

SYLLABUS – CLP2140 – ABNORMAL PSYCHOLOGY

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Associate Professor

Introduction:

Welcome! I truly enjoy Psychology and I look forward to having fun and learning as much as we can together throughout the semester. Please let me know as soon as possible if you have any questions or concerns so I can work with you to find a solution. **Please see Canvas to read a brief introduction about your instructor's professional experiences.**

Required Textbook:

ESSENTIALS OF UNDERSTANDING ABNORMAL PSYCHOLOGY – Third Edition

ISBN: 9781305639997

You will need this required textbook for this course. Other textbooks or editions will not suffice.

CANVAS: This course will be completed entirely online via Canvas, Santa Fe College's Learning Management System. This means that Canvas will be utilized for the provision of important documents (e.g., syllabus) and will be the primary method of communication used between students and the instructor. In addition, Canvas will be used as a tool for students to post assignments, take online quizzes and exams, etc. **It is strongly recommended that you use an actual computer to complete this class rather than an iPad, other tablet device, or your smartphone, as these interfaces are more likely to give you more problems, especially during vital periods like Exams.**

The best way to contact your instructor is through CANVAS messenger. You MUST also check CANVAS regularly (i.e., daily) throughout the semester because that is where important announcements related to this course will be posted. *You can access CANVAS via your e-Santafe account from the main www.sfcollege.edu website.*

Online (Zoom) office hours for student consultations:

I am available for online (Zoom) consultations to address any questions or concerns students have about the course. Please send me a message on CANVAS messenger if you would like to schedule a Zoom consultation. I have listed Mondays and Tuesdays from 3:15 PM to 8:15 PM as my ten hours of online Zoom office hours for student consultations. However, please let me know if those times do not work well for you and I would be happy to schedule a time with you whenever works best for you. Below is the Zoom link I use: <https://sfcollege.zoom.us/j/6188506829?pwd=NTM3aG5HOGoXbnpUY3lXNlh1eXlsQT09>

Dual relationships:

Please note that while I am a psychologist, I am not your psychologist. I am your psychology professor. In accordance with American Psychological Association Ethical Guidelines, it would be inappropriate for me to serve in a "dual relationship" as both your professor and your psychologist. As a result, if at any time during this course you have personal questions or concerns that are clinical in nature about yourself or a family member or friend, please utilize the Santa Fe College Counseling Center to address your concerns.

Santa Fe College Counseling Center:

Santa Fe College recognizes that there may be times, as a college student, when personal stressors interfere with your academic performance and your daily life. The Santa Fe Counseling Center supports

students by addressing mental and emotional well-being, and provides FREE and confidential short-term individual, couples, and group counseling, crisis intervention, outreach and referral services. To schedule an appointment, call 352-395-5508 or email counseling@sfcollege.edu with your SFID# and a telephone number where you can be reached. Our Counseling Center is located in Building R, Room 227 on the Northwest Campus. Visit www.sfcollege.edu/counseling to learn more about services and resources.

Accessibility Statement:

Santa Fe College values diversity and inclusion and is committed to fostering mutual respect and full participation for all students. The Disabilities Resource Center (DRC) facilitates reasonable accommodations for students who encounter disability-related barriers in the learning environment. If you have a disability that may affect your work in this class and think you need accommodations, please contact the DRC to schedule an appointment and start a conversation about reasonable accommodations. Our Disabilities Resource Center is located in Building S, Room 229 at the Northwest Campus and appointments are available at all College locations. Visit www.sfcollege.edu/drc(Opens in new window), call 352-395-4400, or email drc@sfcollege.edu(Opens in new window).

Code of Student Conduct:

The very nature of higher education requires that students adhere to accepted standards of academic integrity. Therefore, SF has adopted a Code of Student Conduct that outlines general guidelines. Students are encouraged to discuss issues related to academic integrity with instructors. For more information go to https://www.sfcollege.edu/Assets/sf/rules/pdfs/Rule_7/7_23.pdf(Opens in new window)

Prerequisite: PSY 2012: General Psychology with a grade of “C” or better.

Course Catalog Description: The examination of the major types of psychological disturbances, terminology in use today, the diagnostic categories and criteria, as well as a general introduction to treatment methods.

Student Learning Goals (Learning Outcomes):

- Demonstrate knowledge of the etiology, socio-cultural factors, and treatment of psychopathology by answering quiz and exam questions.
- Apply knowledge and concepts of abnormal psychology by responding to writing/discussion prompts.

Specific Objectives:

- Module 1
 - o Discuss contemporary trends in Abnormal Psychology by responding to writing/discussion prompts.
 - o Identify biological, psychological, social, and sociocultural factors by answering quiz and exam questions.
 - o Distinguish assessment methods by answering quiz and exam questions.
- Module 2
 - o Demonstrate knowledge of anxiety and obsessive-compulsive and related disorders by answering quiz and exam questions.
 - o Demonstrate knowledge of trauma and stressor-related disorders by answering quiz and exam questions.
 - o Demonstrate knowledge of somatic and dissociate disorders by answering quiz and exam questions.
 - o Apply knowledge and concepts of the above by responding to writing/discussion prompts
- Module 3
 - o Demonstrate knowledge of depressive and bipolar disorders by answering quiz and exam questions.

- Demonstrate knowledge of suicide by answering quiz and exam questions.
- Demonstrate knowledge of eating disorders by answering quiz and exam questions.
- Apply knowledge and concepts of the above by responding to writing/discussion prompts
- Module 4
 - Demonstrate knowledge of substance-related and other addictive disorders by answering quiz and exam questions.
 - Demonstrate knowledge of schizophrenia spectrum disorders by answering quiz and exam questions.
 - Demonstrate knowledge of neurocognitive disorders by answering quiz and exam questions.
 - Apply knowledge and concepts of the above by responding to writing/discussion prompts
- Module 5
 - Demonstrate knowledge of sexual dysfunctions, gender dysphoria, and paraphilic disorders by answering quiz and exam questions.
 - Demonstrate knowledge of personality psychopathology by answering quiz and exam questions.
 - Demonstrate knowledge of disorders of childhood and adolescence by answering quiz and exam questions.
 - Demonstrate knowledge of law and ethics in abnormal psychology by answering quiz and exam questions.
 - Apply knowledge and concepts of the above by responding to writing/discussion prompts

Assessment Methods: The assessment methods and grading policies are described below.

Grading: The following percentages will be used to assign letter grades for the course:

90% (A)	87% (B+)	77% (C+)	67% (D+)
	80% (B)	70% (C)	60% (D)

Students earn points as follows:

20	• Introductory Announcements/Syllabus Quiz
60 (30 per)	• Midcourse Feedback and Final Feedback
100(20 per)	• 5 Quizzes (not timed; can retake as many times as needed before the deadline)
180 (20 per)	• 9 writing assignments (see scoring rubric below)
140 (20 per)	• 7 guided discussion forums (see scoring rubric below)
500 (100 per exam)	• 6 Examinations (timed; can only be taken once) • There will be an exam for each module (five total) and then a cumulative final exam at the end of the course. Your lowest exam score will be dropped. Therefore, the cumulative final exam is optional.
1000	• Total points possible

You can calculate your overall grade at any point during the semester by adding up your earned points and dividing by the number of possible points you could have earned. Canvas keeps track of this for you as well but please remember **zeroes for missed work are not posted automatically so the score posted on Canvas may be higher than your actual score if you have missed work.** You are encouraged to check with your instructor immediately if you experience any significant loss of points which may make it advisable for you to withdraw from the course or if you have a concern about any grades that you see posted.

Online Quizzes:

Online quizzes (taken via Canvas) are designed to help you prepare for the online exams. There is no time limit on the quizzes, and you can retake them as many times as you would like before the due date and time listed on Canvas. I have adjusted the settings so that you can see whether you have answered the questions correctly or not. This means that there is no reason for everyone not to earn 100% on every quiz. However, please keep in mind that you will benefit most from the quizzes (and be most prepared for the exams) if you read the chapters and study the material before taking the quizzes. The quizzes are designed to familiarize you with the types of questions you will encounter on the exams and give you a measure of how much preparation you will need to do to be ready for the exams. Therefore, **please note that it is important to complete quizzes by the deadline date and time listed not just for the points but also, so you have access to practice questions for review as you prepare for the exams.**

There is also a 20 question Introductory Announcements/Syllabus quiz worth 20 points. It is the first graded item you will complete for this course. It is designed to make sure students have thoroughly read the Introductory Announcements that are posted on Canvas as well as the syllabus. It also ensures that students are aware of the expectations for this course and prompts students to notify the instructor if there are any expectations that need further clarification.

Online Examinations:

Five exams and one cumulative final exam (optional) will be taken online via Canvas covering your textbook readings and the material presented on Canvas. Each exam will consist of twenty-five multiple choice questions (the cumulative final will consist of fifty multiple choice questions.) Exams will be timed, and they can only be taken once. Questions will not lock questions after answering. Therefore, you can go back and forth between questions during the exam. However, **you must complete the exam during the allotted time so please allocate your time wisely and do not spend too much time trying to look up the answer to any question. Rather, trust the knowledge you have gained and make your best educated selection.**

Due to the online nature of this course, all your exams are open book and open notes. Your exams are **NOT OPEN PERSON. Students should take the exams by themselves and should not share or accept any information with others about the exam.** Please be aware that the college offers free academic coaching for students if you are interested in extra help: <https://www.sfcollege.edu/learning-commons/academic-success-coaching/index>

Also, please make sure you study ahead of time as if you were taking any normal in class closed book exam because **you will only have thirty minutes to complete the exam (sixty minutes to complete the cumulative final). That will not be enough time to look up every answer while taking the exam. Therefore, the best strategy is to know the material well before taking the exam so that you only need to consult your textbook to double check something that is already familiar to you.**

The exams (as well as quizzes and writing assignments) will close at 11:59PM on the dates specified in the syllabus. Therefore, for example, to have your full thirty minutes for exams 1-5 you need to start the exam before 11:29PM. However, it is highly recommended that you take exams earlier rather than later and from a highly reliable location with a steady internet connection to prevent problems like computer crashing or the internet going down during your exam. Once you have started an exam, you must complete it. **You cannot start an exam, stop for a few hours, and then come back to finish it.** Once you have submitted your exam in total it is complete, and you will have no further access to the exam. (If students are interested in learning what types of questions they missed, your instructor is happy to provide that information after the exam date is over. Simply send your inquiry to the instructor via Canvas messenger.)

If a student misses an exam, they will receive a 0%. However, if students take all six exams, they will have their lowest exam score dropped.

Writing assignments:

To receive full credit for each writing assignment students must do the following:

- **Please do NOT submit writing assignments via email or canvas messenger** because your paper will not show up when I do the grading and thus you will not receive any credit unless I remember (which likely won't happen given the volume of emails/messages I receive) or unless you follow up with me later (which is an unnecessary inconvenience for you). Instead, **please submit them directly into the Canvas assignment by uploading a doc, docx, or pdf, or by using the Canvas text entry box.**
- Students must submit their writing assignments by 11:59PM of the due date listed on Canvas (and the syllabus). Grades will be assigned using the rubric listed below. **Topics and full instructions for all writing assignments (and the midcourse and final feedback) are listed on canvas.** All writing assignments **must be written in the student's own words.** All assignments are required to be **one page (double-spaced, Times New Roman, size 12-point font, one-inch margins).**
- **Please see Canvas for full instructions for all Writing Assignments.**

WRITING ASSIGNMENT GRADING RUBRIC

<ul style="list-style-type: none">• The paper was of sufficient length (one FULL page; double spaced; 12-point font) and well written in terms of spelling, syntax, grammar, punctuation, etc. (Students are free to write longer than one page if they desire but it will not necessarily result in a higher grade (quality is more important than quantity.) Please note that “one FULL page” does not include the title page and the references page. (With those two pages included the paper should be at least three pages long.)• The paper is written using APA writing style (see below for more info). At the very least students must cite their textbook at some point in their paper and list their textbook on their reference page. Often students may also want to cite additional scholarly sources in addition to their textbook (e.g., research articles from peer reviewed journals) to help develop their responses. (Please note that points will be lost if the student does not include an APA style title page and a references page. An abstract is not required for this paper.)• The paper must clearly match the assigned topic and demonstrate that the student has completed the assigned reading in a way that allows them to thoughtfully respond to all aspects of the writing prompt. The response should be written in a professional manner that remains respectful to differing opinions and points of view.	<p>___/5</p> <p>___/5</p> <p>___/10</p>
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<p>(Students are also reminded to refrain from sharing any personal concerns that are clinical in nature (e.g. something that causes the student significant distress and would be more appropriately shared with a personal counselor.) If you have a concern of this nature, please utilize the Santa Fe Counseling Center. http://www.sfcollege.edu/counseling/)</p> <p>Feedback on writing assignments will be provided via the rubric on Canvas. If points are deducted an explanation will be provided. It is the student's responsibility to access this feedback on Canvas and notify the instructor if they have any questions or concerns.</p>	<p>Total: ____/20</p>
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- Scholarly reference/Quality of Sources:
 - Only information that has been subjected to peer (independent expert) review is considered the highest quality
 - You have FREE access to databases (see link below) as a Santa Fe student.
 - [Lawrence W. Tyree Library \(sfcollege.edu\)](http://www.sfcollege.edu/lawrence-w-tyree-library/)
- American Psychological Association (APA) writing style:
 - If you are not familiar with APA style, please use this website for assistance.
[https://apastyle.apa.org/index? ga=2.130473743.1652064740.1574872636-877064265.1482462432](https://apastyle.apa.org/index?ga=2.130473743.1652064740.1574872636-877064265.1482462432)

If you still have questions another very helpful resource is the Santa Fe College Learning Commons which helps students develop the skills needed to succeed through free tutoring services:
<https://www.sfcollege.edu/learning-commons/index>

Guided Discussion Forums:

When posting or giving feedback to a classmate please be appropriate, encouraging, and supportive rather than critical. Students are reminded that the Santa Fe College Student Conduct Code applies to online courses just as it does to in person courses. https://www.sfcollege.edu/Assets/sf/rules/pdfs/Rule_7/7_23.pdf

GUIDED DISCUSSION FORUM GRADING RUBRIC

<ul style="list-style-type: none"> • Student's initial post appropriately responds to the question(s)/prompt(s) found on Canvas 	<p>____/10</p>
<ul style="list-style-type: none"> • Student posts an appropriate reply to a classmate based on the question(s)/prompt(s) found on Canvas 	<p>____/10</p>
<p>(Students are also reminded to refrain from sharing any personal concerns that are clinical in nature (e.g., something that causes the student significant distress and would be more appropriately shared with a personal counselor.) If you have a concern of this nature, please utilize the Santa Fe Counseling Center. http://www.sfcollege.edu/counseling/)</p>	<p>Total: ____/20</p>

<p>Posts should be written in a professional manner that remains respectful to differing opinions and points of view.</p> <p>Feedback will be provided on Canvas. If points are deducted an explanation will be provided. It is the student's responsibility to access this feedback on Canvas and notify the instructor if they have any questions or concerns.</p>	
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- **Makeup work policies:**

- Writing Assignments and Discussion Forum Posts:**

- Due dates and times are listed on Canvas. Writing assignment and discussion forum posts submitted via Canvas after the due date will be eligible to receive up to 50% credit if submitted within one week of the due date. A week after the deadline has passed there will be no more opportunity to make up any credit.**

- For all overall final grades to be finalized and submitted on time at the end of the semester, no points will be able to be earned for anything late submitted after the date of the final exam even if within a week of the original deadline. This includes all writing assignments, the final course feedback assignment, and discussion forum posts.**

- Online Quizzes:**

- Since quizzes may be taken at any time, may be taken as many times as needed to secure a perfect score, and are worth a relatively less significant number of points, there will be no opportunity for any makeup if the deadline is missed. Therefore, you are highly encouraged to work ahead instead of waiting to the last minute when something unexpected might come up. Please note that it is important to complete quizzes by the deadline date and time listed not just for the points but also, so you have access to practice questions for review as you prepare for the exams.**

- Exams:**

- For this course there will be five exams and one cumulative final exam. Each exam is worth 100 points. Your lowest exam score will be dropped thus allowing you to earn up to 500 points via your exams. Therefore, the cumulative final exam is essentially optional. If after completing the other exams you are happy with your grade, you can skip the cumulative final exam and it will not impact your grade.**

- If you miss one of the first five exams or score poorly on one of the first five exams, you will not have an opportunity to make up that exam. Rather, the cumulative final exam is your opportunity to earn a higher score so that one of your previous exams scores can be dropped.**

- **Extra Credit:**

- No extra credit opportunities are provided because there is ample opportunity for students to earn points throughout the semester to secure a passing grade.**

- **Catastrophic events:**

Unfortunately, sometimes catastrophic events occur. If such an event occurs, students should consult with academic advisement (<http://www.sfcollege.edu/advisement/>) as soon as possible to determine their options and decide which option is best for them given the circumstances.

- **Discrimination/Harassment Policy**

SF prohibits any form of discrimination or sexual harassment among students, faculty and staff.

For further information, refer to College Rule 2.8

at [https://www.sfcollege.edu/Assets/sf/rules/pdfs/Rule 2/2 8.pdf](https://www.sfcollege.edu/Assets/sf/rules/pdfs/Rule%202.8.pdf)(Opens in new window)

- **Student Rights & Responsibilities**

The purpose of this document is to provide students with a general overview of both their rights and responsibilities as members of the Santa Fe College community. For a complete list of students' rights and responsibilities go

to <https://catalog.sfcollege.edu/content.php?catoid=4&navoid=65>(Opens in new window)

Course Schedule:

(All due dates are listed on Canvas. Subject to change as necessary. Changes will be announced via Canvas. Students should monitor Canvas for updates.)

Students must be aware of the withdrawal dates, available at [Office of the Registrar \(sfcollege.edu\)](http://www.sfcollege.edu/registrar)

Jan 15

Introductory Announcements/Syllabus quiz

Personal Introductions guided discussion forum

Jan 22

Spirituality and Mental Health Care Writing Assignment

Quiz 1 due (Chapters 1,2,3)

Jan 29

Attacks on Scientific Integrity Writing Assignment

Exam 1 (covers chapters 1,2,3)

Feb 5

Assessment Tools Guided Discussion Forum

Humor Writing Assignment

Quiz 2 due (Chapters 4,5,6)

Feb 12

Dissociative Identity Disorder Writing Assignment

Exam 2 (covers chapters 4,5,6)

Feb 19

Deep Brain Stimulation Guided Discussion Forum

Physician-Assisted Suicide Writing Assignment

Quiz 3 due (Chapters 7,8,9)

Feb 26

Body Image and Eating Disorders Writing Assignment

Exam 3 (covers chapters 7,8,9)

Mar 5
Stimulants Writing Assignment
Schizophrenia Guided Discussion Forum
Quiz 4 due (Chapters 10,11,12)

Mar 12
Midcourse feedback assignment

Mar 19
Nothing due

Mar 26
Safety in Contact Sports Writing Assignment
Exam 4 (covers chapters 10,11,12)

Apr 2
Gender Dysphoria Writing Assignment
Mental Health Q&A Podcast Guided Discussion Forum

Apr 9
Medicating Children Guided Discussion Forum
Quiz 5 due (Chapters 13,14,15,16)

Apr 16
Deinstitutionalization Guided Discussion Forum
Exam 5 (covers chapters 13,14,15,16)

Apr 23
Final course feedback assignment

Apr 30
Exam 6 is the Optional Cumulative Final Exam (covers everything)
- If taken, must take Cumulative Final Exam by this date
(Optional because lowest exam score will be dropped)

Timely Feedback:

Please let me know via CANVAS Inbox if you have any questions or concerns regarding the course as soon as possible so that I can address them in hopes of making the learning process easier and more enjoyable for you. All grades and other information for this course will be posted on CANVAS. Concerns regarding grades should be brought to the instructor's attention as soon as possible, not at the end of the semester. Your instructor will make a concerted effort to respond to all messages as soon as possible (usually within 24 hours if not sooner.) However, students should begin assignments in a timely fashion and should not expect immediate responses to questions as deadlines approach.

Let's make it a great semester!