



Diet Environmental Impact Comparison
Min-Max Scaled Metrics



Environmental Impact Hierarchy (Scaled & Aggregated)



Visual Design Type: Treemap

Name of Tool: Python (Plotly Express)

Diet Groups:

- Fish-eaters
- Low Meat-eaters
- High Meat-eaters
- Medium Meat-eaters
- Vegans
- Vegetarians

Variables:

- Environmental Impact Categories: Greenhouse Gas, Land Use, Water Impact, Eutrophication, Biodiversity, Acidification (grouped from raw metrics to simplify analysis).
- Demographics: Gender (Male/Female), Age Group (20-29, 30-39, etc.).
- Why chosen: The grouped environmental categories highlight broader sustainability trends, while demographics reveal patterns across population segments.

Visual Mappings:

- Color: Scaled environmental impact values (0–1 after min-max normalization), using the RdYlGn_r color scale. Red = high impact, Green = low impact.
- Size: Area of rectangles represents the average aggregated impact within each hierarchy level.
- Hierarchy: Category → Type of Diet → Gender → Age Group → Metric (e.g., "Greenhouse Gas → High Meat-eaters → Male → 20-29 → Mean GHG emissions").
- Position: Determined by hierarchy and size (larger impacts appear first in each category).
- Hover Data: Displays exact scaled values (e.g., Scaled Value: 0.85).

Unique Observation:

- High Meat-eaters dominate: Their rectangles are consistently larger and redder across categories like Greenhouse Gas and Land Use, indicating the highest environmental impact.
- Gender disparity: For Fish-eaters, males have larger impacts than females (visible in deeper hierarchy levels).
- Vegan outlier: Vegans show uniformly small, green rectangles in Biodiversity Impact, suggesting minimal harm to ecosystems.
- Age trend: Older age groups (e.g., 60-69) in High Meat-eaters have slightly larger impacts than younger groups (visible when drilling down into the hierarchy).

Data Preparation:

- Since there were 1000 iterations for each grouping done by the simulation, average of those simulations for each metric was calculated and stored in a new file called "Data_CW.csv" (Uploaded to Github)
- Min-Max Scaling: All environmental metrics normalized to 0–1 for fair comparison.
- Metric Categorization: Raw metrics grouped into broader environmental categories (e.g., "Mean GHG emissions" → "Greenhouse Gas").
- Data Aggregation: Values averaged at each hierarchy level (e.g., average impact for "Female Vegans aged 20-29" in Water Impact).
- Data Reshaping: Original data melted to long format for hierarchical plotting.

URL to Source Code: <https://github.com/shabbirk53/Research-Methods.git>

Video Demo: <https://youtu.be/V9plFPiODsk>