## **BHAJAN PRACTICE**

Burwood Sat 8th June 7:30 pm. All welcome

## Woollahra programs

.Will recommence late January

## **Get Deep!**

Looking for an opportunity to grow? Take a couple of hours out each Thursday night and help with the Glebe meditation class! Over its two and a half year history Glebe has seen hundreds of seekers receive their self realisation, and many yogis have benefited in the process. You know you grow fastest when you give realisations to others!

Contact Paul Henwood: 9560 0029 or Sue Williams: 9799 3418

## **IMPORTANT - Audio Master Tapes**

Anyone who has borrowed Master Audio Tapes could they please return them ASAP.

These tapes are not to be borrowed.





# Australian Sahaja Newsletter

Contributions:

7th Jan 2000

Lidcombe: 02 9649 6879 Burwood Fax: 02 9745 4927 email: sahaja@eagles.com.au

If your Agnya is alright, then your eyes are perfectly alright. They emit nothing but love wherever they glance. Only with a glance of your eyes you can raise the kundalini; with the glance of your eyes you can cure people. Only with your glance you can bring joy into the destroyed, ruined people, with your eyes. They are the windows of your being. A realised soul's eyes sparkle like diamonds.

One must know what to order and how to obey. Obey the Divine. Obey our elders. Obey your Self and not your ego. Then you can order also others. Not only human beings but the Sun and the Moon and the Winds, and everything in the world. Everything you can control with this agnya. If you know someone is going to do something wrong, take his name to your agnya and he will not do it. Anything you order on your agnya must be respected. But your agnya must have Christ there - your agnya has to be clear.

Those who have a good agnya can master anything. You can really become the master of yourselves. When people see you they will know Christ is reborn again within you. As long as you have done no wrong, there is nothing to worry. And as it is, even if you have done some wrong, God is there to forgive you.

Shri Mataji Nirmala Devi, in Nirmala Yoga.

# A DESCRIPTION DE LA PRINCIPA DEL PRINCIPA DE LA PRINCIPA DEL PRINCIPA DE LA PRINCIPA DEL PRINCIPA DE LA PRINCIPA DEL PRINCIPA DE LA PRINCIPA DEL PRIN

# SHIVARATRI PUJA AND BIRTHDAY PUJA 2000

Shivaratri Puja 4th-5th March Pune, India

Birthday Puja 21st March - Puja 23rd - Marriages

25th - Delhi Public Program Delhi, India

Shivaratri Puja will be jointly hosted by Australia and India. There will be a group travel booking made, to leave Sydney on 2nd March, flying into Mumbai, and to return from Delhi on 1st April, after the Birthday Puja.

A second group booking will be made to leave Australia for Delhi on 19th March and depart Delhi on 1st April. Most of the children returning to Dharamshala would probably go with this group.

### Assam and Rajasthan Tours

Between Shivaratri and Birthday Puja, there is likely to be a second Tour of Assam to give public programs. The first of these tours was a great joy and success. Alternatively there may be a tour of Rajasthan, visiting some of the great palaces and forts.

### Marriages

Anybody wishing to get married either at BIRTHDAY PUJA or GANESHA PUJA, should forward their forms to Avinash Nichkawde by the end of February.

Anybody hoping to attend either or both of these Pujas should CONTACT AVINASH NICHKAWDE ASAP.

**Best wishes** to the new Co-ordinator of Sahaja Yoga in Victoria - Robert Henshaw, and also to the new joint National Co-ordinator, Avinash Nichkawde, who will now be assisting Michael Fogarty.

## Country Tour Meeting Monday 10th January

There will be a meeting to discuss the Country Tours for 2000 at Avinash's office. This will be dinner and a meeting. Meet at 6:30pm at 550 Pacific Highway, St Leonards.

## Pendants and Rings for Sale

Some rings and pendants bearing Shri Mataji's photo are now available, as well as some Shri Ganesha pendants. These will be available at Burwood on Friday nights after the program. Please contact Kevin & Barbara Fitzgerald (ph. 9416 2205)or Jan Rajak (ph. 9746 7129).

At Nagpur Academy BabaMama was asked, when he received his Self-Realization. It was 20 Dec.1985, when Dr.Rustum and Rajesh Shah were discussing, how it can be possible that the formless can achieve a form. BabaMama was laughing and said that's too much, how can you discuss about something like this? But Dr. Rustum asked BabaMama, if he had received his Selfrealization already. BabaMama replied no. Rustum said: Why? You haven't got your Realisation yet? Come, it will only

take one second.

BabaMama laughing: Shri Mataji didn't succeed in this for 13 years - how

will you manage to do it?

R.: What do you love most/first, what is most dear to you?

B. at once: My Sister! (!)

R.: What do you love second?

B.: Music!

R.: What is for you the Epitom, the Highest in Music?

B.: The sound that reaches the audience...

R.: Imagine that Shri Mataji is this sound.

B.: And it made "click", and he felt the vibrations everywhere and the cool breeze above of his head, and he was full of Joy.