

Joshua Ababio

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PROFESSIONAL SUMMARY

Hardworking and reliable Kitchen Helper with over one year of experience in restaurant settings. Skilled in dishwashing, food preparation, stocking, and maintaining a clean and sanitary kitchen environment. Also experienced in professional cleaning, including floor mopping, waxing, and office cleaning. Dedicated to ensuring smooth kitchen operations and excellent customer service.

Work Experience

Kitchen Helper

Papa's Pizza – Accra, Ghana | June, 2020 – August, 2023

- Washed and sanitized dishes, glassware, and utensils using dishwashers and handwashing methods.
- Assisted with food preparation, including cutting vegetables and preparing simple menu items.
- Stocked refrigerators, salad bars, and storage areas to ensure kitchen efficiency.
- Cleared and cleaned tables, trays, and customer seating areas.
- Took customer orders and assisted with take-out packaging.
- Maintained a clean and organized kitchen by sweeping, mopping, and sanitizing surfaces.

Cleaning Associate

Jane Cleaning Solutions – Grand Praire, AB | November 2023 – April 2024

- Cleaned and polished floors through mopping, waxing, and buffing techniques.
- Maintained office spaces, ensuring a tidy and sanitary work environment.
- Handled and stored cleaning products safely according to company guidelines.

Skills & Competencies

- Dishwashing and sanitization
- Food preparation (cutting, peeling, slicing)
- Customer service assistance
- Kitchen cleaning and maintenance
- Stocking and inventory management
- Waste disposal and recycling
- Safe handling of cleaning chemicals
- Teamwork and time management

Education

Bsc Marine Engineering

Regional Maritime University | June 2020

Certifications

- Food Handler Certification
- WHMIS Certification
- First Aid Awareness
- Emergency Preparedness
- Construction Safety Training System (CSTS 2020)

References

Available upon request.

Availability

- Legally authorized to work in Canada (Valid Open Work Permit).
 - Available for immediate employment.
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