

In the January 20th issue of the Newsletter, the wrong address was given as to where to post the \$250 contribution to cover the costs of Shri Mataji's 1996 Australian

Sunday Practice for all children wishing to be involved in the concert for Shri Mataji on Saturday night (2.3.96). Time to be advised by John Smiley. Venue: Burnwood.

Monday night 7.30 → Beresford St., Homebush.
Wednesday night 7.30 → Gordon Ashram.
Friday night 7.30 → Bundilla Scout Camp.

Pre & Post Puja Accommodation.
Anybody requiring accomodation and/or picking up from the airport prior to and after the puja weekends, and has not made any arrangements with state leaders or individual ashrams within Sydney, can call Marcus Rome on (02) 498 3751 - he will make arrangements for your stay.

I am writing to confirm the following booking on Channel TEN-10 Sydney for Sahaja Yoga (Life Eternal Trust).

<u>WEEK COMMENCING 23TH FEBRUARY 1996</u>			
Friday	2 x 30	Early Morning	6.00am - 7.00am
Friday	2 x 30	Cartoons	7.00am - 8.30am
Friday	1 x 30	Good Morning Australia	9.00am - 11.30am
Friday	3 x 30	Overnight	12.00am - 6.00am
Saturday	1 x 30	Cartoons	7.00am - 8.30am
Saturday	1 x 30	Movie	2.00pm - 4.00pm
Saturday	3 x 30	Overnight	12.00am - 6.00am

<u>WEEK COMMENCING 3RD MARCH 1996</u>				
Sunday	3 x 30	Overnight	12.00am -	6.00am
Monday	1 x 30	Early Morning	6.00am -	7.00am
Monday	1 x 30	Cartoons	7.00am -	8.30am
Monday	1 x 30	Good Morning Australia	9.00am -	11.30am

If you do not live in an ashram and
would like to join in, please contact
the relevant ashram.

If there are any problems or you
cannot cover the allocated station,
please call Sarah Davis on 498-4051.

Happy leaf letting!

The Steel Marathi

Burwood	Burwood
Reich Rd	Reich Rd
Beresford Rd	Beresford Rd
Hemebush	Hemebush
Strathfield	Strathfield
Martin Pl	Martin Pl
Hurstville	Hurstville
Rockdale	Rockdale
Wyn Sydney	Wyn Sydney
Wyn Sydney	Wyn Sydney
East Lindfield	East Lindfield
Gordon	Gordon
Lindfield	Lindfield
Northmead	Northmead
Coogee	Coogee
Woolahra	Woolahra
Bondi Jct	Bondi Jct
Town Hall	Town Hall
Central	Central
Newtown	Newtown

Train Station Leafletting
Leaflets should be distributed this week on Wednesday, Thursday, Friday and Monday either in the morning, evening of both.
Below is a list of persons responsible for leafletting at each station: -

THE AUSTRALIAN STRATHFIELD Sahaja Newsletter



Contributions:

Carole McNeill: (02) 560 6921 Phn. & FAX
Heather Sattarshetty: (02) 560 0029
Burwood Fax. (02) 745 4927

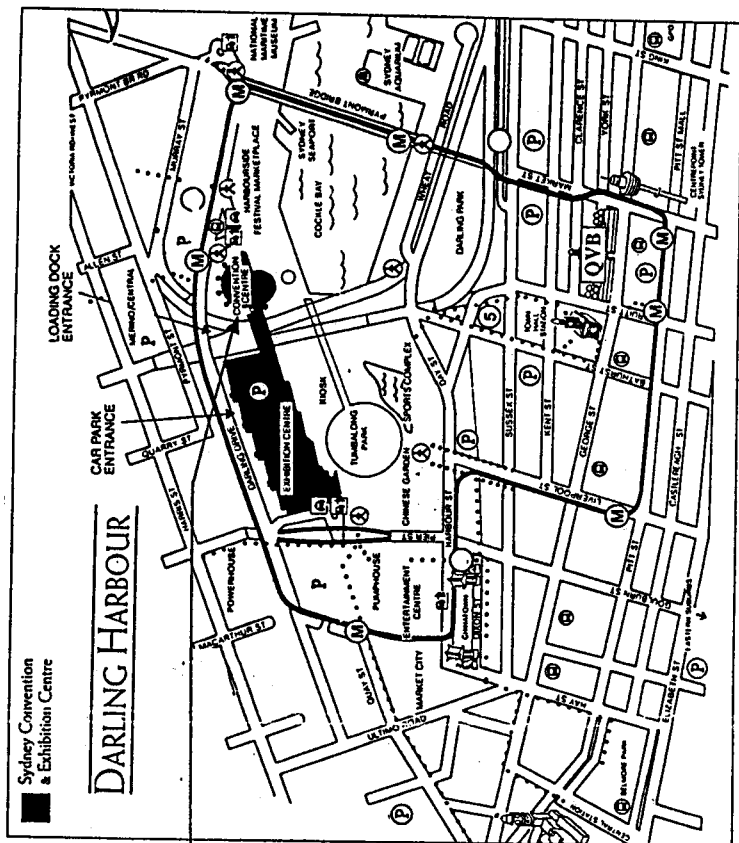
February 24th 1996



How to keep Mother pleased

“So how to please Mother?” I am also a very simple person, so I want a simple hearted person. So this Heart Chakra is to be first looked after, that with your heart desire you will keep your Mother pleased. First of all your heart must be clear. If the heart is not clear, then everything has no meaning, because it is a dark heart which is doing all these things. The heart has to be clear, absolutely surrendered and must try to put Me before everything else. The Lakshmi tattva has to become Mahalakshmi tattva. That is for your ascent. And just to get into that Mahalakshmi tattva, what you have to do is to use all your material things and your material being in such a way that you please Me. You have to keep your Mother pleased by pleasing other Sahaja Yogis, and not other people.

What 'Guru Dakshina' (Gift to the Guru) have you given me? Understand that your money is not worth the dust on the feet of your Mother-Guru. You should give your hearts; only clean and holy hearts. You must clean your physical beings. You must get up early in the morning and spend at least one hour on meditation and worshipping. Perform 'Arati' and meditation in the evening.



Pedestrian Access
 Monorail Station/Route
 Vehicular Drop-Off
 Parking
 STA Ferry Stop
 STA Bus Stop (until 3.00 PM ONLY)
 Taxi

Directions to Darling Harbour Convention Centre for Shri Mataji's 1996 Public Programme Darling Harbour Convention Centre Monday 4th March, 7.30pm

By Car.
 From West, North or South - enter through Darling Drive, which runs behind the Convention and Exhibition Centre. The car park ('Convention & Exhibition Car Park') entry is in this road.

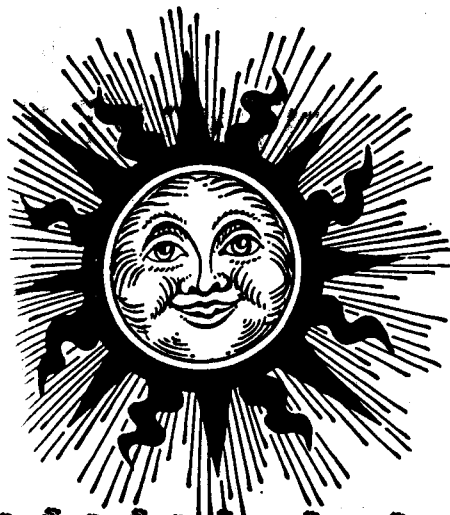
Parking in the Convention & Exhibition Car Park.
 Parking will be a \$12 flat rate. To get the flat rate you will need to show proof of attendance to the function (e.g. handbill or handout) when you come to pay on exiting from the car park.

Walking.
 Walk over Pymont Bridge (Cockle Bay) and follow signs to 'Convention Centre'.

Monorail.
 Monorail stops at 'Convention' station. The previous stop is 'Harbourside'. Follow signs to 'Convention Centre' (2 minute walk across footbridge).

Taxi.
 There is a taxi stand outside the Convention Centre.

The 'Convention Centre' is the big round concrete building near the Harbourside shops (near Jordan's Seafood Restaurant). Please note it is not the long building (which is the Exhibition Centre).



23-2-96

DIVINE COOL BREEZE

ATTENTION ALL YOGIS AND
 YOGINIS

As you are now probably aware, DCB are preparing articles for a feature concerning countries and their respective places in the Virata. Would all yogis and yoginis who are familiar with what Shri Mataji has said about Australia - any part of it (including New Zealand) and its relationship in the Virata kindly provide the information and time (date they heard it? hearsay would be acceptable if a source can be named and somehow verified by other Aussies. Any information concerning

2. historical facts; be they ancient or modern, and also experiences which emphasize the Mooladhara within the Virata as far as Australia is concerned is also what DCB are looking for. (For example, the fact that Australia was once physically connected to India; that the quality of vibrations and awareness in Australia are quite clear-cut and black-and-white, not unlike the qualities of the Mooladhara chakra, etc., and the associated details to illustrate that fact or experience included)

Of anyone who knows of any item which could be included in Australia's contribution to this feature could send the details to:

3.

ALL THOSE LIVING
 IN QUEENSLAND
 AND N.T.

JUDY HAMILTON
 229 WYNNUM NORTH
 ROAD
 WYNNUM NORTH
 QLD 4178

ALL THOSE IN NSW,
 VIC, SA + WA

LIALLYN FITZPATRICK
 2 GLADSTONE ST
 CONCORD
 NSW 2137

OR ANYONE VIA
 EMAIL:

bfitzpat@ncagplaz.telecom.com.au

** WE WILL ALSO HAVE A SHORT MEETING AT THE BUNDIA CAMP DURING SHRI MATAJI'S VISIT TO COLLECT ANY OTHER RELATED INFORMATION WHICH MIGHT ROUND OUT THE FEATURE ON AUSTRALIA.

Thanks to everyone for their help getting this together for DCB.
 Judy + Liallyn

NEWS FROM INAUGURATION WASHI HOSPITAL.

From: Amjad & Ramesh

Washi ashram has been transformed by the close attention of Yuva Shakti(unreadable).. impressive institution. Several million rupees have been spent converting rooms into private and general wards. Private rooms are available for those able to pay their expenses, while two general wards exist for those who will stay free of charge. There are three doctors' residential rooms (Prof. Rai in one). A receptionist, 24-hour watchman, live-in cook etc, etc. Life here for a Sahaja Yogi would be very close to heavenly. The plan is to admit chronic medical problems for long term Sahaj treatments only and then document their progress. It presents a fantastic opportunity for any yogi (medical or not) to live in a vibrating environment, learn Sahaj techniques, progress in their own depth and contribute in a very real way to the progress of Sahaja Yoga.

The night of the inauguration, with Shri Mataji's arrival that afternoon, was very powerful and clearing vibrations (shifting a lot of doctor's chairs) it was attended by Sahaja yogis, V.I.P.s and doctors too. Amjad and myself were very blessed as the only Western doctors - we garlanded Shri Mataji in the inauguration. Later we presented a large amount of flowers from Australia as felicitations and thanks. We intended only to present these flowers and then take our leave from Her room. However, Shri Mataji then spoke extensively to us on several topics.

- (1) The positive aspects of a secular state (in contrast to states whose laws vary from religion to religion)
- (2) The oppression of women and violent nature of Islamic culture (She is very, very concerned about this)
- (3) Political corruption in India. (Amjad then "dobbled in" Keating and his mates!) To which She replied we ought to start our own political party in Australia.
- (4) After hearing about political and corporate corruption in Australia She said Indian corruption might not be so bad after all.
- (5) Australia & Australians were again complimented for the relative moderation it pursued compared to other cultures.
- (6) Shri Mataji said that the social & political infrastructures of modern society as we know it would be completely removed in the New Age, but that we would do this by our entry into these structures and bringing about their cessation. She said that She would create a conducive atmosphere for this, but that it is up to us to expedite it.

(7) Approved the continuous production of "Metascience", She liked it.

(8) Many other things which we might remember later. Vibrations of that conversation (1-2hrs) were very deep and cleansing.

Medical conferences are planned in many places now. Collectives are beginning to recognise that this mode of presenting S.Y. is very credible and effective in overcoming scepticism.

Might have some more stuff to tell later, Shri Mataji was very happy to receive the flowers, the bouquet was so humungous that She described it as a "ship"

JAI SHRI MATAJI!