

# ANGEL JACOB



KOOMULLIL THEKKEVEETIL (H), VETTICKAL P.O., ERNAKULAM (DIST), KERALA (STATE), INDIA

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- Nationality: Indian

## Objectives

An exceptionally motivated enthusiastic and competent registered nurse who possess the required level of expertise to deliver high quality, customer focused and clinically effective patient care in a well-equipped clinical setting. In search of suitable position with an employer who will assist in the development of my career and professional skills.

## Experience

### Staff Nurse

- From 15/09/2017 - 05/10/2019 Manipal Hospitals, Bangalore, India

Department: **Coronary Care Unit (CCU)**

- From 15/02/2021 – Till date

Manchester Royal Infirmary, MFT (**Cardiac Intensive Care Unit**), United Kingdom

## Education

### BSc Nursing

2013 – 2017: Manipal College of Nursing, Manipal University

- First Year 66.3%
- Second Year 74.8%
- Third Year 73.2%
- Fourth Year 76.6%

### Higher Secondary

2012 - 2013: St. Mary's HSS Thalacode, Ernakulam - State Syllabus

- 84 %

### 10th

2010 - 2011: MKM HSS, Piravom, Ernakulam – State Board

- 85 %

## Job Responsibilities

- Assessing patient's condition and begin treatment like taking vital signs, treating, and dressing wounds, setting up IVs and administering medication.
- Monitor patient's progress and report any changes to the physician.
- Collect specimen for laboratory tests and sending orders for diagnostic testing like X-Rays, CT scans, or ECG.
- Maintain continuity of care through clear and concise verbal and written communication with all other departments.
- Care of patients with post CABG, OOHCA, Myocardial Infarction, Endocarditis, Pulmonary Oedema etc...

- Performing CPR and using automatic defibrillators in emergencies.
- Educate patients and their relatives on patient conditions, dietary restrictions, physical therapy exercises, medications or other lifestyle changes and provide emotional support for the patient.
- Set up and monitor medical equipment and devices such as cardiac monitors, mechanical ventilators and alarms, oxygen delivery devices, transducers, and pressure lines.
- Monitor patient's fluid intake and output to detect emerging problems such as fluid and electrolyte imbalances.
- Assess patient's pain levels and sedation requirements.
- Document patient's medical histories, assessments, treatment plans, interventions, outcomes, or plan revisions.
- Arranging for emergency and elective procedures and assisting in intubation, central venous and arterial line insertion etc....
- Ensure that equipment's are properly stores after use.
- Identify malfunctioning equipment or devices.
- Adherence to clinical and ethical standards.

## **Skills**

### Clinical skills

- Outstanding interpersonal and communication skills when dealing with patient's families and other team members and great accuracy in patient history taking, charting and documentation.
- Good organizational skills and demonstrated excellent time management and punctuality.
- Strong work ethic and commitment to culture and values and the ability to adapt and respond to changing situations.
- Ability to operate life support systems.
- Ability to care Post Cardiac surgery patients with impella, IABP and continuous CRRT.

## **Independently Carried Out Procedures**

- Cardiopulmonary resuscitation
- Administration of medications, Blood, and Blood products
- Placement of intravenous line
- Nebulization
- ECG recordings
- Vital signs
- Oxygen therapy
- Urinary catheterization
- Chest drain removal
- Temporary pacing wire removal
- Extubation
- Ryle's tube insertion
- Suctioning procedure
- Arterial and CVC Line removal

### **Procedures Assisted**

- Endotracheal intubation
- Suturing procedure
- Central line insertion
- Hemodialysis catheter insertion
- Chest drain insertion
- IABP removal

### **Equipment's Handled**

- Cardiac Monitor
- Ventilator
- Continuous Cardiac Output Monitor
- Pulse Oximeter
- Infusion Pumps
- Syringe Pumps
- Suction Apparatus
- ECG Machine
- Defibrillator
- Arterial Transducer
- IABP Machine
- Impella Machine
- PCA/Epidural Pumps
- Temporary Pacing box
- Glucometer
- High-Flow Oxygen delivery system

### **Seminars and Training Programs Attended**

- Attended training on **Prismax CRRT**.
- Attended training on **Temporary pacing, IMPELLA and IABP machine and Management**.
- Attended training on **Codman EDS 3-CSF External Drainage System, Epidural PCA Pumps**.
- **BIS monitoring** training.
- Participated in a seminar on **“International Perspectives on Ageing: Evidence to Guide Clinical Practice”** conducted by Manipal university in association with advantage senior consulting, Bangalore.
- Participated in training program on HIV/ AIDS and ART Training for nurses under **“The Global Fund to Fight AIDS, Tuberculosis and Malaria (GFATM) Round- 7”**, conducted at Manipal college of Nursing Manipal, Manipal University.

### **Experience as Student Nurse**

- Gained experience as a student nurse in the field of administration by adapting the methods of problem solving and conducting audits in the assigned clinical area.
- Provided nursing care for patients in various specialties like medicine, Pediatrics, psychiatry, OBG, under supervision of a registered nurse.
- Worked in various areas like Surgical ICU, Cardiac ICU, Medical ICU, Dialysis, OT etc.
- Taken care of critically ill patients with life threatening conditions.

- Handling of equipment's such as Ventilator, Cardiac monitor, Defibrillator, Infusion pump and syringe pump.
- Completed Basic Life Support Training Programme conducted by Manipal University
- Attended add on courses on Bioethics and Forensic Nursing.

**Research Projects and Presentation**

- A descriptive study, poster design and presentation to assess the knowledge and practice on road safety regulations among undergraduate BSc Nursing students.

**Nursing Registration**

- NMC
- AHPRA
- ANMAC

**Language Test**

- PTE

**Personal Information**

Current Address:

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**Declaration**

I hereby declare and affirm that the information provided by me is true to the best of my knowledge and belief. Given an opportunity, I am confident about nurturing the interest of your esteemed organization.

Signature:

