What is the next step in management?

- □A) Food extract testing
- □B) Explore any history of allergic rhinitis
- □C) Fresh food testing
- □D) Food-specific IgE (blood) testing

Answer it:

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Responses

Oral Allergy Syndrome: The Basics

- □ aka Pollen Food Allergy Syndrome
- ☐ Prevalence: unknown, increasing
- ☐ Cross-reaction from primarily from respiratory sensitization. Sensitization to labile proteins encountered via the respiratory route, such as pollens, results in allergic antibodies that recognize homologous epitopes on food proteins from plants

Werfel et al., European Journal of Allergy and Clinical Immunology, 70 (9), 2015.