



VALHEIM TIDENDE



Volume 21 Issue 6

Spring Grove, MN 55974

Nov/Dec 2019



A special invite to You,
Your Family, and Friends
to help us

Commemorate the
90th Anniversary of
Valheim Lodge!

We will Celebrate by
enjoying a Concert
given by the
Luren Singing Society
of Decorah, Ia
followed by a Light Luncheon.

We hope you and many others
can join us

Sunday, November 17th
3:00 pm

Trinity Lutheran Church
203 East Main Street
Spring Grove, Minn

To add to the festivities, we encourage attendees to wear bunads, Norwegian sweaters, or other Norwegian attire.
There will be a free will offering taken during the concert.

The 90th Anniversary planning committee (Karen & Jim Gray, Loretta Knutson, Lee Grippen, Jackie Parker and Karen Fried) have been busy planning this special event. It should be a fun event.

The prelude to the event, will be a slide show of Valheim over the decades. Following the welcome at 3:00 we will enjoy the Luren Concert, with Rachel Storlie leading us in a sing-a-long at intermission. After the concert is over and we have all sung the table prayer, everyone is invited to the basement for the light luncheon. The menu for the day will be: open face sandwiches---every-

one will put together their own sandwich, rømmegrøt, lefse, flatbread, rosettes, sitron fromasj and kransekake. We are asking members for help in ushering and in donating some food. Please let any of the Committee know if you can bring some rømmegrøt, sitron fromasj (recipe on page 4), homemade bread, or usher. If you have any photos or articles from the past decades that you would like to share, please contact Georgia Rosendah or Karen Fried. But Most IMPORTANT -- Please come and Enjoy the Day

KAFFE FEST/ BAKE SALE

Thanks to everyone who made our third Kaffe Fest super fun and successful! Thanks to everyone who contributed food items; and a special thank you to Lee, Sibyl, Jackie, Georgia, Geneva, Karen and anyone else who helped out that day. We took in over \$600! It was a very wet day outside, so we had lots of people enjoying the warmth and dryness of being inside



A visit from Ole & Per and Polla. They had lots of trouble, but made out okay in the end.
Thank you Mark Schroeder, David Storlie and Sara Kroshus for the entertainment.



SEPTEMBER MEETING

Judy Gates brought all kinds of Wood Carving with her, some that she had bought, and many that she had carved. She told about the different kinds of carving that there is and some of her experiences carving.

Upcoming Valheim Events.....

DECEMBER CHRISTMAS PARTY

Thursday, December 12 Join us at Giants of the Earth Heritage Center at 5:00 pm with a social half hour. (You are welcome to bring Christmas "spirits".) Gather together to visit before our meal which will be buffet style at 5:30. The menu has not been finalized at this time but will be some type of potatoes, two kinds of meat, a vegetable, lefse, rømmegrøt, dessert, and beverage. This is a FREE meal to Valheim Lodge members!!! We welcome guests (\$10 / guest)! To get an idea of how many to plan for, sign up at our November meeting or let Karen Fried know, call (498-5611) and leave a message. After we have had enough to eat we will be doing a White Elephant gift exchange. This means everyone needs to bring a wrapped gift -- it can be nice, not so nice, or funny. There should be music and lots of holiday cheer! Hope you all can make it!

NORWEGIAN BAKE SALE

Saturday, December 14 at GIANTS OF THE EARTH HERITAGE CENTER.

This is our MAIN FUNDRAISER for the year. All members are asked to bring Norwegian baked goods, or other baked goods such as breads, pies, etc. If you are unable to donate baked goods, we ask that a cash donation be made to the lodge (these can be given or sent our treasurer Jackie Parker.)

Please have your baked items to Giants by 8:30 a.m., packaged and priced. Or you can drop them off on Friday until 4:30 pm, Stacy or Violet (Giants employees) will be there to help you. Suggested bake sale prices are on page 5.

Also, if you have any other handmade, Christmas, or Norwegian items that you would like to sell, please bring them. If you just want a portion of the money to go to Valheim, just let Jackie know. Please price your items.

We of course will need some volunteers at the Bake Sale setting up, making sure items are marked, making coffee, rearranging the baked goods, demonstrating, etc. If you can help, let Karen or Lee know.



SOUPER SATURDAY

Saturday, January 11, 11:00 a.m at GIANTS OF THE EARTH HERITAGE CENTER.

Our first monthly meeting of the new year!

Everyone bring a can of soup! Lunch will be our soup "wapatuli".

Lee reminds us to save used postage stamps for Tubfrim. Bring them to any monthly meeting.



The Valheim Tidende is the official publication of Valheim Lodge 1-364. The Tidende is published 6 times a year by Valheim Lodge, Spring Grove, MN. Annual membership in Valheim Lodge includes subscription to this newsletter.

WELCOME TO NEW MEMBERS

John Rauk and Allison Rautman of Caledonia

Sympathy

To Janice Dokken and her family. Her granddaughter Kari Dokken Schultz (32) passed in October.

Healing wishes

To Judy Melbostad who has moved to Gundersen Tweeten Health Care.

Also to Janet Fossum, Morris Tweeten, and Mavis Johnsrud.

SITRON FROMASJ

Lemon fromage

This has been served at Norwegian Ridge Language Camp and we will be serving it at our 90th Anniversary Celebration.

10 servings



Ingredients:

1 large box lemon jello (6 oz)

1 1/2 lemons

1 can sweetened condensed milk (14 oz)

1 cup whipping cream

Heat 2 cups water, add jello, stir until dissolved.

Add zest of 1 1/2 lemons and the juice. Cool.

"Whip" the sweetened condensed milk. (Beat with electric mixer on high until it gets more volume to it)

Mix in the cooled jello mixture little by little.

Pour the

mixture into a bowl. Whip the whipping cream and stir into the lemon mixture.



VELKOMMEN TIL ALLE

JULETREFEST

Fun for the whole family!

SATURDAY, DECEMBER 14TH

2:00 - 4:00 Come anytime! For Young & Old!

Creating traditional Norwegian tree decorations, singing around the Christmas tree and maybe a visit from the Jule Nisse!

Free Will Donation

at GIANTS OF THE EARTH HERITAGE CENTER

CHRISTMAS EVE CELEBRATIONS IN NORWAY

As 5 p.m. strikes on December 24th in Norway, the church bells are ringing, families are gathering around the dinner table and Christmas medleys are playing in the background. Here are a few fun facts about how Christmas is celebrated in Norway.

Christmas Eve

Christmas Eve is the biggest day of celebration in Norway, bigger than Christmas Day itself. Houses and yards are cleaned and tidied up. The Christmas Tree is decorated with, among other ornaments, juletrekurv, or pleated Christmas hearts made out of colored paper. The hearts can also be filled with small ginger cookies, raisins, caramels or other treats.

Christmas Eve is also the day that the Julenis, the Norwegian Santa Claus, makes his rounds to bring gifts to good children.

Little Christmas Eve

Less known in North America is the tradition of lillejulaften, or Little Christmas Eve. Lillejulaften is the day before Christmas Eve—that is to say December 23rd. It is celebrated in different ways, but one can have a little dinner, cookies, gløgg-drinking and maybe a small present that the children can open. Lillejulaften is a good way to prolong Christmas celebrations.

WHERE DID THE JULENISSE COME FROM & WHY DO WE BRING A FIR TREE INTO THE LIVING ROOM?

Christmas tree

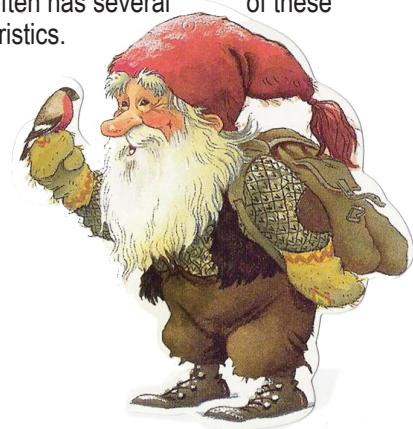
There are several theories about how this tradition came to Norway, but the very first Christmas tree that was observed in this country was supposedly at Nes ironworks owned by Jacob Aall in the 1840s. This is not a Norwegian or Scandinavian tradition, but it probably came from Protestant Germany. It was not until 1870-1880 that it became commonplace in schoolhouses for the teachers to decorate a tree.

The smell of fresh trees and the green color was, however, part of the festival in older peasant culture. You washed the floors with lye and sand, and to create a party atmosphere, you topped it with finely chopped spruce or juniper that you sprinkled on the floor.

Christmas you needed to leave porridge or a splash of beer in the barn so that he would not pull pranks the rest of the year. If he did not receive these gifts, he might make knots in the horse's mane or do something to hurt the cows.

The Anglo-American tradition originates from St. Nicolas of Europe who is a well-known saint. During Advent, he distributed gifts to those who had been kind, and punished the bad ones. And then we have the Coca-Cola Santa, the advertising version of St. Nicolas from the interwar period.

The julenissen [Christmas pixie] as we know it often has several of these characteristics.



Julenissen

Julenissen [the Christmas pixie/Santa] is a figure made up of several different traditions. As a supernatural creature, he has many names. Fjøsnissen [the barn pixie] was a little fellow; he often had a beard and was clad in gray, and he lived on farms. At

Suggested Price List For December Bake Sale

Almond Cake	\$4 half cake \$8 full cake	Pie, Fruit	\$7
Doughnuts	\$6/dozen	Piezels	\$4/dozen
Fattigman	\$4/dozen	Rommegrot	\$2 cup \$4 pint
Flat Bread (pkg)	\$5 (2 "rounds")	Rommegrot Bars	\$4/dozen
Fruit Cake/Julekake	\$5	Rossettes	\$8/dozen
Fudge	\$2 (half dozen pieces)	Sanbakkels	\$8/dozen
Goro	\$8		\$3 (small)
Kringle	\$5/dozen		\$4 (average)
Krumkake	\$8/dozen		\$5 (large)
Lefse	\$5 (2/pkg)	Sweet Breads	\$3 cup \$6 pint
Norwegian Cookies	\$4/dozen	Sweet Soup	

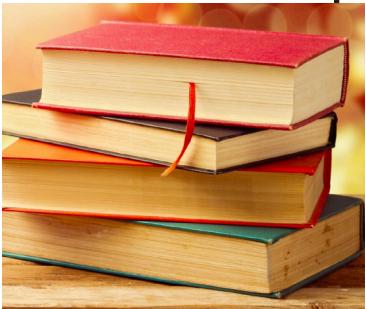
Bok Forening

(Book Club)

For November Book Club you are invited to read the book of your choice and then share a synopsis of the book with the group.

They will meet at Tweenen Care Center at 2:00 on November 19.

In December they will be back at the Spring Grove Manor on the third Tuesday. For more info on book club, feel free to contact Geneva Tweenen.



Houston County Historical Society



Volunteers once again are decorating the Spring Grove Fest Building for the Annual **Festival of Trees**

Proceeds from the auction that will be held Saturday, November 30, benefit Houston County Care and Share, the Houston County Food Shelf, Ring and Run and other local charities. If you wish to donate auction items, they can be brought to the Fest Building starting the weekend before Thanksgiving.

More information can be found on their Facebook site.

November/December

*Gratulerer med
dagen!*

3	4	5	6	Geneva Tweenen	7	Jillelyn Storlie	8	Aiden Fort
Lynn Reniers								
10	Veterans Day Genevieve Bentley	12	13	Sharon Buxengaard	15	Monthly Meeting 6:00 p.m. @Giants of the Earth	16	
17	18	Book Club BevAnn Brevig	20	21	22	23	Vernon Roble	
Valheim Lodge 90th Anniversary 1928-2018 SPRING GROVE, MN								
24	25	26	27	Bonnie Haugen	29	30		
December	1	2	3	5	6	7		
8	9	10	11	Christmas Party @GIANTS of the EARTH 5:00 Happy 1/2 Hr; 5:30 Meal	13	14	Betty Storlie	Bake Sale
15	16	Book Club Kinley Meiners	18	19	20	21	Gunnar Tolleson	
22	23	24	25	26	27	28	Georgia Rosendahl	
John Rauk	Izaak Morken		Christmas Tree					
29	30	31						
Beulah Onstad								



Special Events & Exhibits @ Vesterheim in Decorah

NORWEGIAN CHRISTMAS

Saturday December 7 10:00 - 4:00

Favorite Things

A Community-Curated Exhibit of Vesterheim's Collections
September 14, 2019-May 10, 2020

National Norwegian-American Folk Art Exhibition

On view July 3 - July 25, 2020

Tattoo: Identity Through Ink

June 1, 2019 - April 26, 2020



HAPPY BIRTHDAY GENEVA



At the November board meeting Geneva had a sweet surprise. Nine of her great grandchildren and four of her grandchildren and spouses surprised her with a birthday cake! Happy Birthday and many more!

Dave Glomstad in his Civil War Uniform and gear



OCTOBER MEETING

Dave Glomstad from La Crosse shared the story of the Wisconsin Norwegian Civil War Regiment that was organized and fought battles all the way from Illinois to Georgia. A wonderful lunch was served by Jim & Karen Gray and Bonnie & Vance Haugen which included homemade bread and fruit sauces.



Lodge members and guests enjoying lunch and fellowship

Vance sharing some Norwegian memorabilia and some wooden items that he has made

2019 Officers

President	Karen Fried
Vice Pres.	Thomas Trehus
Secretary	Jillelyn Storlie
Treasurer	Jackie Parker
Assistant Secretary	Bill Fried
Membership	Loretta Knutson
Social/Cultural	Lee Grippen
Marshals	Judy Melbostad Janet Fossum
Greeters	Geneva Tweeten Darrell & Oranda Sinclair Sibyl Floyd
Editors/Publicity	Georgia Rosendahl & Karen Fried
Historian	Georgia Rosendahl
Trustee	Lawrence Knutson
Auditor	Karen & Jim Gray
Sports Director	Thomas Trehus

Sons of Norway Mission Statement

The mission of Sons of Norway is to promote and preserve the heritage and culture of Norway and provide quality insurance and financial products to its members.

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Return Service Requested



Nov/Dec 2019

Valheim Tidende Sons of Norway, Valheim Lodge 1-364 Spring Grove, Minnesota 55974



Join the Luren Singers
Sunday, Nov. 17 at 3:00PM
Trinity Lutheran Church | Main Street | Spring Grove



Directed by Dr. David Judisch

*Luren will present a lovely concert as part of
the Sons of Norway Valheim Lodge's
90th anniversary celebration event!*

All Are Welcome • Free-Will Offering • Reception Follows

