

**JUST A REMINDER:** Burwood, 5pm, Saturday, 7 June 1997. We will be discussing/deciding what to do for our next fundraising event (suggested date: sometime during the last week in June). See you there!

AMERICA BRAVE AND TRUE

## A CALL TO YOUTH

**WORLD ENVIRONMENT DAY**

Here are the recollections of Adi Shakti Puja sent by Kerry Kyriacou who presented flowers on behalf of Australia.

The complete desire of Adi Shakti is the Adi Kundalini. When the Earth was created a Kundalini was put there together with the Chakras. You can see the relation between the Virata and the Earth, there is subtle relation between the Chakras and the Kundalini.

There is a line which connects Mecca and Chindwara (the place of Shri Mataji's birth). In India there is a festival where the statue of Shri Ganesha is put into the sea. During that time the people there were drinking and wandering around drunk. The Mother Earth did not like this, Shri Mahalakshmi does not like it. Shri Adi Shakti does not like it. As a reaction there was an earthquake, but not a single Sahaja Yogi was hurt, all the places they live were untouched. Mother Earth recognises the feet of saints. In India there is a custom when someone wakes up in the morning before placing his feet on the Earth he says to Mother Earth -- "Mother Earth I am going to put my feet on you - please forgive me".

Adi Shakti takes this on because She is our Mother. Some people jump in quickly, others do not go deep, maybe due to conditionings, family, education or psychology. Others jump in slowly, they reach a plateau then stop, eventually with time they get better.

The more closer you get to me the more I can be hurt, so you cleanse yourself by introspection which is not thinking but meditating, at least 15 minutes a day. She said that she loves the good Yogis and the bad Yogis, but asks us to be very good Yogis because she does not want to be crucified everyday.

**This Puja will require no setup, and no meal will be provided, just lots of joy and vibrations.**

## Recollections of Shri Adi Shakti Pija cont.

Shri Mataji wore a glowing white sari with a golden border. She wears a white sari because if there are any black spots you can see it. We should be like the white sari, we have to see every black spot and cleanse it, we have to be the very good Yogis. During the previous evenings entertainment the Yogis sang a song that they wish to go higher and higher. This gave Shri Mataji joy to see our ambition. But how are we to achieve this ambition? We meditate and give to people the Divine love which is self-realisation.

When you give realisation you become so happy - filled with joy. Some people ask me of their past lives, if they were kings or queens. But what are these people? did they have the power to give realisation. You are much higher than these people, you have the power to give realisation.

Sahaja is not only for your emancipation, you are a Divine channel to give love to give realisation. If you have not given realisation to anyone you are not a Sahaja Yogi. There is a person who wakes up at 4:00 am everyday to meditate, he does his practices but he does not talk to anyone about Sahaja Yoga. Sahaja Yoga is for everyone - it is a collective thing. - this person will not ascend - the Kundalini is intelligent it will not help him.

Your purpose should be to please Adi Shakti that is the aim. When you spread Sahaja Yoga the Kundalini will help you - it is pleased. Both men and women have to both meditate and spread Sahaja Yoga - we have to talk about Sahaja Yoga, we are not here to help ourselves - the Divine love is for the whole world. We have to bring many people to Sahaja Yoga, if we fail in this everything will fail.

Christianity is a bad job, 12 people spread it whatever they were. Islam is a bad job. Sahaja Yoga is a good job, spread it.

Take an oath today to spread Sahaja Yoga to give realisation, to know about Sahaja Yoga.

A large beautiful bouquet of flowers were brought to be presented on behalf of Australia. They were orange and ochre lilies, 16 stems, very beautiful and very cool. A card was presented decorated with a white dove, representing the Kundalini, with its beak touching a golden heart.

The scene was decorated with Kundalini symbols, and water symbols. Written on the card was the words "With love from your children in Australia". When the flowers were presented She asked Kerry if had come from Australia, to which he answered that he was now living in France.

Shri Mataji admired the card and flowers, She looked radiant and beautiful and She said that Her attention went to all Her children in Australia

Date: Sun, 25 May 1997 12:15:05 +0000  
From: Geoffrey Godfrey, United Kingdom <ipoindia@dircon.co.uk>  
Subject: Royal Albert Hall

Dear Mark,

Can you announce that Shri Mataji will be giving a Public Programme in England this year at the Royal Albert Hall, London, on Thursday July 3rd. 7.30pm.

Sahaja Yogis are invited to England to attend this special event. Details regarding accomodation, costs of stay, travel directions are still to be finalised and will be forwarded as soon as available. Barry West can be contacted if there are any urgent requests for further information on (bwest@iee.org).

In previous years we have held a picnic in a London park (Richmond Park) on the Saturday following the programme. In 1995 Shri Mataji attended the picnic in the open air, which for all those who were present will be remembered as a very special occasion.

We are already engaged in the first steps promoting the event and would be delighted to welcome all those who wish to visit England to attend this evening

With best regards, Geoffrey.

The Words of Shri Mataji

## Music Can Purify Those Who Hear It

*Music has a large role in the ascent of Sahaja Yoga and in the culture of Vishwa Nirmala Dharma. To the Sahaja Yogi, music of a realized soul can purify those who hear it with an open heart.*

*"Nature, herself, responds to music," Shri Mataji observed in Her opening remarks while addressing participants in a seminar in Sheffield in September 1985. Shri Mataji continued by saying:*

When you were singing I felt the cloud were catching the notes, weaving them within themselves, and when it would rain, the rain would sing the song again as if the valleys were resounding so beautifully and the echo was very gentle and filling the whole atmosphere.

Perhaps you are not aware of the subtlety of the Divine, how much it is anxious to work it out, but our trumpets and our flutes and our drums have to be all right. There has to be coordination, complete synchronizing. Then the melody is played in a beautiful way.

Clouds only carry the purest water, the purest hymns, so when we are spreading the message we have to understand that it has to come from a pure soul. Purity is very important.

The music and the art, the creativity is all within us. We all have the ability within us, but we need to establish the technique. With poetry, drawing or music we must have the technique or we cannot express it properly. The creativity is there, but it cannot be expressed properly without the knowledge of the technique.

It is such a great gift to be able to paint or sculpt and create works of art that please the spirit and bring joy to all who see them, to be able to express the joy of life and the vision of our ascent through poetry. Such gifts we have been given. Let us use them to our fullest potential.

Like our bodies, as temples of the spirit, are looked after and decorated with beautiful things, our lives are enriched by the beauty of the arts and music. If we have the ability and the knowledge within us, then let's learn how to share it with the world. If the words are there but we cannot speak and share them, what is the point of it? We can learn how to express and share these gifts we have been given.

Music is divine and you feel you are in paradise the way it was rendered. The Adivajays played before you. I have no words to describe my joy. I am only sorry that people have no sense of understanding this great music that is in our country [of India]. If they listen to this music they will have no diseases, no heart attacks, nothing. That is absolutely Divine and people should take to it in such a way that it's a blessing of God that we have such great artists in our country existing. My heart aches to see such artists not being properly recognized, appreciated and worshipped. I am sure one day will come when they will go all over the world and play this beautiful praise of Saraswati. We must know that the only way we can keep healthy is through our music, our talas, our dancing.

### Symptoms of Inner Peace:

Look out for the symptoms of inner peace! The hearts of many have been confronted already with inner peace and possibly all humans everywhere fall sick with it like an epidemic. This could be a serious threat for everything that is known as the so-called solid state of conflict on the earth.

Some signs and symptoms of the inner peace:

- \* a tendency, to think and act spontaneously, instead of being lead by fears that come from past experiences
- \* an unmistakable talent, to enjoy every moment of life
- \* a loss of interest to judge others
- \* a loss of interest to interpret the deeds of others

- \* a loss of interest about conflicts
- \* a loss of ability to worry (a real serious symptom)
- \* frequent overwhelming phases of gratitude
- \* satisfied feelings of affection with others and with nature
- \* frequent attacks of smiling
- \* an increasing tendency to let things happen instead of wanting to work them out
- \* an increasing susceptibility for love that is spread by others as well as an uncontrollable yearning to return the love

Author unknown, found at the door of an artclass in Swansea, Wales, UK (found in ASTRA-News)

Jai Shri Mataji!

We in the USA are joyfully awaiting what looks like a very large contingent of Sahaja Yogis from abroad who are planning to attend the upcoming seminar, Mahalaxmi Puja and public program in New York. We are looking forward to seeing as many of you as possible! We have been contacted by groups from at least six countries outside of North America so far.

The New York yogis are diligently arranging our housing, food, and various aspects of our transportation. In order to help them, we urgently need information about who is coming from each country, specifically - how many people, the breakdown of men/women/children, arrival and departure dates (and times if possible). Even if your plans are not certain yet it would be a great help if you could reply with an estimated number of people and the approximate dates of your group's stay.

What is anticipated at this point is that Sahaja Yogis coming from abroad who are travelling in groups will be met at their respective airports and taken to wherever they are staying (or to the camp, for groups arriving Friday June 6). We will be housed at Camp Vacamas, where the puja will take place, from June 6 through the puja weekend (probably with a trip into Manhattan by bus for postering on Saturday). The cost for the weekend is \$150 for adults, \$80 for children 12-17 and self-supporting students, \$65 for children 5-11 and \$7 for children under 5 years.

After the weekend we expect that we will all shift to lodging in Manhattan (possibly shared suites at \$20/per person/per night). From there postering and leafletting efforts will continue through Monday and Tuesday. While we are in Manhattan, the New York yogis are planning to provide two meal per day at no

charge, cooked by the local Sahaja Yoginis.

Because the New Yorkers need to book the appropriate number of rooms, busses, etc., we kindly request you to let us know as soon as possible the details for your group. Please either email the information to: SWollen@aol.com or inform us by phone call or FAX at (847)729-4956 (Steve and Flurina Wollenberger).

We are looking forward to your visit, and to joining together with you in this great effort to spread the Message and the Love of our Mother in the land of the Vishuddhi.

With love,  
Steve Wollenberger, Chicago

### I DREAMED DEATH CAME THE OTHER NIGHT,

Heaven's gate swung open wide,  
An angel with a halo bright  
Ushered me inside.  
And there, to my astonishment,  
Stood folks I judged and labelled  
As quite unfit,  
of little worth  
And spiritually disabled.  
Indignant words rose to my lips  
But never were set free  
For every face  
showed stunned surprise.  
No one expected me.

Author Unknown