

**KNOWLEDGE OF REALITY...** ...is now available in the tape library at Burwood. The magazine is going very well and Shri Matari's talks are being transcribed in it. It is also being distributed in the States and throughout Australia. Sahaja Yogis contribute artwork and articles, as well as time and effort into producing it.

**HELP!**

Help is needed in the tape library to look after these important items. Please look at the list on the next page and see if you think you could help.

Any help, no matter how big or small would be greatly appreciated.

**Dear Collective**

A while ago it was brought to our attention that the sale of some of our tapes were being held back because we did not know what was in our collection at home. Unfortunately, it has taken quite a while to get a list together another while to make it available. So we (the tape team) have decided to include it in the newsletter where at least every household/ashram are sure to have a copy. Individual copies can be obtained from the library if needed. When you have time please check it and decide if there are any tapes you would like to have.

If anyone is making an order from interstate etc, it would be best to first try and order through your local tape co-ordinator if possible.

Any enquiries please contact Kim Balkovic: 02 9747 2820

Regards,  
The Tape Team

## Help to do list...

# TAPE LIST

## 1992

- 1992/01/25
- 1992/02/11
- 1992/02/13
- 1992/02/13
- 1992/02/18,21&22
- 1992/02/19,25&27
- 1992/02/23&25
- 1992/03/01
- 1992/03/05
- 1992/04/19
- 1992/05/10
- 1992/05/31
- 1992/06/21
- 1992/07/19
- 1992/08/16
- 1992/08/30
- 1992/09/27
- 1992/12/24

## \$8.00

- Diwali Puja
- Aust Tour Tape 2
- Aust Tour Tape 4
- Aust Tour Tape 1
- Aust Tour Tape 5
- Aust Tour Tape 6
- Aust Tour Tape 7
- Aust Tour Tape 9
- Aust Tour Tape 10
- Easter Puja
- Sahasrara Puja
- Buddha Puja
- Kundalini Puja
- Guru Puja
- Shri Krishna Puja
- Shri Ganesha Puja
- Navaratri Puja
- India Tour

2 talks  
3 talks  
3 talks  
2 talks

2 talks

## 1993

- 1993/03/21
- 1993/04/26
- 1993/07/04
- 1993/09/19
- 1993/10/24
- 1993/12/11&12
- 1993/12/24

## \$8.00

- 70th Birthday Puja/Easter Puja [93/04/11]
- Pallas Athena Puja/Sahasrara Puja [93/05/09]
- Guru Puja
- Shri Ganesha/ Diwali Puja [93/11/12]
- Navaratri Puja
- Shri Krishna/ Christmas Puja
- Talk on marriages & to bridegrooms/ Sahasrara Puja [94/05/80]

2 talks

2 talks

2 talks

2 talks

## 1994

- 1994/03/20
- 1994/04/02
- 1994/04/03
- 1994/04/05
- 1994/04/07
- 1994/04/13
- 1994/06/26
- 1994/07/13
- 1994/08/27
- 1994/08/28
- 1994/10/02
- 1994/10/04
- 1994/10/09
- 1994/11/05
- 1994/12/27

## \$8.00

- Birthday Puja
- Easter Saturday
- Easter Puja
- Easter Picnic
- Last evening at Burwood
- Shri Mataji .at Wamuran Qld.
- Adi Shakti Puja
- Shri Vishnu Puja
- Shri Ganesha Puja
- Shri Krishna Puja
- Yogeshwara Puja
- Mahamaya Puja in New Zealand
- Navaratri Puja
- Diwali Puja

Christmas Puja

## 1995

- 1995/07/16
- 1995/08/20
- 1995/09/10
- 1995/09/17
- 1995/12/25

## 1996

- 1996/03/13&21
- 1996/05/05
- 1996/06/09
- 1996/07/10
- 1996/07/28
- 1996/09/01
- 1996/09/15
- 1996/09/29
- 1996/10/20
- 1996/12/21&25
- 1996/11/10

## 1997

- 1997/03/16&21
- 1997/05/04
- 1997/05/25
- 1997/06/08
- 1997/07/20
- 1997/08/23
- 1997/10/04
- 1997/10/05
- / /
- / /

## 1998

- 1998/03/20
- 1998/03/21
- 1998/04/19
- 1998/05/10
- 1998/06/21
- 1998/07/12
- 1998/08/16
- 1998/09/06
- 1998/09/27
- 
- 
-

## \$8.00

- Guru Puja
- Shri Krishna Puja
- Shri Ganesha Puja
- Devi Puja Russian/
- Devi Shakti Puja [95/10/08]
- Christmas Puja

2 talks

## \$11.00

- Shivaratri
- Puja/Birthday Puja
- Sahasrara Puja
- Adi Shakti Puja
- Airport talk Vienna/
- Lakshmi Puja in Moscow[96/09/16]
- Guru Puja
- Shri Krishna Puja
- Shri Ganesha Puja
- Shri Krishna Puja
- New York
- Navaratri Puja
- Mahalakshmi/
- Christmas Puja
- Diwali Puja

2 talks

2 talks

2 talks

2 talks

## \$11.00

- Shivaratri/Birthday
- Puja/Hindi Part [1992/03/21]
- Sahasrara/Birthday
- Puja
- Adi Shakti Puja
- Shri Krishna Puja
- New York
- Guru Puja
- Shri Ganesha Puja
- Navaratri-evening before Puja
- Navaratri Puja

2 talks

2 talks

## \$11.00


- 75th Birthday
- Felicitations
- Birthday Puja
- Easter Puja
- Sahasrara Puja
- Adi Shakti Puja
- Guru Puja
- Shri Krishna Puja
- Shri Ganesha Puja
- Navaratri Puja



Australian  
Sahaja 21<sup>st</sup> March '99  
Newsletter

***EASTER PUJA SEMINAR INVITATION***  
The Australian Collective is invited to attend Easter Puja at Balmoral Country Property. This will be held on the Anzac Day weekend, 24th and 25th of April. Interstate visitors would be especially welcome.

Easter Puja Weekend Seminar  
April 24th and 25th (26th is a public holiday).  
Balmoral Property, NSW



"....When a mother gives birth to a child, she always thinks of the welfare of the child. She desires that no discomfort or harm to her child. When you think sometimes I have done this wrong or that sin then a feeling of worthlessness comes. You must understand that you have not done any wrong or sin that I cannot forgive. You have to make you life special so you must look at yourself with respect. Just to say "I believe in Shri Mataji" or wear My badge or tell everyone that you want to meet Her or keep Her photo is not enough. You should at least imbibe some of the qualities of your Mother. What have you done for it? What sacrifices have you made? Just to believe in someone will not work it out. For example, if you go to see the governor and tell him, "I believe in you", will he let you enter? When you believe in someone it means that person is an ideal for you. Then you must bring those ideals into your own life.

**H.H. Shri Mataji Nirmala Devi, Birthday Puja, Bombay 21.3.1991**



## YUVA SHAKTI NEWS

### Yuva Shakti Saturday night program & Working Bee - Country Property.

The collective program of Saturday 3rd April (Easter weekend) will be held at the Balmoral Country property. The Yuva Shakti will be hosting this program and will be staying at the property over the Easter weekend.

Everyone is invited to a *collective working bee* which will also held over the weekend.

#### Drama Camp

Following this will be a Yuva Shakti Drama Camp with the Drama aspect to be presented by Michael McFadden from Canberra. This will be a great event and lots of fun for all.

Everyone who wants to come, or who wants to know more will need to contact Shannon at Burwood, or Annabel Boyer, so that costs etc can be worked out ASAP.

Liallyn Fitzpatrick is also helping out and other parent helpers are needed to help make the week a success.

ALL INVITED!!



In the east, men of spirit were free to explore,  
but the west imposed credos and laws by the score!  
For ages, the seeker of truth in his search  
was led by the nose to the Catholic Church.  
To go seeking elsewhere was a lethal mistake-  
he'd be damned as heretic, burned at the stake!  
But today? for the one who wants wisdom and knowledge,  
there's rant from the pulpit, there's cant in the college,  
there's courses, discourses, there's mantras and chants,  
there are cults of the occult, and hypnotic plants,  
there are crystals and candles and poems and poster,  
there's stuff about ghoulies, and guff about ghosties.  
With Bibles and Korans, the Bhagavad Gita,  
a seeker can live a complete dolce vita!

And millions of merchants, from near and afar,  
offer answers and truths in their bizarre bazaars! ...

**Knowledge of Reality magazine - Issue 13 - The Seeker's Search.**



**OUR JOURNEY** Recommended reading for a screenwriting workshop being held in Rozelle for the past several weeks is *The Writer's Journey - Mythic Structure For Storytellers & Screenwriters*, by Christopher Vogler (Publ. 1992 Michael Wiese Productions). This guide is based on Carl Jung's archetypes and the work of mythologist, Joseph Campbell (namely his *Hero With A Thousand Faces*). The following excerpt, which concerns the main stages of a typical mythical journey, is remarkably similar to our Sahaj life:

**"Stage: Call To Adventure:** Trouble shadows the Home Tribe. You hear its call, in the grumbling of our stomachs and the cries of our hungry children. The land for miles around is tapped out and barren and clearly someone must go out beyond the familiar territory. That unknown land is strange and fills us with fear, but pressure mounts to do something, to take some risks, so that life can continue.

A figure emerges from the campfire smoke, an elder of the Home Tribe, pointing to you. Yes, you have been chosen as a Seeker and called to begin a new quest. You'll venture your life so that the greater life of the Home Tribe may go on.

**Stage: Refusal Of The Call:** Gather your gear, fellow Seeker. Think ahead to possible dangers, and reflect on past disasters. The specter of the unknown walks among us, halting our progress at the threshold. Some of us turn down the quest, some hesitate, some are tugged at by families who fear for our lives and don't want us to go. You hear people mutter that the journey is foolhardy, doomed from the start. You feel fear constricting your breathing and making your heart race. Should you stay with the Home Tribe, and let others risk their necks in the quest? Are you cut out to be a Seeker?

**Stage: Meeting With The Mentor:** You Seekers, fearful at the brink of adventure, consult with the elders of the Home Tribe. Seek out those who have gone before. Learn the secret lore of watering holes, game trails, and berry patches, and what badlands, quicksand, and monsters to avoid. An old one, too feeble to go out again, scratches a map for us in the dirt. The shaman of the tribe presses something into your hand, a magic gift, a potent talisman that will protect us and guide us on the quest. Now we can set out with lighter hearts and greater confidence, for we take with us the collected wisdom of the Home Tribe.

**Stage: Crossing The First Threshold:** The ranks of the Seekers are thinner now. Some of us have dropped out, but the final few are ready to cross the threshold and truly begin the adventure. The problems of the Home Tribe are clear to everyone, and desperate - something must be done, now! Ready or not, we lope out of the village leaving all things familiar behind. As you pull away you feel the jerk of the invisible threads that bind you to your loved ones. It's difficult to pull away from everything you know but with a deep breath you go on, taking the plunge into the abyss of the unknown.

We enter a strange no-man's-land, a world between worlds, a zone of crossing that may be desolate and lonely, or in places, crowded with life. You sense the presence of other beings, other forces with sharp thorns or claws, guarding the way to the treasure you seek. But there's no turning back now, we all feel it; the adventure has begun for good or ill.

**Stage: Tests, Allies, Enemies:** We Seekers are in shock - this new world is so different from the home we've always known. Not only are the terrain and the local residents different, the rules of this place are strange as they can be. Differing things are valued here and we have a lot to learn about the local currency, customs, and language. Strange creatures jump out at you! Think fast! Don't eat that, it could be poison!

Exhausted by the journey across the desolate threshold zone, we're running out of time and energy. Remember the people back in the Home Tribe are counting on us. Enough sight-seeing, let's concentrate on the goal. We must go where the food and game and information are to be found. There our skills will be tested, and we'll come one step closer to what we seek.



JAI SHRI MATAJI  
EASTER PUJA  
Istanbul  
23rd to 25th April 1999

Dear Sahaja Brothers and Sisters,  
We, all the collectivities of Greece, Turkey, mania, Bulgaria, Israel, Algeria, Morocco, Iran, Dubai and Tunisia are very happy to invite you to unite under The Feet of Our Holy Mother for Celebration of love, compassion and forgiveness.

The address of the area where Puja will be held is : (same place as last year)

HOTEL DEMYRKOY - ATAKOY - 2. KISIM - SAHYL YOLU - (NEXT TO THE GALLERIA SHOPPING CENTER) - BAKIRKOY / YSTANBUL

The puja camp will be rented for 4 days 23-26, April.  
\*\* This place is only three kilometers from airport.  
For further information you can contact to :  
Nese Algan, FAX 00 90 212 246 67 18  
e-mail : nalgan@domi.com.tr

Arrangements have been made for transfer from the airport to the Puja Camp with buses. Please advise the exact arrival and departure dates to :  
Mrs. Banu Gokyar  
Mobil tel : 00 90 532 524 42 66  
Fax : 00 90 212 245 19 21 or 00 90 212 245 17 32

If any one wishes they can stay in a Hotel which is next to Puja Camp.  
For the reservation contact : Mrs Sema Buldanlyo?lu  
Mobile tel : 00 90 532 665 68 46  
Home tel : 00 90 212 265 57 75  
Fax : 00 90 212 246 67 18  
e-mail : Jordana@supronline.com.tr

It is our desire to conduct a Sahaja Yoga public program on 27th of April. For attention of those who want to stay for the public program: the puja camp will be rented only till April 26. Only staying (no food) is included on 26 of April. There is no possibility to stay in the camp on the public program day.

It is kindly requested that you inform us the earliest possible, how many people from each country will attend so that proper arrangements may be made. Please send your reply to:

Nese Algan  
FAX : 00 90 212 246 67 18 e-mail : nalgan@domi.com.tr

We desire to have maximum attendance from each country in order to enjoy each other fully.

Jai Shri Mataji  
Greek, Turkish, Rumanian, Bulgarian, Israeli, Algerian, Moroccan, Iranian, Dubai, and Tunisian Collectivities.

#### Congratulations!

To Peter Morgan and his wife Fu who are the proud parents of a beautiful little girl born Wed. 17/3 at 4:30 am, weighing 3316 gms. They are both "over the moon with joy". Congratulations to them both!

**Stage: Approach To The Inmost Cave:** Our band of Seekers leaves the oasis at the edge of the new world, refreshed and armed with more knowledge about the nature and habits of the game we're hunting. We're ready to press on to the heart of the new world where the greatest treasures are guarded by our greatest fears.

Look around at your fellow Seekers. We've changed already and new qualities are emerging. Who's the leader now? Some who were not suited for life in the Ordinary World are now thriving. Others who seemed ideal for adventure are turning out to be the least able. A new perception of yourself and others is forming. Based on this new awareness, you can make plans and direct yourself towards getting what you want from the Special World. Soon you will be ready to enter the Inmost Cave.

**Stage: The Supreme Ordeal:** Seeker, enter the Inmost Cave and look for that which will restore life to the Home Tribe. The way grows narrow and dark. You must go alone on hands and knees and you feel the earth press close around you. You can hardly breathe. Suddenly you come out into the deepest chamber and find yourself face to face with a towering figure, a menacing Shadow composed of all your doubts and fears and well armed to defend a treasure. Here, in this moment, is the chance to win all or die. No matter what you came for, it's Death that now stares back at you. Whatever the outcome of the battle, you are about to taste death and it will change you.

[In the above stage occurs what] Campbell calls death of the ego, 'apotheosis', where the hero is fully part of the cosmos; dead to the old, limited vision of things and reborn into a new consciousness of connections. The old boundaries of the self have been transcended or annihilated, [where he becomes one with his divinity], soars beyond normal limits and sees the broader view of the connectedness of all things.

[Taking place in the next stage is] self-realization...where the hero(es) see who they are and how they fit into the scheme of things. They see the ways they've been foolish or stubborn. The scales fall from their eyes and the illusion of their lives is replaced with clarity and truth. [Also occurring is] epiphany, where others may see in their changed behaviour signs that they have been reborn and share in the immortality of gods...as in the Epiphany of Christ on 6 January [ie. Orthodox Christmas] where the Three Wise Men first realised the divinity of the newborn Christ. The hero(es) suddenly realise they are sacred beings, connected to all things.

**Stage: The Resurrection:** We weary Seekers shuffle back towards the village. Look! The smoke of the Home Tribe fires! Pick up the pace! But wait - the shaman appears to stop us from charging back in. You have been to the land of death, he says, and you look like death itself, covered in blood, carrying the torn flesh and hide of your game. If you march back into the village without purifying and cleansing yourselves, you may bring death back with you. You must undergo one final sacrifice before rejoining the tribe.

Your warrior self must die so you can be reborn as an innocent into the group. The trick is to keep the wisdom of the Ordeal while getting rid of its bad effects. After all we've been through, fellow Seekers, we must face one more trial, maybe the hardest one yet.

**Stage: Return With The Elixir:** We seekers come home at last, purified, and bearing the fruits of our journey. We share out the nourishment and treasure among the Home Tribe, with many a good story about how they were won. A circle has been closed, you can feel it. You can see that our struggles on the Road Of Heroes have brought new life to our land. There will be other adventures, but this one is complete, and as it ends it brings deep healing, wellness, and wholeness to our world. The Seekers have come home.

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