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# EVAN CARDINAL

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Edmonton Alberta ◆ 7809037157 ◆ evancardinal0812@gmail.com

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## EDUCATION

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**High School Diploma:** Expected in 06/2026

**M.E LaZerte High School - Edmonton, AB**

- Honor Roll, [Grade 10]

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## PROFESSIONAL SUMMARY

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**An innovative, hard-working dedicated professional with a strong passion for problem solving and continuous learning.**

**Eager to contribute to a reputable, dynamic organization offering a challenging yet rewarding professional opportunity in an effort to further develop my own skills and ultimately make a meaningful impact to the company's success.**

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## SKILLS

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|-----------------------------------------|---------------------------------------------------------|
| • Time management                       | • Team collaboration                                    |
| • Physical fitness                      | • Strong communication skills                           |
| • Adaptable and flexible                | • Heavy lifting expertise                               |
| • Loading and unloading                 | • Organization                                          |
| • Adaptability and willingness to learn | • Ability to stand and move for lengthy periods of time |

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## WORK EXPERIENCE

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**Mover Helper (Seasonal), 06/2024 - 11/2024**

**AMJ Campbell Moving – Edmonton, AB**

- Demonstrated an ability to lift heavy items up to 50 pounds without assistance.
- Efficiently loaded and unloaded furniture from truck using appropriate safety techniques.
- Used problem-solving skills to efficiently complete moves.
- Completed smooth, timely, and efficient moves.
- Protected materials with padding and strapping to complete safe transport.
- Dismantled and reassembled furniture, appliances, and other items.
- Kept work area, aisles and exits clear and free from obstructions.
- Monitored condition of items during loading and unloading processes to prevent damage or loss.

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## AVAILABILITY

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**Availability:**

- Available to work 7 days a week, from 8:00 AM to 10:00 PM.
- Flexible with scheduling and can accommodate any shift within this timeframe.
- Open to both full-time and part-time opportunities.