woodford festival-Maleny-(2 hours from Brisbane) 26th December - 1st January

Currently we are applying to The festival committee to hold a stall as we did two years ago (a realization tent). This festival is a national event-people from all over Australia attend. The festival is a stage for all types of music, food, dancing. We will be introducing Sahaj Yoga, giving realization, perhaps presenting bhajans. The last testival was very successful with 10,'s of thousands attending. There were many quality seekers.

We will depart rydney around 23 vd December The cost of a season ticket to the fair is \$105 IF you book in advance. I will need to know A.S.A.P. if you wish to take advantage of The cheaper option.

There are also day tickets available. We will be staying at Shri Mataji's property at Wamuran.

Please let me know if you can support us at

woodford.

Contact MAX L berman 91303 264 or 9290 2119 (work)



1996

Heather Sattarshetty:(02) 560 0029

Contributions:

Saturday 12th Ortober Burwood Fax.

- (02) 745 4927

@ There will be a Havan tomorrow night 730pm at Ramsay Street AU Welcome 1



NAVATRI PUJA 1996

Next Saturday, 19th October there will be a Havan at Burwood The puja will be celebrated on Sunday 20th October from 11 a.m.

With malice towards none, with charity for all; with firmness in the hight, as God gives us to see the right let us strive on to finish the work we are in: to bind up the nation's wounds; to care for him who shall have borne the battle, and for his widow and his orphan, to do all which may achieve and cherish a just and lasting peace among ourselves, and with all nations.

Abraham Lincoln 4 March 1865

Sbri Mataji in Vancouver My Message is to Enjoy

On Saturday September 21st, the evening of the autumn equinox, Shri Mataji Nirmala Devi blessed our city by speaking to the seekers of Vancouver at the Robson Square Conference Centre.

She described these days as the time of last judgement. "You are going to decide whether you want the truth or untruth," She said . The seekers don't know what they are seeking. "You are seeking your evolution. Not just talking. Not doing some course. But you are seeking your higher being, that you are not this body, this mind, this ego, these conditionings, emotions. But you are the pure Spirit."

in a world of chaos, She advised the people that they are the ones who can solve the problem. "Not only are you seeking it for yourself, but for everyone who wants to have it."

She spoke of the collectivity of the world: "We are all in different countries. We are all brothers and sisters. We are all together, all relations. Something happens to one person, the whole world knows about it. So the loneliness of life finishes and you enjoy the company of others.... You can help everyone you want to help."

She cautioned Her audience about false gurus: "You are Seekers of Truth," She said. "I am not just trying to praise you, but you are to be glorified and not to be made stupid fools."

She spoke of the blossom time. "You jump in the Ocean of Joy. And Joy is singular — it's not like happiness, unhappiness.... Everything that you see you enjoy. Enjoyment is such that you cannot describe. It is to be experienced."

She encouraged the seekers to become great trees of Sahaja Yoga. "I wish some Canadians could go abroad to do this great work."

In preparation for the self-realization, She encouraged each person to have faith in themself and to be pleasantly placed towards themself. The experience of self-realization was brief. Shri Mataji invited all to enter into the Reality. "God has not forgotten us," She said. "We have forgotten." With each hand, the seekers felt over their heads and then put both hands into the air.

Shri Mataji concluded Her forty-five minute talk by saying that arryone can be become a master of Sahaja Yoga, but that it is very important to spread it. "Canada is one of the countries where I find that people are less than normal," She said, but in your wisdom you can "take to it and find more like you and give it to them. You'll really enjoy yourself, no doubt."

"My message is that enjoy yourself testing a



CONGRATULATIONS The winners of the 1996 India Tour Raffle are Mick and Diane Harper from the Centered Coast

Change of Address for NEW ZEALAND.

Geoff Platford 24 Pukenui Rd EPSOM **AUCKLAND** (phone numbers as per address list) Work no.for Geoff 649 9 302 5309



AN Asian lotus flower that can create its own heat probably creates a cozy, warm space for pollinating insects, according to researchers.

Roger Seymour and Paul Schultze-Motel. zoologists at the University of Adelaide, said the sacred lotus could produce and regulate heat.

Heat could help the flowers to spread their scent more effectively or may protect them from cold.

It could regulate its own temperature in much the same way that birds and mammals did. they said.

Shri Mataji Nirmala Devi in Vancouver

Last weekend (September 20th to 21st) Her Holiness Shri Mataji Nirmala Devi visited our city of Vancouver for forty-two hours. During that time She gave new direction and guidance and depth to all the Sahaja Yogis.

The highlight of Her stay was a public program at the Robson Square Conference Centre and Her selection of a new ashram. She also suggested the establishment of a children's daycare in Vancouver.

When presented with information sheets detailing several houses offered for sale. She selected a five bedroom home in Coquitlam. It will be purchased in the name of the Vishwa Nirmala Dharma Educational Society.

As we have seen in other centres, the purchase and collective ownership of an ashram establishes Shri Ganesha in a country. It secures the innocence and helps to gain Shri Ganesha's protection.

Shri Mataji also spoke of the establishment of a daycare facility for children, or a crèche, as She called it, using the European term. This Sahai centre will allow for a greater collectivity among the children. It will also be open to non-Sahaj children of the community and will offer some employment for yoginis.

Shri Mataji arrived in Vancouver on the evening of Friday September 20th on a flight from Toronto. On arrival at the airport, She sat down, received flowers and spoke to everyone.

That evening She retired early for rest at Her hotel, the Pan Pacific. Her lifteenth floor room offered a panorama view, overlooking the entire inner harbour and north shore mountains.

While here, Shri Mataji commented on many topics:

- The Chinese that She met in China She found to be very considerate and attentive to Her needs. Like the Indians, they are very good business people largely because they do not drink.
- The upcoming presidential election in the United States does not offer any good alternatives between the choice of Bill Clinton or Bob Dole. Shri Mataji spoke disparagingly of the American president's wife, Hilary Clinton.
- The western countries have an over-production in manufacturing. This leads to problems, as quality is lost in assembly line methods.
- The wealth of many rich Americans is a façade. They have the appearance of wealth, but they are really in debt.
- Sahaja Yogis should trust the leaders that Shri Mataji has given them. There is no need to write letters of complaint.

year's puia dakshina on behalf of the collective, She went shopping for gifts. She drove through Chinatown and to the Showmart wholesale jewellery centre without finding any items to buy. It was suggested that She go to Walmart in North Vancouver.

In driving from place to place, She commented, "I never worry about where I am going. I just enjoy. Wherever I go in Vancouver I feel vibrations."

On the way to the north shore, the cars toured through Stanley Park. "You have the nicest Falls in Vancouver," She said, commenting on the changing of seasons. From the park She could see the waterfront and harbour activity. She suggested that we should send some Canadian wheat to Cabella.

At the Walmart store at Capilano Mall, Shri Mataji bought many watches, miniature clocks, ear-Canada and found cotton to be a very good buy in this country. She avoided the plastics of polyester and rayon.

In Walmart it was a great surprise for two yoginis, Parry and Mahroo, to find Shri Mataji shopping in the store in which they work. They leant their assistance and spoke to Shri Mataji about spreading Sahaja Yoga among the Iranian people. Parry explained that she had wanted to come to the airport to greet Shri Mataji but had been unable and so was overjoyed to now be given the opportunity to see Her. Shri Mataji explained that "it was your love that drew Me here."

Shri Mataji also went to Sears and then to Birks in Park Royal before returning to Her hotel. Passing through the Indian lands at the Capilano River, Shri Mataji was visibly saddened by the plight of the natives. "They really suffer," She said with compassion.

The public program was on Saturday evening at the Robson Square Conference Centre, the same venue that we have used for many years. Before it began Shri Mataji made meticulous arrangement for | Shri Mataji is pleased with Her stay in our city. the evening. First Matt sang. Geoffrey Godfrey gave the introductory talk. This was to be followed by pacity of all Sahaja Yogis to enjoy.

On Saturday, after offering Shri Mataji the past | bhajans until Shri Mataji's arrival. As it turned out. there was no time for bhajans until the end of the evening. Only Parry Jassal performed on the flute as Shri Mataji's car moved the six blocks from the hotel to Robson Square.

> There were about 400 or more seekers in the hall on that auspicious evening. They listened attentively and received their self-realization.

> Shri Mataji was pleased. She said that these people will stick on better than in the past. They are mature seckers of quality.

> That same evening Shri Mataji and those in Her hotel suite stayed up to about 3 a.m. She watched Hindi movies and particularly enjoyed one called "Mai Tera Diwana." It dealt with the issues of jealousy and infighting.

On Sunday afternoon Shri Mataji left our city rings and clothes. She bought many items made in and our country. She was offered the collective gift of a lace bedspread with a rose petal design. She asked that anyone going on the India tour this year from Vancouver should try to travel there through Toronto. She bought many gifts there that need to be transported to India.

> Our last views of our Mother were in the airport's duty free shop. With the assistance of Rajesh and Pramod, She bought many small carvings made locally from a volcanic rock. She bought almost the store's entire stock of this item, except for those carved into owls.

> On Her arrival on Friday, when thanked for coming to Vancouver, Shri Mataji merely replied, "I had to.'

> When She departed on Sunday Rajesh bowed to Shri Mataji. He asked forgiveness from Her if any mistakes had been made, knowingly or unknowing, during Her time here. She tapped him on the shoulder. "No, no, Rajesh," She said, "I am sad to be leaving you behind."

This is the greatest for which we can hope: that

She reminded us, while here, that it is the ca-