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R/Pharma
Nov | 2025

Generating Synthetic Data with *synthpop* in R

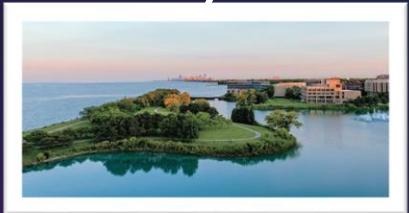
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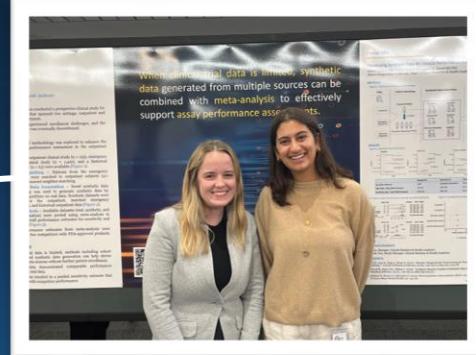
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B.S. Bioengineering
Northwestern University



M.Eng. Bioengineering
UC Berkeley

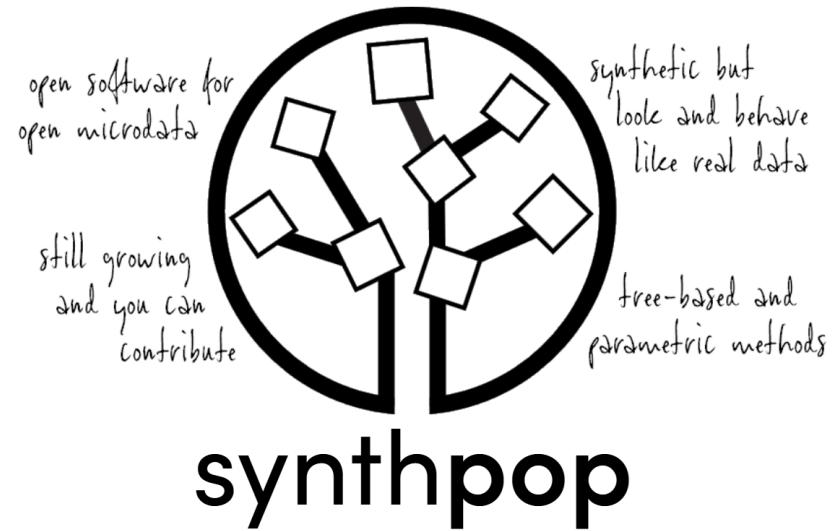


Statistician
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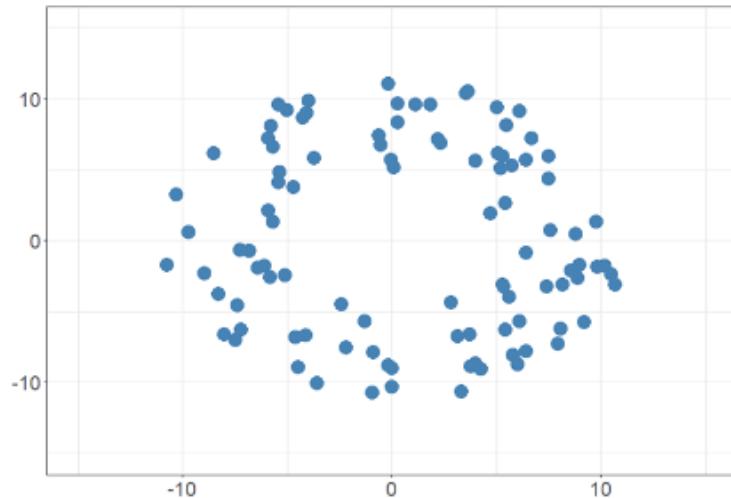
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Agenda

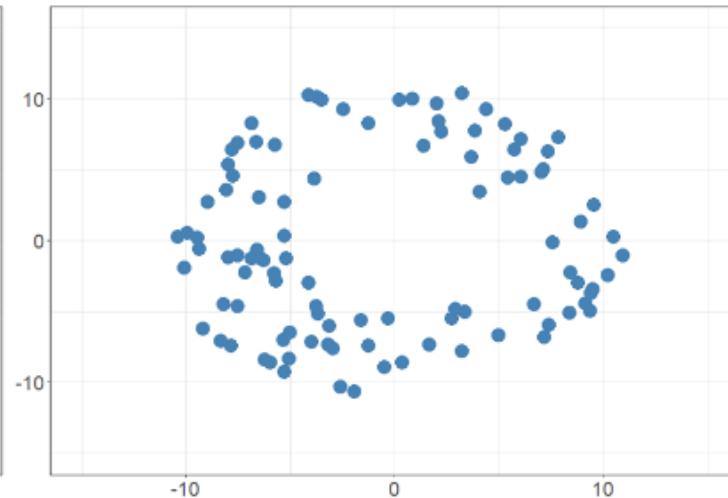
- 1** Introduction to synthetic data
- 2** Basics of *synthpop*
- 3** Utility & privacy evaluation
- 4** Application: model training



Synthetic data is a new set of records that mimics a real dataset



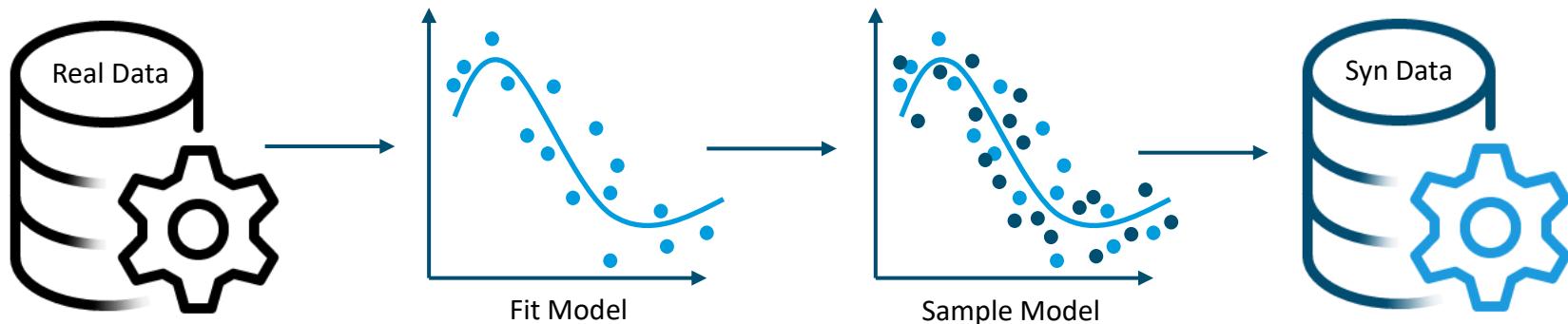
Original data



Synthetic data

Synthetic data is generated by applying algorithms to real data

- ◆ Generate from RWD, clinical trials, other health data sources
- ◆ Holy grail: synthetic data with the same *utility* as original data, but completely *anonymous*





Journal of Statistical Software

October 2016, Volume 74, Issue 11.

doi: 10.18637/jss.v074.i11

synthpop: Bespoke Creation of Synthetic Data in R

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Data & recipe

Synthesis

Utility &
Privacy
Evaluation

codebook.syn(real_train)

We will use open-source data for this demo

- ◆ National Health And Nutrition Examination Survey (NHANES)
- ◆ National Center for Health Statistics (NCHS) mortality data
- ◆ Our training set
 - 11,282 subjects (4,834 in test)
 - Participants in NHANES 1999-2004

<https://www.cdc.gov/nchs/data-linkage/mortality-public.htm>

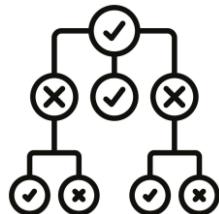
<https://www.cdc.gov/nchs/nhanes/about/>

variable	class	nmiss	perctmiss	ndistinct	details
age	integer	0	0.00	68	
bmi	numeric	1176	10.42	2514	
ethnicity	factor	0	0.00	5	
education	factor	1160	10.28	7	
marital	factor	341	3.02	8	
income	factor	1223	10.84	15	
sex	factor	0	0.00	2	
smoking	factor	0	0.00	2	
diabetes	factor	9	0.08	3	
hypertension	factor	0	0.00	2	
ntprobnp	numeric	2166	19.20	6161	
egfr	factor	1465	12.99	2	
mortality	factor	0	0.00	2	
cod	factor	7984	70.77	10	

Methods for *synthpop* recipe

CART

Classification and regression trees



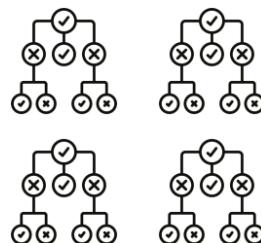
Parametric

synthpop's choice per variable:
NormRank/LogReg /PolyReg/POLR



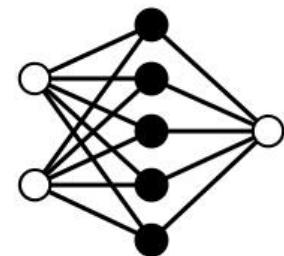
Random Forest

Ensemble method using CARTs as building blocks



Neural Network

Simple one-layer neural network classifier



Generation of 3 synthetic copies

```
syn(data = real_train, method = method, m = 3)
```

age	bmi	ethnicity	education	marital	income
38	22.69	Mexican American	Some College or AA Degree	Married	NA
61	27.26	Other Hispanic	Less Than 9th Grade	Married	\$65000-74999
26	NA	Other Hispanic	High School Grad/GED or Equivalent	Never Married	\$75000 and Ove
73	23.99	Non-Hispanic Black	Some College or AA Degree	Married	NA
20	52.81	Non-Hispanic Black	High School Grad/GED or Equivalent	Never Married	\$20000-24999
18	28.13	Mexican American	NA	Never Married	\$25000-34999

sex	smoking	diabetes	hypertension	ntprobnp	egfr	mortality	cod
Female	Non-smoker	Non-diabetic	No hypertension	65.82	Normal	Alive	NA
Female	Non-smoker	Diabetic	No hypertension	14.05	Normal	Alive	NA
Male	Smoker	Non-diabetic	No hypertension	31.18	Normal	Alive	NA
Female	Smoker	Diabetic	Hypertension	NA	<60	Dead	Cardiovascular
Female	Smoker	Non-diabetic	No hypertension	NA	NA	Alive	NA
Female	Smoker	Non-diabetic	No hypertension	25.75	Normal	Alive	NA

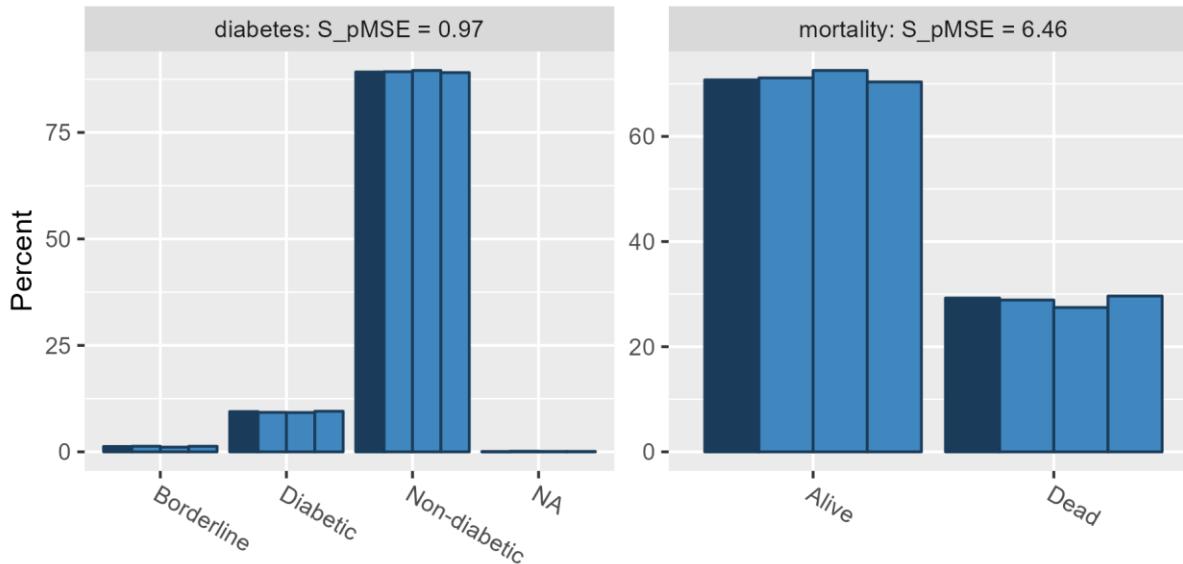
Utility:

How similar is my synthetic data
to the real data?

Univariate distributions of synthetic and original variables are comparable

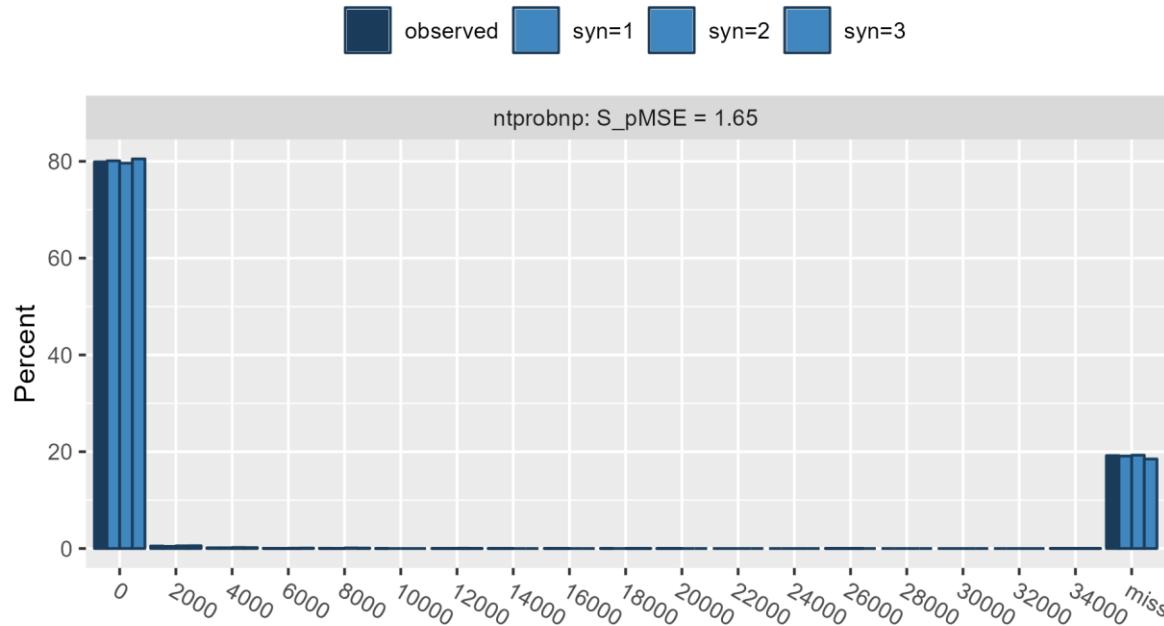
```
cmp_cart <- compare(syn_cart, real_train, vars = c('diabetes', 'mortality', 'ntprobnp'))
```

observed syn=1 syn=2 syn=3



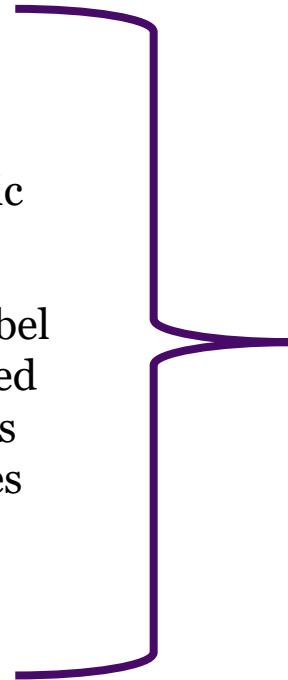
Univariate distributions of synthetic and original variables are comparable

```
cmp_cart <- compare(syn_cart, real_train, vars = c('diabetes', 'mortality', 'ntprobnp'))
```



Global utility measures

- ◆ Propensity Mean Squared Error (pMSE)
 - Measures distinguishability of synthetic data from real
 - Calculated by creating a classifier to label real and synthetic records in a combined dataset: pMSE is MSE between model's predicted probabilities and true sources of each record
- ◆ Standardized pMSE (S_pMSE)



Low pMSE and S_pMSE values are desirable

Global utility is highest for CART

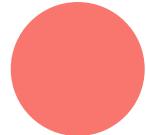
```
util_cart <- utility.gen(syn_cart, data = real_train)
```

	Mean pMSE	Mean S_pMSE
CART	0.00454	2.89
NeuralNet	0.0108	7.06
Parametric	0.0110	7.02
RandomForest	0.0170	10.50

Privacy: How susceptible to re- identification is our synthetic data?

All 4 generative models reduce disclosure risk

Comparison of attribute disclosure measures: DiSCO for synthetic data to Dorig for original data.



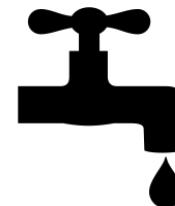
Dorig

- ◆ Measures diversity of the original dataset – linkage of predictor values to unique target values



DiSCO

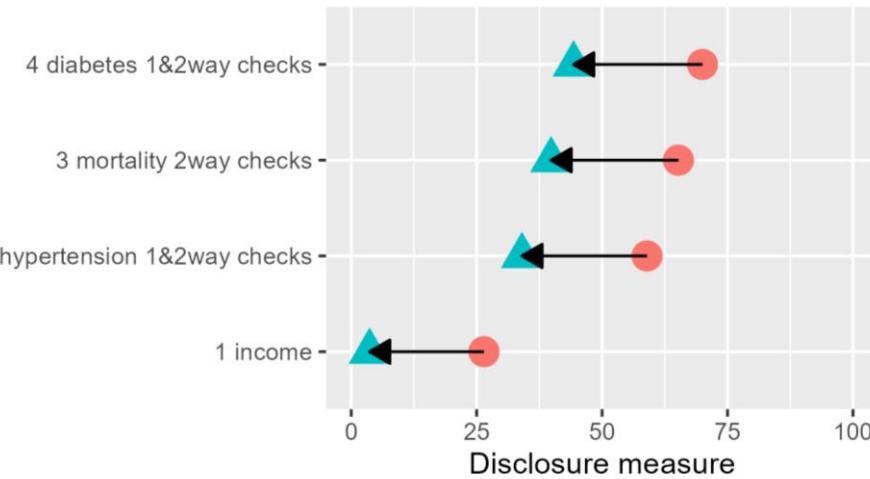
- ◆ Measure of diversity in the synthetic dataset – how many combos of variable values link to a unique and correct target value?



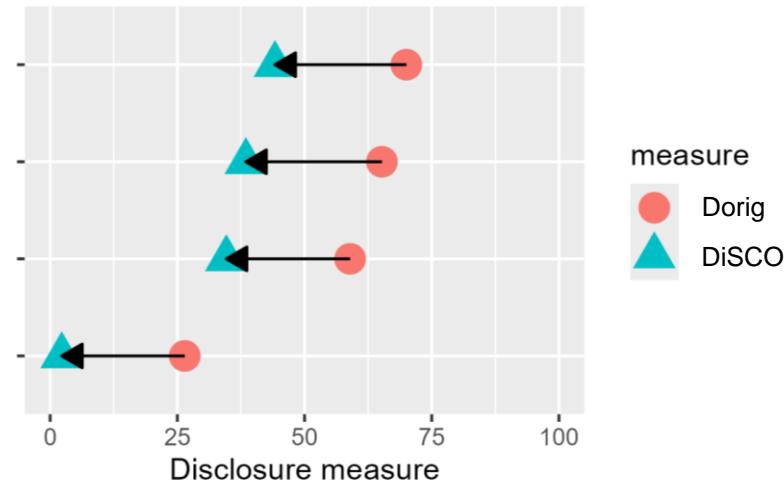
All 4 generative models reduce disclosure risk

```
disc_cart <- multi.disclosure(syn_cart, real_train, keys, targets)
```

CART

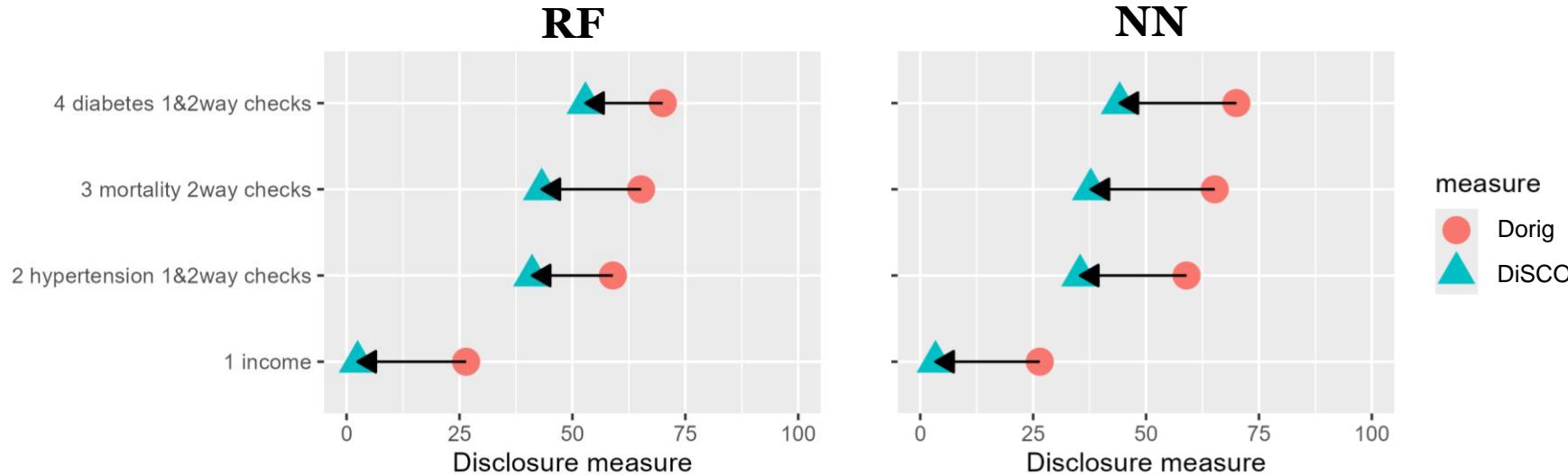


Parametric



All 4 generative models reduce disclosure risk

```
disc_cart <- multi.disclosure(syn_cart, real_train, keys, targets)
```

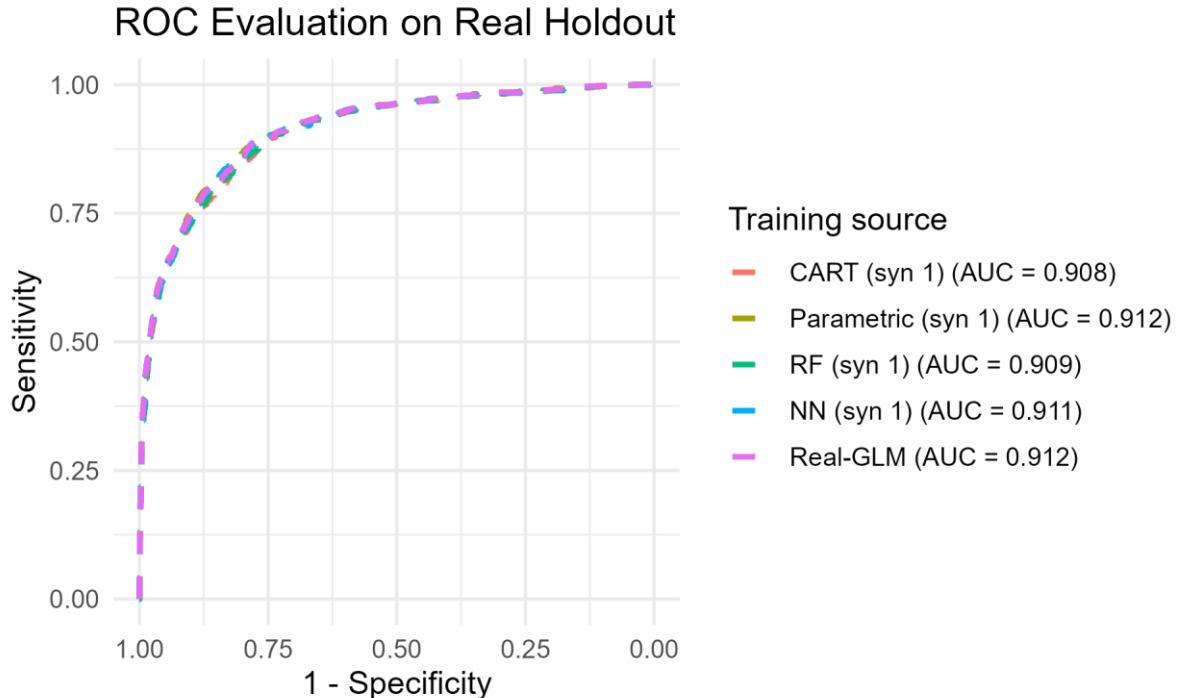


Application:

Can synthetic datasets train machine learning models?

LR models trained on synthetic data perform well on real holdout set

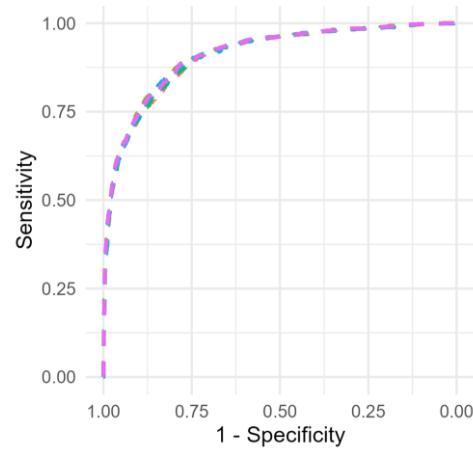
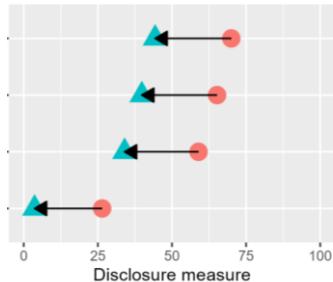
- ◆ Train logistic regression models to classify mortality on each synthetic dataset
- ◆ Predict mortality outcome for each record in real holdout set



Conclusions

- ◆ All 4 generative methods reduced disclosure risk while preserving global utility of the original dataset
- ◆ Logistic regression models trained on all 4 synthetic sets can perform well on a real hold out set

	Mean pMSE	Mean S_pMSE
CART	0.00454	2.89
NeuralNet	0.0108	7.06
Parametric	0.0110	7.02
RandomForest	0.0170	10.50





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THANK YOU!

For questions and code access:

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⌚ sfurlow8



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Appendix

Synthpop recipe

Visit Sequence

Order in which to synthesize the input variables

Prediction Matrix

Which vars predict other vars?

Method

Generative models: CART, parametric, random forest, neural network

Strata

Synthesize by group of specified variables

Synthpop recipe: visit sequence

```
# visit sequence: synthesize predictors first, outcome last
visit_seq <- c(
  'age',
  'sex',
  'ethnicity',
  'bmi',
  'education',
  'marital',
  'income',
  'smoking',
  'diabetes',
  'hypertension',
  'ntprobnp',
  'egfr',
  'mortality',
  'cod'
)
```

Synthpop recipe: methods

```
# cart
method_cart <- 'cart'

# parametric (lets synthpop choose defaults per type:
normrank/logreg/polyreg/polr)
method_parametric <- "parametric"

# random forest
method_rf <- 'rf'

# neural network
method_nn <- rep("cart", ncol(real_train))
names(method_nn) <- names(real_train)
method_nn[c('bmi', 'smoking', 'diabetes', 'mortality')] <- 'nn'
```

Synthpop recipe: prediction matrix

```
# predictor matrix: use all-others as predictors
pred_mat <- matrix(
  1,
  ncol = ncol(real_train),
  nrow = ncol(real_train),
  dimnames = list(names(real_train), names(real_train))
)
diag(pred_mat) <- 0 # variable does not predict itself
```

	age	bmi	ethnicity	education	marital	income	sex
age	0	0	0	0	0	0	0
bmi	1	0	1	0	0	0	1
ethnicity	1	0	0	0	0	0	1
education	1	1	1	0	0	0	1
marital	1	1	1	1	0	0	1
income	1	1	1	1	1	0	1
sex	1	0	0	0	0	0	0