



Case #1

Answer it:
bit.ly/July12Q1



A 25 year old M comes to clinic concerned for food allergies. He experiences mild itching inside of his mouth when he eats raw apples or peaches. He has never had hives or other symptoms concerning for anaphylaxis. However, he notes he never gets this problem with apple sauce or apple pie.

What is the next step in management?

- ☐ A) Food extract testing
- ☐ B) Explore any history of allergic rhinitis
- ☐ C) Fresh food testing
- ☐ D) Food-specific IgE (blood) testing

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Responses