

Sahaja Newsletter



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The Right Side's aims,
demanding dreams,
excessive claims,
self-centered schemes.
It's ego, ire,
it's anger, stress,
it's fever, fire,
it's greed, excess.
The fight to win,
the war! the drum! -
Oh live not in
the Time to Come!

Forget the left,
forget the right,
upon the centre
fix the sight!
Here the chain
that binds us breaks,
and what remains,
in love, awakes
detachment, grace,
compassion, joys,
an open face,
and equipoise.

Such poise gives back
the strength to fight
and beat attacks
from left and right!
The best endeavour?
The greatest vow?
Become the ever-
present now!

The Left is pains,
disorders, fears,
subconscious strains,
embittered tears.
Addicted, sad,
disturbed, distressed,
clairvoyant, mad,
dis-eased, possessed!
Bold ritual song!
Cold rigid caste! -
Do not belong
to Time that's Past!

BRIAN BELL

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CINCINNATI & TORONTO PUBLIC PROGRAMS

(Colin Costian - West Lafayette - Indiana - 16/9/92)

*** JAY SHRI MATAJI ! ***

Dear brothers and sisters,

Here is a short account of the programs in Cincinnati and Toronto last week.

Shri Mataji arrived in Cincinnati from NY Wednesday evening and was greeted at the airport by about 30 yogis who offered Her flowers. Besides, we arranged to have a banner with big red letters saying "Welcome Shri Mataji" which attracted the attention of many people that were sitting near us (of course some of them asked us about Shri Mataji, and even got cards with the coordinates of the program in Cinti and phone numbers). After Shri Mataji received the flowers from the yogis, Bala showed Her the banner which apparently She hadn't seen, Her attention being on us all the time; She was sweetly amazed by the banner and mischievously put Her hand on Her mouth as if She would say "Ooops !" when She saw it.

That evening a couple of yogis went to Her apartment (in a hotel where we also had the banner beautifully posted at the entrance) where She talked a bit and said that the next day She would see all the yogis at the ashram.

The next day was just great. Mother spent a lot of time with us (I don't know how much - impossible to recall) and talked mainly about the importance of becoming good instruments in the spreading of Sahaja Yoga in America, about the responsibilities of the leaders as well as of the members. She said it's impossible for Her to understand the big ego of americans, as it's impossible to understand what is in Saddam Hussein's head: "Even with meditation you cannot make out !" She said. Also She talked about the qualities of the people in Eastern Block countries. She asked Bala to introduce us to Her, and inquired about us. She set some new future targets for Sahaja Yoga in America. The whole conversation was videotaped.

Needless to say, all the time She kept working on us collectively and individually while She was speaking to the yogis individually. At some point, She told Bala She would like to go, Bala rised on his feet, we all tried to absorb as much as we could the vibrations of the last moments of Her Presence in the house and... She didn't leave ! It was again the sweet Divine Play to bring our attention fully on Her. Bala and Antonio (from Italy) began to rub Her feet and She fell asleep while we were silently watching Her and absorbing Her Presence. The vibrations were tremendous. I had never been to a puja with Mother physically present before, and I asked myself - if the vibrations now are so tremendously powerful, how would it be in a puja ? And then I realized that what we were actually taking part at WAS actually a puja (sensation which was confirmed by other older yogis) given by the Grace of our Divine Mother at the ashram in Cincinnati.

She left for the hotel not much before the public program, that was going to be held in the evening in a beautiful park. The posterizing had been great - the city was full of posters (and not only Cinti) and we received at the ashram several phone calls from seekers - one of which asked Steve Wollenberger to give an interview in direct at a radio station (two days before Mother's arrival) and another who wanted a televised interview with Shri Mataji. And great was our joy on Monday, when the first one told us: "Who is Shri Mataji, everybody in the city is talking about Her !"

Over 200 seekers came to the program. After a long, distinguished and heart opening introduction given by Bala, some miracle slides were shown and then Shri Mataji gave a long and powerful talk, followed by Self Realization. After the program, She met everybody who wanted to meet Her, and worked on each of them individually. We saw that there were many seekers of great quality, whom Shri Mataji urged to become masters of Sahaja Yoga and help the collective spreading of Sahaja Yoga. Only one question was asked before Bala's talk, and it was concerning the follow ups; people were very respectful most of them.

Some possessed seekers were there too, but they were very eager to get rid of their possessions and Mother cleansed them very much. Some Indians who were at the program recognized Her as Shri Adi Shakti and had almost tears in their eyes. Carolyne from the New York ashram had told us that previously she had asked Mother, seeing how exhausted She was after the public programs during which She had to raise hundreds of Kundalinis, if there is anything we can do to help Her during the program. Shri Mataji said we can discretely keep our right hand towards Her and left hand towards the earth to evacuate the negativity. Which a couple of us did during almost all the program. The next morning we found out from Carolyne, with great delight, that Mother wasn't at all tired back to the hotel, and instead of asking the leaders to rub Her feet and fall into a deep sleep, She had a very joyful dinner and looked as fresh as ever !

Next morning we went to escort Her at the airport, where She again spent some time with us. Little Priya, Bala's elder daughter, had a tiny little disposable camera with no flash and kept taking pictures of Shri Mataji. Mother smiled very sweetly and said that there was no need for any flash at all. "Sometimes they take pictures and when you see it, I'm not there at all ! Just some lights, maybe a flower or two, but I'm not there !" Then She turned towards Priya and said: "All right, if you take a picture now, it will be a miracle picture." Priya took some pictures, and as I happened to sit very near to Mother, I also raised my camera towards Her. Then She turned towards me and smiled very sweetly for a good couple of seconds, till I got my flash ready (I have a very cheap camera). My heart jumping, I took one or two pictures, seeing from Mother's expression that they were also to come out as miracle pictures.

Four of us drove to Toronto, where the program was to be held the same evening. None of us knew anything about the place, the road or about Toronto, we had just very brief directions. Entering the city, we gave lots of bandhans and said mantras. Still, at some point, the traffic became impossible and we saw that there was even a chance for an "embouteillage". We put our attention on trying to give realization to all people in the "embouteillage" (exactly as Mother has said in one of Her talks, talking about a similar situation), and within two minutes it was over, the cars were running at normal speed. We arrived at the program exactly when Mother came on the stage. Jay Shri Mataji !

There were much more seekers than in Cincinnati (Toronto is also much bigger seemingly) and a lot of disciples of false gurus. Bala, who again was asked to give the intro, was asked a great lot of questions, and was told how 'beautiful' experiences the 'disciples' had had with their 'gurus', etc. Mother gave afterwards a short but very strong talk, exposing the falsehood of the so-called gurus and the idea of guru shopping. Some of them left the hall. An Indian young lady in front of me began to jump in all directions on her chair, even shortly after Shri Mataji began to speak.

The atmosphere was made much lighter and congenial to Mother's great work by a spontaneous team of Canadian musician yogis who played superbly before and after the talk, when Shri Mataji again worked on everybody who wanted to meet Her. This time they were many more, but the music kept a very joyful atmosphere throughout. [A funny parenthesis: At some point during the program, Bala asked me: so, did you take the miracle pictures this morning at the airport in Cincinnati ? (because he didn't seem to trust very much Priya's toy camera). Yes, of course, I answered. And to my great amazement to see the turns of the Divine Play, when I got home I saw that the film was completely unrolled in the camera (it hadn't 'clicked') so no picture came out !] As Mother was working on the long line came on and on, some new people joined it, making its length not to decrease. Shri Mataji was amused to see this and turning to the musicians who were singing to ecstasy She said: "You keep on singing... they keep on coming !!"

The next morning we waved Her off at the airport where She spent with us even more time than in Cincinnati. Shri Mataji went to Vancouver where in the evening the Hamsa puja was held. In the evening we had after midnight the puja at the ashram in Toronto, at the same time as our brothers and sisters in Vancouver and throughout the world.

Much love, Calin

SHRI MATAJI'S NEW YORK PUBLIC PROGRAM.
 (Howard Handy - 11 Sept 92 - Massachusetts)

*****JAI SHRI MATAJI*****

Dear Brothers and Sisters,

I had the pleasure to again witness the Divine in action. I left Worcester, Ma. at 1pm on Tuesday the 8th. Two yogis accompanied myself. We drove to a small town in western Mass. to pick up my Mum. And proceeded to NY. It was a wonderful drive, the weather had changed to hot and muggy. Quite different from what we have been accustomed to here this summer. Mostly cool and rainy.

As I had been to the locale where the program was held I was quite surprised to have gotten lost. We ended up driving past Laguardia airport close to where the seminar was held last year. Little did I know that Mother was staying there again. We did manage to arrive at the proper time after a quick ethnic dinner of Colombian origin I think.

Gregoire gave a very nice introduction, complete with slide show of miracle pictures of our Divine Mother! Towards the end of his talk Shri Mataji came in and sat next to the screen, looking on with interest. This is the first program seen where Mother was practically declared, In fact she was. The reference to Matreya being the master of the three channels, and Shri Mataji being born with her knowledge making her the Avatar of the age!

Our Mother talked very frankly for the whole program. Denouncing the churches and Paul and Peter. Freud and his works, She told the seekers that we Yogi's are fed up that no one sticks on after the programs. I was surprised the way some people talked with Mother. Demanding she prove to them what she said. Of course She smiled all the time and was very compassionate towards them.

After all the seekers left we were standing around in front of Shri Mataji. She lifted up her Feet and showed us how swollen were Her ankles. The left much more than the right. She said something about maybe watching some kind films was the cause. Then she exclaimed the wind was blowing strongly from Her feet and we should feel it! I was quite excited as I have never been so blessed. She then said they would now fit into the shoes.

Altogether I think maybe 300 seekers were present, this is the average size of the program that I have attended in NY. Imagine 20 million and only this many.

On an aside, I talked with my mum this morning to see how things were going. She had asked Mother about her favourite false guru, Mary Baker Eddy. I could see my mother blushing at Mataji's reply. I was sure the ego could not take the blow. But this morning she had practically renounced her association with the church. It seems she attended a meeting at the church and didn't like the vibrations and couldn't stand to be there. She explained she has experienced a very deep and consuming peace. She doesn't want to let it go. And now she wants to come to the meetings in Worcester regularly. A two hour drive one way! I'm sure some lodging can be arranged. This is another example of Divine Love conquering ALL.

Much Love to ALL,

Howard

NEWS FROM TURRAMURRA

There will be bhajans at Turramurra ashram this Saturday 19th of September at 7.30pm. All welcome.

Anil and Heather are moving to Burwood ashram. There will be a room available at Turramurra.

NAVATRI PUJA

Navatri Puja will be held at Burwood at 11am Sunday 27th September. Roster teams are: Setting up - Homebush/Croydon, Cooking - Bland St/East.Subs., Dismantle - Burwood/Woollongong/Coogee Bay.

The 10 Days of Navatri.

This year Navartri commences on the 27th September. The 10th day (The Victory Celebration) is 5th October.



October Long Weekend - 3-4-5 Oct.

There was some discussion earlier about holding a seminar over the long weekend. It seems that for whatever reasons this does not look like happening.

A number of people have still expressed an interest in taking advantage of the long weekend and maybe getting together in an informal manner. Just getting together for a relaxing weekend as a collective and spending time enjoying each others company. Last weekend a camping trip was held at the Wattagan mountains and all the Yogis present felt the rejuvenating effects of spending some time away from the city and enjoying some time with Mother Nature, in the company of Yogis.

Due to the time restraints booking some undercover accommodation maybe possible, if not for that weekend then maybe a camping weekend might be our best option.

So if people are interested could they let John Smiley know so that we can gauge support for a weekend away somewhere. If someone knows of somewhere ideal where we could go all ideas would be grateful accepted.

One possibility is a camping ground at the Myall Lakes, there is a recreation facility located there, fishing, canoes, catamarans etc. No booking is required first in first serve. About \$6 a night to camp. Myall Lakes is about 3 hours north of Sydney.



Muswellbrook Programme

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On Tuesday September 22nd Sahaja Yoga will again be presented to the Public of Muswellbrook. A Public Programme is to be held there on Tuesday evening at 7.00pm at the CWA Building Market St Muswellbrook. A Public Program was held there a number of years ago and we had a good response. At the time there was no one to follow up and help establish the new people. This time Lisa and Wayne are there to continue on with the follow ups.

They have plastered Muswellbrook and surrounding towns with Posters. A very good display advertisement was placed in the local paper. Fortunately the add made it to page three so everyone should see the add. A car load of Yogis from Newcastle will be traveling there to help with the programme. Following the initial programme follow up programs will be held every Tuesday evening at Lisa's place to help establish the multitudes.

So if people keep the programme in their attention and desire that all the seekers come for their realisation that would be a big help. If anyone wishes to come the details are:

Tuesday 22nd, September 7.00pm
CWA (Country Womens Association) Building
Market St, Muswellbrook

Newcastle Seminar

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On Saturday September 26th the Yogis of Newcastle will be holding a seminar to help establish the newer Sahaja Yogis of Newcastle and the Central Coast. Since Shri Mataji's visit to Newcastle we have had about 16 people stay and establish their Self-Realisation. About half of these attend Wednesday Programs in Newcastle at Simon and Ellen's House, and the other half attend Tuesday programs at Raymond Terrace at Robyn and Richard's house.

Following the success of the first seminar held earlier this year we are hoping to build on that success with a further seminar to help the newer people further establish their understanding of Sahaja Yoga and help deepen their experience.

For the last seminar we had a star line up of Yogis from Sydney presenting, Prasad, Surrender, Anneal, and Andrew. The new people said they were really impressed with the depth and knowledge of the presenters.

Following the success of the Central Coast Course hopefully some of these new people will also attend the seminar. If anyone is interested they are most welcome to attend. Details are as follows:

Saturday, September 26th 10.00am
Simon and Ellen's House.
84 Gordon Ave, Hamilton South
Newcastle
Tel: (049) 69 4537

Newcastle Collective

A SMALL ADDENDA (continuation of Shri Mataji's visit in America)
(Calin Costian - Indiana - 17/9/92)

Dear All,

Here's some more of my recollection about Mother's visit to Cincinnati and Toronto.

She was asked if Gorbachev had come to meet Her - and She said that he has to change his views. He has to see more clearly the things and also he is not at all aware of himself, of his realization - he doesn't use any of the powers of a realized soul.

Also, during the showing of the slides in Cincinnati (I don't know if slides were also shown in Toronto), Bala revealed slowly but clearly who Shri Mataji is. He went on even to say that She is regarded in India as an Incarnation of the feminine Divine Aspect - Adi Shakti (there were some Indians too at the program - so Bala also gave the corresponding Indian terms for many words throughout the talk; in Toronto there were even many more Indians in the hall, but there I missed Bala's intro).

Also, there is a new yogini who studies in Indiana (Bloomington) [so now there are two of us in this state :-], she got her realization in Czechoslovakia (Eva is from Czechoslovakia) a year ago but managed to contact the US yogis only a month ago - so she's very new in Sahaja Yoga. She came to the program in Cinti and was very eager to be with all the yogis and even help the work at the ashram. She told me she was very impressed by the yogis and had the most beautiful days in her life. The peak was of course when meeting Shri Mataji at the program - where she felt all the knowledge going directly to her heart, feeling no need to think about it or conceptualize it [ah! if we had westerners with the same quality!]. When Eva went to the stage to meet Shri Mataji, she felt very happy and relaxed; Mother said smilingly to her as if She knew her from a long time "hello, how are you?" and said She had been to Czechoslovakia, Eva asked Her if She liked it, etc. a very nice conversation unlike the usual "oh, I have this problem, this pain here, my uncle is sick, etc.". At the end, Eva was full of joy and the first thing she said about Shri Mataji was: "She is so charming!"

Hearing all the time about something called "puja" about which all yogis were talking with excitement, Eva asked if she could come also Vishnumaya puja in NY). Of course we said it's too early at first, but after some time when we asked Bala about it and saw the vibrations - the right answer turned out to be yes!

The collectivity here seems to be growing much and quickly, and by the Grace of our Divine Mother we all hope to see a new age of spirituality dawning in America. JAY SHRI ADI SHAKTI MATAJI !!!

Much love to all of you,
Calin



PEARLY GATES



FIRST ELECTRONIC-MAIL FROM NOVOSSIBIRSK!
(Phil Ward 16/9/92 passing a message from Siberia)

Subject: Now we have Russia on board too

JAI SRI MATAJI !!!

Dear everyone,

We have just received our first mail message from Vitaly and Simon in Novossibirsk, Russia.

Much love to everyone from us here in Switzerland,

phil

Jay Sri Mataji!

Dear Phil, We are very glad to have an opportunity to send you e-mail in the wake of the letter we sent you two weeks ago. No need in repeating, because you'll get it in a week, I suppose. Air isn't better than E, but thoroughly fast (almost as well as expensive, you know). Now we check a new way of changing information, 'cause it's first time for us (wouldn't like to perform it as ancient man do with a microscope). We have held a program for beginners at the suburb. The hall was filled up, people stood even behind the doors. There was group of 40 men and now they have 100 men more. What a happiness, they'll realize Shri Mataji! At least some of them. We began English classes for our brothers and sisters, perhaps it'll help us to know a little more about Sahaja Yoga in the whole world. It just begins, we haven't enough material, but it will not stop us, I do believe. Of course, as a teachers (sound too loud) we should to master English better, good stimulus, isn't it? You might use this e-mail address sent as a constant one as well as include it into the list. We wish you every success from all the Novosibirsk's S.Y.

Yours Vitaly & Simon. Jay Sri Mataji!