```python
def ex5():
    main_list = [[1,22,3],[2,2],[5,6,7,8,],['a','b','ab'],[6,8,0]]
    for item in main_list:
        print(item[0])
    main_list.pop(3)
    print(main_list)
    main_list.sort()
    for item in main_list:
        print(item)
    main_list.append(main_list[0])
    print(main_list)
    main_list.insert(1,main_list[3])
    print(main_list)
    for item in main_list:
        item.sort()
    print(main_list)
    for item in main_list:
        if(len(item)<3):
            item.append(8)
        elif(len(item)>3):
            item.pop(-1)
    print(main_list)
```