be on prime time during this or next week. Also this video tape will be made available to you via the Austrian distribution. Sri Mataji Nirmala questions by Sri Mataji. This has not been aired yet but soon will be aired with Greek subtitles and display of the centre address. That popular TV channel in Greece with a Sahaja Yogini journalist and set After this TV interview there was another TV interview from the most

thing to do and Athens was named after the Goddess so all fits very In Greece the Praise and the worship of the Mother was the most natural no problems doing Sahaja Yoga since the Great Ancient Greeks did also. Even the government is praising the Greek heritage so this way we have

Sahaja Yoga is what the Greeks knew and that this heritage is revived again. there were Greek subtitles in order to address the Greek audience. The tapes which will be distributed will be in English only. It was a very big success because in that tape Mother made clear to the Greeks and the world that interview must be minimum around 5000. The interview was in English but a minute the number is 500.000 viewers and for those that has seen the whole The statistics of the show is for those who view channels for less than pecause while Mother spoke we manage to display the address of the centre. interview also there are a lot of people who came to the follow up from that journalist. That was a big success also and the program was on the air on Thursday 30 April. We will make available the interview trough Austria. The follow was in English. The TV station received for days very positive phone calls and there is a possibility to air it again. From that program I have received many phone calls asking more or congratulating me for the interview also there are a lot of neonly who came to the follow up from that interview also there are a lot of the congratulating me for the interview also there are a lot of the congratulating me for the interview also there are a lot of the congratulating me for the interview also there are a lot of the congratulating me for the interview also there are a lot of the congratulating me for the form that interview also there are a lot of the congratulating me for the interview also there are a lot of the congratulating me for the form that interview also the follow up that interview and the follow up that it is a for the congratulation of the follow up that the follow up that it is a follower.

came again with her husband and friends to ask for advise. The inferview is not published yet but soon we will see it in a popular newspaper. got her Self-Realisation it was very positive because in the afternoon she was the day for the journalist. First Mother had a interview with a famous journalist were the questions were very good and in the end she (journalist) to prepare for the coming of Sri Mataji and the new seekers. Tuesday there The Puja took place in our new centre which we were working very hard

After that there was a 1 hour TV interview with Sri Mataji and a

soon with the Puja talk the Kundalini awakening. There will be a video and audio tape from Austria Athena was an Incarnation of Adi Shakti and that the Greeks knew about there was a very positive and high interest from the journalists also. On Monday night there was a Sri Athena Puja were it was clear that Sri Most of the Athenians saw the poster and from phone calls we have received

> Sri Mataji Nirmala Devi The Goddess Athena apocalypses to be reality by

manage to put up 1.300 such points around in Athens and still there are many posters with Mother's picture in Athens. The title of the poster was: and the headings staple around the electric columns and traffic lights. We is very effective and that is thick cartons with the picture of Sri Mataji Nirmala Devi was a break through. We have used a new type of postering which After the airport we drove to the hotel. Wolfgang from Austria and Tarek from Turkey were also in Athens. For the Greek collective the coming of Sri Mataji

old tradition and heritage and that Sahaja Yoga will be established here. offered flowers to Mother. Sri Mataji gave a small talk at the airport with the main points that the whole world has learned from Greece and that now the world has to learn again from Greece. Greece is a country with very Sri Mataji Wirmala Devi arrived in Greece at around 6:30 on the 25th of April 1993. All the Greek Sahaja Yogis went to the airport to meet Sri Mataji. There was a chair for Sri Mataji to sit while the Sahaja Yogis

Dear Brothers and Sisters,



!!ICATAM IRZ IAC

(Itom Nicolas - Athena - 5/5/93)





# ANNANDALE MORNING PROGRAM

The first program was held last Tuesday May 11th. It was exciting to see so many seekers (20 in all) attending a morning program.

Jai Shri Mataji



## INDIAN DANCING

Due to a good response, an Indian Dance class will begin for Sahaja Yogis. It will be held at the Strathfield Girls High School Oxford St, Room 11 (not on Puja days) commencing on Sunday May 23rd between 12.30 & 1.30pm. Cost will be \$8.00 per lesson - Men are also welcome to join the class.

Phone Sarita or Tracey at Croydon (745 2393) for more information.





### VIDEO LIBRARY

As most of you know Lyn Vasudeva and her lovely family are moving to India shortly. So we are looking for volunteers to man the video library

on a Friday night. This will mean only 1 stint every 4 weeks as we have a roster. Please contact Margie McDOnald if you are interested.

Please note if we don't have volunteers we can't keep the library open.



### VIDEO TEAM

Tuesdays as has been posted.

Our next meeting will be on Saturday 22nd May at 2.30pm over at the Strand. Please come with your ideas either written down or still in your creative

head!!. Helen is also available on a Thursday night from 7pm - 9pm to teach editing, discuss ideas, help with research & scripts.



Please don't forget. Working bee in the Burwood garden this Sunday, 16th. 8.30 or soon after. Thank you!!

NB: Strathfield (Micholson St) programmes are held on Mondays 7,30 and not

# Sahaja Newsletter

Contributions: Sue Raggatt:

Carole McNeill: (02) 560 6921 Efrem Manassey (02) 560 4134

(02) 745 4562

FRIDAY MAY 14th 1913.

STOP STOP STOP PRESS

Sri Mataji has indicated a desire to visit Australasia and the Far East in Feb/March of next year.

Stand by for more news as it comes to hand!



CHALLENGE (Michael Fuseli - New York - 1105/93)

\* \* \* \* \* \* \* \* \* V A C A N C Y ! \* \* \* \* \*

New York, New York, New Rochelle. 96 Shadow Lane is the address in this suburb of New York City only 35 minutes from Manhattan by train or by car. Walking distance from the train and oceanside. This ashram will have 2-3 vacant full-sized furnished bedrooms, a corner house offering much privacy and flexibility of usage.

Sahaja Yoga Potential: Public Programs are currently being held at 7 different locations in the New York Area all within easy reach of the Ashram.

Only established yogis with a profound sense of challenge and sure employment prospects should apply.

Interested candidates should contact Gregoire De Kalbermatten ASAP since the vacancy may very soon force the closing of this superb ashram.



96 Shadow Lane New Rochelle, New York 10801

"74200.2706@CompuServe.COM E mail: Phone: (1 914) 636 4406

The Earth Mother exhibition will be in Stockland Mall, Mann Street Gosford for the whole of next week - Monday 17th May to Saturday 22nd May. We hope to give interested seekers realisation on the spot and will have Mother's videos playing continuously.

A follow up public program has been arranged for the following Monday May 24th at 7.30pm in the Gosford Primary School staff room (Mann Street).

At the end of June - probably starting Sunday 20.6.93 at 2.30pm we hope to hold 4 consecutive public programs in the Tourist Information room behind the library West St Umina, for seekers on the Woy Woy peninsula.

We have also started to advertise through the Tourist Information Bureau on the coast - for \$15 per year we have posters displayed in three locations and are able to put leaflets/cards etc in the same places. Also includes a small ad in the Tourist Magazine.

In April we were invited to speak to the Bateau Bay Parents without partners group and were happy that 20-30 people were present and receptive (even if they did finish the evening at the Mindarra Club!)

Jai Shri Mataji from The Coast.



Congratulations to Caleb and Granya (Williams) - a son born Monday 10th May '93.



#### SAHASRARA DAY IN THE MOUNTAINS

Sahaja Yogis from Canberra and Sydney celebrated Sahasrara Day by visiting Kosciusko National Park in the Snowy Mountains. We stayed at Sawpit Creek not far from Thredbo where Shri Mataji conducted the 1987 Sahasrara Puja. We arrived in the afternoon at our cabins among the gum trees. The children wrapped up warm and ran and played in the forest.

In the evening we ate a huge stew and hummed some tunes round the fire, having stumbled around in the dark soon after dusk looking for wood. The mountain air was chilly on our faces but the fire warmed us and gave off a beautiful eucalyptus fragrance. Every so often a blanket of soft high cloud would move across the clear sky and hide the stars. Between times we stargazed and viewed the craters on the moon through binoculars. The children played with sparklers and enjoyed watching fire fairies dancing from the embers up high into the darkness.

Discussion twisted and turned among the great things, and searched and sorted through the ideas inspired by being out in the open. Eventually we bedded down in the cabins and tents, cocooned in beanies and blankets.

In the morning we found a site for the puja down a hillside in the thick of the bush and within earshot of a babbling creek. We meditated and conducted our puja in the still beauty of this wild and untouched place. Spots of rain came but seemed only to wash the photo, not causing a halt to the puja.

The power of such a simple gesture in the midst of breathtaking natural beauty gave us all a feeling that we had experienced something complete and special. It reinforced and refreshed us for future days. Mother's nature is capable of subduing all sense of ritualism which can thieve our joy and cause us to squander our devotion. I wanted to share our experience with you as I knew when we came home we had touched something I will never forget.

Richard Ogden (Canberra)

News also from Canberra is that a new yogini (Kay) has given realisation to 20 children, 6 parents and 1 teacher at a local private school. Most of them are eager to follow up, so a meditation 'class' has been arranged for every Wednesday.



# Photo albums of the futture

OMING soon to a television selling exceptionally well. OMING soon to a construction over family snapshot album. Kodak Australia this week will launch its Photo CD technology designed "to revolutionise the way we view photographs".

In future when you take a roll of colour film to your local mini-lab for processing, you will be able to get the pictures back on a compact disc as well as prints.

You'll take the CD home, pop it

into a Photo CD player attached to the family telly — and view up to 100 photographs displayed at full screen size. You'll be able to call any of them up at will with a remote control, zoom in on sections of the picture, even add a musical soundtrack to your electronic photo album.

Photo CD is the latest twist on compact disc technology that threat-ens to overwhelm us all in digital data and alphabet spaghetti. It began a decade ago with the audio CD. This has been followed by CD-

ROM, CD-Video, CD + G and CD-I, and no doubt there are more to come.

CD-ROM is a multimedia format used with personal computers, mainly for games and educational material. After a slow start it is now Thursday 13 and Striday 16 May 10.00 am to 6.00 pm barday 15 and Striday 16 May 10.00 am to 6.00 pm Sant said Striday 16 May 10.00 am to 6.00 pm Sant said Striday 16 May 10.00 am to 6.00 pm Sant Striday 16 May 10.00 am to 6.00 pm Sant Striday 16 May 10.00 pm to 6.00 pm Sant Striday 16 May 10.00 pm to 6.00 pm Sant Striday 16 May 10.00 pm to 6.00 pm Sant Striday 10.00 pm Sant Striday

CD-I is for similar interactive video games and educational material viewed on a television screen instead of a personal computer. In Australia it's mainly being used for corporate training.

CD-V (for video) and CD+G (for graphies) have mainly involved attempts to put video clips and graphics onto rock music discs. These formats have sunk pretty well without trace in overseas markets and have never been promoted here.

Kodak is hoping for a much better fate for Photo-CD. It is designed not only for home users, but for professional use, revolutionising the han-dling of photographs in publishing and other industries.

These users will be able to call up digitised photos on their computer screens, resize, edit and otherwise manipulate them before sending the finished files off to the printer.

Kodak will demonstrate both home and professional Photo CD systems this week at the Photo Video Expo at Darling Harbour.

For home users there will be Kodak's own Photo CD player. You have only to plug it into the power and connect a cable to your

connect a cable to your television or video to begin viewing Photo CD discs.

The Kodak player, which is actually made for the company by Philips, inventor of the CD system, is expected to sell for around \$800. If that seems a lot, bear in mind that it can lot, bear in mind that it can also be used as a normal music CD player: just link its audio output connections to the amplifier or receiver in any hi-fi system.

According to Kodak, when it's used this way the Photo CD player has features and audio performance equal to most of today's audio CD machines.

Initially, only two outlets in Sydney will have the facilities to put home users' photos onto a Photo CD disc. These are Paxtons and

Kodak's own service at Waterloo. The number of processing outlets is expected to spread dramatically after the formal launch of the system in July. Eventually most photo-finishing services will offer the service.

As Kodak sees it, you'll take your 35 mm print or slide film along to the photo finisher for normal processing and receive standard prints or slides

as you do today.
On request, the photo finishing service will use CD workstations to scan the negatives or slides, digitise

answer for consumers who have wanted both the unparalleled quality of 35 mm photography and the convenience of digital storage, display and manipulation."

Dr Fraser sees consumers building collections of "video scrapbooks" on

and this is Paris again...

separate themes or subjects. They will occupy significantly less space than normal photo albums.

Eventually, owners will be able to add graphics, music or voice recording the second of the second o

ings to the scrapbooks.

The same discs can also be used in

## When you take a roll of colour film to your local mini-lab for processing, you will be able to get the pictures back on a CD as well as prints. 9

them into a string of computer data, and then "write" the digitised images onto Photo CDs. Pricing for this service had not been finalised when and then "write" the digitised images onto Photo CDs. Pricing for this service had not been finalised when Short Circuits spoke to Kodak last week. But the basic cost of transfer-ring the pictures on a 24-exposure roll of film to a Photo-CD disk was expected to be about \$30, on top of normal charges.

Consumers will get their pictures back on a disc packaged in a similar way to music CDs. The plastic case will contain an index sheet bearing miniature prints of all images on the disc.

Dr Will Fraser, general manager of Kodak Australasia's consumer imaging markets, says the Photo CD

system provides a path to the future of imaging.

"Photo CD combines the best aspects of silver halide and silicon technologies," he says. "This is the

business reports, for instance, will be able to snap a couple of photos, rush them onto Photo CD, then import them direct into their publications.

It will be cheaper, quicker, easier and much less messy than the current system of printing pictures and scanning them electronically. And it will give desktop editors much better

control over their final product.
Kodak plans to launch Photo CD
at the Photo Video Expo, where
visitors can order a Photo CD and
test drive the Kodak Photo CD

player.
The Expo is open 1 pm-6 pm on Thursday and Friday and 10 am-6 pm on Saturday and Sunday. Entry is \$8/\$4.

LOST SONG BOOK! IF YOU FIND SHANNON SATHERLEY'S SONG BOOK, WOOLD THE FINDER PLEASE GIVE IT TO HER MUM SENNY WATLING.

### Across Australia for Sahastrara

I arrived in Perth on Monday morning May 3rd. As usual, the weather was wonderful. Went to the Giannasi home which was being readied for evacuation". Frank, Maria and children are off to Abu Dhabi for a few" years. We were no sooner there, then there was a call from a radio station requesting an interview! So off to the station where we were delighted to get 10 - 12 minutes of very sympathetic interview. Tuesday night was the first programme and the venue was the theatrette in the Perth Library. What a surprise to see the seats filling until there was only floor space What a surprise to see the seats filling until their was only lived been left. Some 220 people. And what a delight to hear how far the Perth musicians have advanced in little over a year... They are magnificent - Sydney watch out, you've got competition. Their voices were tremendous and the instumentalists were superb. Particularly Craig who has only been playing the tabla for a few months and does so as if he had been playing all his life.

After the programme, we invited people who had not "felt it to come down to the front. Contrary to what usually happens, at least 25 people came down and the Perth yogis were very busy for a while coping with these eager but as yet unsatisfied seekers. The good news is that they all got it!

On the Wednesday, a programme in a smaller venue in Fremantle; again with people siting on the floor and again they all got it. All in all 205 people got their realisation in that week and on the Saturday, at the seminar at Gidgegannup, 40 of them turned up to follow on! We had a variety of subjects and lots to eat including a hungi, a havan and of course, bhajans, dancing,

Sunday (Sahastrara Day) saw the entire collective building and preparing the site. The Puja was simple - beautiful - full of vibrations and outside, a sheep on a spit wafted delicious smells across the assembled gathering. In no time it was all over and the clean up began. The hangar is growing fast and the collective looks as if it is growing to keep up!

Monday night, saw the official farewell to Frank and Maria Frank has been at the helm of Sahaja Yoga in W.A., since 1986 and a great deal of the credit for what has happened over there is because of him.

They were presented with most unusual going away gifts. Frank received a brief case made out of the native timber of WA. - Jarrah! and Maria's was a handbag made of the same material...How do you make handbags and briefcases out of hard wood? Ask the 'sandgropers' and it doesn't take a fork lift to pick them up.

Farewell Frank and Maria and may you ride the winning horse in the Abu Darby!!

Stephan