

**Jacqueline COULTER and Judith WHITTET**  
invite you to the opening of their exhibition  
**Thursday 5 March, 1998 at 6:30 pm**

## STEPPING - STONES

*Stepping-stone - a stone rising above water or mud to afford a passage  
a means to gradual progress*

**at WATT SPACE GALLERIES**  
Auckland Street, Newcastle, Phone: 4921 8733  
4.3.98 - 22.3.98

Watt Space is funded by The University of Newcastle Union and the Faculty of Art and Design



## Australian 28 FEB 98 Sahaja Newsletter

Contributions: Balraj & Claire Singh  
02 9499 2219 Burwood fax 9745 4927

I am under the direction of Messengers  
from Heaven, Daily and Nightly,  
but the nature of such things is not,  
as some suppose, without trouble or care.

Temptations are on the right hand and left,  
behind, the sea of time and space roars and  
follows swiftly;  
he who keeps not right onwards is lost,  
and if our footsteps slide in clay,  
how can we do otherwise than fear and tremble!

But if we fear to do  
the dictates of our Angels,  
and tremble at the tasks set before us,  
if we refuse to do Spiritual Acts  
because of Natural Fears and Desires!  
Who can describe the dismal torment  
of such a state!

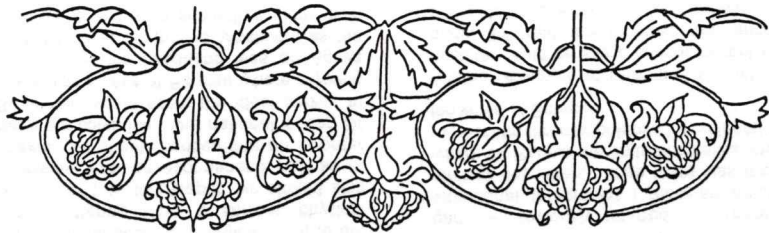
WILLIAM BLAKE



Sarees for Sale

The Saree Shop will be open at Burwood next Saturday, 7th March, both before and after the programme.  
It would be greatly appreciated if anyone with a long standing layby could finalise their payments before the yogis leave for Birthday Puja.  
There is a good selection of sarees still available. There is also one of Shri Mataji's personal sarees for sale.  
I look forward to seeing you at the shop.

Marilyn



News from Vallia

We were delighted to be involved in the "Country Tour" Sahaja style, earlier this month. Admittedly, initially when we heard it was to occur, we thought it would be an exhausting exercise for those involved. However, we could not deny the cool vibrations and deep meditations pro, to, during and after the programmes in this area (exactly half-way between Sydney and Brisbane). Interestingly, a few people who received their realisation years, or months before, rang just before the tour, wanting to come to programmes again! We noticed the new seekers have a depth and sincerity about them that is different from past programme attendees. They genuinely see Sahaja Yoga as a unique and deep experience. An 8 week programme is starting on Saturday mornings on 28th February, and we welcome any assistance from our brothers and sisters. All your loving attention, visits and generosity to us in the past is greatly appreciated. We are so fortunate to be in Shri Mataji's attention, and can never say we feel alone up here in the bush. Looking forward to more tours, holiday visits, stopovers, working bees (!)...., from Sahaja Yogis.

Love from Graeme, Helena, Remmy and Jay.

As so many of us are unavoidably arriving a week ahead of the Birthday Celebration, it is to be hoped that we can stay together at the Nizamuddin Camp. I am hoping to be able to speak to Mr. Nalgiwar this week and if successful will advise via the telephone or at the latest in next week's Newsletter.

It may not be possible for all 23 people of this group to be accommodated in the Dunphy's apartment in Singapore. Therefore hotel accommodation may have to be arranged for some. Dave personally knows the managers of a number of hotels, though his work as a hotel architect, and can obtain "the best" rate for us. Helen Manassey will be contacting the Singapore group once the Dunphy's have assessed their accommodation capacity.

Delhi Stay

Once you have received your ticket it may be possible to change the return date of your flight, but once again please be reminded, we have the 12 suitcases of clothing to bring back with us, and need the excess baggage capacity per person.

Accommodation

A reminder to all those Sahajis travelling via Singapore on 12th March: we are still obliged to collect Shri Mataji's artworks and antiques to take with us and I am looking for the maximum number (23 people) to stay as a group and travel together.

Please let me or Helen Manassey know only if you have a compelling or unavoidable reason to change.

In any case, Rob tells me, the Airline views us as a group and will resist changing the departure date.

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Jai Shri Mataji

With love Michael





