

THE AUSTRALIAN Strathfield

# Sahaja Newsletter



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APRIL 13th '96

WHY DO POLITICIANS AND CIVILIZATIONS FALL OVER?

Because they can no longer stand themselves.

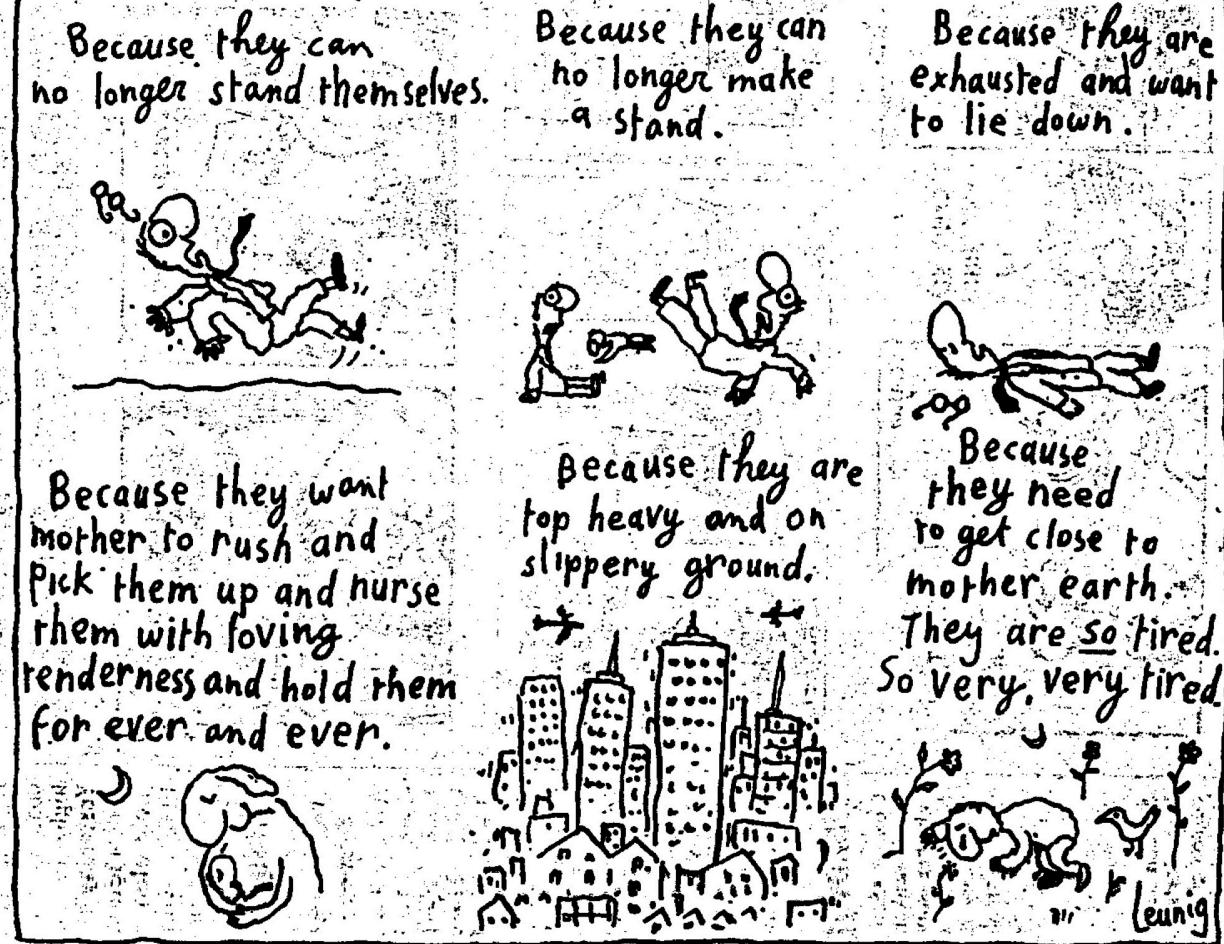
Because they can no longer make a stand.

Because they are exhausted and want to lie down.

Because they want mother to rush and pick them up and nurse them with soving tenderness and hold them for ever and ever.

Because they are top heavy and on slippery ground.

Because they need to get close to mother earth. They are so tired. So very, very tired.



This cartoon appeared in the Sydney Morning Herald a few days before Shri Mataji's arrival into Sydney this year.

# CHINA EXPEDITION

final arrangements are finally being finalized (I'm just copying this - Ed.)

The Sahaja Yoga Scientific Delegation will comprise 20 Sahaja Yogi's from around the world. They will descend on Beijing around the 22nd April.

The itinerary includes -

23/4 Conference opening

24/4 Delegation goes to

Tienjin for meeting of officials, tour of hospitals and formal presentation to doctors.

25/4 Conference presentation at 4.30 p.m. "Interactive workshop" with seating capacity for 150. (The deputy minister of health has accepted our invitation to attend!)

26/4 Final day of conference

27/4 Formal presentation of

Sahaja Yoga to Minister of Health followed by formal dinner.

28/4 } open - pending developments  
29/4 } in China

30/4 - Depart China for home.



Prior to China visit there will be a medical

conference and public programmes in Manila

19/4 - Medical conference

20/4 - Public programme

21/4 - follow-ups

After China visit a medical conference is planned in Japan for about 7/5.

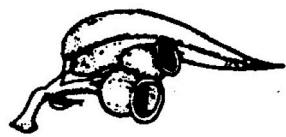
Please give bhandans etc, for full success. We will prepare collaborative programmes/research for the Chinese Government.

for Sale : VW Fast Back Classic 16000 TLE 1975  
with BMW Radio,  
excellent condition \$8000  
Ph. Sharon Trompf : 489 6285.



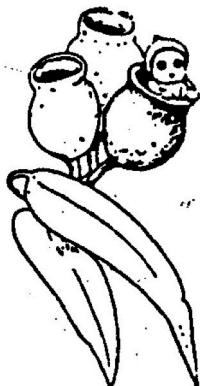
Meeting Burwood. Sunday 2.00p.m.

for the 8 co-ordinators of "Telephone Book Distribution"



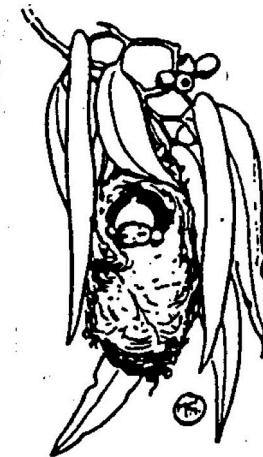
All enquiries: Hugh Frith <sup>(045)</sup> 77 3053

Joanne Suhas Bhasale of the Gold Coast gave birth to a baby boy on Tuesday 5<sup>th</sup> March at 2.11 am. Mother, father and baby are all doing well.



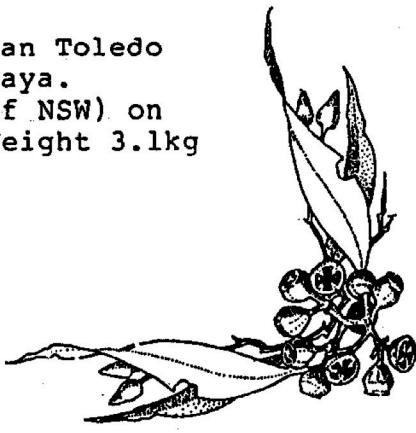
### Baby Boom at Tilden

Congratulations to Neil and Sita Riches on the birth of a baby girl called Kalyani (which means benevolent). For those astrology buffs the time and date of her birth was 12 March 1996 at 12.12 pm.





Congratulations to Jennine & Lakshman Toledo  
on the birth of their daughter Sooraya.  
Born Moruya Hospital (South Coast of NSW) on  
Wednesday April 10th at 2.07pm. Weight 3.1kg  
All very well.



LONG LOST!!! Can anyone help?...

A book, written by Asmird at age 13, called "Which Way to Heaven or Hell", quarto sized with a black cover was lost two years ago after The Mahamaya Puja in Auckland. It was presented to Shri Mataji and read by Her on the plane to Brisbane. Afterwards it was given to Stephan Taylor who gave it to "Someone" to return to Prue Page. Alas it was never seen again. All clues remembered, contact Prue- 566 4021

#### New Zealand News

Interesting things are happening with regard to the Maoris in NZ.

They are now starting to come and ask for their realisation! It's mainly happening thru Meri Marshall in Wellington and also Barbara Armstrong (Craig Armstrong's mum from Perth) visiting Palmerston North.

More news later.

Regards .... Geoff Platford

## God linked to science — physicist

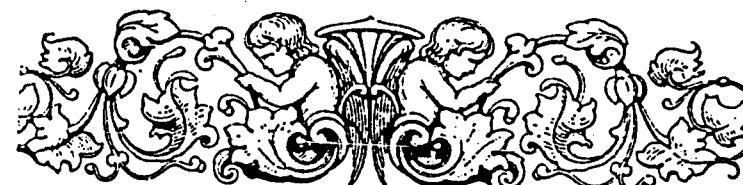
SCIENCE could help people in their search for God, an atmospheric physicist said yesterday.

Sir John Houghton, the Royal Astronomical Society 1995 gold medallist, said scientific models could help explain the relationship between God, humankind and the universe.

Sir John, whose Australian tour is sponsored by the Institute for the Study of Christianity in an Age of Science and Technology, will give a lecture on the search for God and global warming issues in Brisbane at the University of Queensland's Mayne Hall on March 25.

He said religion and science did not offer rival explanations, as many people believed. "The way we think in science and the way we approach God are not opposed to each other but have a lot of overlap," he said.

"Science and religion are two facets of human yearning that are inextricably linked. "They are both important human activities — enormous interest exists in the search for meaning in both science and religion."



## Easter Puja

Talk by H. H. Shri Mataji Nirmala Devi  
19-4-92 ROME, ITALY

The resurrection of Christ took place to open our Agya because it was a very subtle centre. With the ideas people had from their conditioning and ego where so much clogging was of the agya chakra that the passing of the Kundalini was impossible through it. So the play of resurrection took place, as Christ was nothing but Chaitanya. In the death of Christ we have to understand that we have achieved our resurrection. Also what was supposed to be the past had died. This Repentance that we have, the conditioning we have are dead. But still among the Christian nations the ego has not subsided as it should have been. It may be that Christ was never worshipped in the right way. The ego did not allow the West to see what they are doing and how far they are going. They would repent about something that is far-fetched. Repentance was meant for our ego.

The Christian nations invaded other countries, and completely annihilated races after races. They were followers of Christ and took the Bible in their hand. These so called Christians have done such horrible things in the name of Christ. It was because of this ego. Anywhere if they are Christians they are extremely aggressive, and violent and they think that the whole world belongs to them. Even Hitler believed in the Catholic religion. This great sacrifice of Christ never taught them any lesson. They thought they have the right to rule the whole world, plunder and destroy everyone. What contrast it is to the life of Christ. The ego grew so much that today the Christians have lost their sense of maryadas completely. The Christians have no morality of any kind left in them. They have no respect for law, no respect for God. They have no respect for chastity which was the main point of Christ. I found the Christians in India most dogmatic, and dominating people. Why are they using the name of Christ to dominate others. The British also manoeuvred in such a manner that the Indians believed that Christ was born in England. They used to dress up like the English and behave in a very arrogant manner. They joined hands with the

then British government and had no loyalties with the Indians. When my father was arrested, they threw us out of the Christian community. They threw me out of school when I was just six or seven years old, because my father was a congressman and freedom fighter.

All the Christian nations have been extremely cruel and dominating and today they are there at the helm of affairs. This subtle ego which was the property of some monarchs has now become available to all the ordinary people in democratic countries. All these countries are full of destruction. Americans are also extremely dominating and egoistical to such an extent that they are idiotic. They follow Christ who was the source of wisdom. So we have to see Christian history. There was Peter who was very egoistical and once Christ said that you are Satan. He also said that you will deny me. Then Paul came up. He found Peter. He being a great bureaucrat wooed him and took him into his own confidence and told him to join hands with him. This sinister man edited the Bible. He is full of ego and has distorted what Christ said. He fought with Mathew and could not accept the Immaculate conception. He had no idea about the reality, the miracles that exist with divinity. But Mathew stuck to his own gospel. John ran away and started his own style which he called Gnostics. So this devil entered into the arena of such a great religion as Christianity. The Bible which they use now as authority has such words that people start thinking no end of themselves.

Firstly they suggest that if you become the members of a Church you are chosen. In Sahaja Yoga also we have twelve types of Sahaja Yogis. Some of them are very weak, because they have too much ego. They cannot carry on with anyone. They shout at people; they disturb others. They think no end of themselves. They are always aggressive. They cannot be collective. They never show any love. This type of Sahaja Yogis are there who one by one are showing their colours. Some

cont...

of them are learning. Christ had hardly three and a half years to work out all this. One of his disciples Peter would be such a sinister fellow that just for his self-interest and glory he would put such words in the Bible. Even with Mohammed Sahib it happened. He said that there will be resurrection time. He talked of the future. If he was the last then how can you have resurrection? But the seal of Prophet does not mean that no prophet can come down. He was Adi Guru so he called himself 'seal'. He didn't say that I have sealed. But crooked people take advantage of these little words and start using them for their purposes because they are very self-centered. So another type of Sahaja Yogis are extremely self-centred. Some of them know their own wives, their children and their house. To them it is very important. Some people came to Bombay with their children but didn't come for the Puja in Delhi. They are more worried about their children than about Sahaja Yoga or about their own emancipation. They try to remove their husbands from the ashrams. They try to find excuses on how to get out of the collectivity. You are judged all the time and you judge yourself.

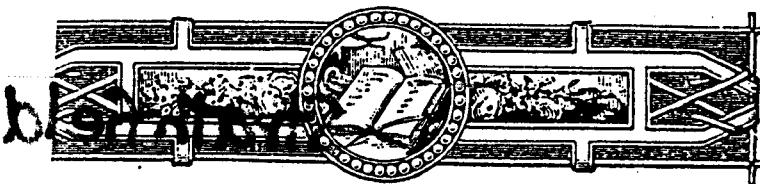
Christ was not crucified by Jews. It is a wrong idea. How could the Jews who were just like slaves crucify Christ. It was the Roman empire who crucified him. They thought that he was becoming very powerful. The blame was put on the Jews. The rulers can always do such a thing. The early Christians were mostly Jews. Christ himself was a Jew. Then the Christians thought that they have every right to blame the Jews because they thought that Christ was crucified by the Jews. The idea was put forward by Paul because he didn't want to take any blame on the Roman empire. Then all the Christians were busy hating the Jews. It was thousands of years ago and because somebody crucified somebody for that they are hated. In that way all the white race must be hated for generations together. Because they have not only crucified one man but millions of people. Are we going to blame their children and their children?

Another type of Sahaja Yogis we have is that they try to blame somebody all the time. Such people can never improve. They should introspect. Introspection is missing very much in the West except in Russia. Only thing if you go to some church and confess to some deaf and dumb priest you are saved. Let us face ourselves. Do we

introspect or not? Are we Sahaja Yogis who are self-opinionated and self-glorified. Fourth kind of Sahaja Yogi worship Mataji in the house, but they can't come to the collective because it is a little far away. But if they have to go to meet their son they will go miles together. If they have to do something for their family or some business they will run after it. In Sahaja Yoga nobody is asked to give up their jobs or life styles, but priority is to be seen. They are very busy with their work and earnings etc. and they are just after earning a name, and no time for God. They will bow to Mother and want all the protection from Her for our work, for our creativity. There are some Sahaja Yogis who still think that money is very important. In Sahaja Yoga we get money whenever we want. Some of them say "I am starting a business, because 0.001 percent I want to give to Sahaja Yoga. After all it is all yours Mother". This kind of attitude comes when you think that money is very important. Some people cannot see God, they cannot see subtler advantage of the money. They calculate every pice meticulously. They don't want that their hard earned money should be wasted about their spirituality. Some people won't buy a book of Sahaja Yoga. They won't buy a tape. They will copy it. It is not that it is necessary to spend but the attitude. In the Buddhist religion there are so many 'don'ts' that if I put even one to Sahaja Yogis they will all run away. Firstly you cannot make any Prophet. You cannot buy any land. You can eat vegetarian. The followers of all the great incarnations have done so much wrong to the people who brought beautiful religions to us. That's why we are completely deviated from the path of truth.

Those who are really honest want to adhere to the path of truth have to all the time introspect and find out how far we are from the truth.

Another type of Sahaja Yogis are the enjoying festivals kind. They will club together, because they have a feeling of belonging to something, or to a group. Then you start getting into all kinds of conditioning, rules and regulations and you start binding yourself. You feel very happy. In some sects you must have clean shaven head or beards or moustaches. They don't understand that reality is full of varieties. There must be variety. That is how there is aesthetics and saundarya. How can you be a personality without



variety? How can you be bound by these nonsensical ideas. Variety gives you an inner and outer personality. When you start enjoying this personality then only you are a Sahaja Yogi. You should be a personality that watches oneself. But on the other hand we become slaves of our ideas of personality and we start projecting our personality through our ego and try to show that we are something very special.

Sahaja Yoga is just the opposite. We are all a personality. We are all saints and are to be respected as saints. We need not have the same type of personality. We may have different styles of talking, delivering things, expression of Divine love. We are absolutely free because we have the light. We know how far we have to go and what is the right way. When such people come up understanding that Sahaja Yoga is complete freedom. You have the light that is why there is complete freedom. The religions that have been preached by these incarnations just become part and parcel of you. Then you really become a real Christian and real Muslim and then you realise that all religions are like a part of the ocean. You are in a way the real religious personality. The basis of religion is the ascent.

There are people who are worried about their own light and they want that this light should be there all the time burning and this light should not only enlighten them but enlighten others. They work for it. They take up responsibility. They do not sit in a jungle meditating. You have to work. You have to work out Sahaja Yoga for others. You have to give them this beautiful feeling of oneness with the Divine. You have to enjoy all that. Sahaja Yoga is to fill up your cups to be given to many others who are there. They do not come to me for small things. The vision should be of that great universe that has to be enlightened. This universal religion has to be brought into the lives of people through realisation, and awakening of Kundalini. They work very hard and spare no efforts to see that people receive realisation.

But a little of this ego is subtly there. That I am doing this. It is an anti-Christ activity. So the construction of the mind starts working and they start criticizing others. Then there are Sahaja Yogis who realise that Param Chaitanya is working everything and working through them. They are the instrument. Sometimes if it fails they start

doubting. This still lingers on even when they are quite surrendered about it. But then there are people who do not doubt anything. They understand that it is Param Chaitanya which is helping. They start realising that we have got powers, and that we are connected with the Divine. We have powers. Sometimes they also doubt. Some will not do anything because they are afraid that their ego will come up. They are frightened of their ego. Then this ego follows very subtly. But there are people who know that they have been blessed with powers and these powers can be discovered more and more within yourself. They have faith in themselves, they have faith in Sahaja Yoga. They have complete faith in me and this Param Chaitanya. They are very simple people and they work out.

There is another type of Sahaja Yogi who is fully empowered. They discover their own power. In that introspection they see and are sure about it and there are no doubts. That is the state of Nirvikalpa. You have faith in me and worship me to receive something from me. But know that I have made you also something great. But you have to develop your powers also. Don't only depend on the powers that I have. Do not try to extract powers which are from your Mother. Try to rise onto the same level. You can try. You have to work out through introspection. You have got all these powers within yourself. You have to grow and take up responsibility without feeling responsible. We have to go ahead of all the other disciples. Unless and until we do that we may drown Sahaja Yoga into an ocean of another nonsense. We have to also develop our personalities through introspection, and understanding, and our proofs of reality.

Today is the day of our resurrection. We have to pass through these twelve stages, to reach the higher state. They call the highest state the fourteenth state where you are just an instrument where you are insensitive about what you are, playing into the hands of Param Chaitanya. Christ accepted his crucifixion because He had to play that role. Try to reduce hate which starts showing up in the collectivity. As soon as this 'I'ness' is finished all the powers will start coming up.

It's like a flute which is hollow. If there is any obstruction it cannot play. Out of all the ideas and

conditioning we have, the worst is the Ego that I am doing that. This should go away because we can never enjoy if we think that way.

You cannot jump into the ocean of joy as long as you think that I am doing it.

So we are talking about our resurrection

through these fourteen planes that are within us. Then we burst through all these and come out as beautiful lotuses. Easter is suggestive of eggs being offered so that these eggs can become the birds.

May God Bless You.

