

Sahaja Newsletter

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May 7th 1993.

SAHASRARA DAY PUJA
SUNDAY 9th MAY, 1993.
10 CLARENCE ST. BURWOOD.





STOP PRESS (PERTH)

Pert Sahaja Yoga watched in astonished delight as new people poured into the Alexander Library for the Public Programme on Tues 4 May. The auditorium was full shortly after Uncle Stephan began his talk, with some latecomers having to sit on the floor. The follow-up on Wed 5th was also overflowing with 36+1 new people (the extra one went to Dianas regular programme). By circumventing the estimation system and actually counting we know there were 167 new people and 41 Sahaja Yogis, so we are pleased that approx 100 people received Self-Realization during Sahasrara week. Shri Mataji gave Realization via the large screen video and the meditation following was quite deep. So all the yogis are looking forward to the weekend at Gidgegannup when we expect some of the newcomers at the Saturday follow-up. After the seminar a havan and bijnans are scheduled ~~to~~ in preparation for the Puja on Sunday.

We have been enjoying the company of Ivan and ~~K~~ Keatseen Tan from Malaysia and of course having Uncle Stephan with some spare time is a great pleasure. We used newspaper publicity exclusively for



This program, with an unscheduled interview with Uncle Stephan on public radio as ~~an~~ an extra, and it has been our most successful to date. (also cheaper than radio advertising.)

Love from Perth.



HERE IS AN IDEA

Are you tired of nodding your way through every Friday night programme?

Do you wake up sometimes and the programme is over?

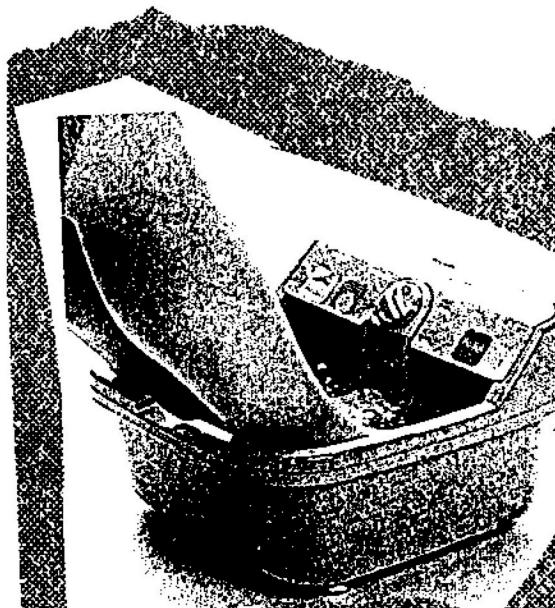
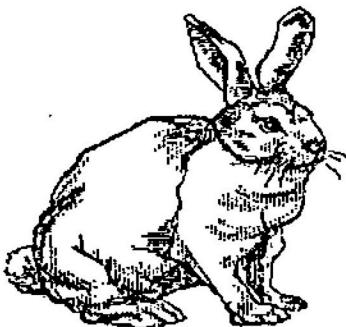
Why not try Saturday night for the Burwood weekly programme?

We would like to put forward the idea and you can give your opinion this Friday night.

Jai Shri Mataji - Vinay and Jo-anna.



स्वाहा *sv-āhā*, ind. (prob. fr. *५. su* and *√ah*; cf. *dur-āhā*) hail! hail to! may a blessing rest on I (with dat.; an exclamation used in making oblations to the gods; with *√kri* [ind. p. -*kāram* or -*kritya*] and acc. 'to pronounce the exclamation *Svāhā* over'), RV. &c. &c.; f. an oblation (offered to Agni, Indra &c.) or Oblation personified (as a daughter of Daksha and wife of Agni; she is thought to preside over burnt-offerings; her body is said to consist of the four Vedas, and her limbs are the six Angas or members of the Veda; she is represented also as a wife of the Rudra Paśu-pati), RV.

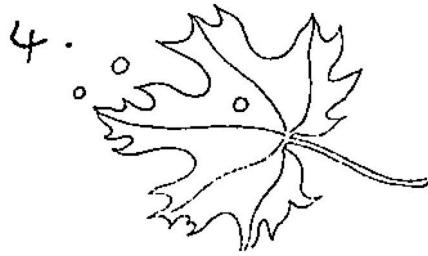


Breville Happy Feet

- Foot bath with heat, massaging and swirl feature
- Massage finger design
- Acu-pressure knob to stimulate blood circulation between toes.

\$109

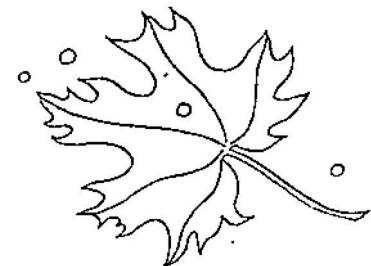
ASHRAM VACANCY IN CANADA
(Vancouver collective - 30/4/93)



VACANCY

We have a vacant room in the West Vancouver ashram and are looking for someone who would like to move in.
It is a basement room, suitable for a single person or couple.
A single person may also prefer to share one of the upstairs room, which have beautiful views of the harbour and ocean.
So - we are looking for a Sahaja Yogi who would like to work things out with us in Vancouver.
(Also living here now are Brendan Hickling, Lynne Gilroy, Richard and Felicity Payment and baby Devindra.)
If anyone is interested enough to (604) 925-9381 or write: 2302 Palmerston Avenue, West Vancouver, British Columbia, Canada

Jai Shri Mataji
Richard



New morning programme - Annandale

A 6 week course will start on Tuesday May 11 - 10am to 12 noon at Annandale Neighbourhood Centre 79 Johnston St Annandale. All yogis welcome.

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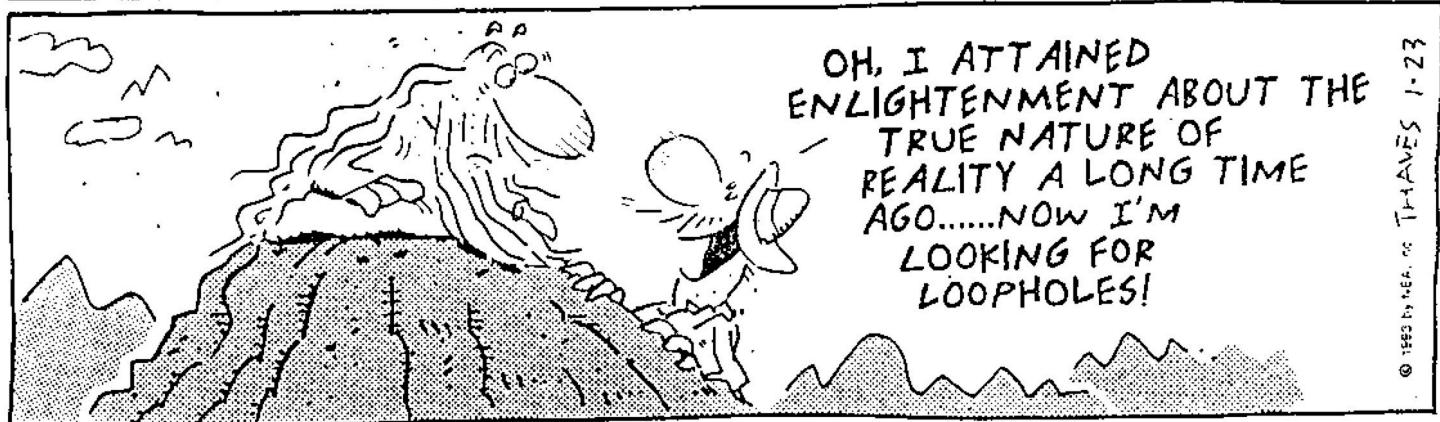
Indian Dancing

If anyone is interested in learning Indian dancing there is a very good teacher named Jeyalukshmy Kandiah who teaches Baratnatyam style, which is the same style of dancing taught at the India school. If we can get 5 or more people (children or adults) interested she will form a new class for Sahaja Yogis. The classes will be held at the week-end in the Strathfield area and will cost \$8.00 per 1 hour lesson.
If you are interested please phone Sarita on 745 2393.

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FRANK and EARNEST

By Bob Thaves



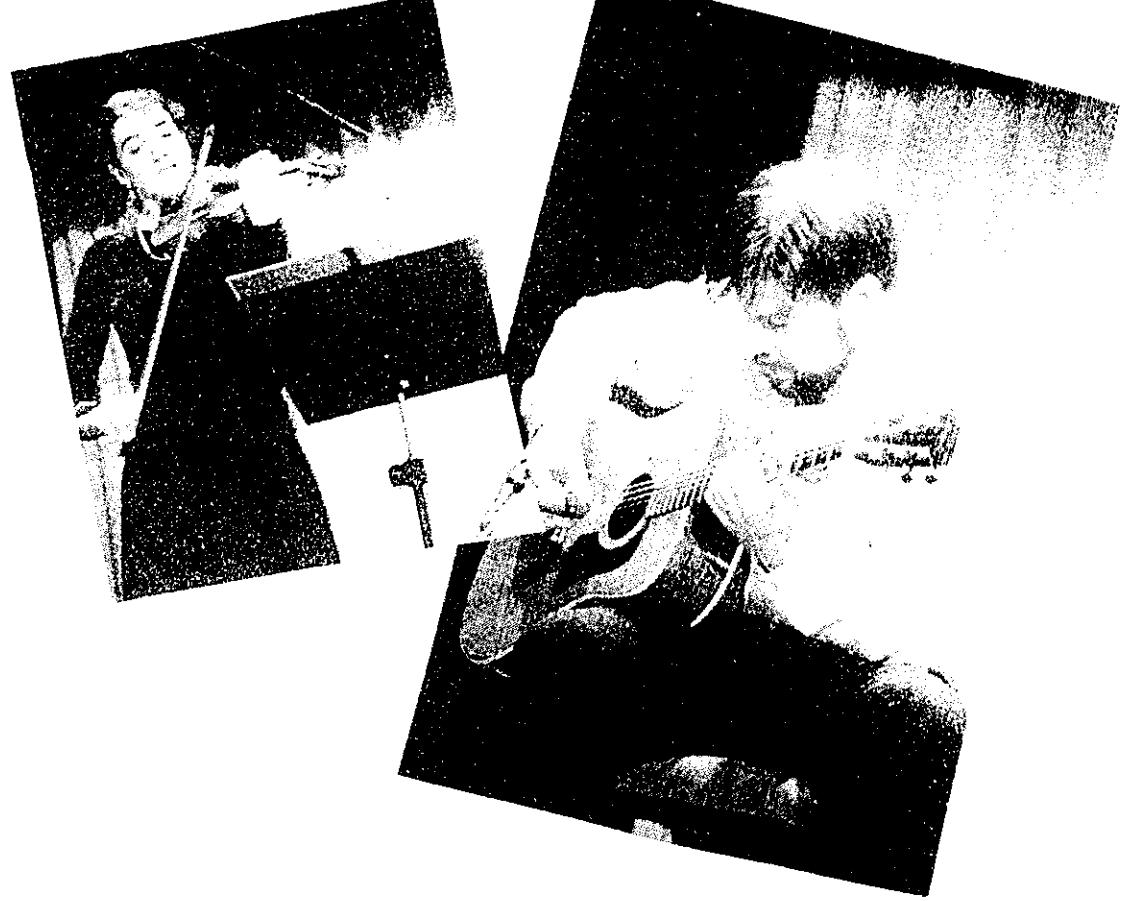
On Friday, 30th April at 7:30 pm the Sahaja Yoga Bhajan Group performed in concert in Sydney. As we have all seen, when the Sahaja Yogis perform at public programmes they have experienced great responses from the Public. The original idea for organising a concert came from Shri Mataji who suggested that a concert be organised when the Nagpur Musicians were last here. This was to raise funds, provide good publicity for Sahaja Yoga and provide a new means of attracting seekers through spiritual music.

To decision was made to organise just such a concert. The idea was presented to Shri Mataji at Pratisthan, together with a draft of the poster titled 'Music of Joy'. Shri Mataji was very keen about the idea and gave the concert Her blessings.

The concert was planned as being a vibrant presentation of music drawing from both Eastern and Western sources. Music was chosen for its spiritual and joyful qualities. The success of the concert could only be assured through the support of the collective. With this in mind all the collective were invited to help contribute in any way that best suited their talents. Some took on the various tasks involved in Stage management, others Advertising and Marketing, others prepared material to be handed out on the evening, while others approached radio stations to play some of the music. As preparations gathered momentum nearly all of the collective helped in some way if not through the beauty of their voices or through their inspiring administrative skills, then by their sheer hard work. As the last few days before the concert unwound everyone felt as if we were preparing for a visit by Shri Mataji Herself.

As Sahaja Yoga draws its members from all cultural and ethnic groups, so the concert was aimed at demonstrating the unity of this diversity and aimed to bring together the different music styles from around the world. The concert was titled 'MUSIC OF JOY' and it was hoped that it would be a vibrant presentation of music from around the world which has been created to bring joy to the heart and help awaken the inherent spiritual nature in us all.

Drawing from both Eastern, Middle Eastern and Western Sources, the music including western classical choral selections, traditional African spiritual songs, Sufi devotional music as well as a variety of our well loved Indian Bhajans. A special treat on the night was a performance by our well loved violinist Asmira Woodward-Page whose recent performance with the Melbourne Symphony Orchestra won great praise for her masterly execution and sweetness of tune.



It has been said this type of music expresses the Divine nature of existence, and through its Universal appeal people of all nations maybe united. High ideals indeed, but ones worth striving for.

Shri Mataji had recommended that we find a professional Tabla player for the concert. Some Sahaja Yogis have been studying Indian Music and through their connections a local Indian boy was found. He is very talented and seemed very nice and of good vibrations. After a few practices he said he did not wish to be paid as he enjoyed playing this music so much it would not be right to accept payment.

The night of the concert arrived and everything came together in Sahaja fashion. In all around 300 people attended of which half were Sahaja Yogis. For a first time effort it was a good size crowd. The concert began with Shri Mataji's three mantras followed by Vishwavidita. Uncle Stephan then introduced the concert, he spoke of the awakening of the Kundalini and how it makes all things possible. The music he said was selected to help the process of the awakening of the kundalini. Following his introduction the musicians began by singing Isa Liye, Jogwa, and Amrit Houni Goda Nama Tuze Devi. Following the first group of Bhajans, Asmira captivated us all with her virtuosity. Following Asmira, Peter Hodge played some beautiful classical and jazz selections on the guitar.

The Bhajans again resumed with Sarva Mangala, Mahamaya Mahakali and Apne Dil Me. By this stage one could feel the audience warm to the music as they began clapping along with the music. One could feel the enjoyment in the atmosphere as the audience relaxed and began to appreciate the uniqueness of what there were hearing. The concert then broke for a short interval.

The ladies had been preparing food and during the interval this was sold to raise further funds. During the interval the 'Earth Mother Exhibition' was on display as the audience enjoyed their refreshments. This exhibition is a celebration of the holistic principle of the Earth, and how this principle has been expressed throughout the ages through the inspirational works of the great poets, artists and prophets. The exhibition aimed to bring together the choicest gems of human creativity into a celebrational song in praise of Creation. Many of the audience spent time examining the exhibition.

Following the break the concert renewed with the Sahaja Western Choir, they performed Ragupati Raghava Raja Ram, Jerusalem, Breezy Bach, and two African traditional songs. Following this the concert ended with another series of Bhajans. As the last few bhajans were played people were on their feet and dancing, clapping and shouting for more. The response was tremendous as the music of joy touched the hearts of the audience.

The concert was a real success in that it attracted new people to a concert to hear music of the spirit, one felt that no one could have gone home unaffected by the message in the music. In fact many took the time to come and praise the concert and promised next time to bring their families and friends. From the Sahaja perspective the concert's success was a measure of the collective support and desire which went into the concert. It seems that we will undertake Music of Joy Mark II in August.

Jai Shri Mataji.



Programme

1. Sahaja Music

Songs in Hindi and Marathi languages.

2. Asmira Woodward Page (Violin)

Accompanied by Ingrid Sakurovs (Piano)

W.A. Mozart: Haffner Rondo Serenade (arr. Kreisler)

F. Chopin: Nocturne in Eb major; Op. 9 No. 2 (arr. Sarasate)

A. Bazzini: La Ronde des lutins, Op. 25.

3. Peter Hodge (Guitar)

Playing various pieces for solo guitar; including an original composition.

4. Peter and Asmira

N. Paginini: 'Placidamente con grazia' from Sonatina No. 2 in F.

5. Sahaja Music

Songs in Sanskrit and Hindi language.

INTERVAL (30 Minutes)

Refreshments and dinner available in the small hall.

Earth Mother exhibition on display.

1. Sahaja Western Choir

Singing music by Parry, J.S. Bach, and two traditional African songs.

2. Sahaja Music

Songs in Hindi, English, Marathi and Punjabi.

Look out for the next Music Of Joy concert which will be held in July/August.