



The annual yearly subscription is \$52.00 and there are usually 11 issues per year (one is not issued in December because of India Tour).

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A reminder that the Australian Co-ordinators for the Divine Cool Breeze are:



A workshop (informative/social) get together is taking place at Sri Mataji's property at Mamuran on Sunday, 23/5/93. Could all our Brothers & Sisters please give the occasion a hand?

The past two to three months have brought about a new wave of interest in Sahaja Yoga in Brisbane. We have found that even if the seekers do not continue after their first night, they have very positive experiences and some have actually recommended that their friends and family come along to a programme.

Bulimba
Thursdays, 10.00am
Wynnum
Beginners - Mondays or Tuesdays, 7.30pm
Advanced - Wednesdays 7.30pm

Caboolture
Tuesdays, 7.30pm

Metro Arts, City
Tuesdays, 7.00pm

They are:
The Brisbane Collective is currently running 5 weekly programmes.

Interstate Up-Date



3.



4.

Dear brothers & sisters down under

Darwin collective had a havan the week before Sri Mother's birthday puja. It was very powerful and strengthened our more recent additions to the collective - now numbering 11-12. Problems offered included the drug and alcohol problem we have up here. Being so close to S.E.Asia, we are the 'gateway'.

Darwin magistrates are handing out very heavy penalties, irrespective of age or number of offences, to offenders for drink, drug and violence. This has met with widespread approval all round.

The Arafura Games of Goodwill, aimed at bringing our Asian neighbours and us together, is full of love and peace. The opening ceremony showed us how the Arafura Sea was created and then the emergence of the people from the first aboriginals to the present day way of life. The Rainbow Serpent featured throughout and how it's spirit floated to the Heavens with the promise of peace to be established one day on it's return.....

Linda Pauling from Darwin, N.T. 14.5.93

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LOST PROPERTY

There are a number of unclaimed bits & pieces from Sahastrara puja at Bundilla.....

- . A nice brooch with Sri Mataji's picture
- . A Casio watch with black band
- . A blue enamel mug
- . 2 fancy bangles
- . A tube of tea tree toothpaste
- . Earrings & hair bands & 3 knurled nudgers

To claim, please ring Sue Williams (02) 799-3418

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SEMINAR FOR NEW PEOPLE

12th June 10.00 am - 4.00 pm

at Burwood Centre 10 Clarence Street 747-4835

All ashrams are welcome to invite all their new people

Contact Prasad Rao on 798-4051

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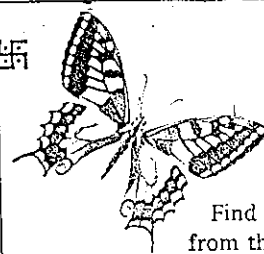


Sahaja Newsletter

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MAY 21st '93



SVETASVATARA UPANISHAD

Find a quiet retreat for the practice of Yoga, sheltered from the wind, level and clean, free from rubbish, smouldering fires, and ugliness, and where the sound of waters and the beauty of the place help thought and contemplation.

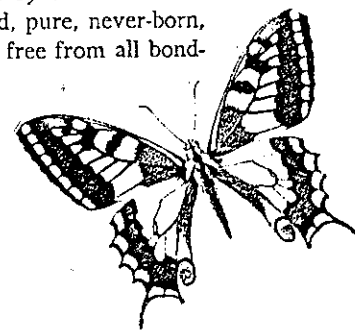
These are the imaginary forms that appear before the final vision of Brahman: a mist, a smoke, and a sun; a wind, fire-flies, and a fire; lightnings, a clear crystal, and a moon.

When the Yogi has full power over his body composed of the elements of earth, water, fire, air, and ether, then he obtains a new body of spiritual fire which is beyond illness, old age, and death.

The first fruits of the practice of Yoga are: health, little waste matter, and a clear complexion; lightness of the body, a pleasant scent, and a sweet voice; and an absence of greedy desires.

Even as a mirror of gold, covered by dust, when cleaned well shines again in full splendour, when a man has seen the Truth of the Spirit he is one with him, the aim of his life is fulfilled and he is ever beyond sorrow.

Then the soul of man becomes a lamp by which he finds the Truth of Brahman. Then he sees God, pure, never-born, everlasting; and when he sees God he is free from all bondage.

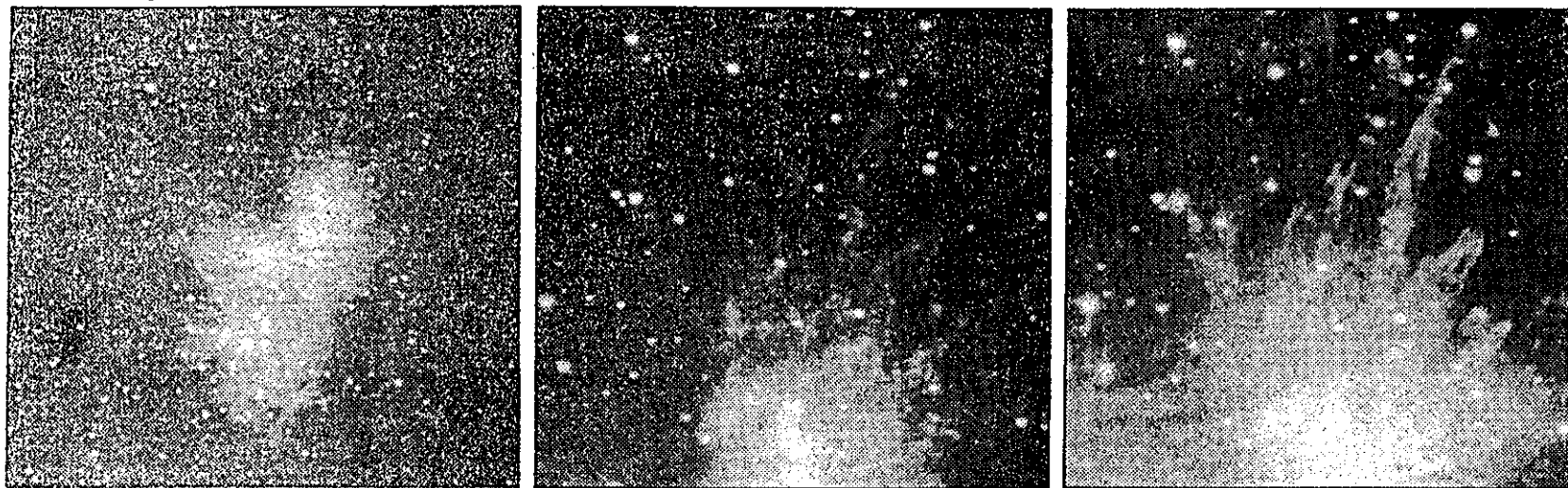


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Out of the blue - a star is born

* SMH. MAY 10 - 1993



The birth pangs of a star . . . Left: A wide-angled view of the constellation Orion as seen in infra-red. The star explosion is near the centre. Middle: "The hand of God" . . . hydrogen gas glows in "fingers", each a million million kilometres long. Right: The final stages of the star's birth.

By PETER POCKLEY

When Dr David Allen and Dr Michael Burton were surveying the Orion nebula at 5 am on September 14 last year, they were hoping to produce a useful photograph of the heavens for publicity purposes.

But instead of producing just a pretty picture with the 3.9-metre mirror of the Anglo-Australian Telescope, Dr Allen and Dr Burton found something astonishing and totally unexpected. They were looking at humankind's first images of the violent birth pangs of a star which had occurred only about 1,000 years ago.

The key to their discovery was IRIS, a new infra-red camera sitting at the focus of the 326-tonne telescope at Siding Spring Mountain in NSW. IRIS allowed the two astronomers to see in the dark, penetrating through the dense clouds of dust and gas of Orion which obscures all but its outer regions to visible light.

After keeping their discovery under wraps for almost six months, Dr Burton shed some light on their find in Sydney yesterday.

"Our feeling is hard to describe,"

he said. "Due to all of our fantastic equipment, we were seeing something which nobody had ever seen before. It took our breath away."

Their self-imposed embargo has ended with one of their pictures being featured on the cover of the latest issue of the international science journal *Nature*, together with their paper describing the discovery.

A different blow-up, reproduced exclusively for the *Herald*, graphically shows the explosive forces at work in the formation of a star.

Dr Allen said yesterday the energy of the explosion was equivalent to the total radiation from the sun over 1,000 to 3,000 years. He believes the energy may have originated from the star - probably a newly-formed one known as IRC2 - suddenly increasing in brightness about 1,000 times.

The two astronomers are generating great excitement among astronomers, as their pictures have revealed unsuspected features of a basic mechanism in the universe.

Dr Burton, now at the University of NSW, said the pictures were taken on a night when the sky was particularly

clear and atmospheric turbulence, which causes the twinkling of stars and, hence, fuzzy images at ground level, was at a minimum.

Because of the picture's evocative shape, the astronomers who discovered it are calling the enlargement their "hand of God" picture. It shows the shock waves left by bullet-like blobs of gas as they surge out into space from the exploding source situated just off the bottom of the picture. Each blob is about the mass of a planet, but, being gaseous, is bigger and more tenuous.

Because infra-red rays are invisible to the human eye, the astronomers constructed a false colour image which approximates our vision if it could be "shifted" to longer wavelengths.

Dr Allen said seeing the "hand of God" was "thrilling and exciting" as he and Dr Burton realised its "fingertips" showed the distinctive radiation from the presence of iron.

"The iron is like shrapnel, ejected from the huge explosion at the core of the cloud of Orion and ploughing into dense molecular hydrogen at supersonic speeds of about 400 kilometres per second," Dr Burton said.

The Orion nebula is a region of intense interest to astronomers as it lies relatively close to Earth - about 1,600 light years - and is the closest spot where massive stars are continuing to form. At this time of year Orion can be seen with hand-held binoculars for about three hours after sunset in the west in our galaxy, the Milky Way. Each "finger" in the picture is about a million million kilometres long.

The "palm" represents the radiation from molecular hydrogen which is heated to about 2,000 degrees C, indicating a highly energetic event. The gas lies in the wake of the bullets which leave behind a bow shock wave.

Built by the Anglo-Australian Observatory for about \$300,000, IRIS owes its basic technology to infra-red sensors in military night-scopes recently taken off the secret list by US authorities.

"We have shown, for the first time, that it's a cannon which fires bullets when stars are formed," Dr Burton said. "But nobody really knows how it is fired."

Dr Allen said astronomers worldwide were being asked to look for more such explosions.

Pictures by ANGLO-AUSTRALIAN OBSERVATORY

SUNDAY TERRITORIAN

Rocks sacred: leader

By GORDON FEENEY of AAP

An Aboriginal leader said yesterday he was not surprised that tourists who souvenired rocks from Uluru (Ayers Rock) have reported subsequent bad luck.

"It doesn't surprise me at all," said Yami Lester, chairman of Uluru National Park's board of management.

Mr Lester also welcomed the fact that many souvenir collectors had started anonymously returning the rocks by mail to Uluru National Park headquarters.

"I think it's a good thing ... as the chairman of the board I really appreciate what they're doing," Mr Lester said.

"I'm really sorry for the sickness. It's sad when people come to Aboriginal land and have bad luck."

Mr Lester said Aboriginal people were told by elders that before removing a stone or sand, it was necessary to consult with sacred spirits that inhabited Uluru.

In the past two weeks, the rangers at Uluru National Park have received more than 20 rocks from tourists who had souvenired the rocks up to 25 years ago.



SONGS OF TAGORE
(Nitish Mandal - 30/4 - USA)

Here are three sweet songs of Rabindranath Tagore:

1

Thou hast made me endless, such is thy pleasure. This frail vessel thou emptiest again and again, and fillest it ever with fresh life.

This little flute of a reed thou hast carried over hills and dales, and hast breathed through it melodies eternally new.

At the immortal touch of thy hands my little heart loses its limits in joy and gives birth to utterance ineffable.

Thy infinite gifts come to me only on these very small hands of mine. Ages pass, and still thou pourest, and still there is room to fill.

2

When thou commandest me to sing it seems that my heart would break with pride; and I look to thy face, and tears come to my eyes.

All that is harsh and dissonant in my life melts into one sweet harmony---and my adoration spreads wings like a glad bird on its flight across the sea.

I know thou takest pleasure in my singing. I know that only as a singer I come before thy presence.

I touch by the edge of the far-spreading wing of my song thy feet which I could never aspire to reach.

Drunk with the joy of singing I forget myself and call thee friend who art my Lord.

3

I know not how thou singest, my Master! I ever listen in silent amazement.

The light of thy music illumines the world. The life breath of thy music runs from sky to sky. The holy stream of thy music breaks through all stony obstacles and rushes on.

My heart longs to join in thy song, but vainly struggles for a voice. I would speak, but speech breaks not into song, and I cry out baffled. Ah, thou hast made my heart captive in the endless meshes of thy music, my master!

Hinduism regards singing praises to the Lord and preparing flower garlands for the Lord as the two noblest professions.

Jai Shri mataji!

-Nitish.

URANUS AND NEPTUNE.
(24 Feb 93 - C.K.)

Dear Yogis.

A message arrived that Shri Mataji Nirmals Devi had spoken of the conjuncture of Uranus and Neptune. It is reported that she drew the Yogis attention to this as something of importance and that it signifies the collective unconscious coming into the conscious attention. The collective unconscious is represented by the Sahaja Yogis, the conscious attention is the awareness of normal people and the events around us.

Around this time an article was found which discussed this event from the viewpoint of Western Astrology. There is an interesting commanlity in the way this event is perceived.

From New Moon in AQUARIUS on January 22nd 1993
to New Moon in PISCES on February 21st 1993

February 2nd

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* * * * * Uranus conjunct Neptune * * * * *
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This is a pivotal astrological year with Uranus conjuncting Neptune to initiate a new 171 cycle between these two planets. The first of the geocentric conjunctions (as viewed from earth) occurs today with both planets at 19Capricorn. A second conjunction in retrograde motion occurs on 19August, and the cosmic dance is finalized for us on 25October. The major power of this conjunction is not expected to be felt immediately, but as all other planets transit the zodiac they will aspect Uranus and Neptune in such rapid succession that the combined effects of these two planets will be magnified. This major long-term aspect between outer planets may affect world events and societal views so profoundly that it transforms the psyche of all people.

Uranus is the planet of abrupt and obvious change while Neptune exerts its influence slowly and subtly within metaphysical dimensions. Uranus is personified by the eccentric genius, with Neptune as the mystical monk. Uranus rules electricity and Neptune rules water, which can be a shocking combination. With Uranus in the cardinal earth sign Capricorn, earthquakes are suggested, which may stir the depths of the Neptunian seas. Abrupt onslaughts of water such as floods and tidal waves are also suggested.

Uranus rules technology and Neptune inspires artistic creativity so we may see many new creative technological inventions and solutions over the next few years. Neptune imparts future visionary thinking, yet for those not attuned to Neptune's influences it may manifest as chaos and confusion. Uranus can provide a wealth of new information which may have been hidden or may be temporarily confusing due to Neptune's influence.

This conjunction may also have the profound effect of enlarging the human capacity for intelligence. These influences can ignite our dream state so that it enters waking consciousness, with the potential for us to wake up to a new level of consciousness. Revolutionary transitions in consciousness can take us beyond our accustomed level of awareness.

With Uranus conjunct Neptune in the sign Capricorn, energy may be directed toward the structures and conventional mores of our societies. Many formal structures (political, scientific, geographic, ...) may dissolve seemingly on their own through the influences of Neptune, or with a spark from Uranus. Neptune may provide insightful clues to the future forms of these structures, and Uranus may provide a spark to germinate these ideas and the energy to pursue them. With this aspect in Capricorn, innovative discoveries may fly in the face of conventional wisdom, and some inventions may be patented and then suppressed. The mainstream will be forced to deal more openly with long suppressed metaphysical topics.