

CALIFORNIA FITNESS



PRODUCT CATALOGUE 2024

JF6000

COMMERCIAL TREADMILL

SPECIFICATIONS

- AC driving system provides higher torque of power for heavy loading
- 5.0 HP AC continuous (10.0 HP Peak) motor
- 24"x 65"running surface
- Speed range 1~25 kmph
- Precise incline control from 0~18%
- Clear and luxurious full LED design showing time, speed, distance, incline, calories, heart rate and matrix running
- Various motivating programs for different workout requirements
- Double phenolic heavy cushioned 8 elastomer shock absorbing deck that provides suitable push off to reduce the possibility of any type of injury to knees & joints
- Heavy duty reliable orthopaedic running belt
- Inbuilt speakers with MP3 & USB connector
- Sweat proof console design
- Two cup / bottle holders
- Maximum user weight: 180 kg



JF2800

COMMERCIAL TREADMILL

SPECIFICATIONS

- AC driving system with adjustable variable frequency
- 4.0 HP AC continuous (8.0 HP motor Peak)
- 63" x 23" running surface
- Speed : 1~20 km/h
- Precise incline control from 0~20%
- Large LED display with dot matrix showing time, speed, distance, incline, calories, & heart rate
- Direct speed & incline keys on the console
- Various motivating programs for different workout requirements
- Comes with durable and reliable aluminum side rails & vertical tube
- 1" thick fibre board
- Heavy duty 3mm thick reliable orthopaedic running belt
- Large sized, twin cup holder with a built in tray to hold your mobile phone and accessories
- Emergency stop button
- Sweat proof console design
- Maximum User Weight : 200Kgs



JF2300

COMMERCIAL TREADMILL

SPECIFICATIONS

- AC driving system with adjustable variable frequency
- 4.0 HP AC continuous (8.0 HP Peak) motor
- 23"x61" running surface
- Speed : 0.8~20 km/h
- Precise incline control from 0~18%
- Large LED display showing time, speed, distance, incline, calories & heart rate
- Direct speed & incline keys on the console
- Various motivating programs for different workout requirements
- Reinforced 2 layer high flexibility running deck
- Heavy duty reliable orthopedic running belt
- Large sized, twin cup holder with a built in tray to hold your mobile
- Speakers with MP3 and USB connector
- Emergency stop button
- Sweat proof console design
- Maximum User Weight : 160 Kgs



JF1900

COMMERCIAL TREADMILL

SPECIFICATIONS

- AC driving system with adjustable variable frequency
- 5.0 HP AC continuous (10.0 HP motor Peak)
- 62" x 24" running surface
- Speed : 1~20 km/h
- Precise incline control from 0~20%
- 7 LED display with dot matrix showing time, speed, distance, incline, calories, & heart rate
- Direct speed & incline keys on the console
- Various motivating programs for different workout requirements
- Comes with durable and reliable aluminum side rails & vertical tube
- 1" thick fibre board
- Heavy duty reliable orthopaedic running belt
- Large sized, twin cup holder with a built in tray to hold your mobile phone, MP3 and iPod
- Emergency stop button
- Sweat proof console design
- Maximum User Weight : 200Kgs



JF2100

COMMERCIAL TREADMILL

SPECIFICATIONS

- AC driving system with adjustable variable frequency
- 4.0 HP AC continuous (8.0 HP Peak) motor
- 21" x 63" running surface
- Speed 1~20 kmph
- Precise incline control from 0~20%
- 6 LED display with dot matrix showing time, speed, distance, incline, calories, & heart rate
- Direct speed & incline keys on the console
- Various motivating programs for different workout requirements
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension
- 1" thick fibre board running deck
- Heavy duty 4mm reliable German Siegling running belt
- Large sized, twin cup holder with a built in tray to hold your mobile phone
- MP3 and ipod connectivity with speaker
- Emergency stop button
- Sweat proof console design
- Maximum user weight: 160 kg



JF1600

COMMERCIAL TREADMILL

SPECIFICATIONS

- AC driving system with adjustable variable frequency
- 4.0 HP AC continuous (8.0 HP Peak) motor
- 22"x61.5" running surface
- Speed : 1~20 km/h
- Precise incline control from 0~20%
- Large LED display showing time, speed, distance, incline, calories & heart rate
- Direct speed & incline keys on the console
- Various motivating programs for different workout requirements
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension
- 1" thick fiber board running deck
- Heavy duty reliable orthopedic running belt
- Large sized, twin cup holder with a built in tray to hold your mobile
- Speakers with MP3 and USB connector
- Emergency stop button
- Sweat proof console design
- Maximum User Weight : 160 Kgs



JF1700

COMMERCIAL TREADMILL

SPECIFICATIONS

- AC driving system with adjustable variable frequency
- 4.0 HP AC continuous (8.0 HP Peak) motor
- 23"x61" running surface
- Speed : 1~20 km/h
- Precise incline control from 0~22%
- Large LCD display showing time, speed, distance, incline, calories & heart rate
- Direct speed & incline keys on the console
- Various motivating programs for different workout requirements
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension
- 1" thick fiber board running deck
- Heavy duty reliable orthopedic running belt
- Large sized, twin cup holder with a built in tray to hold your mobile
- Speakers with MP3 and USB connector
- Emergency stop button
- Sweat proof console design
- Maximum User Weight : 160 Kgs





JF53 MOTORIZED TREADMILL

SPECIFICATIONS

- For High End Home Or Light Commercial Usage
- Motor Power : 6HP AC Peak (3HP Continuous)
- Display Type : Blue 7" LCD Screen
- Speed : 1~20 Km/h
- Incline : 0-15%
- Running Surface : 23" X 57.5"
- With Mp3 & Usb
- Duo Flexi Deck Cushion System
- Speed & Incline Control Buttons On Hand Rail
- Maximum User Weight : 150 Kg



JF52 MOTORIZED TREADMILL

SPECIFICATIONS

- For High End Home Or Light Commercial Usage
- Motor Power : 5HP AC Peak (2.5HP Continuous)
- Display Type : Blue 7" LCD Screen
- Speed : 1~18 Km/h
- Incline : 0-15%
- Running Surface : 20.5" X 55.5"
- With Mp3 & Usb
- Duo Flexi Deck Cushion System
- Maximum User Weight : 140 Kg

JF49 MOTORIZED TREADMILL

SPECIFICATIONS

- Motor Power : 5.0HP AC Peak (2.5HP Continuous)
- Display Type : Blue 5" LCD Screen
- Speed : 1~18 Km/h
- Incline : 0-15%
- Running Surface : 18.5" X 52"
- With Mp3 & Usb
- Duo Flexi Deck Cushion System
- Maximum User Weight : 130 Kg



JF48 MOTORIZED TREADMILL

SPECIFICATIONS

- Motor Power : 4.5HP AC Peak (2.25HP Continuous)
- Display Type : Blue 5.5" LCD Screen
- Speed : 1~20 Km/h
- Incline : 0-15%
- Running Surface : 19" X 53"
- With Mp3 & Usb
- Special Spring Deck Cushion System
- Maximum User Weight : 140 Kg





JF47 MOTORIZED TREADMILL

SPECIFICATIONS

- Motor Power : 4.0HP AC Peak (2.0HP Continuous)
- Display Type : Blue 5" LCD Screen
- Speed : 1~16 Km/h
- Incline : 0-15%
- Running Surface : 18" X 52"
- With Mp3 function with speaker
- Special Spring Deck Cushion System
- Maximum User Weight : 110 Kg



JF46 MOTORIZED TREADMILL

SPECIFICATIONS

- Motor Power : 4.0HP AC Peak (2.0HP Continuous)
- Display Type : Blue 5" LCD Screen
- Speed : 1~16 Km/h
- Incline : 3 levels manual
- Running Surface : 18" X 52"
- With Mp3 function with speaker
- Special Spring Deck Cushion System
- Maximum User Weight : 110 Kg



JF50 MOTORIZED TREADMILL

SPECIFICATIONS

- Motor Power : 6HP DC Peak (3HP Continuous)
- Display Type : Blue 7" LCD Screen
- Speed : 1~20 Km/h
- Incline : 0-15%
- Running Surface : 23" X 58"
- With Mp3 & Usb
- Duo Flexi Deck Cushion System
- Maximum User Weight : 150 Kg



JF45 MOTORIZED TREADMILL

SPECIFICATIONS

- Motor Power : 5HP DC Peak (2.5HP Continuous)
- Display Type : Blue 5" LCD Screen
- Speed : 1~16 Km/h
- Incline : 0-15%
- Running Surface : 18.5" X 52"
- With Mp3 & Usb
- Duo Flexi Deck Cushion System
- Maximum User Weight : 130 Kg



JF42 MOTORIZED TREADMILL

SPECIFICATIONS

- Motor Power : 4.5HP DC Peak (2.25HP Continuous)
- Display Type : Blue 5.5" LCD Screen
- Speed : 1~20 Km/h
- Incline : 0-15%
- Running Surface : 19" X 53"
- With Mp3 & Usb
- With Speed & Incline Control Buttons On Hand Rail
- Special Spring Deck Cushion System
- Maximum User Weight : 140 Kg



JF39 MOTORIZED TREADMILL

SPECIFICATIONS

- Motor Power : 4HP DC Peak (2HP Continuous)
- Display Type : Blue 5" LCD Screen
- Speed : 0.8~16 Km/h
- Incline : 0-15%
- Running Surface : 18" X 50"
- With Mp3 & Usb
- With Speed & Incline Control Buttons On Hand Rail
- Special Spring Deck Cushion System
- Maximum User Weight : 115 Kg



JF36 MOTORIZED TREADMILL

SPECIFICATIONS

- Motor Power : 4.0HP DC Peak (2.0HP Continuous)
- Display Type : Blue 5" LCD Screen
- Speed : 0.8~16 Km/h
- Incline : 3 Level Manual
- Running Surface : 18" X 50"
- With Mp3 & Usb
- With Start / Stop & Speed Control Buttons On Hand Rail
- Special Spring Deck Cushion System
- Maximum User Weight : 120 Kg



JF38 MOTORIZED TREADMILL

SPECIFICATIONS

- Motor Power : 4HP DC Peak (2HP Continuous)
- Display Type : Blue 5" LCD Screen
- Speed : 0.8~16 Km/h
- Incline : 3 Level Manual
- Running Surface : 18" X 50"
- With Mp3 & Usb
- With Start / Stop & Speed Control Buttons On Hand Rail
- Special Spring Deck Cushion System
- Maximum User Weight : 115 Kg



JF34 MOTORIZED TREADMILL

SPECIFICATIONS

- Motor Power : 3.5HP DC Peak (1.75HP Continuous)
- Display Type : Blue 5" LCD Screen
- Speed : 0.8~14.8 Km/h
- Incline : 0-15%
- Running Surface : 17" X 48"
- With Mp3 & Usb
- With Speed & Incline Control Buttons On Hand Rail
- Special Spring Deck Cushion System
- Maximum User Weight : 110 Kg

JF33 MOTORIZED TREADMILL

SPECIFICATIONS

- MOTOR POWER : 3.5HP DC PEAK (1.75HP CONTINUOUS)
- DISPLAY TYPE : BLUE 5" LCD SCREEN
- SPEED : 0.8~14.8 KM/H
- INCLINE : 3 LEVEL MANUAL
- RUNNING SURFACE : 17" X 48"
- WITH MP3 & USB
- WITH START / STOP & SPEED CONTROL BUTTONS ON HAND RAIL
- SPECIAL SPRING DECK CUSHION SYSTEM
- MAXIMUM USER WEIGHT : 110 KG



JF23 MOTORIZED TREADMILL

SPECIFICATIONS

- Motor Power : 2HP DC Peak (1HP Continuous)
- Display Type : LED Screen
- Speed : 1~10 Km/h
- Incline : 3 Level Manual
- Running Surface : 16" X 44"
- With Mp3 & Usb
- Maximum User Weight : 90 Kg



E500 COMMERCIAL ELLIPTICAL TRAINER

SPECIFICATIONS

- 20" long stride
- Red backlight LED display
- Readouts: Time, speed, distance, calories, pulse, watt, program, bodyfat (height/weight/age) and level
- Multiple programs including 1 Manual, 4 HRC, 1 Watt,
- 20 preset, 4 Users and 3 Fitness test
- 3 pcs crank system with 14kgs flywheels
- USB port with MP3 reader
- Handheld pulse sensor
- Magnetic flywheel.
- With self generating system
- Resistance level - 24
- Transport wheels
- Adjustable floor levelers
- Maximum User Weight: 150kgs



E400 COMMERCIAL ELLIPTICAL TRAINER

SPECIFICATIONS

- 20" long stride
- 3 section manual incline
- Blue backlight LCD display
- Readouts: Time, speed, distance, calories, pulse, watt, program, bodyfat (height/weight/age) and level
- Multiple programs including 1 Manual, 4 HRC, 1 Watt,
- 11 preset, 4 Users and 3 Fitness test
- Handheld pulse sensor
- Magnetic flywheel
- With adapter power system
- Resistance level - 24
- Transport wheels
- Adjustable floor levelers
- Maximum User Weight: 130kgs



JF140 LIGHT COMMERCIAL ELLIPTICAL TRAINER

SPECIFICATIONS

- 10 kgs / 2 ways Magnetic fly wheel system
- 20" long stride length
- 32 levels auto Tension system
- 7" Large LCD display for speed, time, distance, calories and pulse
- Various motivating programs for different workout
- With phone / tablet stand
- Comfortable cushioned pedals
- Handle bar with hand pulse
- Assembled size:1700*600*1860MM
- Max. User Weight 125 Kgs





JFE31 MAGNETIC CROSS TRAINER

SPECIFICATIONS

- Magnetic fly wheel system
- 8 level manual Tension control System
- Large LCD display for speed, time, distance, calories and pulse
- Adjustable handle bar with hand pulse
- Assembled size:1290*620*1550MM
- Max. User Weight 110 Kgs



JFE30 MAGNETIC CROSS TRAINER

SPECIFICATIONS

- Magnetic fly wheel system
- 8 level manual Tension control System
- Large LCD display for speed, time, distance, calories and pulse
- Adjustable handle bar with hand pulse
- Assembled size:1070*600*1540MM
- Max. User Weight 110 Kgs

JFR390 COMMERCIAL RECUMBENT BIKE

SPECIFICATIONS

- Auto scan advanced computer with blue BACK-LT LCD screen
- 12 programs, including 1 manual, 2 HRC, 1 body fat, 2 user set
- Display showing Pulse, Recovery, Time, RPM/Speed, Distance, K joule or Calories, Watt/Target Heart rate, Fat%, BMI, BMR, Body Type
- Magnetic brake with V-belt drive system
- 16 levels tension control system
- With adapter power system
- Innovative adjustment end cap, easy to go with uneven floor
- Aluminum upright & seat rails
- PU seat & back rest
- Easy to adjust seat position
- Hand grip pulse sensors
- Hidden crank(3pcs) safer & neat
- Transport wheels
- Maximum user weight: 130 kg
- LxWxH : 154X62X133 CM



JF130 LIGHT COMMERCIAL RECUMBENT BIKE

SPECIFICATIONS

- 7 kgs Magnetic fly wheel system
- 32 levels auto Tension system
- 7" Large LCD display for speed, time, distance, calories and pulse
- Various motivating programs for different workout
- With phone / tablet stand
- Comfortable cushioned pedals
- Handle bar with hand pulse
- Assembled size:1500*650*1300MM
- Max. User Weight 125 Kgs



JFR20 RECUMBENT BIKE

SPECIFICATIONS

- Magnetic fly wheel system
- 8 level manual Tension control System.
- Large LCD display for speed, time, distance, calories and pulse
- Adjustable handle bar with hand pulse
- Assembled size:1455*665*1135MM
- Max. User Weight 110 Kgs



JFU380

COMMERCIAL UPRIGHT BIKE

SPECIFICATIONS

- Auto scan advanced computer with blue BACK-LT LCD screen
- 12 programs, including 1 manual, 2 HRC, 1 body fat, 2 user set
- Display showing Pulse, Recovery, Time, RPM/Speed, Distance, K joule or Calories, Watt/Target Heart rate, Fat%, BMI, BMR, Body Type
- Magnetic brake with V-belt drive system
- 16 levels tension control system
- With adapter power system
- Innovative adjustment end cap, easy to go with uneven floor
- Aluminum upright beam
- Hand grip pulse sensors
- Counter balance pedals
- PU seat, seat height is adjustable
- Hidden crank(3pcs) safer & neat
- Transport wheels.
- Maximum user weight: 130 kg
- LXWXH : 134X61X154 CM



JF120

LIGHT COMMERCIAL UPRIGHT BIKE

SPECIFICATIONS

- 7 kgs Magnetic fly wheel system
- 32 levels auto Tension system
- 7" Large LCD display for speed, time, distance, calories and pulse
- Various motivating programs for different workout
- With phone / tablet stand
- Comfortable cushioned pedals
- Handle bar with hand pulse
- Assembled size:1300*630*1350MM
- Max. User Weight 125 Kgs

JFU11 MAGNETIC BIKE

SPECIFICATIONS

- Magnetic fly wheel system
- 8 level manual tension control system.
- Large lcd display for speed, time, distance, calories and pulse
- Adjustable handle bar with hand pulse
- Assembled size:910*490*1260mm
- Max. User weight : 110 kgs



JFU10 MAGNETIC BIKE

SPECIFICATIONS

- Magnetic fly wheel system
- 8 level manual Tension control System
- Large LCD display for speed, time, distance, calories and pulse
- Adjustable handle bar with hand pulse
- Assembled size:800*510*1240MM
- Max. User Weight 110 Kgs



JAB200 COMMERCIAL AIR BIKE

SPECIFICATIONS

- System : Fan drive
- 1 manual + 12 built-in programs
- Built-in wireless receiver
- Transport wheels + Aluminium pedals
- Big LCD screen with backlit
- Quick buttons for interval program
- Maximum user weight: 150 kg



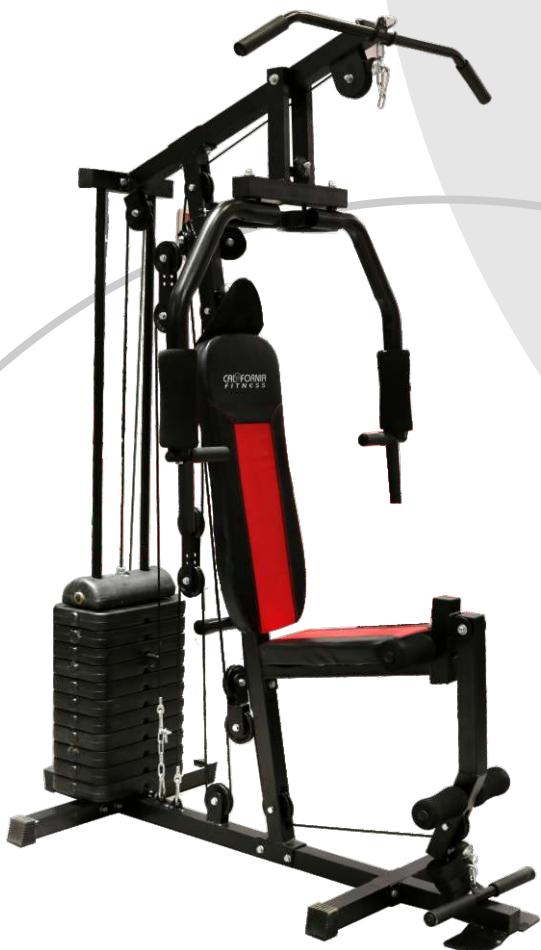


JFHG150

HOME GYM

SPECIFICATIONS

- Home gym with weight cover
- With preacher curl attachment
- 150 LBS PVC weights
- 60mm x 1.5mm oval tubular steel frame
- With abdominal strap



JFHG100

HOME GYM

SPECIFICATIONS

- Home gym without weight cover
- 150 LBS PVC weights
- 60mm x 1.5mm oval tubular steel frame
- With abdominal strap

JFAB50

AIR BIKE

SPECIFICATIONS

- Micro-adjustable tension
- Computer display for speed, pulse, time, distance and calories
- Adjustable seat height for different users
- Pedal with strap
- Max User Weight 100 Kgs



JFB30

HOME USE BENCH

SPECIFICATIONS

- Olympic Weight Bench
- Flat / Incline / Decline seat adjustment
- Padded rollers and seat for maximum comfort
- With preacher curl & leg extension attachment
- Max User Weight 100 Kgs



JFB32

SITUP BENCH

SPECIFICATIONS

- Ideal exercise for building and tightening abdominal muscles
- Adjustable inclination
- Padded roller & seat for maximum comfort



JFB25

MULTI ADJUSTABLE BENCH

SPECIFICATIONS

- Sleek and sturdy design
- Multi level easy adjustments
- Can be used for various exercises



JF110 DOUBLE BURNER

SPECIFICATIONS

- Orbitrek with seat
- Can be used as a cycle or cross-trainer
- Computer display for time, speed, distance & calories
- Micro adjustable tension control
- Adjustable handle bars for varying heights



JF115 FASHION DOUBLE BURNER

SPECIFICATIONS

- Orbitrek with seat and hand pulse
- Luxurious design with fancy computer display
- Additional handle support in front
- Can be used as a cycle or cross-trainer
- Computer display for hand pulse, time, speed, distance and calories
- Adjustable handle bars for varying heights



JS800

SKI MACHINE

SPECIFICATIONS

- Durable and ergonomic construction
- Can be either mounted on a wall or with specially designed anti-skid floor stand
- Air generated 10 levels resistance
- High strength light weight drive cord with strapless handles for secure grip
- Back-lit bright LCD monitor that displays all workout data
- Max. user weight: 160 Kgs
- LxWxH : 128X62X216 CM



JR700

AIR ROWER

SPECIFICATIONS

- Solid steel frame that folds up for easy storage
- Air generated 10 levels resistance
- High strength steel chain rowing strap for a smooth and quiet pull
- Back-lit bright LCD monitor that displays all workout data
- High quality contoured seat
- Adjustable footrest with numbered setting
- Max. user weight: 160 Kgs
- LxWxH : 241X62X111 CM



JS215 **COMMERCIAL GROUP BIKE**

SPECIFICATIONS

- Unique back wheel design
- Ultra sturdy frame
- 20 kgs heavy steel fly wheel
- Adjustable seat and handle
- Magnetic resistance system
- High quality belt driven technology
- With tension wheel driving system
- New fully covered design making it sweat proof
- Press type braking system
- Maximum user weight : 180 kg



JS210 **COMMERCIAL GROUP BIKE**

SPECIFICATIONS

- Ultra sturdy design
- New fully covered design making it sweat proof
- Adjustable seat and handle
- High quality ribbed belt with tension wheel driving system
- Press type braking system
- Maximum user weight : 150 kg



JS205 **COMMERCIAL GROUP BIKE**

SPECIFICATIONS

- Ultra sturdy design
- New fully covered design making it sweat proof
- Adjustable seat and handle
- High quality ribbed belt with tension wheel driving system
- Press type braking system
- Maximum user weight : 150 kg



JF 1901

VERICAL CHEST PRESS

- WEIGHT STACK : 90Kg / 200 LBS



JF 1904

PEC FLY / REAR DELT

- WEIGHT STACK : 90Kg / 200 LBS



JF 1905

VERTICAL ROW

- WEIGHT STACK : 100Kg / 220 LBS



JF 1906

SHOULDER PRESS

- WEIGHT STACK : 100Kg / 220 LBS



JF 1907

LAT PULL DOWN

- WEIGHT STACK : 100Kg / 220 LBS



JF 1908

LAT PULL SEATED ROW

- WEIGHT STACK : 100Kg / 220 LBS



JF 1909

WEIGHT ASSIST CHIN DIP

- WEIGHT STACK : 100Kg / 220 LBS



JF 1911

ARM CURL

- WEIGHT STACK : 90Kg / 200 LBS



JF 1913

SEATED DIP

- WEIGHT STACK : 100Kg / 220 LBS



JF 1914

LATERAL RAISE

- WEIGHT STACK : 100Kg / 220 LBS



JF 1919

SEATED LEG CURL

- WEIGHT STACK : 100Kg / 220 LBS



JF 1920

PRONE LEG CURL

- WEIGHT STACK : 100Kg / 220 LBS



JF 1921 LEG EXTENSION

• WEIGHT STACK : 100Kg / 220 LBS



JF 1992 LEG CURL/LEG EXTENSION

• WEIGHT STACK : 100Kg / 220 LBS



JF 1993 ABDUCTOR / ADDUCTOR

• WEIGHT STACK : 90Kg / 200 LBS



JF 1994 MULTI PRESS

• WEIGHT STACK : 100Kg / 220 LBS



JF 1229 **FUNCTIONAL TRAINER**

- WEIGHT STACK : 100KgX2 / 220 LBSX2



JF 1231 **CABLE CROSSOVER**

- WEIGHT STACK : 100 KgX2 / 220 LBS X 2



JF 1240

FLAT BENCH



JF 1241

UTILITY BENCH



JF 1244

ADJUSTABLE BENCH



JF 1246

MULTI AB BENCH



JF 1247

SEATED PREACHER CURL



JF 1248

VERTICAL KNEE RAISE



JF 1249
SMITH MACHINE



JF 1251
OLYMPIC FLAT BENCH



JF 1252
OLYMPIC INCLINE BENCH



JF 1253
OLYMPIC DECLINE BENCH





JF 1255
POWER SQUAT RACK

JF 1258
HYPER EXTENSION



JF 1262
2 TIER DUMBBELL RACK



JF 1263
3 TIER DUMBBELL RACK



JF 1264
PLATE TREE



CF 5001

SEATED LEG CURL

- LXWXH : 130X98X155 CM
- MAX WEIGHT CAPACITY : 100Kg / 220 LBS



CF 5002

SEATED LEG EXTENSION

- LXWXH : 130X98X155 CM
- MAX WEIGHT CAPACITY : 100Kg / 220 LBS



CF 5005

SEATED CHEST PRESS

- LXWXH : 164X100X155 CM
- MAX WEIGHT CAPACITY : 100Kg / 220 LBS



CF 5007

BUTTERFLY

- LXWXH : 150X93X198 CM
- MAX WEIGHT CAPACITY : 100Kg / 220 LBS



CF 5008

LAT PULLDOWN

- LXWXH : 135X137X185 CM
- MAX WEIGHT CAPACITY : 100Kg / 220 LBS



CF 5019

ASSISTED CHIN DIP

- LXWXH : 114X112X227 CM
- MAX WEIGHT CAPACITY : 100Kg / 220 LBS



CF 5012

SHOULDER PRESS

- LXWXH : 135X135X155 CM
- MAX WEIGHT CAPACITY : 100Kg / 220 LBS



CF 5021

LOW ROW

- LXWXH : 175X82X195 CM
- MAX WEIGHT CAPACITY : 100Kg / 220 LBS



CF 5044

PRONE LEG CURL

- LXWXH : 164X100X155 CM
- MAX WEIGHT CAPACITY : 100Kg / 220 LBS



CF 5047

PEC FLY / REAR DELT

- LXWXH : 150X93X198 CM
- MAX WEIGHT CAPACITY : 100Kg / 220 LBS



CF 5053

INNER & OUTER THIGH

- LXWXH : 152X61X155 CM
- MAX WEIGHT CAPACITY : 100Kg / 220 LBS



CF 5055

SEATED LEG CURL / EXTENSION

- LXWXH : 130X98X155 CM
- MAX WEIGHT CAPACITY : 100Kg / 220 LBS



CF 5056

MULTI PRESS

- LXWXH : 190X127X155 CM
- MAX WEIGHT CAPACITY : 100Kg / 220 LBS



CF 5057

LAT PULL / SEATED ROW

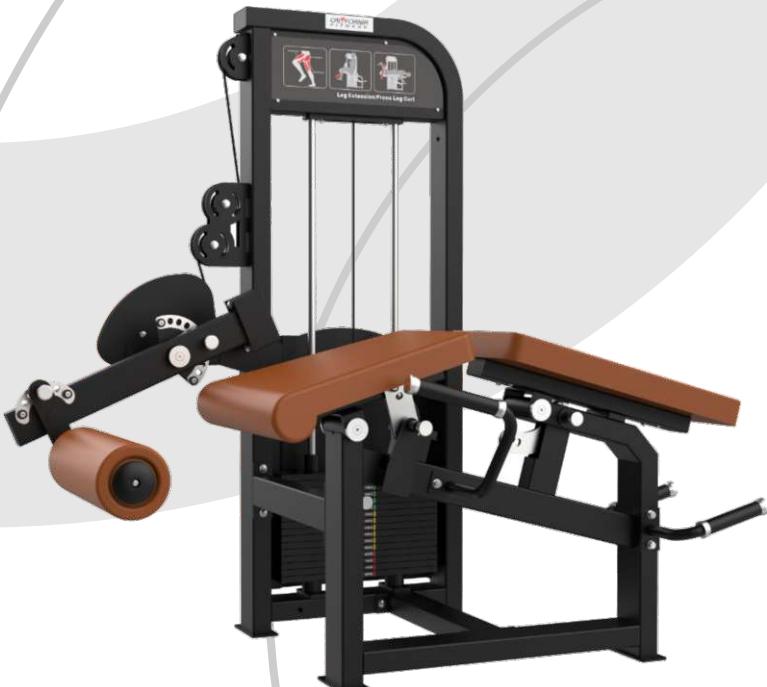
- LXWXH : 152X82X215 CM
- MAX WEIGHT CAPACITY : 100Kg / 220 LBS



CF 5058

PRONE LEG CURL / EXTENSION

- LXWXH : 130X98X155 CM
- MAX WEIGHT CAPACITY : 100Kg / 220 LBS



CF 5086

TRICEP / BICEP

- LXWXH : 104X100X155 CM
- MAX WEIGHT CAPACITY : 100Kg / 220 LBS



JFPL001

CHEST PRESS

- LXWXH : 195.4X126.7X167 CM
- MAX WEIGHT CAPACITY : 250Kg



JFPL002

INCLINE CHEST PRESS

- LXWXH : 194.5X134.5X170.5 CM
- MAX WEIGHT CAPACITY : 250Kg



JFPL003

SHOULDER PRESS

- LXWXH : 153.3X151.5X151 CM
- MAX WEIGHT CAPACITY : 250Kg



JFPL004

LOW ROW

- LXWXH : 131.7X135.2X168.5 CM
- MAX WEIGHT CAPACITY : 250Kg



JFPL005

WIDE CHEST PRESS

- LXWXH : 198X106X178.5 CM
- MAX WEIGHT CAPACITY : 250Kg



JFPL006

ROW

- LXWXH : 158X131.8X131.4 CM
- MAX WEIGHT CAPACITY : 250Kg



JFPL007

PULL DOWN

- LXWXH : 190.9X111X190.4 CM
- MAX WEIGHT CAPACITY : 250Kg



JFPL008

REAR KICK

- LXWXH : 168.4X171.1X165 CM
- MAX WEIGHT CAPACITY : 150Kg



JFPL009

LEG PRESS

- LXWXH : 219X156.2X139 CM
- MAX WEIGHT CAPACITY : 300Kg



JFPL010

CALF PRESS

- LXWXH : 202.8X102X115.3 CM
- MAX WEIGHT CAPACITY : 300Kg



JFPL011

ARM CURL

- LXWXH : 126.4X150.2X101.1 CM
- MAX WEIGHT CAPACITY : 150Kg

JFPL012

TRICEP PRESS

- LXWXH : 187X141X100.5 CM
- MAX WEIGHT CAPACITY : 250Kg

JFPL013

STANDING LEG CURL

- LXWXH : 138.3X122.6X133.8 CM
- MAX WEIGHT CAPACITY : 150Kg



JFPL014 **LEG EXTENSION**

- LXWXH : 142.4X127.3X110.7 CM
- MAX WEIGHT CAPACITY : 150Kg



JFPL015 **LEG PRESS**

- LXWXH : 288.2X145X149.3 CM
- MAX WEIGHT CAPACITY : 400Kg



JFPL019 **FULL POWER RACK**

- LXWXH : 207.7X164.8X246.2 CM
- MAX WEIGHT CAPACITY : 660Kg



JFPL020 **ABDOMINAL**



V01

ISO-LATERAL CHEST PRESS

- LXWXH : 161X148X200 CM
- MAX WEIGHT CAPACITY : 150Kg



V02

ISO-LATERAL SUPER INCLINE CHEST PRESS

- LXWXH : 155X125X170 CM
- MAX WEIGHT CAPACITY : 150Kg



V03

ISO-LATERAL STANDING LEG CURL

- LXWXH : 192X112X146 CM
- MAX WEIGHT CAPACITY : 150Kg



V04

LATERAL LEG PRESS

- LXWXH : 185X175X150 CM
- MAX WEIGHT CAPACITY : 200Kg



V05

ARM CURL

- LXWXH : 125X150X137 CM
- MAX WEIGHT CAPACITY : 150Kg



V06

LATERAL RAISE

- LXWXH : 145X128X170 CM
- MAX WEIGHT CAPACITY : 150Kg



V07

ISO-LATERAL LOW ROW

- LXWXH : 143X128X170 CM
- MAX WEIGHT CAPACITY : 150Kg



V08

ISO-LATERAL DECLINE CHEST PRESS

- LXWXH : 178X132X176 CM
- MAX WEIGHT CAPACITY : 150Kg



V10**45° LEG PRESS**

- LXWXH : 230X138X155 CM
- MAX WEIGHT CAPACITY : 300Kg

V12**SUPER SQUAT**

- LXWXH : 245X150X185 CM
- MAX WEIGHT CAPACITY : 200Kg

**V14****ISO-LATERAL ROW**

- LXWXH : 153X156X135 CM
- MAX WEIGHT CAPACITY : 150Kg

**V15****ABDOMINAL CRUNCH**

- LXWXH : 170X120X158 CM
- MAX WEIGHT CAPACITY : 150Kg



V16 ISO-HI ROW MACHINE

- LXWXH : 178X160X202 CM
- MAX WEIGHT CAPACITY : 150Kg



V17 SHOULDER PRESS

- LXWXH : 185X136X187 CM
- MAX WEIGHT CAPACITY : 250Kg



V18 ISO-FLAT PRESS

- LXWXH : 148X124X146 CM
- MAX WEIGHT CAPACITY : 250Kg



V19 SEATED CALF

- LXWXH : 122X93X96 CM
- MAX WEIGHT CAPACITY : 300Kg



V20 PULLOVER

- LXWXH : 193X170X150 CM
- MAX WEIGHT CAPACITY : 155Kg

V22 INCLINE PEC FLY

- LXWXH : 162X146X132 CM
- MAX WEIGHT CAPACITY : 150Kg



V24 VERTICAL LEG PRESS

- LXWXH : 158X185X201 CM
- MAX WEIGHT CAPACITY : 300Kg

V26 SEATED TRICEP PRESS

- LXWXH : 170X165X105 CM
- MAX WEIGHT CAPACITY : 250Kg



V27 **LAT PULL DOWN**

- LXWXH : 80X130X200 CM
- MAX WEIGHT CAPACITY : 300Kg



V28 **CHEST PRESS / PULL DOWN**

- LXWXH : 205X178X201 CM
- MAX WEIGHT CAPACITY : 300Kg



V36 **BELT SQUAT**

- LXWXH : 108X110X180 CM
- MAX WEIGHT CAPACITY : 150Kg



V37

**ISO-LATERAL STANDING
PEC FLY**

- LXWXH : 120X126X155 CM
- MAX WEIGHT CAPACITY : 150Kg



V38

**ISO-LATERAL LAT
PULL DOWN**

- LXWXH : 155X130X185 CM
- MAX WEIGHT CAPACITY : 300Kg



V39

HIP THRUST

- LXWXH : 166X138X98 CM
- MAX WEIGHT CAPACITY : 150Kg



V40

ISO-LATERAL STANDING RAISE

- LXWXH : 80X130X200 CM
- MAX WEIGHT CAPACITY : 150Kg



V42

PENDULUM LEG PRESS

- LXWXH : 185X90X145 CM
- MAX WEIGHT CAPACITY : 200Kg



V43

STANDING OUTER THIGH ABDUCTOR

- LXWXH : 152X100X143 CM
- MAX WEIGHT CAPACITY : 150Kg



DUMBBELLS

- Made from high grade rubber compound for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
22.5
25
30
35
40

CHANGE IS PROGRESSIVE.

SO SHOULD BE THE NAME.

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www.californiafitness.in

 info@californiafitness.in