

<p>Woodford's Family Services Residential Program</p> <p><b>Weekly Menu Plan Sheet</b></p>
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**JH's Plan**

**Week of: 1-3-16 to 1-9-16**

**JH's Plan**

**Week of: 1-3-16 to 1-9-16**

**Weekly Weigh-In:**

[illegible]

# Weekly Menu Plan Sheet

**Week of: 1-10-16 to 1-16-16**

### Weekly Weigh-In:

[illegible]

# Weekly Menu Plan Sheet

**Week of: 1-17-16 to 1-23-16**

### Weekly Weigh-In:

[illegible]

[illegible]

# Weekly Menu Plan Sheet

## JH's Plan

**Week of: 1-31-16 to 2-6-16**

### Weekly Weigh-In:

[illegible]