



Australian Sahaja Newsletter

1st August '98

Contributions: Debbie or Claire
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MARRIAGES IN CABELLA

From: Giannotti Alessandro, Italy <906570@relay.insiel.it>
Subject: Marriages in Cabella
Date: Tue, 28 Jul 98 14:30:00 PDT

Dear brothers and sisters in Sahaj
Jai Shri Mataji

This is to inform you that Shri Mataji has agreed to celebrate marriages in the auspicious occasion of Shri Ganesha Puja, in Cabella, on 5th and 6th September.

All those who are interested, should send their applications not later than Shri Krishna Puja (15th august).

All applications are to be signed with all the information required, a colour photo and a comment from the country leader.

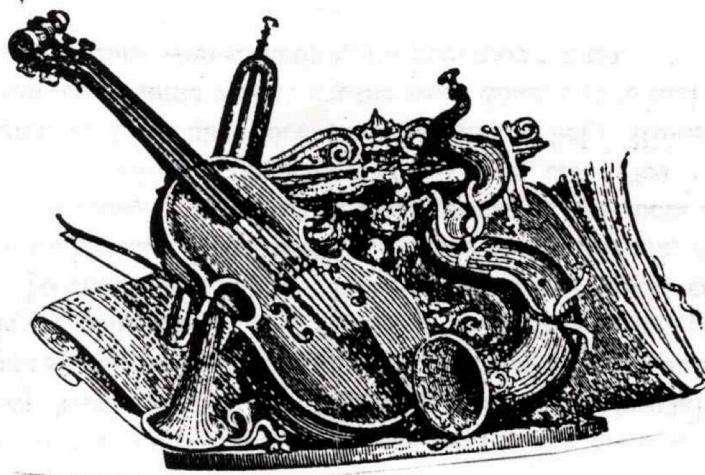
Love & regards
Guido



**SAHAJA YOGA MEDITATION PROGRAM
RADIO 28ER 107.3FM SYDNEY
SUNDAYS, 10-11 AM**

Just a word regarding the great success of the yard sale fundraiser - our gratitude to all of you who made it possible for just under \$1000 to be raised toward the purchase of a DAT recorder . . . and on a rainy day at that! Jai Shri Mataji!

A very necessary pre-Cabella meeting of the radio team will take place over Yum Cha on Saturday, 8 August, in Strathfield commencing at 12:00 noon. The agenda includes the forthcoming roster, finances, fundraising, 28ER ID cards, further training requirements, the need for dubbing/circulation of tapes, and content for a small samples/information package to take with us to Cabella for Shri Mataji. It would be great if as many of the team as can make it could come to Yum Cha, as well as those of you who have offered help with dubbing. We'd like to get the business out of the way as quickly as possible so we can enjoy lunch all together for a change.



UPCOMING RADIO PROGRAMS:

Sunday, 2 Aug	Music	(Jean-Michel, Nick, Asmira)
Sunday, 9 Aug	Collectivity / Racism	(Gillian, Elizabeth O'G?)
Sunday, 16 Aug	General Public Program	(Leanne)
Sunday, 23 Aug	?Sahaj and Motorcycle Maintenance??	(Justyn)

You're Invited

**RAKSHABANDHAN
KRISHNA PUJA**

**Sat 15th August
Sun 16th August**

**You are cordially invited to join the Sydney Yogis in a picnic at Balmoral on Saturday 15th August commencing 12 NOON to celebrate the occasion of Rakshabandhan.
Please bring a picnic lunch.**

Those who wish may stay for an evening of bhajans in place of the usual Saturday Evening programme at Burwood (there will be no programme at Burwood).

This will be followed on Sunday 16th August with Shri Krishna Puja at Burwood, commencing at 11am. Please be punctual.

KRISHNA PUJA ROSTER

Set up

South & West of Paramatta
(Cabramatta, Guildford,
Wentworthville, Pendle Hill,
Kurrajong, Katoomba etc)

Cook

Inner West
(Glebe, Newtown, Chippendale,
Ashfield, Petersham, Lewisham etc)

Wash up

Northern Region
(Gosford, Central Coast, Newcastle,
Pelaw Main, Muswellbrook etc)

Dismantle

North-West Metropolitan
(Ryde, Pennant Hills, Galston, Mt. Colah,
Mt. Kuringai, Berowra etc)



Dear sahaja yogis of the world,

As you may know, Sir C.P. has presented H.H. Shri Mataji with a new car, so she decided to sell her 2 LINCOLNs. We all felt that it would be good if they don't go into the wrong hands and could be kept by Sahaja Yogis. If there is anybody interested in the blue or the white LINCOLN, we will have an auction on Saturday 15 of August in Cabella. All those who are interested should send a FAX to GUIDO (39-0744-919904) before august 13th, mentioning the price for each car which will start from US \$7,000.

E-mail offers will not be accepted. SEND ONLY FAXES.

Please be advised, these are left-hand drive vehicles and would require modification for use in Australia.



Family BBQ Fundraiser

On Sunday 2nd August 11am

Where? - by the creek at: RMB 3900

Howes rd

Somersby

Please bring cup, plate, cutlery and rugs/tarpoline
cost \$10 Adult

NB: Yuva SHAKTI \$4

\$2 under 10

(It would mean alot to the Yuva Shakti If you attended.
All money raised contributes to the Yuva Shakti
attending the Woodford festival).

INVESTMENT OPPORTUNITY

Brighton, Brisbane.

Massive 5 BR Italian style 2 story brick home, 2 patios, 2 bathrooms, family rm & 3 car garage. Near Seaside \$160,000. ONO
Currently rented to yogies. PH. 073869 0505



COUNTRY PROPERTY NEWS UPDATE

About six weeks or so ago we had a country property meeting to which everyone in the collective was invited to attend. On the meeting day we had about 16 attendees, so we got on with the business at hand, even though there were not such a lot of us there. We discussed many issues and made a few decisions which we hope will make the work flow and make it easier to accomplish. We also hope you agree with the decisions we reached.

As the work to be done at the property is vast and will take years to complete we felt it best to narrow the work down to an immediate and achievable goal. We felt that the work to be done should involve building new facilities and improving the existing facilities to enable the collective to hold Pujas and monthly Saturday programs at the country property. To ensure this happens Paul Henwood will head a committee with help from the Golden Builders, other members of the committee are; Alfred, Gillian, Deb K and Rob Hutcheons. We also felt that committee members should change periodically so all those willing to participate at this level, can. Please contact any of the committee members if you have ideas or would like to help. Remember we need everyone to be involved in some way to get the work done, and to make it collective. Many things need to be done with something for everybody to do.

Paul Henwood has suggested work to start in earnest in September when the weather is warmer. At this time the Henwoods hope to be living there. All members of the collective are invited to join in. Ladies can come and join in the cooking or if you can't come, please send food for meals, morning and afternoon tea. Call Caroline to help with cooking or supply of food etc. Remember our ability to get things done will depend on the amount of participation from the collective.

WORK TO BE DONE:

Car Park

It is a council requirement that we have a car park. It will go immediately inside the gate on the left hand side along the fence. This will limit the amount of driving that is done inside the property. There will be space for 45 cars. This work will be done by a contractor as it needs a bobcat to level the ground, with gravel laid as the surface for the car park.

Meditation Hall

We thought that a verandah around the outside of the meditation hall which will extend around the front to include the outside kitchen area, where we do the cooking for puja meals, was necessary. Paul will be calling on different people within the collective for their input into designing the kitchen area, and we are asking all members of the collective to come along and give a hand, please call Kevin Fitzgerald to offer your help.

Toilet Block

Compost Toilets are to be installed by us, with showers being built at the other end. A contract plumber will do all the plumbing, but all the building will be done by us. After the building is finished, all the hard work will be done by our friends the



worms. (There will be more later on what we need to be doing to help the worms do their job properly.) Peter Schwartz will be coordinating this job.

Toddler Enclosure

On the roadside of the meditation hall there is a small area referred to as, the orchard. It is already enclosed on three sides and needs a fence with a gate built on the other side to make it immediately available as a safe area for toddlers. This is a project, which can be started now so the area can be made available for use at the next gathering. Eventually there will be a small toilet block and verandah built here as well. This is a project that will proceed with the participation of all the dads and moms who will be using this area. Please call Rob Hutcheons to lend your support. The work will be ongoing and done in stages.

Wood Fire Oven

Being built right now! Juan has been travelling to the country property for the last 5 weekends with a small team of yogis to build this magnificent oven. It seems the area of the floor of the oven will be 2 meters wide, at counter height, giving us a huge cooking area. We will be able to cook lots of pizzas, and bake copious amounts of bread. Anybody for tandoori chicken and nan bread? This oven will be greatly appreciated when the national collective gathers here. Juan is still working on the oven at the weekends and anyone willing to help can give him a call.

Water Supply

As you all know, water is a major concern for us at the property. Before we can have regular collective use of the property, or contemplate irrigating the land, we need an endless supply of fresh water. To this end two things need to happen. We should build another tank for rainwater for our everyday use but we also need a supply of water for other purposes. Peter B and Alfred have been researching this and have found there is a fresh water supply running underground. This water table is fed from swamps outside of Goulburn and runs through the Picton area and drains into the sea north of Newcastle. We are very fortunate to have this water running under the property, but we need to have this available on tap. To do this we will have to sink a bore and pump it to the surface.

Bushwalking

After their long and arduous search for suitable toilets, Joe Griffith and Brian O'Gorman are going to be trailblazing their way through the bush and making a path we can all follow. They will venture into our bushland and find and mark with small colored pieces of wood a couple of trails we can walk safely with the children. Anyone wanting to help can give them a call.

When the weather gets warmer we would like to have one Saturday program a month at Balmoral commencing with a bar-b-que or perhaps we can make pizza's in the new woodfire oven before the program starts. Yes there is a lot of work to do and it will take time, but if each man in our local phone list could spend one day a month working at the country property we could get a lot done. We will be keeping you up to date with news on the developments at the country property but need the full support from the yogis to make it truly a collective property. Please call us with any ideas or projects you would like to see happening there.

We thank you all for your time and attention.

Paul, Kevin, Peter S, Alfred, Gillian, Deb and Rob in consultation with the Life Eternal Trust trustees.

From: Graciela (Maha Devi), Mexico, <indoamci@rtn.net.mx>
Date: Wed, 22 Jul 1998 23:25:14 -0600 (CST)
Subject: Invitation to Sahaja Medical Conference in Mexico

INVITATION TO ALL SAHAJA YOGIS TO ATTEND THE SAHAJA MEDICAL CONFERENCE TO TAKE PLACE IN MEXICO CITY, FROM THE SECOND TO THE FOURTH OF SEPTEMBER 1998.

1. MEXICO: LOCATION AND GENERAL INFORMATION

Mexico is located in North America, south of the United States and north of Central America. Direct air flights to Mexico City, capital of Mexico, take around 5 hours from New York, 4 hours from Los Angeles, and 3 hours from Miami. If you fly in Mexican airlines (Aeromexico or Mexicana) from the east coast of the States, you can also choose flights that also stop at Cancun where you could stay, to or from Mexico City, at no extra charge.

Mexico City or Mexico D.F. (Distrito Federal) is one of the most extended and largest cities of the world, where almost 20 million people live in the capital city. Geographically located at the center of Mexico, its altitude is 2,200 meters, and for that reason its climate is temperate most of the year, and no air conditioning is needed. In September, the climate varies from 15 to 25 Centigrade, raining usually in the afternoon. Spanish is the language spoken, though many people speak English.

2. THE MEDICAL CONFERENCE.

Dr. U.C. Rai, Director of the International Sahaja Yoga Health and Research Center at Mumbai, India will offer two conferences. The first one will be at the Faculty of Medicine of the National University of Mexico (UNAM) on the second of September, at 12 hours. The second medical conference will be on the third of September at a public Auditorium at Coyoacan, Mexico City. The fourth of September, there will be a workshop for Sahaja yogis to exchange experiences and learn Sahaja healing techniques. If you want to stay Saturday the fifth of September, we are arranging a tour to Teotihuacan Pyramids and around Mexico City.

The small Mexican collective is eager to receive all Sahaja Yogis who want to come to Mexico for this occasion. Kindly inform us on advance of the day and hour of your arrival, flight number and airline, to receive you at the airport. Please wear Shri Mataji's badge, and when you come out of customs, please look for Mexican Sahaja yogis who will bring a poster with the picture of Shri Mataji. By any chance, if you do not find them, wait for 15 minutes, and after that time you could take an airport taxi that has fixed fares to go to the following address of the Sahaja coordinating center:

Tejocotes 56, Apartment 201, Colonia del Valle
tel/fax (525) 5751949 E-Mail:indoamci@rtn.net.mx

3. ACCOMODATION

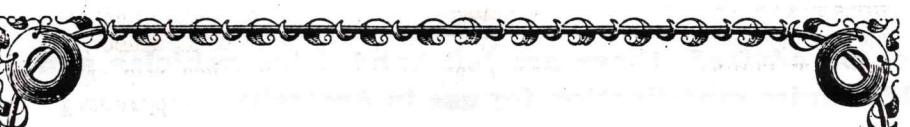
Sahaja yogis coming from outside Mexico can stay at the coordinating center and at Sahaja Yogis' homes in Mexico City, in accordance to room availability. Please inform us as soon as possible of your arrival. The cost per person for accomodation and meals, from the second to the fourth of September, will be 108 US dollars, and 30 dollars for transportation. Please bring your sleeping bag, towel and musical instruments. If you want to stay

for one or two more days you can do so at the coordinating center, at a cost of 21 dollars per day, but please tell us on advnce.

4. VISAS

To enter Mexico, you need a tourist visa that can be obtained at the Mexican Consulate of any country's capital or important city as New York, Los Angeles, Rio de Janeiro, Bogota, etc.

Looking forward to see you, receive the love of the Mexican collective.
Graciela (Maha Devi).



INDIA TOUR 1998

NO INFORMATION HAS BEEN RECEIVED YET WHETHER THERE WILL BE AN INDIA TOUR THIS YEAR, or what shape it will take,

But:

If there is to be a tour, seats on planes will have to be booked soon. Two group bookings could be made.

HELP WANTED

To that end I am asking one person (to start with) to volunteer to be the contact person to receive expressions of intention from those (other than the parents of Dharamsala school children) who will travel if there is a tour.

I am looking for a responsible and patient person who will liaise with Peter Brownscombe and with whoever is looking after the Dharamsala parents arrangements and who will stay with the task until all the arrangements are finalised. Please contact Uncle Michael at (02) 9417 5572.

As a guide only: in the past,

Full tour has departed Australia about 30th November
Half tour has departed Australia about 18th December
All travellers have returned from India about 2nd January
Full tour ground fare was about AUD 2450 (GAP 1000)
Half tour ground fare was about AUD 1475 GAP 600)

These amounts could well be more this year because of the greater disparity between the Australian dollar and the pound sterling. It is Shri Mataji who sets the fare.

