

Sahaja Newsletter

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FRIDAY OCT 25th '91

Dear Sue,

This is a poem that Stephanie wrote during the children's sessions of Bundilla seminar. She did it so effortlessly that I told her that I would ask you to print it in the newsletter.

She who loves us all
Helps us all and
Runs us all
Inside her heart is lots of love
Mataji is the word.
Australians ~~she~~ makes
Them all *
And gives them
Just pure
Innocence :

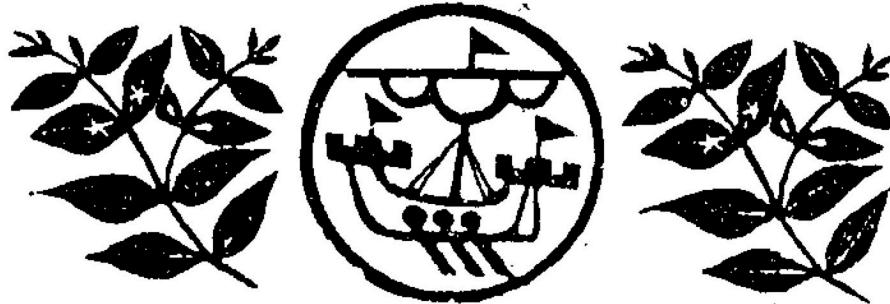
Stephanie Colman

Some children did some lovely illustrations of the deities too, but I was too slow in collecting them in.

It was great to be with everyone again.
Tai Shin Mataji

Love

Sewal



Jai Shri Mataji

Dear Sue, and Everyone,

How are you? It was so good to see you over here in America.

I hope the rest of your stay was enjoyable. I'm sorry we didn't make it into LA. it would have added 4 hrs to our 37hr drive and the men weren't so keen on that! So anyway thank you all of you who came to America and joined in the puja and Seminar weekend, you brought a lot of joy and good Vibrations with you and I'm sure everyone here appreciated your presence, its rare to have international Guests ^{unless} when Shri Mataji is here in person. You are welcome any time!

Four days ago Jeff, Sukanya and I went to the Immigration building to apply for a Green Card for Sukanya, She has been accepted into a TV advertising Modeling Company for children so we need a SS no.

Everything went smoothly until we got



to the last lady who actually makes up the cards once there approved ect.

Well she started to make a big fuss about child labor ect all of a sudden the computers & power stopped only in her Department so , she forgot her complaining took the photo and made up the card . She couldn't complain without the computer & power to check up everything.

Once she'd completed the card and handed it to Jeff everything went on .

We felt so much Mothers presence and Shri Ganesha removing obstacles

Jai Shri Mataji, Jai Shri Ganesha .

Thankyou again for coming over here and everyone who visits America is more than welcome to visit Seattle

Much love to everyone

Rosie dyres

Jeff and Sukanya send (Wynle)
their love to you all.

ps. we have our big interview with immigration on the 23rd Oct please put a bandar for Suki & I. thanks.

CRAFTS - FUND-RAISING

Dulcie Tiefke gave Sahaja Yogis a lesson in card making this week. The cards are really very beautiful (samples on display at Burwood) and perfect for birthdays, Christmas....and fund-raising!

Next Lesson: Thursday, 31st October - 11.00 A.M. at Burwood. All Welcome.

What do you think of having a "Fund Raising for Mother's visit" stall at the markets in December?

Market Information: Glebe Sunday Markets: \$10.00 for table \$15.00 for space
Balmain Saturday Markets: \$20.00 for stall

Any crafts, jams, cakes, etc. you would like to make and contribute are always perfect for fund-raising. Please ring Annette or Marlene (798-5443) for further information.



OOPS!

In our Sept 13th issue we reprinted an article from India regarding the rearing of a son. In it a typographical error crept in, due no doubt to the need to decipher the original that arrived on vintage Indian paper! The error was so uncharacteristic of the article and so unsahaja, that it really would not be taken seriously by anyone other than those suffering from great emotional deprivation! It read "treat him gently, but do not cuddle him ..." obviously the top of the "o" in cuddle get left off!!

We apologise for any apoplexy, heartburn or additional psycho-analysis that may have occurred amongst our readers at such a preposterous suggestion. We suggest the logical answer is to have a good cuddle and forget all about it.

Your hardworking volunteer printers/editors etc.

Bits 'N' Pieces

④ Shri Mataji is currently in Prague. Mother is buying crystal for Diwali Puja gifts.

④ Susan Sutcliffe, from South Africa, is having a short stopover in Burwood Ashram. Susan has spent the last few months travelling in New Zealand & Cairns.

④ Marlene Lovell is moving into Bland St (Preschool Centre) this weekend

④ Diwali Puja will be on Sunday November 10.



CHILDREN'S PROGRAM - 28 SEPTEMBER 1991

Another cheerful morning was had by all of the children at their Saturday morning session. We began with a Puja to Shri Mataji in which each child was involved. This was followed by meditation and then an exchange of vibrations. There were enough uncles and aunties to work with each pair of children and explain the meaning of the sensations they were feeling on their fingertips, and how to offer vibrations to make the catch go away.

After a recess, we resumed to listen to a most lively and adventurous comic about Shri Durga and the many battles Shri Durga had fought to protect Her children from the negativity.

As a grand finale we had a musical jamboree in the garden with lots of musical instruments and many keen musicians - young and old.

Our thanks to everyone who participated.

CHILDREN'S PROGRAM - BUNDILLA SEMINAR 4-6 OCTOBER

We had a variety of activities set up for the children to run simultaneously with the adult's sessions during the Seminar since past Seminars proved to be tense for parents who were trying to juggle children's needs with their attempts at gaining something from our collective time together.

The children's sessions included clay work, drawing of Deities and use of colour, silk painting, story time, outdoor games, Sahaja Yoga question-and-answer time and crossword puzzle, music and singing, soccer and cricket games, and due to popular demand, one or two spontaneous sessions of a few of the above.

The children were present during all group meditations and for bhajan and variety night, and when not in the children's specified sessions, were free to run through the very spacious and green park together. It was very loose and relaxed for everyone and the children thirstily drank in their time with Mother Nature.

This mother never once heard "Mum, I'm bored" during the entire weekend, and I'm sure all the parents had very happy but very tired little Vegemites when we departed on Monday morning. We will continue in future to provide these sessions so the children aged 3 and up can also benefit from Seminar weekends.

A grateful thank-you to all those who helped make the children's sessions a great time.





CHILDREN'S PROGRAM-19 OCTOBER 1991

The program this Saturday involved a meditation and small puja and then the children broke into two groups of varied ages to set up and prepare for a havan. Having just finished Navratri, the organisers thought it appropriate for the children to construct an effigy of Ravana out of paper and cardboard to offer to the fire.

While the first group were being directed by Uncle Luiz to construct the havan fireplace and set up the necessary wood, fruits, seed, etc., the other children were enthusiastically engaged in drawing onto the back of paper plates ten of the most dreadful, demonic faces they could imagine. Marking pens and paints produced such fierce ugliness it was surprising to see it coming from these little angels!

After a break from the heat with some fruit and juice, we assembled and Uncle Prasad explained about havan and the action we do and why we say, "Om Swaha". The names offered were of Deities governing the left side chakras (which the children would be familiar with), three times each, after which the cardboard Ravana went into the fire, caught light and, complete with the sparklers placed inside, burned quickly and violently to the cheers of the children. They were quite pleased he was dead!

The vibrations, needless to say, were deep and strong and another fruitful morning was had by all.

OUR THANK YOU

We, of the Committee, would like to gratefully acknowledge all who continue to participate in and support the Children's Programs, and also thank you to those who have contributed toward the costs of photocopying and supplies for these Programs.

NEXT CHILDREN'S PROGRAM: Weekend trip to the Blue Mountains 25-27 October

All school-aged children who would be interested in coming to Katoomba for a bush-walking weekend are invited to call Pam Jones at Strathfield to book in for this weekend away. We will depart Burwood on Friday night about 7pm and cost will be about \$15 per child for food and petrol. We still need one or two uncles to supervise the boys and provide transportation for a few children. Accommodation will be at Auntie Raelene's house in Katoomba. A tent or two wouldn't be out of place if numbers grow any more.

7.



THE EC WILL VOTE ON A BAN OF ADVERTISEMENT FOR TOBACCO
 (Harald Knoebel - Taiwan - 22.10.91)

Dear Mahayogis !

Recently we had a visit from Prof. Richard Peto from Oxford. He is a prominent researcher on the adverse effects on smoking and is continuing the work of Sir Richard Doll and Bradford Hill who in the late fourties were the first to link smoking to lung cancer.

More tha four decades after that the EC is on the verge to have a policy against smoking. They will vote on a ban of advertisement for tobacco.

For this ban to become real law a 2/3 majority is needed. At the moment 4 countries including the UK, Germany and the Netherlands will vote against the ban. UK and Germany have many votes because of their population size. So if they do not change their stand this historic chance will be missed !

It is needless to say that such a ban within the EC will have a big worldwide impact. Every product or publication imported would have to comply with this law !

Please have the matter in Your attention and spread the message. Shoebeat UK and Germany as they are in the moment the major obstacles. Most probably the Health ministers of the respective countries will have the major saying in the matter. In the UK the Health minister was changed, so there is a chance that they might change their vote.

Much Love !

Harald

 JAI SHRI MATAJI !!!



The tour itinerary (given to me by Shyam Gupta a few weeks ago), in brief:

3-Dec tour begins in Madras (some groups including us from Switzerland may arrive a few days earlier, no problem but we must let them know)

7-Dec night train to Bangalore

10-Dec night train to Hyderabad

13-Dec night train to Pune

18-Dec to Kolhapur (ST buses now)

22-Dec to Ganapatipule

28-Dec to Ali Bag

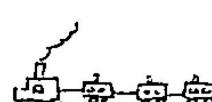
31-Dec to Kalve

2-Jan tour ends (people can stay a little longer in Kalve if they have to wait for planes).

Hope this is all clear!

Much love

Phil



NEWS FROM
WASHINGTON D.C.

September 28, 1991

Things are really going well in Washington. After a slow first year where the collectivity was rather meagre, we had a big kick-off program this summer with the help of the whole East Coast writers to the North. The program went very well and we now have 5-6 new people, 4 of whom, at least, are coming up very fast. There is a seminar next weekend in Pennsylvania where they will all do their first ^{bog} haiku & puja. So that is very exciting and it has been a great blessing.

As for Paul, things are moving right along. I am still working for a Committee of Congress under Senator John Glenn. Law school keeps me busy at night. At least I don't have to worry about how to spend my free time. It has all been going very well and has really been such a great blessing. I am just starting the second year of the four-year evening program.

Give my love to all my brothers & sisters down under. Have a joyful, deep India tour (I don't think I'll be making it this year). Thank you for the wonderful photo of Mother.



Love from your brother,

Paul Ellis.

L.F.L.