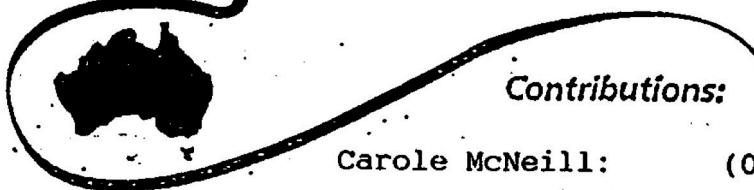


THE AUSTRALIAN STRATIFIED
Sahaja Newsletter



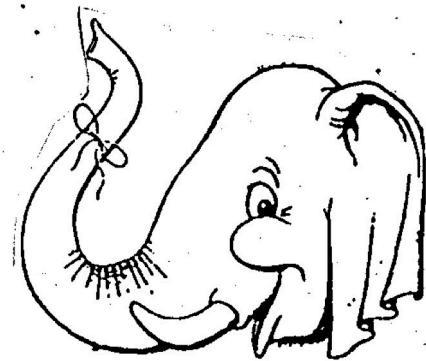
Contributions:

Carole McNeill: (02) 560 6921 Phn. & FAX
Heather Sattarshetty: (02) 560 0029
Burwood Fax. (02) 745 4927

JUNE 1ST '96

WiN

WiN

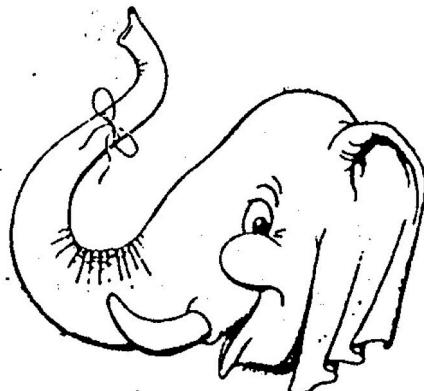


HURRY ! ! !
TIME IS RUNNING OUT

SHRI GANESHA PUJA - CABELLA

RAFFLE TICKETS \$15ea or \$25 for two.

In Sydney, see either Sue Williams or
Carole McNeill at Saturday night programme



WiN

The time for the next bhajan practice will be announced at tonight's programme.



2SER 107.3 FM Radio Sydney

SAHAJA YOGA MEDITATION PROGRAM

Sundays 11am

The radio program has been evolving and a new level of promoting Sahaja Yoga is opening out before our very eyes! The yogis have been busy with a national promotion of the program, the goal being Australia-wide broadcasting via the Community Radio Satellite known as ComRadSat (as one child coined it, "the Comrad Sat-Chit-Ananda satellite"). This has generated a lot of interest and we have received a very positive response from various radio stations around Australia, many of them well respected in the industry.

For instance, there are one or two very excited and supportive radio people out there (non-yogis for the moment) who are biting at the bit to get us into their program schedule and who have offered valuable advice and enthusiasm for our program! We have had calls from two stations whom we didn't even contact but who were told about us by other radio people! Also, yesterday a north coast newspaper man rang for information for an article which will promote Sahaja Yoga and the radio program! Of concern, however, are two other meditation groups who have recently surfaced at 2SER - hot on our heels should we decide to give up our radio spot!

There are about half a dozen stations currently airing the program, including one or two Aboriginal stations. Although the majority of stations presently have their regular schedules fully booked (at least for the next couple of months) they have shown definite interest in possibly including the Sahaja program in their next session of programming, so we need a lot of attention and bandhans (and any other support you can think of) from the yogis and yoginis if this is going to bear fruit. In the meantime, some stations have welcomed sample tapes which they will air on a back-up basis if and when required. It has been a very good start to something great!

The 2SER studio is an extremely enjoyable and vibrationally charged place every week - the 2SER powers-that-be like us very much - and everyone who has taken part in the program agrees that there is great potential and that we should definitely continue with the program. Of course, cost is becoming prohibitive (*see fundraising info herewith*) but now that we have some experience and there are a few more yogis coming in to help, by Shri Mataji's grace it is simply a matter of time before Sahaja Yoga vibrations are being carried all across the Australian ether! We have heard that, so far, between 3000 and 7000 listeners tune in each week!

In case you aren't aware, the cost of producing and broadcasting the program amounts to over \$200 per week (studio fee, satellite fee, tapes and duplicating costs) and since October 1995 a dedicated handful of yogis have been generously covering the entire bill. It has now been shown that this program has succeeded in reaching thousands of seekers at one time on a regular basis and has brought new people to local programs; clearly the recent interest shown by stations across Australia means that this media is an excellent tool for spreading the message of Shri Mataji and making known the Sahaja vantage point in this era of change. We have been feeling the shift in our focus for reaching seekers and it seems to be taking a more professional, media-oriented path which is actually what She recently told us would be happening!

Jai Jai Shri Mataji!

• From Mark W, John T, John B, Greg T, Ramesh M,
Heather S, Liallyn F, Greta M and Kaye M

Come one, come all to a Fundraiser:

Fun and Games Night

Friday, 14 June at 7.30pm

Plumes Café

**1st Floor, 842 Pacific Highway
Gordon NSW (near cnr McIntyre St)**

Cost: \$15 per person

**Team Sahaja Trivial Pursuit - Charades - Hearty Fare -
Good Company - Loads of Laughs - Prizes Prizes Prizes**

Advance bookings requested

To help cover the costs associated with the weekly Sahaja Yoga radio program, we would like to invite you to a Fun and Games Night to be held Friday, 14 June at Joe and Ione's café. The radio team will be providing the excellent service you have come to expect from Plumes, and the cappuccino will be flowing all night!

Tickets purchased ahead of time will be eligible for a door prize and it will be a lucky yogi who finds the special prize hidden somewhere on the premises!

Please support the radio program!

For advance tickets or information, contact:

Heather Sattarshetty 560-0029 or Liallyn Fitzpatrick 747-4795.

Kundalini Puja Next Weekend

We have just received news that Kundalini Puja will be held next weekend (8/9/10 June). This will be a long weekend in Sydney, with several days available to us for holding the puja. The precise details will be decided and announced at this evening's meeting.

If you can think of anyone who may not be aware of this recent development, can you please let them know.

PUJA ROSTER:

Set up

Hornsby
Mt Colah
Mt Kuringai

Cooking

Haberfield
Beresford Street

Wash up

Hurstville
Eastern Suburbs

Dismantle

Northmead
Ryde
Glenston

BADGES, BADGES.

There have been a new batch of the Shivratri Puja badges made. If you missed out receiving at the time of the Puja, please collect one from Mathew Cooper. If you DID get one and would like another for a gift etc. they cost \$5 each. See Mathew Cooper (Coogee)

WARRINGAH HEALTH & LEISURE SHOW was a great success. Jai Shri Mataji! Thank you to all the yogis who came and helped. The Sahaja Yoga stall was a pool of peace and calm amidst the rush of the "New Age". The vibrations were beautiful, 80 or more people received realization, and many more found out about Sahaja Yoga and the up coming Manly programmes.

THE MANLY PROGRAMMES start this Monday 3rd June 7.30pm., at the (new) Library, 1 The Market Place (off Whistler St.) Manly.

It would be great if the first programme has a strong collective group of yogis. Anyone interested in helping now or long term, please contact Ruth Cross Phn. 9982 9778.

BABY NEWS (SYDNEY)

Congratulations to Lene & Guy Jeffery on the birth of their daughter born Saturday May 25th (10.27PM). 3.38kg. All very well.



THANK YOU.

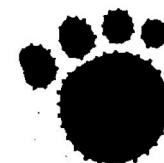
Robert Hucheons wants to send a BIG THANK YOU on behalf of baby James to everyone who sent love, gifts & blessings.



GOULBURN

A havan will be held in Goulburn on Saturday June 15th at 10:30AM.

Anyone interested in attending please call Rajiv or Mamta Dara on 048 212025.



BRING CONTAINERS.

For next puja, any yogis wishing to take a puja meal home, could you kindly bring a container, thank you.

I would like to share a wonderful story with you all of a project with vibrated seeds. On the occasion of Shri Mataji's birthday celebration in Delhi this year, an idea came into my head to ask Her whether we could make a donation of vibrated seeds to Bosnia to help clear the vibrations and sow into this devastated land some peace and some Divine love. Her answer was "buy mainly wheat, this will be a very good present for them - may God bless you". As soon as we arrived back in Austria we started a collection so we could go ahead with our project. We collected altogether AS107,500 (including donations from Germany and France) and with this bought around 7-8 tons of various seeds, mainly wheat. We were not sure how we were going to get the seeds vibrated as, at this time, Our Mother was still in India. We found out just the week before we had to travel down to Bosnia that Shri Mataji was returning to Cabella. Only one week later and the whole project would have had to be postponed until autumn as it would have been then too late to sow the seeds.

We travelled down to Cabella with a small portion of each type of seeds which we were to donate. Shri Mataji spent at least two hours talking about Moslems and how in general they are the cause of most of the wars that are going on in the world at the moment. Being an ex-Moslem myself I really did not know what I could say in this conversation except that - "Shri Mataji, I know that our country is a horrible country and that Moslems are terribly fanatical and aggressive, but there are some nice ones in Sahaja Yoga who would really like to help prepare a Puja - it would help our country tremendously". With that, She laughed and blessed Iran, along with Australia and the Far East to prepare Shri Ganesha Puja - as Shri Mataji said "they should help to prepare the first chakra - the Mooladhara - Shri Ganesha Puja". Naturally I was overjoyed with this news.

Then Shri Mataji proceeded to vibrate the seeds and worked on them intently and asked me to identify each type of seed in detail. After 2 hours Shri Mataji said "Alright, it is alright - you have my full attention and full blessings, you can go".

There was then quite a lot of paper work to be carried out. All went quite smoothly until on Wednesday afternoon, two days before we planned to travel, we had a phone call from Mostar saying that they did not need seeds at all. Somewhat taken aback, but also going on Our Mother's words, I decided that it was just another of those obstacles trying to stop vibrations reach a desperate country. As we had already ordered and received most of the seeds it was anyway too difficult to change.

Friday night we went to our seed source (Eiter Seeds owned by an Austrian Sahaja Yogi and her husband) to mix the vibrated seeds with the bulk of the seeds. At 8 a.m. the semi-trailer arrived - with our driver (a drunkard, chain-smoker, and caffeine addict, but somehow he had a heart and was a very simple person who never complained at all). After furnishing the truck with a wonderful sign "Sahaja Yoga - "Liebe kennt keine Grenzen" - "Love knows no borders", we departed at 11 a.m. on Saturday morning - 27 April.

Our first waiting period was in Spielfeld at the Austrian border into Slovenia. Because of a holiday in Slovenia we couldn't pass until 10 p.m. As the driver had spent 7 hours in the bar (and most certainly couldn't walk a straight line), I tactfully suggested that we only cross over into Slovenia, and drive further to Zagreb, the Croatian capital, the next day. He agreed, so we did not get very far that first day.

The second day brought another delay, this time at the Croatian border with Bosnia. We waited 18 hours until Monday afternoon. It turned out that because of a Moslem holiday no-one was working. At this time I did not know which Moslem holiday. I spoke to one official there and told him that we were bringing a present to Bosnia and that I feel that they should at least show their gratitude and get someone to come for half an hour to let us through. In the end the official agreed and a lady came especially for us. She was a Moslem and was complaining that it was her "Gorban Holiday". I answered her, "I am also a Moslem, it is my holiday celebration also and especially on this day (when all the Moslems in Mecca give a gift to God) she should consider my gift". She laughed and agreed and stamped the papers immediately. She was very joyful about this and also very grateful with the few sweets I gave to her for her children.

On arriving in Bihać I could see that a lot of people hovered around the truck and wanted to take the seeds, but to my mind I was really not sure to whom they would go, and whether or not the people would sell the seeds. I definitely did not want these vibrated seeds to be sold and wanted to be really certain of this.

Shri Mataji once said, "If you find yourself in a position where confusion arises, then just go into the Sahasrara and meditate for a while and the answer will come to you". So I sat and meditated. A man came up shortly afterwards and said "Hey, why are you sleeping". Thank goodness, he spoke German. I explained to him that I did not want these seeds to be sold and did not feel good about just giving them to anyone. In addition the seeds had been sprayed with a fungicide which would be dangerous to them if they decided to grind the seeds instead of plant them. He agreed with me and told me that not far away there was a UN World Food Organization office. He offered to come with us and show us the way.

On arrival, I was introduced to the Manager who was from Bosnia and also a Moslem. He looked at me and clasped his hands together and said "You must be sent from God! Yesterday we had to send all our farmers away because we have no use of seeds and we really did not know where on earth we could get more. You really must be sent from God". I said "That is true, I am sent from God". He was such an honest man, and promised in the name of Allah, Mohammed and also in front of the photo of Shri Mataji that he would not sell these seeds and would distribute them to the needy farmers.

I also asked him to promise to give every farmer that collected the seeds a photo of Shri Mataji and tell them that She is the one that donated these seeds. The best way that I could think of so that the people would keep the photo and also respect it. If someone has donated practically their life to them then they will not throw the photo away. He agreed to do this and was extremely happy. He was the first Bosnian that received his realization, although it was difficult to make him understand about self-realization because of the language barrier, but he was a very open hearted man.

Thank you to all those who helped financially and vibrationally on this project to make it flow so well. And thank you Holy Mother for allowing me to do this work for You. I hope that the Slovenian or Austrian yogis can soon go down and establish a small group down in Bihać, as now, before materialism and fundamentalism settle in, would be the time to bring Sahaja Yoga into this country.

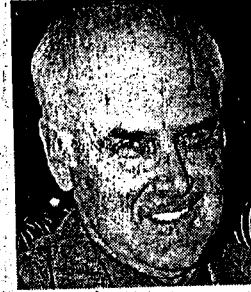
Love to all
Hamid

THE MEDICAL CENTER PROGRAMME.

Programmes will begin at the Blacktown Medical Centre 3rd Floor, 7pm-9pm on Wed 12th June.

Ramesh welcomes any ideas on subjects eg. Migraine; Drug Dependency etc. He also needs people to help once a week possibly twice if it takes off. All helpers to contact Ramesh, check with John Dobbie as to Ramesh's new phone number.

'Inspector' cops a real-life drama



Actor John Clayton

MOST of us know him as Police Rescue's Inspector Bill Adams, but yesterday actor John Clayton told how he slipped into character to arrest a robber armed with a syringe.

Clayton, who plays the tough but fair cop in the award-winning ABC series, said instinct took over when he was attacked on a train pulling into Werriington station about 8pm on Tuesday.

The 56-year-old said he was on his way to see a student play at The University of Western Sydney's Nepean cam-

pus when he was approached by a long-haired man in his 20s. "He stuck his face in mine and said: 'This is an AIDS-infected nee-

dle. Give me your wallet,'" Clayton said.

"I don't like people standing over me, pushing other people around, so I just went for this bloke."

Clayton said he thought about his safety for a moment before his instincts took over.

"We wrestled all over the place and three other blokes came in and we effected a citizens' arrest."

A man has been charged with attempted armed robbery and attempting to inflict grievous bodily disease.

YOGI "LOCAL HERO"

Our newsletter, "The Australian Sahaja Newsletter", is now well into its 6th year of production. From most humble beginnings of one sheet hastily written, (sometimes by hand), before a programme, and maybe 12 copies handed out, we have grown far beyond what we could have imagined at that time. Over the years it has become popular locally, State-wide, Australia-wide and now, too, our brothers and sisters overseas also enjoy it.

We post copies to:-

Argentina	Portugal
Austria	Macedonia
Brazil	Malaysia
Bulgaria	New Caledonia
Canada	New Zealand
China	Russia
France	Spain
Hawaii	South Africa
Hong Kong	Switzerland
India	Taiwan
Indonesia	Thailand
Italy	U.K.
Japan	U.S.A.
	Philippines

We always send our newsletters to our overseas brothers and sisters completely free, a loving gift from us to them. We do the same for many of our interstate collectives as well. The amazing amount of 101 newsletters are set aside each week for posting, which is all paid for by "collective" funds. Because we now have such a large distribution, we would like to give the Australian collective the opportunity to support the Newsletter financially, so we no longer need to take from these "collective" funds. If you would like to contribute in some way, please contact the Newsletter.

FAX MESSAGE

Date 23 February, 1996

Dear Sahaja Yogis

Because Chris Patmore has transferred to London all requests for invitations to Pujas in Cabella should be made directly to Cabella on fax number +39 143 99384. If there is any problem with the fax there can be sent to the Ashram in Como on +39 31 261403. Please do not send any more faxes to the previous Milan number (+39 2 551 6318). We look forward to seeing you all in Cabella this year.

Jai Sri Mataji

CENTRO SAHAJA YOGA - PALERMO (ITALY)

We are a group of Sahaja Yogis living in Sicily, who have been carrying out the publication of a sort of newsletter since 1993. At the beginning of the year we decided to renew it in its contents and graphic image and at the Second National Seminar held in Tarquinia in February we finally presented our "Petali di Loto" as the Italian newsletter, in which the whole collectivity expressed great interest.

Our main purpose is to create a connection between the Italian centres through an exchange of news regarding what's happening in our country and abroad, Shri Mataji's programmes, Her visits, Pujas, extraordinary happenings, the scientific research within Sahaja Yoga, initiatives in the artistic and social field and personal experiences, etc.

In order to achieve this aim we need a sort of staff or a network of correspondents from all the centres in all parts of the world. We would therefore like you to support our proposal and contribute with all the information and articles (including local news, recipos, etc.), in English of course, that you think are most suitable to underline the growth and commitment of Sahaja Yoga in the world.

In our February issue we published the news about your research programme on Sahaja Yoga that you are going to start through the University of New South Wales and the Liverpool Hospital of Sidney, so we would be grateful to know more about your project, relative activities and achievements up to now.

Please send all information and articles to:

Guido Caruso
Piazza Gen. Cascino n. 86
90142 Palermo (Italy)

Fax 091/6373997

Anyone who wants to support the circulation of our newsletter can encourage the Italian-speaking Sahaja Yogis of his/her centre to make an individual subscription. The subscription rate is U.S. \$20, for eleven issues per year. Make money orders payable to:

Alessandro Scarnò
Via Littore Ragusa, 30
90144 Palermo (Italy)

Thanking you in anticipation, regards from the Sicilian Collectivity. Jay Shri Mataji.