

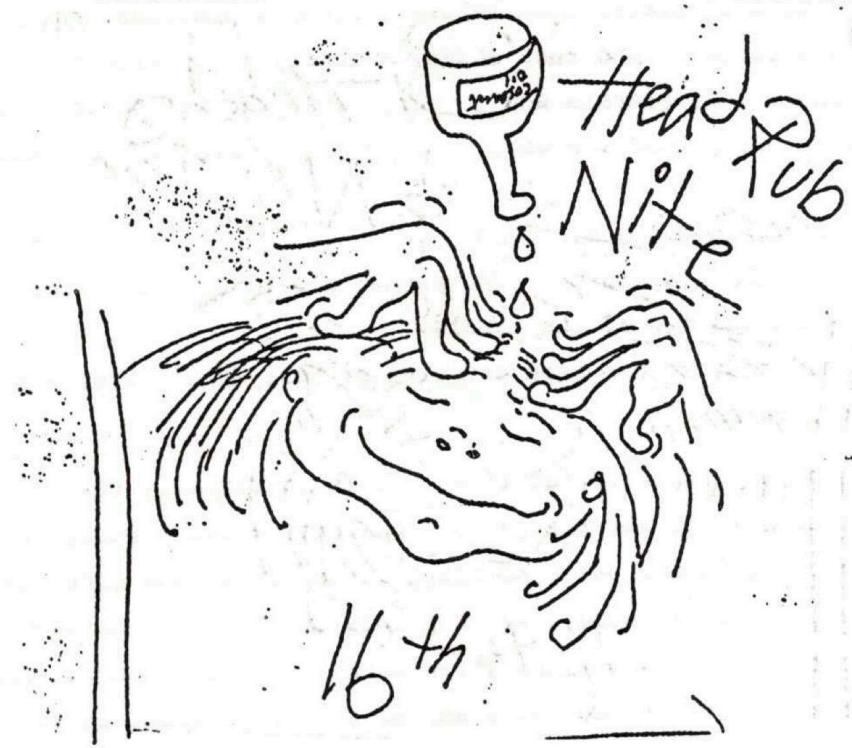


Australian

9th MAY 98.

Sahaja Newsletter

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FRIDAY 15th MAY

The Yuva Shakti is hosting a video night at Burwood.
Commencing at 6.30 p.m...\$5 for adults,\$3 for children
children under three are free.
Popcorn and drinks will be provided.

Hindi Tuition available
Contact Kuldeep 97407984 after hours

To Juan and Sylvia Vega, a son,
born 25th March at 2.15p.m. named Eduardo Vega Balverama.
a brother for Juan Junior "Pepito". Congratulations.

SAHAJA YOGA MEDITATION, RADIO 2SER 107.3FM
SUNDAYS 10-11AM

AFTER A VERY PRODUCTIVE MEETING LAST WEEK WE ARE
VERY PLEASED THAT WE HAVE FOUR NEW MEMBERS
OF THE PRODUCTION/TECHNICAL RADIO TEAM WHO WILL
BE MERGING INTO THE FLOW AS TRAINING PROGRESSES,
PLUS THREE "AD HOC" PRESENTERS DOING THE ODD
PROGRAM HERE AND THERE. JAI SHRI MATAJI!

WE TALKED ABOUT THE VAST TAPE RESOURCES AVAILABLE
TO US OF SHRI MATAJI'S TALKS, BUT ONLY THE RECENT
YEARS PROVIDING SUITABLE SOUND QUALITY FOR USE
ON-AIR. WE'VE HEARD OF SOMEONE IN ENGLAND
WHO IS "CLEANING UP THE SOUND" AND PUTTING TALKS
ON CD, SO WE'LL BE LOOKING INTO THAT. WE STILL
NEED THE COLLECTIVE'S HELP IN LOCATING SUITABLE
TALKS (SOUND AND SUBJECT MATTER) - TO DATE
NO ONE HAS GOT BACK TO US ON THIS.

STAY TUNED FOR A "WINTER SOLSTICE PROGRESSIVE
LUNCHEON" AS A FUTURE FUNDRAISING EVENT -
KEEP SUNDAY, 21 JUNE ASIDE ON YOUR SOCIAL
CALENDARS (THE WHOLE FAMILY IS INVITED: KIDS
AND ALL). EX-DRMIDS, WE NEED TO CONFER.

- LOVE FROM THE RADIO TEAM

RELAX & ENJOY - 16 MAY AT BURWOOD

THE RADIO TEAM IS SPONSORING A NIGHT OF LIGHT-HEARTED FUN : HEAD RUBS AND CANDID VIDEOS OF THE RADIO TEAM AT WORK (PLUS SOME OTHER VIDEO FOOTAGE AS WELL) FOLLOWED BY THE WONDERFUL "INTROSPECTION 1988" GUIDED MEDITATION BY SHRI MATAJI.

WE'LL HAVE TIME AFTERWARD FOR CHAI, CAKES AND SOCIALISING AND WE HOPE EVEN THE YOUNGSTARS AND YUVA SHAKTI WILL TAKE PART. SO, BRING YOUR TOWEL AND HAIR OIL ON THE NIGHT (B.Y.O. ICE PACKS - FOOTSOAKS OPTIONAL).

SUNDAY, 10 MAY 1998 RADIO 2SER 107.3 FM

THE PROGRAM THIS WEEK WILL BE THE TEAM'S PERSONAL DEDICATIONS TO SHRI MATAJI FOR MOTHER'S DAY - THE WHOLE "REGULAR" TEAM WILL BE PARTICIPATING.

*NOTE: WATCH THE SUN-HERALD THIS SUNDAY OR NEXT FOR A LARGE-ish ARTICLE WITH PHOTOS !

THE SECOND COUNTRY TOUR

KATOOMBA Friday 17th April

The tour started with a great dinner and powerful Havan at Geoff and Raelen's
The following morning three cars of Yogis departed for Bathurst.

BATHURST 9a.m. 18th

16 new people came, one of whom was a T.V. producer working for WIN 4 , part of
the Channel Nine Network. She offered to help next time.

ORANGE 18TH

8 people achieved their Self Realisation.

After a quick lunch we hurried on.

PARKES 6p.m. 18th

8 seekers arrived , three from the last tour.

Two young Aboriginal boys of thirteen and eleven years came into the hall
while we were still setting up and asked what was going on.Upon being told
that it was meditation, they declared that they would be back in 30 minutes.
They returned and received their Self Realisation.

Here they really love the bhajans and keep asking for more. In all three
places they have asked if we sell tapes.

Dubbo 19th

8 new people came to a Sunday morning program in a great new venue in the
Public Library where lots of people pass throughand where there is a very
large windowwhere every one in the library can see the photograph of Shri
Mataji. The library did not charge for the use of the room and a poster
announcing further programs will go on their notice board.

That evening a Havan was held at the Bandi residence . Amongst other things
offered to the fire was the drought (the water supply at Dubbo was very
low). The next morning when we awoke it was raining.

The Havan was followed by an Easter Puja celebration complete with large
chocolate egg. wonderful vibrations . Every onesat around the fire and the
glow was not all due to the heat. The vibrations were so good that we did
not want to move. The musicians left for Sydney after dinner. They were
missed as their contribution greatly enriched the programs.

Not such a sad farewell to Sanjiv and Vinola this time as we know and they
know that we will be back in a few weeks.

One of the most extraordinary happenings of the tours was that initially, three people were asked to select a photograph each of Shri Mataji. One large framed photograph for public programs, one for posterizing and one to be copied and handed out to new people. Three different Yogis chose the same photograph.

COONABARABRAN Monday 20th

The road was under repair and it rained all the way so the trip took longer than anticipated.

Eleven locals were waiting on the verandah of the C.W.A. rooms when we arrived at 10.10. a.m. This response was from one item in the local paper.

Everyone felt good afterwards and some said that they were prepared to go to Dubbo for follow ups.

After the program we discovered that pamphlets against Sahaja Yoga had been left on the verandah the day before. The lady who managed the hall and who received her Self Realisation said that there must have been a mistake as the posters could not have been about us but must have meant some other group. It is still raining.

An army of three headed on.

TAMWORTH MONDAY 20th 6.30p.m.

8 souls arrived 2 from February.

TAMWORTH FOLLOW UP Tuesday 22nd 10a.m.

3 new people 3 more from February ,2 from the evening before. One man has been to all 4 programs.

A lady who came back from the February tour related that when she had her S.R. she felt something shoot up from the base of her spine and exit at the top of her head . She had been having medical problems and had many tests , but since February her health had greatly improved. She did not tell anyone about her experience until she returned in April.

A Prime cameraman and reporter came to the Tamworth follow up and asked if they could stay and then filmed the whole session. (we left the foot soaking until after they had left). Sahaja Yoga was shown on the local news program that evening and some people came to Armidale because of that.

A mother and daughter came back to the follow up and the daughter was beaming and glowing because her mother , who had a chronic back problem,was able after her Self Realisation to get out of bed that morning without pain.

One woman here said that she had been seeking the Kundalini and that she had been worshipping the Divine Mother in all Her aspects.

Another after being shown how to protect herself, started clearing people who were foot soaking.

We are staying at a caravan park beside the Clarence River. Truly beautiful. The proprietor gave us an extra cabin, no charge, when we explained that we were here to give free meditation programs.

We rose in the morning , some to meditate by the river or to Allah ho akbar and to watch the mullet rising to catch a breakfast of insects. The mullet spawn here and then move out to sea.

We arrived at Shannon's in heavy rain and after a delicious early meal, we drove again in heavy rain to Lismore.

7 came to the program in a suburb of Lismore under very adverse weather conditions.

In the morning the rain had stopped and the fog had lifted so we could appreciate the wonderful place where Shannon and Derek dwell. There are 2 Sacred Aboriginal rocks, male and female, in Nimbin. The male rock has started emitting good vibrations since Shannon has been putting her attention on it, whereas the female has always had good vibrations. Mt. Warning is nearby and it is the first part of the continent to be touched by the morning sun . The Sphinx rock can be seen from the front verandah.

Being in a house surrounded by God's artwork and inside by the work of 2 yogi artists is a wonderful experience.

BALLINA 4 people

even though some people were hard to clear , being damaged by earlier seeking, after foot soaking and clearing by yogis they did feel the cool breeze.

BYRON BAY Friday evening 7p.m. 16 came

Shannon and Derek will continue with programs in this area . Most of the seekers were their age.

We drove straight to Valla and arrived at 2 a.m. The musicians arrived at 4 a.m. and one of them went for a surf at 6 a.m.. This reporter's lips are sealed . You will all have to guess which one .

The mother of the cameraman was also present at the follow up and her headache dissipated after Self Realisation. The cameraman also put aside the camera and listened to Shri Mataji's talk.

We are four in the car again.

The plight of the N.S.W. farmers was very evident when one observed the landscape . Everywhere it is brown and grey and there is much evidence of hand feeding of stock and although there is a certain beauty in the colouring it would not appear so the people of the land. Very sad.

ARMIDALE Tuesday 21 st 6.p.m.

18 new comers at a venue much better than before , nicer vibrations .

These people included a farmer , who runs sheep, a family group with grand - mother,two music teachers , fiveferals and a young woman who was so drawn by the vibrations of the evening that she went away and then came back to talk.

Armidale Follow up Wednesday 10.a.m. 22nd

28 people came including the grandmother ,the farmer's wife and their four children, the young woman and two of the ferals.

Anthony of Armidale said that he had been dreaming of Shri Mataji ever since receiving his S.R. in Darwin.

The tour is great fun as it was the first time . It is spiritually rewarding for all of us as it must also be for the general collective and although we get tired with the late nights and early mornings , the vibrations carry us through. We also tried to stay focused . We sang lots of bhajans. As we approached a venue or town we would say the Three Great Mantras , the Ganesha Artha Sheersha , the Kavacha or 108 names and so prepared ourselves for the program.

After each program everyone was asked if they would like to stay behind to experience foot soaking. This way it was not forced on them, but was their choice. We then went behind and cleared them.

Some of the programs ran into three hours as we then offered tea and cakes (cooked by yoginis of course) and many stayed on for a chat over a cup of tea.

GRAFTON Wednesday 22nd 6p.m.

A crowd of 18 were waiting outside the hall. We have noticed that they tend to come 15 - 20 minutes before the advertised time. One person was from the first tour

VALLA Saturday 25th 10 a.m.

A seminar was held at Graeme and Helena's , for 12 people who came from the first tour. They were very receptive . They had the mantras explained, went a little deeper, enjoyed some bhajans and everyone enjoyed a superb lunch.

COFFS HARBOUR Saturday 25th 4.p.m.

28 attended . It was very exciting and very joyful when people danced to the bhajans.

As on the first tour we felt very blessed and very aware of Shri Mataji's attention . We were always surprised when a program lasted for three hours as they only seemed to be of 40 minutes duration.

Saturday 25th We arrived at the Bolands around 10 p.m. where Peter and Jo were waiting with hot soup.

FORSTER Sunday 26 th 10a.m. a program for 8

Two elderly ladies arrived as we were setting up. One of them became a little agitated when she smelt the incense, and although someone took the incense outside,they still made to depart. Jo approached them very sweetly and persuaded them to sit a little with her and the baby. They stayed , achieved S. R. and one even stayed to footsoak.

After lunch at the Bolands we departed , one car to Sydney and the other to Pelaw Main for a Havan and Puja with 25 other Yogis. Another great meal was enjoyed by all

We are very grateful to the country yogis who extended hospitality to us. We enjoyed their company very much and only regretted that our stay was so brief

This reporter is obviously not a talented typist. Apologies to all. We wanted to share with all of you , our experiences , so that those of you who were unable to come, could share in some of the joy of the tour. We wish that you all could have been there.

With love and respect from the country tour people

JAI SHRI MATAJI