

THE AUSTRALIAN

Sahaja Newsletter

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FEBRUARY, 11th;

SRI MATAJI'S TOUR OF S.E.A. & AUSTRALASIA 1994

MARCH

24	THU	DEP CALCUTTA	FOR PERTH	TRAVEL
25	FRI	ARR	PERTH	
26	SAT		PERTH	PP?
27	SUN		PERTH	
28	MON	PERTH	FOR MELB	TRAVEL (2½ hrs)
29	TUE		MELB	PP?
30	WED		MELB	PP?
31	THU		MELB	

APRIL

1	FRI	MELB	FOR SYD	TRAVEL (1 hr)
2	SAT		SYD (BUNDILLA)	EASTER
3	SUN		"	PUJA
4	MON		SYD	
5	TUE		SYD	PP?
6	WED		SYD	PP?
7	THU	SYD	FOR CANB	TRAVEL (½ hr)
8	FRI		CANB	PP?
9	SAT	CANB	FOR SYD	TRAVEL (½ hr)
10	SUN	SYD	FOR NZ	TRAVEL
11	MON		NZ	
12	TUE		NZ	
13	WED		NZ	
14	THU	NZ	FOR BRIS	TRAVEL (2 hrs)
15	FRI		BRIS	PP?
16	SAT		BRIS	
17	SUN	BRIS	FOR TOKYO	TRAVEL (8 hrs)
18	MON		TOKYO	PP?
19	TUE	TOKYO	FOR TAIPEI	TRAVEL
20	WED		TAIPEI	PP?
21	THU	TAIPEI	FOR HONG KONG	TRAVEL
22	FRI		HONG KONG	PP?
23	SAT	HK	FOR KL	TRAVEL
24	SUN		KL	PP?
25	MON		KL	
26	TUE	KL	FOR BANGKOK	TRAVEL
27	WED		BANGKOK	PP?
28	THU		BANGKOK	
29	FRI	BANGKOK	FOR DELHI	TRAVEL
30	SAT			

São Paulo, Brazil

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Dear Sudarshan!

Things take some time in the left part of the Vishuddhi and I just received the issue of the Sudarshan speaking about Shri Mataji's tour of North America.

It is wonderful to read all this exciting news, it gives us the feeling that things are moving in the Americas, finally! What a variety of activities the Yogis have prepared, working on so many levels and still understanding who is really doing all this work!

As for the 16,000 Yogis for the Vishuddhi: when I left Italy for Brazil in July, Shri Mataji said, "Brazil will be the second largest collectivity in Sahaja Yoga after Russia. There are so many seekers there, it is a very spiritual country."

So here is an update of what is happening in Brazil: After a great start of the project to introduce Sahaja Yoga with the help of influential people all over Brazil, the activities have come to a stop, because six weeks ago something happened that forced us to rearrange the whole idea.

The preparations for the first steps were mainly carried by a businessman, Roberto, who was the one who brought all the influential people together once he had heard from Dr. Marden about Sahaja Yoga. He used his influence to mobilize all the support he could get.

Then we did not hear from him for some time and it was not possible to reach him anywhere. He is, even for European standards, very right sided, and it became clear very soon that he wanted to carry this project with his ego. So we started to shoebeat and burn the negativity that was attacking him but still he would not surrender.

And then we heard that he was taken out of circulation in a very dramatic way. Two people entered his house and stabbed him to death! There are no conclusions as to who did that or for what gross reason it was done. But as Sahaja Yogis we have a clear idea what happened. But as it is, there is always a positive side in Shri Mataji's teachings and Roberto's assistant, who is himself the boss of the São Paulo logistic department, seems to have become a very deep and dedicated Sahaja Yogi now, understanding that we are in no way the doer of anything that is done in the whole universe!

Now we are looking for a different approach to realize this project and there are good opportunities to continue, because some people are still very cooperative and say that this chance should not get lost. We'll let you know as soon as something is moving again.

The project to introduce Sahaja Yoga within the second largest bank in the form of "Sahaja Yoga and Stress Control" is in progress. We are using the material from Pavan from Sydney. He has done a lot of work to make Sahaja Yoga presentable on this level.

Three weeks ago I was in Brasilia for a spontaneous Sahaja-seminar and attended a conference about the environment with Fitjof Capra. I was there together with Meeta, a classical Indian singer living in São Paulo for 20 years. She is a disciple of Guruji in Nagpur and she knows all the musicians there. You can imagine how nice it is to sing together with her and now she is learning all the Sahaj bhajans!

On two evenings of this conference she was invited to perform and we were sitting on the stage singing Vishwa Vandita, the Three Mantras of Shri Mataji and other items from the songbook! Early the next morning all the Sahaja Yogis of Brasilia went, with the help of Gustavo who works there, right into the Brazilian parliament, into the hall of senators, clearing out the vibrations with mantras and bandhans! Afterwards, Gustavo said this was a miracle, because normally there is heavy security. But we did not see a single guard on our way and all doors were open!

The conference was organized by an institution known as 'City of Peace', and was attended by many famous scientists and philosophers. The theme was 'Encountering the Dimensions', and the level of the discussions was very deep, almost Sahaj! One question asked was: 'What is more correct to say: we are all one, or we are all part of the same process?'

Capra had spent about two weeks in Brazil, speaking mainly to influential business executives to explain to them that if they want to stay competitive they have to change their way of looking at business. He emphasized the need to understand that there is only one world and we are part of it!

If we apply this new understanding, then necessarily the way business is done today has to change accordingly. International companies cannot go on manufacturing products in the 'third world' (and whoever named that is the ego of the white race!), that they cannot - or do not want to manufacture in their own country because of pollution problems or higher labor costs. The reason is (which Sahaja Yogis have known for a long time!), that there is no "other" and everything we do is affecting all of us!

Parts of Capra's talk seemed to be inspired directly by Shri Mataji, because he was speaking about the world as a living organism, with the continents as different organs. According to him it is no longer possible to just analyze parts of reality and forget about the whole. All research of any system, big or small, has to be understood as part of the whole. Nothing is separate and nothing can be understood as separate.

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He also dismissed all scientific research so far as irrelevant because it was done under wrong assumptions and with wrong methods! We are going to have a complete new understanding of reality at the beginning of this new age of 'Spiritual Science'!...I ask all of you, why can't someone go and give realization to this man?

Fritjof Capra
c/o Elmwood Institute
2522 Ave. San Pablo
Berkeley, CA 94702

But even without that (maybe he is born realized?), his speech and action is amazingly Sahaj and we could very much feel Shri Mataji using this bright and intelligent scientist to spread Her message on a highly effective level!

After the India Tour we are going to have an open seminar in January in Salvador. We have rented a beautiful house on a river, far from every temptation of beaches and the noise of the cities- but near enough to the sea to be able to enjoy every now and then a dip into the Ocean. Every Sahaja Yogi is welcome and you can stay as long as you want. Cost per day ca. US \$7.00. Please phone or fax your response to our Sahaja Yogis in Salvador, at 005571-358-2509.

We offer our hearts to Shri Mataji in the form of Shri Jesus on this auspicious occasion of Christmas, praying that She will bless the whole world by removing the Maya of materialism so that people have no excuse anymore not to surrender to Her Lotus Feet and we will all melt into Her immeasurable Ocean of Divine Love!

With all our love from your brothers and sisters from Brazil,

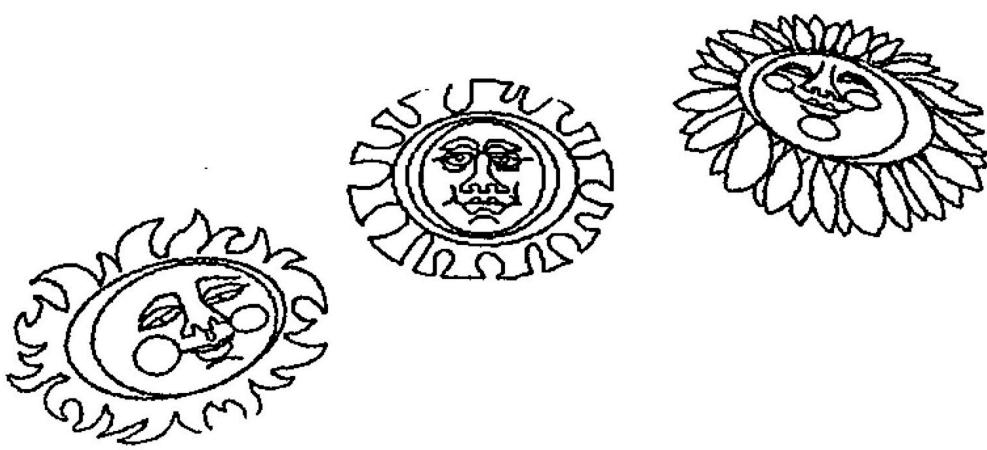
Herbert Reininger

From: SUDARSHAN



January 1994

NEWSLETTER OF THE AMERICAS



SYDNEY NEWS

PENRITH CARNIVALE.

Sahaja Yoga held a stall at the Penrith Carnivale, quite recently. Realisation took place against a background of rather heavy rock music. About 100 mainly teenagers came during the day. They thought it was great. Many brought their friends and girlfriends back and suggested that the Sahaja Yogis come to Panther's Leagues Club to do their thing!

FAIRFIELD CARNIVALE.

Six yoginis set up a Sahaja Yoga stall at the Fairfield Carnivale on the week end. From 3-7pm many people received their realisation. Many members of the El Salvadorean Community were represented, along with more teenagers. The Yognis were busy all day, and many people were interested in following up the experience. The Carnivale organisers invited us, infact actively encouraged us, to hold courses at the Fairfield Community Hall. So this day was a stunning success.

BURWOOD

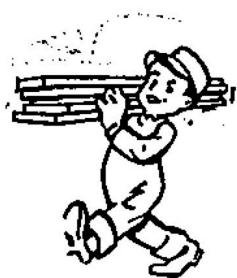
Over the next 5 weekends, starting with the weekend of 19th-20th (not tomorrow's weekend) there will be concentrated building activity going on at Burwood, Making necessary repairs, and generally lifting the vibrations before Shri Mataji's stay with us. Its exciting stuff.

Feb.

If you would like to be a part of this venture and if preferably you have building experience then let Paul Henwood know on

Phn. 560 0029.

M. Fogarty.



Lakshmi Puja at Tracey and Avinash's Property.

On the Saturday of the Puja car loads of Yogis began departing Sydney towards the rolling hills of the Southern highlands. From all accounts every available seat in each car heading south was filled. The drive south was very pleasant, the highway has recently been upgraded and is now an expressway from Sydney to Goulburn. From Goulburn we headed towards Taralga the nearest town to Avinash's property.

We arrived Saturday afternoon to find many Sahaja Yogis enjoying their time away from the rigors and demands of city life. The Puja was scheduled to begin at 4:00pm, around 6:30 the last of the attendees arrived as the Puja was about to begin. Around 70 people had gathered for the Puja. The altar for Puja was setup outside on the grass beside the house, the sky, the earth and the trees providing a spectacular backdrop for the Puja.

The Sahaja Yoga musicians complemented the scene by providing an accompaniment to the sounds of the birds and the wind blowing through the trees. The Puja was very simple with a Shri Ganesha Puja and a Shri Lakshmi Puja. The Puja was about to end as the sun began to set, the Yogis attention was drawn to a large mass of cloud on the horizon which began to glow with an orange hue as it was illuminated by the rays of the setting sun. As we all looked on we saw the head of Shri Ganesha forming within the cloud, one could make out Shri Ganesha's Elephant head, His winnowing ears, and His trunk extending to the earth and turning to the left. As we began the Aarti to Shri Ganesha the sun had set and the cloud formation glowed with a red hue before slowly dispersing. The vibrations of the Puja were very strong, everyone remained very quiet absorbing the vibrations, enjoying just being there, sitting on the blessed earth in the company of Sahaja Yogis and in the worship of Our Most Holy Shri Mataji.

Following the Puja we enjoyed a meal, a cool drink and the spectacular night sky. As we sat outside and talked we enjoyed the array of stars above us, the combination of clear country air, a moonless night and the absence of city lights combined to put on an unforgettable display. As time for sleep approached, many of us abandoned the notion of sleeping under a roof and instead took our rest under the canopy of the Milky way stretching across the horizon. We lay for quite a time talking and looking up at one of the most beautiful sights on this earth.

The next day was the Goulburn exhibition and Concert and was heralded with rain. Sahaja Yoga has been granted a venue within the new Community Center. This served as the venue for our Exhibition, and a stage on which to perform the Music of Joy Concert. The concert began around 10:00 and the musicians were in fine voice. The concert had a mixture of western, contemporary and eastern music. The smaller size of the venue and the crowd seemed to make the music more accessible to the audience who really showed their appreciation of the concert. Following the concert the new people stayed on to enjoy a cup of tea and to have a look at the exhibition.

During the concert Avinash announced that Public Programs would be held at Goulburn and at Crookwell. After the concert three of the new people approached Avinash and said that they were from Taralga and invited him to hold programs there. Taralga is only 7 kilometers away from his property. They warned him that Taralga was quite Catholic so it was wise not to advertise, they suggested that he leave everything to them. They knew the people in town to invite and would organise a venue for him. Quite a nice end to our weekend in the country.

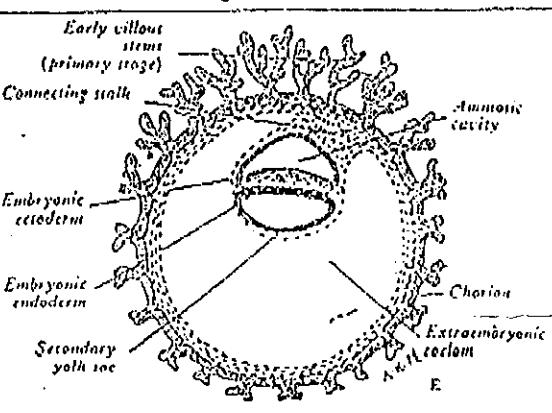
EXCERPT FROM NIGEL'S LETTER... U.K.

I have a story for you. I went to the Austrian India Tour seminar on the 21st January over there. It was most excellent good fun (at last I can rival your stories, even if only vicariously). I landed at Vienna at 11.00pm to be met by Martin and Sita from the Neustadt Ashram on the outskirts of the city. Martin and I had a quick game of some new Austrian game a bit like Solitaire cum Connect 4 which he beat me at. He was quite pleased as he had been beaten by everyone else previously! (I blamed jet lag).

Next morning guess whose job it was to do the 'time for meditation' bit? Anyway we started the day with a video of the Shri Krishna talk given by Shri Mataji in Yamunaga, and after that we had a collective workshop with all of us in long lines working on the person in front. As there were about 200 people there by this time (from Austria, Hungary, Slovakia, Czech and... England) it was quite a nice affair. Nice vibrations. After my first real Austrian lunch (including something apparently world famous called Sach's cake) we had a Shri Krishna puja. This was a really special affair, too. By this time 320 or so people had turned up, so it was really very much like an international puja at Cabella. By the time it had finished you could palpably feel the joy pulsating around the room, you'll appreciate that with said temperatures, we were not so detached as to hold an Australian type puja! I can't remember the exact order of play from thereon in (bliss bunny, I'm afraid!), but after dinner we Sang songs and bhajans and had an excellent India Tour slide show with comments by microphone from various of the 120 or so Austrians who had been fortunate enough to go. There was a lot of laughter, I remember! after the slide show, we settled down to an Austrian Kavalli rendition, which was absolutely brilliant. It was really a very gentle and loving collection of our favourite Kavallis from Delhi (and in particular the lead singer if that's what he's called) who thrilled us all with some inspired poetry in praise of the Devi in India. The Austrian version was as loving, but was hysterically funny in the way that his delivery was mimicked. By the end (an hour) we were all, and I mean all, dancing and laughing and giggling and....you know. You can tell Stephan that I even had to do the horse dance, that shows you how bad things had got on the Joy front.



The amazingly similar dance of creation depicting Lord Shiva and the embryo showing how life forms begin to manifest.



Beyond the Black Stump



1994 PUJA DATES.

- * THURSDAY 10th MARCH 1994 MAHASHIVRATRI.
- * MONDAY 21st MARCH 1994 H.H SHRI MATAJI BIRTHDAY.
- SATURDAY 26th MARCH 1994 HOLI
- * SUNDAY 3rd APRIL 1994 EASTER SUNDAY
- MONDAY 11th APRIL 1994 GUDI PADAYA (SHALIVAHAN NEW YEAR)
- WEDNESDAY 20th APRIL 1994 SHRI RAM NAVAMI (BIRTHDAY)
- SATURDAY 23rd APRIL 1994 SHRI MAHAVIR JAYANTI (BIRTHDAY)
- MONDAY 25th APRIL 1994 HANUMAN JAYANTI (BIRTHDAY)
- * THURSDAY 5th MAY 1994 SAMASRARA DAY
- * WEDNESDAY 25th MAY 1994 SHRI BUDHHA POORNIMA
- * FRIDAY 22nd JULY 1994 GURU PUJA
- * SUNDAY 21st AUGUST 1994 RAKSHA BANDHAN
- * FRIDAY 9th SEPTEMBER 1994 SHRI GANESHA PUJA
- * WEDNESDAY 5th OCTOBER 1994 NAVRATRI PUJA BEGINS
- THURSDAY 13th OCTOBER 1994 VICTORY DAY
- * TUESDAY 1st NOVEMBER 1994 DEEPAVALI FESTIVAL BEGINS
- WEDNESDAY 2nd NOVEMBER 1994 NARAK CHATURDASHI
- THURSDAY 3rd NOVEMBER 1994 SHRI MAHALAXMI PUJAN
- FRIDAY 4th NOVEMBER 1994 BROTHERS & SISTERS DAY
- SUNDAY 25th DECEMBER 1994 CHRISTMAS DAY

(PLEASE RECONFIRM THE DATES & TIMINGS)

Bellingen Fair and Concert February 19th.

On Saturday February 19th Sahaja Yoga will be exhibiting at the Bellingen Fair. Bellingen is a small town situated in picturesque rainforest on the mid-north coast. Over the years it has become somewhat of a haven for people seeking an alternative to the rigors and demands of city life.

Bellingen is situated on the Bellingen river at the base of the Dorrigo plateau, the countryside is lush and green and overflowing with the bounties of Mother Nature. The Bellingen Fair attracts many people from up and down the mid north coast. The nature of the Town seems to attract people who are very used to ideas about alternative lifestyles, meditation and spirituality.

Sahaja Yoga has been granted a site in order to display our Exhibition and to give people their self-realisation. The Fair also has a stage upon which different musical groups perform. There are groups already performing in the morning, the Sahaja Yoga Musicians have secured a two hour slot from 1.00 to 3.00 pm. John and the musicians have agreed to make the trip north for the concert. So it should be a very pleasant weekend in the country.

Graeme and Helena have invited all Sahaja Yogis who wish to come for the Fair and concert to stay at their house. They own 25 acres of beautiful land at Valla (which is about half an hour away from Bellingen, 10 minutes from the beach). If people wish to stay on for a day or two and extend their stay then they are also most welcome. Could those people who are planning to come for the weekend please inform John Smiley (musicians) or Chris Kyriacou (run of the mill Yogis).

The Bellingen Fair requires our Exhibition to be setup by 7:30 am so people coming for the weekend should plan to come up on Friday evening. Valla is about 6 hours drive north of Sydney

Directions to Graeme and Helena's House
Lot 6 Fuerte Drive
Valla, (065) 69 5153

Drive north along the Pacific Highway, Valla is a few kilometers north of Nambucca Heads. As you drive past Nambucca Heads ignore all the signs to Valla. You will come to sign signifying a right hand turn to Valla Beach, slow down, take the next left hand turn after the Valla Beach sign, the street is called East-West Street.

Drive about 5 kilometers down East-West Street until you come to a T-intersection, take the right hand turn into Sullivans Road. Drive along Sullivans road for a few hundred meters and take the first left into Fuerte Drive. Drive to the end of the road and Graeme and Helena's house is Lot 6.

P.S. If large numbers of Yogis attend then the ladies will be accommodated in the main house, and the men will be staying in the house currently being renovated. As such is anyone has any mosquito then it may be advisable to bring it along

Love Chris