

THE AUSTRALIAN STRATHFIELD  
Sahaja Newsletter



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June 7th '95



How to keep Mother pleased

"So how to please Mother?" I am also a very simple person, so I want a simple hearted person. So this Heart Chakra is to be first looked after, that with your heart desire, you will keep your Mother pleased. First of all your heart must be clear. If the heart is not clear, then everything has no meaning, because it is a dark heart which is doing all these things. The heart has to be clean, absolutely surrendered and must try to put Me before everything else. The Lakshmi tattva has to become Mahalakshmi tattva. That is for your ascent. And just to get into that Mahalakshmi tattva, what you have to do is to use all your material things and your material being in such a way that you please Me. You have to keep your Mother pleased by pleasing other Sahaja Yogis, and not other people.

What 'Guru Dakshina' (Gift to the Guru) have you given me? Understand that your money is not worth the dust on the feet of your Mother-Guru. You should give your hearts; only clean and holy hearts. You must clean your physical beings. You must get up early in the morning and spend at least one hour on meditation and worshipping. Perform 'Arti' and meditation in the evening.

# Great Spirit Energy Festival

Dates : Saturday July 22nd 10am-7pm  
 Sunday July 23rd 10am-5pm

Venue: Willoughby Town Hall  
 Victoria Ave Chatswood

Please come and help out at our Meditation Stall ( No.36 ). A schedule of times for which we require volunteers is on the sideboard at Burwood Ashram. If you are able to assist then jot down your name and you will be able to avoid the entrance fee which would otherwise be charged (ie \$8). Only registered stall attendants will be allowed in without charge

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GANESHA PUJA - CABELLA 1996 RAFFLE	
NAME:	LJ
ADDRESS:	PK
PHONE:	
TICKET NO:	
PRIZE: GANESHA PUJA - CABELLA SEPTEMBER 1996 (MONIES RAISED TO THE VALUE OF \$2400.00) TICKETS: \$15 EACH / \$25 FOR TWO. PROCEEDS TOWARDS RENOVATION OF MELBOURNE ASHRAM FOR SCHOOL ROOM AND FURTHER LIVING QUARTERS <small>DRAWN: 24TH SEPTEMBER AT MELBOURNE ASHRAM</small>	
TICKET NO:	

TICKETS ARE \$15 Each / \$25 for two.

Ticket Sellers are: Sydney: Carole McNeill + Ruth Oldfield

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## BURWOOD COLLECTIVE PROGRAMME ROSTER.

Northmead	July 14th (Fri.)
Roseville	July 21st (Fri.)
Strathfield	July 28th (Fri.)
Woollahra	Aug. 4th (Sat.)

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PLEASE NOTE: The Newsletter deadline has been changed; the NEW deadline is 4pm Thursday, items arriving later than 4pm may not go in until the next week.

Thursday, 29th June, 1995  
 4 Sturt, 3927 Charlotte  
 Kansas City, MO 64110-1117

To all my dear brothers & sisters,

I have been writing lots of letters to different yogis, but it occurs to me that I have not actually written to everyone. I have been in the United States for six months now, a fact which quite amazes me! Things have been going very well. The area I live in, called the Midwest, has a very small Sahaja Yoga contingent; Nancy Craig (mother of Dave Dwyer) and Vicki Latrell in Topeka, Kansas; and about 1½ hours' drive away - me, in Kansas City, Missouri. Nancy is a very strong lady, who has been very ill for the last ten years, and of course is gradually becoming well by the grace of Shri Mataji. It has been nice for me to be able to help a little with another Yogi who has been ill, as you all helped me last year. Spreading Sahaja Yoga is indeed tough in this area, it seems largely due to the high proportion of Christian fundamentalist churches, and quite a severe racial problem. The American Yogis and Yoginis are strong people, no doubt!

On the personal front, my work is going very well, and seemingly very easily - which is nice. I finished at the University of Kansas in May - hence my new address in a new state, where I have a position as a cook and housekeeper in exchange for rent and board. It is quite a wonderful situation, very close to the Museum of Contemporary Art, where I am working two-and-a-half days a week on research for articles for my cont. over →



There will be a bhajan practice at Roseville Ashram on Wednesday night 8 PM.



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MCA back at Wollongong University; and the basement  
of the house has been turned over to me (and the furnace!) as a studio  
space, as I am preparing for an exhibition in Wollongong  
next March/April. It is a very nice house and garden,  
and all very easy to take care of, including two cats.

The weather is quite hot and humid now,  
almost like summer at home, but everything is very lush  
and green, and there are flowers everywhere. The best  
thing about the summer here is fireflies! I have  
never seen them before; only in a Dr. Seuss book! So now  
every day at sunset, I sit mesmerised in the garden  
watching the light show!

Thank you for all the lovely letters and  
postcards I have been receiving, very much appreciated.  
I am looking forward to seeing you all ("y'all") again  
in September - I hope to spend a week or two in New  
York on the way home, and hopefully go to Yonkers. Till  
then, best wishes and much love to everyone,

Shannon. XX.

& Jai Shri Mataji;

DID YOU EVER HAVE  
AN OUT-OF-BODY  
EXPERIENCE?

YEAH...

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THE OTHER  
DAY WHEN I  
TRIED ON  
LAST YEAR'S  
SWIMSUIT

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