



HELPER
NINE

CIU: The Basics

- ☐ **Urticaria (=hives). Chronic >6 weeks**
 - ☐ **Chronic urticaria 1% population**
 - ☐ **Average duration: 2-5 years**
 - ☐ **Rule out physical and other external triggers**



Your turn...

- ☐ M1: How long do mosquito bites last? Hives?
- ☐ M2-G1: What cells are responsible?
- ☐ G1s: What are side effects of treatment?
- ☐ G2-G4+: What type of hypersensitivity would this be?
- ☐ M3-M4: What other history could you ask?