

THE AUSTRALIAN

STRATHFIELD

Sahaja Newsletter



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October 13th '95



Our deepest fear is not that we are inadequate.

Our deepest fear is that we are powerful beyond measure.

It is our light, not our darkness, that most frightens us.

We ask ourselves, "Who am I to be brilliant?"

Actually, who are you Not to be?

You are a child of God.

Your playing small doesn't serve the world.

There's nothing enlightened about shrinking

so that other people won't feel insecure around you.

We were born to make manifest the glory of God that is within us.

It is not just in some of us; it's in everyone.

And as we let our own light shine,

we unconsciously give other people permission to do the same.

As we are liberated from our own fear,

our presence automatically liberates others.

INAUGURAL SPEECH
Nelson Mandela (1994)



Message from Shri Mataji about clearing liver problems this month

• Date: Thu, 5 Oct 1995 18:56:23 -0500
• From: costian@cs.purdue.edu (Calin Costian)
• Subject: News about correcting the liver
• >---- from Marco Arciglio

>After the Puja, Shri Mataji, talking to S.Talwar, said that this month is the
>best period to get rid of liver problems completely, due to a particular
>planetary configuration. She advised to put ice on the liver even twice or thrice
>a day.

----- Forwarded message -----

Date: Mon, 9 Oct 1995 16:52:12 -0700 (PDT)
From: Richard A Payment <rpymt@unixg.ubc.ca>
To: tony grabmeyer <atm4sb9d@ibmmail.com>
Subject: Shri Mataji in USA

This afternoon we returned to Vancouver from New York City, where Shri Mataji Nirmala Devi gave a public program and there was a Devi/Shakti Puja to Her in a rural part of New Jersey State.

As I am resting this afternoon, and Shri Mataji arrives in our city in three days, I will write now and send a few memories of our long weekend in the United States.

These are my immediate memories and I am sure that others will remember other details, especially when it comes to Shri Mataji's puja talk.

First the public program.

Perhaps this event was the most important of the weekend. Shri Mataji called it "historic." History was written in the manner in which the gift of Self-Realization was given. After asking those to leave who did not wish to receive, Shri Mataji felt it was possible to give the realization in a shortened, Indian style. Without putting hands to chakras, She simply asked for the people to put their right hand above the head. "Do you feel the cool or heat?"

Next: left hand above the head. "Do you feel?"

Now: both hands in the air. And that was it.

Shri Mataji later said was historical because the seekers we are now able to attract are of a higher quality. Virtually all put up their hands to say they had felt. Shri Mataji was very pleased.

Everyone hopes things are as successful in Los Angeles, Vancouver and Toronto and that they days of many long questions is past.

'Magic' seeds purify water'

LONDON, Friday: British scientists have discovered seeds that can be used to purify water and may be used to prevent the deaths of children in developing countries, *The Times* reported today.

Seeds of the Moringa tree, which is native to northern India, can render water safe to drink in an hour, according to Geoff Folkard from the University of Leicester.

The crushed seeds attract and adhere to bacteria and viruses, allowing them to be skimmed off or trapped in filter beds, Folkard told the British Association's annual science festival in Newcastle, northern England.

In many developed countries, water companies use chemicals such as aluminium sulphate to coagulate particles in river water, which are then removed at treatment works, *The Times* said.

But such chemicals are not available in developing countries or are prohibitively expensive, according to Folkard.

SPECIAL VISIT.

At Shri Mataji's request Professor Rai and Dr. Nigam will be attending the Medical Conference in Perth this weekend. They have also accepted an invitation to come to Sydney on their way home and will stay with us on Monday and Tuesday. A special evening at Burwood has been arranged on Monday night 16th Oct. to start, ON TIME, at 8pm. Dr. Nigam speaking on behalf of both of them, said he was delighted to be invited: so let us try and ensure that there is good audience on the Monday evening. Chris Kyriacou has kindly offered to help organise things.

Michael.

* * * * *

The Moringa tree, however, is easy to cultivate, survives droughts and costs a fraction of chemical treatments.

Studies carried out in southern Malawi by Folkard's research team — which is funded by the British Overseas Development Agency and the European Commission — showed the crushed seeds worked as well as the chemicals, according to *The Times*.

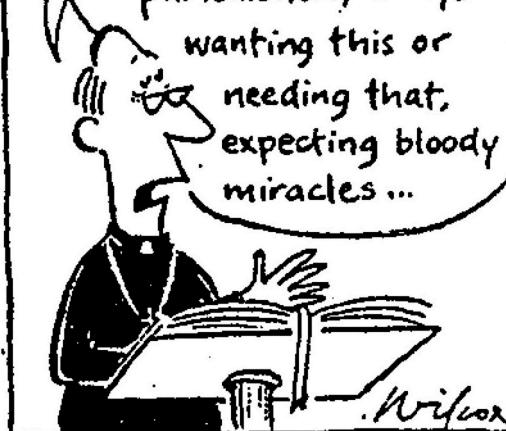
The researchers are urging governments and international aid agencies to back widespread planting of the Moringa, which can be put to many other uses, Folkard said.

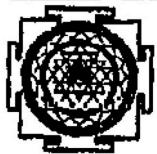
Its pods, leaves, flowers and roasted seeds are highly nutritious, and the seeds also contain vegetable oil ideal for cooking, soap-making and as a fuel for lamps.

— AFP



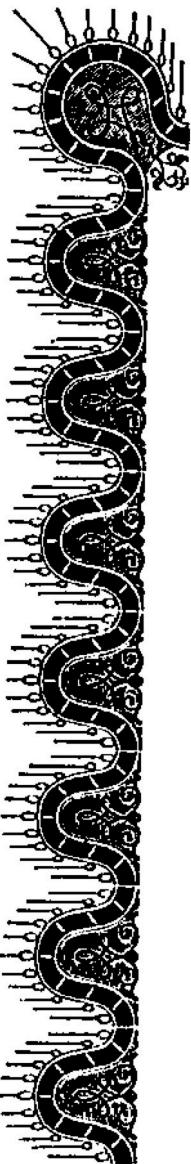
...and finally, let us pray
for those who are sick and
tired of all you whingeing
parishioners, always
wanting this or
needing that,
expecting bloody
miracles...





Late P.K. Salve ACADEMY OF ARTS

JAI SHRI MATAJI



Dear Editors of the Australian Sahaja News Letter !

A big thankyou for sending us a copy of the newsletter so regularly. All the yogis here, from various corners of the globe, enjoy reading the newsletter and keeping up to date with Shri Mataji's itinmray and the activities of the Sahaja Yogis from around the world.

At the Academy things are moving fast. The number of yogis in attendance here is steadily increasing and soon we will be out of space ! Shri Mataji had asked Baba Mama to look for some suitable land for the Academy, and recently he located a block of 40 acres about 18 km. outside Nagpur City. It is beautifully situated off the main road, beside a river, between jungle and a teak plantation. Shri Mataji wants accomodation for 100 yogis. The idea of a traditional "Gurukul" arrangement with a number of huts surrounding an auditorium and teaching area is being considered.

As these plans materialise, other faculties will be added to the Academy such as traditional Indian sculpture, painting, screen printing. Baba Mama is even considering floriculture and animal husbandry !

Currently yogis from Romania, Finland, S. Africa, French, Switzerland, Holland, Austria are representing their collectives here in the Academy. The knowledge they gain here will in turn enhance the spreading of Sahaja Culture in their countries. From Australia Robert Beckerton and his wife have come. He is studying Sitar and Sahaja Bhajans. Next year we await Jessica Miller from Kiama who is keen to study Bharatnatyam dance and hopefully many other yogis too. By the Grace of our Divine Mother may there be no obstacle ! Jai Shri Mataji !

With love
Nicolee

FROM THE CAIRNS COLLECTIVE.

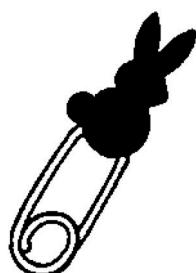
Another little angel has been born in Cairns
18th September '95 to Isolde & Mario Auer, a son,
David.

Parents and baby, aunties and uncles, all doing
very well.

The Cairns Collective had been eagerly awaiting
for his arrival to fill the space left by angel
Pranov, who went to India with his parents Tilda
and Yogesh some weeks ago. Shri Mataji's blessings

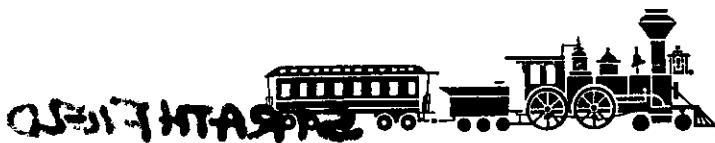
are endless.

With much love, Ronda.





Friday	1st -		
Saturday	2nd	December	Arrival of Sahaj Yogis in DELHI
Sunday	3rd	December	Public Programme in DELHI
Monday	4th	December	Rest
Tuesday	5th	December	PUJA in DELHI
Wednesday	6th	December	Rest
Thursday	7th	December	Departure for CHANDIGARH - Public Programme
Friday	8th	December	Departure for YAMUNA NAGAR (Stay at HATHNI KUND)
Saturday	9th	December	Public Programme in YAMUNA NAGAR
Sunday	10th	December	Departure for DEHRADUN
Monday	11th	December	Public Programme in DEHRADUN
Tuesday	12th	December	Departure for LUCKNOW
Wednesday	13th	December	Rest and Sight Seeing in LUCKNOW
Thursday	14th	December	Public Programme in LUCKNOW
Friday	15th	December	Departure for VARANASI
Saturday	16th	December	Public Programme in VARANASI
Sunday	17th	December	Departure for BOMBAY
Sunday	17th	December	Visit to Tirvani (Sangam) in ALLAHABAD on way to BOMBAY
Monday	18th	December	Arrival in BOMBAY
Tuesday	19th	December	Rest
Wednesday	20th	December	Public Programme BOMBAY
Thursday	21st	December	Rest
Friday	22nd	December	Departure for GANPATIPULE
Friday	22nd	December	
Saturday	30th	December	INTERNATIONAL SEMINAR AT GANPATIPULE
Sunday	31st	December	Departure for WASHI Tour Ends



First Name	Surname	State	Half	Full
Peter	Aerfeldt	NSW	*	
Claire	Beckett	NSW	*	
Peter	Boland	NSW	*	
Anneliese	Buff	NSW	*	
Sajita	Chavan	NSW	*	
Chris	Dobbie	NSW	*	
Gulshan	Fisher	NSW	*	
John	Fisher	NSW	*	
Liallyn	Fitzpatrick	NSW	*	
Marilyn	Fogarty	NSW	*	
Michael	Fogarty	NSW	*	
Ruth	Ford	NSW	*	
Annette	Haines	NSW	*	
Susi	Hutchings	NSW	*	
Pavan	Keetley	NSW	*	
Peter	Kenchington	NSW	*	
Richard	Kennett	NSW	*	
Swarup	Kyriacou	NSW	*	
Max	Lieberman	NSW	*	
Rajen	Maharaj	NSW	*	
Ramesh	Manocha	NSW	*	
Ilse	Meyer	NSW	*	
Miguel Angel	Montagnese	NSW	*	
Anson	Moore	NSW	*	
David	Morgan	NSW	*	
Kim	Pearce	NSW	*	
Bevan	Pearce	NSW	*	
Anna	Potts	NSW	*	
Russell	Raggatt	NSW	*	
Sue	Raggatt	NSW	*	
Diana	Reeves	NSW	*	
Rajashree	Smiley	NSW	*	
John	Smiley	NSW	*	
Debbie	Stainsby	NSW	*	

First Name	Surname	State	Half	Full
Lynnette	Tiralongo	NSW	*	
Sharon	Trompf	NSW	*	
Krista	Wallis	NSW	*	
Mark	Williams	NSW	*	
Geoff	Wright	NSW	*	
Reyhan	Yilmaz	NSW	*	
Patrick	Walsh	NT	*	
Beverley	Budgen	QLD	*	
Coralie	Jessop	QLD	*	
Phillip	Lewis	QLD	*	
Albert	Lewis	QLD	*	
Anthony	McHugh	QLD	*	
Kay	McHugh	QLD	*	
Shubhra	Nicholai	QLD	*	
Paul	Nicholai	QLD	*	
Elaine	Walsh	QLD	*	
Astrid	Christophersen	VIC	*	
Terry	Deacon	VIC	*	
David	Fleay	VIC	*	
Croagh	Jackman	VIC	*	
Margaret	Jackman	VIC	*	
Lorenzo	Di Paola	WA	*	
Lee	Horry	WA	*	
Colleen	Mahony	WA	*	
Jim	Murnane	WA	*	
Sue	Boyer	ACT	*	
Phillip	Frankcombe	ACT	*	
Sarah	Frankcombe	ACT	*	
Nilin	Gupte	ACT	*	
Rebekah	Gupte	ACT	*	
Martine	Holland	ACT	*	
David	Ingles	ACT	*	
Shereen	Manocha	ACT	*	
Michael	McFadden	ACT	*	

INDIA TOUR DEPARTURE DETAILS

FULL TOUR.

These are the departure details for those going on the FULL India tour and travelling with Qantas to Hong Kong.

FROM BRISBANE.

Departure 28th November 1995.

Qantas flight QF 085 departs 1145 arrives 1835
FROM SYDNEY.

Departure 28th November 1995.

Qantas flight QF 027 departs 1100 arrives 1700
FROM MELBOURNE.

Departure 28th November 1995.

Qantas flight QF 416 dep. 0830 arr. Syd. 0945
QF 027 departs 1100 arrives 1700
FROM PERTH.

Departure 28th November 1995.

Qantas flight QF 077 departs 0840 arrives 1840
FROM HONG KONG.

Everybody travels together on Air India to Delhi.
Departure 29th November 1995.
Air India flight AI 315 departs 1950 arrives 2305

For those travelling with:-
THAI AIRLINES VIA BANGKOK.
FROM SYDNEY.
Departure 28th 1995.
Thai flight TG 984 departs 1715 arr. Bkk 2230
Dep. Bkk. 0010 arr Delhi 0225 (29th Nov)
* * * * *

India Tour: MARRIAGE APPLICATION FORMS.

This year Shri Mataji wishes to make arrangements for the marriages well before Ganapatipule. If you are thinking of putting your name down for marriage it will be essential that I receive the completed application forms by Wednesday 17th October at the latest. Shri Mataji wishes to look at the application forms at Diwali Puja in India. Equally as important as the time deadline is the necessity to have your State Leader review and attach their reference prior to sending it to me. Please do not delay if you are in this position and have not acted on it yet.

Michael.

