
EVAN CARDINAL

Edmonton Alberta ♦ 7809037157 ♦ evancardinal0812@gmail.com

EDUCATION

High School Diploma: Expected in 06/2026

M.E LaZerte High School - Edmonton, AB

- Honor Roll, [Grade 10]

PROFESSIONAL SUMMARY

An innovative, hard-working dedicated professional with a strong passion for problem solving and continuous learning.

Eager to contribute to a reputable, dynamic organization offering a challenging yet rewarding professional opportunity in an effort to further develop my own skills and ultimately make a meaningful impact to the company's success.

SKILLS

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| • Time management | • Team collaboration |
| • Physical fitness | • Strong communication skills |
| • Adaptable and flexible | • Heavy lifting expertise |
| • Loading and unloading | • Organization |
| • Adaptability and willingness to learn | • Ability to stand and move for lengthy periods of time |

WORK EXPERIENCE

Mover Helper (Seasonal), 06/2024 - 11/2024

AMJ Campbell Moving – Edmonton, AB

- Demonstrated an ability to lift heavy items up to 50 pounds without assistance.
- Efficiently loaded and unloaded furniture from truck using appropriate safety techniques.
- Used problem-solving skills to efficiently complete moves.
- Completed smooth, timely, and efficient moves.
- Protected materials with padding and strapping to complete safe transport.
- Dismantled and reassembled furniture, appliances, and other items.
- Kept work area, aisles and exits clear and free from obstructions.
- Monitored condition of items during loading and unloading processes to prevent damage or loss.

AVAILABILITY

Availability:

- Available to work 7 days a week, from 8:00 AM to 10:00 PM.
- Flexible with scheduling and can accommodate any shift within this timeframe.
- Open to both full-time and part-time opportunities.