

## Joshua Ababio

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### PROFESSIONAL SUMMARY

Hardworking and reliable Kitchen Helper with over one year of experience in restaurant settings. Skilled in dishwashing, food preparation, stocking, and maintaining a clean and sanitary kitchen environment. Also experienced in professional cleaning, including floor mopping, waxing, and office cleaning. Dedicated to ensuring smooth kitchen operations and excellent customer service.

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### Work Experience

#### Kitchen Helper

Papa's Pizza – Accra, Ghana | June, 2020 – August, 2023

- Washed and sanitized dishes, glassware, and utensils using dishwashers and handwashing methods.
- Assisted with food preparation, including cutting vegetables and preparing simple menu items.
- Stocked refrigerators, salad bars, and storage areas to ensure kitchen efficiency.
- Cleared and cleaned tables, trays, and customer seating areas.
- Took customer orders and assisted with take-out packaging.
- Maintained a clean and organized kitchen by sweeping, mopping, and sanitizing surfaces.

#### Cleaning Associate

Jane Cleaning Solutions – Grand Prairie, AB | November 2023 – April 2024

- Cleaned and polished floors through mopping, waxing, and buffing techniques.
  - Maintained office spaces, ensuring a tidy and sanitary work environment.
  - Handled and stored cleaning products safely according to company guidelines.
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### Skills & Competencies

- Dishwashing and sanitization
  - Food preparation (cutting, peeling, slicing)
  - Customer service assistance
  - Kitchen cleaning and maintenance
  - Stocking and inventory management
  - Waste disposal and recycling
  - Safe handling of cleaning chemicals
  - Teamwork and time management
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### Education

Bsc Marine Engineering

Regional Maritime University | June 2020

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### Certifications

- Food Handler Certification
  - WHMIS Certification
  - First Aid Awareness
  - Emergency Preparedness
  - Construction Safety Training System (CSTS 2020)
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### References

Available upon request.

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### Availability

- Legally authorized to work in Canada (Valid Open Work Permit).
  - Available for immediate employment.
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