

Australian Sahaja Yoga



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Anyone wanting to have their email address added to the National Newsletter Email list must contact their state leader to be added. With all there details.

Jai Shri Mataji!

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Love is combination of Bhakti devotion) and Gyan (knowledge).

It is through gyan that we get to know the truth. When you do bhakti in the light of the truth you can know what love is .

SHRI MATAJI NIRMALA DEVI
Shivratri puja 87 Bombay

Shri Mataji we your children of Australia thank you for the beginning of this national newsletter and pray to you that may this newsletter serve you in bringing all of your Australian children closer. Bless us that we love, respect, learn, motivate and inspire each other and may this newsletter serve to increase our love and devotion for you and our attention on our spiritual ascent.

Jai Shri Mataji



-State News-

Dear Brothers and Sisters,

Jai Shri Mataji

We held Lakshmi Puja for our new ashram in Canberra yesterday and many Brothers and Sisters came up from Sydney to celebrate this auspicious occasion with us. One of my brothers reminded me how blessed I was to have my husband.

The relationship between my husband and myself is a little different to that of a 'Sahaj marriage'. We have never been on India tour, and we were never married within Sahaja Yoga. This fact makes me feel a little awkward at times until I look back to when I first met my husband and realise even then (10 years ago) Shri Mataji was with me guiding my every step.

I joined the Royal Australian Air Force in 1989 and after my initial training I was posted to RAAF Base Wagga Wagga. This was not the posting I wished for but there was nothing I could do except go and make the best of it. I was in Wagga for about 3 months when one day a Corporal came into the office and asked me to check on his pay, I was new and had no idea what he wanted me to do, so I threw the request in the garbage. (I have to say in my defence it was not an urgent matter). As he walked out of the office a light had awakened in me. Unaware of what this feeling was I said to myself "I don't know what it was but there was something very special about that man."

The following weekend my room mate went abseiling with a group of enthusiasts and then proceeded to invite them down to our room a few days later. One of these enthusiasts was the room mate of this same Corporal, and he invited him down as well. I thought it was him, I couldn't even remember his name. I kept looking at him out of the corner of my eye asking myself "is it the same one?". The feeling was very strong, I knew this man was different. He sat very quietly and when he did speak I was honestly swept of my feet, I was tongue tied, dumb founded, speechless. His voice rocked the very core of my being and it was then I knew we had some sort of a connection.

As the days passed I got to know this man more and more.

He invited me back to his home town, to meet his friends, and I accepted. After this trip I knew I would be spending the rest of my life with this man. 12 months after meeting him we were married.

Two years after we were married I was searching again, I loved my husband very dearly but I felt my life was still not complete. At this stage we were trying to have a baby, I felt maybe this was what I needed. During this period I was guided, once again, to a meditation program which was being held down the road from our house. I decided to go, even though I knew nothing about meditation, I didn't even know its name. This is where I found Shri Mataji Nirmala Devi. At this point my whole life seemed to fall into place. Once I was given realisation the searching stopped. The following evening I was sitting down for meditation and I told my husband he had to try this. He did, and I will never forget his words "I don't know why, Rob, but this is really important." Thus started our lives in Sahaja Yoga.

The next big miracle in our life was the conception of our daughter. This happened the week we found our Divine Mother.

Our daughter waited until Mother was in our hearts. Then we were blessed with a boy 18 months later. I am writing this to encourage other Sahaja Yogis to have a look back on their lives and see how Shri Mataji has always been there with us guiding our every step. For myself understanding this, makes me a little more humble, because I know that the divine has mapped out my life already. To get caught up in the petty things in life is a wasteful way to spend your time, but to look at what we have, and realise the miracles, we are very blessed indeed.

Jai Shri Mataji

Robyn Magers
Canberra
AUSTRALIA



Victorian News February 2000

The seeds of enthusiasm sown during Avinash's visit are beginning to bear fruit in the Garden State of Victoria. The search for new ashrams is looking very good and Rob is waiting on the results of a lease application for a beautiful residence in the Mount Waverley area. Metropolitan advertising in a chain of local suburban newspapers has been arranged and details of the nine new peoples programs will begin from next week.

Rob's clearing night has been an outstanding success - indeed the house has been packed on a Friday night with people remarking that they had not felt such powerful pure vibrations for a long time. It is amazing how strong the vibrations are at the end of the clearing sessions when we have come together in meditation to enjoy the results of the cleansing. To see the collective working so happily and quietly in various gatherings (right side treatments, left side treatments, camphor, ajwain, shoe beating, string burning) for a whole evening is a real joy. We have felt a real sense of Divine industry at work in the knowledge that the vibrations from these sessions will flow over into the society at large.

This coming Saturday marks the first Sahaja Yoga program ever held in Ballarat with the third program for Bendigo following in the afternoon. These country programs have been well received with each program beginning with Bhajans followed by an introductory talk before a video of Shri Mataji is shown. The fact that Bendigo is receiving its third program bodes well for the establishment of Sahaja in that city..

Finally, Melbourne is sending 10 adults & 6 children to India for Shivaratri & Birthday Pujas in March, a substantial increase on previous years. We would also like to thank the other states for sharing their news and ideas with us through this national newsletter.

Jai Shri Mataji Nirmala Devi
The Victorian Collective



Upcoming events

Programmes at Santa Sabina Catholic Girls School , Strathfield.

Sahaja Yoga was invited to take part in this school's 'Pastoral program' about wellbeing and good health. On Wednesday 16th Feb, four Sahaja Yogis gave two simultaneous programs to 80 children and four teachers. Shri Mataji's teachings and her photograph were received with great interest and very good attention. After a 15 minute talk, the children held out their hands and asked Shri Mataji for their Self-Realisation. 75% of them felt their Kundalini at Sahasrara. We all had a meditation and they all seemed to be in a deep state. With just a few minutes left for questions, we gently asked them to open their eyes.....there were no questions! Just two groups of very peaceful new saints. Thank you Shri Mataji!

Over the next few weeks there are 5 more programs to give to different pupils here- this means an estimated 480 girls getting Self -Realisation. We received a phone call an hour or so later from the staff thanking Sahaja Yoga for the "lovely program" and commenting how peaceful some of the children had become particularly some who had been stressed. Jai Shri Mataji!

Ladies from Yuva Shakti are invited to help in these programs.

Please contact Hari Gaikwad, 9747 2820.

Contributions

Can all contributions to the newsletter now be in by Wednesday night at the latest so as to give us time to Get everything together in time.

Please send in anything you think might be of interest to the collective.

Electronic copies preferred.

Burwood Tel: 02 9747 4835

Burwood Fax: 02 9745 4927

email: sahaja@eagles.com.au

[Also Letters to the Editors are most welcome, please share with us any ideas, suggestions, improvements and announcements.](#)

Stirring News form Newcastle

Lisa Barron rang Sydney wanting to share a miraculous turn around, happening in Newcastle. A new group of people has come along much deeper and very sincere who are sticking on. Lisa feels very much Shri Mataji's attention there, and on her own problems. Her father has terminal cancer but she feels Shri Mataji is looking after everything. He had a large hernia, which caused him a lot of pain. After a foot soak and vibrations the hernia reduced considerably in size to the amazement of the doctors and nurses. Anyway, he was still operated upon, but the risks of complications were greatly minimized. Another of Shri Mataji's blessings and miracles. Jai Shri Mataji



Indian Music/Meditation Program on Central Coast.

At 7:30pm on Wednesday February 23rd, a combined presentation by Coastal and Sydney Sahaja Yogis will provide the above event to allow the public to better appreciate Self-Realisation and Shri Mataji.

Central Coast Yogis invite not only Musicians and Singers to come up for an evening of Good Vibrations and friendship but any others who would like a special occasion of giving to new seekers. Somewhat like a “nearby” country tour - we are about 1 hour out of Sydney on the Motorway halfway to Newcastle. Yogis can go directly to the venue at the:

GOSFORD CITY ART CENTRE
36 Webb St, East Gosford.

However if you wish to come earlier and have a snack and freshen up, please come to Peter and Diana’s home at 7 Percy Joseph Ave, Kariong after 5pm.

This is off to the Right after you drive down the exit road towards Gosford. - Take the right hand at the Woy Woy T-intersection (2nd set of traffic lights you encounter), and after 1 km turn right into the Kariong Estate at Langford Drive. Look for McCutcheon St on your LH side after 1 km, keep left at each intersection thereafter to find Percy Joseph Ave.

Phone no is (02) 4340 5436 if lost or
If you care to sleep over and travel back on Thursday please give us a call.
Please come and enjoy this once a year occasion!!!!!!!!!!!!
The Central Coast Collective
JAI SHRI MATAJI!

Bhajans Practice

Tuesday night 7:30pm.
Stainsby’s place: 8 Norfolk Place, Carlingford 7:30pm.
ANYONE going to Shavaratri Puja is invited to attend this practice.

BIRTHDAY ANNOUNCEMENTS!

Many Happy Returns!!

Micheal Nordling

Marilyn Lantzke

Linda Millar

Jenny Watling

Sunil patwardhan

Toby Patterson

Dallas Lynch

Krista Barman

Sarah Labade

George Szkutko

Jacob Nadas

Yuva Shakti News

National Seminar

It is proposed to have a national Yuva Shakti Seminar in may 2000
At Balmoral country property.

Suggestions and ideas are invited to make it a great success.

The purpose of this seminar is to know each other and learn from each other how to go deeper and what we should do to help spread Sahaja yoga.

Please ring Pradeep or Deepak at (02) 97474835



(A) AUSTRALIA TOUR 22 Jan – 9 Feb 2000

With the blessings of Shri Mataji a self funded Australian tour was undertaken between 22 Jan to 9 Feb 2000 . The idea was to actually meet all the Sahaj Yogis in their own environment, understand the problems, suggest ideas to bring whole of Australia to same level of enthusiasm, commitment and depths of dedication to individual and collective ascent.

I wish to thank all the Sahaj Yogis from all the states for making me feel welcome and feeling the joy of togetherness as one family. It has been a big learning process for me to feel Shri Mataji's love and to witness how it can work things out so effortlessly.

(1) TASMANIA TOUR :

It was an eye opener to see a single sahaja yogini dedicated to Sahaja in real live way in Tasmania and create four beautiful Sahaja yogis full of love for Shri Mataji. It would put all of us to shame who don't want to come out of our comfort zones, to see how someone who has never even met Shri Mataji, run programs for three years in a row, give self realisation to hundreds, and run self funded programs, in a vibrationally hostile environment. This is a lesson for all of us.

Catherine, we appreciate your efforts, and promise that all Australian Sahaja yogis will help you put Tasmania on Australias Sahaja map in a real sense.

(1) SOUTH AUSTRALIAN COORDINATORS :

Maria Sandery will coordinate all Sahaj activities in South Australia with the able assistance in administration by Rita Skipper. Adelaide needs a lot of help. Please help them to establish Sahaja yoga there in every way possible.

(B) SHIVRATRI PUJA 2000

Shri Mataji has been very kind and has expressed Her Blessings to all those who are going to Shivratri Puja and has proposed the following itinerary:

3rd March - Arrive in Pune at 10.00 am

Program at Shere in the presence of Shri Mataji at 11.00 am

Lunch at the farm and lake with Shri Mataji

Evening musical theatre concert with Shri Mataji 7.30 pm

4th March – Music program

5th March – Puja

7th March – PUBLIC PROGRAMME IN PUNE

11th March – morning travel to Mumbai

11th March – night PUBLIC PROGRAMME IN MUMBAI

12th March – travel to Jaipur in Rajasthan

13th- 19th March – Holiday and some public programs in and around Rajasthan
as directed by Shri Mataji

20th March – Back in New Delhi for Birthday Puja

We are very fortunate to have so much of attention from Shri Mataji.

Puja Dakshina is 108 pounds payable in Australia (Contact Paul Stainsby) and costs of food and boarding is A\$12 per day plus any incidentals such as travel on top.

JAI SHRI MATAJI

AVINASH