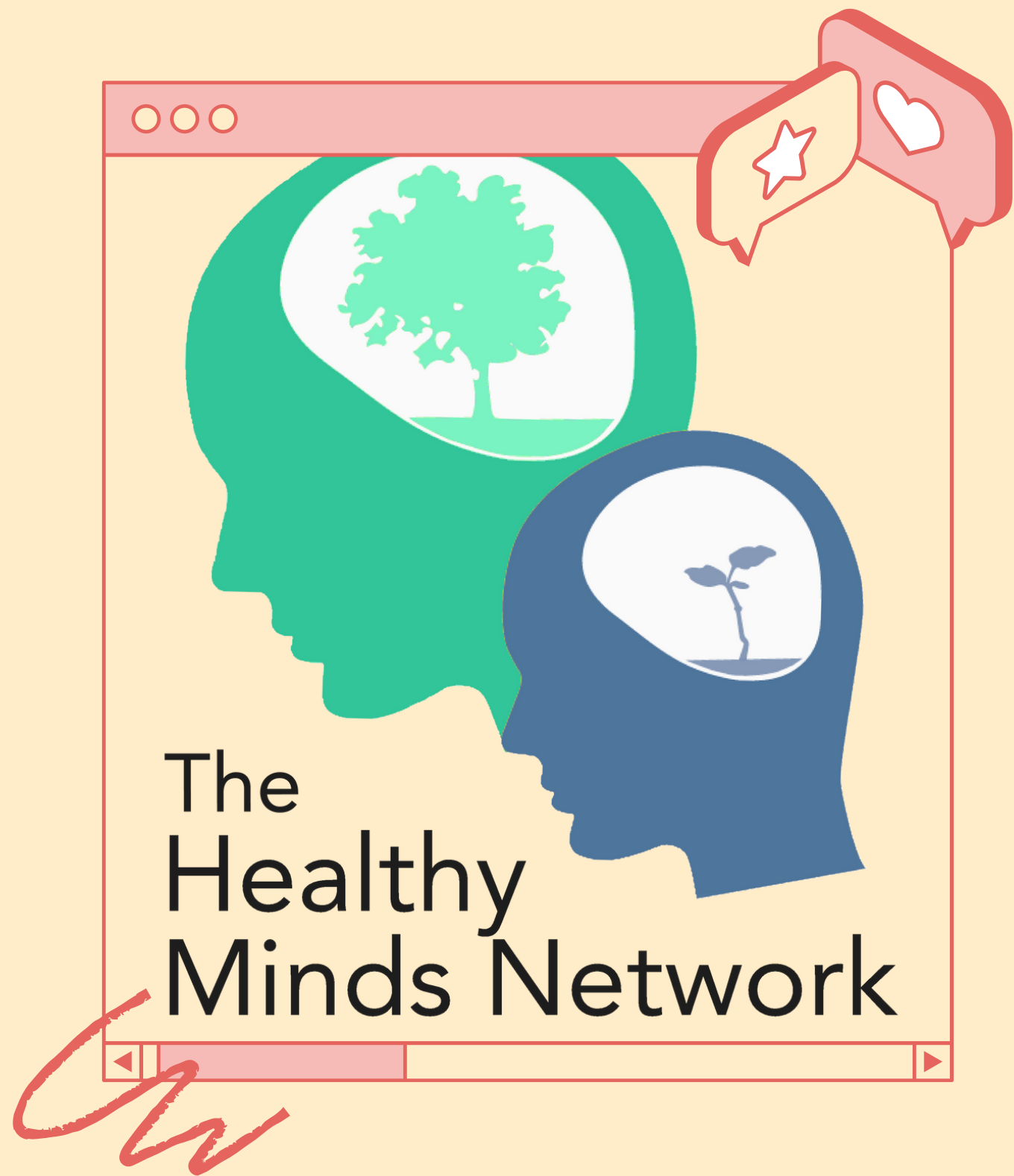




Team Well-being

Jarely, Michael, Temi, Sam



“Over the past decade, the rate of depression, anxiety and serious thoughts of suicide has doubled among college students, according to Daniel Eisenberg, a professor at U.C.L.A. and a principal investigator of the Healthy Minds Study, an annual survey of thousands of students across the country.”



Project Statement:

Problem: Young people are experiencing mental health crises at unprecedented rates. We have data that could provide insight on the most pressing issues at Sewanee.

Purpose: Analyze data to understand well-being of students, and where to target resources to improve that.

Partner: Dr. Nicole Noffsinger-Frazier

- A staff psychologist
- Worked in the counseling center
- Taught in the psychology department
- Associate Dean of Health and Wellness, overseeing wellness center
- Associate Dean of Flourishing and Wellness



Mentor: Dr. Sylvia Gray

- Title IX coordinator at Sewanee
- Senior Director of EEOT (Equity, Equal Opportunity, & Title IX)
- Roles include: overseeing compliance efforts and advising the Sewanee community.

