

Custom Notes and Suggestions for BS

- 20160206 Completed first 5 week rotation of meals on Feb. 6, 2016 and it went generally well.
- 20160202 Does not like tomatoes very much.
- 20160202 Does not like brussel sprouts
- 20160112 Does not eat yogurt [we are goin go try smoothies]
- 20160112 Is allergic to ALL nuts .. all nuts are off limits
- 20160112 Eats cheerios but only dry and as snack