

HOIST® LEMOND® SERIES

ELITE CYCLE BIKE

The HOIST® LeMond® Series Elite cycle bike offers a set of sophisticated upgrades built to maximize comfort and withstand the rigors of the club environment. There's no questioning why we named this our Elite bike with a rear fly wheel design, maintenance free magnetic resistance system and various technology upgrades including wattage readout.

FEATURES

- **Magnetic resistance** provides smooth frictionless resistance
- **Built-in LCD** computer monitor with 13 output settings including power (watts), time, distance, calories, cadence (RPM), heart rate*, level, max cadence, max power, max heart rate *When paired with heart rate strap (not included)
- A **built-in generator** powers the computer console eliminating the constant need to replace batteries
- **Rear flywheel** design protects from sweat and corrosion
- **One-of-a-kind CaloriePUMP™** to track calories with every pedal stroke
- **Poly-V Belt** for a smooth and quiet ride. Our belt never needs to be replaced or oiled
- **Built-in Bluetooth LE** connectivity
- **Free HOIST Bikes app** to track and compare your workouts
- **Universal seat and handlebar** fore / aft and vertical adjustments
- Easy-to-adjust **indexing lever** with 20 resistance levels
- Equipped with **dual-sided pedals** featuring both SPD clips and pedal cages
- Heavy duty **spline crank** for extra durability
- Frame designed with **protective covers** repels sweat and prevents cleat scratching on the frame
- **Tablet holder** accessory included
- Interchangeable **performance seat**
- Pre and post workout **stretch plate**
- Ergonomically designed handle bar integrated with **dual bottle holder**
- Secure **seat and handle bar lock** keeps the user from sliding the seat or handle bar completely off the bike
- **Tilt-and-push wheel system** allows the bike to be easily moved around



SPECS

- Length: 54.28 - 65.5" (137.80 - 166.37 cm)
- Width: 23.78" / 60.40 cm
- Height: 41.40 - 54.75" (105.10 - 139.07 cm)
- Machine Weight: 116.00 lb (52.62 kg)
- Flywheel Weight: 7.50 lb (3.40 kg)
- User Height Range: 58.00" (147 cm) to 78.00" (198 cm) tall
- Maximum User Weight: 350 lb (159 kg)
- Final Gear Ratio: 1:10
- Narrow 164mm Q factor



Check out the HOIST LeMond Series App! (Visit hoistfitness.com/scan on your smart phone to download a free QR Code Scanner.)

Free HOIST Bikes app syncs via Bluetooth LE and allows you to seamlessly store, track and compare your workouts.



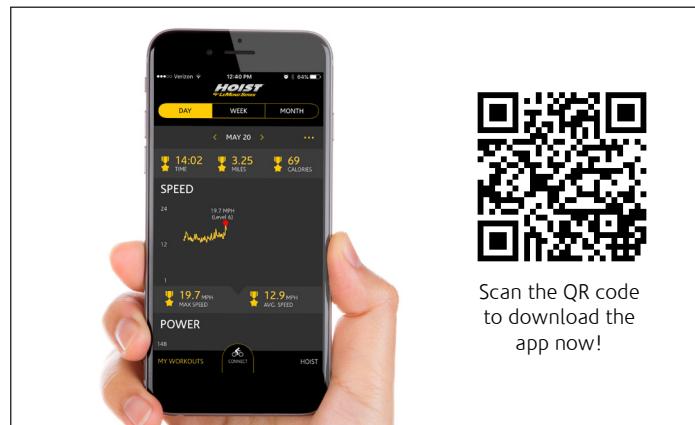
HOIST® LEMOND® SERIES ELITE CYCLE BIKE

The HOIST® LeMond® Series Elite cycle bike not only features an appealing and low maintenance design, it also offers engaging tools to keep users motivated. Members can download the new HOIST Bikes app (free for both Apple and Android devices) to log and track their fitness progress. Workout results no longer have to disappear when the screen resets after your workout. Simply sync your device via the bike's Bluetooth connectivity and the app will alert you of new personal records, provide weekly and monthly totals, compare week-over-week and month-over-month results and even share results to social media.



PRE AND POST WORKOUT STRETCH PLATES

It's easy to get warmed up on the Elite Bike with built-in pre and post workout stretch plates that allow users to have an upper hand on the competition.



FREE HOIST BIKES APP

The FREE HOIST Bikes app allows users to seamlessly store, track and compare work outs. Simply sync the bike to the app via the built-in Bluetooth LE connection, begin your workout and revisit the app once you have completed to check your records and compare to previous workouts and even share on social media.



BUILT-IN CONSOLE WITH CALORIEPUMP™

In addition to 13 output settings, the Elite's built-in console features a one-of-a-kind CaloriePUMP™ that allows users to watch their calorie burn increase with each pedal stroke.



TABLET HOLDER INCLUDED

Easy to install and oversized tablet holder accessory allows users to track workouts, watch video, or listen to music on their favorite device.