STT450-550 Project 2 Report

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**1. Introduction**

**1.1 Overview**

We are looking at data of concussions in the NFL and their many impacts. We are first looking at how a player getting injured with a concussion in a game impacts the outcome of the game, win or lose. We know that a player’s position and average play time impacts the influence a player’s injury has on the result of the game. We will also look into which positions are more likely to get hurt, and how well different teams do in coaching their players how to reduce concussions. We can also see how these change over the years and how much of the variance is based on randomness. We can also test how getting injured affects the players playtime before and after the injury. Further we can see if players who miss more games have more affected play time.

**1.2 Variables**

Player- The player that got injured during the game. This is a supervised categorical variable and will be used in classification analysis.

Team- The team that the player who got injured played on at time of injury. This is a supervised categorical variable and will be used in classification analysis.

Position- The position that the player who got injured played during time of injury. This is a supervised categorical variable and will be used in classification analysis.

Winning\_Team- Whether or not the injured players team won the game. This is a supervised binary variable and will be used in classification analysis.

Season- Which season the game was that the player got injured. This is a supervised categorical variable and will be used in classification analysis.

Games\_Missed- How many games the player missed after the game the player was injured in. This is a supervised numerical variable and will be used in regression analysis.

Playtime\_Before- The number of downs the player played in games on average before suffering the injury. This is a supervised numerical variable and will be used in regression analysis.

Playtime\_After - The number of downs the player played in return game after suffering the injury. This is a supervised numerical variable and will be used in regression analysis.

Playtime\_Lost- The number of downs less the player plays in their return game than they did on average in games before there injury. This is a supervised numerical variable and will be used in regression analysis.

**1.3 Data Preview**

*Table 1.1 Concussions Data*

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**2. Explanatory Data Analysis**

**2.1 One Categorical Variable- Graphical Summary**

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*Figure 2.1 Pie Chart of Seasons*

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*Figure 2.2 Downs Played Before and After Injuries*

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*Figure 2.3 Games Missed and Playtime Lost*

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*Figure 2.4 Position Distribution*

Figure 2.1 depicts my biggest concern with this data set, the lack of equal distribution of concussions between seasons. The 204/2015 season had many less reported concussions than the other years. This could have been for a variety of reasons; a couple being the players didn’t report their injuries, or the players were safer about how they played.

Figure 2.2 above shows that players tended to play close to 50 downs in games before their injuries on average. Some players averaged up to 80 downs per game before their injuries while others didn’t see the field. After injuries players only averaged about 40 downs in their game returning after the injury. Some players never returned that season while others played up to 100 downs in their return. Therefore players played about 10 games less on average in their return games than they did in games leading up to the injury. This is most likely due to players and teams wanting to make sure the player has fully recovered and does not suﬀer another concussion.

From the left panel of Figure 2.3, you can see that majority of the players did not have to sit out a game after suﬀering a concussion. The distribution is highly skewed to the right as expected, with only seven players missing double digit games.

The right panel of Figure 2.3 shows that majority of the players weren’t signiﬁcantly impacted by their injury and were able to play within ten downs of what the averaged in games prior to the injury. Majority of players actually gained play time in their return but the plot is skewed left since a few players lost more playing time than anyone gained.

From Figure 2.4, you can see that most positions make players equally susceptible to concussions. Cornerbacks are the most susceptible with nearly 100 cornerbacks sustaining a concussion over the four year span. The fullbacks count is very low due to the position not being used as much in the NFL anymore do to the changes in the playstyle of professional football. Defensive Back is also lacking because these players are versatile and can play both Safety and Cornerback whereas most players are position speciﬁc.

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*Figure 2.5 Correlation*

From Figure 2.5 we can see due to the low p-value and high t-statistic that the amount of downs that a player averages before their concussion impacts how many downs they play afterwards. This makes sense because players who tend to get more playing time will continue to play more. At the same time we know that players who rarely touch the ﬁeld won’t increase their playing time by getting injured.

**2.1 One Categorical Variable- Numerical Summary**

*Table 2.1 Concussion Distribution by Team*

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*Table 2.2 Five Number Summary*

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*Table 2.3 Correlation*

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From Table 2.1, you can see that most teams had around 10-15 players get hurt over the four year period. The Cleveland Browns suﬀered the most with 33 concussions, averaging about 8 a year, which is about a concussion every other game. There staﬀ needs to learn from the Falcons whose players only suﬀered 9 in the whole four year period. Only one more than the the Browns averaged per season.

Table 2.2 shows that players played 4.715 less downs in their return game versus what they averaged in games prior to the injury. This is most likely due to the fact that at least 75 percent of players missed one or no games so their concussions weren’t very signiﬁcant.

From Table 2.3 we can see there is little correlation between Games Missed, Playtime Before, Playtime After, and Playtime Lost. The biggest correlation is between Playtime After and Playtime Lost. This makes sense because players that play alot in their return game won’t be able to loss that many downs as they could have only played a certain amount of downs in the games before the injury. We also see some positive correlation in Playtime Before and Playtime Lost, this is due the fact that the more downs you average before the injury then you have more downs to lose due to the injury.

*Table 2.4 Position vs. Season Contingency*

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*Table 2.5 Position vs. Games Missed Contingency*

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*Table 2.6 Team vs. Season Contingency*

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*Table 2.7 Team vs. Games Missed Contingency*

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Table 2.4 shows that some positions were more likely to suﬀer positions in more recent years versus later years. Cornerbacks for example had much more reported concussion in the most recent season of 2015/2016 versus the three seasons prior. The 38 injuries in 2025/2016 was more than the previous 2 years combined. You can also see once again the full back position becoming less relevant as no full backs suﬀered concussions in the last 2 years of the study.

Table 2.5 shows although cornerbacks suﬀered the most injuries (90), over half of those injuries did not cause the player to miss a game. Quarterbacks concussions seemed to be the worst as about a third of the injuries resulting in two or more games missed. This is most likely due to the fact that when quarterbacks suﬀer concussions they are being caused by players 100 pounds bigger than them. Running backs typically suﬀer their concussions in similar situations yet time missed typically isn’t as severe except for an outlier where a running back missed 13 games.

Table 2.6 reinforces that the Cleveland Browns suﬀered the most concussions during the studied period of time. Yet of the 33 concussions they suﬀered, nearly half of them were suﬀered in the 2015/2016 season. The most concussions suﬀered by a team in a year was barely another team in the same year of 2015/2016 by the San Diego Chargers with 16 concussions. Many teams did not have a concussion in the 2014/2015 season but only the Buﬀalo Bills were fully healthy in any other year.

Table 2.7 shows that the Kansas City Chiefs had a player miss 14 games in a season. Two teams, the Jaguars and Colts, had players miss 13 games in a season. The Steelers players either played through injuries or only suﬀered minor concussions; out of the 18 concussions the team suﬀered, 15 players didn’t miss a game while the other 3 only missed a single game. Many of the Brown’s concussions wereluckily not very serious as about 2/3 of the injuries didn’t sideline a player for more than a week and only 2 injuries lasted longer than 5 games.

**3. Regression Models**

**3.1 Simple Linear Regression Models**

*Table 3.1 Playtime After from Playtime Before*

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*Figure 3.1 Playtime After from Playtime Before*

We can see from the top left panel of Figure 3.1 that the line of best fit that on average most points had a low residual. You can notice also that players with the lowest playtime after the injury fit the model the least. This is because some players who played a bunch had season ending injuries and therefore their playtime in a return game that season was zero because they didn't return. From the top right panel of Figure 3.1 one can observe that the data fits the line very well with only some extremities at the top due to the season ending injuries explained before. The bottom left panel of Figure 3.1 shows that even after standardizing and square rooting the residuals the shape is similar with the same outliers. Finally, from the bottom right panel of Figure 3.1 you can discover that most of the high leverage points have small standardized residuals and the only points that truly affect the line of best fit are the season ending outliers once again.

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*Figure 3.2 Playtime After vs Playtime Before*

In Figure 3.2, the line of best fit shows a clear positive correlation between playtime before and playtime after. You can see along the bottom the players that had season ending injuries as well as more serious injuries that caused them to be limited in their respective return games. Along the left side of the graph you see a couple players who got hurt in their first game and therefore didn't have any playtime that season before the injury. The variance of those players being from a backup only playing about 25 downs in their return game versus a couple guys who played close to a hundred and were most likely key players for their teams that year. You can see that slope in close to one meaning that on average players played close to the same amount in their return games as they did in games prior to their injuries.

**3.2 Interaction Terms**

*Table 3.3 Playtime After from Playtime Before, Games Missed*

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Table 3.3 presents another variable that would seem logical to influence a player's playtime after an injury is how many games they missed. Typically when a player misses multiple games they have a limited workload in their return game. These statistics show other wise though. Their is minimal if any correlation between playtime after and games missed alone. When combined with playtime before the games missed variable only hurts the t-statistic and p-value compared to playtime before on it's own.

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*Figure 3.3 Playtime After from Playtime Before, Games Missed*

Figure 3.3 shows when the variable games missed is added you can see a few changes in the plots but not many. The top left panel keeps its same shape and has the same outliers of points 176 and 500. The top right and bottom left panels are also very similar with once again the same outlying season ending injuries as the troublesome points. The biggest change is in the bottom right panel. The overall shape is very similar but now their is a new highest leverage point. That player missed the most games of any player in the dataset with 13. Therefore with the addition of that variable his season stuck out more. Although that point has high leverage it's residual it close to zero and therefore doesn't affect the line of best fit too much.

*Table 3.4 Playtime After from Playtime Before, Games Missed ANOVA*

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Table 3.4 shows that although the t-statistic was small for the relationship between playtime after and games missed the f-statistic was much higher leading to a tiny p-value. Yet when combined with playtime before that relationship to playtime after severely weakens. Therefore individually you can predict playtime after on playtime before and games missed but when combined they don't do well. This is because season ending injuries are outliers in both and when combined they are able to highly skew the overall dataset. With the addition of the extra variable we see even more of the mean square being based on the predictor variables and less on the residuals.

**3.3 Quadratic Linear Regression Model**

*Table 3.5 Playtime After from Games Missed, Games Missed Squared*

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In Table 3.3 we saw that games missed with games before the games missed variable has a low t-statistic when related to playtime after. Yet in Table 3.5 we see that when games missed is combined with the squared version of itself, the non squared portion has more effect than the squared portion.

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*Figure 3.4 Playtime After from Games Missed, Games Missed Squared*

The top panel of Figure 3.4 represent the relationship between playtime after and game missed, whereas the bottom includes games missed squared. In both relationships we see in the first graph a severe cone shape meaning that as games missed increased the absolute value of the residual increases. The Normal Q-Q plots are very similar in shape and have the same extremities. Once the squared term is added the Scale-Location graph gets much less linear as expected. When everything is squared and you square root all of the residuals they are more likely to show a trend. Finally, adding the squared term increased the leverages of all the points but the high leverage points had much smaller residuals and therefore kept the line of best fit more horizontal.

*Table 3.6 Playtime After from Games Missed, Games Missed Squared ANOVA*

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In Table 3.6 comparing with and without the squared term we see that adding the term has a relatively small f-statistic and therefore larger p-value. From the codes we can infer that this would only be significant in a test using 99% confidence or less.

**4. Variable Selection**

**4.1 Best Subset Selection**

*Table 4.1 Best Subset Variable SelectionA picture containing text, table

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**Chart, diagram, box and whisker chart

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*Figure 4.1 Best Subset Variable Selection*

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*Figure 4.2 Best Subset Variable Selection using Adjusted R-Squared*

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*Figure 4.3 Best Subset Variable Selection using Cp*

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*Figure 4.4 Best Subset Variable Selection using bic*

In Table 4.1 you can see that Playtime After is best predicted by the variable Playtime Before, then Games Missed and finally by Winning Team. From Figure 4.1, you can see that for all model selectors two variables are said to be used for the best model. You can see for Figures 4.2 through 4.4 that the two variables that would create the best model are Playtime Before and Games Missed. In none of the figures Winning Team is highlighted and therefore we can conclude adding that predictor to the model weakens the model.

**4.2 Forward Subset Selection**

*Table 4.2 Forward Subset Variable Selection*

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From Table 4.2 you can see that when using the forward model selection we get the same conclusion as we saw in Table 4.1. This table also shows that Playtime Before is the best predictor variable and Winning Team is the worst.

**4.3 Backward Subset Selection**

*Table 4.3 Backward Subset Variable Selection***A picture containing table

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From Table 4.3 you can see that when using the backward model selection we get the same conclusion as we saw in Tables 4.1 and 4.2. This table also shows that Playtime Before is the best predictor variable and Winning Team is the worst.

**4.4 Variable Selection Coefficients**

*Table 4.4 Coefficients*



In Table 4.4 you can see the impact that each predictor has on Playtime After. As one would expect players who played more before the injury played more after leading to a positive coefficient for playtime before. One could also pressume that the coefficient for games missed would be negative since the more games someone sits out the more likely they to have a limited role in their return. Finally, winning team is also positive this is not as important since as we saw before there is minimal if any correlation between the variables playtime after and winning team.