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NEWS FOR THE PEOPLE

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Client Convicted of Killing Personal Trainer, Catherine Davis, now in Custody



Davis was found dead in a gym locker room

Jimmy, Rohan, and Snehan

Toronto ON -

An investigation into the case of 20-year-old university student and the head personal-trainer at a gym, Catherine Davis, who was found dead last week at the Miles Nadal Jewish Community Centre gym, resulted in the arrest of Paul Reid, and the ongoing investigation into Davis'co-worker Diane Williams for her possible involvement in the crime.

As per the investigation performed by Toronto Police Service Homicide Unit, Catherine Davis was strangled and asphyxiated by Paul Reid, who was intoxicated and became enraged when she had rejected him. On the scene of the crime, investigators found blood under the victim's nails and on a broken shower door.

The Toronto Police interviewed several individuals and took their blood, which the Toronto Police Forensics

Department used to perform multiple tests to see if the blood types matched those found.

After careful analysis, the blood found under Davis' nails matched the blood type of Reid, which was O negative, and the blood found on the shower door matched Williams', which was A positive.

"It's a horrid crime," said Bob Ford, of the Toronto Police Forensics Department. "Through thorough investigation, we have been able to grasp the scenario and what led up to it." Indeed, the crime was not short of disturbing, as the reason for the murder seems to be petty.

According to Davis' boss Michael O'Brian, Reid was Davis' client at the "Fitness 365" gym for several months. Reid had begun to fancy the 20-year-old and asked her out on several occasions over the course of his training, but he had always been turned down.

On Sunday, June 19th, 2016, at around 9 pm, Reid had gone to Pablo's' Bar and Chips, according to witnesses, and had approximately ten times the legal limit of blood alcohol content to drive, as a result of his binge drinking.

He made the correct decision to get in a cab to go home, but made an unexpected detour to the gym.

"My goodness! My passenger was killer," exclaimed Dhupinder Singh, the shocked driver of the taxi that Reid had gotten into. "He look like fish first time I see him!" Reid proceeded to the gym and wandered the halls, without a motive it seemed. The video surveillance shows that he continued until he saw the showers in the women's locker room, Davis' purse, and Williams hiding with what he thought was a knife. Based on video surveillance outside of the locker room, it was concluded that Williams was carrying a foreign metallic object.

The formulated report states Reid anticipated that Williams would attempt to kill Davis and in an attempt to stop her, he landed three punches to her face. Williams, taken aback by the sudden attack, fell towards the glass shower door, painting it with her blood. Fearing for her safety, Williams escaped without further harm.

Williams stated in a testimony that she did not have a knife in her hands. She suggested that Reid had been hallucinating. Williams is still under investigation as of yet. Reid waited for Davis by the broken shower door. As she entered the room, there were screams accounted for by Williams. "I heard that monster ask Davis, 'Will you go out with me,' to which she responded with 'No,' as always," said Williams. "Never in my wildest dreams would I think he would kill her!"

According to Donald Duque, another member of the Toronto Police Forensics
Department, there were signs of strangulation on Davis' neck. It has been confirmed that Reid was strangling Davis, while she was trying to free herself with the use of her nails. Reid's blood was found under Davis' nails, as a result of her scratching his face. Unfortunately, Davis succumbed to Reid's overwhelming strength.

"I thought I heard someone say, 'If I can't have you, no one can,' at around 10 pm," explained Harvey Jones, the night janitor. "I'm just a janitor. At first I wasn't too sure if I heard it right, so I brushed it off. It's not my job to check where sounds come from anyways."

After analyzing all possible scenarios, the investigators came to the conclusion that Reid's motive was due to envy - he wanted to eliminate Davis so no one else could date her. This summary of events has been confirmed by video surveillance taken from the gym, which clearly shows Reid entering the gym between 9:00 pm and 9:30 pm, and scratch marks on Reid's face from Davis's nails.

Davis was pronounced dead at the scene on June 20th, 2016. Her body was found by Jones, at 1 am the next day, just 3 hours after she died on June 19th, 2016.

Reid is said to be guilty for the death of Catherine Davis. Although he was intoxicated and could not think straight, he is still being charged with 1st degree murder and is sentenced to life in prison. When interviewed, he told the crime department that he had very little recollection of any of this happening.

Police are still investigating the case to know exactly what Williams was doing on that night, and why she had not told anyone key information about the crime when she found out Catherine was murdered.