



# Australian Sahaja Newsletter

Contributions:

12th Nov 1999

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"When you think of so many people who are lost in the maya of ignorance, we should really feel from inside that concern and that hankering,

"How can I help these people?"

And you'll be amazed, once you think like that, how this Divine Power, this Force, will come in. Forget about petty things and petty problems, they're nothing. You have such a powerful thing behind you...."

*SHRI MATAJI NIRMALA DEVI  
ADI SHAKTI PUJA, NIRMAL NAGARI (CANAJOHARIE)  
USA, 20 JUNE 1999*

## INDIA TOUR

We have finally received the following details for this years India tour.

### Tour Dates

- 1) The dates for the tour are from 23rd December 1999 to 31st December 1999 in Ganapatipule
- 2) The train from Bombay to Ganapatipule will leave on 22nd December (provisionally) All Sahaja Yogis on the tour should therefore reach Bombay before then..
- 3) Those arriving after 22nd December will have to make their own way.  
(Details will follow soon).
- 4) Everyone should carry the minimum of luggage.
- 5) We will depart Ganapatipule to Bombay by train on the night of 31st December 1999. The New Year Puja will be held at Ganapatipule.

Due to some problems with the file format we are still waiting to receive the tour application forms and wedding application forms. I have been told we will receive these forms this weekend. I will mail these forms out to all yogi's already on the list as soon as they arrive. Anybody who is planning to go to Ganapatipule that I haven't already been in contact with should contact me ASAP, also any yogi's who are planning to get married on the tour should let me know. Along with the forms I will also send details of cost, as well as any additional information that I have. If you have any queries you can contact me in the following ways...

Phone: 02 9591 9336 Fax: 02 9591 9336

Email: stainsby@optusnet.com.au

Due to the lack of time left before the tour we should complete the forms and make all payments as quickly as possible , This will allow the tour organisers time and funding to make the necessary arrangements.

Paul Stainsby

# NAGPUR ACADEMY

Jai Shri Mataji!

In December this year, approximately 110 students from all over the world will be travelling together to Ganapatipule! And we started with only 3 in 1995!

Although we are constructing more buildings, at the moment we only have capacity for 80 students on a double occupancy per room basis, with about 20 students who can be accommodated in a dormitory. (As you can imagine, all offers to sleep on the roof / tree-house are gladly accepted!!)

Many students expect to learn about Indian Classical music at the Academy in just one month! This is a difficult task for the guru, who has spent his lifetime mastering his art through the guru-shishya principle. This tradition is about the relationship between guru and student, which is as important as the lessons. The student earns the right to more instruction through his practise, respect of the subject and dedication, all of which takes time. That is why a minimum of three months at the Academy is recommended.

There is an Academy leaflet, about courses offered, fees and other general information, with an application form attached. *All students who wish to come, need to fill in one of these forms, and fax or e-mail it back (after it has been signed by your local Sahaj leader) so that a place can be reserved for you.* Please fill in a form even if you have previously spoken to me. (If you need a copy of the application form you can e-mail or fax us.)

Students who are at the Academy for at least two months before Ganapatipule / Birthday Puja are entitled to register at a student rate. Students arriving later will need to pay for Ganapatipule/Birthday Puja from their home country, at the foreign rate, before coming to India.

In the past Shri Mataji has granted scholarships to talented and deserving musicians, who are unable to afford to come to the Academy. The responsibility of a scholarship student is to give classes to other Sahaja Yogis once they get back to their own countries. Although fees will be paid, the scholarship students (or their collective) must be able to support themselves during their stay i.e puja costs, seminars, travel and other general expenses. If you do feel that you fall into this category then fill out the application form, and send it together with a letter from your leader, supporting your request, which will then be considered.

After their stay, all Academy students are expected to spread what they have learned, to the people of their country. This was the late P.K. Salve's (Shri Mataji's father) dream, that the depth and richness of the Indian culture should spread all over the world.

I look forward to welcoming you all at the Academy. With all my blessings.

BABAMAMA

## PSYCHIC FAIRS

On the 13th November help is needed with the Sahaj stand at the Psychic Fair:

11-5pm  
Roselee Centre, Pennant Hills Rd,  
Carlingford

ALSO

2nd-4th December  
Kuring-Gai Town Hall  
Pymble.

If people could come to help out it would be appreciated Please contact Leanne ph: 9499 3178

## New programs on North Shore

All Sahaja Yogis are cordially invited to support these North Shore programs held in preparation of Shri Mataji's visit

Thurs 18th November  
6pm and 7:30pm  
Stanton Library, Miller St, North Sydney

Thurs 2nd December  
7pm at the Dougherty Community Centre  
7 Victor St, Chatswood

## HAVAN

There will be a havan at Killara Ashram this Saturday 13th November at 7:30pm to sweep the cobwebs away before the North Shore programs start and preparing for Shri Mataji's Tour.

## Fundraiser For Shri Mataji's forthcoming Tour

**Baby-sitting rates** have skyrocketed for people looking for someone to mind their kiddies on December 31st for the **Millenium Party**. People are willing to pay **\$200 - \$300** to baby-sit their children while mum and dad party!

Our suggestion is to offer our services to look after the children, with a little party, sleep-over and pick-up at 12 noon the next day. While most people are only offering the standard baby-sitting service, we are offering a more extensive and fun service.

So if you can **make yourself available** that night and you like kids, it would be a good opportunity to contribute to Shri Mataji's Tour expenses, (and it could be fun for the carers also).

Please contact **Carol Carlstrom, 9906 7190**

## China Update

Dear brothers and sisters.

### Chinese Language Newsletter

A number of issues of the Chinese Language Sahaja Yoga Newsletter have already been produced. We are now posting the newsletter on the web and it can be downloaded. If you are Chinese or have Chinese in your collective who would like to receive it the address is: [angelfire.com/ak/scriptbook](http://angelfire.com/ak/scriptbook) Any articles in Chinese on Sahaja Yoga or related spiritual subjects are also welcome.

### Navaratri Weekend

Over the weekend of Navaratri the Hong Kong collective celebrated a long weekend in the country. Despite the small size of Hong Kong over 60% of the total area of is reserved as parkland. HK is a very mountainous region and large peaks rise from the sea to over 900 metres. The seminar was held in Sai Kung which is surrounded by mountains and sea. One of the Yogini's has a friend with a holiday house in a secluded valley called Tai Mong Tsai. The area has been settled for over 400 years and has a number of old villages surrounded by overgrown terraced rice fields. The house was an old farm building and has been converted into a 2 story house with 4 bedrooms and 2 living rooms with a large kitchen. An ideal size and perfect for our seminar. On Saturday night all the yogis met in a local Chinese "Hakar" restaurant. The Hakars are the traditional Chinese people who have inhabited the area for over 500 years. Their cuisine is very distinctive and they have a number of speciality dishes. After

### China Programs Face Obstacles

With the current crack down on the Falun Gong sect in China the authorities have clamped down on all non registered gatherings. The program we had been holding in the park in Shenzhen has been stopped and a lot of the yogis who were coming regularly have not come back. There is a lot of intimidation by the authorities so people are very scared. We have recently moved the centre there to another location in a newer building. It is a smaller flat but at the moment we are maintaining a presence. There are only a few people coming regularly compared to the 12 or so we had before. We would humbly request all our brothers and sisters to give bandhans and to shoe beat this problem. Shri Mataji suggested at the Ganesha Puja that the Russians should help to bring Sahaja Yoga to China as they had a closer relationship with the Chinese than the westerners.

inner we returned to the house and enjoyed bajhans late into the night. On Sunday a havan was prepared with a big fire and all the negativity was offered. It was an amazing feeling when the names of Shri Durga and Shri Maha Kali were read as the whole left side cleared and there was a complete clarity. The breeze blew gently through the trees and one could feel a complete silence and tranquility enhanced by this beautiful place. Nearby the river flowed and the sound of water rushing over rocks mingled with the sound of the wind. We are so blessed with all the elements to help our ascent!

In the early evening the Puja was prepared outside on the lawn at the front of the house. The house is very private and there are no neighbours to see. It was the first time in Hong Kong that we had held a Puja outside. A beautiful altar was prepared and decorated with and flowers. Shri Mataji's photo looked so real and we could feel

her presence. The sun set and the puja continued into the early evening. Sitting on the earth enhanced the vibrations and the cool wind blew all around. Everyone went into deep meditation after enjoying the blessings of our Holy Mother. A very memorable Puja!

The following day was a holiday so we enjoyed another day of collectivity. In the morning shoe beating on the lawn and a trip to the river for a foot soak. A delicious BBQ lunch and then collective string burning. All in all a tremendous weekend of love and enjoyment for the yogis of Hong Kong. Sadly the time came to leave this beautiful place and return to the noise and pollution of the city but at least inside we can keep the peace. Jai Shri Mataji!

Lots of love, Alex.

## HARLEM PROGRAMS

From: Alan Wherry, UK

This Yogi was privileged to attend the first public program to be held in the YMCA in Harlem, New York last night. (October 26th 1999). Harlem is a suburb of Manhattan, famous for its Afro-American population. New York Yogis had leafleted in the streets of Harlem for two afternoons, and the room that was booked, held 15 people comfortably. 40 new people turned up, which meant that the Yogis who came in support, waited outside the room so that the new people could be accommodated. There was still an overflow and several new ladies had their self-realization in the corridor. Those of us who were outside could feel the very strong flow of vibrations and most of the new people testified afterwards to the power of their experience. A joyful occasion and one that promises much for the future.

Alan

## Call for Photos

I am creating a CD of photos of Shri Mataji which will eventually be available for sale to the collective. I now have about a hundred well-scanned and edited photos of Shri Mataji. We can put about a thousand photos on single CD (with a size per picture of about one MB). We'd like to invite yogis to send their personal photos of Shri Mataji from public programs or pujas to be included in the CD. All photos will be returned. We would especially like photos with information about where and when they were taken. We also need photos of Shri Mataji's feet.

You can use such a CD for any Sahaj publications or personal use with a computer. The manufacturer guarantees a hundred years of safety for the information. The photos won't fade, destroy, tear. You always can adjust settings of photos using modern software. What we can do: scan photos up to 8 x 14 inches in colour up to 600 dpi, adjust colour and brightness, fix scratches and red eyes. We cannot scan from slides and bigger sizes at this time.

Any yogi with a good collection of photos or some unique shots, who would like to participate in the creation of this disk, please call Aleksey for further information at 302-539-2803 or email [maryci@ce.net](mailto:maryci@ce.net). (3 The Curves, Fenwick Island, Delaware, USA 19944)

ALEKSEY YELESIN

## DELPHI

### Nabhi of the Universe

"Indeed, this place seems to be divine." - Plato

This weekend Shri Mataji is in Delphi Greece for Diwali Puja, at the centre of the Nabhi of the universe.

The ancient Greeks considered Delphi as the navel of the world. It is also the site of a major Shri Ganesha swayambhu. Our most beloved Mother, Shri Mataji Nirmala Devi, visited holy places in Greece, among them the excavated ancient sanctuary of Delphi. On the way there, they showed Her a hill and they called it the Nabhi and the Navel of the whole universe. Shri Mataji confirmed it by saying, "That is correct." And around it there could be felt the strongest vibrations. She also found a statue of Shri Ganesha there.

Delphi, the old central sanctuary of the Greek tribes, is situated on a five hundred meter high slate terrace on the southern hillside of the limestone Mount Parnassus in central Greece. It is most famous for the Pythian Oracle and the inscription, "Be conscious of yourself!" ("Know thyself"). In ancient times Delphi was known as Phyto and has been a sanctuary of the Goddess of Earth, Gaia, and her daughter, Themis, and became later the oracle centre of Apollo, as Delphoi. This name, Delphys or Delphi, comes from the word for the mother's womb.

The God Apollo is Shri Vishnu. His sister Artemis, known to the Romans as Diana, is Shri Kali. Apollo tried to conquer arbitrariness and extravagance and he worked cultivating, educating and civilizing. He was the leader of the Muses and the God of destiny. His priestess, the Pythia, was his mouthpiece. His Delphic oracle acted most lastingly upon the faith and thinking of all Greeks.

In the neighbourhood of the Delphic temple region, Athena (Shri Adi Shakti) also had a temple district. Shri Mataji Nirmala Devi said in 1993 Athena "has the Kundalini in Her hand and you can see that clearly that She was the Adi Shakti. Actually, in Sanskrit Atha means primordial. So She was the Primordial Mother. Because there was no connection left between the Greeks and the Indians, this translation was not there and they didn't know what is meant by 'Athena'... So in the Nabhi there's an island where it is Greece, where the Goddess resides. Manipur Chakra is where She resides.... When I went to Her temple I found that there was a little temple for the child of God. That was Shri Ganesha. And then, when I went to Delphi ... I was surprised to see, they showed Me a mound, said, 'this is the Nabhi, navel of the whole universe.' I said, 'That's correct.' But when I turned round there was lots of vibrations and what I find is a Ganesha statue there."

It has been said that the first awareness of this oracle was due to a crevice from which a cool, peculiar breeze was emitted. This breeze was also described as a breath or pneuma or inspiration which made one "become enthusiastic." The words of the oracle came in both verse and prose, accompanied by a magnificent smell. The oracle could sometimes be humourous.

Socrates admired the Apollo of Delphi. The Pythia let it be known about the incarnation of the Adi Guru, "Sophocles is wise / Euripides is wiser / the wisest of all human beings is Socrates." Socrates himself sometimes recommended the Delphic oracle to people seeking advice. Socrates was a master in unmasking stupid gossip and heresy. He had a subtle technique in asking questions in disputes, exposing the absurdities.

The famous statement, "Be conscious of yourself" ('gnosi soton') is attributed to one of the seven sages of the classical antiquity. Socrates, in a similar manner, declared, "A life without introspection is not worth living." The great Greek writer Hesiod reported that Uranus (heaven), the grandfather of Zeus (in the Indian Vedas Zeus is Dyauspitar, Father Heaven) swallowed down his children and after that a stone. That stone he vomited again. Zeus rammed that stone in the earth in which were 'wide furrows on the foot of the Parnássos in the holy Pytho to a symbol, a surprise to the mortal human being.'

If this stone is located underneath the hill which was shown to Shri Mataji as the Nabhi and navel of the universe, it is not certain. But it is known that in the Delphic land there is a Swayambhu of Shri Ganesha. In 373 BC the sanctuary was destroyed by a landslide. The whole known world at that time had a part in its reconstruction, which gave evidence to the tremendous reputation of Delphi. The last announcements of the Pythia came in the fourth century when it was silenced by Emperor Theodosius. It was considered that the oracle was no longer connected to the Divine.

Shri Mataji said, "On the whole, the vibrations were very, very good, no doubt, and I went to all the places in here, like I went to Delphi. I went up there to see Athena's temple and everything. To all the places of interest, they took Me round.... Even the sea I felt was so very beautiful.... I came here at least about fifteen years back, maybe fourteen years back. And I find now the vibrations are coming back now through you people and the whole place is again vibrating."

*Based on a longer article by German Sahaja Yogi Dieter Storz. Reported in the Canadian Newsletter*