

JOINING A MICROSOFT TEAMS MEETING

Microsoft Teams / Featured topics / Join a meeting without a Teams account

Join a meeting without a Teams account

Microsoft Teams

Desktop	Mobile

You can join a Teams meeting anytime, from any device, whether or not you have a Teams account. If you don't have an account, follow these steps to join as a guest.

Note: Some meetings don't allow people to join as guests.

1. Go to the meeting invite and select Join Microsoft Teams Meeting.

Join Microsoft Teams Meeting

Was this information helpful?

Yes

No

X

- 2. That'll open a web page, where you'll see two choices: **Download the Windows** app and **Join on the web instead**. If you join on the web, you can use either Microsoft Edge or Google Chrome. Your browser may ask if it's okay for Teams to use your mic and camera. Be sure to allow it so you'll be seen and heard in your meeting.
- 3. Enter your name and choose your audio and video settings. If the meeting room (or another device that's connected to the meeting) is nearby, choose **Audio off** to avoid disrupting. Select **Phone audio** if you want to listen to the meeting on your mobile phone.
- 4. When you're ready, hit Join now.
- 5. This will bring you into the meeting lobby. We'll notify the meeting organizer that you're there, and someone in the meeting can then admit you.

Notes:

- If no one admits you to the meeting within 15 minutes, you'll be removed from the lobby. If that happens, you can try joining again.
- Some features of Teams meetings aren't available to guests.

Organizer's view

If you're the meeting organizer, we'll alert you when someone is waiting in the lobby.

Click **Admit** to let them right into the meeting, or **View lobby** to admit or deny them, as well as see a list of everyone who's waiting.







Join a Teams meeting from the app

- 1. In a Teams meeting invite, select **Join**.
- 2. You have two choices:
 - Join Microsoft Teams Meeting: Enter a meeting from your Teams meeting invite.
 - Dial-in number and conference ID: Use these if you need to call into the meeting.
- 3. Choose the audio and video settings you want.
- 4. Select Join now.

Join a Teams meeting on the web

Don't have the Teams app? You can still join a Teams meeting.

1. In your email invite, select Join Microsoft Teams Meeting.

You can also use a dial-in number and conference ID from the email to call in.

- 2. You have two choices:
 - **Download the Windows app**: Download the Teams app.
 - Join on the web instead: Join a Teams meeting on the web.
- 3. If you select to join via web, type in your name and select **Join now**.

If you have a Teams account, select **sign in** to view the meeting chat and more.

4. Choose the audio and iniden setting syau want. Yes No

5. Depending on meeting settings, you'll go to a lobby where attendees can admit you.

Want more?

Join a meeting in Teams

Call in to a meeting in Teams

Manage meetings







Expand your Office skills Get new features first

EXPLORE TRAINING >

JOIN OFFICE INSIDERS >

What's new	Microsoft	Education	Enterprise	Developer	Company	
Microsoft 365	Store	Microsoft in	Azure	Microsoft	Careers	
Surface Pro X	Account profile	education	AppSource	Visual Studio	About	
Surface Laptop 3	Download Center	Office for students	Automotive	Windows Dev Center	Microsoft	
Surface Pro 7	Microsoft Store	Office 365 for	Government	Developer	Company news	
Windows 10 apps	support	schools	Healthcare	Network	Privacy at Microsoft	
	Returns Was this info	Deals for formationshelpfulhufacturingYes		TechNet No	Investors	×
		parents				