

Sahaja Yoga

19th December, 2003



Australian Newsletter

Jai Shri Mataji!

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Publication deadline for contributions is midnight each Tuesday

Merry Christmas to all our readers and contributors.

Thank you for all your support in 2003.

May the love of our Holy Mother

and all our brothers and sisters

fill your hearts with joy in the coming year.

*from the editor and distribution staff
of the Australian National Newsletter*



NATIONAL NEWS

Yuva Shakti Camp

17th to 24th January 2004
at Balmoral

The third annual National Combined Sahaja Yoga Youth Camp is being arranged to be held in January at our national country property at Balmoral.

The camp is aimed to again bring young people above 13 years of age, and from all quarters of our country, together for a week where we envisage that everyone will spend much time enjoying themselves in a range of cultural, physical, artistic and sporting pursuits as well as enjoy and explore the qualities, attitudes and behaviours that young teenagers and children can develop.

One of the aims of the camp (besides having a good time!) is to provide a position and supportive environment in which to bring the children of Sahaja Yogis together from all over our country and to enable them to develop and strengthen their experience of Sahaja Yoga and support the bonds of friendship between themselves and their elder Sahaja peers or older Yuva Shakti brothers and sisters.

The camp is aimed at setting aside time where the care, protection and needs of all young Sahaja Yogis is our primary concern. Our love and support for all our young Sahaja Yogis, Sahaja Yoga dharma and boundaries of behaviour will be focal point for all activities.

The Yuva Shakti are growing and becoming mature and capable of self-determination and making their own decisions. We should demonstrate in the real sense what the self is and how to become it. The camp aims to have fun and enjoy ourselves but also to trigger seeking in young people to know the truth beyond the limited knowledge they can gain at school. What is new is that self-knowledge and the truth is not a matter of knowing, or following one's parents but it is about becoming the self.

The camp is for committed Yuva Shaktis who are active within Sahaja Yoga. The application form must be completed and approved in order to attend the camp.

The time of the camp is dedicated for one purpose alone: our teenagers. Can we ask the Yuva Shakti to be actively involved and participate in the process of running the camp and helping decide its outcome as an empowerment of what is needed and what aspects of Sahaja Yoga we should explore.

What we want to get out of the camp

- Approach to deepening in Sahaja Yoga
- Suggestions regarding clearing sessions, topics of interest
- Yuva Shakti Collectivity and fun
- Sahaja Culture

There will be a charge of \$130. This will cover food costs, equipment hire and cover the majority of the daily activities and includes a \$20 donation.

There may also be excursions and day trips arranged for major outside activities but these will be optional and will involve additional costs.

Each day there will be 1 or 2 major activities. There will be a concert night at the end of the camp. Each day there will be workshops and rehearsals for the presentation night.

Please be aware that morning and evening meditations are non-negotiable and are an integral part of the camp. So be prepared for early morning rise and early evenings as well as exchanging vibrations and other Sahaja activities.

Day-to-day activities will include bush walking, drawing and painting, ceramics, arts and crafts, music, carpentry, woodwork, table tennis, cricket, volleyball, badminton, and other sports.

Regards

*Avinash Nickkawde, Raymond Hampton
and Chris Kyriacou*

STATE NEWS

from New South Wales...

Wedding invitation

The Sahaja Yoga collective is cordially invited to attend the marriage of Shanti Heckenberg to Shamik Ghosh on Saturday 31st January 2004 at 5pm at the Royal Botanical Gardens Sydney 'rose garden'.

The reception afterwards will be at Strathfield ashram: 61 Broughton Rd Strathfield from 6.30pm.

RSVP by 7th January to be included in the guest list for catering purposes.

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