

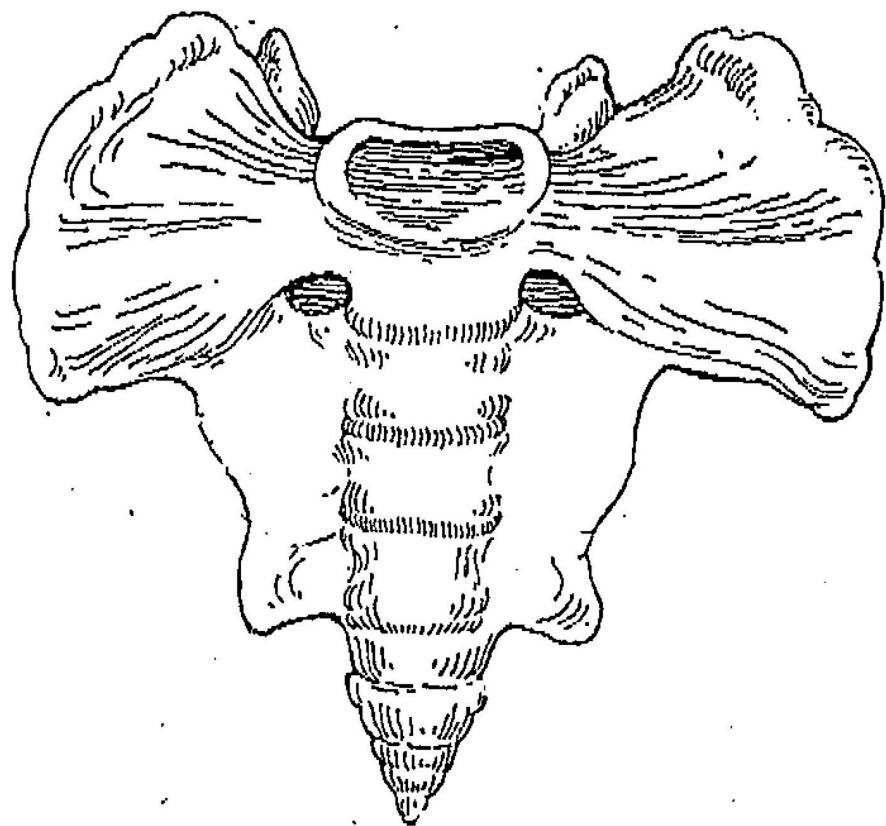
THE AUSTRALIAN

Sahaja Newsletter

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FRIDAY 3rd June '94



HERE IS AN INTERESTING PICTURE OF THE SACRUM BONE, AS PUBLISHED IN TABER'S ENCYCLOPAEDIC MEDICAL DICTIONARY, EDITION 17. AMAZINGLY IT LOOKS JUST LIKE AN ELEPHANT'S FACE AND TRUNK. SHRI GANESHA PROTECTING MOTHER KUNDALINI IN THE SACRUM BONE.

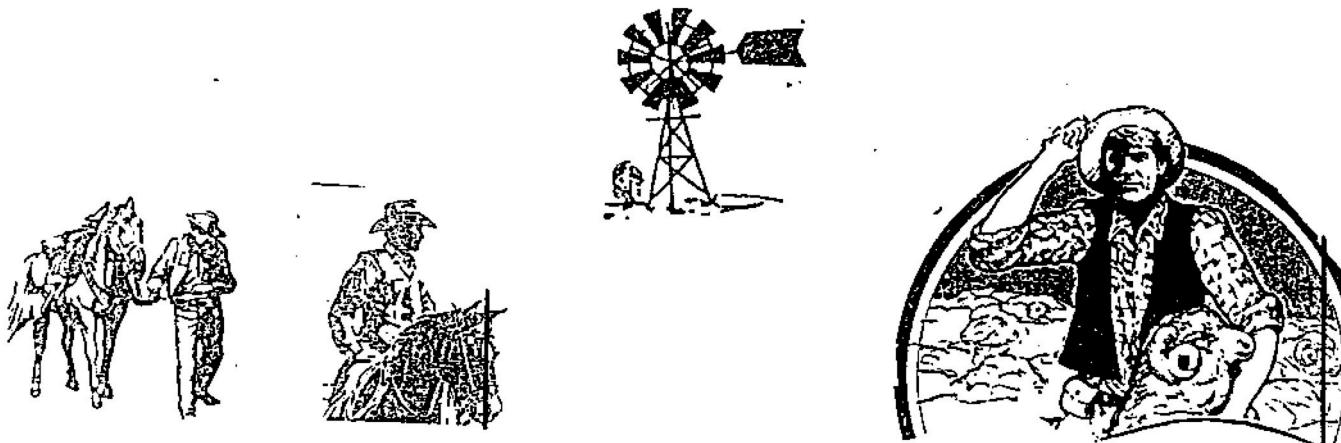
Sent to us with compliments from Manoj, New Jersey, U.S.A.

HAVAN.

There will be a Havan at Coogee this Saturday 7pm. 4th June.
 As dinner will be provided, would you please ring so we know how many
 to expect. Phn. 665 8210.

COLLECTIVE HOLIDAY.

Calling all intrepid yogis for a 'break' in the outback at Willandra National Park, N.S.W. Staying in shearer's cabins with fully equipped kitchen and showers. Cost \$8.50 per night, PLUS cost of food. Meet at Mark & Sharon Nangle's house at Hillstone N.S.W., 100km north of Griffith on Saturday 25th June '94 (school holidays). For more information phone Mark 069 67 2346 OR Roger 0625 71686. A.S.A.P.

BURWOOD ASHRAM

Please note everyone, Burwood will be changing their normal weekly program from Tuesday nights to WEDNESDAY nights as from June 15th. Same time 7.30pm

ROOMS AVAILABLE.

Come live in Glebe! There will be a couple of rooms available after June 19th. For more info. ring Prue on 566 4021.

ROOM AVAILABLE.

There is a room available in Northbridge Ashram, situated on Middle Harbour - 5 minutes from City Centre. Please contact Raymond Hampton on phn. 958 8180.

SPACE AVAILABLE.

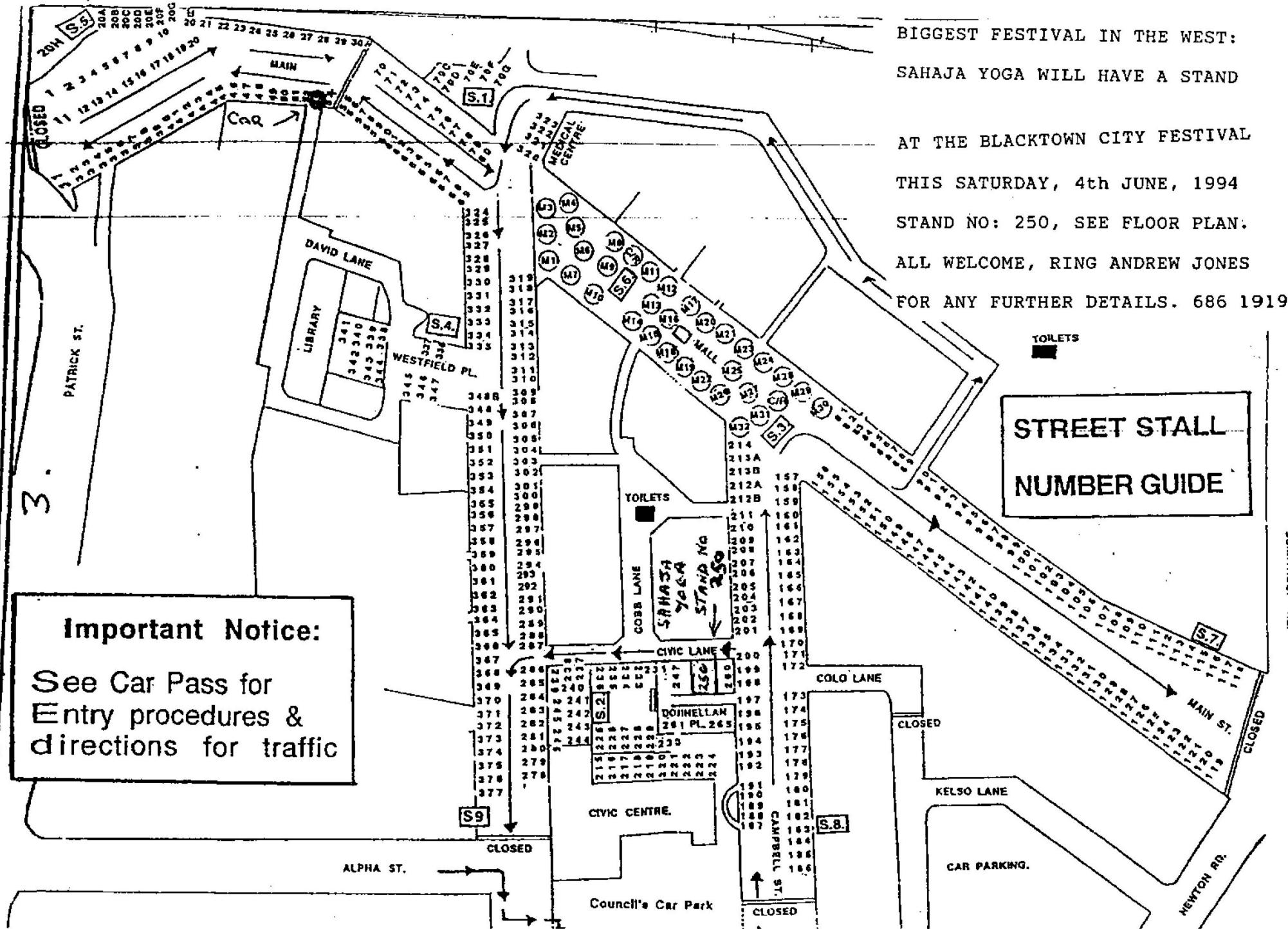
There is space available for yogi/yogini at Hurstville Ashram. There are fast trains to City (20 minutes to Town Hall). The station is close by, also the Mall etc. The Ashram has a nice big yard, and is in a quiet street. Please contact Hurstville phn. 570 8562.

BIGGEST FESTIVAL IN THE WEST:
 SAHAJA YOGA WILL HAVE A STAND
 AT THE BLACKTOWN CITY FESTIVAL
 THIS SATURDAY, 4th JUNE, 1994
 STAND NO: 250, SEE FLOOR PLAN.
 ALL WELCOME, RING ANDREW JONES
 FOR ANY FURTHER DETAILS. 686 1919.

TOILETS

STREET STALL NUMBER GUIDE

Important Notice:
 See Car Pass for
 Entry procedures &
 directions for traffic

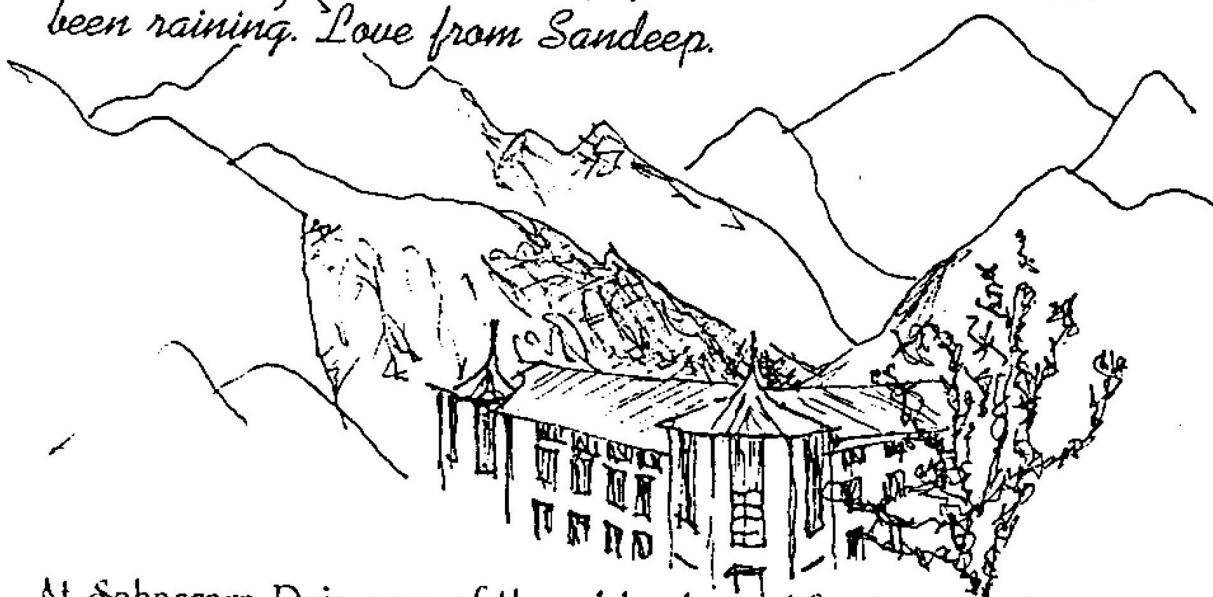


FROM

SAHAJA Newsletter 21
 PERTH
 27 MAY 1994

NEWS from the MOUNTAINS 30.4.94

Dear mum and dad we are having a monthly test. How are you? I am fine and sanjay is perfectly fine. My number is 152 and sanjays number is 165 it has been raining. Love from Sandeep.



At Sahasrara Puja one of the older boys lifted a little boy up, so that he could put his flower on the high part of the altar. It was very sweetly done. The little boy (2years) enjoyed the experience so much that he later went back to put another flower. He namaskared nicely with his hands, then noticed an adult next to him namaskar right down. So he stopped and knelt down to do the same. It was one of those special moments with children that make the heart sing.

'One should understand the difference between protocol and ritualism. An innocent child knows the protocol. Innocent children's worship is not ritualistic. It is heartfelt.' Shri Mataji, Ganesh Puja, 1993.

AUCKLAND NEWS - RADIO PACIFIC INTERVIEW.

On the evening of 1st May members of our collective were fortunate to be interviewed on Radio Pacific's 2-hour talk-back show by Felix Donnelly.

This was very spontaneously arranged through an infrequent friend of the Ashram's who works with Felix. The 7pm - 9pm slot was available, did we want to take it. David, Trisha, Chris and Julie were soon whistling down the motorway saying appropriate mantras to Sri Ganesha, Sri Vishnu Maya and Sri Gruha Laxmi, and bringing to mind what would be vital to talk about. But as thoughtlessness is the required condition we saved our words for the interview.

The interviewer was definitely in charge and with little pre-amble put us on air. His questions were initially aimed at us personally - why Sahaja? What were the benefits? How does the organisation operate? What services etc? And of course he tried to determine who Shri Mataji was. How did we know she was Divine. As information gradually was told the interviewer seemed to provide more opportunities for us to talk openly about the importance of Sahaja Yoga and how to realise this.

The talk-back's first questioners were concerned about our relationship with Christianity, obviously concerned about their own concept of Spirituality. (One reflects on the conservatism over here). However they were non-confrontational and discussion easily came back to 'what are we all actually doing about ourselves as Spiritual beings.'

Later in the programme we were fortunate to be given the nod to play a 4 min. extract from Shri Mataji's talk at the Auckland Town Hall 3 weeks previously. She spoke of accepting teachings that offer the Truth, and about the importance of meditation in our daily lives and in the search for world peace.

The last caller, Yogi Hugh from Palmerston North, made the comment that by too much discussion we can miss the point, in that, "when you need electricity you just turn on the light!"

We finished by David asking the audience if they could put their attention on the crown of their heads and try to feel the coolness in their palm centre.

These air-waves reached 26 stations throughout New Zealand. Felix Donnelly is a well-known, and at one time a controversial Catholic priest, talk-back host and provided Sahaja Yoga a fantastic opportunity to be heard on radio.

By the grace of Shri Mataji it all went well and the many phone calls from then have been positive and enquiring. A number have been also since coming to programmes both in Auckland and Palmerston North.

Jai Shri Mataji.

SHRI MATAJI'S VISIT TO N.Z. - '94.

We have all been greatly blessed by Shri Mataji's visit to Auckland after Easter celebrations in Sydney. More so because we were able to be in such close proximity to our Divine Mother and to be present when she presided over the first Mahamaya Puja that She has given. And all in the protective, forested lee of beautiful Cornwell Park.

Preparations were usually busy over Easter. Paint was put on into the night, flowers brought in by the bath-load, pots and plates, cookers and food arrived by the many and generous offers and donations from Yogis here. Shri Mother's rooms were especially beautifully decorated.

On the morning of Saturday the 9th the skies hung a gentle rain over Auckland's many old volcanic hills. Shri Mataji arrived by a delayed flight late in the afternoon. Yogis and children crowded the arrival lounge with flowers and smiles. As She at last entered the hall our guitars and voices began the Maori waiata 'Nau Mai'. Our hearts swelled as Shri Mataji approached smiling her full appreciation. She went amongst us, collecting flowers, meeting the children and was ushered to Her car.

After some ticket changing (because of the shortened visit) accompanying Australians were soon heading to the city under very changeable skies. The barbeques were sizzling by early evening and the cooks had a fine fare prepared.

VISIT cont.

The gentle rain had begun again reminding our guests of the nature of the weather here. In fact, as the days went Auckland displayed all possible weathers. It was wonderful to be suddenly part of a big Australasian collective. Stories and plans were told and tentative arrangements made for the next 3 days. It was wonderful, too, to see how things 'got done' with true Sahaja spontaneity and enjoyment.

Shri Mataji rested on Saturday night meeting with individuals. The Australian's motel was a convenient kilometre away which allowed Ashram floor-space to be utilised by N.Z. Yogis. Many thanks for everyone's co-operation there.

After a collective Sunday morning meditation we could see the skies clearing. After a hearty Kiwi breakfast the sun's warmth was filtering through the trees. Preparations began for the 11am planned-for Puja. The large lamb-curry pot was continually stirred and large boxes of Maharashtrian sweets arrived. Again, many thanks to the Spontaneous Australian vege choppers. Coloured streamers graced the verandah, carpets unrolled and hundreds of daliahs decorated the stage for Puja in the back garden. The Dobbies soon had the sound system set up and John Smiley's harmonium and leadership were a very welcome addition to our 'young' Bhajan group.

We all settled in under and around the marque and Shri Mataji came out to Her chair. Shri Mother announced that this would be Mahamaya Puja, the first ever given. As this Aspect She spoke about the great illusion and how, becoming identified into Her entirely, She can work things out for us. She spoke of the anti-maya and the need to become immersed in God's Maya; that this will bring us into Reality and encompass everything in Sahaja Yoga.

Photos were taken and Shri Mataji left. Prasad was offered and then the evening meal was prepared. Most Yogis returned early to the motel as Public Programme was the following night. However, one bright-eyed Sydney Yogi suggested we go posterizing late Sunday night. So 3 car-loads went out and covered walls and poles along the roadsides and shops on the long roads that channelled Monday's commutors into the city.

The Auckland Town Hall was a grand venue for Shri Mother's Public Programme. It's high ceiling adds marvellous resonance, the atmosphere grand. Hugh Frith spoke bright and enthusiastically, introducing Sahaja Yoga, why we have come here, and about the subtle system.

Shri Mataji entered to an over-awed audience. She reminded us of the innate Truth of our Spiritual natures, but that we meet with the many and various problems of conditioning and impure desires, and the social problems - all of which deter our seeking.

She stressed the importance of meditation practice, of finding out the Truth for ones-self. She gave Realisation to the 600 there and returned to the Ashram. More Bhajans were sung as after Hugh's talk. Both sessions were greeted warmly by the audience.

On Tuesday Shri Mother went shopping with a few Yogis and lunched at a wonderfully located restaurant over-looking the Waitemata ("sparkling waters") Harbour. We met Her at the airport and not without some sorrow did we farewell Shri Mataji flying to Her Brisbane visit.

We are quietly hoping that Shri Mother will visit us again in the near future.

~ Jai Shri Mataji ~



B.C.

