

Sahaja Newsletter

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June 26, 1992

GURU PUJA 1992

The 18th & 19th July brings the opportunity for the collective of Sahaja Yogis from N.S.W. to meet together and celebrate Guru Puja.

The venue is Bundilla Scout Camp situated on three hectares of bushland near Parramatta. The address is :- 6 Baden Powell Place Winston Hills.

The camp is available from 9am on Saturday morning we can't arrive on Friday evening. We are starting the weekend at 10am on Saturday with Meditation. The meals served will be from Saturday lunch to Sunday's Lunch (Puja Meal). A music Programme will be held on Saturday evening. The weekend will conclude approximately at 5pm on Sunday after Puja. We will need to tidy the camp before we leave.

The costs to follow cover accommodation, all food, Dakshina and hiring expenses. Due to our tight budget, we cannot offer concessions to people just coming for the days .

	Adult	Youth/Concession Student /Pensioner	Child 3 to High School
Sydney	\$65	\$40	\$10
Canberra	\$60	\$40	\$10
Wollongong	\$65	\$40	\$10
Blue Mountains	\$65	\$40	\$10
Central Coast	\$65	\$40	\$10
Newcastle	\$62	\$40	\$10
Other NSW Areas	\$60	\$40	\$10
Interstate	\$45	\$35	\$10

IMPORTANT

Because of limited beds (100) we ask everybody to bring camp style bedding similar to what you would use on India tour. The beds are for our interstate guests who have had to travel great distances to be with us, and those who need a bed because of health reasons.

All Enquires to Peter Aerfeldt on 02 747-2820

PLEASE REGISTER NOW

All registrations should arrive before 2/7/92

Post the cheque(in favour of Sahaja Yoga) and Details

TO

National Promotions Coordinator

10 Clarence Street

Burwood 2134

a late registration fee of \$10 will be required after that date



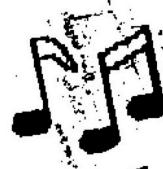
News of Shri Mataji

I spoke to Shri Mother on Sunday evening the 21st. She was about to go to the Kundalini Puja. She sent all Her Australian children Her love and also talked a little about the Royal Albert Hall Programmes. Shri Mataji seemed most happy with everything that had happened and when I said "It seems that a great many things had finally come together in the heart; She Said, "Yes, indeed they really have!"

Australia participated in the Kundalini puja present which was a silver kumbha and a bouquet of flowers arrived from us all in the morning of the puja.

Royal Albert Hall: Whilst organizing the flowers for Australia for the Kundalini Puja, I spoke to Hesta in London and asked her if she could tell me how the programmes went. There was a slight pause and then the flood gates opened! (It was very moving to hear her - it was as if everything they had been working for had finally been achieved.) Hesta said, that Gregoire had opened the proceedings in front of 2000 plus and gave a very interesting and appropriate speech, having just come from the "Earth Summit". She said how very important it is in the UK to be able to have someone like Gregoire to speak so knowledably* with such obvious ability ... Sahaja Yoga has its roots in the UK in the hippy movement and has suffered a bit because of it. Then there was some music and Sir C.P. gave what Hesta described as the best speech (she has ever heard) him give - full of anecdotes and humour but none the less right on the ball regarding the purpose of the evening.





This was followed by more music and then Shri Mother came out and gave a very gentle talk followed, not as everyone expected by self realisation but by yet more music. (This was it seemed necessary to weed out 'the curious') Then Shri Mother returned and gave realization. Hesta said that when Shri Mother asked for all those who had felt something on their hands or on the top of their heads she felt sure that almost 100% of everyone there put up their hands... Then Shri Mother said "Well that's all there is to it! Now you must enjoy!"

Then there was more music - all their favourite bajans were sung that night. Quite spontaneously they began to sing Jerusalem and half way through it people started to get up out of their seats and slowly walked towards the Stage. Soon there were hundreds of people all bowing & namaskaring to our Mother! At this Shri Mataji bent forward and said to those around Her .. "ALBION IS AWAKENED!"

What a night it must have been! Hesta said there was a complete cross section of the British public there, all colours & all races.

How wonderful to think that after all this time and effort the sleeping Albion has finally awokened! William Blake would be delighted.

(Stephan.)





The Australian Institute of Eastern Music

20 O'Connell Street Newtown NSW 2042 (02) 557 2354

is presenting
A 2 Hour Program

A cultural evening of Light Classical Song & Music of the Sub-Continent of India

FEATURING:

— DIPANITA BHATTACHARYYA — NORTH INDIAN CLASSICAL VOCALIST.
Kieth MANNING — TABLA

TAROON RAHMAN — BANGLADESH FOLK SONGS.

ILAN KIDRON — FLUTE

**

SYED SARSHAR — SITAR/RHUBUB
AFGHANI MUSIC

DAVID WITHERS — GUITAR & TOM WHITTY — TABLA

THE A.I.E.M. CHOIR WILL PRESENT VARIATIONS BASED ON CLASSICAL RAGAS.

Saturday June 27, 1992 at 6pm sharp
at

Newtown High School of the Performing Arts Studio Theatre
Newman St, off King St, Newtown

Plenty of parking available

Tickets: \$12, \$10 Conc.&Members



Enquiries: (02) 557 2354/358 6110.
Indian snacks will be available.

AIEM GRATEFULLY ACKNOWLEDGES THE ASSISTANCE OF
THE AUSTRALIA COUNCIL

The first Chinese Collective Seminar.
Taiwan, weekend 12,13 and 14 June 1992

We arrived in Taipei about ten minutes before Ursula's (a yogini from San Francisco) United flight landed. It was a long, long drive to Lishan from the airport. It was cooler as we started to climb up into the mountains. By this stage it was dark. After a major detour due to a landslide, we arrived.

We were staying in two Swiss-style bungalows (guest house). It didn't seem at all like the middle of SE Asia, more like alpine Europe. It was chilly and fresh. We had a soothing meditation together and met the Taiwanese SYs (all fairly new), eight + Harald. From HK were May, David Wong and Danci (David and Danci are both from the Mariners' Club programmes in Feb.), plus Pavan, John and Kate. Lishan is a very beautiful area - lush and green. The road through the mountains was cut by ex-soldiers in the 1940's. This gave access to the area previously populated by Taiwanese aborigines. Many of the soldiers settled around Lishan and in the temperate climate began stone fruit and apple cultivation. The famous peaches are so expensive! but very tasty.

The following morning after meditation we drove into the village (every shop clinging to the side of the mountain) and found a little restaurant that would feed us. So we tasted the first of our Lishan fried cabbage that was to feature in every meal. After breakfast we drove to the highest peak in that area. It was a scenic drive past terraced hillsides covered in fruit trees and cabbage farms. The summit was cold and many other sightseers were milling around. We looked for a secluded spot for a shoebeat in vain. A light rain began to fall, and as if by magic the crowds disappeared. The yogis soon found shelter under the eaves of Chiang Kai Shek's summer pavillion.

Many of the yogis had not learned about shoebeating (in fact Harald's new yogis had only learned one mantral it seems that he is taking this group much more slowly and gently which certainly seems to be working). Pavan gave a great discourse on the powers of a Sahaja Yogi and the importance of the elements and how they really act for us. To begin with we invoked our great Mother Bhoomi Devi with both hands reverently upon Her. The sudden silence was profound. Everything was still. We shoebeat collective problems for a while and then meditated. Now the wind was alive! It raced around and around us through the fir trees, although all was still where we were sitting. Back in Lishan we walked along the row of brightly coloured stalls displaying their peaches and plums.

Lunch and cabbage before a siesta. We prepared the havan together and decided to hold it inside at the large open fireplace. It was a tremendous havan. We all said the 108 names of Shri MahaKali and then Shri Mataji. Each name's meaning was said in English and Chinese. (Alvin Lee translates quickly and with rapidly growing understanding of Sahaja Yoga. Harald said he has been coming regularly since Shri Mataji's programme.) As the havan progressed the fruit on the edge of the fire began to squirm and bubble and after a little while to scream and wail most dramatically. No doubt some major bhoots got what was coming to them! There was the right amount of ghee, seed and wood to offer all the collective bhaddas we could think of, and everyone felt radiantly clear afterwards.

Dinner in the village. Outside the restaurant two little children were selling



peaches. David went out to play with them and showed them his badge of Shri Mataji. They held their hands out and immediately felt the Chaitanya. We were all so moved by the sweet innocence of these mountain children. We gave them their own badges, sweets and said goodnight to them and went home for headrubs and a deep meditation before we retired each armed with a vibrated lime and chilli.

Sunday dawned clear and warm after Saturday's rain. After collective meditation we spoke about the progression of becoming a Sahaja Yogi and of the significance of personal recognition, culminating in Puja. Following breakfast, we joyfully prepared for the Chinese Yogi's first collective puja. During the puja we sang bhajans and everyone offered a freshly picked mountain flower at Shri Mataji's Lotus Feet. As the puja began most of us could smell a wondrous fragrant perfume... The sense of devotion to our Holy Mother grew and grew over the weekend, until all were bowed in complete reverence and worship at Her Feet, and "Jai Shri Mataji" with conches echoed over the mountainsides. Lunch marked the official end of our seminar. It had been such a great opportunity to witness the first joint seminar of the Chinese Yogis from the two countries, and see the love and tremendous vibrations that always flows when Yogis are together with their attention on Shri Mataji, (and with Her Attention on us.) Pavan suggested that those who could, might stay on for the extra night, as we weren't flying out until the Monday.

Alvin, Harald, David, Pavan and Kate could all stay, so after fond conch blowing farewells we rebooked, put our bags inside and then went for a long drive to the highest point of the whole range. We stopped at the top with a spectacular view across mountains and clouds that were pouring into the valleys. We loudly sang Allah Ho Akbars at 3500metres and watched an incredible display of cloud shapes and stratas including an obvious Chinese celestial dragon that raced over the peak alongside us. Alvin then told us that after the Puja he and Mr Hu had seen a round smiling face in the clouds over the cottage. The mountains at a certain height were covered in pink azelias - so beautiful. That evening we enjoyed a nice fire, more headrubs and slept well.

Breakfast was a huge melon that Harald had brought from Taipei. David and Alvin spoke a lot together about their experiences with false gurus. We discussed at length the perception of Sahaja Yoga by the Chinese, and particularly the appropriate presentation for the mainland Chinese. In particular that Sahaja Yoga is free, is real, an experience that definitely benefits. Also that we have the real and complete knowledge of Kundalini and its awakening. We decided that perhaps Shri Mataji should be presented most simply as The Mother, defying all further attempts at labelling Her. Alvin and David had much to contribute and we all listened eagerly. We talked about putting together a regular Chinese newsletter that could be distributed in HK, the Mainland, Taiwan and Malaysia, and even to Chinese-speaking yogis in the US and Australia.

Our pleasant drive back down the mountains included stopping to offer the puja flowers and coconut at a waterfall.

We lunched at Dragon Valley Paradise and then footsoaked in the raging river further downstream, before driving through to the airport to rejoin John, Danci and May for the flight home from Taiwan which was originally called Formosa ("Beautiful Island").

LAXMI PUJA

North Meade residents invite everyone to their (much postponed) Laxmi Puja on 4th July - Starting 7.30pm.



ANNOUNCEMENT

Ramsay Street Ashram are changing the starting time of their Sunday programme to 10 Am. There is no alteration to Thursday 11am programme.



Dear Brothers and Sisters everywhere,

22.6.1992

Jai Shri Mataji! This is just a brief letter to let everyone know how things are going in Malaysia. We often hear encouraging news about the growth of Sahaja Yoga in many countries. This time, we're very glad to be able to tell you that we too are joining the ranks of progress in our Sahaj world.

After Shri Mataji's visit in mid-March of this year, we started a 7-week programme that allowed us to teach them about the chakras a little at a time. I'm sure you're all familiar with this method, so I won't go on about it. This session attracted 45 of the 650 people who came to the public programme and this number has gradually reduced itself to 28. As Shri Mataji said, the seekers coming now are of very high calibre and depth. Their understanding and enthusiasm are very encouraging. We have not started another programme yet because we had trouble finding a place that would be large enough for all the seekers we are expecting. Thus far, we have been continuing with the 28 seekers and after the 7 weeks, continued by introducing something new to them every week, like matka treatments, 3 candle, shoebeating, etc. They were most eager to try all that was recommended and the results have begun to show. In addition to showing Mother's talks and exchanging vibrations every week, we hope this will keep their interest alive until they are strong enough to realise the significance of Sahaj.

Our problem with locating a large enough place to hold subsequent programmes has also been solved. One of the Sahaja Yogis just offered us the use of his shoplot, which can accommodate about 100, and we will start programmes again on Sunday mornings, as suggested by Shri Mataji.

Mother's last visit has obviously worked things out on many levels because we are not only getting more seekers locally, but also from other states in the country. Starting this coming weekend, a few of us will travel about 400 km north every fortnight and hold programmes on Sunday mornings, then travel back again the same afternoon.

As our numbers grow, we have come to recognise the need to have a centre and ashram of our own. To achieve this, we have set up a building fund and monthly contributions ensure that our nest-egg will continue to grow little by little until, by Mother's grace, all factors come together and we will be able to purchase our own centre. Plans to buy a piece of land and build on it are also being considered, so any advice or expertise that anyone would care to offer will be most welcome.

This concludes this update on Malaysia; an answer to an earlier call in one of the previous newsletters for news from other countries.

JAI SHRI MATAJI!

Romesh