

THE AUSTRALIAN

STAFF FIELD

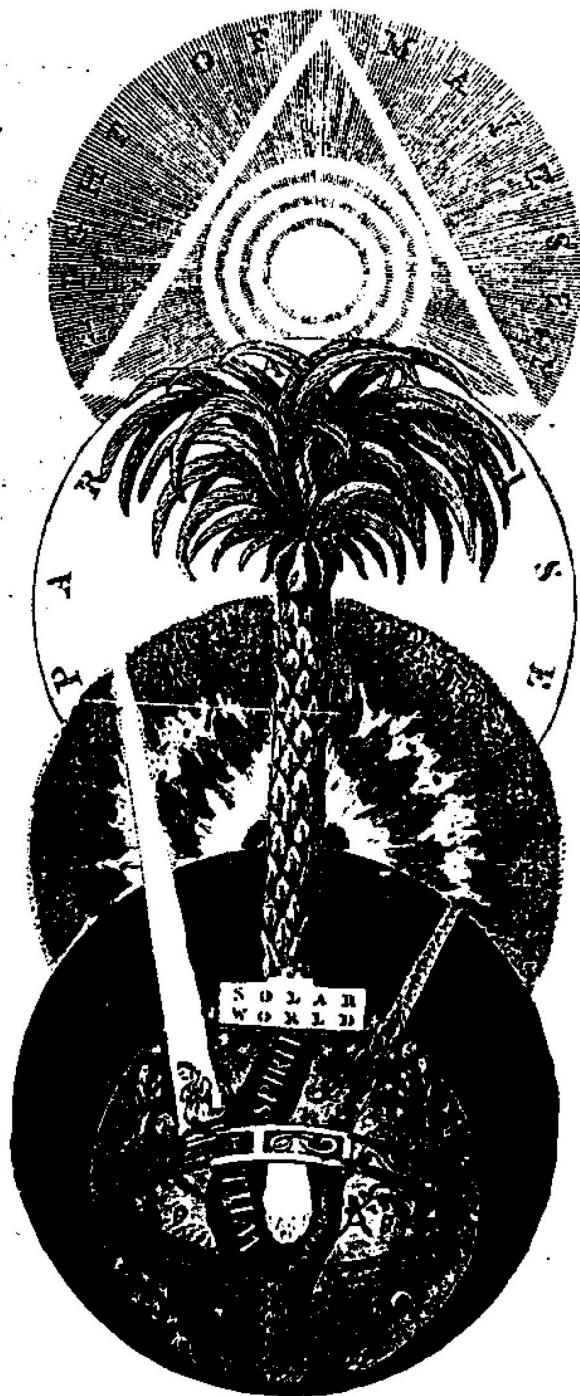
Sahaja Newsletter

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JULY 29th '94

The TREE of the SOUL.



[1] The Tree as a symbol of the psyche. The psychologist C. G. Jung described the dream-image of the tree as a symbol of the 'self' depicted as a process of individuation. Jung's findings are prefigured in this diagram by the eighteenth-century English mystic William Law. A beam of light from the world of consciousness pierces the 'dark world' of the unconscious in which the tree of man's spiritual and psychological development is rooted. Passing through the 'fire world' of suffering and experience, it opens out in the light of greater consciousness towards the light of God. (The Tree of the Soul, figure by William Law from *The Works of Jacob Behmen* [Boehme], London, 1764-81.)

2.



SYDNEY NEWS

DOONSIDE VILLAGE FESTIVAL Hill End Road

Saturday 30th July

Sahaj Yoga Music Performance at 10.30 - 11.00 am

Please come along to open up a new area!!! Everyone welcome.



In Australia, very good things are happening everywhere. The government is really encouraging all sorts of public gatherings like festivals and fairs in order to help communities mix and create a real multi-cultural society.

This is a great way to promote Sahaja Yoga and Sri Mother's work. It is a good idea for all S.Y.'s to find out about fairs and festivals in their own (and unknown) areas.

Just put up a stall - exhibition or any other new ideas to make an opportunity to give Realisation to people. The festival season has already started. It doesn't take much to make it work - just your pure desire. Please everyone, make up a stall in your neck of the woods. We must share the enjoyment of Sri Mataji's blessings.

For information, 'know-how' and encouragement, contact Hari.
Love - Hari



HAVAN AT CROYDON

7.30 Saturday night (30th July)

Will be followed by chai and cakes! Everyone welcome as usual.



BABY NEWS

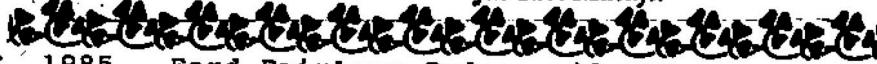
Dawn & Rodney had a little girl - 8lb 10oz

Birthday

We are very happy to announce the birth of a baby daughter,
Jasmin,
to Elizabeth and Michael Henshaw.



Jai Shri Mataji!



FOR SALE 1985 Ford Fairlane Sedan - \$8,500
Ring Fred Meyer on (02) 477 2282



3.

INDIA SCHOOL

Stickers! Stickers! Stickers!

Most people who write to children in India are aware of the "need" to include stickers with their letters! Apart from their uses as decorations for letters, cards, school books etc, they are favoured as Rakhi gifts.

Where to get high quality, reasonably priced stickers??

LOOK NO FURTHER

Available from 9th August from Rob Richardson, are packs of high quality, imported stickers. These \$20 packs (including postage) are in sets suitable for (a) mainly girls (b) mainly boys (c) a mixture.

MONEY BACK GUARANTEE

Sets dispatched on receipt of money and order (include set types (a), (b) or (c)).

SEND TO: Rob Richardson

195 Burwood road
Croydon Park NSW 2133

ALL PROFITS TO INDIA SCHOOL OFFICE EQUIPMENT FUND



INDIA SCHOOL OFFICE EQUIPMENT - UPDATE

The equipment has been ordered and shortly will be installed!

This modernisation includes computer software, printer, fax, continuous power supply, maintenance and support facilities. Total cost....206,500 Rupees.

The school has set aside 50,000 rupees from its budget and this leaves a shortfall of 156,500 Rupees.

Thanks to all those generous people who have donated in excess of 80,000 Rupees so far. A further \$3,300 Australian would see the whole project completed. Anyone wanting further information can contact me (Rob Richardson) on (02) 745 2996.

All who are considering donating, can be assured a happy welcome of their cheques - made out to 'Sahaja Yoga Education Fund' when sent: c/- Rob Richardson

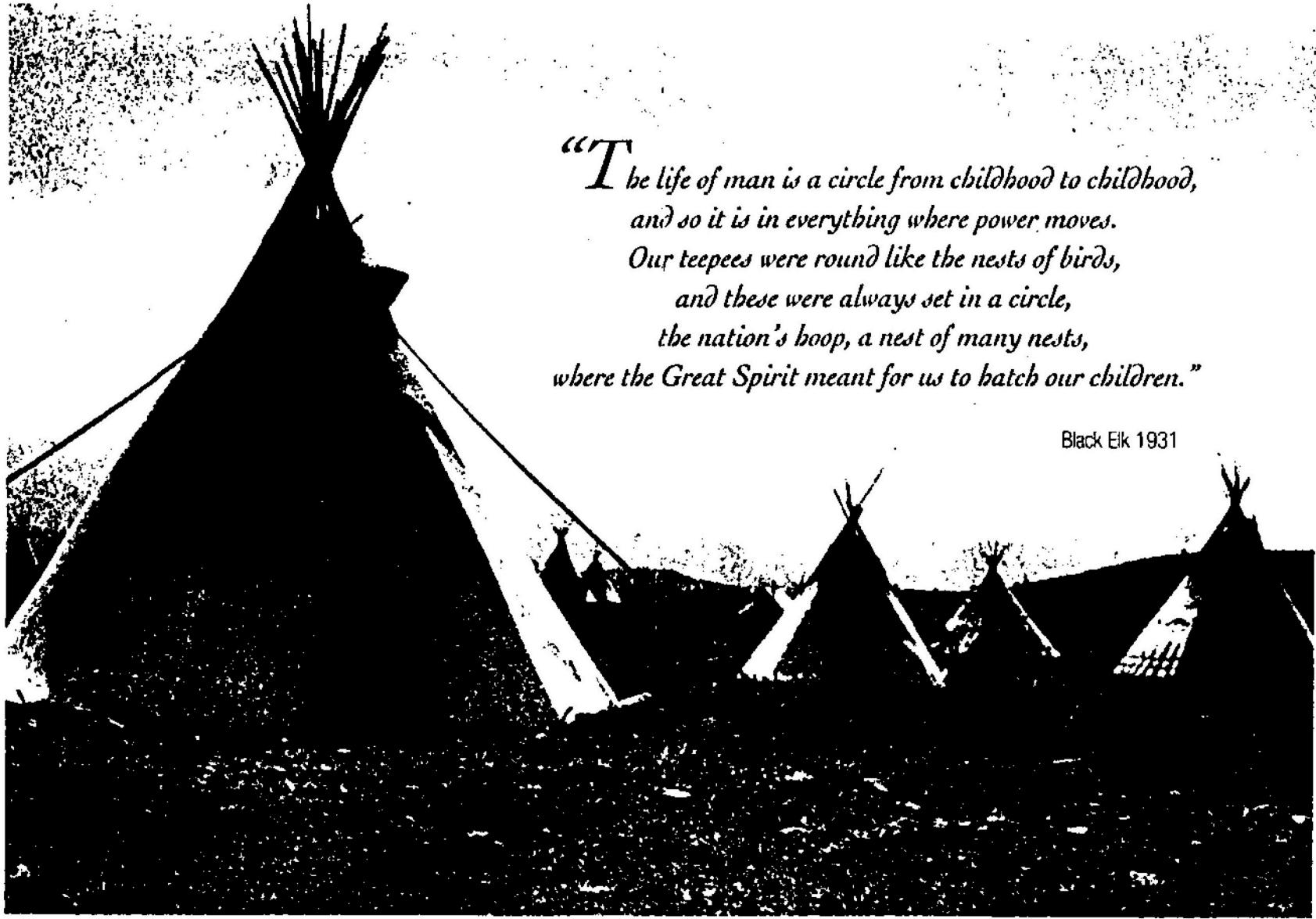
195 Burwood Road, Croydon Park NSW 2133

SAHAJA YOGA ON CABLE TV

Since September 93 Sahaja Yoga programs have been broadcast twice a week to 300 homes in the Centennial Park area, as part of Telecom's Cable TV trial.

As well as broadcasting commercial programs they are obliged to have a Community Channel, which is the one that shows the Sahaja Yoga material.

Starting in August the trial will be extended through the Eastern Suburbs to include Randwick, Bondi, Dover Heights etc, Crows Nest, and the Manly area.



*“The life of man is a circle from childhood to childhood,
and so it is in everything where power moves.
Our teepees were round like the nests of birds,
and these were always set in a circle,
the nation’s hoop, a nest of many nests,
where the Great Spirit meant for us to hatch our children.”*

Black Elk 1931

Guru Puja - 1994

Four of us drive down to Cabella to attend what is reportedly going to be a very significant Guru Puja on the 24th July.

* * * *

As the Friday moves on after our arrival, the square starts to fill up with cars and people. The castle, of course, remains the focus of the gathering during the weekend, and as the people arrive in more and more numbers, the pilgrimage up the very very steep roads to the castle and its surrounds (which is where two of the sleeping pendals are located) increases steadily. What strikes the visitor is the contrast between the constant activity which is going on (and at its peak this weekend there were probably some 2000 Yogis from around the world here) and the overriding air of calm that pervades the whole village. The merchants themselves become more shiny faced as the weekend rolls on, and some of them even make the effort to come to the music program on the Friday and or Saturday.

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The weekend seems a haphazard affair ("where's registration...?" "Oh, over there somewhere...") and information about the itinerary seems to arrives so gently as to be unnoticeable...somewhere as if on the wings of the collective consciousness, you know that the evening music program will begin ... "around about 8 or 9 o'clock..." and you adjust your rhythm accordingly. Somehow, no matter where you are, or where bound, you become aware that dinner is being served up at the pendal. There are no signs, no meetings, no orders...just calm. We enter Cabella, and we enter a timeless bubble, wherein all of our needs are catered for, all we have to do is relax and let the flow take us to our Spirit.

* * * *

The Friday evening program is Baba Mama with the by now legendary Nirmal Sangheet Sareeta. Bhajans at their finest. Clap, clap for all your worth...you must contribute to the vibrations, you must release this joy from inside yourself. The end of the program comes with astonishing rapidity and yet it is nearly 4 o'clock in the morning. Shri Mataji talks to us at the end, explaining that Jupiter represents the void, and that the impacts by the Shoemaker-Levy comet represent a sort of cosmic conflict which is very significant for SY and for the world. Dharma will triumph against adharma. Later the next day I learn from an Austrian Yogi that Shri Mataji had earlier repeated this assertion, that the impacts symbolised the conversion of negativity into positive force in the universe.

* * * *

The unconscious stir. The Saturday evening program will be around 7.00pm and will include Nishat Khan on Sitar. Mmmmm! Adjust rhythm accordingly. Maybe some sleep to prepare, for it could be a late night again. The village is just about full now. The evening program sees the new larger pendal almost packed to capacity. The Indians are host and so we are treated to some delightful dance, music and a moving play on Shri Shivaji and Shri Ram Das as a prelude to the main entertainment of the evening. We have become a little blasé about how international SY is, but watching a beautiful little dance by three Iranian Yoginis brings home how lucky we are, and just how wide our reach is becoming.

Nishat Khan is in inspired form playing in front of Shri Mataji, and manages to continue playing for a solid four hours. Shri Mataji takes pity on him at the end of the performance and brings him down off stage to examine and treat his poor fingers. Lucky Nishat. After Shri Mataji leaves we retrace our tracks up to the roof of the world, this time at nearly five in the morning. Sleep, who needs it?

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Puja day dawns. Always a special kind of day for me. As little talk as possible, just a serene sense of ceremony guiding me through the preparations of the day.

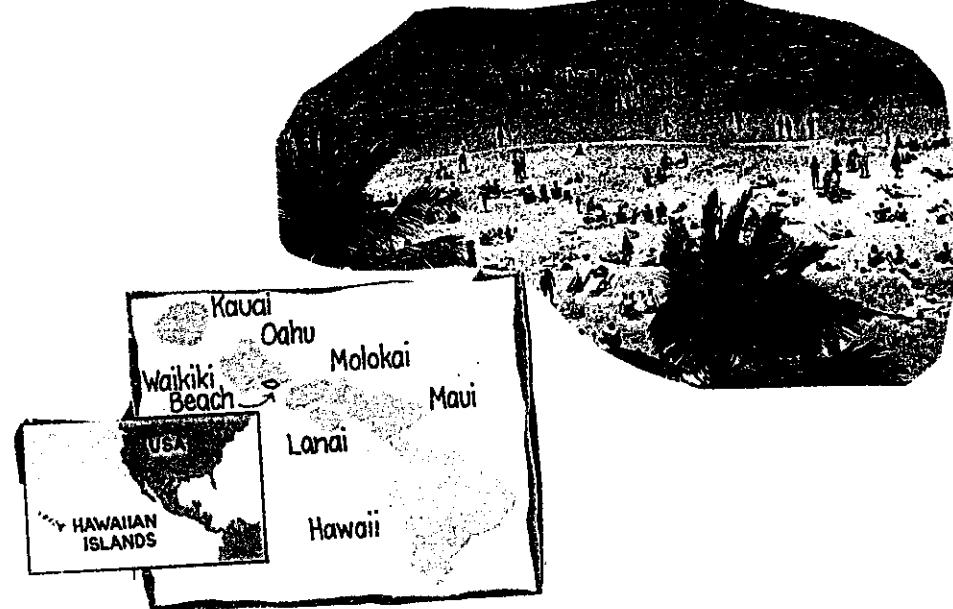
Shri Mataji arrives and the speech leaves the 2000 or so attendees completely and utterly silent with Attention. The Guru talks to her children with such power and authority that we are unable to move a muscle. The Dharma of a Sahaja Yogi, the generosity of a Yogi; how we should become the witness and combine concern with detachment. These are all topics that have been covered before, but this time we had the feeling that something extra was happening. The situation (maybe one of the last Pujas in this village for some time) the cosmos (the planet of the Guru, and the comet) and the totally definite tone of the words of Shri Mataji - something is happening, something significant is happening, and it is happening Now! The Guru was telling us something, could we hear it? Others will relay more and better the actual words which we heard, I can only recall the tone, the Authority. I have no doubt now that the Ark has started the voyage.

The Puja ended with a slide show which matched the mood - power and authority, after which Shri Mataji left. We retired to sleep almost where we stood in the pendal at five thirty in the morning. The journey home to the UK the next day was conducted in the vibrations of the power and the compassion of the Guru and I climbed into bed in London at four thirty on Tuesday morning.

Nigel



Tickets are available from Susi Hutchings and Anna Potts at the Burwood Centre. Prices are \$15.00 for one or \$25.00 for two. Names for the tour have to be forwarded earlier this year, so there's not much time left to put in for the raffle.



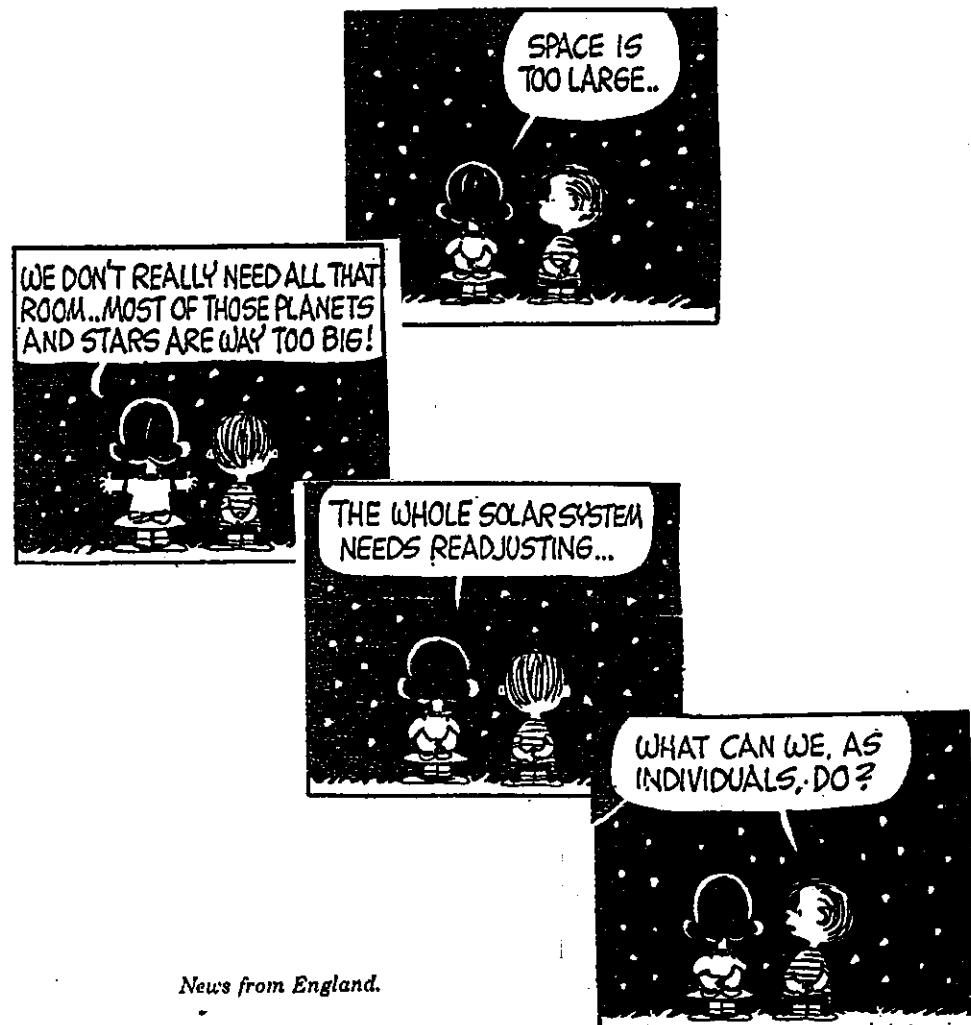
NEWS FROM HAWAII

Aloha Everyone,

Just a few lines to tell everybody what's happening in Paradise. We have just started our second course at the University and the response has been very good with good quality seekers. We also have people coming to the house for meditation after they had watched Sri Mataji's tape on cable TV station.

We need everyone's desires and bandhans please to make it work. We also have a spare bedroom and visitors would be very welcome.

Love from Alan and Prerna 24/7/94



News from England.

The six meetings following on from the Albert Hall Programs are into their last week now. We think we have around 150 to 200 people still attending them after the six weeks (I say think because some miss out a week or two because of holidays etc). So this is interesting because it has not happened before over here. This week's meeting will feature the full unpurgated version of the Story of Evolution as the introduction to the Discovery Course (our advanced course). Figured it was a more suitable place for a tape of such brilliance.

Now you must understand, that we have been very careful to say as little as possible to the newcomers here. We did not give out the photo until week three! We have introduced them to their subtle system (I will try and get you the course material via Meredith when she returns), affirmations, balancing, footsoaking and that's about it. We've been very up front about it with them and told them that we're trying a new tactic of not giving them too much at once...one simple technique to help them meditate per week.

The Discovery course will be the traditional Chakra course, although even here, we will be careful (I hope) to make the meetings dynamic rather than passive. What I mean by that is that we found a very interesting thing over here. We did not do the traditional workshops over here. Workshops were introduced in Week Four (I think). The object was to let their Kundalini have a chance to settle in before starting on the weird arm waving stuff. Also the workshops were conducted by themselves. No Yogis worked on them. They loved it. They seem to relish feeling part of the process of their own growth by doing their own workshops on each other (we get them to pair up) and it also breaks the ice. Anyway we were all amazed by this here.

So we will continue this tradition in the two 7 week Discovery courses which will start 1st August. What we might do though is introduce more power into the workshops with candles etc. We'll see. The object is to keep the atmosphere of the intro course, but to give a more in depth look at the important spiritual content of authentic Yoga. Help them 'Discover' the Truth, eh?

We have just started the registration for the next course, and we hope to have 50 to 100 for this next 7 weeks spread across two meetings. We're all quite enjoying it over here. It's changed the old ones say. The new seekers seem to be much more.... "sensible" seems to be the common word. We have done all the handouts to the same design style so that they look a little more professional than random pieces of photocopy paper with info on them and we each of us has to photocopy our own meetings worth as we go. Oh the other thing is that we're now trying to decide whether to rerun the Foundation courses again in the standard meetings (although maybe a bit shorter). We'll have a meeting about that this Thursday hopefully.

Luv Nige