Chapter – 2: Microorganisms

- Food items left in open rot (spoil) unfit for use
- Eating such food harmful for health
- Not advisable drinking water without purification
- Rotten food and impure water contain germs micro-organism cannot be seen with naked eye only with microscope
- Microbes cause disease BUT some are good and useful

Where are microorganisms found?

- Present everywhere air, ice-cold water, marine water, deserts, polar regions, food, and even our bodies
- Survive any conditions harsh or soft some volcanic eruptions
- Unfavourable conditions develop hard outer covering **cyst**
- Remain inactive inside cyst until conditions temperature and humidity favourable

Classification

- Five major groups
 - o Bacteria (bacterium) -
 - Simple, single-celled organisms
 - Found in air, water, soil, bodies of other organisms
 - 3 shapes bacillus (rod), cocci (spherical), spirilla (spiral)
 - Some autotrophic produce own food most heterotrophic saprotrophic (dead and decaying) or parasitic (other organisms)
 - o Algae (alga) -
 - Autotrophic organism plant bodies
 - Found abundantly (extra) in aquatic habitats **grasses of water**
 - Single-celled Chlamydomonas OR multi-cellular Spirogyra, Laminaria
 - Survive extreme climatic condition
 - Grow in water bodies ponds, lakes, moist soil, rocks, barks of trees
 - Chlamydomonas
 - Unicellular
 - Cup-shaped chloroplast
 - Locomotion (movement) flagella
 - Single pyrenoid body storing starch
 - Spirogyra
 - Multicellular
 - Ribbon-shaped chloroplast
 - No locomotion
 - Many pyrenoid bodies storing starch
 - o Fungi (fungus)
 - Group of plant-like organisms heterotrophic
 - Grow on moist bread, leather, cotton, paper specially in damp, warm, dark places

- Unicellular yeast OR multi-cellular Rhizopus, Agaricus, Penicillin, Aspergillus
- o Protozoa (protozoan)
 - Unicellular animal-like characteristics
 - Amoeba, paramecium, giardia
 - Most heterotrophic
 - Some live in fresh or salt water some live in soil some live as parasite
 - Structure locomotory move place to place
 - Amoeba **pseudopodia** paramecium **cilia**
- Viruses (virus)
 - Smallest microbes
 - Seen only with help of electron microscope magnify upto 2,00,000 times

Viruses – living or not?

- Both characters
- Cannot reproduce by themselves lack the cell organelles non-living object outside host cell
- Enter host cell start multiplying often kill host
- Biological puzzle

Useful microorganisms

- Useful many ways
 - o Field of agriculture
 - Bacteria (rhizobium) and blue-green algae fix nitrogen atmosphere to soil increase fertility nitrogen fixers
 - Rhizobium found in soil and root nodules leguminous plants peas, beans
 - Various bacteria maintain nitrogen cycle
 - Some microbes form humus decompose organic matter used as manure
 - Commercial use
 - Lactobacillus helps in making curd curd added to warm milk, bacteria in curd multiply and convert milk to curd
 - Help in preparation cheese, pickles and many other things
 - Yeast baking and brewery industries bread, alcohol, wine
 - Yeast breaks down glucose bread, fruit juices ethyl alcohol, CO₂ absence of O₂ **fermentation**
 - Dhoklas, idlis soft and fluffy CO₂ from fermentation
 - Medicinal use
 - Antibiotics
 - Medicines kill harmful microbes
 - Bacteria and fungi used to make medicines
 - Penicillin created from fungus Penicillium notatum kill Staphylococcus
 causes cold
 - Other examples streptomycin, tetracycline, erythromycin
 - Mixed with feed livestock and poultry control microbial infection
 - Control plant diseases

- Always use as prescribed by doctors may kill effective bacteria can make drug less effective
- Vaccines
 - Made from microbes
 - Protect against diseases typhoid, TB, hepatitis, measles, polio, small pox
 - Dead or weak microbe introduced to our body immune system produce antibodies
 - Antibodies remain in body forever fight microbes
 - This process vaccination
 - Insulin hormone control blood sugar can be obtained from bacteria
 - Bacteria and yeast synthesis tablets for vitamin B complex
- Cleaning the environment
 - Bacteria and fungi decompose dead and decaying organic matter
 - Release nutrient back to soil- maintain nitrogen cycle
 - Some bacteria pseudomonas decompose sewage water clean water
 - Algae autotrophic release O₂ into water
- o Other uses
 - Some bacteria leather industry for tanning, rotting jute fibres
 - Some bacteria, protozoa ruminants' digestive system digest cellulose
 - Anaerobic breakdown animal and plant waste bacteria produce methane (CH₄)
 used as fuel

Harmful microorganisms

- Microbes cause diseases pathogens or germs
 - Diseases in humans
 - 2 kinds
 - Communicable
 - Spread through modes of transmission
 - Caused by various pathogens
 - o Polio, common cold, jaundice, chicken pox, TB
 - Non-communicable
 - Do not spread though modes of transmission
 - o Malfunctioning of organ, genetic disorder, hormone imbalance
 - Modes of transmission
 - Air
 - Infected person sneezes, coughs, spits
 - o Healthy person breathes infected air gets infected
 - o Mumps, measles, flu
 - Food or water
 - Healthy person consume contaminated (spoilt) food and water gets infected
 - o Cholera, typhoid, polio, jaundice
 - Direct contact
 - Healthy person share items with patients gets infected
 - o Common cold, TB, chicken pox, ringworm

- Insects
 - Either through bite or transferring pathogens into food items
 - Insects sits on dirt pathogens stick to their bodies sit on food transfer germs to food – healthy person – consume food – gets infected – cholera
 - Female Anopheles mosquito bites infected person parasite transfers to mosquito – bites healthy person – parasite transfers to person – healthy person gets infected – Malaria
 - o Parasite completes entire life cycle inside mosquito vectors
- Cuts and wounds
 - Some pathogens enter through wounds
- Some common diseases modes of transmission preventive measures
 - Tuberculosis direct contact vaccine, isolation
 - Cholera food and water vaccination, proper disposal of sewage, chlorination
 - Chicken pox direct contact vaccination, isolation, personal hygiene
 - Polio food and water vaccination, personal hygiene, proper disposal of waste
 - Malaria insects mosquito nets, insecticides, do not allow water to collect
 - Amoebiasis food and water personal hygiene, good sanitary habits, drink boiled water, avoid street food
 - Ringworm direct contact isolation
- o Diseases in plants and animals microorganism mode of transmission
 - Plants
 - Citrus canker bacteria air
 - Rust of wheat fungi air, seeds
 - Yellow vein mosaic virus insect
 - Animals
 - Anthrax bacteria direct contact
 - Foot and mouth disease virus direct contact
- Food poisoning
 - Microbes grow on food produce toxic substance
 - Spoilt food consumed cause food poisoning even death
 - o Food spoils kept at room temperature fungal growth on bread
 - Summer high temperatures milk turns bad

Food preservation

- Imp. to be careful about quality
- Methods to preserve food
 - Refrigeration
 - Low temperatures reduce rate of reproduction of microbes
 - Dehydration
 - Dry under sun may lose nutrients fruits, cereals, pulses
 - Preservatives –

- Chemicals sodium benzoate and sodium metabisulphate added to food control growth of microorganisms
- Used in jams, squashes
- Oil, vinegar preserve vegetables, fish, pickles do not allow bacteria to grow
- Salt, sugar absorb moisture salt pickle, chips, meat sugar jams, jellies, squashes
- o Freezing
 - Frozen food greater shelf life without loss of nutrients
 - Low temperature non-availability of water control growth of microbes
- Smoking
 - Meat products preserved this way drying up moisture
- Pasteurization
 - 1st heat up high temperatures cool down immediately temp. difference kills bacteria
 - Milk preserved this way
- Canning
 - Heat up high temperatures seal in cans
 - Increases shelf life
 - Cans swell indicates damage
- o Sterilization -
 - Ionizing radiations destroy microbes without affecting heat sensitive nutrients
- Microbial world vast different species ranging from helpful microbes to deadly viruses
- Presence of microbes examined

Nitrogen cycle

- Biogeochemical process transformation of nitrogen and nitrogen compounds in nature
- Conversion of atmospheric nitrogen to nitrates and back
 - Nitrogen fixation
 - Nitrogen gas in atmosphere to compounds of nitrogen
 - Biological
 - Action of bacteria rhizobium roots of leguminous plants
 - Atmospheric
 - Lightening atmospheric nitrogen + oxygen = nitrogen oxides
 - Oxides mixed with rain water comes back as nitrous and nitric acids
 - Minerals in soil acids to nitrates
 - Industrial
 - Fertilisers ammonia, urea, ammonium nitrate
 - Assimilation
 - Nitrates absorbed by plants converted to amino acids, nucleic acids
 - Heterotrophic organisms absorb nitrogen from food chain
 - o Ammonification
 - Plants, animals die, excrete organic nitrogen converted to ammonia by soil bacteria
 - Nitrification –

■ Ammonia – converted to – nitrites – converted to – nitrates – action of nitrifying bacteria

o Denitrification -

Nitrates – converted back to – inert nitrogen gas – action of bacteria – anaerobic conditions

