

JAY F. CAYETANO
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WORK EXPERIENCE

June 10, 2013 - Present

Cook

**BRINKER CANADIAN RESTAURANT
COMPANY ULC O/A CHILIS EDM AIR
2496,1000 AIRPORT ROAD
EDMONTON,AB T5J 2T2**

Duties and Responsibilities

- Assign in all station
- Prepare and cook full course meal
- Wash, peel and cut vegetables and fruit, clean and sanitize kitchen including work surfaces, cupboards, storage areas, appliances and equipment.
- Cleaning and sanitizing of kitchen tools and equipment
- Assisting in basic food preparation
- Assisting in receiving and storing of kitchen products
- Keep records of the quantities of food used

March 2011 - September 2012

Cook

GRILL ZONE

Dangay, Roxas, Oriental Mindoro, Philippines

Duties and Responsibilities

- Preparing, seasoning and cooking such foods as soups, salads, meats, fish, gravies, vegetables, desserts, sauces and casseroles.
- Cleaning and sanitizing of kitchen tools and equipment
- Assisting in basic food preparation
- Assisting in receiving and storing of kitchen products
- Keep records of the quantities of food used

December 8, 2010 – January 23, 2011

Cook

ASTORIA BORACAY

Boracay, Malay, Aklan, Philippines

Duties and Responsibilities

- Receive, unpack and store supplies in refrigerators, freezers, cupboards and other storage areas
- Remove kitchen garbage and trash
- Handle and store cleaning products, sweep and mop floors
- Clean and sanitize items such as dishwasher mats, carts and waste disposal units

March 2007 – February 2009

Room Attendant

PRINCE HOTEL AND RESIDENCE (5-star hotel)

Kuala Lumpur, Malaysia

Duties and Responsibilities

- Cleaned guest rooms (including sweeping and mopping floors, dusting, emptying ashtrays and garbage containers)
- Make bed (changing of beddings/sheets)
- Removed and replaced used towels, soaps and other supplies
- Scrubbed disinfects and polished bathroom fixtures
- Sorted, counted and folding linens
- Reported damage and articles found to supervisors

January 1999 – December 2004

Quality Control Personnel

DAUGHTERS & SON FOOD PRODUCTS

Talisay, Cebu City, Philippines

Duties and Responsibilities

- Prepared the recipes and tasting the products
- Maintained the quality of food processing
- Monitored the packaging of food products

TRAINING / SEMINAR ATTENDED

November 8 – 17, 2011

International School for Culinary Arts and Hotel Management

Kitchen Helper Program for Basic Vegetables and Potato Cuts/Knife Skills

Katipunan, Quezon City, Philippines

October 20, 2010

Kitchen Helper Training Program

Mandaluyong City, Philippines

July 20, 2009 – August 7, 2009

Reflexology (120 hours)

Roma, Mansalay, Oriental Mindoro, Philippines

March 2007 – February 2009

Completing Contract Services (23 months)

Prince Hotel and Residence

Kuala Lumpur, Malaysia

EDUCATIONAL BACKGROUND

Enrolled at Roxas College for the Bachelor of Elementary Education in 1996 to 1999

PERSONAL BACKGROUND

36 years old

Single
Knowledgeable in computer

CHARACTER REFERENCES

Available upon request