

NATIONAL IJTEMA 2016 - SPORTS ACTIVITIES

FRIDAY (DARUS SALAAM MOSQUE)

AFTER JUMMAH

1. **DART (KHUDDAM & ATFAAL)** - Hall
2. **DOMINO (KHUDDAM ONLY, ROUND 1)** - Hall
3. **CARROM** - Hall
4. **FOOT FOR FUN** - Backyard masjid

NIGHT SESSION

1. **FOOT A 3** - Backyard masjid
2. **DOMINO (FINAL ROUND)** - Hall
3. **FUN GAMES*3 (KHUDDAM & ATFAAL)** - Hall
4. **PLAYSTATION (KHUDDAM & ATFAAL)** - Hall
5. **IRONMAN COMPETITION**

SATURDAY (PAVILLON SPORTS COMPLEX)

MORNING SESSION

1. **OPEN FOOT A 7**
2. **SWIMMING SPRINT** (time depends on availability of swimming pool)

AFTERNOON SESSION

1. **PETANGUE (triplets)**
2. **BEACHVOLLEY**
3. **TUG OF WAR *8 (inter region)**
4. **SPRINT 100m & 200m**
5. **HURDLE RACE**
6. **IN PARALLEL ACTIVITIES FOR ATFAAL**