

THE AUSTRALIAN

# Sahaja Newsletter

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## PRAISE BY ADI SHANKARACHARYA

And She took many incarnations to save the world, Gods, and human beings from demons. In modern times, demons of the past have come with decent and attractive appearances. Man has become a slave of his nature and goes to extremes to accomplish his ambitions, ending in disaster. The Ocean of Love as the Divine Mother is, She has again descended onto this world, on the 21st of March, 1923, to save mankind (21st March is equinox when day and night are equal).  
Perhaps She has taken the birth on this day to correct imbalance even at the cosmic level.

Adi Shankaracharya has said "Your right eye being the embodiment of the Sun creates day, Your left eye being the embodiment of the Moon creates night, Your third eye radiant like the slightly open golden lotus, creates twilight". He also says that due to collyrium that the Mother wears, Her eyes become tri-coloured - The streak of red, the natural white colour of the eyes and the black of the collyrium. They look like the triad of the three quantities - Raja, Sattwa and Tama.

O Mother, You are not only correcting the imbalances of the people, but are also freely distributing the Divine Bliss which could be enjoyed by very few in the past after great efforts. May thousands and thousands more come and drink the nectar that is flowing from Your Lotus Feet. Proximity to Your Lotus Feet is Moksha and You are so kind that You are present in our hearts the very moment we remember You.  
O Mother, pray, kindly keep this form of Yours for years and years, so that all seekers get their salvation and Mother Earth is relieved from all evil. What can we offer in Puja when You are everywhere and everything, including our Selves?

# SYDNEY NEWS

## THE SEWA CENTRE

As has been mentioned in various places during Sri Mataji's tour, we are seeking to make Burwood into a proper resource centre. In the next month or so we need to "restock" Burwood with a collection of yogis and yoginis who will supervise and co-ordinate various activities. This does not mean we are looking for 'full-time' operators. Those living in the SEWA centre will still live life in the normal way, but that some of their spare time could be devoted to overseeing various projects, rather than necessarily doing them themselves.

Such projects will include:

- Video copying
- audio copying
- the production of leaflets, pamphlets, booklets etc on a less ad hoc basis than is done at the present time.
- the development of a library
- the long standing job of putting Sri Mataji's talks onto disk. This is a supervisory and cataloguing job with offers already coming from all over Australia and possibly even from overseas.
- There are specialist activities that can be activated such as a proper production of the Guru Book - and there may be others.

We need expressions of interest from single people, married but childless couples and of course, what we will call Dharamsala childless couples. An ashram without children is in some ways an unbalanced place but the activities envisaged for the Sewa Centre make it imperative that when necessary, one can concentrate on what has to be done and can be done without family interruptions.

The Sewa Centre will not be a Sahaja Yoga 'sweat shop'. But we do want to try and put our attention on the jobs in hand.

The Sewa Centre will require certain behaviour standards. It should be truly an expression of Sahaja Yoga in practice. All those living there should be prepared and eager to meditate each morning. They should be prepared to participate in the weekly public 'in house' programmes and to do all the normal Sahaj practices. It is hoped that we can develop a truly joyous place to live where Sri Mataji's work is foremost, but where everyone would like to live.

Those who wish to apply to live there, should be prepared to stay for a minimum of 12 months and a maximum of 2 years. Of course, there will be exceptions and of course there will be activities other than those already mentioned. This is merely a guide and an explanation of what is planned.

Expressions of interest can come from anywhere within Australia as well as overseas.

It's a great idea and let's make sure this time that it works. Please apply to Stephan at Burwood.

## AUCKLAND NEWS.

The weekend of 11-13 March was especially active for the ashram. Sivatri was celebrated joyously on Friday night with the recitation of the 108 names of Siva, the 4 children washing Mother's feet and singing our favourite bhajans; all in front of colourful offerings of food and flowers. There are now Yogis from outside the ashram coming to Puja.

On Saturday night we had tentatively arranged, via a good friend Satya Deo - a Brahmin 'pundit', to host a group of musicians and families from the Indian Hindu community. Satya has been coming to programmes since last winter and makes interesting contributions. At 7 pm he calls to say they are arriving in half an hour. Soon the cars were packed in the driveway, huge pots of food were unloaded, women in saris and children and men with their instruments all entered the ashram for the first time. With respect and familiarity about 40 (plus us) packed into the meditation room.

David Sharp welcomed them emphasising our common goals and the importance of such cultural interaction relating it to Sahaja Yoga. Then he spoke briefly on our shared understanding and worship of the Deities. This was followed by the video tape of Sri Mataji giving Self-Realisation. The majority felt the 'Cool Breeze'. Jai Sri Mataji. A large photo high on the wall of Sri Mother seemed to express delight at this auspicious occasion. The vibrations were very cool when Satya first spoke in Hindi. He had, for months, been trying to arrange this gathering and through Sri Mother's blessing it had happened. The timing is significant regards Her visit to Auckland. (Satya's generosity has paid for a large advert in the Hindu newspaper telling about Sri Mother's programme here).

The musicians were eager to begin. Our group opened with Ganesha Stutti after saying Mantras to Him. Our one guitar and percussion was quickly joined by their harmoniums and tabla and drums adding their own joy and energy. They then played 2 kirtan followed by one from us and so the evening was spent until nearly midnight. We finished with the Aarti and Mantras and speeches of appreciation expressing gratitude of this evening, that may there be many more to come.

Over a huge and very 'Indian', vegetarian meal at midnight some expressed their desire to return for meditation programmes. We all thoroughly enjoyed the evening and through Sri Mother's blessing we seem another step closer to helping with religious intergration and spreading Sahaja Yoga.

Jai Sri Mataji.

From: Peter Hewitson, Darwin  
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Hope you can use this for possible inclusion in the S.Y. Newsletter.

My friend and workmate Trevor was dying of cancer. I had explained to him on several occasions about Sahaja Yoga especially the healing benefits and although he showed mild interest was more concerned with finding a miracle drug which would save him from the "jaws" of death.

Six months later he was in hospital, at death's door, a shrunken 45kg skeleton. I visited him with Rebecca, my daughter and after a few pleasantries reminded him about Sahaja Yoga, the raising of the Kundalini and Self-Realisation. He nodded vaguely but didn't show much enthusiasm.

"If you like I'll do it for you now." I said and without waiting for a reply proceeded to raise his Kundalini. On the first pass he said, "Ah, so that's how it's done!" On the second pass he said, "Oh, I can feel that!" and on the third pass he closed his eyes, let out a deep sigh and looked completely relaxed. I then put him in bandhan whilst he appeared to be asleep. (Rebecca thought he was dead!) Presently his eyes opened and he remarked how he could feel the energy coming from both of us. "I can feel it all round the room." he said. (Both my hands were tingling like mad!) ●

It was soon time for us to go and he asked us not to mention our meeting to anyone. The following day he called his family around him. They held each other close and he explained that he had found peace with God and for them not to worry about him as he would be looked after.

I attended the funeral three days later and the minister, who knew Trevor, related a few anecdotes about his life. Then he said a remarkable thing. The minister had visited Trevor the day after I had. "A miracle has happened. I'm cured, whole, I feel no pain and I've found peace with God!" Trevor had told him. The minister saw that Trevor was dying at this point. Finally he told the minister to keep up the good work, tell everyone to love one another, especially the children and to love God.

It was interesting to note that the minister then quoted a saying by Jesus Christ from the New Testament. I can't remember the exact wording. Jesus said "No one reaches the Father except by me." I wondered how many people present realised the significance of those words.

Peter Hewitson, Darwin  
19 March, 1994



Perfect weather, the delightful company of so many brothers sisters, delicious food and the presence of our Holy Mother close by - Gidgegannup was paradise. And the plumbing worked! Everyone asked gave the same reply - it's been wonderful.

Although we did not have Mother with us for very long in person, She was flowing through us so strongly all the time. When Kate was waiting outside the place where Shri Mataji was resting she sat enjoying the vibrations, but when she later walked up the hill to where we were enjoying an entertainment evening, she found the vibrations were very much stronger. Then she knew where Mother really was! Several yogis also mentioned experiencing a strong flow of energy around us all as we settled down for the night.

The concert acts ranged from the serious to the side-splitting. Clodagh and Susie (both 14) together wrote, directed, costumed and acted out a drama about Shri Ganesha's birth which brought the house down - at the critical moment, when Parvati instructed Siva's men to seek out the head of the first animal they encountered, Jo's dog Bonny appeared as if from nowhere and walked straight up to Ganesha! The actors behaved very professionally and waited for audience to recover before they completed the drama in its traditional form.

A slide-music presentation 'The Story of Australia' explored the experiences of immigrant and indigenous Australians, highlighting in a matter-of-fact manner the insults and indignities which need to be pardoned if we are to restore the balance between people of different origins as well as that between the people and the land itself. In preparing the material the yogis involved felt much clearing, both personally and in the wider sense. There is much more to be done. Two aboriginal ladies attended the Public Programme.

Mother was impressed with the people at Sunday's Programme. They were mature and sensitive and didn't make fun or distractions. There were just over 600 people including yogis and all were quiet and receptive of Shri Mataji's talk which was very direct. It seems that many of the seekers had already experienced the cool breeze during the bhajans earlier. Mother went through the Realization meditation with them and almost all raised their hands to confirm they had felt the cool breeze.

About 30 who did not have a strong experience were invited up onto the stage where Mother Herself worked on many of them.

She told us afterwards that they all had agnya which was surprising as many of them were Christians. It may be because Christ was angry at their lack of forgiveness while still saying they were Christians.

Uncle Stephan gave the opening talk which was preceded by some delightful bhajan singing. Perth yogis have certainly changed since the days when no-one could sing. Now we have many instrumentalists as well. It was a great pleasure to have John Smiley and Anil Sattershetty joining the group for the programme too. Yogis in the audience felt very happy, as if we were with new brothers and sisters long before the Realization was given.

The next day one gentleman was waiting on the Ashram doorstep - he couldn't wait for the advertised follow-ups - he wanted to get started! Another gentleman rang and said he smelt the perfume of the flowers around Mother as She was working on him. He awoke next morning and immediately got up to try to be in meditation. He put his attention on Mother and tried to remember what She had shown him and the perfume of the flowers filled the room. He called his wife, who had not attended the programme and she smelled them too!

Instead of hiring a special venue for the follow-up programmes we decided to have them on two consecutive evenings at the regular venues. This gave seekers the opportunity to attend twice at three different places near the city. More than 100 people came altogether to the six programmes. At the Ashram yogis had to sit outside as there was no more room. From the quality of the people we are hopeful that some will stay. Shri Mataji requested us to take care of them in a Sahaj manner and to look after them as they are such good people.

During Her visit Shri Mataji indicated that Gidgegannup is an inspiring place for artists and that it easy to meditate there. She enjoyed the many perfumed flowers placed in Her apartment and felt that in the land of Shri Ganesha there should be perfumed flowers. We have been having our most successful seminars at Gidgegannup, with seekers coming back regularly, perhaps because we can be so close to Shri Ganesha there. They can sit on the ground or grass to learn shoebeating, be close to the water and generally experience the healing power of nature during the talks. The vibrations have been noticeably increasing throughout the past year.

We were so pleased to have fourteen of our brothers and sisters from Sydney and Canberra join us and also to welcome Dr Bogdan and Nirmala as well as Val and Sue from South Africa. So there were almost 100 yogis staying together for the three days of Mother's visit, camping at Gidgegannup. Jai Shri Mataji! Love from Christine Driver in Perth.

#### TAIWAN/TOKYO NEWS

News from Vinay Shrivastava via Caroline. The Tokyo public programme was excellent. There were 400-500 people attending. Sri Mataji said they were silent and very good people.

In Taiwan, 300 people attended the public programme. Sri Mataji was very pleased and happy with that programme also. She says S.E. Asia is going well.

To Presidium  
of Peter's Academy  
of Arts and Sciences

Official presentation of Shri Mataji Nirmala Devi  
for elections to Honoured Member of Academy

Mrs. Nirmala Shrivastava, Doctor of Philosophy and Medicine, a distinguished authority on the fields of religion, philosophy and science, by Her noble activity does very much to promote happiness and friendship of Indian and Russian peoples (and all the nations of the World); She was always regarding our land as a centre of the world spirituality and morality, centre of rapprochement peoples of West and Orient, centre of revival that sublime ideals, which have been put forth by Russians and many other nations of Russia.

Being the Founder of Elevating Teaching of Sahaja Yoga, Mrs. Nirmala Devi Shrivastava absolutely connects physical and psychic health of a man with the mode of his life and morality.

Shri Mataji Nirmala Devi was born in 1923 on 23rd of March in Chandvare, central part of India, in the noble Christian family. Having revealed Her extraordinary abilities already in childhood, later She got the High Medical Education and took an active part in the struggle for national independence of India. In 1947 She married Mr. Shrivastava, and now they have two daughters.

Sir Ch.P.Shrivastava for 16 years occupied the post of General Secretary of International Navy Organization of United Nations system. Having been unanimously elected for this post three times in succession, now he is Honoured General Secretary of this agency. During the elections to the prime-minister of India Sir Shrivastava held office of General Secretary. He was rewarded by 34 awards of different countries. The Queen of England marked his retirement granting him honorary title of Knight Commander of the Order of St. Michael and St. George.

Mrs. Shri Mataji Nirmala Devi and Mr. Ch. P. Shrivastava, considering the Russian people to be spiritual and pure, see in our Motherland the centre of spiritual revival of the World.

Being absolutely sincere, from the bottom of my heart I recommend to Presidium of Peter's Academy of Arts and Sciences to elect Shri Mataji Nirmala Devi to be Honoured Member of our Academy.

Vice-President

Peter's Academy of Arts and Sciences

Y.A.Voronov

This offer was approved and supported  
by the Academy full members,

Doctors of Medicine and Philosophy

F.G.Uglov

F.V.Sergeantov

04.11.1993

#### MORE SYDNEY NEWS

##### BABY NEWS.

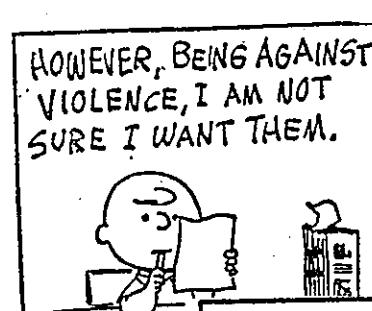
Congratulations to Malcolm and Jayu Stott on the arrival of their baby boy Dattatreya, born 7th April 4:17pm - 5lbs.

##### FOR RENT

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