



# Australian Sahaja Newsletter

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1997

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## REPORT FROM DELHI

Everyone is enjoying. There are about 200 yogis on the tour.

From Shirley, New Zealand;

It is 12.15 p.m. and I'm just about to have the first early night since I left on the 30th but I just wanted to write these few words while it is still fresh. We have just returned from the Public Programme in Old Delhi, at Ramleela Ground.. The camp is absolutely aglow with the vibrations of being in Shri Mataji's presence.

The invitations to the programme stated "Come, the Mother calls, experience the peace within, (then Shri Mataji's photo), then overpage, " One has to understand that God exists, not only exists, He acts, He loves, and we are supposed to know Him." Then it goes on to say that you are cordially invited to experience self-realization through Kundalini awakening by the Grace of Her Holiness Mataji Shri Nirmala Devi-She will Herself reveal the Sahaja Yoga meditation technique.

Here follows some very brief notes of the translation from Hindi... Shri Mataji was very happy with the Indians- they came in buses, horse and carts, trains, some travelling for days. Although it was late everyone was waiting silently. Shri Mataji said that the land of India is very auspicious. They were very satisfied because India is Yogi Bhoomi, the highest form of Yoga. What She is feeling there are no words to express. Shri Mataji said that she was very happy with the foreigners, people had worked hard, they are from 70 countries and look at their faces, glowing because of their spiritual awakening within. She was overflowing with love: giving out blessings,wished us all well on the tour. She raised Her hands and laughed and said everyone had received their realization. (estimated 80,000 to 90,000 people attending).

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In the beginning of Her talk Shri Mataji spoke a lot about terrorism, the wars going on between different countries. Killing each other just for money. In the earlier days people used to be afraid about their actions, feared God, but these days the fear of God was completely gone. They are doing all kinds of inhuman things with all the liberties. If we manage to bring them into Sahaja Yoga then all these evil things will just vanish; poverty,unemployment,pollution.

A mafia leader in Italy came to Her and said, "Shri Mataji, I'm tired of all these things, please take me to your Lotus Feet, I want to come in God's mafia." She said, "There is no mafia in the kingdom of God-there is only love." So he gave up the mafia, destroyed it in his area.

While She was coming to the programme She read the billboards saying "Clean Delhi"-cleanliness on the outside is not as important as cleanliness on the inside because these days the negative forces are the same in power as the chaitanya is. If there are 10 Sahaja Yogis then there is one rakshasa behind them and if you are not powerful then he can overthrow you. But Shri Mataji has given us so much power that we can overcome this, we can protect ourselves AND give realization to the rakshasas...

I'm now at Nagpur about to enjoy two hours of dancing,a music programme then a 22 hour ride by train (2 carriages,167 people, 144 beds!)...

JAI SHRI MATAJI

### **WEDNESDAY NIGHT SPECIAL**

Dr Rajiv Kumar, the leader of Sahaja Yoga in the Phillipines, will be visiting Sydney for one day only, this Wednesday. He asked if it would be possible to attend a bhajan session. Please come and join us on Wednesday night at Burwood from 7.30 for bhajans. All welcome . Please bring some snacks to share with our guest.

### **BONDI PROGRAMME OPPORTUNITY**

After it's first enormously successful year we are looking at continuing into 1998. Applications are now being received from anybody who would like to be involved on a regular basis. Come for the seekers and stay for the gelato, coffee, swimming,sun and fresh air-Saturdays mid-day. Call Rayhan Yilmaz on 9365 4084.

## ***Christmas Puja 6:00pm Thursday 25 December***

This year we will be holding our Sydney Chrismas Puja on Christmas Day at 6:00pm at Burwood. You are cordially invited to come to Burwood and join us for a Christmas lunch, and assist with the setting up and cooking for the evening puja.

The puja roster is as follows. Many yogis are not able to participate in these activities due to family commitments. Any additional assistance would be greatly appreciated.

***Setting Up***      Burwood & Concord

***Cooking***      Eastern Suburbs & Northern Beaches

***Washing Up***      Southern Region (Woolongong etc)

***Dismantling***      Lindfield

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## **New Years Eve Talent Quest**

**Wednesday December 31**  
**at Burwood 7.30 pm**

Come join in the Fun. Tiny tots to adults encouraged to participate.

Ideas for contestants :

Tell jokes , sing songs, do charades, sing nursery rhymes (recommended for kids only) or organize a group activity if you need moral support.

We need your involvement to make the evening a success. Any expressions of interest please contact Chatswood.

Fancy dress! (not obligatory)

Can everyone bring a plate of food (savoury or sweet).  
thanks heaps. Lets Party !!!!



*Self Portrait at the age of 34 (detail) 1640. Reproduced courtesy of the Trustees, The National Gallery, London*

## *Rembrandt Exhibition*

in CANBERRA

From 17 December 97 to 15 February 98

As you know this great artist was a realised soul.  
These are extracts from this Saturday S.M.H. that  
describe some of his qualities :

Why not organise a collective trip to Canberra ?  
Why not have an art seminar with the Canberra  
collectivity on the same week-end, where everybody  
could get initiated to painting, drawing... ?

If interested, give your suggestions to Jean-Michel .

Artists copied all phases of Rembrandt's work, from his early taste for careful detail, to the broad brush-strokes and dramatic chiaroscuro of his late manner. From the earliest part of his career, while still based in Leiden, Rembrandt's work has been confused with that of his close friend and contemporary, Jan Lievens, who later took a diverging course.

Of Rembrandt's later pupils, Ferdinand Bol, Jacob Backer and Govaert Flinck all enjoyed successful careers, using skills they had absorbed from their mentor. When they gradually abandoned aspects of Rembrandt's style to forge a less expressive, more classical manner, they secured the lucrative commissions that no longer came the way of the older artist. Conventional wis-

dom has it that Rembrandt's work went "out of fashion" as he pursued a more individual path with obsessive determination while his students gave the clients what they wanted.

In the past year, while writing my own book on the subject, I've begun to realise the early work is consistent in technique, but the late is rhapsodic — he just fiddles around. The early Rembrandts have a monochrome underpainting; the later ones use an underpainting with the muted colours of the finished work.

**Talk by Claus Noble at the  
Royal Albert Hall : London**  
**3rd July 1997**

Well, indeed, life is full of surprises, after all we are meeting here, inspired by the message and work of Holy Mother Shri Mataji Nirmala Devi and She is not here in body but She's here in spirit. Also the wonderful letter that we recently heard from Ayatollah Rohani, which speaks very highly of the work and the mission of the Holy Mother, where he indicates the importance of women in the world, is neither here and frankly speaking only 36 hours ago I did not know that I would be here at the Royal Albert Hall, addressing this audience. Still I say, dear Holy Mother, and I also recognise her husband, Sir C P Srivastava, in the audience and I say most importantly, dear friends, fellow seekers of truth, are you out there? because with all this light I can only see about twenty people in front of me. So, say yes if your here then I know. (lots of clapping) Now I can see you and I can hear you as well as you can see and here me. With that said I want to say, that I have a vision, I have a vision of the world that is better, safer and saner than the one we are presently experiencing. It is a world where people live in harmony and peace with themselves and in harmony and peace with nature. Now those words are vast, it's a bold vision do I have a practical way for going from vision to reality? Yes I will share that with you and I will share it and indicate the tone of the meeting by ten small words, and they indicate how this global world transformation shall be undertaken, and they are right thoughts, right words, right deeds, right here and right now. The key word, is of course, right. This world is fighting about what is right, what is right to you might be wrong to me, and vice versa, it is a grey area. So we need a reference point, so we can distinguish between right and wrong and between truth and lie. Tonight Shri Mataji will show us what is right, tonight Shri Mataji will empower us to become masters of our own destiny, and tonight we will be guided by the knowledge of self realisation in the light of truth

and we shall all know absolute truth and absolute peace.

100 years ago, Alfred Nobel established a Nobel Peace prizes, these prizes represent excellence, we have prizes in chemistry, physics, medicine, literature and peace. Of those prizes I hold the peace prize to be the finest, and I want to tell you that Alfred Nobel listened to a woman, he listened to his secretary, Burta from Sutton, in Paris, 100 years ago, when she said Dr. Nobel, you should use your vast fortune for betterment of the world. Tonight you are listening to another woman, we are listening to the message of Shri Mataji. However, I'm very much inspired, first by my uncle and later on you here by Shri Mataji. Alfred Nobel talked much about peace, he was frightened that his awesome, explosive, dynamite which cleared up land for harbours and tunnels, could also be used for warfare, today in the arsenal of harbours this miracle, Earth is like a blue jewel in space and there is only one Earth and this Earth is fragile and we must take care of her and we respect her. Earth is also called nature, we cannot break the laws of nature, we must live by the laws of nature, if we break them, Mother Earth will break us, and we are only one species, we do not know how many species we have, five, ten, fifteen millions, but this we know and this has been proven by the world's most foremost scientist in Harvard University, United States, Dr Edward O Wilson, we are today bringing to extinction 250 species per day, that is as if we are deliberately and wilfully pulling out thread after thread of what consists of fabric of life and Mother nature will not let us continue doing that without correcting us as naughty children.

The fourth sphere, of peace, is the peace that we should know between ourselves and God. Any religion or any group who raises their arms and destroys his enemy in the name of God is not following what God has asked us to do. The world should not know of violence. And the world should not know a war. I call, as we already heard, these four spheres of peace, Earth ethics.

And tonight we will hear more from the Holy Mother how we shall have a reference point,

how we can distinguish if we have a charlatan and a fraud in front of us or if it's a genuine honest person.

You have come here tonight from many different walks of life and like you, I have also been seeking for the truth, I am beginning to discern truth rather clearly and let me tell you this, that I look upon life on Earth as a kind of a school, a school where we are learning perfection and purification. Now on Earth everything is interdependent, interactive and inter-related and on Earth, and well as in heaven I guess, every action has a reaction, every effect has a cause and every cause has an effect and the Holy Mother, as I said, She is a highly evolved soul, She has learned from many, many lives, what it is all about and this what is all about laws, the unseen laws, the spiritual laws, they are always here and they work as infallible as the law of gravity works, it always works all those unseen laws, it is for us to learn and perceive that law. I am very comfortable with the teachings of Shri Mataji and I am very comfortable with the Holy Mother herself, I say so because, in the Bible there is one saying, amongst several good ones, you shall know the tree by its fruit, and lately I have met the young men and women, in different parts of the world and certainly from many different parts of the world and they are all shining, beautiful human individuals that radiate inner peace and balance. They are unique, you follow and that you are in the process of following, will be I think those individuals who should call themselves, ambassadors for the Earth and after tonight's session is over, I'm sure, that you shall see clearly how you shall distinguish between truth and lie and you shall realise that blind faith is of no value and to take up violence as a last argument is of no value, eventually those things will bring you unhappiness, they will bring you conflict and potentially war.

I know that we hold the future in our hands, I know that the future is military systems it's like a small firecracker. But at that time, dynamite was a most awesome destructive material. Now Alfred Nobel thought basically about peace as an absence of war, but I assure you that peace is much more than absence of war and I see that

peace exists in four specific areas, the first area is the peace that the individual has in him or herself. How do we treat our mind, our emotions and our feelings? How do we treat our body? Are we slaves to other masters or are we our own master? Until we have the inner peace in ourselves, we can never have an outer peace in the world and the safest and best way of finding world peace is to have mass movements that includes all religions and philosophies, all enterprises, whether they are political or scientific nature, to realise what inner peace is and that's what we are talking about tonight. Self realisation. What does self realisation mean? Well it means that we are realising something, but what is the self? Ladies and Gentleman the self in us is the divine, cosmic powers that exist in each and every individual but which is dormant in most people around the world. The spiritual leaders from ancient laws, they knew about this, and they spoke about this but this secret of secrets has been suppressed, deliberately, until Shri Mataji, with great courage and great wisdom, being an old soul, who decided by Herself, to come back to the earth at this critical time in our history, in order to share Her knowledge and wisdom, which is the Sahaja Yoga, which is instant Self Realisation which is to activate the dormant principle that we all have, which is the Kundalini and to help the Kundalini to rise up and thus become, what it says in the Bible, you are created in my image. That was the first category, first sphere, of peace, the one we have within ourselves. The next one is the peace that we have among each other, in the family, in our community, in our nation, that we have peace with other ethnic groups and with other religions that we really become true, what I call active listeners, and as active listeners are able to put ourselves in the place, in the shoes, of the other party. Only then when we have the outlook from their perspective, shall we understand what they are trying to say. We're always talking, talking, talking. My dear wife, who is not here tonight, she said Claus, you talk too much, you don't listen. I have started to practice, what she calls, active listening. . .

*to be continued next week...*