

S P
B M

Success Principles by Modicare



Well

Product Training



What is the need for Nutritional Supplements?



Reasons why you should take them:

1. Erratic eating habits
2. Stress
3. Poor Digestion
4. Not enough nutrients in today's processed foods.
5. Helps in Pregnancy
6. Helps to slow down ageing
7. Increased need due to pollution
8. Helps in preventing certain lifestyle diseases.

What is Protein & how does it help?



The Building Block of Human Body - Protein

1. “Pro”-“tein” – means “Primary” “Importance”
2. Largest constituent of body weight after water.
3. Proteins are 20% of our body weight.
4. It's found in muscles, bone, skin, hair, and virtually every other body part or tissue.
5. Makes up the enzymes that power many chemical reactions and the hemoglobin
6. At least 10,000 different proteins make you what you are and keep you that way
7. Help fight disease & build new tissues
8. Heal wounds & help you grow
9. Protein are made of Amino Acids

Spot signs of protein deficiency



1. Splitting and/or falling hair and brittle nails are among the first symptoms.
2. Extreme fatigue, sleeping too much and generally feeling heavy and tired.
3. Excessive bouts of constipation.
4. Lack of muscle growth
5. If heart rate is below 60 beats per minute.

Presenting....



Modicare Range of Protein Supplements



Well Plant Protein Powder
A complete protein supplement



Well Strong & Smart
Children Nutritional Drink



Well Protein Crest
Nutritional Drink

Well Strong & Smart....



Success Principles by Modicare

*Children's Nutritional Drink, Great taste & rich in nutrition.
Natural solutions to your child's health.*

Why do we need?

Today's Children:

1. Early morning school hours
2. Skipping meals very often
3. Fast busy lifestyle of parents
4. High Intake of Junk food and deep fried foods
5. Very low intake of Green leafy vegetables & Fruits
6. No time to play outside



CODE:HL1001

Features....

1. It has 37 vital nutrients
2. It has Milk & Whey Protein
3. Vitamins & Minerals
4. DHA - Docosahexaenoic acid (**DHA**) is an omega-3 fatty acid
5. Colostrums - is the first milk your breasts produce during pregnancy
6. FOS (Fructooligosaccharides) - sweetener extract from banana, onion, garlic
7. Provides 9 essential amino acids,
8. Its natural & comes with chocolate flavour

Benefits....

1. Meets daily essential nutritional requirements of your child.
2. Building & retaining muscle tissue.
3. Growth, maintenance & repair of body.
4. Supports brain development & functioning
5. Helps strengthen immunity.
6. Supports digestive health.
7. Complete Protein.
8. No artificial colour or preservative,
9. Delicious tasting, Kids would demand again & again.

Suggested Usage....

Directions for Preparation & Use

Just add 2 scoops (25g approx.) to a glass of warm/cold water/milk & shake vigorously

Servings: 1 per day (2-4 years)

2 per day (4 years & above)

1 Serving = 2 scoop (approx)



Well Protein Crest....

A balanced nutritional drink mix specially formulated with soy protein isolate, whey protein and goodness of malt, nutritional beverage for the entire family.

Well Protein Crest – Users

- Growing children
- Adolescents
- Adults
- Elderly
- Sports person
- People who exercise

“Contains Supro Isolated Soy Protein from Solae LLc., USA”.



CODE:HL1003

Features....

1. 100 % vegetarian and easily digestible,
2. Delicious tasting, wholesome nutritional beverage for the entire family,
3. Delicious Velvet chocolate flavor,
4. Soy protein isolate and whey protein are excellent quality.
5. Soy protein isolate and whey protein helps in adding to lean body mass.

Benefits....

1. **Soy Protein** is known to promote good health including heart health, bone health etc.
2. **Whey protein** is considered to be one of the best sources of branched-chain amino acids (BCAA).
3. Good for weight management.
4. Provides the goodness of malt that is rich in fiber and contains some naturally occurring vitamins, minerals, amino acids that can have health promoting benefits.

Suggested Usage....

Take 1 ½ scoop (approx. 25 g) in a glass.

Add little milk/water and stir to make a paste.

Stir briskly while slowly adding more milk/water to fill up the glass.

Add sugar to taste, if required. Tastes equally good when prepared with warm or cold milk/water

(Preparing 200-225 ml beverage)



Well All Plant Protein Powder



Success Principles by Modicare

Tri blend of SOY,WHEAT&YELLOW PEA PROTEINS

Best For :

- Growing children
- Adolescents
- Elderly individuals
- Sportsperson/Athletes
- Active individuals
- Anybody with High Protein Need
- Lactose intolerant people



CODE: 200G (FS5051), 500G (FS5052)

MYTHS ABOUT PROTEIN SOURCES...

PROTEIN EASILY AVAILABLE IN FRUITS AND VEGETABLES

70% pregnant women, lactating mothers wrongly believe this

LEAFY VEGETABLES GOOD SOURCE OF PROTEIN

73% in urban India think it's true

PROTEINS ARE BAD FOR HEALTH

20% of those surveyed believe a protein rich diet is unhealthy

BEST SOURCES

Protein sources like fruits, vegetables, grains, etc. **lack one or more essential amino acids**



Dairy products are protein rich, and **among 'vegetables', soyabean best**

Well All Plant Protein Powder

Features & Benefits :

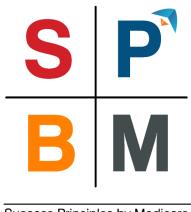


- A 100% Vegetarian high quality protein.
- High protein content of more than 84%.
- One serving (10g) of Well All Plant Protein Powder provides 8.4g of high quality protein.
- Complete Protein source that supplies all the 9 essential amino acids as established by WHO/FAO&UNU
- Easily Digestible, Cholesterol Free and Fat free.
- Avoids the high levels of fat and cholesterol usually found in protein sources like eggs, cheese, red meat and whole milk.
- No added sugar
- No added colors , flavors and preservatives.
- Dairy free formula that is ideal for people who are lactose intolerant.
- Free flowing and highly soluble in liquids without forming lumps.
- Neutral in taste such that it can easily be added to almost all food items and beverages.
- Retains its nutritive value even after cooked, baked, grilled, micro-waved ,chilled or frozen
- PDCAAS** of 1.0, the highest score possible for a quality protein source as established by W.H.O.
- Naturally occurring soy isoflavones known for its antioxidant and health benefiting properties.
- Non-GMO*

*Genetically modified organisms

**Protein digestibility-corrected amino acid score

Suggested Usage :



- **Suggested Use:** 1 scoop (10g) three times a day
- **Usage Directions:** Add 1 scoop (10g) to a glass of milk, soup, juice or any other liquid. Stir vigorously until well dispersed. Sweeteners and flavors can be added as per your taste. For making protein rich shakes, add fresh / frozen fruits or your favorite flavor and mix in a blender. It can be added in almost every culinary preparation and food stuffs like roti, parantha, idli, dosa, curry, dal, pakora, ladoo, rabri, namakpara or baked items like cakes, biscuits, etc. since it is neutral in taste.

Caution & Storage



Caution

Well All Plant Protein Powder provides good nutrition and is not intended to diagnose, treat, cure or prevent any disease. People with specific medical conditions are recommended to consult their doctors.

****Not meant for children below 2 years.**

Storage

Store in a cool and dry place

The Comparison :



Well All Plant Protein Powder	Well Protein Nourisher
Made from all plant source – soy, pea and wheat	Made from plant and animal source - soy and milk
84% Protein content	80% Protein content
Cholesterol & Fat Free	Low in fat & cholesterol
Free flowing and dissolves very quickly	Not so free flowing and it takes longer time to dissolve.

Nutritional Profile

Nutritional Information	Approximate Composition Per Serving (10g)
Energy (kcal)	36.19
Protein (g)	8.42
Carbohydrates (g)	0.62
Sugar (g)	0.00
Fat (g)	0.00
ESSENTIAL AMINO ACIDS	
Isoleucine (mg)	361
Leucine (mg)	649
Lysine (mg)	385
Methionine (& Cysteine) (mg)	279
Phenylalanine (& Tyrosine) (mg)	1185
Threonine (mg)	347
Tryptophan (mg)	186
Valine (mg)	360
Histidine (mg)	299

Product Demo



Objective:

To show Well All Plant Protein Powder gets dissolved very quickly within seconds without forming any lumps .

REQUIREMENT :

- 2 clear glasses
- 2 spoons
- Water (at room temperature)
- Well All Plant Protein Powder
- Competitor's Protein Powder

STEPS :

- Take 2 empty clear glasses
- Pour 200ml of water in them
- Put 1 scoop (10g) of Well Plant Protein in 1 glass and 10g of competitor's protein powder in another glass.
- Stir both the protein powder in both the glass.

RESULTS: You will observe that Well All Plant Protein Powder gets dissolved very quickly within seconds without forming any lumps .The protein powder of competition has not dissolved so quickly and took much longer time to dissolve.

INFERENCE : The dispersibility of Well All Plant Protein Powder is quicker and better.

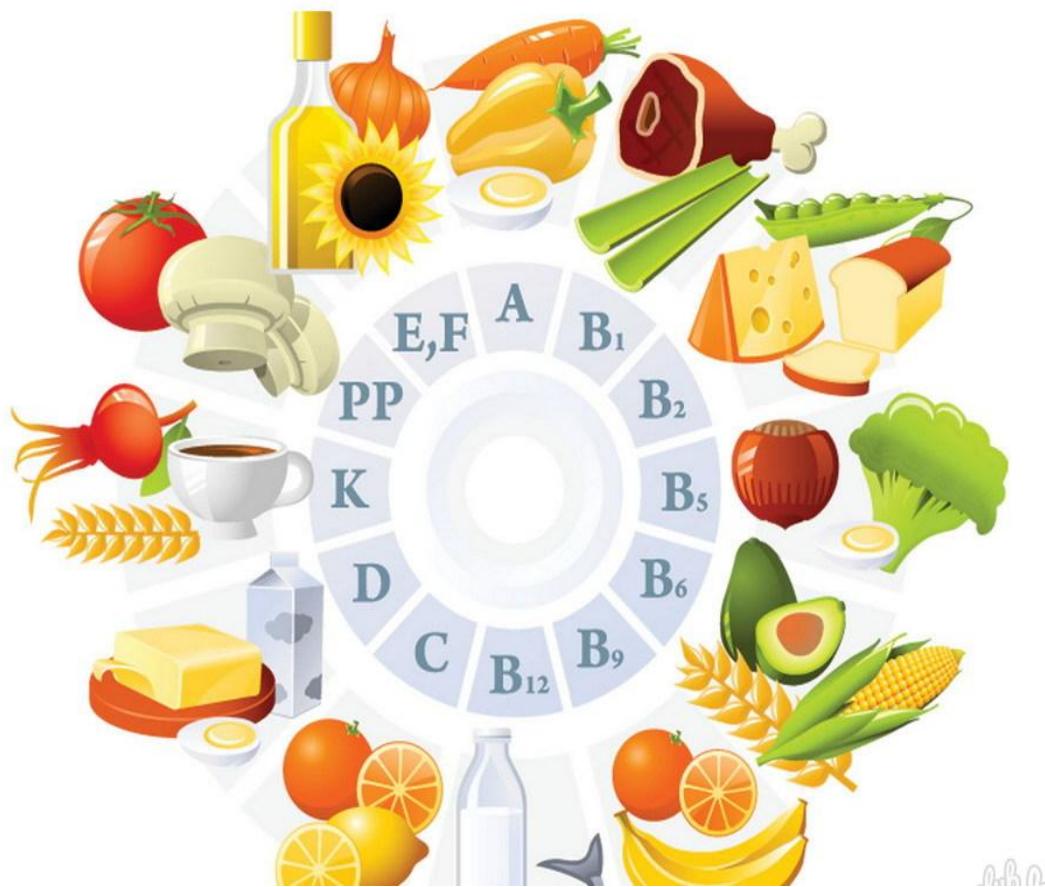
VISUAL APPEARANCE :

- Well All Plant Protein Powder is more free-flowing as compared to competitor.

Vitamins & Minerals



Success Principles by Modicare



“Nothing is more important than your health” | Modicare | Well | 2016-17

Deficiency of Vitamins & Minerals may cause...



Night Blindness



Anaemia



Scurvy



Early Ageing

Deficiency of Vitamins & Minerals may cause...



Cold & Flu



Osteoporosis



Goitre



Hair Loss

Presenting Well Multivitamin Multimineral..

It's a unique combination of:

12 Vitamins
&
8 Minerals

6 “Phyto-Nutrients”
&
2 Amino acids



Importance of Vitamins?

1. Vitamins help release energy from digested food.
2. Regulate billions of metabolic activities in the body.
3. Not formed by the body. Must be taken from outside source!

There are total 13 vitamins – Further Classified into:

1. Water soluble

vitamins: Require on daily basis as they are not stored in the body.

Vitamin B1
Vitamin B2
Vitamin B3
Vitamin B5
Vitamin B6
Vitamin B9
Vitamin B12
Vitamin B7 or H
Vitamin C

2. Fat soluble vitamins:

Require regularly though the body can store them

Vitamin A
Vitamin D
Vitamin E
Vitamin K

Importance of Minerals?

Minerals are Inorganic elements which comes from Earth, Soil, Water and are absorbed by Plants

1. Minerals are important for many enzyme reactions and body functions
2. Minerals are not synthesized in the body
3. Must be supplied by the diet
4. Essential for vitamins to their functioning
5. Types of Minerals - Macro and Micro (trace) Minerals



Why Well Multivitamin Multimineral is unique?



Success Principles by Modicare

It has 6 Phytonutrients & 2 Amino Acids



Lycopene



Ginseng



Gingko Biloba



L-Lysine



L-Carnitine



Pycnogenol



Lutein



Piperine

Well Multivitamin Multimineral

A unique combination of 12 vitamins & 8 minerals, 6 'Phyto-Nutrients' & 2 'Amino acids'.

Equivalent Serving of Food Vs 1 Tablet of 'Well Multivitamin Multimineral':

Almond-120 gms	Brown Rice-2.25 kg
Broccoli-25 gms	Carrot, 120 gms
Soyabean, 900 gms	Orange, 1630 gms
Mackerel , 200 gms	Peanuts, 300 gms
Eggs Whole, 10 pc	Tuar Dal, 100 gm
Blackbean, 30 gms	Yogurt, 75 gms
Banana, 10 pc	Rajmah, 875 gms
Spinach, 350 gms	Pineapple, 225 gms
Milk, 300 ml	Paneer, 50 gms
Tomato, 75 gms	Cheese, 115 gms
Sweet Corn, 365 gms	Papaya, 1 small pc
Cashew Nut, 55 gm	Prawn, 100 gm



CODE:HL2009

Features....

1. Unique combination of vitamin, minerals, phyto-nutrients and amino acids,
2. Contains 12 Vitamins & 8 Minerals,
3. Contains 6 Phyto-nutrients,
4. Contains 2 Amino Acids.
5. Contains Piperine that acts as a bio-enhancer

Benefits....

1. Helps overcome the nutritional deficiency,
2. Designed in keeping the food habits of Indian population,
3. Helps meet dietary needs of vitamins and minerals,
4. Piperine help enhance the availability of nutrients in the body,
5. Provides phyto-nutrients which have antioxidant effects.

Suggested Usage

Anyone who is 12 yrs of age or above.

People who lack necessary vitamins and minerals in their diet.

People who drink alcohol, smoke, chew tobacco, subject to physiological stress & pollution.

Serving: 1 tablet a day



Calcium - Bone & Joint Health



Success Principles by Modicare



Deficiency of Calcium may cause...

1. Muscle Spasms & Joint Pain
2. Bone Loss
3. Hormone Disruption
4. High Blood Pressure
5. Abnormal Blood Clotting



Fatigue



Memory Loss



Depression



Tooth Decay



Understanding Bones & their life...



Why Calcium?

1. Calcium's are vital mineral, is the basic building block for Bone
2. Builds and maintains strong bones & teeth
3. Regulates heart beat
4. Conducts nerve impulses
5. Stimulates hormone secretion & enzymes regulation
6. Helps in clotting of blood
7. About 99% of Calcium is stored in bones, rest 1% remains constant in blood.



Understanding Bones & their life...



Bones are Calcium Banks – Start depositing at an early age.

1. Bone is a living tissue.
2. Throughout a lifecycle old bone cells are removed and new bone cells are added.
3. Bone formation continues at a pace faster than resorption until peak bone mass is reached around age 30.
4. After age 30, bone resorption slowly begins to exceed bone formation.
5. Bone loss is most rapid after menopause.

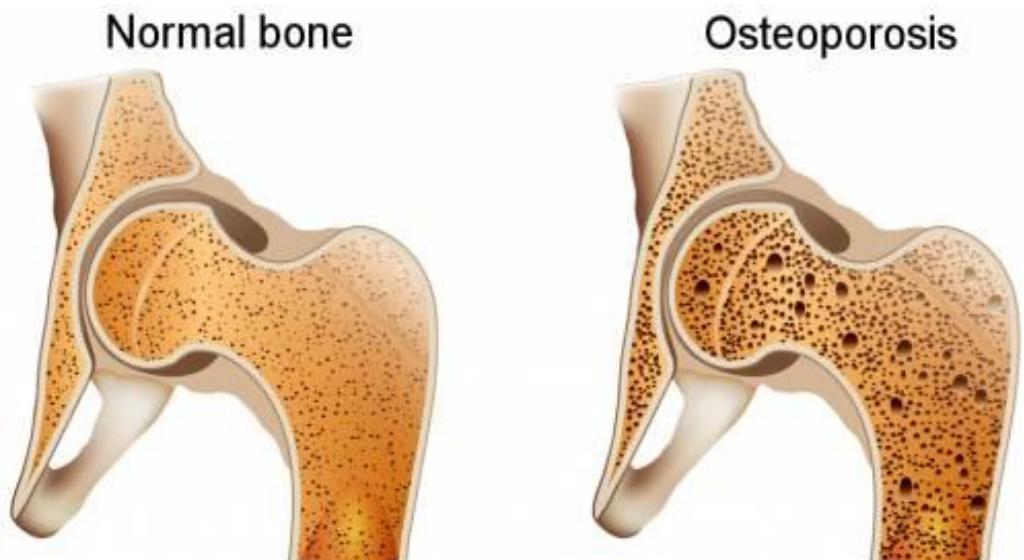
Body cannot produce Calcium & every 10 seconds bone erosion occurs !!

Magnesium...an essential mineral

1. Needed by every cell
2. Complements Calcium in building stronger bones
3. Maintains heart rhythm
4. Activates more than **300** enzymatic reactions
5. Maintains normal muscle and nerve functions

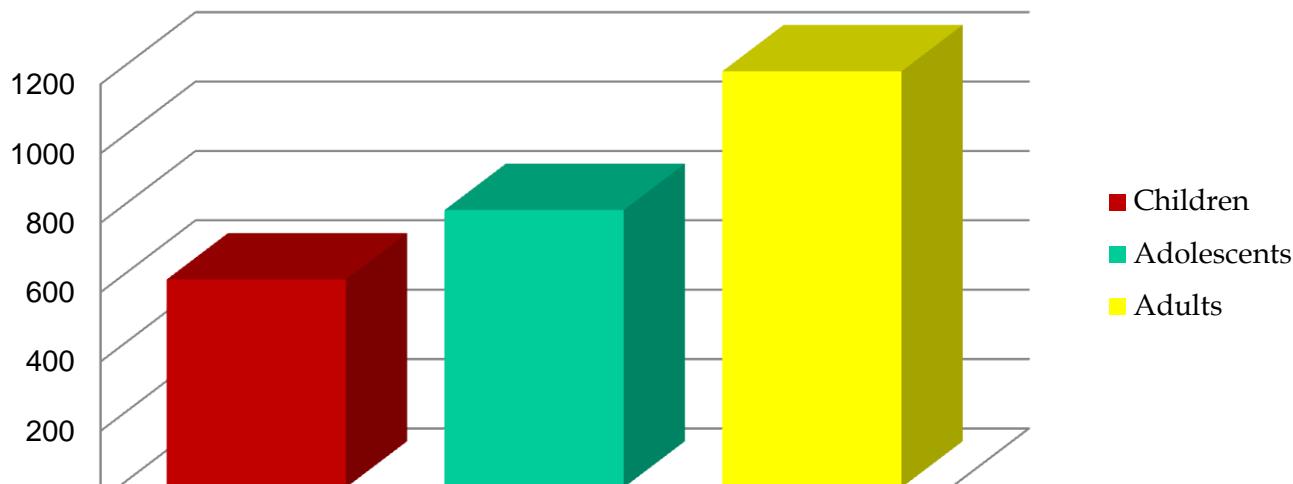
Sources of Calcium and how its absence leads to Osteoporosis

1. Milk & Diary Products
2. Almond
3. Beans, Cereals & Millets
4. Peas & Broccoli
5. Oranges
6. Egg, Fish & Meat
7. Soy



How much do we need...

Calcium RDA



• Children aged between 1-9 Yrs: 600 mg

• Children & Adolescents aged between 10-17 Yrs: 800 mg

• Adults: Women (1200 mg), Men (600 mg)

*RDA for Indians as per Indian Council For Medical Research (ICMR)

Presenting...



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Well Calcium & Joints Solution...



Well Calcium Complex
Bone Health



Well Glucosamine
Joint Health

Well Calcium Complex



A nutrition for healthy bones. Bones are calcium banks- Start depositing at an earlier age'.



It has Magnesium- an essential mineral:

1. Needed by every cell
2. Compliments Calcium in building stronger bones
3. Maintains heart rhythm
4. Activates more than **300** enzymatic reactions
5. Maintains normal muscle and nerve functions



CODE:HL1002

Features....

1. Calcium Citrate Malate (calcium salt of citric acid and malic acid)
2. Vitamin D2,
3. Magnesium ,
4. Vitamin K,
5. Zinc Amino Acid Chelate

Benefits....

1. One of the most effective and bio-available forms of calcium that helps maintain normal bone density and development,
2. Optimize Calcium absorption,
3. Supports bone structure and helps in bio-chemical reactions,
4. Helps in flow of Calcium from blood stream. May help to inhibit arterial calcification and promote cardiovascular health,
5. One of the most effective and bio-available forms of zinc that helps in metabolic functions and strengthen immunity

Suggested Usage

Specially for women of all ages. If an individual's diet is low in calcium, there may not be sufficient amounts of calcium available in the blood to be returned to the bones to maintain strong bones and body health.

Serving: 1 tablet twice daily



Triple action Sci-Vedic™ formula

Glucosamine - Is a natural substance in joints which stimulates the production of cartilage, Supports joint functions and mobility, Helps to Improve conditions of mild to moderate osteo-arthritis.

1. Supports joint functions and mobility
2. Helps to Improve conditions of mild to moderate osteo-arthritis.



CODE:HL1005

Features....

1. Glucosamine Sulfate
2. Boswellia Serrata Extract
3. Methylsulfonyl Methane
4. Piprene
5. Turmeric Extracts
6. Magnesium Stearate
7. Silicon Dioxide
8. Helps support normal joint functioning and mobility,
9. Aids to manufacture cartilage, supports maintenance of Healthy connective tissue thru its antioxidant effect

Benefits....

1. Helps support normal joint functioning and mobility,
2. Aids to manufacture cartilage,
3. Supports maintenance of Healthy connective tissue thru its antioxidant effect,
4. Combination of natural herbs and essential nutrients **together help to reduce pain and inflammation**

Suggested Usage

Busy executive, housewives, old people, travelers & athletes.

If an individual's diet is low in calcium & you experience pain and mobility problems.

- Two tablets twice daily preferably with meal

Symptoms:

Stiffness, Chronic Pain, Inflammation, Swelling, Immobility



Red Ginseng



Do You?

1. Feel exhausted at the end of the day?
2. Forget things quite often?
3. At times get irritated at work?
4. Often feel overstressed with work?
5. Frequently experience low on strength & stamina?

Various forms of Stress...

1. Exhaustion
2. Pushed attitude
3. Angry disposition
4. Decreasing strength and stamina
5. Early ageing signs
6. Fading memory
7. Slowing of body defenses



Presenting Ginseng – A Miracle Herb, King of Herbs & Elixir of life

Presenting Well Korean Red Ginseng – A Miracle Herb



Its known as King of Herbs & Elixir of life

Modicare Well Korean Red Ginseng Quality...

**GMP[Good Manufacturing Practices] certified by
K.F.D.A**

[Korea Food & Drug Administration]

**Designated to use Excellent Agricultural Products
Mark
by Korean Government**

**Designated as Self Inspection Enterprise
by Korean Government.**



- 1. Sourced from Korea Punggi Ginseng Cooperative Association*
- 2. Manufactures & suppliers of one of the world's best & finest
Korean Red Ginseng*
- 3. Exclusive arrangement with Modicare Ltd. to supply in India*
- 4. Strict quality controls and measures from farm to final product*

Korean Red Ginseng....



*Red Ginseng - Wonder of the World", "King of Herbs" & "Elixir of Life" The English word **ginseng** derives from the Chinese term rénshēn literally means "man root" !*

Red Ginseng may contain more healing properties as compared to white ginseng.



CODE:HL1008

Features....

1. The main active ingredients of Ginseng are '**ginsenosides**'
2. Ginseng is known as an "**adaptogen**".
3. Nontoxic in nature.
4. Ginseng may be found in small doses in energy drinks or herbal teas, such as ginseng coffee.

Benefits....

1. Traditionally ginseng is used to **Revitalize, Rejuvenate, Strengthen** the entire body
2. Fights against stress, anxiety, fatigue and increases stamina
3. A natural '**Preventive & Restorative**' remedy
4. A natural tonic that helps: enhancing **physical & mental performance**
5. Promotes **vigor & vitality** & increases resistance to **stress & aging**
6. Helps strengthen immunity and works as an antioxidant

Suggested Usage

Potential beneficiaries

Active people, middle-aged adults, students, frequent travelers, busy people, people who suffer from effects of stress

Tablet: One tablet twice daily before meals, Powder Serving :Take 0.5gm (half spoon) twice a day. Use with: Cold/warm water with honey Or Tea/Coffee/Juice Or Any food item



Healthy Living & Anti-ageing Supplement

From New Zealand Pine Bark



Know Life Style Disorders...

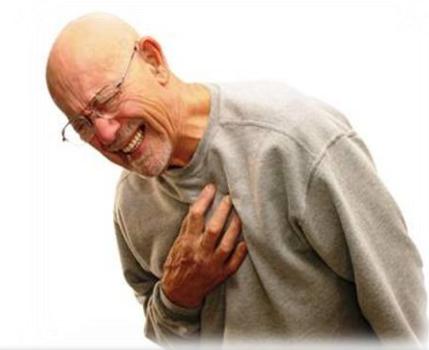


Memory Loss

Diabetics

Cancer

Vision



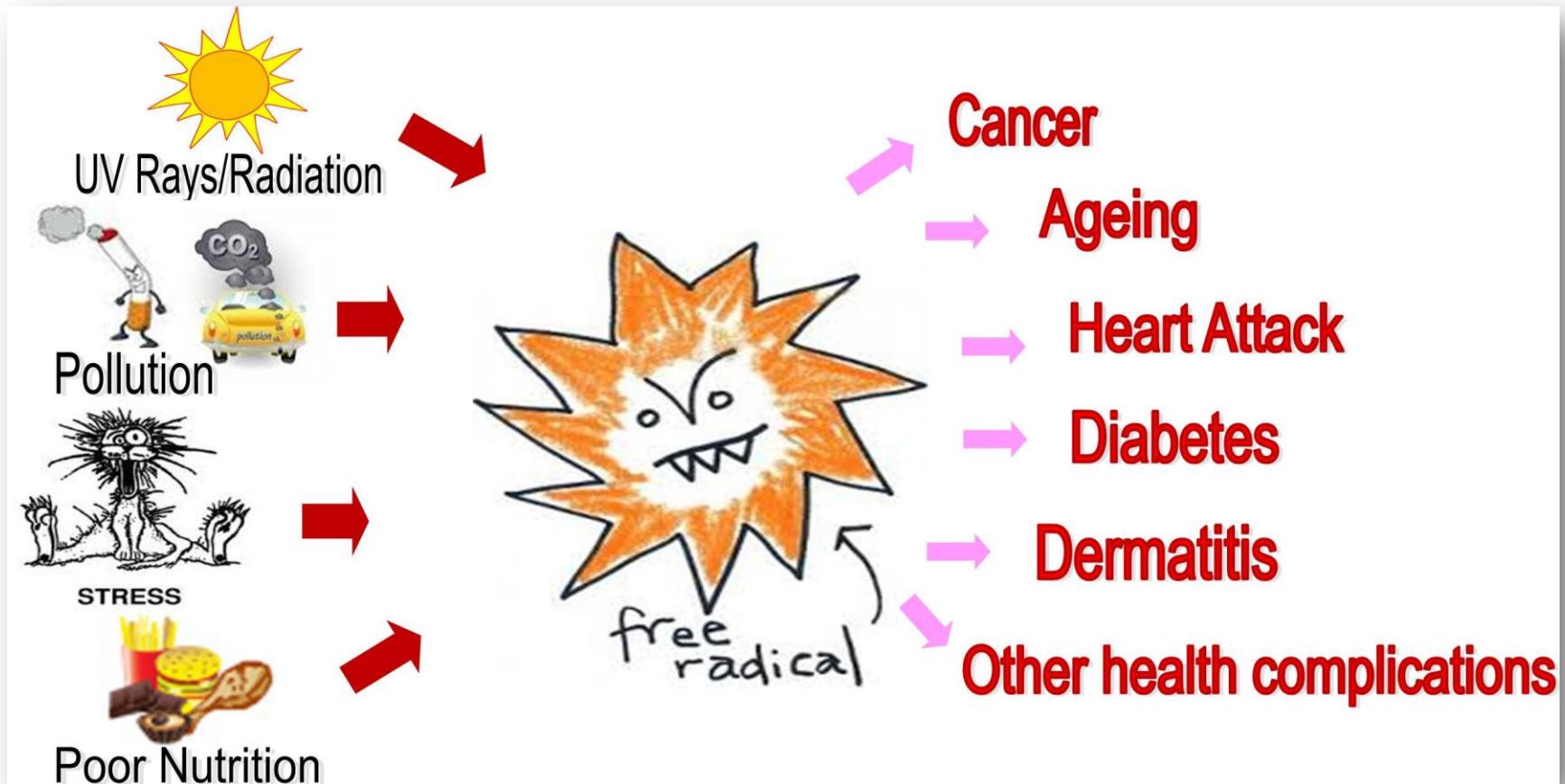
Premature Ageing

Migraine

Cardio Disorders

Arthritis

Free radical – A single cause of all the health problems...





Success Principles by Modicare

Presenting Well Intellecte..



"Nothing is more important than your health" | Modicare | Well | 2016-17

*Healthy Living & Anti-ageing Supplement containing New Zealand Pine Bark **Essence(Enzogenol)**, Acerola Cherry Extract and Citrus Bioflavonoids.*

Flavonoid Content of Enzogenol

**200 g
Fresh Fruit &
500g Fresh
Vegetables**



**100 mg
Enzogenol®**



CODE:HL1006

Based on the USDA database for flavonoid content in foods counting 29 & 54 different types of fruits & vegetables respectively

Features....

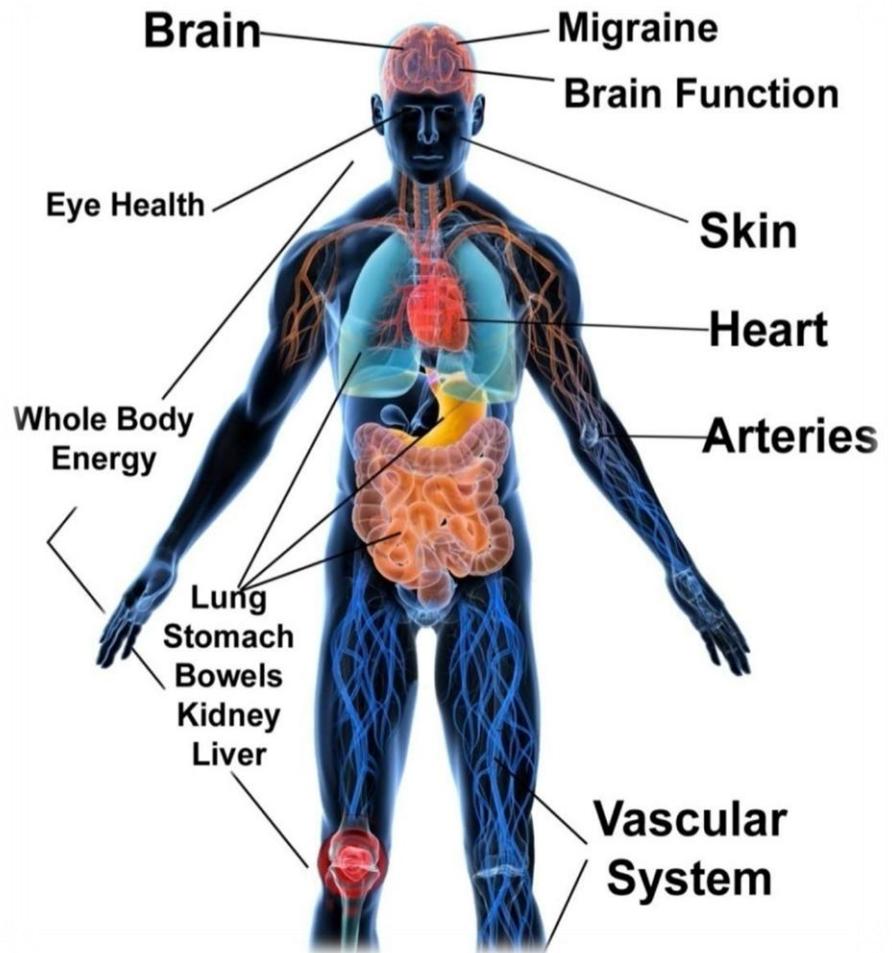
- 1. Enzogenol - Antioxidants** for fighting the effects of ageing and promoting good health.
- 2. Antioxidants** for good health and neutralise free radicals that causes stress, damage cells and tissues.
- 3. Acerola Cherry Extract** (natural source of Vitamin C)that boosts the immune system against infection and neutralize damaging free radicals.
- 4. Citrus Bioflavonoids** (rich source of Phytonutrients) provides Flavonoids, Rutin & Hesperidin.
5. Powerful plant nutrients that help strengthening the circulatory system

Well Intellecte Advantages/Benefits

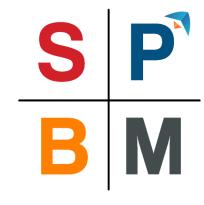
1. Anti-ageing
2. Antioxidant
3. Brain Health
4. Skin Health
5. Eye Health
6. Immune Health
7. Heart Health
8. Arthritis
9. Cancer
10. Digestive Health
11. Women Health

Suggested Usage

1 capsule per day before meal.



Our Heart... Cardiovascular Health



Human Heart : Beating to life

1. Usually beats from 60 to 100 times per minute
2. Beats about 100,000 times a day
3. More than 30 million times per year
4. About 2.5 billion times in a 70-year lifetime

It works non-stop till we live...No price is too much to keep it healthy



Risk factors associated with Cardio Vascular Diseases..

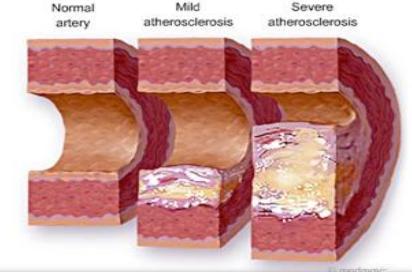
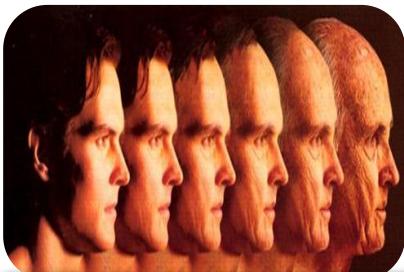


Sedentary Lifestyle

Stress

Smoking

Alcohol



Age factor

Menopause

Improper Eating

High Cholesterol level



Family Medical History

Hypertension

Obesity

Diabetes

Presenting Cardio Activ



Be heart smart & have a healthy heart: Well Cardio Activ is a combination of well proven herbs.

A potent Sci-vedic® herbal formula inspired from the ancient knowledge of Ayurveda and the best of science.



CODE:HL2001

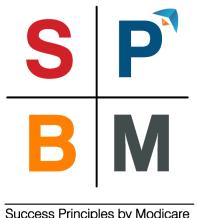
Features & Benefits



Well Cardio Active contains 6 natural ingredients that supports normal heart functions:

1. **Terminalia Arjuna (Arjuna)** : Natural tonic for heart , maintains cholesterol and lipid levels as well as blood pressure.
2. **Commiphora Wightii (Guggul)** : Supports normal cholesterol and lipid profile
3. **Withania somnifera (Ashwagandha)** : résistance to stress, anxiety, fatigue & pre mature ageing.
4. **Punica Granatum (Pomegranate)** Helps reduce the risk of heart disease
5. **Centella Asiatica (Gotu kola)** : Helps blood circulation
6. **Shankha Bhasma** : strengthening heart muscles

Suggested Usage



1 tablet twice daily before meals for a person above 12 years.

Precautions: to be taken in severe renal and cardiac impairment, during pregnancy & breast feeding.



Pollution & Toxins



Effects of Toxins on Skin & Body..



Acne / Pimples



Low Immunity



Vitiligo



Eczema



Psoriasis



Sluggish Liver



Diarrhea



Liver Spots



Foul Perspiration

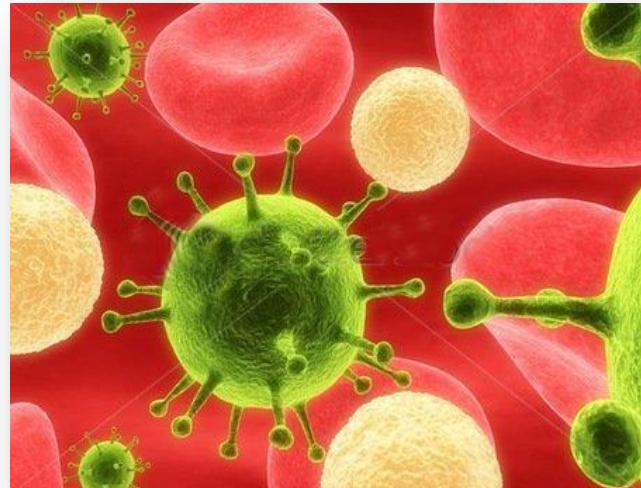


Bad Breath

Toxins & Body Cleansing

What is the solution?

Detoxify the Body



Presenting Well D-Tox



Unleashing the power of nature...Detoxify the body

Contains “Ten” Wonders of the Nature to support modern day living .it’s a multi-specialty super power formula with power of 8 natural herbs

Body gets toxins through various sources like-

1. The food we take which may have colorants, additives, chemicals etc.
2. Air; we inhale and the environment we live in
3. Drugs; we use have toxic effects also
4. The water we drink
5. Internal formations



CODE:HL2002

Features

Consists of all natural herbs such as:

1. Neem,
2. Trifala,
3. Kalmegh,
4. Rohitaka,
5. Kutki,
6. Babchi,
7. Bhringaraj,
8. Varun,

Benefits

1. Eliminates toxins from the body.
2. Purifies blood
3. Helps maintain healthy digestive system
4. Stimulates sluggish liver
5. Aiding digestion
6. Improves skin complexion
7. Naturally help improve acne, blemish and dermatitis problems
8. Keeps your skin healthy and glowing
9. Keeps hair dark & lustrous

Suggested Usage



Precautions to be taken in severe renal and cardiac impairment,
during pregnancy & breast feeding

1 tablet twice daily before meals for a person above 12 years



Multiple Health Conditions



Taking care of health naturally
with Phytonutrients (Plant based Nutrients) has become a way of life. It has become the ideal choice for all those who seek to maintain an active and balanced lifestyle while facing the challenges of modern life.

Presenting Well Noni Juice



Enriched with Kokum

Kokum (*Garcinia indica*) is an excellent source of antioxidants that helps to minimize the impact of many diseases.

WELL NONI is a One Stop Solution to multiple Health Conditions. It's a Juice concentrate enriched with **Kokum**.



CODE:HL2006

How does it work



Kokum is also known as Malabar tamarind and has been used in India for centuries.

1. Noni contains a powerful Phytonutrient , Proxeronine.
2. Proxeronine gets converted into Xeronine inside Human body with the help of enzyme Proxeronase.
3. Xeronine is absorbed by the cells of the body leading to innumerable health benefits.

Features

1. Proxeronine & Proxeroninase
2. Scopoletin
3. Anthraquinone
4. Damnacanthal
5. Terpene
6. Phytonutrients
7. Rich in soluble and insoluble fiber

Benefits

1. Promotes optimal protein functioning and hormonal balance.
2. Lowers blood pressure, help regulate sleep, hunger and temperature.
3. Controls infectious bacteria's such as Staphylococcus Aureus, E. Coli & Salmonella.
4. Inhibits growth of pre-cancerous cells.
5. Helps with cell rejuvenation, thus increasing nutrient-toxin exchange.
6. Provide powerful anti-oxidant protection against free radicals.
7. Soluble fiber helps cleanse the blood, decrease cholesterol, binds to fats and balances blood sugar levels. Insoluble fiber ("bulk") is important for colon health.

Suggested Usage

Drink on empty stomach ,30 minutes before meal. Can be taken as is or diluted with water or as directed by the Physician.

- *First 3 days:** 5ml twice daily
- * 4th – 6th day:** 10ml twice daily
- *7th day onwards:** 15-30ml twice daily

Use twice daily for 6-12 months for better results.
For children above 6 years give half of the above dosage.
Drink plenty of water throughout the day.



Caution: Pregnant and lactating women , consumers with specific medical conditions should consult their physician before taking Well Noni Juice Concentrate. Not to be consumed during dysentery.
Well Noni Juice Concentrate is recommended for children 6 years and above
The information shared herewith is not a medical advice for self treatment and is for educational purpose only.

Spirulina - The “Super Food”



Amazing Facts about Spirulina..



- 1. It is a blue-green algae that thrives in, fresh-water bodies.**
- 2. It is called as the "food of the future" because of its amazing ability to synthesize high-quality concentrated nutrients**
- 3. Ranked #1 of “5 Foods That Can Add Years to Your Life” (*AARP Magazine (Sept / Oct 2006 issue)*)**
- 4. It is Established as an effective and safe supplement through clinical studies and historical consumption around the world**
- 5. Spirulina is 60 to 71% percent complete protein, with all essential amino acids in**
- 6. Spirulina is one of the few plant sources of Vitamins**

Presenting Well Spirulina



Success Principles by Modicare

Certified from USDA ORGANIC, NATURLAND and ECOCERT

Three Way Action



Spirulina works simultaneously on three levels:

- 1. Cleansing:** Spirulina promotes the body's natural cleansing processes. You feel fitter, more cheerful, and you have more energy.
- 2. Restoring:** Spirulina compensates for deficiencies in the diet and stimulates the metabolism. Your physical condition improves noticeably and you recover faster after exertion.
- 3. Fortifying:** Spirulina boosts resistance and activates the body's natural defense mechanisms. You feel stronger and are better able to cope with the pressures of everyday life.



Well Spirulina



Well Spirulina is a wholesome green “Super Food” that contains Proteins, Vitamins, Minerals , Antioxidants, Essential Fatty Acids.

1. Well Spirulina is a wholesome green “Super Food” that contains Proteins, Vitamins, Minerals , Antioxidants, Essential Fatty Acids.

2. Well Spirulina is made **from Certified Organic Spirulina** powder in a pristine and pollution free environment thereby assuring highest product quality



CODE:HL2008

Features

1. Contains higher amount of Phyto-nutrients.
2. Undergoes extensive washing during harvesting, for lower salt and ash content.
3. Non Genetically Modified Organisms.
4. Free from pesticide, herbicide or other chemical contaminants.
5. Free from microcystin and other algal toxins.
6. Made in a GMP, ISO 9001, ISO 14001, ISO 22000.

Benefits

1. **For Children**-Builds up tissue growth & strengthens immunity.
2. **For Aged** –Easy digestion, help to ease symptoms like Diabetes, BP & Arthritis.
3. **For Women** – Blood Nourisher, relieves the severity in premenstrual syndrome, increases serum retinol level in pregnancy.
4. Healthy Skin, hair, eye, G.I. Tract & a healthy heart.
5. **For Diabetics** - Controls oxidative damage; Protect from diabetic related hypertension and vascular complication.

Suggested Usage

Composition: Each Capsule contains Spirulina (*Arthrospira platensis*) :
500mg

Directions for Use:

One capsule twice daily after meals or as directed by Physician

Serving: 2 tablets twice daily preferably with meal



Well Flax Oil



An excellent source of Omega 3, 6 and 9 fatty acids needed for normal human development and growth. Flaxseed Oil is known as a multi-health tonic in the natural medicine world

The Omega 3 & Omega 6 fatty acids are two essential fatty acids (EFA) that cannot be made by the body and hence must be obtained from diet or supplements.



CODE:HL2004

Features

1. A promise of good health
2. Concentrated 500 mg dose in small, easy to swallow soft gels
3. 2-3 soft gels daily provides approx. 550-825 mg of Alpha Linolenic Acid (ALA)
4. Supports energy production
5. Support menstrual health
6. Premium packaging that comes with a convenient pull-up seal and easy to use flip-top cap

Benefits

1. Lower cholesterol levels, protect against heart disease and control high blood pressure
2. Counter inflammation associated with gout, lupus and fibrocystic breasts
3. Promote healthy skin: treat acne, eczema, psoriasis, sunburn and rosacea
4. Promote healthy hair and nails
5. Minimize nerve damage that causes numbness and tingling as well as other disorders
6. Guard against the effects of ageing

Suggested Usage



People looking for good health and well being should prefer: **1 to 3 soft gels daily or as directed by the Physician**



Caution: Pregnant and lactating women, consumers with specific medical conditions should consult their physicians before taking the product.

Garlic the Wonder Herb

People have been using garlic for thousands of years for its healing properties to treat an array of illnesses and to increase the body's strength and energy.

Garlic is one of the most effective anti-microbial herbs with anti-fungal, anti-bacterial and anti-viral properties. It exhibits Antioxidant activity and also contains compounds that are good for the heart and body.



Well Garlic Pearls



Well Garlic Pearls is a convenient way to get the benefits of garlic in easy to swallow soft-gelatin capsules.

The characteristic odour and health benefits of garlic come from naturally occurring sulfur-containing compounds (allicin, diallyl disulfide & other sulphides). These potent compounds are known for preventing or treating a range of health conditions



CODE:HL2005

Features



1. A promise of good health
2. No strong pungent odour of crushed garlic
3. No bad odour in breath
4. Premium packaging that comes with a convenient pull-up seal and easy to use flip-top cap.

Benefits

1. Lowers Bad Cholesterol (LDL) levels and triglycerides that negatively impact the heart
2. Helpful in preventing certain cancers
3. Helps to regulate blood sugar
4. Aids digestion
5. Protects from cough, cold, flu and allergies
6. Protects cells against damage by free radicals
7. Enhances the body's energy and strength
8. Promotes better blood circulation
9. Helps combat plaque formation in the arteries (atherosclerosis)
10. Helpful in controlling blood pressure

Suggested Usage



1 to 2 softgels twice a day or as directed by the Physician



Caution: Pregnant and lactating women, consumers with specific medical conditions should consult their physicians before taking the product.

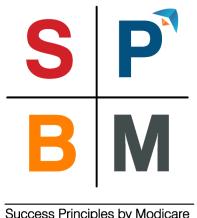
The goodness of natural ingredients and ayurvedic herbs - camphor, thymol, menthol and clove oil - helps the digestive system heal itself.

The product acts on the gastrointestinal tract, building digestive immunity and reducing the recurrence of digestive problems.



CODE:HL2003

Features & Benefits



1. A promise of good health
2. Contains herbal extracts & essential oils that keep the gastrointestinal tract healthy
3. Stimulates peristalsis, improves digestion and promotes a healthy colon
4. Helps in stopping vomiting, diarrhoea and nausea
5. Provides quick natural relief from acidity, bloating, flatulence, heartburn, stomach discomfort
6. Helpful in Irritable Bowel Syndrome (IBS), cramping and constipation
7. Premium packaging that comes with a convenient pull-up seal and easy to use flip-top cap

Suggested Usage

1 to 3 softgels as and when required or as directed by the Physician.



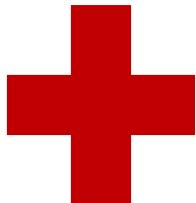
Caution: Pregnant and lactating women, consumers with specific medical conditions should consult their physicians before taking the product.

Well Pudina with Tulsi



Success Principles by Modicare

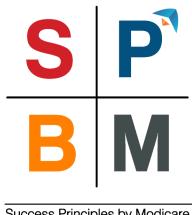
A natural blend of herbal ingredients - Pudina and Tulsi - not only helps the digestive system heal itself but also fights infections and enhances immunity.



KEEP STOMACH PROBLEMS AT BAY, THE TULSI PUDINA WAY..

CODE:HL2007

Features & Benefits



1. A promise of good health
2. Contains herbal ingredients that are natural and safe
3. Keeps the gastrointestinal tract healthy by inhibiting the growth of harmful bacteria and fungus
4. Provides quick, natural relief from indigestion, gas, bloating, flatulence, acid reflux, heartburn, stomach pain
5. Cooling action in stomach
6. Helpful in Irritable Bowel Syndrome (IBS)
7. Promotes a healthy immune system
8. Premium packaging that comes with a convenient pull-up seal and easy to use flip-top cap

Suggested Usage



1 to 2 soft gels as and when required or as directed by the Physician



Caution: Pregnant and lactating women, consumers with specific medical conditions should consult their physicians before taking the product.



Happy Selling

Disclaimer : The information given herewith is not a medical advice for self treatment and is for educational purpose only. Consumers with specific medical conditions should consult their physician before taking Well Kids Health Gummies.

Source of information: Some information presented here has been taken/reproduced what is available on Public Domain



Success Principles by Modicare

AN EFFECTIVE
SHIELD AGAINST
ELECTROMAGNETIC
RADIATION



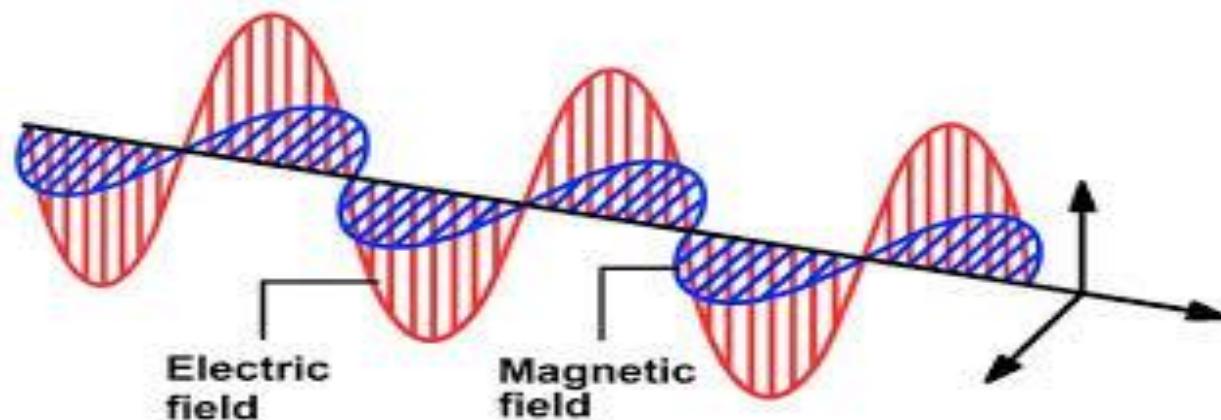
Modicare
Envirochip
RADIATION PROTECTION

How about a Radiation Cover for yourself?



Do you know?

1. The electromagnetic field in your home could result in sleeplessness or restless night.
2. When you have less number of signal bars on your phone it emits more radiation.
3. Cell Phone manuals ask you to.....
 - a) Keep the device away from your body.
 - b) Text more than talk
 - c) Recommend that talk time should not exceed 6mins/hour.
 - d) Cell phones draw more power, and emit more radiation, in enclosed metal spaces like elevators, cars, trains and

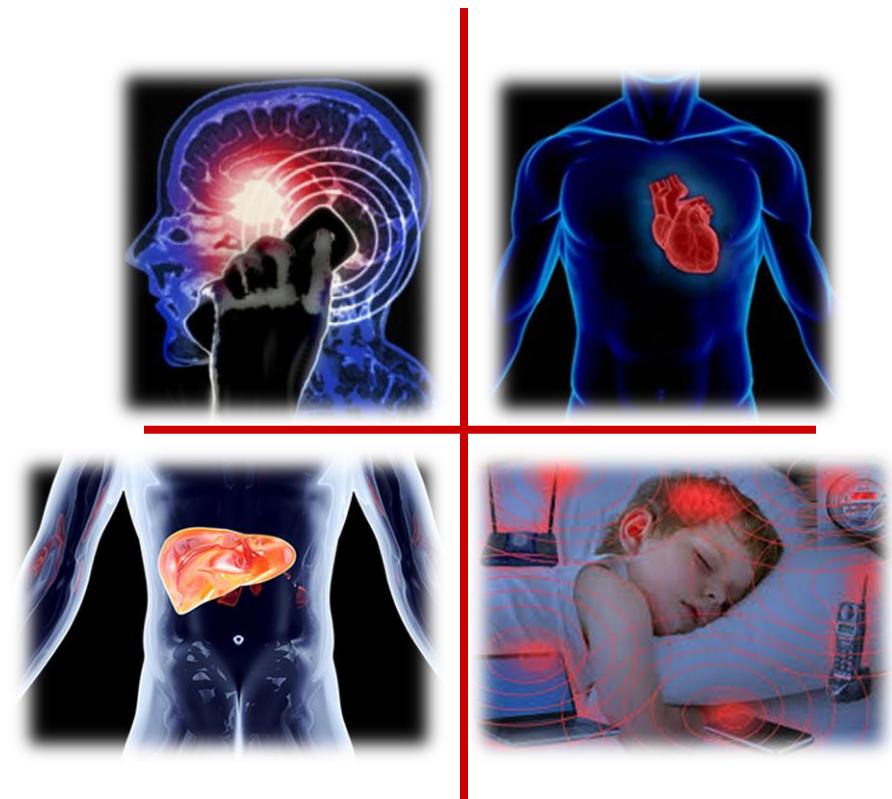


Presenting Modicare Envirochip



Prolonged exposure to these devices can be a serious health hazard and may cause

1. Risk to your Heart
2. Lower Sperm Count.
3. Risk to Children
4. Headaches, Dizziness, Nausea.
5. Brain Tumors & Cancer



Presenting Modicare Envirochip



Your safeguard against harmful radiation From

1. Mobile Phones
2. Computers
3. Tablet PC'S
4. Wi-Fi Routers



CODE:0005

CODE:HL0001

CODE:HL0004

CODE:HL0003

CODE:HL0002



How to test Modicare Envirochip?



Success Principles by Modicare

Try a hand strength test!

1. Lift your hand and clench your fists. Ask someone to push one of your hands down with force while you try and resist it. You will notice that the hand does not go down easily.

2. Now hold your mobile phone (switched on) in one hand and ask your friend to push your hand down with the same force while you resist. Did you notice any change? You will probably find that your hand goes down easily.

3. Now Fix Modicare Envirochip on your mobile phone and repeat the exercise as given above. You will notice that you are able to resist the force just like in 1st case.

Features & Benefits



1. Neutralizes the harmful effects of radiation emanating from Mobile Phones, Laptops, Tablet PC's and Wi-Fi Routers by changing its wave nature
2. Reduces the stress level in the human body & prevents loss of immunity.
3. Clinical trials conducted on Envirochip prove its efficacy in decreasing pulse rate and improving health.
4. Tested and certified at reputed labs and institutions for its effectiveness and usability.
5. Made from patented technology using a combination of inert materials.
6. Continues to work until it remains fixed on a device.
7. CE certified.
8. Available in 4 colours – Blue, Black, Magenta, Silver

Suggested Usage



Success Principles by Modicare

Remove the white thin protective strip from the back of the chip and paste the Modicare Envirochip just above the centre of the back of your Mobile.

1 chip for each item.

Recommended for all electronic items that you may use.





Success Principles by Modicare



Modicare Envirochip

RADIATION PROTECTION

Happy Selling