## What is the most likely diagnosis?

- □A) IgE-mediated reaction to beef protein
- □B) IgE-mediated reaction to mammalian carbohydrate
- □C) Food-dependent exercise-induced anaphylaxis
- □D) Idiopathic anaphylaxis

Answer it: bit.ly/July12Q2

Responses

## Alpha Gal: The Basics (Lila's worst nightmare)

☐ After a tick bite, individuals become allergic to meat, with a detectable allergic antibody to mammalian carbohydrate



 $\Box$  Galactose- $\alpha$ -1,3-galactose

Tripathih et al. The Journal of Allergy and Clinical Immunology: In Practice 2 (3) 259-265, 2014.