Surveying Machine Learning algorithms on EEG signals data for Mental Health Assessment

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Abstract---The use of computer science technology in mental healthcare domain to detect the onset of mental health problems to help people to get treatment on time. The paper aims to present commonly used algorithms and describe their properties and performances which could act as a guide to select appropriate models. The possibilities presented by machine learning can help bridge the gap between the critical shortfall of psychiatrists and patients embarrassment to reveal problems to a therapist they have never met before. Identifying and selecting features from EEG signals data and then developing suitable ML algorithm for mental health issues is the prime task. It tries to give a survey of algorithms for classifying emotional states and for detecting mental health illnesses.

Keywords---EEG signals, Machine learning, SVN, CNN

I INTRODUCTION

Mental health problems have taken a center stage in today's lifestyle causing unrest in the human population. Though being the primal problem it remains largely neglected by people who are facing mental health problems like depression, who are undergoing the treatment or who are about to get stuck in the vicious circle of constant depression. Making developments and getting ahead in helping people with serious mental illness will depend not just on new drugs but on good information on which effective policies and treatment regimens can be based out. Underdiagnoses of Mental Health illness has been relatively a long time problem. Approximately half of all the cases of major depression went undiagnosed was the outcome of a survey taken in metropolitan area [24]. The World Economic Forum predicts the global cost on mental health conditions would probably rise to \$6 trillion by 2030 from \$2.5

trillion as of 2010 surpassing the combined costs for respiratory ailments, cancer and diabetes. The possibilities presented by machine learning can help bridge the gap between the critical shortfall of psychiatrists and patients embarrassment to reveal problems to a therapist they have never met before.

The application of data science techniques on mental health data can at least help to lower the percentage of mental health diagnosis being under reported. The paper tells about the use of EEG signals data for assessing mental health conditions. This paper doesn't claim the use of only EEG signals data is best for monitoring mental health issues but provides literature that made use of machine and deep learning algorithms applied on EEG signals data for predicting the onset of mental health problems.

Section I introduces mathematical figures pressing the severity of Mental Healthcare Domain. Section II provides the survey of algorithms in a tabular format classifying emotional states along with the scope for further improvement is mentioned. It also mentions about the jargons used in the papers studied for surveying of machine learning algorithms along with the Mental Health diseases/illness/disorders explained for the readers which are clear and easy to understand. This section presents survey of algorithms applied over EEG signals data detecting onset of mental health illnesses. Section III concludes with the gist of features, commonly used algorithms to assess mental health conditions and mentions various measures used to judge the performance of the models used by multiple authors.

II. COMPARISON OF ML MODELS ON EEG DATA

TABLE I. SURVEY OF STUDIES CLASSIFYING EMOTIONAL STATES

Sr.No	Author/Year	Task	Classifiers	Performance	
1.	Krishna Bairavi	EEG signals of 18 children	Mean PSD value of all the	Random forest achieves highest	
	et al. [15]	(Average age: 13 years)	brainwaves are fed as features to accuracy of 82%		
	(2018)		the classifiers:		
		Classify the emotions into	SVM, KNN, Random Forest,	Building a continuous monitoring	
		Happy, Neutral and Sad	Bayesian Classifiers	system for the patients	

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In above Table I, The papers undertaken for surveying are followed primarily from the year 2018 2010,2013,2015,2017 with number of electrodes used for recording EEG signals, number of males/females participants in the study undertaken by each author, the participants' age ranging over young adult up to 27 years while one study spanned over to 61 years of age. In the performance column, best performance and the research gaps in Bold style are mentioned. Power Spectral density (PSD) has been prominently used feature from EEG data with bandpass filters, segmentation and FastICA processing being applied. The classifiers used Naives Bayes, KNN, LDA, Random Forest, SVM with linear, radial, polynomial basis functions with gaps such as applying these algorithmic techniques over to a larger dataset and the need to reduce number of features.

TABLE II. TERMINOLOGIES

Epilepsy[2]	A condition where awareness is lost and the body shakes due to some improper action in the mind.	
Electroencephalogram[2]	Electrical activity of the brain caused due to continuous actions of the neurons recorded from the scalp being non-linear, non-stationary, complex	
Hurst Exponent[2]	Non-linear component is used to assess the time series to detect long-range dependence and its variation in degree from the usual pattern using the points of	

	correlation
Depression[3]	Depression is a mental disorder causing continuous overthinking about the tasks/thing thereby affecting day to day activities to wake up, to eat, work during the day, to sleep.
Parkinson Disease[4]	The motor activities like getting up, walking, etc starts declining due to weakening of neurons in the brain
Autism[23]	Lots of obstacles in interacting socially, oral & written communication, repetition in actions.
Alzheimer's Disease[6]	Brain disorder occurring middle or late life with degradation of certain neurons, formation of plaques, tangles in neurofibrillary.
Brain Fog[8]	It is a collection of variety of symptoms that include short/long term memory, loss in cognition, incapability to focus and doing multiple activities.
Attention Deficit/Hyperactivity Disorder(ADHD) [10]	ADHD is characterized by gradual rise in lack of attention, motor over activity, irresistible urge

Table II talks about some terminologies & mental health disorders explained lucidly covered in following Table III. There are many other mental disorders too not covered here.

TABLE III. SURVEY OF STUDIES DETECTING MENTAL HEALTH ILLNESSES

Sr.No	Authors/Year	Task	Classifiers	Performance
1.	Ashok Sharmila et al.[2] (2017)	Depression detection. (LL2N) of six elaborate WSBs and one almost WSB bandwidth-duration localized (BDL) 3-channel/electrode orthogonal wavelet filter bank (TCOWFB) are the features used.	Complex tree, LD, LR, bagged tree, KNN, least square SVM	AUC = 1(on 7features); 99.58% of average classification accuracy (ACA)
2.	Manish Sharma et al.[3] (2018)	Parkinson Disease detection. Extraction and selection of features are not needed in CNN.	CNN with 13 layers consisting of 1D convolution & maxpooling	88.25% of Accuracy, 84.71% of sensitivity and 91.77% of specificity
3.	Shu Lih Oh et al.[4] (2018)	Autism detection.6 feature extraction algorithms such as AR Burg, Levinson Durbin Recursion, AR Modified Covariance, AR Yule Walker, Linear Prediction Coefficient and AR Covariance	Pattern recognition NN, Layered recurrent NN models	AR Burg and LRN combination had the highest accuracy rate of 94.62%
4.	Laxmi Raja et al. [5] (2017)	Alzheimer detection. 40 attributes extracted from single EEG channel	genTrees, J48, Naïve Bayes, Simple Cart, NBTree, IBk, SMO, OneR	genTrees better with accuracy 86.05%,sensitivity 88.89% and specificity 71.43%
5.	V. Podgorelec [6](2012)	Sleep detection. EMD and DFA for feature extraction	Back propagation (BP) neural network	Accuracy of 85%

Yan Zhang et	Brain fog / Confusion learning	SVM(linear, rbf, sigmoid	Bidirectional LSTM
al.[7]	detection. Alpha1, Alpha2, Gamma1	kernel), KNN, CNN	achieves best accuracy of
(2018)	Gamma2, Delta, Theta, Beta1, Beta2,	DBN,RNN-LSTM, BiLSTM	73.3%
	Predefined Label, Meditation ,		
	Attention, Raw		
Zhaohana Ni	Mantal grandland detection Hear	CCD EDCCD Diamannian	CNN better than rest with
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		Geometry, CNN	63.7%-72.7% accuracy
	j	CND (1.2.2.4) MID CVM	CNDI (1) 1
		CNN (1,2,3,4), MLP, SVM	CNN (1) better accuracy
* *			of
			94.67%
		GYD 54:	arne ii a any
			SVM linear for SPN
	7		classification & KNN for
(2019)	& memory. Alpha and Beta waves	SubSpace Discriminant, Tree	GH classification
Dilin K	Stress detection Transitivity	Multi class SVM	With 4 measures accuracy
	37	With Class 5 v Wi	is 83.90% & with B-
			waves 92.3%
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		SVM KNN	99% accuracy for SVM
	F -F-3	5 v 1v1,1X1v1v	than KNN
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	al.[7]	al.[7] (2018) detection. Alpha1, Alpha2, Gamma1 Gamma2, Delta, Theta, Beta1, Beta2, Predefined Label, Meditation, Attention, Raw Zhaoheng Ni et al. [8] (2017) Mental workload detection. Userspecific and a user-independent calibration study Aurélien Appriou et al. [9] Features extracted from CNN models &13 hand-crafted features of the brain network He Chen et al. [10] Suicide, Hoax, Positive & Neutral notes classification. Attention, emotion (2019) Attention, emotion & memory. Alpha and Beta waves Dilip K. Prasad et al. [11] Global efficiency& beta waves. CDET (2018) Saeed Lotfan et al. [12] component-Hurst exponent from	al.[7] (2018) detection. Alpha1, Alpha2, Gamma1 Gamma2, Delta, Theta, Beta1, Beta2, Predefined Label, Meditation Attention, Raw Zhaoheng Ni et al. [8] (2017) Mental workload detection. User- specific and a user-independent calibration study Aurélien Appriou et al. [9] Features extracted from CNN models &13 hand-crafted features of (2018) He Chen et al. [10] Nucleichen (2019) Stress detection. Attention, emotion (2019) Attention (2019) Attention (2019) Stress detection. Transitivity, Prasad et al. [11] Global efficiency& beta waves. CDET (2018) Saeed Lotfan et al. [12] Certain (2018) CNN Mertal Workload detection. User- specific and a user-independent calibration of the component (2018) CNN CSP, FBCSP, Riemannian Geometry, CNN CNN (1,2,3,4), MLP, SVM CNN (1,2,3,4), MLP, SVM SVM(linear, Gaussiankernel),KNN, SubSpace Discriminant, Tree Multi class SVM SVM,KNN SvM,KNN SVM,KNN

Ashok Sharmila et al. [2] made use of Hurst exponent (HE) non-linear component from each sub band signal by decomposing original EEG signals using Discrete Wavelet Transform (DWT) up to fifth level decomposition as D5, D4, D3, D2, and D1 as frequency components above 40Hz may not contain useful information. Wavelet Transform renders specific frequency and time data unlike Fourier Transform giving only frequency data.

Manish Sharma et al. [3] evaluates the wavelet features chosen from bipolar EEG signals by one channel using lately designed BDP optimized TCOWFB in detecting depression. To surmount the confines of both FT having poor time localization and DWT having poor joint time-frequency localization, a new class of 3 channel(instead of two to get high frequency content& better control over time-frequency tiles) orthogonal wavelet filter bank (TCOWFB) is used. A total of 7 LL2N features extracted from recording which are orderly placed using Student's t-test method. Here LS-SVM (Least Squares-SVM) is used for picking the kernel function which is Gaussian radial basis function (RBF).

Shu Lih Oh et al. [4] used EPOC neuroheadset of 14 channels for recording. 6th-order bandpass Butterworth filter having forward reverse filtering technique is used. In CNN 13 layers with Adam optimization having a learning rate of 0.0001 and few activation functions, size of kernel and number of filters vary as per the layers.

Laxmi Raja et al. [5] made use of 10 electrodes for recording EEG signals. To calculate the feature of Power Spectral density 6 feature algorithm techniques are used. LRN performs better than static Pattern Net because of its dynamic properties.

V. Podgorelec [6] used Short-Time Fourier Transform (STFT) for cutting off the waveform of concern into a number of short segments and doing the analysis on each of these

segments. 4 for every of 5 frequency bands equaling to 20 from each of time domain and frequency domain of a patient's EEG signal are extracted. A grand total of 640 attributes for 16 channels arithmetically as 16 times 40. A combination of 4th and 16th EEG channel gave best results

Yan Zhang et al. [7] in classification of sleep stages Empirical Mode Decomposition (EMD) denoising method is employed where there is no need to pre-select the wavelet basis unlike wavelet filtering method. Detrended fluctuation analysis (DFA) used to extract scale characteristics of EEG signals. Back propagation (BP) neural network with error back ropagation algorithm uses 3 layers & the transfer function as sigmoid differentiable function.

Zhaoheng Ni et al. [8] extracted 14 features from EEG signals. A variable selection method is used to get the utmost essential feature in our Bidirectional LSTM mode. Running 12 experiments each of them letting out one feature; gamma-1, beta and attention features decreases accuracy the most which can be left out. Bidirectional LSTMs is best out of the baseline models with a 5 fold cross validation as it learns in both the directions and learns from time series features

Aurélien Appriou et al. [9] compared 4 ML algorithms to classify workload (low vs. high). 3 pairs of CSP spatial filters to get 6 band-power features used to train a Linear Discriminant Analysis (LDA) classifier. the 4 utmost pertinent features were selected out of 36 features using mutual information feature selection by FBCSP and then LDA is applied. The Riemannian distance between the test trial covariance matrix, and each of these two class prototypes with Geodesic filtering. CNN Shallow ConvNet uses least preprocessed EEG signals, temporal and a spatial convolution layers, a mean pooling layer, logarithmic activation function.

He Chen et al. [10] achieved 98.17% on validation set & 94.67% on test data with 10 fold cross-validation using ReLU

as the activation function.t-test is used to validate the features learnt by CNN model to study between-group differences of deep features & Pearson correlation is found out between them describing global patterns of the network.

Dilip K. Prasad et al. [11] achieves the classification accuracy of 71% for SPN classification & 70% for GH classification. Attention is less important than memory and emotion.

Saeed Lotfan et al. [12] Synchronization likelihood method is used to compute connectivity matrices in all pair combinations of EEG signals. Compensation distance evaluation technique (CDET) is applied to find optimal feature set

III. CONCLUSION

A distinct survey of papers on classification of emotional states using EEG signals data by machine learning techniques and other survey on the use of machine/deep learning techniques for detecting the onset of mental health illness/disorders using EEG signals data is presented. This paper cites the use of numerous machine and deep learning models as SVM, KNN, Random Tree, CNN, RNN etc. It majorly highlights the use of variety of SVM models with their different kernels and the use of CNN models with number of layers with and without error /feedback network.

Accuracy and ROC have been largely considered as the measure of the performance of the models employed. To have larger algorithm impact, the proper and precise choice of machine learning models on disorder detection is essential.

This paper gives insights into features used from EEG signals data and state-of-the-art algorithmic techniques with their performances mentioned. The choice of few favorably instructive features from EEG signals data is imperative and the employment of relative ML algorithm to deliver stable classification models with regard to accuracy, specificity, sensitivity, AUC, recognition rates etc. Making use of appropriate features from Time-statistical, frequency and nonlinear dynamic domain can be useful to draw specific patterns for the models to gain good performance. The further work is how to combine various machine and deep learning techniques with the analysis suitably.

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