

Sahaja Newsletter

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NEWS FROM TASMANIA

Phillip arrived Saturday morning on the Able Tasman and settled in very quickly even though it was busy day with unpacking and birthday celebration.

We discussed programmes and decided to start with programmes in 3 separate locations in Devonport. (Wednesday evenings 8,15,22, 29 July - in Supper Room at the Town Hall. Follow up on Friday evenings at the Library and Sunday morning meditation at the Ashram.) If all goes well programmes will start in Launceston in August. Any one who would like to come down to Tasmania and help with the programmes is most welcome as there is lots of room in the house.

Andy & Torna, ex-Adelaide, are most keen to see the programmes commence.

On Monday morning we started to arrange the advertising and posters. We were amazed at how easy and fast everything fell into place. By 5pm Monday the handbills were typed and copied - ready to go. We had arranged the newspaper ads. (We spoke to the editorial people during the day. The next day a small item appeared in the paper!)

The local radio station agreed to place ads on air daily in the community announcements.

We will write a letter to the local television station requesting space in their community announcements also. And they say Tasmania is slow!?!?

Love to all

Mary Maharaj & Phillip Francombe.



(SHRI) KUNDALINI PUJA

CABELLA 21st June 1992



The evening before the puja, we had a very entertaining but also very deep show, organised by the Belgian, Dutch and Spanish Yogis: first a very professional play, picturing the awakening of all the deities by the Kundalini. Shri Ganesh was the most popular one, portrayed by a ~~small~~ yogini, bubbling and joyful, wearing the most beautiful mask, with Shri Ganesh's adoring and loving eyes. The Kundalini danced and danced, a tall, elegant and pure yogini, wearing a long, white robe, nourishing and awakening each deity. The music was very majestic, and in the end, when the Sahasrara was reached, there was Mother's picture appearing on the screen, with an extract from a tape, where She says She is the One who is going to save the world, the Mother of all Mothers. It was awesome, we were all totally silent and when it all ended there was an explosion, we all clapped and expressed our joy and pleasure at such a skilled and knowledgeable representation of the Ascent of the Kundalini.

We then had a very funny "Fashion Show", Sahaja Way: the various sarees necessary for all the Yogis: the footsoak saree: one footsoak bowl, stuck on each foot permanently...then the bahjan saree: a sleeping bag held up with braces are the ones that were the most memorable! We also had some very humourous songs: what shall we do with the left side? with a very popular melody that fitted it very well (answer: get up early in the morning...) etc...

Then the wonderful singer from India, who has now become a full fledged Sahaja Yogi, sang "Mother we belong to You"; and other beloved songs by all the Yogis. She has the purest voice, and Mother said, it was the results of tapas in previous lives. Everybody loves her, she is like a child, very joyful and totally devoted to Shri Mataji.

The Kundalini Puja talk was about how the gross and then subtle acquisitions drag us down, about the pure love of the Kundalini who nourishes all the chakras without attachment. "everybody belongs to you": even husband and wife relationship should not be exclusive. There are maryadas, but at the same time we all belong to each other. We want to acquire goods, then we want to acquire people and relationships, but the Kundalini's love is not like that. It wants pure love and the ascent. Also, the difference between the realised souls of ANCIENT TIME and the Sahaja Yogis now, is that Mother removed one power from us: the power of cursing! because the deities, the ganas and angels look after us and defend us, we do not need that power: if anybody bothers us, they will deal with that person in a very interesting way, in a way that they will look and feel like total idiots! So we only need the power of compassion and love.

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All the presents were Kumbas, antique silver, which is now very difficult to find.

The International present was a very big one, which Mother found in India, with very intricate designs on it.

Each one was very symbolic of each country: for example, the French one was not so intricate, with a lot of spaces in between, plain, showing the ego wanting space... The Polish one had lots of ducks represented (couac, couack...) but they should turn into swans, full of discrimination which is needed by that country now. The Colombian one had grass pictured, as they supply the drugs to America in particular, but it is not their fault entirely, it is the Americans who are asking for it. Every time Mother took the presents, there was a message of hope for each country, all of them are going to improve. Yugoslavia means the country of Yoga, and although they are fighting now, they must realise that all countries belong to God and they should not fight over the ownership of the land.

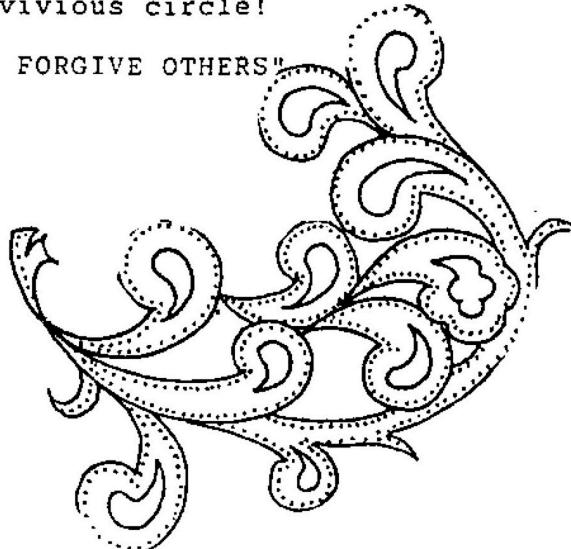
For the first time there was a Yogi from Senegal, very dignified in his traditional toga: Mother said Senegal was a very balanced country, with very beautiful traditions.

Also, there was a gift from the children in the school in India, Mother was very pleased that now their Art was better, instead of scribbling, they were now using proper techniques and expressing themselves better.

The Guru Puja will take place in a farm that Mother bought recently, about 9 miles from Cabella, "the Jackpot" as Mother called it. The English present from Buddha puja has now found its place in front of Mother's door in the "castle", the wood from the majestic elephant actually matches the wood of the very tall doors. Mother also said to the workers there that the alterations and repairs in the house should be finished by the time of Guru Puja.

The main message on the evening before the puja, was about the importance of repeating again and again the mantra to get rid of the Ego, as we always try to correct ourselves with the ego, so it is a vicious circle!

" I FORGIVE MYSELF AND I FORGIVE OTHERS"



Calcutta's poor need hospitals not heroes

Lives could be saved at Mother Teresa's hospices if more attention was paid to health care, writes MARY LOUDON.

I HAVE always maintained that heroes are potentially dangerous if taken too seriously. Don't get me wrong, I have a cult hero: Inspector Morse is stuck to my fridge with a Wildlife Fund mole magnet.

One of the greatest heroes of the 20th century is Mother Teresa. She has acquired international recognition for founding orphanages and homes for the dying in Calcutta. She has charmed politicians and prelates, persuaded Japanese and American business to part with vast sums of money, and kept the backpack brigade flowing into her institutions to provide the necessary labour.

Mother Teresa has won many guilty Western hearts. In a city where five million pavement-dwellers perish every year from malnutrition, disease and neglect, she has provided dignity for those who would otherwise have died in

squalor, and security for children whose usual options are begging or prostitution. What's more, she's done it all for God.

This, of course, is the gospel according to our churches and our media, and it's the one we want to hear.

However, if you've worked at Mother Teresa's, you can only take so much eulogy of a blue-and-white striped saint.

When I was in Calcutta, I went to work at the most famous of Mother Teresa's monuments to human dignity: the home for the dying at Kalighat. Because I had already been working in the city for some time, I naively imagined myself to be immune to shock. How wrong I was.

The home at Kalighat consists of two rooms, each with around 40 patients in stretcher beds, sandwiched between pieces of green plastic and small, scratchy blankets.

On admission, the patients' heads are shaved, their clothes removed, and any possessions confiscated. Patients wear a knee-length, Western-style overall that ties at the neck and gapes open at the back. No underwear is provided.

There is nothing for patients to do, and nowhere for them to go. But they're lucky to be there; they could be dying in a filthy, rat-infested gutter. Instead, they are fed and washed by strapping volunteers.

The fact that the food is nutritionally inadequate and always the same, the water disease-ridden, and volunteers largely unable to speak Bengali, is of little importance.

The first thing I was asked to do was wash a woman dying of TB. She was in terrible pain and so emaciated that the skin was hanging in folds from her arms.

Nobody could tell me her name, so I told her mine instead. Nobody told me how to lift or hold her, so I improvised, and said "Sorry" in English when she wept with the pain.

I still feel profound shame that a woman dying in agony spent the last hour of her life being washed by a frightened and incompetent stranger, who couldn't even apologise in her language.

I don't know if she had any family. If she did, they would almost certainly not have been allowed to see her, because families are strongly discouraged from visiting their relatives at the home.

What I do know, or at least I was told, by an American doctor working at Kalighat, was that she might have lived if she had received some hospital treatment.

Yet Mother Teresa's policy is not one of intervention. Calcuttan hospitals will not accept destitutes, and anyway, God decides who lives and who dies. People are better off in heaven than in the operating theatre.

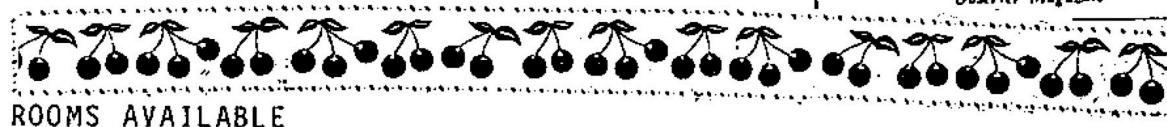
Thus, instead of using her influence and income to finance a properly equipped hospital, Mother Teresa and her Sisters of Charity continue to give aspirin to patients with cancer, linctus to those with TB, and glucose drips with old needles rinsed in cold water to those in comas.

And everyone, regardless of creed, gets a good Catholic funeral.

I wouldn't want my own lack of faith in Mother Teresa's intransigent theology to influence any potential volunteers. If you want to go to Kalighat and help, then do so. But if you want a hero, stick to someone safe, like Inspector Morse.

Mary Loudon's Unveiled Nuns Talking will be published by Chatto & Windus in July

Observer Magazine

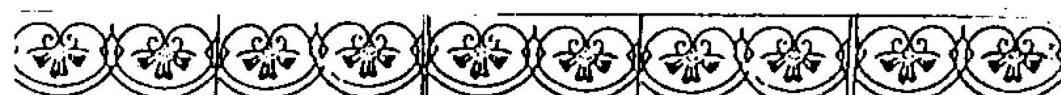
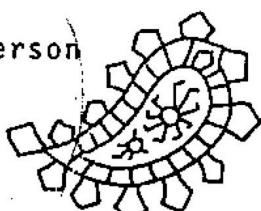


ROOMS AVAILABLE

2 spare rooms in Paddington call Prue and Asmira Ph: 331-2462

1 fully furnished room (with Queen size bed) suit single person or couple.

Call Russell & Sue at Homebush Ph: 746-9144



THE BOOK LIBRARY AT BURWOOD

Since we have no official librarian at Burwood, the library can only be used for reference and books should stay in the house. There are some really great books around, could the people who borrowed them please return them so they are available for the collective.

INDIAN LITERATURE

John Noyce, a Melbourne based Sahaja Yogi, runs a publishing business.

John sells literature on the Indian saints and translations of their works.

If you'd like to order anything then contact John directly! His address is on the back of the catalogue below.

MUSIC BOOKS



- The Sitar Book. A practical guide to playing sitar. Clem Alford. 61p. hbk. \$12
- Learn to play on sitar. Ram Avtar Vir. 56p. pbk. \$5
- Learn to play on violin. Ram Avtar Vir. 64p. pbk. \$4
- Learn to play on tabla 2 (advance course). Ram Avtar Vir. pbk. \$5



MIRABAI (16th century Rajasthani saint)

- ✓ The devotional poems of Mirabai. 144p. pbk. \$5

GURU NANAK (16th century North Indian saint)

- Hymns of Guru Nanak. Illustrated edition. 123p. large hbk. \$18

RAMDAS (17th century Maharashtran saint; guru of King Shivaji)

- Spiritual treasure of St. Ramadasa (summary of Dasbodha). 240p. hbk. \$5

- Manobodha: a translation (forthcoming)

SANKARACHARYA

- The Bhagavad Gita with the commentary of Sri Sankaracharya. 534p. hbk. \$7

- Dakshinamurti Stotra. 223p. hbk. \$5

- Prabodhasudhakara. The nectar-ocean of enlightenment. 94p. hbk. \$4

- The hymns of Sankara. 188p. pbk. \$6

- Sankara-dig-vijaya. The traditional life of Sri Sankaracharya. 195p. \$7

TUKARAM (17th century Maharashtran saint)

- The poems of Tukaram. 522p. hbk. \$10

- Life of Tukaram. Translation from Mahipati's Bhaktalilamrita. 346p. hbk. \$10

Books From The East Catalogue 2
Winter 1992

BOOKS BY AND ABOUT THE INDIAN SAINTS

BAHINABAI (17th century Maharashtran saint)

Bahinabai: a translation of her autobiography and verses. 185p. hbk. \$7

EKNATH (16th century Maharashtran saint)

Bhikshugita. The mendicant's song (the story of a converted miser). Translation of the 23rd chapter of the Eknathi Bhagavata. 155p. hbk. \$5

The Life of Eknath. Sri Eknath Charita. Translated from the Bhaktalilamrita. 295p. hbk. \$5

JNANESVARA (13th century Maharashtran saint)

Amritanubhava. Ambrosial experience. 149p. pbk. \$4

/ Jnaneswari. Commentary on the Bhagavad Gita. 689p. pbk. \$10

/ Garland of divine flowers: selected devotional lyrics of Saint Jnanesvara. 60p. pbk. \$3

KABIR (15th century North Indian saint)

The Bijak of Kabir (poems). 200p. hbk. \$12

GENERAL

Stories of Indian saints. Translation of Mahipati's Marathi Bhaktavijaya. 1073p. hbk. \$14

OTHER BOOKS

Srimad Bhagavatam. 672p. hbk. \$14

Krishnavatara. set of 7 pbks. \$18

Mahabharata. set of 12 children's comics. \$14

Ramayana. set of 12 children's comics. \$12

Culture Course. Books 1-6 (for schoolchildren, but excellent for western adults!). \$7

Temples and legends of Maharashtra. 235p. pbk. \$3

Learn Marathi in 30 days. 183p. pbk. \$2

A history of Marathi literature. 236p. hbk. \$5

Delights from Maharashtra (cooking). 161p. pbk. \$4

States atlas of India. 41p. large pbk. \$5

BOOKS FROM THE EAST

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JAI Shri Mataji

The Austrian sahaja yogis are beautiful people, open hearted, nonjudgemental, and caring by nature. This is the left nabhi and the yogis express the qualities of the nabhi very well.

I've just been walking along the Danube where natural bird sanctuaries are home to ducks, swans, and other animals. There is this beautiful park and reserve just two minutes walk from the house. The ashram is very large with 16 adults living here at the moment with room for another couple. The children are in Rome for summer camp, and as this house is where the Austrian preschool is it is very quite here till the end of June.

We just heard last night that the yogis need to stop too much right side activity as it is affecting Shri Mataji. So we need to quash the over activity of the right side and slow down. We also watched the havan which was held at Cabella on the 5th of May, a very powerful tape and very long. They started at around noon and finished at 11 that evening.

Georgie does the adio tapes for Europe and has not received any tapes from this years tour. Marlene had given masters to Leeanne to take with her to France and then give to Astrians at the puja. That was over a month ago and still no tapes. Could you please send them another master set on good quality tape copied at real time. Also the puja talks from last years tour were sent to them on poor quality tape on fast copy. Would you please send these talks on high quality tape copied on real time. Thank you very much for your attention to this matter. I feel rather awkward about this but have assured Georgie that our new audio team will fix this situation immediately.

Every day I'm here I thank Mother for bringing me here. The yogis here really live sahaja yoga. Sahja yoga comes first in their lives and everything that happens to them they relate to vibrationally. They have 2 collective meetings each week as well as meetings each week in there ashrams as well as each ashram doing an outside program each week. But what impresses me most is not the collectivity but the depth of the collective. They are all good sahaja yogis they are all working it out vibrationally which gives them such depth. It is the depth of the yogis which makes their collective so strong. Jai Shri Mataji! Hope to hear from you soon. JAI SHRI MATAJI !



Greetings from the left nabhi. Sahasrara Puja at Cabella was such an amazing experience, so much like India. The accommodation and the tent could have been any where in India. We gathered at 10:a.m. for an 11 o'clock start. Our Divine Mother arrived radiant and beautiful at 1:45.

Shri Mataji spoke about the sahaja yogis going into a new dimension, where Gods Will is done. We go beyond transformation and become the channels for Gods Will to be done on earth, and how this is the purpose of the existence of mankind. We don't understand what is the significance of the opening of the sahasrara. How we all have been specially chosen for this task by Gods Will. It is Gods Will which created this universe which does all the living work; as not even a blade of grass moves without His Will. Sahasrara Swamini Shri Adi Shakti is the desire power of Gods Divine Will. He is omnipotent, omniscient, and omnipresent, and the sahaja yogis too have this power reflected in them. So with out ego and conditiongs, without attachments to family life, we become channels for Gods Will to be done. This is the next jump the next step in evolution, we don't understand how special we are; God has chosen us for a reason- to manifest His Will.

Shri Mataji spoke of sahaja yogis as the real scientists, knowing the existence of God and being able to prove beyond a doubt the existence of God. While the so called scientists have only their theories.

As the puja was performed and the songs in praise of our Divine Mother were rendered one felt elevated to this new dimension. Love, compassion, joy, abounded, and the unmistakeable truth of being part and parcel of the whole, one cell in the body of Gods divine being was overwhelmingly felt by all.

BOLO SHRI SAHASRARA SWAMINI SHRI ADI SHAKTI MATAJI SHRI NIRMALA DEVI KI JAI!!!

N:B:This account of the puja talk is one persons recollection and there are no quotes. Jai Shri Mataji! Deb.K



Mercy Perusco from Wollongong underwent major surgery on Monday 29th June. When she was taken into the operating theatre she was told she would wake up feeling pretty rotten. To the nurses surprise, Mercy said "No I won't."

Sure enough since the operation she has felt fine and has been in no pain. The hospital staff cannot believe it and are stunned by her refusals of pain-killer injections! Such is the strength of the positive yogi! We all send our love to Mercy and prayers for her speedy recovery to full health.