

Creating Inclusive Sport Spaces for LGBTQ+ Youth

Action Plan



Answer these questions as you take the course. Use the information to make a concrete action plan to create inclusive sport spaces for LGBTQ+ youth.

Lesson 1: The Youth Sport Experience

What positive benefits do you want athletes to gain from participating in sports?

How similar and different are athletes on your team to each other? To you?

What are the benefits of having athletes from different backgrounds and experiences on the same team? What are the challenges?

Lesson 2: LGBTQ+ Youth Participation in Sports

Do you have out LGBTQ+ athletes on your team? If so, what do you think their experience is like?

Do you think LGBTQ+ athletes feel (or would feel) included?

Have you taken any steps to make your team more inclusive? if so, what were they?



Lesson 3: Creating Inclusive Spaces

Which of these suggestions would be most effective on your team?

What other actions could you take to create an inclusive sport space for LGBTQ+ athletes?

Learning Summary Action Plan

Which of these actions can you take right now?

Which ones do you need more time and resources to implement?

What challenges might you face in implementing these actions?

Who can help and support you in this process?

