

NEWSLETTER OF THE AMERICAS





# SUDARSHAN

: WODS

Herbert Reininger

With all our love from your brothers and sisters from

inuneasurable Ocean of Divine Love! surrender to Her Lotus Feet and we will all melt into Her terialism so that people have no excuse anymore not to will bless the whole world by removing the Maya of maon this auspicious occasion of Christmas, praying that She We offer our hearts to Shri Mataji in the form of Shri Jesus

your response to our Sahaja Yogis in Salvador, at 005571-Every Sahaja Yogi is welcome and you can stay as long as you want. Cost per day ca. US \$7.00. Please phone or fax be able to enjoy every now and then a dip into the Ocean. and the noise of the cities- but near enough to the sea to house on a river, far from every temptation of beaches After the India Tour we are going to have an open semi-nar in January in Salvador. We have rented a beautiful

entist to spread Her message on a highly effective level! speech and action is amazingly Sahaj and we could very much feel Shri Mataji using this bright and intelligent sci-But even without that (maybe he is born realized?), his Berkeley, CA 94702 c/o Elmwood Institute 2522 Ave. San Pablo Fritjof Capra

Snam eint of notiesitism evig bas og encemos age of 'Spiritual Science'i...! ask all of you, why can't new understanding of reality at the beginning of this new with wrong methods! We are going to have a complete vant because it was done under wrong assumptions and He also dismissed all scientific research so far as irrele-

Shri Mataji, because he was speaking about the world as a Parts of Capra's talk seemed to be inspired directly by haja Yogis have known for a long time!), that there is no "other" and everything we do is affecting all of us!

problems or higher labor costs. The reason is (which Sato manufacture in their own country because of pollution ego of the white race!), that they cannot - or do not want ucts in the 'third world' (and whoever named that is the ternational companies cannot 80 on manufacturing prodway business is done today has to change accordingly. In-If we apply this new understanding, then necessarily the

the need to understand that there is only one world and we are part of it! change their way of looking at business. He emphasized them that it they want to stay competitive they have to mainly to influential business executives to explain to Capra had spent about two weeks in Brazil, speaking

usspoord aures au more correct to say: we are all one, or we are all part of deep, almost Sahaji One question asked was: What is Dimensions, and the level of the discussions was very tists and philosophers. The theme was Encountering the City of Peace, and was attended by many famous scien-The conference was organized by an institution known as

not see a single guard on our way and all doors were de, because normally there is heavy security. But we did and bandhans! Afterwards, Custavo said this was a mirahall of senators, clearing out the vibrations with mantras works there, right into the Brazilian parliament, into the Yogis of Brasilia went, with the help of Gustavo who from the songbook! Early the next morning all the Sahaja Vandita, the Three Mantras of Shri Mataji and other items perform and we were sitting on the stage singing Vishwa On two evenings of this conference she was invited to

together with her and now she is learning all the Sahaj musicians there. You can imagine how nice it is to sing is a disciple of Curuji in Nagpur and she knows all the classical Indian singer living in São Paulo for 20 years. She ment with Fitjof Capra. I was there together with Meeta, a s-seminar and attended a conference about the environ-Three weeks ago I was in Brasilia for a spontaneous Saha-

from Sydney. He has done a lot of work to make Sahaja Yoga presentable on this level. trol" is in progress. We are using the material from Pavan largest bank in the form of Sahaja Yoga and Stress Con-The project to introduce Sahaja Yoga within the second

soon as something is moving again. that this chance should not get lost. We'll let you know as because some people are still very cooperative and say this project and there are good opportunities to continue, Now we are looking for a different approach to realize

we are in no way the doer of anything that is done in the Paulo logistic department, seems to have become a very deep and dedicated Sahaja Yogi now, understanding that and Roberto's assistant, who is himself the boss of the São there is always a positive side in Shri Mataji's teachings a Yogis we have a clear idea what happened. But as it is, did that or for what gross reason it was done. But as Sahastabbed him to death! There are no conclusions as to who a very dramatic way. Two people entered his house and And then we heard that he was taken out of circulation in

attacking him but still he would not surrender. soon that he wanted to carry this project with his ego. So we started to shoebeat and burn the negativity that was pean standards, very right sided, and it became clear very not possible to reach him anywhere. He is, even for Euro-Then we did not hear from him for some time and it was

influence to mobilize all the support he could get. brought all the influential people together once he had heard from Dr. Marden about Sahaja Yoga. He used his by a businessman, Roberto, who was the one who The preparations for the first steps were mainly carried

happened that forced us to rearrange the whole idea. the help of influential people all over Brazil, the activities have come to a stop, because six weeks ago something a great start of the project to introduce Sahaja Yoga with So here is an update of what is happening in Brazil: After

There are so many seekers there, it is a very spiritual second largest collectivity in Sahaja Yoga after Russia. ly for Brazil in July, Shri Mataji said, "Brazil will be the As for the 16,000 Yogis for the Vishuddhi: when I left Ita-

really doing all this work! working on so many levels and still understanding who is What a variety of activities the Yogis have prepared, the feeling that things are moving in the Americas, finally! It is wonderful to read all this exciting news, it gives us

about Shri Mataji's tour of North America. and I just received the issue of the Sudarshan speaking Things take some time in the left part of the Vishuddhi

Dear Sudarshan!

São Paulo, Brazil

### SYDNEY NEWS

## PENRITH CARNIVALE.

Sahaja Yoga held a stall at the Penrith Carnivale, quite recently. Realisation\_took place against a background of rather heavy rock music. About 100 mainly teenagers came during the day. They thought it was great. Many brought their friends and girlfriends back and suggested that the Sahaja Yogis come to Panther's Leagues Club to do their thing!

# FAIRFIELD CARNIVALE.

Six yoginis set up a Sahaja Yoga stall at the Fairfield Carnivale on the week end. From 3-7pm many people received their realisation. Many members of the El Salvadorean Community were represented, along with more teenagers. The Yoginis were busy all day, and many people were interested in following up the experience. The Carnivale organisers invited us, infact actively encouraged us, to hold courses at the Fairfield Community Hall. So this day was a stunning success.

## BURWOOD

Over the next 5 weekends, starting with the weekend of 19th-20th (not tomorrow's weekend) there will be concentrated building activity going on at Burwood, Making necessary repairs, and generally lifting the vibrations before Shri Mataji stay with us. Its exciting stuff.

If you would like to be a part of this venture and if preferably you have building experience then let Paul Henwood know on Phn. 560 0029.

M. Fogarty.







# Contributions:

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FEBRUARY 11+L

# SRI MATAJI'S TOUR OF S.E.A. & AUSTRALASIA 1994

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13	WED				NZ				
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# Lakshmi Puja at Tracey and Avinash's Property.

On the Saturday of the Puja car loads of Yogis began departing Sydney towards the rolling hills of the Southern highlands. From all accounts every available seat in each car heading south was filled. The drive south was very pleasant, the highway has recently been upgraded and is now an expressway from Sydney to Goulburn. From Goulburn we headed towards Taralga the nearest town to Avinash's property.

We arrived Saturday afternoon to find many Sahaja Yogis enjoying their time away from the rigors and demands of city life. The Puja was scheduled to begin at 4:00pm, around 6:30 the last of the attendees arrived as the Puja was about to begin. Around 70 people had gathered for the Puja. The altar for Puja was setup outside on the grass beside the house, the sky, the earth and the trees providing a spectacular backdrop for the Puja.

The Sahaja Yoga musicians complemented the scene by providing an accompaniment to the sounds of the birds and the wind blowing through the trees. The Puja was very simple with a Shri Ganesha Puja and a Shri Lakshmi Puja. The Puja was about to end as the sun began to set, the Yogis attention was drawn to a large mass of cloud on the horizon which began to glow with an orange hue as it was illuminteed by the rays of the setting sun. As we all looked on we saw the head of Shr! Ganesha forming within the cloud, one could make out Shri Ganesha's Elephant head, His winnowing ears, and His trunk extending to the earth and turning to the left. As we began the Aarti to Shri Ganesha the sun had set and the cloud formation glowed with a red hue before slowly dispersing. The vibrations of the Puja were very strong, everyone remained very quiet absorbing the vibrations, enjoying just

being there, sitting on the blessed earth in the company of Sahaja Yogis and in the worship of Our Most Holy Shri Mataji,

Following the Pujs we enjoyed a meal, a cool drink and the spectacular night sky. As we sat outside and talked we enjoyed the array of stars above us, the combination of clear country air, a moonless night and the absence of city lights combined to put on an unforgettable display. As time for sleep approached, many of us abandoned the notion of sleeping under a roof and instead took our rest under the canopy of the Milky way stretching across the horizon. We lay for quite a time talking and looking up at one of the most beautiful sights

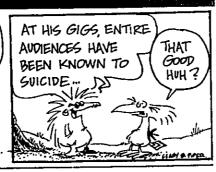
The next day was the Goulburn exhibition and Concert and was heralded with rain. Sahaja Yoga has been granted a venue within the new Community Center. This served as the venue for our Exhibition, and a stage on which to perform the Music of Joy Concert. The concert began around 10:00 and the musicians were in fine voice. The concert had a mixture of western, contemporary and eastern music. The smaller size of the venue and the crowd seemed to make the music more accessible to the audience who really showed their appreciation of the concert. Following the concert the new people stayed on to enjoy a cup of ten and to have a look at the exhibition.

During the concert Avinash announced that Public Programs would be held at Goulburn and at Crookwell. After the concert three of the new people approached Avinash and said that they were from Taralga and invited him to hold programs there. Taralga is only 7 kilometers away from his property. They warned him that Taralga was quite Catholic so it was wise not to advertise, they suggested that he leave everything to them. They knew the people in town to invite and would organise a venue for him. Quite a nice end to our weekend in the country.

# Beyond the Black Stump







## 1994 PUJA DATES.

**⊁** THURSDAÝ

10 th MARCH 1994 MAHASHIVRATRI.

MÒNDAY

21 st MARCH 1994 H.H.SHRI MATAJI BIRTHDAY .

SATURDAY

26 th MARCH 1994 HOLI =

\* SUNDAY MONDAY 3 rd APRIL 1994 EASTER SUNDAY" 11 th APRIL 1994 GUDI PADAVA (SHALIVAHAN NEW YEAR)

WEDNESDAY 20 th APRIL 1994 SHRI RAM NAVAMI (BIRTHDAY)

SATURDAY

23 rd APRIL 1994 SHRI MAHAVIR JAYANTI (BIRTHDAY)

MONDAY .

25 th APRIL 1994 HANUMAN JAYANTI (BIRTHDAY)

THURSDAY

WEDNESDAY

WEDNESDAY

5 th MAY 1994 SAHASRARA DAY

FRIDAY

25 th MAY 1994 SHRI BUDHHA POORNIMA

22 nd JULY 1994 GURU PUJA

SUNDAY

21 st AUGUST 1994 RAKSHA BANDHAN

\* FRIDAY 9 th SEPTEMBER 1994 SHRI GANESHA PUJA

THURSDAY

5 th OCTOBER 1994 NAVRATRI PUIA BEGINS

TUESDAY

13 th OCTOBER 1994 VICTORY DAY

WEDNESDAY

I ST NOVEMBER 1994 DEEPAVALT FESTIVAL BEGINS 2 nd NOVEMBER 1994 NARAK CHATURDASHI

THURSDAY

3 rd NOVEMBER 1994 SHRI MAHALAXMI PUJAN

FRIDAY

4 th NOVEMBER 1994 BROTHERS & SISTERS DAY

SUNDAY

25 th DECEMBER 1994 CHRISTMAS DAY

EXCERPT FROM NIGEL'S LETTER. . . U.K.

I have a story for you. I went to the Austrian India Tour seminar on the 21st January over there. It was most excellent good fun (at last I can rival your stories, even if only vicariously). I landed at Vienna at 11,00pm to be met by Martin and Sita from the Neustadt Ashram on the outskirts of the city. Martin and I had a quick game of some new Austrian game a bit like Solitaire cum Connect 4 which he beat me at. He was quite pleased as he had been beaten by everyone else previously! (I blamed jet

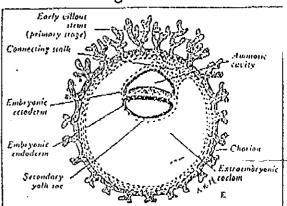
Next morning guess whose job it was to do the 'time for meditation' bit? Anyway we started the day with a video of the Shri Krishna talk given by Next morning guess whose job it was to do the 'time for meditation' bit? Anyway we started the day with a video of the Shri Krishna talk given by Shri Mataji in Yamunaga, and after that we had a collective workshop with all of us in long lines working on the person in front. As there were about 200 people there by this time (from Austria, Hungary, Slovakia, (Zech and...England) it was quite a nice affair. Nice vibrations. After my first real Austrian lunch (including something apparently world famous alled Sachs cake) we had a Shri Krishna puja. This was a really special alled Sachs cake) we had a Shri Krishna puja. This was a really special alled Sachs cake) we had a Shri Krishna puja. This was a really special affair, too. By this time 320 or so people had turned up, so it was affair, too. By this time 320 or so people had turned up, so it was affair, too do not not not not puja at Cabella. By the time it really very much like an international puja at Cabella. By the time it you'll appreciate that with said temperatures, we were not so detached as to hold an Australian type puja!!). I can't remember the exact order of play from thereon in (bliss bunny, I'm afraid!), but after dinner we folly from thereon in (bliss bunny, I'm afraid!), but after dinner we sang songs and bhajans and had an excellent India Tour slide show with samp songs and bhajans and had an excellent India Tour slide show with seen fortunate enough to go. There was a lot of laughter, I remember!

\*\*Collection\*\* of our favourite Kewallis from Delhi (and in particular the lead' singer if that's what he's called) who thrilled us all with some inspired poetry in praise of the Devi in India. The Austrian version was as loving, but was hysterically funny in the way that his delivery was as loving, but was hysterically funny in the way that his delivery was

mimicked. By the end (an hour) we were all, and I mean all, dancing and laughing and giggling and.....you know. You can tell Stephan that I even had to do the horse dance, that shows you how bad things had got on the



The amazingly similar dance of creation depicting Lord Shiva and the embryo showing how life forms begin to manifest.



# Bellingen Fair and Concert February 19th.

On Saturday February 19th Sahaja Yoga will be exhibiting at the Bellingen Fair. Bellingen is a small town situated in picturesque rainforest on the mid-north coast. Over the years it has become somewhat of a haven for people seeking an alternative to the rigors and demands of city life.

Bollingen is situated on the Bellingen river at the base of the Dorrigo plateau, the countryside is lush and green and overflowing with the bounties of Mother Nature. The Bellingen Fair attracts many people from up and down the mid north coast. The nature of the Town seems to attract people who are very used to ideas about alternative lifestyles, meditation and spirituality.

Sahaja Yogu has been granted a site in order to display our Exhibition and to give people their self-realisation. The Fair also has a stage upon which different musical groups perform. There are groups already performing in the morning, the Sahaja Yoga Musicians have secured a two hour slot from 1.00 to 3.00 pm. John and the musicians have agreed to make the trip north for the concert. So it should be a very pleasant weekend in the country.

Grueme and Helena have invited all Sahaja Yogis who wish to come for the Feir and concert to stay at their house. They own 25 acres of beautiful at Valla (which is about half an hour away from Beilingen, 10 minutes from the beach). If people wish to stay on for a day or two and extend their stay then they are also most welcome. Could those people who are planning to come for the weekend please inform John Smiley (musicians) or Chris Kyriacou (run of the mill Yogis).

The Bellingen Fair requires our Exhibition to be setup by 7:30 am so people coming for the weekend should plan to come up on Friday evening. Valla is about 6 hours drive north of

# Directions to Graeme and Helena's House) Lot 6 Fuerte Drive Valla, (065) 69 5153

Drive north along the Pacific Highway, Valla is a few kilometers north of Nambacca Heads. As you drive past Nambucca Heads ignore all the signs to Valla. You will come to sign signifying a right hand turn to Valla Beach, slow down, take the next left hand turn after the Valla Beach sign, the street is called East-West Street.

Drive about 5 kilometers down East-West Street until you come to a T - intersection, take the right hand turn into Sullivans Road. Drive along Sullivans road for a few hundred meters and take the first left into Fuerte Drive. Drive to the end of the road and Graeme and Helena's house is Lot 6.

P.S If large numbers of Yog's attend then the ladies will be accommodated in the main house, and the men will be staying in the house currently being renovated. As such is anyone has any mosquito then it may be advisable to bring it slong