



# Australian Sahaja Newsletter

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23rd July 1999

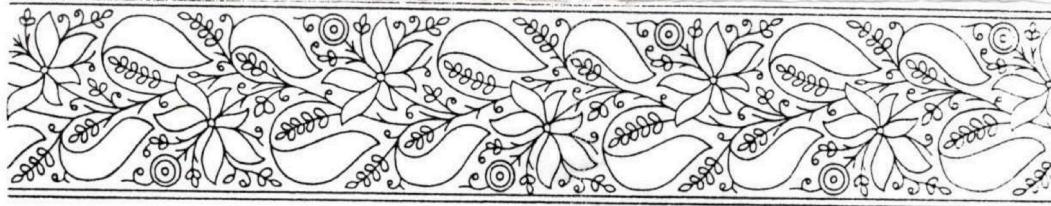
## GURU PUJA, SYDNEY

The most auspicious occasion of Guru Puja for the Greater Sydney Collective will be celebrated on Saturday 30th July, at Balmoral Village.

**GURU PUJA  
Saturday 30th July, 2pm  
BALMORAL**

*If you live only for yourself, then you have not expanded at all, you have not done your duty to the Guru. If you develop the Guru Tattwa, then the quality of wisdom is born. Wisdom is when you realise your mistakes and rectify them, then the balance comes. In the beginning the Guru principle is limited, then as you create more Sahaja Yogis, it goes on increasing its limitations like a horizon.*

H.H. Shri Mataji Nirmala Devi  
Guru Puja, Lago de Bries, 1989.



## GANESHA PUJA UPDATE

### Travel

Due to a misunderstanding, the airline ticket prices given earlier were based on a group (minimum 15 passengers) travelling.

Some alternative itineraries and individual passenger fares provided by Open World Travel at St Leonards are as follows.

#### Japan Airlines

Departs Sydney                    Sunday 19th Sept    0935 am  
Arrives Milan Malpunta        Monday 20th Sept    1720 pm  
Overnight stay at Nikko Narita hotel included in fare.  
\$1650 plus taxes (approx \$60).

#### Lauda Air

Departs Sydney                    Sunday 19th Sept    1920 pm  
Arrives Milan Linate            Monday 20th Sept    1850 pm  
via Vienna  
\$1650 plus taxes (approx \$60).

#### Qantas / British Airways

Departs Sydney                    Sunday 19th Sept    1645 pm  
Arrives Milan Linate            Monday 20th Sept    1040 am  
via London  
\$1830 plus taxes (approx \$60).

To take advantage of this offer you can speak to Vivienne at Open World Travel, phone 9906 8700 or Avinash Nichkawde 9747 4835.

I am not organising a group booking.

### ARRIVAL.....Repeat Message

Everyone coming to Ganesha Puja should organise to arrive at Cabella by Monday evening 20th September. We can rest and relax on Tuesday and get everything ready on Wednesday and Thursday. Last year the first concert was held early Friday afternoon. There was another on Friday evening; the puja was on Saturday starting mid afternoon and the Weddings on Sunday.

### **Notification of participation.**

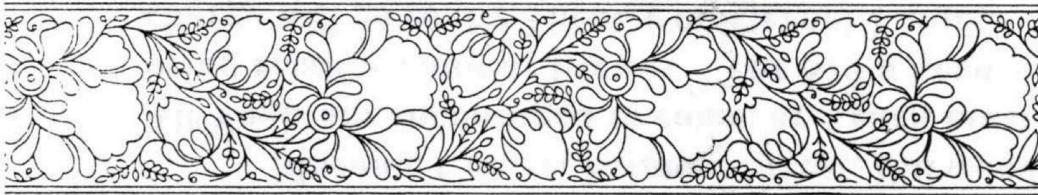
When notifying Burwood Road Ashram (ph 02 9747 0310) that you are coming to Ganesha Puja, please also let them know when you will be arriving in Milan. If there are enough people arriving within close proximity of each other, we can organise coach transport to Cabella.

There are two airports in Milan: Malpenza, where the intercontinental flights (from America, Africa, Japan) arrive, and Linate, where the domestic and international (other cities in Europe) arrive.

### **Marriage applications.**

Would also those who are submitting applications for marriage, kindly let me have the two copies together with your State leader's report by the end of this month, so that they can be sent without delay whenever Shri Mataji calls for them.

Thank you,  
**Michael.**



### **Shri Mataji's Fashion Collection General Meeting.**

There will be a meeting this Saturday 24.7.99 to discuss ideas as to the further sales possibilities of all the garments made up for us by Shri Mataji.

Any ladies (or men) interested in offering ideas are invited to come and help this Saturday at 2pm.

See you there.  
Jai Shri Mataji.

## **Shri Krishna / Virata Puja**

By grace of our Holy Mother, Shri Krishna/Virata puja will be hosted by North and South America in Cabella on September 3-4-5. A formal invitation will be sent with more details later.

!Jai Shri Mataji! and see you at Shri Krishna Puja.

Manoj Kumar

### **FOR URGENT SALE**

Fred Meyer's

'95 Fairlane Ghia 6 cyl auto sedan.

Dark metallic blue with leather upholstery, air, power steering, alloy wheels. 86,000 kms.

Has conveyed Shri Mataji.

Only \$25K or continue payments.

Negotiate with Fred in Belgium on

0011 321 244 1340

(mobile 0011 316 578 28344).

Local enquiries to John Brownscombe:

ph 9653 1697 (work 9313 7385)

***Congratulations to Chris and Danielle Lee***

from Canberra on the birth of their baby girl

**Sophie Karuna**

Born on Sunday, at 2.20pm on 27 June 1999 tipping the scales at 6lbs 14 1/2 ounces.

All the family doing very well adjusting to life with their little baby girl.



## COSMIC FAIRS

On Friday 8th & Saturday 9th we were invited to teach meditation at the Cosmic Psychic Fair at Hornsby RSL. The organisers were very happy to have Sahaja Yoga meditation participating and gave us a huge space for free. We had a lovely space in a bhandan of flowers in a very quiet area. The response was excellent with quality seekers and many children receiving their Self Realisation. One group of 4 children who had been running around uncontrollably suddenly sat down in the chairs and asked for their Self Realisation. Afterwards they sat quietly in a corner and practised. They were heard telling their mum all about the cool breeze!

The organisers were so impressed with the meditation they have offered us a free space at any of their upcoming fairs and they said we were the most popular stall.

The next fairs will be at:-

NEWCASTLE.....JULY FRI 30TH

TUGGERAH.....AUGUST SAT 7TH, SAT 31ST, SUN 8TH

GOSFORD AUGUST FRI 27TH

ROOTY HILL SEPT TUE 21ST, SAT 28TH, WED 22ND

MARKET TOWN SHOPPING TOWN, SEPT MON 27TH TO SUN OCT 3RD

Anyone interested in organising a stall at these events please contact Gillian Patanker on 9477 4645.

JAI SHRI MATAJI

## VIENNA BOYS CHOIR IN SYDNEY

Our brother, Gerald Wirth, is currently touring with his Vienna Boys Choir who will be performing several concerts this week in Sydney.

You will be familiar with his arrangement of the Binate Suniye sung by the Calgary Boys Choir while he was in Canada. You will be pleased to know that Binate Suniye is now a regular part of the Vienna Boys Choir Program (and others)!

For information, ring Ticketek in Sydney (not sure about other cities ticketing companies).

## THE ENTERTAINMENT

### Work has started on an entertainment:

a) to be presented on  
August 30th and 31st  
at the hall attached to the  
Masonic Centre, Belmore Street, Burwood.

All Yogis are encouraged to come, and each must bring relations and/or friends. The \$10 a head charge will go to the Theatre of Eternal Values. (Incidently, we have already contributed \$A8,000. In a recent Newsletter TEV acknowledged contributions of \$10,000. If this was in \$US it means Australia contributed over half!)

b) From our entertainment  
we hope to compose our  
contribution to Shri Mataji's  
Shri Ganesha Puja Concert  
at Cabella.

So, will all Yogis planning to go to Cabella for Ganesha Puja please contact 9747 0310.

The earlier the rehearsals start the more relaxed and productive the creative process will be. We will need to involve most, if not all, of the yogis going to Cabella.

So could decisions be made and shared soon?  
Very soon!

## ADVENT OF THE MASTERS

JANAKA	10, 000 - 16, 000 BC	India
ABRAHAM	2000 BC	Mesopotamia
MOSES	1300 BC	Egypt
ZARATHUSTRA	1000 BC	Persia
LAO TZE	604 BC	China
CONFUCIUS	551 BC	China
SOCRATES	469 BC	Greece
MUHAMMAD	570 AD	Mecca
NANAKA	1469 AD	India
SAI NATH	1856 AD	India

## ADI GURU DATTATREYA

Creation of Dattatreya

The sage Narada went to the Goddesses Saraswati, Lakshmi and Parvati saying that Anasuya, wife of Atri, was the most virtuous woman in any of the worlds. The Goddesses sent their husbands, Brahma, Vishnu and Shiva to test the piety of this woman.

Anasuya washed her husband's feet and then sprinkled the Gods, who were disguised as Brahmins, with this water. They were turned into babes. The three Gods deprived of the power to return to their original form, were trapped at her hermitage.

Saraswati, Lakshmi and Parvati came in search of their husbands, but he said she had some claim as she had nursed them so long. The Gods agreed to create a combined form with three heads and six arms if she released them.

This three headed divinity was named Dattatreya. The central head represents Vishnu, the right head represents Shiva and the other Brahma. The dogs which are depicted with Dattatreya represent the perfect devotees, which are faithful to their master.

## SAI NATH

"My master told me to give bounteously to all that ask. No one asks with wisdom. My treasury is open. No one brings carts to take away the real treasures. I say dig and search, but no one wants to take any pains. Be the true sons of the DIVINE MOTHER and fully stock yourself. What is to become of us. This body will return to earth and the air we breathe will melt into air. This opportunity will not return."

## RAJA JANAKA

There is a beautiful story told by Shri Mataji about Raja Janaka: "You know, King Janaka was called as 'Videha'. Great sage Narada asked him one day, 'Revered Sir, how are you called as Videha, you live in this world how can you be a Videha?'

Raja Janaka said, "This is very simple. I will tell you about it in the evening. Now, please do this little job for me. There is milk in this bowl. You take this bowl and come along with me. Please see that not a single drop of milk is spilled on the earth. Then only will tell you why I am called Videha."

Narada took the bowl and followed Janaka everywhere. He had to be very careful because the bowl was such, that by the slightest movement the milk might have spilled. He got quite tired. When they retired for the evening, Narada asked, 'Please tell me now. I am getting quite fed up with carrying this bowl and following you everywhere at the same time.'

Raja Janaka said, 'First of all tell me what you have seen?' Narada: 'Nothing except this bowl of milk so that it won't spill.'

Raja Janaka said, 'Didn't you see there was a big procession in my honour, then there was a court wherein there was the programme of dancing? Didn't you see anything?'

Narada: 'No Sir, I have not seen anything.'

Raja Janaka: 'My Child, likewise with me, I also see nothing. All the time, I just watch my attention. Where is it going? Making sure that it won't spill away like the milk.'

Explaining Chitta-nirodha, Shri Mataji said, "This sort of attention one has to develop by watching attention. Chitta-Nirodh. Nirodh means the saving of your attention. So your attention should not be on saving money and worldly things and all that, but attention itself must be saved. As you watch your money, as you watch your road when you drive, as you watch your child when it is growing, as you watch the beauty of your wife, or the care of your husband - all put together you watch yourself; your attention."

Just as Shri Mataji has stressed the importance of sincerity in Sahaja Yoga, for example, the necessity of singing and praying with love from the heart, so also Confucius says;

"Sincerity is that by which self-completion is finished. The possessor of sincerity does not merely accomplish completion of himself, with this quality he completes other men."

This quotation takes an added significance when it is considered in the light of Sahaja Yoga; an open, sincere heart facilitates the Kundalini's passage up the Sushumna nadi.