

## NEWS OF COUNTRY TOUR SUCCESS

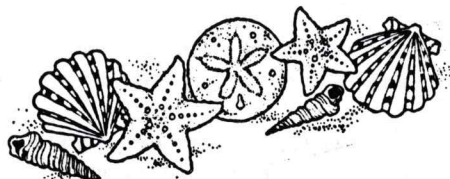
Last weekend 3 Sahaja Yogis from Sydney ventured north to do programs in Tamworth, Armidale and Coffs Harbour.

The response this time was very favourable. By the Grace of Shri Mataji four new seekers of good quality came to the program in Tamworth.

At Coffs Harbour we had an overwhelming response, with over 34 new people attending the program.

No seekers came to the Armidale Program.

Jai Shri Mataji.



## REMEMBER

### SAHAJA CHRISTMAS BBQ LUNCH

**WHEN:** Sunday, December 6th

**WHERE:** 20 Strathmore Pde,  
Chatswood  
(Dochertys')

**TIME:** 1 pm.

### **Please bring:**

Your own meat to BBQ and a plate of food to share.

**EVERYBODY WELCOME TO COME & ENJOY!**



## GARAGE SALE



There will be a garage sale in a few weeks at:

**54 Eastgate Ave, East Killara**



If you have some unwanted things, bring them in the next week or two to raise money for the Asthma Programme and Radio Programme.



# Australian Sahaja Newsletter

28<sup>th</sup> Nov. '98

Contributions: Lidcombe Ashram-02 9649 6879  
02 97474835 or Burwood Fax 9745 4927

## Message to all Ganapatipule Travellers from India Tour Committee, UK

We have just got an urgent request from Shri Mataji. Everyone arriving in Mumbai should try his/her best to come for the programmes and award ceremony in Delhi. There will also be the possibility of early accomodation in Delhi. However, no accomodation will be provided in Mumbai for those who arrive in time to go to Delhi.

**Please let us know as soon as possible the arrival details for Yogis going to Mumbai.** There will shortly an update on train times.



## Dear Sahaja Yogis

The Academy is pleased to announce that we are almost full! We currently have 43 students and have a capacity for 50. If you are intending to come to come to Academy after Ganapatipule Seminar, please let us know immediately. Priority will obviously be given to Yogis who have already applied and who intend to stay for a minimum of 3 months. Please also note that those Yogis who come to the Academy before the Ganapatipule Seminar will have to pay for the Seminar in their own country and at their own country's rates, before coming to Nagpur.

Regards,  
Babamama.

Please note new numbers; Tel 91 712 582505 / 583978 / 583350 / 583349  
Fax: 0091 712 583 661



## PUBLIC PROGRAMME FOR 2SER Listeners

UTS, Broadway

ROOM no. 2.4.22

(Ground floor of Tower Building at back of Engineering Atrium)

Sunday 29th November, 1-3 pm



There will be a public programme at the University of Technology (UTS) on Sunday 29th November. We are inviting all the listeners of the Sahaja Yoga Radio Programme to come and attend a special programme in order that they may obtain some more information, experience footsoaking, have meditation etc. This will be a one-off session to meet the people who have been tuning in regularly.

We would like to invite all Yogis to come along and lend their support. There will be signs up in the foyer to make locating the room easier. The room which has been offered to us free of charge, holds about 80 people.

HOPE TO SEE YOU THERE!

For any queries please call Greta: ph 9716 4985



*Advice about small children from  
H.H. Shri Mataji Nirmala Devi, Delhi, 25.3.1985*

*....Give sugar dissolved in water so that it is not in contact with the teeth. Giving sugar dissolved in water is very important. Don't listen to the doctors in this case. They say a very general thing - do not eat sugar. Now people are not eating sugar. Then, don't eat salt. People are not eating salt...they should eat what is needed. Children need lots of sugar. Give them sugar - sugar not in the jam that they eat with their teeth or that kind, but that kind that goes in their stomach.*

*Secondly in summer there is a fruit called kokum - you'll get it in Maharashtra. Soak it at night, maybe boiled a little next day, take the juice out and add sugar to it...and keep it. Give it to the child through the day.*

*If they get jaundice or similar disease, then the small leaves of radishes - boil them. The new fresh ones - boil them, add solid sugar or vibrated sugar, give it to the child. Not any other drink. In less than a day, the child's jaundice will be gone.*

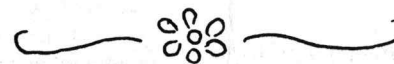
## INDIA SCHOOL NEWS

The children will be arriving in Jaipur on the 11th & 12th of December. Parents are invited to join them in Jaipur. All the children will be proceeding to Delhi for the programmes there (around the 16th Dec) and will attend all the programmes there.

All the school children and the parents who had notified the school earlier that they would be travelling with the children **will now be departing for Ganapatipule from New Delhi.**

The cost for ISPS children to attend Ganapatipule will be Rs. 3000. The cost for parents to stay in Jaipur will be worked out in Jaipur itself.

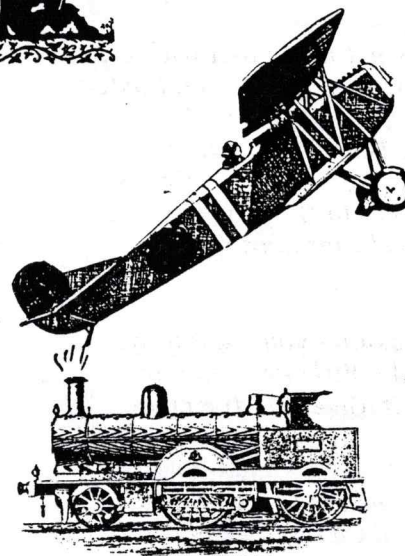
We have received a request from the school for some books for the school library in line with the International Baccalaureate Organisation requirements. These will be donated on behalf of Australia. Besides the books requested, if anyone has any books they feel would be suitable for the school and wishes to donate them, they are welcome to do so.



## TRAVEL ARRANGEMENTS FOR BIRTHDAY PUJA 1999

These are being worked out now. We are negotiating with Singapore Airlines and travel agents for the best deal. Could anyone intending to travel to Birthday Puja (parents, children and others) please let Avinash know ASAP.

Enquiries: Avinash Nickkawde ph: 02 9476 4271



## Next Radio programmes Radio 2SER 10am Sunday.

Sun 29th November

Greta: On Mahalakshmi principle and how to get to the Divinity within.

Sun 6th December

Jean-Michel: How did you come into Sahaja Yoga? With live music - didgeridoo, guitar, drums.

Sun 13th December

Anna: Experiences of the listeners who attended the Seminar the previous week.