🍽️ CookAIng – Your AI-Powered Personal Chef, Meal Planner & Pantry Assistant

CookAIng is an all-in-one AI cooking assistant that turns your kitchen into a smart, personalized culinary studio. Whether you're a seasoned chef or total beginner, CookAIng helps you discover delicious recipes, organize your pantry, and build custom meal plans—all powered by intelligent, real-time generation.

With lightning-fast UX and deep GPT-4 integration, CookAIng brings together everything you need to cook smarter:

🔥 Core Features:

🔍 AI Recipe & Cooking Method Generator

Input any ingredient (e.g. salmon, tofu, zucchini), and CookAIng gives you:

- 5 different cooking methods (baked, grilled, steamed, air fried, etc.)

- Recipes tailored to your **cooking skill level** (Elite Chef, Intermediate, Beginner)

- Customizations based on **dietary preferences** (vegan, gluten-free, keto, paleo, etc.)

Each result is designed to be clear, flavorful, and instantly usable—with no fluff or filler.

📦 Smart Pantry Organizer

No more guessing what's in your kitchen.

- Add ingredients to your **virtual pantry** (manually or auto-synced)

- CookAIng instantly shows you **what you can make** with what you already have

- Suggests smart add-ons to stretch your pantry into more meals

Perfect for reducing food waste, saving money, and maximizing every grocery trip.

📅 **AI Meal Plan Generator**

Tell CookAIng your dietary goals (bulking, cutting, clean eating), preferences, and number of days, and it will:

- Build a **personalized daily meal plan** with breakfast, lunch, dinner, and snack options

- Auto-align recipes with your **pantry inventory**

- Adapt plans to specific diets like Mediterranean, Whole30, low-carb, etc.

You get balanced meals, aligned with your lifestyle and available ingredients.