

Sahaja Newsletter

Rosa Hanchish

Contributions:

Sue Raggatt: (02) 746 9144

Ariane Kaub: (02) 798 6779

Carole McNeill: (02) 560 6921

Fax: (02) 745 4562

OCTOBER 16th '92.

Diwali Puja

We agreed last Friday to hold Diyalii on Sunday 25 October at 5.00 in the evening. As we have all day to prepare, can we make an effort to start at 5.00 for this one.

The following are rostered:

Setting Up - Ramsay Road & Strathfield

Cooking & Washing Up - North Shore & East Lindfield

Dismantling - Blue Mountains & Parramatta

* * * * *



YELLOW PAGES

Dear Brothers and Sisters,

Earlier this year we took the collective decision to continue with our entry in the Yellow Pages telephone directory knowing that the approx. \$3500 would have to be paid later in the year.

The hour is now upon us.

By my calculation there are about 80 of us who are working. If we ask them to contribute \$35 each, we get \$2,800. We will need to raise the remaining \$700 from the rest of the collective.

Joë and Yoni Docherty are collecting from everybody north of the harbour. Pru Page is collecting from all those in the east, and Charles Tiralongo from all those in the west. We are running a little bit late with this. Please let these people have your contributions. We must make the payment by Divali Puja at the latest. I believe that everybody agrees that the Yellow Pages are one of our most effective ways of reaching people.

* * * * *

Z

D I W A L I

Diwali is the celebration of the birth of Laxmi who was born out of the primordial sea. It is also the time of the birth of Jesus Christ on the darkest night. This is why the lamps are lit. This is followed by the celebration of the new year in the ancient Indian calender (Shalivahanas). After Laxmi was born from the ocean the moon was also born out of the ocean as a two day old moon. This is the moon that was put on Shiva's head to cool him down after he had drank all the poison that had come out during the churning of the ocean that produced Laxmi and many other wonders.

DAY 1- DHANTRAYODASHI (13th day of the moon)

This day is when Laxmi was born from the ocean. She was born as the Gruha LAXMI, so on this day a gift should be given to the Gruha Laxmi (housewife) of the home.

DAY 2- NARAK CHATURDASHI (14th day of the moon)

On this day the evil rakshasa Narakasura was killed. This is the day when hell is opened out so that rakshasas can be put in hell. Sahaja Yogis are supposed to sleep early and awake later.

DAY 3- DIPAWALI (15 th day of the moon)

This day is the celebration of Rama's return to his kingdom and his coronation. It is also the darkest night when there is no moon and Jesus Christ was born at two o'clock in the night. That's why lamps are lit in the night.

DAY 4- NEW YEAR (1st day of the new moon)

In Maharashtra, the forefathers of Shri Mataji, the Shalivahanas, celebrate the new year from this day.

DAY 5- BHAUBEEJ (2nd day of the new moon)

This day celebrates the birth of the moon from the primordial ocean. He is the brother of Laxmi because he was born at the same time. So for us he is our Maternal Uncle and he is recognised as the brother of all the Goddesses. On this day Rakhi sisters from Raksha Bandhan honor their brothers.

OUR RUSSIAN BROTHERS AND SISTERS

Dear Yogis.

I just received this from our Russian brothers and sisters in Novosibirsk. I proposed sending them transcripts of Shri Mataji's talks over the net. It seems that this will cost them too much. The alternative is that we mail them transcripts of talks, not too much to ask I feel to help support one of the greatest spiritual countries in the world. If each one of us could send a few things it would be a big help to them.

Chris

14-OCT-1992

Subj: How excited we were to find your letter!

*** JAI SHRI MATAJI ! ***

Dear Chris and our Australian Brothers and Sisters!

Yesterday as we were looking through the letter-disk we found your wonderful letter from September the 17th. Nobody could understand how had it happened that we missed it. But anyway everything comes in right time, you know.

Thank you very much for your warm words about us. We'll do our best to spread Sahaja Yoga. The more brothers and sisters we have throughout the world, the more happiness, love and joy!

On Sunday the 4th of October we celebrated Shri Mataji Puja. There were not too many yogis but those who could come to Puja absorbed Mother's Love and Bliss. Everyone was filled with joy especially when we sung "Mahamaya Mahakali Jay Sherawaly". After Puja we made Shoebeating on all negative things around and within us. It was very joyful.

With a great delight have we received your proposal about the information on Sahaja Yoga! Is it possible, to send it on the diskettes with somebody who is going to go to Diwali Puja in Romania to pass it to somebody from Novosibirsk. Our leader's name is Aleksei Zemljanko. The matter is that we are hiring E-mail address and paying for each kByte of information received, so it would be a bit expensive for us to get so big message, you offered, by E-mail. You cannot imagine how we need information on this subject! Particularly the texts of the lectures and Pujas. We'll translate them and issue to spread among Russian-speaking Yogis.

Thank you very much. Please give our best wishes and love to Australian Brothers and Sisters!

Vitaly, Sweta and Simon
from all Novosibirsk's Sahaja Yogis.

BUSHWALK

This Sunday there will be a bushwalk on the Central Coast. It will be at Maitland Bay (that is between Kilcare & McMasters Beach in Bouddi National Park). Meet at 10.30 am - bring a picnic. Beach nearby - bring your cossies. Further directions & details - Rebecca Smiley.

4

GRIFFITH WORKSHOPS

Griffith is a large country town, 7 hours drive from Sydney, central to the Murrumbidgee irrigation area, rich in agriculture particularly fruit, rice, and wine. Griffith has a very large and prominent Italian population. My work caused me to have to stay in Griffith for 10 weeks, for what was looking like being a very cold and lonely stay away from wife, children and brothers and sisters in Sahaja Yoga. Only a few weeks before going to Griffith I decided that I definitely would try to hold programs there, and immediately my stay there became exiting. My first idea was to try the local library, and they had a community room just right for programs and available. Later I found that a video and TV was included. I had a selection of old posters, a local magazine, and some fine textas to make up a poster of which I put up 150 photocopies. One lady from my work came the first week, the next week 7, and for the next 7 weeks 5 to 10 people came each "workshop". I got lots of vibrations and enjoyment from doing the programs and formally gave realisation to 30 people from as far away as Wangarratta. In one program, Shri Mataji's video was not what I was expecting, and she began by asking Sahaja yogis to work on all the people who had been to the previous program and make sure they were feeling the cool. Within about 10 minutes everyone was, including 5 new people. My experience at Griffith was very good for me and I would like to stress how easy it is, by our Mother's grace, to organise and do programs once you decide to (that's the hard part). I'm sure that giving the realisation and connection to Sahaja Yoga for these new people is important to our work, even with the lack of immediate follow up. I've since sent letters to each of these newly realised giving the names etc. of all the other newly realised in the area, and the Sahaja Yoga centre phone numbers and addresses near and far. Most of them have exchanged vibrations at least once, know how to meditate, footsoak and balance themselves. If anybody wanted to move to Griffith they would be much appreciated.

Jai Shri Mataji! Love, Andrew.

SHRI MATAJI'S VISIT TO GERMANY...

(Laurent Dumonet - Germany - 9 Oct 92)

Dear Sisters and Brothers,

Greetings from Germany!

Here are the so far known dates and programs for Shri Mataji's visit to Germany this year:

Sat. 14. Nov. Arrival in Frankfurt
Sun. 15. Public program in Frankfurt
Mon. 16 (maybe) Public program in Chemnitz
Wed. 18 Public program in Berlin
Thu. 19 Depart for UK.

As usual subject to last min. changes.
You are all welcome of course.

If you can let us known approximately how many will come, it will help us to make the best possible arrangement for your visit.

Love

Laurent

Privat: (49) (89) 16 81 24
Fax: (49) (89) 16 82 86

...VALLA (Northern N.S.W) NEWS...

30th Sept. 1992

Dear Everyone,

We wanted to share with you all some experiences from our recent 3-month trip from our home at Valla, to Cairns, across to Darwin and down through the Northern Territory to Alice Springs and ULURU before coming home (sigh!!) Most of the time we camped out of our Toyota Corona station wagon, with stays with friends scattered along the way, and a few backpacker hostels. Camping is very easy in Central Australia - provided you are sheltered from the wind, it is dewless, so you can even sleep under the stars. We felt all along the way that Mother was looking after us and guiding us along. She led us to seekers who desired realization; even in the most out-of-the-way places. There's something beautiful about giving realisation out in the bush. We had many meditations out in the bush, on top of mountains, beside running streams and of course, close to Uluru.

Sri Ganesha very lovingly and kindly cleared us out at Uluru. For about a week beforehand I had a woozy stomach (nabhi?) but did not think about it too much til the day before we got to Uluru when I threw up. Something was happening.

All the negativity came to the surface in the next day, our first at Uluru. Graeme was even questioning that Sahaja Yoga was valid and talked of "dropping out". We were walking in the sanddune country very close to the Rock and it was near sunset. Somehow Sri Ganesha and Mother intervened for us to talk about how our egos were getting in the way. We wanted to see Ganesha but had foolishly thought he would jump in front of us (that would have pleased the ego). After humbling ourselves with this realisation about the ego, we had a meditation in the sanddunes, and after saying the Ganesha Atharva Sheersha, Ganesha did indeed appear to us, but it was an experience within, so subtle and Beautiful. The negativity was cleared away completely, and the most beautiful sunset followed. All the doubts we had about Sahaj were gone in this experience. We had 5 days at Uluru and Kata Tjuta (the Olgas), doing lots of walking and enjoying nature all around us. Central Australia

enjoyment learning all the names of plants new to us. New bird species for us were also exciting. The crimson chat at Uluru was very beautiful. Sadly, feral animals are a massive problem in the Centre, and native species extinction is occurring at an alarming rate.

The problems for Aboriginal people are massive in this country. We must acknowledge and support the efforts that Aboriginal people are making for their communities to pull themselves out of the devastation of the last 200 years. We were shocked at the racism and judgmentalism of many of our fellow Australians, despite the obvious gains tourism makes from Aboriginal culture. We visited the Cairns ashram where Lyn and Co. made us very welcome. Also Ian and Alina Cunningham in Alice Springs allowed us to stay in their wonderful caravan for many nights. They sent their love to all and wish many more Sahaj visitors. Back home in Vallave are back in the routine of work and tree-planting and wishing for rain. On October 31st and Nov. 1 a public programme will be held at Coffs Harbour with Stephen's Evolution slide presentation a special feature. We look forward to seeing our brothers and sisters again. We appreciate so much being part of Sahaja Yoga and our visit to Uluru has cleared away any doubts we had in the Truth of Mother's message for us all, and Her Love for us. In Coffs Harbour we have a regular weekly meeting now (held in the local indoor stadium meeting room) and with 4-5 regular attenders plus others interested that keep in touch. Mother just makes the meetings go so smoothly and spontaneously. We ask you all to help us clear any obstacles to collectivity here.

JAI SHRI MATAJI!!

love from Graeme and Helena

P.S. All visitors welcome. It was lovely to meet Ian and Judy Hamilton recently en-route between Sydney to Brisbane.

Just a Thought...

If your buying a birthday card for anyone between now and mid-November - look at that birthday list there's a lot of them! - why not write a verse of good wishes on the back of a Sahaja Video Raffle ticket? It's cheaper than a card and more practical. Perhaps they could even go out as early Christmas cards!



'Good morning', said the little prince.

'Good morning', said the merchant.

This was the merchant who sold pills that had been invented to quench thirst. You need only swallow one pill a week, and you would feel no need of anything to drink.

'Why are you selling those?' asked the little prince.

'Because they save a tremendous amount of time', said the merchant. 'Computations have been made by experts. With these pills, you save fifty-three minutes in every week.'

'And what do I do with those fifty-three minutes?'

'Anything you like...'

'As for me', said the little prince to himself, 'if I had fifty-three minutes to spend as I liked, I should walk at my leisure towards a spring of fresh water.'

from 'The Little Prince' by Antoine de Saint-Exupéry H.K.

Born 10 p.m. Wednesday 14th October - a Boy to Tracey & Avinash Nichkawade. Has lots of black hair. Weighed 7.3 lbs. Congratulations & lots of love.

* * * * *



CALLING ALL POETS! Avinash Nichkawade from Croydon and Jenny Watling from Homebush hope to compile a book of poetry by yogis living in Australia, to present to Shri Mataji during Her Australian tour early next year. Would all poets like to contribute in whatever language they write in? Please give typed contributions to Avinash or Jenny before the end of October if possible. We know you're out there!

Quilting bee week-end

A very enjoyable quilting bee week-end was held at the O'Gorman's home in Thirroul, where we all felt so welcome. Most of us stayed overnight, about 15 ladies took part in making the quilt which will be given to Shri Mataji next tour. This Saturday 17th Oct at 10am at Northmead ashram we will continue the quilt -- any ladies interested please come and have an enjoyable day. (bring your own scissors, needles, embroidery threads). Contact Elizabeth O'Gorman or Pam Jones for more information.

Day time programme will be starting at 10am Wednesdays at Northmead -- first programme will be 28th October. Everyone welcome to come.

Missing video tape

Anyone knowing the whereabouts of a tape of the India school (Fred's 1st visit) It has "India School" written in black felt pen on the side and our names on it ("Andrew & Pam Jones"). It has been misplaced somewhere in the collective - if found please contact Pam Jones at Northmead ashram.

NORTH SYDNEY PROGRAMME

Lunchtime programmes will commence again for 4 weeks as follows:
Stanton Library (Meeting room - downstairs)
234 Miller St North Sydney
Thursdays - Oct 22nd, 29th - Nov 5th & 12th (12.30pm to 1.30pm)
All yogi/s welcome.

In around 325A.D. the Bishop Eusebius of Caesarea wrote in his HISTORIA ECCLESIASTICA, that the King of Edessa, who ruled from 9-46A.D., had sent a messenger to Jerusalem and invited Jesus to come to Edessa to heal him of a chronic rash. Eusebius refers to an alleged correspondence between Jesus and Abgar (King of Edessa) which he had obtained from the Archives of the Edessan king. According to the correspondence, Jesus was not able to make the journey himself but sent a messenger with a MYSTERIOUS PORTRAIT. Through the wondrous power of this portrait of Jesus, the king was healed instantly, and immediately converted to the teachings of Jesus.

From "Jesus lived in India" by Holger Kersten.

To my Brothers, and to all the
Yogis who shared in
my joy

Thank You

for the best
birthday present ever!
- Susi



INDIA RAFFLE WINNER - SUSI