

Washing Clothes

University Housing offers all residents living on campus access to free laundry facilities.

1. Optional: Separate clothes based on color or fabric type.

2. Load dirty clothes into the washing machine drum

3. Add detergent to the washer.

- If using detergent pods, place the pod directly in the washing machine drum.
- If using liquid detergent, pour into the dispenser drawer



➤ Note: Only use high-efficiency detergent in university washing machines.

4. Optional: Add bleach and/or fabric softener to the dispenser drawer.

5. Close door firmly.

6. Select your settings with the control panel.

➤ Note: Settings will revert to default after each cycle.

7. Press start.

➤ Set a timer to keep track of the time left on your machine.

➤ Remove all laundry promptly to allow others to use the machine.

Download the Speed Queen App



Laundry Room Etiquette

Like many NC State students, this may be your first time doing laundry in a shared facility. Respect your fellow residents by practicing laundry room etiquette.

Be Timely

- Download the Speed Queen app to see when machines are available
- Set a timer to keep track of remaining time
- Remove your laundry from the machines in a timely manner

Be Mindful

- Do not use an excessive amount of machines during peak hours (weekdays after 3pm and weekends)
- Give other residents a 15 minute grace period before removing their clothes from a finished machine
 - Place wet clothes on top of the washing machine
 - Place dry clothes on the folding table

Be Clean

- Always clean out your lint trap
- Clean up any spills
- Make sure to remove all clothes from the machines
- Leave the washing machine door open after use to prevent mildew

Laundry Icons for Washing Clothes

Clothing tags include instruction for best care practices.
These instructions are shown through universal icons.



Machine wash



Wash on gentle cycle



Wash with cold water



Wash with warm water



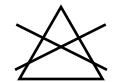
Wash with hot water



Do not wash



Hand wash



Do not bleach



Bleach as needed



Non-chlorine bleach



Science of Stains

Stain removal breaks down and lifts stains from fabrics. Using the correct cleaning method for a stain makes this process easier.

Types of Stains

There are four main stain types and each has a different cleaning method:

Type of Stain	Definition	Examples	Treatment
Protein	Organic stains	Sweat, egg, blood	Use cleaners with enzymes
Oil	Grease stains	Butter, oils, makeup	Use soap or detergents
Tannin	Plant-based stains	Coffee, tea, wine	Use a mild acidic cleaner (ex. vinegar)
Dye	Pigment-based stains	Ink, berries	Use special cleaner or bleach



Water Temperature

Water temperature affects stain removal:

- Use cold water for protein stains.
- Active enzyme cleaners with warm water to remove food stains.
- Hot water is good for greasy stains, but not on delicate fabrics.

Common Mistakes

- Using hot water on protein-based stains makes them set into the fabric.
- Rubbing stains can push them deeper into the fabric. Blot the fabric instead.
- Do not ignore the clothing tag, follow its care instructions.
- Do not let stains sit. Try to clean and wash them as soon as possible.