

THE AUSTRALIAN

STRATHFIELD

Sahaja Newsletter



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APRIL 28th '95

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'The basis of collectivity is detached love. Love is the only way.'

--Shri Mataji, Shri Devi Puja, France, July, 1989



SOCIALIST NEWSLETTER

BURWOOD FRIDAY COLLECTIVE PROGRAMME ROSTER.

Stuart St.	May 5th.
Chatswood	May 12th.
Coogee	May 19th.

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SARIS TO GIVE AWAY.

Sue Raggatt has a pile of cotton saris, plus some blouses and petticoats to give away.

Please contact Sue phn. (02) 747 2820.

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BHAJAN PRACTICE.

Marcus, Gillian, Peter A. & John S. had a very enjoyable practice on Wed. night at Roseville, but were wondering if everyone else could come next week.

Four is good, more is better - see you next week.

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NEWSLETTER CORRECTION.

Last weeks Newsletter April 21st included a transcript of Sir C.P.'s speech at the Felicitations evening. on page 3."tantraism"should read 'Thatcherism' and at the top of page 4. it should read..."that I should, in the normal way, say good things and bad things." (We left out the "and bad things".)

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More news from Darwin.

Dear Brothers and Sisters, JAI SHRI MATAJI !

The trip down the Red Centre last month was most successful. There are some really great seekers about and they truly got what they were looking for with much humility. Tennant Creek had the largest number of 20 and the local newspaper did a very large article and photograph of Shri Mataji at no extra cost. Throughout the entire journey we felt the presence of Our Holy Mother arranging everything perfectly and putting all the words into our heads to say. It was a permanent flow of Vibrations uninterrupted, which we never wanted to end. We had many occasions of hearty joyful laughter after some programs which miraculously cleared heavy Agnya's and queasy Void's. Alice Springs now has regular programmes on Wednesdays at Anzac Hill High School 7.30 p.m. (drama room). Uluru was undeniably Devine. Attendance was small, and the high quality seekers all agree that the "Rock" is very special and that they feel drawn to It. Meditation is a way of existence there, you can't be anywhere else. "Jai Shri Ganesha". The car was making some rather awful noises on our return to Alice Springs. It sounded like the alternator. No-one travels at night without lights in the Territory due to wild animals and cattle so we were rather relieved to hear it do its "dying swan act" as we turned into the driveway at Ian's house. Words failed us as we chanted the obvious. We had travelled 2,500 Kms. by this time and had 1,500 to go . It could have happened anywhere in the desolate sections of this journey, but we all know better don't we? Katherine, (310Km South of Darwin) was well attended by 15 seekers and some have since arranged the follow up venue themselves, as they are so keen. What can we say? "Jai Shri Mataji". Darwin programmes are cruising comfortably with a larger return rate than ever. It is so satisfying. The local council has invited us to be part of a "what's on in Palmerston" Expo next month. Then we have the annual New Age Expo the month after, so we are kept very busy and loving every moment. Anyone wishing to visit and help is more than welcome. The wet season is over, now it's just hot. You'll love it. News travels fast. Chris Coles is returning to Australia and she is coming to the Northern Territory, probably next month. For the first time a Puja was held in Katherine. We celebrated Easter with Bohdan, and enjoyed a lovely day after at Edith Falls, one of our many beautiful swimming spots safe from crocodiles. Ha ha. Finally, we the collective of The Northern Territory wish to express our deepest heartfelt gratitude for the use of and the help received from individuals at our "Mother Ashram" Burwood. Unless you were away from the cosy convenience of a large collective like us you could never appreciate how vital it is to have such a place at our disposal. To us it is the Nabhi, satisfying our needs for continuing our Holy Mother's work. Love to everyone, you are always in our attention.

JAI SHRI MATAJI !!! Linda.

THE FAR SIDE

By GARY LARSON

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"C'mon, Gordy... Are you really
choking, or just turning green?"

JAI BHRI MATAJI

B-502, Utkarsha Anuradha
(Behind Saurabh Hotel)
Civil Lines, Nagpur
INDIA - 440 001.

Dt. 10th April 1995.

Greetings from the Late P.K. Balve Academy of Arts, Nagpur. This is the official name of the Music Academy in honour of Shri Mataji's father, who was a great patron of Indian Classical Music.

The academy has been thriving and gave its first official performance at Shri Mataji's Birthday Puja celebrations in New Delhi. Paul from Austria played a tabla solo. Lyndon from Australia sang Rag Bagashree. Sia from Austria and Nick from Australia performed a violin/saxophone jugalbandi in Rag Yaman. All the Sahaja Yogis were very enthusiastic and supportive and were just as surprised as the students themselves at what could be achieved after only two and a half months. This is a credit to the quality of teaching and also evidence of the power of vibrations.

After listening to the students Shri Mataji related to Babamama her wish for a very big academy in Nagpur.

Professor Debu Chaudhuri, sitar maestro and Dean of the Faculty of Music, Delhi University, was also a guest at the recital. In a great gesture of encouragement to the students he promised to help one of them get an Indian Government scholarship. Let's hope that other governments of the world also get interested in offering scholarships to study Indian culture.

Applications are now coming in. Those yogis who are desirous to start at the academy this year should send their applications immediately. Your early communication will greatly help us in proper arrangements for your stay and study programme.

Stop Press- Any Sahaja Yogi interested in Kathak style Indian dancing should note that an expert teacher is joining the academy and classes in Kathak will start in July.

Lyndon

MUSIC ACADEMY APPLICATION FORMS ARE AVAILABLE FROM JOHN SMILEY
for more information phone John (02) 747 3458.

Sahaja Yoga Hong Kong
5th Floor, Po Chi Building
56 Morrison Hill Road,
Wanchai, Hong Kong
Telephone: (852) 5738201
Facsimile: (852) 5720187

To Uncle Michael and all the Sahaja Yogis in Australia.

'Jai Shri Mataji'

Firstly we would like to thank all our brothers and sisters in Australia for their tremendous support for Shri Mataji's programs (A\$10,000). We have had an amazing response with over 1,100 seekers attending the Friday night program (March 3) and the majority receiving their self realisation. Shri Mataji was very pleased with the quality of the seekers. Before the program, I was explaining that the venue could cater for 1,600 people and that we had a very strong desire to fill it. Shri Mataji then said that advertising works best and that it had worked very well in Australia. We had posters which were put up all over Hong Kong and magazine and newspaper advertisements. We also sent out 12,000 invitations to people, which all contributed to the success of the program. The Australian collective contribution enabled us to advertise in the English and Chinese newspapers and helped pay for Shri Mataji's hotel.

For this visit we were informed that Shri Mataji would not be taking interviews with any of the media, so we hadn't approached them for any interviews. It was surprising when three major newspapers, radio and television all expressed interest in interviewing Shri Mataji, we had to politely refuse. However, we did manage to have a profile on the Sahaja yogis in two newspapers and an interview on TV and radio which were all very positive. This created a lot of interest which was reinforced with very distinctive posters in Chinese and English and advertisements in magazines and newspapers. Our focus for the publicity was aimed at the local Chinese who made up over 90 percent of the attendees on the night.

The following day was spent shopping at Stanley markets and Shri Mataji purchased gifts for the family, Chinese prints and a tablecloth. Not so much shopping when compared to last year. In the afternoon we were joined by all the yogis for a Chinese banquet lunch which Shri Mataji enjoyed very much. In the evening Shri Mataji rested and watched TV. The following day Shri Mataji saw a number of people and also selected some hand embroidered table cloths and bed sheets etc. from Vietnam that a Sahaja yogini sells. She purchased all the stock she had for a new shop She plans to open in Switzerland.

In the evening She met with all the established yogis in Hong Kong. We also had some visitors from Australia, India and Manila. Shri Mataji talked about the similarities between Chinese and Indian people. She also spoke about the Chinese language and that if you have learnt to read and write Chinese then you have done your tapas for this lifetime. She was also confident that if she can meet with the prime minister of China Li Ping, who she met 20 years ago with Sir CP, then she can work out China through the leadership. She said she would try and meet with him next year after Deng dies. She also mentioned that the Puja in

Australia was one of the best Pujas that She has attended. Every detail was looked after and there was tremendous vibrations. She praised the Australians for the Puja and also for the public programs.

After her short talk gifts were given to the yogis and the children. Shri Mataji was very pleased with the progress since her last visit. The following day She left for Malaysia and all the Sahaja Yogis were at the airport to say goodbye.

On Tuesday night (March 7) we had our follow up programs at two locations, Kowloon and HK Island. All venues were completely full, with over 150 seekers attending. We even had to book another room to cater for all the people. A television program which was produced in Chinese on Sahaja Yoga was broadcast the following week and we have had a very positive response.

It is now five weeks since Shri Mataji's visit and we still have over 120 people attending weekly introductory programs. To cater for all the seekers we have three introductory courses on Tuesday evenings which are 8 weeks in length, an intermediate course on Thursdays which is also 8 weeks in length and our regular Friday night program for established Yogis. We have found that the Chinese prefer a structured course which is for a set period of time.

Our Chinese brothers and sisters have been actively involved in all aspects of the programs. They have even produced subtitled videos in Chinese for the programs which Shri Mataji requested last year. This is done on one of the sahaja yogi's computer. We have also produced four books in Chinese on Sahaja Yoga, plus numerous transcripts of Shri Mataji's talks. With all the materials it is now possible to sustain the growth of Sahaja Yoga in Hong Kong.

It is a major breakthrough for Hong Kong which is one of the most materialistic cities on earth. Shri Mataji cleared all the obstacles in the subtle so we have been blessed with so many seekers. Lets pray that they become established Yogis.

When Shri Mataji was on her way to Australia with Sir CP she explained that since Her family had given her antibiotics (which made her very sick) the vibrations mainly flow through her feet and hands and that the body swells up and doesn't emit vibrations the way that it used to. She was suffering from a build up of vibrations in her legs. She also said that people rely on Puja in her presence to achieve a higher state which only lasts a short while. She said that we all should be able to maintain a high level of vibrations and not be so dependent on the Puja's that She attends to give us that lift.

Once again we thank all our brothers and sisters in Australia for their support, and special thanks to Narelle Cula, Esme Reynolds and Robert Henshaw (video) for their support during Shri Mataji's visit.

Much love to all the Australian collective from all the Yogis in Hong Kong.

Alec

'Jai Shri Mataji'

SHIVRATRI PUJA

A UNIQUE EXPERIENCE WE WOULD LIKE TO SHARE

IT WAS ALWAYS OUR INTENTION TO SPEND A FEW DAYS WITH SOME FRIENDS IN SYDNEY, AFTER THE PUJA, AND AS IT FINISHED RATHER LATE ON THE SUNDAY WE DECIDED, LIKE MANY OTHERS, TO STAY OVER AT THE CAMP RATHER THAN DISTURB OUR FRIENDS AT SUCH A LATE HOUR.

WE PHONED OUR FRIENDS IN DOUBLE BAY, FROM WISEMANS FERRY, ON THE MONDAY MORNING BUT WE NEEDED TO FILL IN THE DAY AS BOTH WERE WORKING.

AS GOSFORD WAS NOT THAT FAR AWAY WE DECIDED TO VISIT THERE TO FILL IN THE TIME. IT WAS A BALMY DAY ABOUT 29 DEG. VERY PLEASANT SO WE DECIDED TO DO THE ROUND TRIP TERRIGAL, AVOCABEACH AND BACK TO GOSFORD. AT TERRIGAL THE BEACH LOOKED VERY INVITING SO WE DECIDED TO HAVE A FOOT SOAK, WHAT ELSE WOULD YOU DO?. DESPITE IT BEING A WORK DAY THERE WERE PLENTY OF PEOPLE ON THE BEACH BUT FEW IN THE WATER. WE TOOK OFF OUR SHOES, I TURNED UP MY TROUSERS, AND WE PADDLED OUR WAY UP THE BEACH FOR A WHILE THEN STOPPED TO SAY THE GANESHA MANTRA.

THE PACIFIC WAS AT PEACE, HARDLY A RIPPLE ON THE WATER. THERE WAS A MINI WAVE BREAKING ABOUT THREE INCHES HIGH SOME 30 FEET OUT FROM SHORE AND IT WAS A LOVELY BRIGHT SUNNY DAY. I WAS STANDING IN NO MORE THAN SIX INCHES OF WATER, MY WIFE LINDA WAS STANDING IN SLIGHTLY DEEPER WATER ABOUT TWO FEET AWAY FROM ME.. WE HAD BOTH JUST STARTED TO SAY THE MANTRA TO OURSELVES WHEN TO OUR UTMOST SURPRISE TWO FISH, A BRIGHT TURQUISE BLUE IN COLOUR, APPEARED AT THE WAVE LINE AND SWAM STRAIGHT TOWARDS US. IT WAS ONLY WHEN THEY WERE ABOUT TWO FEET FROM US THAT THEY TURNED TOGETHER AND SWAM AWAY, AT AN ANGLE OF 45 DEGREES, HEADING OUT AGAIN TO THE BREAKER LINE. WE LOST SIGHT OF THE FISH AT THAT POINT AND LOOKED AT EACH OTHER SPEECHLESS. LITTLE DID WE KNOW WHAT WAS TO COME.

A FEW MOMENTS LATER THE SAME TWO FISH APPEARED STRAIGHT IN FRONT OF US AT THE BREAKER LINE AND AGAIN SWAM, IN A STRAIGHT LINE, DIRECTLY TOWARDS US, THIS TIME TURNING ONLY WHEN THEY WERE ALMOST AT OUR FEET. THEY WERE BOTH ABOUT 12 INCHES LONG WITH A BODY DONE 3 TO 4 INCHES DEEP AND THEY SWAM ABSOLUTELY FLAT OUT, WE COULD CLEARLY SEE THE SPEED OF MOVEMENT OF THE TAIL FINS. ONE FISH SWAM ABOUT HALF A BODY LENGTH BEHIND THE OTHER, (A FISH BODY LENGTH THAT IS) AND THEY WERE ABOUT 8 TO 10 INCHES APART, SOMEWHAT LIKE TWO AEROBATIC AIRCRAFT FLYING IN FORMATION.

THIS WAS NOT THE END OF THIS UNIQUE AND UNUSUAL EXPERIENCE. THE TWO FISH AGAIN SWAM TO THE BREAKER LINE, THIS TIME TURNING AROUND WITHIN OUR SIGHT, AND FOR A THIRD TIME SWAM BACK TO US, AS CLOSE AS ON THE TWO PREVIOUS OCCASIONS, BEFORE TURNING AND SWIMMING AWAY, STILL IN FORMATION, UNTIL THEY WERE COMPLETELY OUT OF SIGHT.

NEITHER OF US KNEW QUITE WHAT TO SAY. SEEING A YOUNG MAN CLOSE BY FISHING FROM THE BEACH, WE WENT AND SPOKE TO HIM TELLING HIM WHAT HAD HAPPENED AND ASKED IF HE COULD IDENTIFY THE FISH. HIS COMMENT, CONFIRMED BY SOME OTHER PEOPLE STANDING BY WAS, "THEY COULD NOT IDENTIFY THE FISH AND HE HAD NOT SEEN ANYTHING BEFORE LIKE THE ONES WE DESCRIBED UNLESS THEY WERE BLUE MACKREL, WHICH IS A MUCH DARKER, STEEL-BLUE COLOUR WITH A BLACK BACK".

I KNOW I HAD JUST FINISHED THE THIRD MANTRA, LINDA WAS AT THE SAME STAGE WE BELIEVE, WHEN WE FIRST SAW THE FISH. THERE WAS NO ONE ELSE IN THE WATER AT THE TIME AND WE WERE STANDING IN EXTREMELY SHALLOW WATER FOR FISH THIS SIZE. FROM A FISH BOOK WE LATER IDENTIFIED THE TYPE OF FISH AS PROBABLY RAINBOW RUNNERS, BUT WE DO NOT KNOW IF THIS FISH IS COMMONLY FOUND AT TERRIGAL.

WE HAVE NO SPECIFIC EXPLANATION REGARDING THIS INCREDIBLE EXPERIENCE AND HOPE SOMEONE ELSE CAN HELP, WE WOULD BE HAPPY TO HEAR.

FREDERICK AND LINDA MILLAR
12 PALMERSTON CRES VIC 3199

JAI SHRI MATAJI

CANBERRA NEWSLETTER

Focus on Warananga Ashram

Warananga Ashram is our latest addition to the Canberra Collective. A couple of weekends ago we had a puja at the ashram to establish and honour the laxshmi principle in the ashram and the household. The gentle vibrations of gruha laxshmi seemed to emanate through the whole house after the puja evident in the way we all felt thoroughly centred and satisfied by the vibrations and the meal that followed.

Below is a photo of the house from the front (neighbour's dog included) and a photo of the altar after the Laxshmi puja.



View of the front of 48 Nangar St.