

Sahaja Newsletter

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BINATI SUNIYE IN ENGLISH

Here is a translation to English of our new aarti Binati Suniye from Rajesh Chowla.

BINATI SUNIYE

Chorus:

O Mother, please listen to my request.
Give us the right to worship You.
I am seeking your shelter from my heart.

1.

My attention is on my guru's feet.
Heaven has come down to your feet.
O Goddess, You give blessings to all.
Give realization to the seekers who are lost.

2.

O Mother, the compassion is flowing through your eyes.
O Mother, You are the power from which we overcome our confusion and fear.
O Mother, please give us such good powers
So that everything should feel absolute Joy.

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What can I say Mother? You know everything..
Giver of Self-Realization and Self-Knowledge,
You are the guru and Adi Guru, O Mother.
O Mother, please give us only the guru's feet to worship.



SHRI MATAJI'S VISIT TO VANCOUVER AND SEATTLE
 (Vancouver collective - 2 Oct 92)

Shri Mataji arrived at the Vancouver airport and was greeted by nearly 150 Sahaja Yogis from across Canada and the U.S. Shri Mataji graciously accepted flowers from everyone and was then taken to Her palquin (a thirty foot motor home complete with private bedroom) for the drive to the ashram in Abbotsford, about 70 km. east of Vancouver. Shri Mataji enjoyed the one hour ride and said She would one day like to purchase a recreational vehicle.

Most of the yogis went directly from the airport to the puja site, following back-country roads dotted with homesteads up the side of a mountain. A curve in the road revealed a pond with swans in it at the entrance of the resort setting. Following a delicious lunch, everyone settled in to await Shri Mataji's arrival that evening.

Saturday evening we were blessed with our Divine Mother's presence at the puja site for a music program. Some Vancouver and Seattle Sahaja Yogis presented a play to Shri Mataji about how Shri Ganesha found His mouse. Many sang songs and played instruments for Her. The vibrations were lovely as we enjoyed the entertainment, united at the feet of our Holy Mother. Later we ate vibrated dinner consisting of pizza and gulab jaman while Shri Mataji spoke in an intimate and relaxed manner.

Shri Mataji arrived at the puja site early Sunday afternoon, dressed in a white sari for the Hamsa Chakra Puja. She explained that, although we usually worship a diety in puja, this would be the second time we would worship the Hamsa Chakra itself. There is no diety for the Hamsa Chakra as it is the formless energy of so many organs looked after by other deities.

"The light of the spirit which shines through your Hamsa Chakra gives you wisdom. Wisdom doesn't mean that you know how to argue things or you fight with people. No. It doesn't mean that. Wisdom means how you take to the good side of everything to enjoy it. This wisdom and that you avoid all destructive things and take to something constructive."

When the Hamsa Chakra is awaked, then we develop discretion. Without discretionary power, a person has no personality and can easily take to self-destructive habits.

At the end of the puja we were singing Shri Mataji's composition "Binati Suniye" when Shri Mataji instructed the aarti to be done. Later Shri Mataji mentioned that "Binati Suniye" should be the new aarti, sung at every puja. She was pleased with the puja as all the vibrations were absorbed and Her feet did not swell and cause Her pain. After the puja She went shopping for saris.

That evening at the public program Shri Mataji gave realization to about 600 seekers and left the hall after giving advice to some new people who approached Her. Before leaving, She instructed the Sahaja Yogis to work on the new people. Many new people were very enthusiastic and stayed for some time after Shri Mataji had gone.

After the public program Shri Mataji requested to be driven directly to Seattle, about a three hour drive from Vancouver. She enjoyed a MacDonald's pizza along the way and then slept soundly for the remainder of the journey, arriving well rested in Seattle at approximately 4:00 a.m. on Monday morning. After a short rest in the hotel room, the day was spent touring Seattle in the motor home.

That evening a public program was held, heralding Shri Mataji's first visit to Seattle. A large group of seekers gathered to receive their self-realization and Shri Mataji was pleased with their quality. Following the program, yogis representing different centres gathered in Shri Mataji's hotel room to offer gifts to Her and to express their thanks for Her visit.

Tuesday morning we all gathered early at the airport to say goodbye to our Divine Mother. On behalf of all Her children, a beautiful bouquet of flowers was offered to Shri Mataji on the airplane just before She left. Many sad and longing faces watched the departure of Her airplane down the runway and up into the clouds.

Shri Mataji told us, "There is Joy, but you cannot feel the joy because the power, that subtle power of divine discretion is not there. Once that comes in, you start enjoying everything. ...Nothing has changed -- same, same family, same city, same environment. But you start enjoying because the sensitivity of your Hamsa Chakra is now only for Divine Discretion and you immediately know and then you don't want to do anything with the thorns, only want to gather flowers and you know how to gather flowers and you are in JOY."

The physical presence of Shri Mataji Nirmala Devi is gone from America but Her love and Her message remain, growing and spreading throughout the Virata.

JAI SHRI MATAJI !!!

Love from the Vancouver collective.



ATTENTION YOGIS AND YOGINIS

PLEASE DON'T FORGET TO RETURN YOUR MIND, BODY AND SPIRIT SEMINAR TIMETABLE ALLOCATING WHAT TIMES YOU WILL BE ABLE TO WORK AT THE STAND (NOV 18TH UNTIL NOV 22ND).

WE NEED TO CO-ORDINATE THESE TIMES AS SOON AS POSSIBLE.

FORMS ARE AVAILABLE AT BURWOOD, AND MAY BE LEFT THERE FOR SUSI TO COLLECT.

OCEANIA SYMPOSIUM

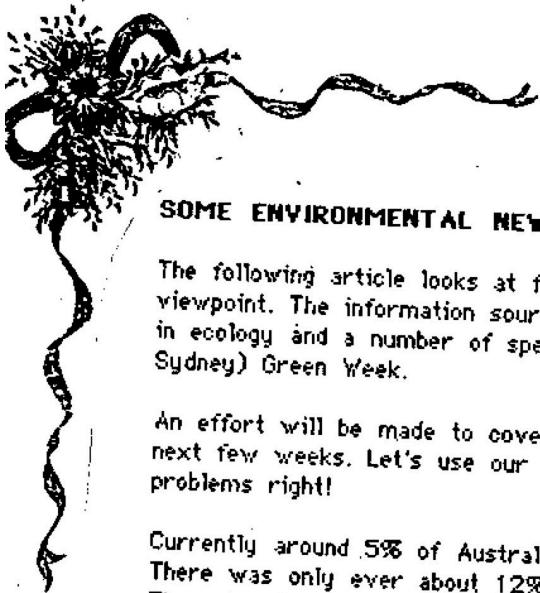
Oceania Symposium for Complementary medicine
9th - 11th October
ANA Hotel - Gold Coast

Susi Hutchings (Naturopath), Ramesh Manocha (medical student) and Dr Amjad Ali will be attending the symposium this week-end where Dr Amjad will be presenting Sahaja Yoga to the forum.

Dr Amjad will present a medical research paper on Sahaja Yoga and will also explain the chakras and will as show miracle photos.

The presentation will be videoed to show at the Mind Body Spirit Expo at Darling Harbour later this year.

Please bahaan and shoebeat for success as it will allow Sahaja Yoga to be presented at even more medical conferences.



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SOME ENVIRONMENTAL NEWS

The following article looks at forestry in Australia from an ecologically sustainable viewpoint. The information sources came from industry experience, a uni. lecturer in ecology and a number of speakers at last month's UTS's (Uni. of Technology, Sydney) Green Week.

An effort will be made to cover some other environmental news and issues in the next few weeks. Let's use our collective attention to start putting these ecological problems right!

Currently around 5% of Australia's land mass is covered by tall timber forests. There was only ever about 12% of our island continent covered by tall forests. There has been negligible replanting of our tall timber trees in the last 200 years or so.

Most of us have some idea that a lot of woodchipping occurs in our forests and that it is then exported to Japan. The Japanese then manufacture paper from the woodchips and sell it back to us at value-added prices. However, probably most of us don't realise the extent to which the taxpayers of NSW and Victoria subsidise woodchipping. Both states pour around \$13 million annually into keeping the industry afloat. What benefits flow back to the taxpayers? The woodchippers are predominantly foreign owned companies, so their profits mainly flow out of the country. Woodchipping is responsible for around 70% of the total of timber felling in Australia. Despite this only around 2% of the workers in the timber industry are employed in woodchipping. It should be noted that initially woodchipping in Australia was limited to chipping of offcuts from trees logged for timber purposes.

It would appear that within a couple of years there will be a global glut of woodchips. Therefore the producers in Australia are currently attempting to cut and chip as much timber as they can as quickly as possible (before the market value of woodchips plummets).

Environmentalists (including the writer) are not proposing that forestry should be abolished. It is ironic that throughout the world, except it seems in Australia eucalypt timber is prized as the best hardwood (for timber purposes) available. There is generally a global shortage of hardwood. For these reasons mainly, eucalyptus species have become the most widely planted species in the world.

In fact there are more trees of particular eucalypt species planted overseas than occur naturally in Australia. Brazil, South Africa and Spain are all substantial producers of eucalypts for timber and other purposes. Between 1961 and 1975 overseas countries produced five times the quantity of eucalypt timber than Australia. Unfortunately, in countries where eucalypts have been introduced this has led to ecological problems.

Despite the demand for eucalypt timber Australian forestry has concentrated to a large degree on introducing pine plantations. The quality of this pine timber is not particularly competitive with that of many other countries. There are now more Monterey pine trees planted in Australia than exist in their native Monterey, USA.

Eucalypts are also used for oil, fuel, pulpwood, rayon, as windbreaks, honey production and in gardens overseas. Woodchipping of eucalypts overseas is negligible. Eucalyptus oils are highly important commercially, but again many overseas countries have seized that initiative rather than us. These oils are used for disinfectants, solvents, gums, glues, sheep dips and so on. Honey production from eucalypts is not currently done much overseas, and Australian production is done mainly for the domestic market.

JON KAUB

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Shawnee Pilgrimage.

Its not often one thinks about heading off overseas twice in a couple of months; so when Sri Mother asked if I would be at the USA national Puja, the whole idea was suddenly thrust into my attention. "why not, I thought? I've got some 61000 bonus miles with Continental, perhaps it might be possible after all... No sooner had I acknowledged it as a possibility, when an avalanche of urgent things to do, requiring Sri Mother's approval and in one case her signature, descended like a ton of bricks. So I went....and what an amazing 10 days it was! I left Sydney on the Wednesday afternoon and 17 hours later arrived in LA, magically, 15 minutes before I left Sydney! Arriving at the hotel where Sri Mother and all the yogis were staying, I staggered in around five thirty pm. "Would you like to see Mother now? they asked... Would I? Of course I would; so dumping my bag, in I went. I was hardly in the door, when Sri Mother looked up beaming and said "we were just talking about you...will you do the introductory talk this evening?? Well what do you say? "Of course" I said and Sri Mother then advised me to have some rest, before going to the venue in just under 2 hours time! REST! My mind was racing (in a sluggish manner.... 17 hours of flying does not exactly stimulate the neurones.) Well all to quickly the time arrived... Dave Dunphy was to introduce me, so we set off with instructions as to how to get there. Unfortunately the instructions turned out to be back to front! the result, a wonderful tour of the surrounding suburbs before arriving half an hour late!!!! "wow I thought what a start, keeping over 500 people waiting". But on we went and what I said, I will never know! After the introduction Sri Mother arrived and produced another bombshell.. I found I had to comment on 30 miracle photos which I had never seen! as a result I had no idea what order they were in or whether I had ever seen them before! But Sri Mother knew; and she was wonderful, she kept prompting me, which made the whole thing quite easy. the last in the series was the famous the 4photos taken on the ferry going to Capri, with the reference points of the bench and Patrick Hughes head.. however Patrick was sitting on the floor right beside me and I was a little uncertain just how to describe his head, which is very important in this series.... I'm not quite sure what was said but suddenly, without thinking I heard myself saying "and he's here tonight right here beside me!" poor Patrick he did a wonderful rendition of a chameleon trying to look like a piece of the floor....not easy for someone of his build! Then Debu CHAUDHARI played for 20 minutes and Sri Mother then gave one of those amazingly broad talks that seemed to cover every possible subject. Almost the entire audience got their realization and Sri Mother seemed very pleased. Afterwards we all went back to the hotel and I blearily stole away at 6am the next morning to fly to New York. ON arriving in Newark I caught the

shuttle across to Kennedy Airport and prepared to wait for Sri Mother's arrival later in the evening. Soon some of the yogis started to appear and the time passed very quickly. Sri Mother arrived to the usual joyous reception and we were soon all back at New Rochelle crashed out all over the house India style catching up on much needed sleep.

The following day every one started to leave for the Puja site. As there was a follow up programme in Manhattan that evening, we decided that the slides of evolution would be most appropriate, so two of us went to Manhattan. There were just over thirty people there, which was good as this was the third programme since Sri Mother's public programme at the beginning of the month. After packing up and a change of cars, we finally arrived at Shawnee. It was around midnight and was surprised to find every body up as Sri Mother had not yet arrived....she arrived about half an hour later.

It was a great place, a sort of country club, nestling by river, in a valley whose sides were covered with trees, which were showing the first signs of autumn. After breakfast we wandered about a bit and then got ready for the Puja.

It was a Vishnu Maya Puja and Sri Mother spoke a lot about the left vissudhi. I don't recall all that she said, but I suddenly realised that we have got into the habit of associating the left vissudhi with something negative! this is not so!

After the Puja Sri Mother was given some presents, which included a, shall we say, Lincoln-esque exchange between Sri Mother and Gregoire!! After the Puja there was a four hour break in which we had a snack and then dinner at 9pm

After dinner there was an entertainment programme. First Debu Chaudhari played and what a performance! Hopefully there is a tape, which will be well worth getting. This was followed by a smorgasbord of local talent! The highlights included a delightful song by Brian Wells, who is in the states for six months, two very good dances and a particularly striking performance by a girl who has been studying mime..all this punctuated by a plethora of songs...it almost rained guitars! Needless to say we headed for bed around 5.30am!!!

Next morning was Sunday and Sri Mother was due to leave for London. Every one packed up and left around noon. I still had some business to finish with Sri Mother, so I returned to New Rochelle. Slowly the whole tour was winding down and I could sense that well known anticlimactic atmosphere so familiar when Sri Mother is about to leave Australia, one can hardly believe it is over: and so in ones and twos we headed for the airport to make our farewells. But there was still one little drama to play out. Sri Mother's departures from airports are so often the scene of dramas and in this case a vital briefcase had got left behind!!! Sri Mother was already late and there was a possibility she might not go.... So it was with relief that for once I could stand back from the fray and when Sri Mother decided she would go, I faded from the scene.

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October 8, 1992.

Our dearest brothers and sisters.....Jai Shri Mataji!

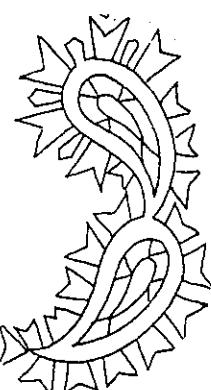
Salutations from the doorway to China!

We thank you all for your letters, calls and both subtle and financial support and in turn wish you all Shri Mother's blessings at this time of Navaratri.

As you may have seen from our last "Hong Kong report", By our Divine Mother's Grace we have just secured a new ashram in Hong Kong. Your new home is very spacious by HK standards and features an entry hall opening onto a huge combined dining (green Chinese 8x10 rug), lounge (pink Chinese 8x10) and Meditation (grey rug) room. The Meditation room has full length concertina glass doors and curtains so it can be divided off separately. Our 3 big bedrooms and 2 bathrooms open off the lounge, and the kitchen and dedicated ajwan loo and camphor room are out the back. The front of our top (12th) floor ashram looks out over a Buddhist school built in traditional style to a green hill and the front road is used to walk the horses down to the Happy Valley racetrack from their stables.

Currently we have 5 "Gwallos" living here : Pavan and Deborah, Alex, Werner (xAustria and Taiwan) and Dallas Lynch who is Sue-Ellen's brother from Wollongong. Alex is just starting a project management job in Macau which promises to lead on to major projects. Werner is teaching violin and Dallas is holding down 2 jobs in preparation for India tour. Pavan's work is also shaping up well. Of course we have been super busy getting the place ready, moving and simultaneously running programs. John and Narelle are refurbishing their place as well as holding beginners programs there and looking after young Jason who is here for his school holidays. We are all well of course and enjoying life to the maximum during Navaratri together.

Whilst our programs at home have been good with as many as 21 people in a night, we have also seen the real start of HK Chinese Sahaja Yoga with their first programs conducted for them by Chinese Sahaja Yogis in Cantonese. This is greatly joy giving and the real reason we are here. David Wong has been conducting these after we letter box dropped an estate with 10,000 flyers featuring "Chakra Chan." About 20 new people came and about 14 have settled after 4 weeks. Right next door to our Chinese program are the Lamas who are busy generating lots of heat and droning mantras that sound suspiciously like 'gimme your money.' Actually the stories of tantra we've heard are bad and the subtle damage and hold they have on some seekers is serious. Navaratri has been intense and no doubt the Devi is working it out. JAI JAI Shri Durga Ma!



I have to admit, I'm getting old! When Sri Mother passed into the departure area, I suddenly felt very tired...but my sister Paula from Long Island came to my rescue and whisked me away for a day of doing nothing except walk on the beach and chat... Thank you Paula, you're a sister indeed!

Tuesday I went to New Jersey and we did yet another slide show there. Early next morning it was up up and away to LA

I always feel very at home in LA and so I began to unwind and prepare for the journey home. There was to be one more programme and that was it!!

Climbing aboard the plane, I reflected on my hectic week and felt highly satisfied that I had gone... We all should do more of it. We need to circulate, it stops us getting parochial. There are many opportunities for Sahaja yogis in Australia and in deed all around the Pacific rim to interact more with each other. There is Sri Mother's tour of Australia and South East Asia, and there are her visits to North and South America ...

It's so nice to be home; but I can't help reflecting on Sri Mother's parting words to me at New Rochelle; "I can't tell you how happy I am that you are here!"

It has become very clear to me, that she wants and needs us to circulate more... even amongst ourselves. After all, we are all one big family and we need each other's support.

Jai Sri Mataji.
Stephan

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One quick story.

The landlord's niece got access to the ashram after we said we'd take it 'as is' and we had put our Mother's photo there whilst a lot of replastering was to be done. (This was done finally all at their expense thanks to the Grace of Maha Maya even though we had originally agreed to redecorate in exchange for one month's rent) This lady was an extreme right sider and she decided to help herself to some curtains and furniture left by the previous tenant before we moved in. Well, she then got a Nabhi infection that took her out of business and into hospital for 12 days as well as serious drama with her rich uncle including having to make payment for the replastering which cost 1/2 a month's rent!

Many other blessings have been apparent during our time establishing the Ashram including a good big gas oven stove supplied, delivered and installed for just Aus \$100. Of course the biggest blessing has been the new Sahaja Yogis and there will be some (5?) Chinese Sahaja Yogis we hope going on tour from here this year, as well as some more from Taiwan, and we will all travel together xHK.

Well this is the first letter that Pavan has typed on his new Mac and its taken some time. Any budding typists looking to relocate? Sorry for not writing earlier. We all miss you and wish to thank you again for your gracious support.

In Mother's Unending Love we are

The Sahaja Yogis of HONG KONG
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Happy Valley, HONG KONG

