

THE AUSTRALIAN

STRATHFIELD

# Sahaja Newsletter



## Contributions:

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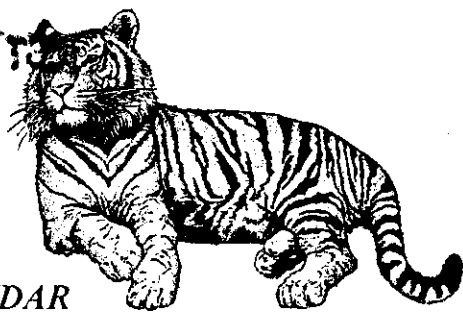
Om Shri Mataji Nirmala Ma Namo Namah



Salutations to the Protectress.  
The Great Goddess, The Divine Mother



## NAVARATRI CALENDAR



Navaratri commenced this year on Monday 25th September. Navaratri is a festival lasting 9 days commemorating the 900 incarnations of the Devi, who came to slay the evil forces whenever they established themselves to oppose her children. During the time of Navaratri we can benefit from a tremendous clearing out of negativity. Sahaja Yogis do daily pujas, saying the Devi Kavach (the protection of our chakras against all negativity), or each day reading a chapter of the Devi Mahatmayam (which tells of the Devi's battles against all the evil forces).

Following Navaratri is the victory celebration known as Dasshera (the tenth day). On this day Shri Rama killed the evil demon Ravana. It is a joyous occasion, to celebrate the triumph of good over evil.

At the time of printing this newsletter, the following events have been arranged in Sydney:

- Saturday 30th September (6th day)* 7:00pm. Havan at 40 Beresford Road Strathfield. (phone 746 7129 for further details).
- Sunday 1st October (7th day)* 11:00am. Main collective Navaratri Puja at Burwood. (to include the burning of Ravana)
- Wednesday 4th October (Dasshera)* 7:30pm. Singing and dancing at Burwood. Everyone is invited to attend.

## STOP PRESS - MALANEY FOLK FESTIVAL

The Brisbane collective is envisaging holding two stalls at the Malaney Folk Festival (near Wamuran) over 27 December-1 January. One stall will offer vibrated food (partly as a fundraiser) and the other offer Self-realisation. The Yogis at last years festival gave realisation to many hundreds of people and raised a considerable amount of money for Wamuran (this year the money will subsidise those fully participating in the whole festival and other (possibly Sri Mataji's tour or property acquisition) Sahaja activities).

*'Brisbane can't do it alone and they are looking for Yogis who can commit themselves to assisting. Accommodation would be available at Wamuran and Albert envisages that the festival would be better organised (read "you get a few hours off") this time around - but the vibrations will be just as good. There may be a creche available for parents with small children*

Brisbane need an answer very soon, so you if you're interested please contact **them** as soon as possible.



*Invitation to all yogis living in Burwood and surrounding districts*

## Meeting and Dinner, Friday 6th October

With so many yogis living in Burwood and its adjoining suburbs, the potential exists for us to become an extremely dynamic local collective. But for this to happen we need to co-ordinate our activities, so that we can best utilise our combined talents and energy.

Many of us feel that we should take this early opportunity before India Tour to get together and plan a strategy for the spreading of Sahaja Yoga in this locality, which we can have in place by the time Shri Mataji comes to Sydney early next year.

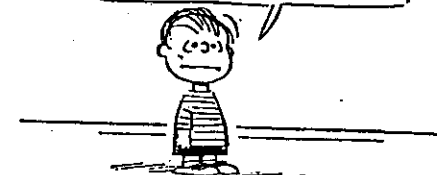
Accordingly, the residents of Burwood ashram extend a cordial invitation to all the yogis who live in the surrounding area to join us at 7:30pm next Friday 6th October for a meeting and dinner, to see what we can come up with as an integrated collective.

This date has been chosen as an evening which most yogis will be free to attend, as our regular weekly meeting will be the following night (Saturday 7th October).

Any yogis living further afield are most welcome to join us for what we hope will be an enjoyable and productive evening.



I'M NEVER QUITE SO STUPID AS WHEN I'M BEING SMART!



Formless attributeless O Bhavani You have manifested  
So O Mother, You rise, You rise, You rise  
To kill the Mahishasura  
O Mother, You rise, You rise, etc....  
Take out the three problems we have, the three tapas  
Take Your devotees to their salvation  
That's why You rise O Mother...

Mother, we ask for Self-realisation  
So, You rise, O Mother Kundalini, You rise  
Rise, rise, rise, rise, rise, rise, Ho!

I'll remove all differences and I'll put this garland on Your  
So, O Mother, You rise etc. neck,  
In my hand I'll take the flag of knowledge  
I will remove all the differences

In the nine nights I will do nine types of Bhakti to You  
I will put all Questions and doubts on one side  
And ask for a son that is meditation  
And will give up the father-in-law who's sitting on my head  
Who makes me a bad boy

Now I fill up my little basket with the complete blooming  
flowers of knowledge

All the bad ideas that come into my mind  
I will take them over to You and throw them into the sea  
And there are two horrible creatures within me  
One is the sex and another is the anger  
These two horrible things I'll throw away  
That's how I'm going to make my central path clean

So O Mother Ambe, the Kundalini rise within me

I asked for the Yoga from my Mother  
and kept it very safe in my heart  
I've got the Yoga which I've stored in myself very beautifully  
Now I come back to thank You for what You've done  
Then I fall at the feet of Virata  
Now I've lost all desires to be born again

extract from a talk by H.H. Shri Mataji

