

FREEMOTION.



**CONTACT**

**PHONE** +1 877.363.8449

**EMAIL** sales@freemotionfitness.com

**WEBSITE** freemotionfitness.com

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# GENESIS DS™

DUAL FUNCTIONALITY



## **DIFFERENT BY CHOICE**

Maximize every square inch of your facility with Genesis DS™ - the dual station freeflow strength training line by Freemotion. With two workout stations in every Genesis DS machine, small group sessions and circuit training take on new meaning with innovative cable that delivers consistent, reliable resistance.

# GENESIS DS™

## SMALL FOOTPRINT

Twice the cable-strength power in one modest footprint, Genesis DS is made for circuit and small-group training.

## VARIOUS TRAINING OPTIONS

Seated and standing positions allow users to target anterior and posterior muscle groups.

## ALUMINUM SWIVEL PULLEYS

Freemotion's exclusive pulley design ensures fluid cable travel and unrestricted range of motion for users of various fitness levels.

## WEIGHT STACK

Two enclosed 180 lbs (81.6 kg) weight stacks limit access to moving parts for safety.

## CABLE TRAVEL

Extensive cable travel allows for a full range of motion.

## INDEPENDENT ARM MOVEMENT

Each handle moves independently on its own pivot, allowing users to perform both bilateral and unilateral movements.

## WHEELCHAIR ACCESSIBLE

The design of most pieces in the Genesis DS™ line make them wheelchair accessible and welcoming to users of all fitness levels.

## INDUSTRIAL CONSTRUCTION

Equipment is built with 11 and 7-gauge steel tubing and is electrostatically powder-coated with paint that has undergone 2,000 hours of salt spray testing.



## CHEST/SHOULDER #F500

### PRODUCT DIMENSIONS

47 x 64 x 64 in  
119.3 x 162.5 x 162.5 cm

### MACHINE WEIGHT

609.5 lbs (276.5 kg)



## AB/BICEP #F501

### PRODUCT DIMENSIONS

51 x 37 x 72 in  
129.5 x 93.9 x 182.8 cm

### MACHINE WEIGHT

608.6 lbs (276.1 kg)



## LAT PULL/HIGH ROW #F502

### PRODUCT DIMENSIONS

54 x 48 x 84 in  
137.1 x 121.9 x 213.3 cm

### MACHINE WEIGHT

709.8 lbs (322 kg)



## QUAD/HAMSTRING #F503

### PRODUCT DIMENSIONS

70 x 32 x 64 in  
177.8 x 81.2 x 162.5 cm

### MACHINE WEIGHT

615 lbs (279 kg)



## LIFT/STEP #F504

### PRODUCT DIMENSIONS

65 x 37 x 64 in  
165.1 x 93.9 x 162.5 cm

### MACHINE WEIGHT

724.6 lbs (328.7 kg)



## DELTOID #F505

### PRODUCT DIMENSIONS

66 x 31 x 64 in  
167.6 x 78.7 x 162.5 cm

### MACHINE WEIGHT

637.1 lbs (289 kg)

