

THE AUSTRALIAN

Sahaja Newsletter

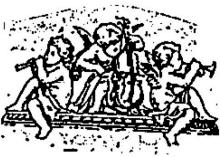
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FRIDAY JULY 22nd '94

The way is broad, reaching left as well as right.
The myriad creatures depend on it for life yet it
claims no authority.
It accomplishes its task yet lays claim to no merit.
It clothes and feeds the myriad creatures yet lays no
claim to being their master.
For ever free of desire, it can be called small yet
lays no claim to being master when the myriad
creatures turn to it, it can be called great.
It is because it never attempts itself to be great that
it succeeds in becoming great.

LAO TZU



FAIRFIELD FESTIVAL



THE FAIRFIELD NEWS

By our Mother's blessings, the Fairfield Festival was a great success. The vibrations were very strong and 1000 people got their realisation. We just had to raise the kundalini once, and there it was.

People were very joyful after getting their realisation and the crowd was generally very receptive. The stall was always surrounded by people waiting for the experience. Twenty people came to the follow up at Cabramatta and some came to Northmead ashram as well. Everyone seemed to really enjoy the music (bhajan (bhajans) which lifted the atmosphere of the whole centre.

Look out for the next festival coming up at Doonside on Saturday, 30th July. Volunteers would be greatly appreciated (call Ramsay Street 798-4051).

Thank you Sri Mataji for such a wonderful opportunity to share the vibrations.

JAI SHRI MATAJI



Bhajan practice at Croydon

Wednesday, 7.30 pm



MUSIC CONCERT AT BURWOOD

Saturday 23rd July - starting at 7.30 pm

Featuring Western Choir, Vocal, Clarinet, Flute, Piano and Indian Ragas on Saxaphone, didgeridoo & Sarod. There will be supper at interval (please could people bring a few plates of cakes etc). Chai will also be served.

Please come and enjoy a collective occasion before Guru Puja.

See you there

Love Michael

Guru Puja starts 11.30 am Sunday 24th July



MUSIC

NOW YOU CAN
win a trip to

India



INDIA TOUR RAFFLE TICKETS

Tickets are available from Susi Hutchings and Anna Potts at the Burwood Centre. Prices are \$15.00 for one or \$25.00 for two. Names for the tour have to be forwarded earlier this year, so there's not much time left to put in for the raffle.



Home Wanted for Cat

She's very pretty, plump, playful & part-Persian.

Now about 4½ years old and de-sexed. Also vaccinated, wormed and has NO fleas, thanks to Proban. Called MotherCat.

But best of all, she is madly affectionate, loyal, always purring. Likes most of all to sleep on your lap. She was going to spend the next few months in Burwood, but finds all the bustle and noise of No.10 is a bit frightening.

Needs a quiet, cosy home with lots of love. Can anyone help?

Please see A. Sue at Burwood.

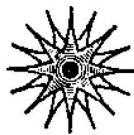
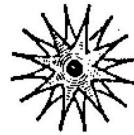


ROOMS AVAILABLE

Subhash & Natalie Singh at HORNSBY

Have 2 spare bedrooms and would like someone to move in. So if anyone is interested in living in this peaceful, leafy suburb where there are plenty of trains to the city, please phone (02) 476-4026

A.



SPOTTED in front of
St Aiden's Anglican
Church at Annandale
was the notice: "Jesus
the carpenter needs
joiners. Apply within
any Sunday."

AN item on the menu
at the Bakhara Indian
Restaurant in
Caringbah in Sydney's
south is a curry dish
billed as "an ancient
recipe created by our
chef".

Monday, June 20, 1994
(THE DAILY TELEGRAPH.)

• LIFE'S LITTLE INSTRUCTION BOOK •



304 · Judge your success by
the degree that you're
enjoying peace, health,
and love.

Presented by Bondi Ashram in 1986.



ADI GURU, SAI BABA (Void)

ADI GURU DATTATREYA

"So far the idea of Gurus has been very stern. But now the entire universe has to receive your love. But this does not mean frivolity. The Divine play is not frivolous, it is joyous. And joy does not have that duality."

To get to the establishment of the Guru principle, you should know that, like a plant, it is destroyed if not maintained.

In the beginning, in order to maintain the principle they had very strong rules and regulations. In the Levi chapters of the Bible the 'shariats' (rules) spoken of are followed now in the Arabic countries. This was not meant to insult or harm the people, but to give an idea of the importance of the Guru principle within themselves.

The next stage of evolution, people sought to maintain themselves through great austerity. Austerity started on a basis of wisdom but then became fanaticism. 'The wisdom or the essence of the Guru tattwa is a balance'. Now this wisdom has to be achieved through your vibratory awareness. Without the balance you cannot ascend.

First of all you must be austere with yourself, first separate yourself from yourself. Separate yourself as a Spirit and see your ego and superego. Watch them but do not maintain them, they are the destroying forces. To separate yourself is easier when you take to austerity. The worst thing has happened is that you have formed habits. Some are fond of bathing, some of not bathing, some of getting up early, and some of getting up late.

So to change this habit you have to give up all the extremes that you like. If you like pale colours wear loud ones. But we must be in the centre, not go to extremes. The worst attachment is the mental ideas. You listen to your Mother and everybody discusses with great enthusiasm but it doesn't become part of your life. This mental attachment is to be really attacked.

'Becoming is seeing, becoming is experiencing'. If I have to come to this place, I must come and 'see' it. If I only have thoughts and ideas it is no good, it is not the truth. Get out of that mental conception that you already know about it, you do not know, it is just mental. That should be part and parcel of your being.

You become when you are in the present. You start becoming, evolving, blossoming. Do not escape the present, face it.

We have to change our outsides to be Gurus. For example, learn good manners. These manners become your nature. Whatever you are fond of, try to give it up. Once your Guru tattwa is established you will be accepted as a Guru. And My mother and Guru is this Mother Earth which teaches Me



to deal with human beings. She wears the green upon herself. And green is the Guru principle. She is the detached personality. She is the magnetism, she attracts, the way she looks after us, bears our sins and nourishes us despite our many defects, in the same way as a Guru should do.

So let us touch the Mother Earth and bow to her!"

(Guru Puja London, 2 Dec. 1979)

Here is the story of the creation of the Adi Guru Dattatreya:

The sage Narada went to the goddesses Saraswati, Lakshmi and Parvarti, saying that Anasuya, wife of Atri, was the most virtuous woman in any of the worlds. The goddesses sent their husbands, Brahma, Vishnu and Shiva, to test the piety of this woman.

Anasuya washed her husband's feet and then sprinkled the gods, who were disguised as Brahmins, with this water. They were turned into babes. The three gods, deprived of the power to return to their original form, were trapped at her hermitage.

Saraswati, Lakshmi and Parvarti came in search of their husbands. The goddesses asked Anasuya to return their husbands, but she said she had some claim as she had nursed them so long. The gods agreed to create a combined form with 3 heads and 6 arms if she released them.

This 3 headed divinity was named Dattatreya. The central head represents Vishnu, the right head represents Shiva and the other Brahma. The dogs which are depicted with Dattatreya represent the perfect devotees, which are faithful to their master.

Salutations to the Adi Guru who:

- * is adorned in the glory of attention and awareness
- * is self contained.
- * shines brilliantly with discernment and knowledge.
- * is the great sage Muni, the essence of silence.
- * is auspicious and beneficent to all beings.
- * increases Dharma.
- * is the ocean of supreme bliss.

GURU SAI BABA (void)

Sai Baba was the last incarnation of the Adi Guru. 'Sai' is Persian for saint, and 'Baba' is Hindu for father. He had complete mastery of the elements and performed many miracles. Among his followers many were Hindu and Muslim, as he preached no particular faith but respected all religions. In essence man had all the knowledge as revealed in the religions, but had to realise the divine knowledge which one gets after realisation.

To attain realisation, one had to surrender body, mind and soul to the Guru. Then the true nature of the Guru, the Spirit, would be known to the disciple. Sai Baba was worshipped all over India as a holy man. Before he died in 1918, being so identified with God, he said, "I will come back within 7 years". In 1923 Shri Mataji was born.

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He who tiptoes cannot stand,
he who strides cannot walk.
He who shows himself is not conspicuous,
he who brags will have no merit;
he who boasts will not endure.
From the point of view of the way
these are excessive food and useless excrescences.
As there are things that detest them,
he who has the way does not abide in them.

(Guru Lao Tzu, "Tao Te Ching")

Om twameva sakshat Shri Adi Guru Dattatreya Sakshat, Shri Adi Shakti Mataji
Shri Nirmala Devi Namoh Namah.

