



Australian Sahaja Newsletter

Contributions:

13th August 1999

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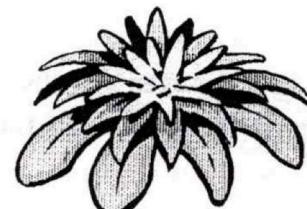
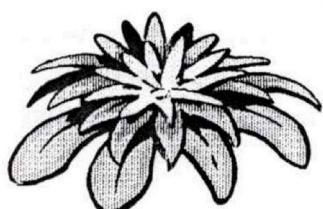
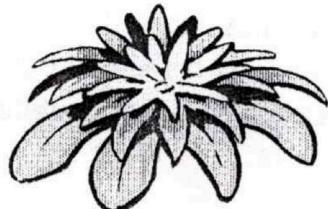
email: sahaja@eagles.com.au

Unless and until you witness yourself, your realisation has no meaning. You should separate yourself from yourself and see for yourself what is really wrong with you.....

If you see as a witness, you see, 'what have I done so far?' Have I been able to conquer myself? Sahaj Yoga is not to conquer others or to control others but to conquer yourself. If you have not done that, you can be self-certified that I am a Sahaja Yogi, I am so great doing this, doing that. That makes no difference.

Have you completely transformed yourself, changed yourself, and now, in your presence, do people feel secure?.....

**H.H. Shri Mataji Nirmala Devi
Guru Puja, 1994**



NEWS FROM CANBERRA

The Canberra collective would like to announce that, with the blessings of Her Holiness Shri Mataji, a new ashram has just been purchased.

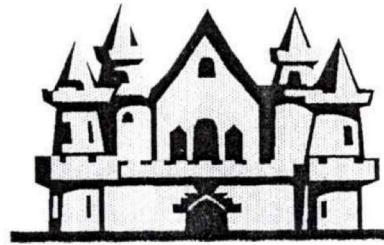
The house at the moment is a standard three/four bedroom house (you don't find many custom built Ashrams in suburban Canberra) which will require some significant extensions to finish making it into Mother's home for the Canberra Collective.

Its features are :

- 3 bedrooms plus a fourth that will probably be converted into a living area
- a large kitchen
- a very large and private block of land (1100 m²)
- children's playground and oval over the road which are accessed by an underpass
- it adjoins a reserve with a path that leads to ample parking for the Canberra collective within a 400 metre walk of the house
- room for a large extension - meditation room and three large bedrooms.

Life Eternal Trust (Canberra) will be the owners as of 20 August 1999. All visitors coming to Canberra (eg for the Monet to Moore exhibition at the National Gallery) must stay with us to help build up the vibrations. The telephone number for the Ashram will probably be (02) 6254 4986.

Cheers
Neil Riches



NSW COUNTRY TOURS

The weekend of the 21st and 22nd August, there will be two country tours leaving from Sydney.

Western run - Bathurst, Orange, Forbes and Dubbo. Contact Marcus on 9747 4835.

Northern run - Tamworth, Armidale.

Contact Avinash on 9747 4835 or mobile 0414 281 567

Tamworth - 10 am - Tamworth Community Centre, cnr Peel and Darling Sts

Armidale - 2:00 pm - Hughes House Meeting room (behind Kent House)

141 Faulkner St Armidale.

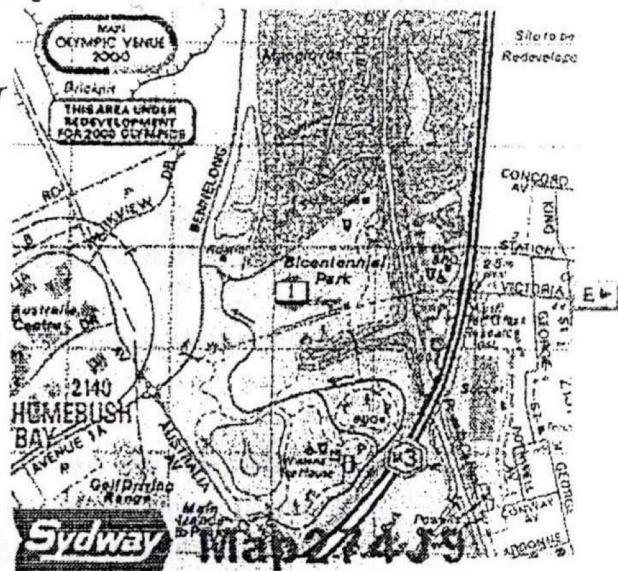
Sahaja Yogi Picnic – Sunday 22nd August 11am.

BICENTENNIAL PARK HOME BUSH BAY



Bicentennial Park is the ideal place to relax, to meet together and who knows we may even do some exercise.

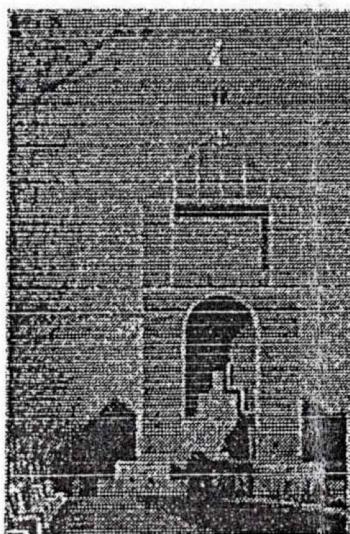
- *Picnic shelters are available with free electric BBQs. We are currently negotiating for a private area.*
- *There are childrens' playgrounds under shade cover*
- *Wander along the floating boardwalk through a mangrove forest*
- *Climb the Treillage tower for views over the Park and Homebush Bay*
- *8 km cycle and walking paths in parkland and wetland settings*
- *Go birdwatching, fly a kite, walk, cycle, read a book*



BICENTENNIAL PARK HOME BUSH BAY



*- Sydney -
The space without boundaries*



Conservation

Education

Recreation

ROOM WITH A VIEW AT BURWOOD

A room is becoming available from 1 September 1999 for any couple or single ladies (with no children or other major commitments) who wish to contribute from their heart towards the school and other Sahaj projects such as Country tours, Youth camps, Balmoral project, Radio programs or Medical programs.

The preschool has outgrown all expectations. We are short staffed now, let alone the new enrolments. It has reached its highest capacity of 20 for the next term starting end of September. Shri Mataji has asked all the rooms in Burwood be used for school. Shri Mataji stated "The school will have many more children. You need all the space. I would prefer to stay in a hotel when I come"

Interstate or International yogis are also welcome.

Your commitment to Sahaja Yoga, love for collectivity and ability to enjoy Shri Mataji's love and attention would be appreciated by everyone here.

AVINASH NICKAWDE (61 2 97474835)



COUNTRY PROGRAMS IN QUEENSLAND

Dear Uncle Michael,

We are starting weekly programmes in Noosa today. Our monthly Bundaberg programmes are still going well with 60 new people attending the first programme.

From this 15-20 people are coming along regularly four of whom attended Guru Puja last weekend.

We have had requests to do programmes at Hervey Bay and Deception Bay which we may incorporate into the trips to Bundaberg. A doctor who attended Dr Ramesh's seminar in Sydney is referring patients to us and requesting feedback from them. So far we have had very favourable responses.

Things seem to be moving at last up here. Jai Shri Mataji!

NATIONAL GURU PUJA AT WAMURAN

The weekend was a truly memorable occasion and on behalf of the Wamuran collective I would like to thank you and the Sydney collective for the wonderful support especially the late-comers who travelled so far to be here. They certainly lifted the vibrations considerably. We hope to see you all again soon.

Jai Shri Mataji!

Peter Hewitson



ATTENTION NEWSLETTER SUBSCRIBERS OUTSIDE SYDNEY

Uncle Michael has received suggestions that posting the newsletter by EMAIL might be faster and more efficient for transmitting information to Sahaj Collectives other than Sydney.

We are investigating this possibility. As an initial step, could anyone who

- a) currently receives the Newsletter by post AND
- b) has access to secure email (ie not shared access) AND
- c) would like to receive the newsletter by email....

Please send an email ASAP to let us know you're interested.

Send an email to sahaja@eagles.com.au, with "Attn Alice: Newsletter subscriber" in the subject line, basically so that we can get your email address.

We can then set up a distribution list and start experimenting with formats etc.

Once we have established the best way to proceed, we will let everyone know how the process will work.

THANK YOU!

From: Calin Costian, USA <calin@nortelnetworks.com>
Subject: remembering a few things from Guru Puja..
Date: Mon, 9 Aug 1999 12:51:24 -0500

Dear Brothers & Sisters,

Guru Puja was great - even though I was there only for less than a day and a half (Sat night to Mon morning). Reading back through what I wrote below I can only notice how hopelessly far I am from capturing those moments, but I thought writing at least something I (probably inaccurately) remember is better than not writing anything.. so please forgive the rather short descriptive style below, and also any inaccuracies that might be there.

The well known Nishat Khan was followed by a 2-3 hr play on Mahabharata (so professionally done! - choreography of dances with weapons and other amazing things) on Saturday evening. Though I was planning to sit at the back, when Shri Mataji came, by an accident I was among the ones who had the blessing to sit 3-4 yards away from Her. I couldn't help using Nishat Khan's excellent music as a mere background to my meditation - and in fact several yogis in that area did turn their side towards the stage to be fully engrossed in the sight of our Divine Mother's Presence for hours.. What a blessing !

Next day, while picking up the present for America from the castle, several of us were again blessed to have a maya that caused many delays, allowing for several meditations during a couple hours in front of the upper gate of the castle - I feel a cool rush in the Sahasrara just remembering those cherished moments...

The puja started around 8-9pm (or was it later ?) and Shri Mataji blessed us with Her presence until 2-3am (bhajans continued until 4-5 - everything is +/- 1 hour since time had pretty much lost its meaning). Shri Mataji had told us on the previous evening that She saw us in a joyous mood during the last 2 nights and She wants us to have this same mood when we come to the puja. We shouldn't be in a sanyasi mood, strict with ourselves, because She is first of all our Mother. She asked the cooking team why was the food a bit spartan (they said it's because it was Guru Puja) and She instructed them to give us the most excellent food available.

The talk was very long and deep - unlocking secrets of our being that we never heard before. Shri Mataji said that most of the problems in us - lust, anger, attachments, etc - come from two sources: our previously built-in past and evolution from the animal stage (if a snake is there in our past, we'll have vengeance; if a tiger is there, we'll flare up on the spot), and the other is that, on top of that, "Man can think". Our thinking



adds to these problems and makes a big mess out of nothing. She spent quite a bit of time on attachments, and also on other things like anger (a real guru will never get angry because it's pointless - everything is done by Paramchaitanya the way it's supposed to happen). At the end Shri Mataji said that the list can go on for a long time but She won't be able to cover all aspects. The vibrations were so strong, that Shri Mataji almost fell asleep a couple times. The talk got very deep as our Divine Mother came to talk about the witness state and thoughtless awareness, about the realm we need to jump in which is not mundane, but a Divine realm where everything just works out effortlessly, done by the Paramchaitanya. If I remember well, She commented on "problems" by saying something like "either you worry about it, or Paramchaitanya does" - one of the two, and the two are mutually exclusive. But above all, She talked about LOVE, which is the most important and the essence of Sahaja Yoga and of everything.

The Guru songs sung during the puja by Guruji and the other amazing musicians were awesome, and also the number of children who came on the stage for the puja to Shri Ganesha was incredible and a joy to sight. Throughout everything one could feel was such an amazing feeling of love, brotherhood and unity, which cannot be described. Well, I don't know what else I can add but...

BOLO SHRI ADI SHAKTI MATAJI SHRI NIRMALA DEVI KI JAY !!!

Lots of love,

Calin

