

STRATHFIELD

Sahaja Newsletter

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SEPTEMBER 3RD '93



HOW TO AWAKEN SHRI GANESHA'S POWER WITHIN YOU

with right hand to the photo and left hand on the ground:

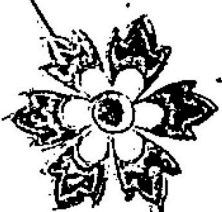
Prayer:

Shri Ganesha, I am going to be worthy of Your attention,

Please make me innocent, so that I am in Your attention.

Shri Mother, You who are Shri Ganesha,

Please give me wisdom and discrimination.



H.H. SHRI MATAJI NIRMALA DEVI



DAISYLAND NEWS

June 1993

No 7

South Africa

All Sahaja Yogis from the various centres in S.A. met at Injatsuti, which is in the foothills of the Drakensberg, during 19-22 March to worship our Great Mother, Her Holiness Shri Nirmala Devi.

Despite the few mishaps on route to the Drakensberg, this weekend was the time for joyous celebration, a time when bliss and harmony prevailed. Injatsuti is a heavenly place that is surrounded by majestic mountain ranges and lush greenery. It also has a refreshingly cool stream where all Sahaja Yogis did many footsoakings. This place has been described as paradise by many Sahaja Yogis, and it definitely leaves one in awe of our Mother's creation.

On 20 March a havan was held which was very powerful, and on 21 March Sahaja Yogis performed a puja to celebrate the birthday of the Adi Shakti. Shri Mataji's presence and blessings were felt during the performance of the puja. In the evening there were bhajans and joyous dancing, and Mother's love like the river Ganges flowed into our hearts.

This weekend was a memorable one and has filled all Sahaja Yogis with absolute Joy. We, the Sahaja Yogis, give thanks to our Divine Mother, the Adi Kundalini, for all Her Love and Blessings.

This issue of Daisyland News compiled by Khema and the Natal collective

SAHAJA YOGA SPREADS IN NATAL :

Cool Air, a beautiful rural place outside Pietermaritzburg, is the newest scene where Sahaja Yoga has been introduced. Mother's Love and Grace has been flowing and the new Sahaja Yogis have shown a keen interest after receiving their self realisation. It is a small group, but the vibrations are very good; one could say it is synonymous with the name of this little place. Every Saturday afternoon a few Sahaja Yogis make the trip to Cool Air to hold a public programme, and both the old and new Sahaja Yogis have found it enlightening and fulfilling. It is the greatest joy to spread the word of the Adi Shakti; a joy which has no limits. The seed has been put into the Mother Earth and now we are going to watch it blossom.

BOLO SHRI ADI SHAKTI SHRI MATAJI SHRI NIRMALA DEVI KI JAI !

KHEMA

**INDIA TOUR**

WE NEED YOUR NAMES!!!!!!!!!!!!

If you want to go to India this year.

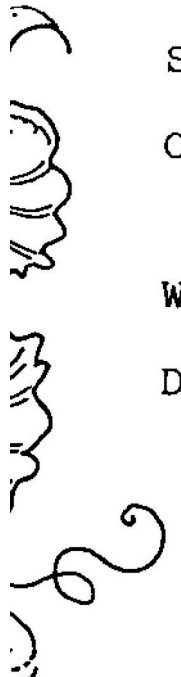
Please inform Uncle Stephan ASAP

The latest news is that there is to be a puja at Chindawarra! Wow!



3. GANESHA PUJA

DUTIES



Set-up	Lindfield & East Lindfield.
Cooking	Eastern Suburbs, Monterey & Coogee Bay.
Wash-up	Wollongong & Strathfield.
Dismantle	Nth. Shore, Mt.Colah & Manly.

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SYDNEY NEWS

Some coming events to note in your diary

SEPTEMBER



SAT. 4th	New Age Exhibition Bailey Hall, Chatswood 10.00 a.m. - 2.00 p.m.
FRI. 10th	Havan, Burwood 7.30 p.m.
SAT. 11th	Indian Classical Music Evening Burwood 8.00 p.m.
FRI. 17th	Set up for GANESH-PUJA Burwood 7.30 p.m.
SAT. 18th	GANESH-PUJA Burwood 11.30 a.m.
SUN. 19th	Sahaja-yoga presence at Ganesh Festival, Helensburgh starts at 9.00 a.m.

OCTOBER

SAT. 2nd and	Sahaja-yoga presence at the Toys, Hobbies and Games Festival
SUN. 3rd	Eastern Creek Race-way including New Age Exhibition and Bhajans presentation (further details closer to the events)

NORTH SYDNEY LUNCHTIME PROGRAMS.

Two introductory programs will be held at the Stanton Library (meeting room-downstairs) 234 Miller St N/Sydney on Mondays Sept 6th & 13th - 12.30PM to 1.30PM. These programs will be aimed at giving seekers their realisation and informing them of the many programs available around Sydney. All yogis support appreciated.

MIND BODY & SOUL EXHIBITION

If anyone has any suggestions in fund raising for the MBS Exhibition to be held at Darling Harbour, please see Sue Williams after the Friday night program.

OR send to 14/25 Ormond Street, ASHFIELD Phone: 799 3418

PUBLIC PROGRAM - BATHURST

A group of yogis & yoginis are doing public programmes in Bathurst for 3 weeks every Sunday, starting from 12th Sept. Anybody who is interested in coming along, please ring Anil at Burwood. Reeves at Northmead.

Burwood - 747 4835



DIVINE COOL BREEZE FOR CZECHOSLAVAKIA

The Australian collective has sponsored Czechoslovakia to receive an annual subscription of The Divine Cool Breeze. Also, due to the generosity of an Australian couple, Togliatti in Russia is receiving monthly issues as well.

We are told both countries are delighted.

FURTHER UPDATES ON SHRI MATAJI'S AMERICAN TOUR

She will be holding her public programme in Philadelphia in the Harrison Auditorium at the Museum of the University of Pennsylvania.

We need plenty of bandhans for the proposed Washington "Meeting by Invitation". A lot of work is being done in this area, but we still need as much yogic help as possible from all over!!



INFORMATION SHEET

The school is situated at Talnoo, a beautiful spot near Himalayan ranges, called 'Dhavalgiri' meaning pure and white ranges. Talnoo is actually a part of Dharamshala cantt. and is 11 kms away from Dharamshala in Himachal Pradesh.

The school is residential one and has a beautiful campus of its own. Apart from class-rooms the school has big and spacious dormitories for girls and boys separately. Even the teaching staff is also provided with separate rooms, so that they can have a close eye on the children.

At present there are seven classes but every year there will be natural growth too. The school is recognised to teach upto class X by Council for the ISCE. As per Councils requirement the school is having the facility to teach the following subjects.

1. English
2. Mathematics
3. Science - (Physics, Chemistry, & Biology)
4. Social Studies - (History, Civics, & Geography)
5. Second Languages

Foreign Languages -- Italian
French
German

Indian Languages -- Hindi.

6. Art
- Music - Indian Classical.
- Needle work.

Taking into account the interest of the children the school has made special arrangement to teach clay-craft, wood-craft and Indian Classical Dance (Kuchipudi).

In Classes I to IV the school gives more stress on habit formation, paper-craft, simple wood-craft, clay-craft, Drawing painting, Music & Dance in addition to learning subjects like English, Mathematics, Science, & Social - Studies.

All the students are taught Hindi, being the national language of India. The school has facility to teach various Indian and foreign games. Separate physical Education Instructors are appointed to teach Indian and foreign games to girls and boys.

The school has its own uniform for summer and winter, separately for boys and girls. All text books and exercise books are supplied by the school.

For spiritual development of the children, the children are taught the concept of Sahajyoga and other related information regarding Sahajyoga is given to them. Special provision is made to teach this subject, in each class. Similarly children are required to attend collective meditation twice a day. Sahajyoga treatments are given to the children as and when required.

Fees from 1st June 1993 are as follows:

1. Admission fee - 20,000
2. Monthly fee - 4,500
3. Annual Impressed money - 3,000
4. Caution deposit - 2,000.

As per the climatic conditions the timings for daily routine are changed. The copy of 'News letter' is enclosed herewith to give you a fair idea about the children's daily routine. Lots of extra curricular and co-curricular activities are always held to keep the children busy and to update their interest and knowledge.

G. Chaman
PRINCIPAL



CAN YOU HELP?

Kerry O'Neill has asked if anyone coming to Brisbane would please bring copies of "Knowledge of Reality" with them, as this would save on postage. If you can assist please contact : : : Ramesh Phn (02) 665 8210 for the copies.

Researchers Are Taking a New Look at Long-Valued Uses of India's Neem Tree

■ Botany: The evergreen has cleansing and insect-repelling properties. Now it is viewed as a pharmaceutical resource.

By ED SCHAFER
Associated Press

ST. LOUIS—In its native India, the neem tree has long been believed to have miraculous powers. And scientists around the world are beginning to agree.

For at least 2,000 years, Indians have cleaned their teeth with its twigs, smeared neem-leaf juice on skin blemishes, drunk neem tea as a tonic, and placed neem leaves in their beds, books, grain bins, cupboards and closets to keep out troublesome bugs.

The tree has relieved so many pains, fevers, infections and other ailments it's known as "the village pharmacy."

Now, after two decades of research, scientists from several disciplines are beginning to think the Indians may be right. Even cautious researchers are calling the neem "a wonder plant."

At least as of today, the vision is certainly an enticing one, said Noel D. Vietmeyer, senior program officer and neem study director for the National Research Council's Board on Science and Technology for International Development at the National Academy of Science

in Washington.

"The world should be exploring it," Vietmeyer said. "Even if we realize just a fraction of the vision, the benefits will be tremendous. It could provide new resources that are gentle on the land and powerful against many of our insects and diseases."

Earlier this century, people found a way to get the tree from India to West Africa. In Ghana, the fast-growing tree has become the leading producer of firewood for the densely populated Accra Plains. It's a leading candidate for helping halt the southward spread of the Sahara.

In the Caribbean, the broadleaf evergreen, which can grow to 30 feet tall and more than 7 feet in girth, is being used to reforest several denuded nations and already has become a major species in Haiti.

Although it's received little publicity, the neem tree also is being looked to as a potential source of cancer prevention, a harmless and temporary contraceptive, and a safe insecticide.

"U.S. Department of Agriculture studies have shown that chemicals in neem tree oil give good to

excellent protection against 131 insect pests, and it shows activity against an additional 70 pests," said Eugene B. Schultz Jr., who recently chaired an international panel to study the tree.

The panel's conclusions about the tree's value were reported in February in the National Academy of Science's publication, "Neem: The Tree That Might Help Every-one."

"Neem can become a safe, nontoxic replacement for some of the more toxic and polluting synthetic pesticides on the world market," Schultz said. "Its use as an insecticide can't come fast enough."

Schultz, a professor of engineering and applied sciences at Washington University in St. Louis, noted that a recent World Health Organization study estimated that there are about a million pesticide-poisoning incidents reported each year worldwide. Most of the victims are agricultural workers contaminated by toxic chemicals in synthetic pesticides, and about 20,000 of them die, according to the study.

Schultz said companies such as W. R. Grace & Co. already are investing in neem technology and have products ready to market.

"When we do these studies, we are very careful not to overplay the prospects," he said. "In the case of the neem tree, however, there is

honest enthusiasm. This tree could really solve a lot of problems." But Vietmeyer said he doesn't understand why the research and development isn't getting more support worldwide.

"The most valuable aspect of neem is that it is a tree that can be grown in the back yards of the poorest people in the poorest countries," Vietmeyer said. "It's a chance to give them ways to con-

trol pests and diseases in their crops, perhaps control some of their own diseases and even avoid unwanted pregnancies. "All from a tree in their own back yard that at the same time is providing them with shade and a more pleasant environment. All in all, this ancient village dispensary could provide a lot of healing for the modern world."

NEEM: New Look at Tree

Continued from A11

Neem extracts have been used to prevent tooth decay and to prevent dry skin inflammation of the gums. It's used as an active ingredient in toothpastes in Germany and India.

Researcher shows neem leaves also contain an ingredient that disrupts the fungi that produce cancer-causing aflatoxin on moldy peanuts, corn and other foods in storage, said Deepak Bhattacharya, director of Drug Administration Research in New Orleans.

"I grew up in India, and I can tell you that my people have used the neem for centuries to protect grain stored in barrels and for other things," Bhattacharya said. "In fact, I



Tribe of suburbanites sending smoke signals to each other by webber.

use nothing but neem soap myself I bring back a supply every time I go to visit."

And there may be even more benefits in the future. The oil of the neem seed has been effective in reducing the birth rate in laboratory animals, as well as in a recent human test of 20,000 wives of Indian Army officer Vietmeyer said.

The oil is a strong spermicide and, other neem compounds show promise as bases of a birth-control pill for men, he said.

"This is just an intriguing hint, present," Vietmeyer said, "but exploratory trials, research have reduced fertility in male monkeys and other mammals without inhibiting sperm production. Moreover, the effects seem to be temporary, which would be a big selling point that could help rapid and widespread adoption."

AS A PUBLIC SERVANT, I often encounter bureaucratic nonsense. Once, I wanted to borrow some audio-visual equipment. A clerk in that department asked if I had a reservation. When I said no, he insisted I'd need one.

"Do you have the equipment in stock?" I asked.

"Yes," he replied.

"Is it reserved for anyone else?"

"No."

"Then I can check out the equipment."

"No, you need a reservation."

"Can I do that while I'm here?"

"Certainly. What time would you like to reserve?"

"How about now?"

"That will be fine," he said, filling in the reservation form and handing me the equipment.

- Vic Walker

READER'S DIGEST