

MD HAMIDUL ISLAM

Kitchen Helper

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<https://www.facebook.com/hasib.hih?mibextid=ZbWKwL>
Chittagong, Bangladesh

SUMMARY

I am a dedicated and enthusiastic kitchen helper with a strong desire to support culinary operations and ensure kitchen efficiency. I possess physical stamina, effective time management skills, and a solid understanding of food safety practices. Having volunteered during the COVID-19 pandemic, I have developed excellent teamwork and communication skills, making me well-suited for a fast-paced kitchen environment.

EDUCATION

Higher Secondary Certificate (HSC)	2006 - 2007
North Kattali Al-Haz Mostafa Hakim Degree College	Chittagong
Secondary School Certificate (SSC)	2004 - 2005
P.H. Amin Academy	Chittagong

CERTIFICATION

Entrepreneurship Development Program	Light Vehicle License
Training on Entrepreneurship Development Program	License to operate light vehicles
Volunteering Certificate	

Certificate for volunteering services with Anjuman Security Force

VOLUNTEERING

Cleaner	2021 - present
Gawsia Committee Bangladesh	
<ul style="list-style-type: none">Supported COVID-19 patients with care and services.Assisted in burial and washing of deceased individuals during the pandemic.Continued active involvement in community burial services. Link: https://www.facebook.com/100012281952272/videos/229342819290004/	

STRENGTHS

- ★ Physical stamina
Physical stamina and strong work ethic to thrive in fast-paced kitchens
- ★ Food safety and hygiene
Basic knowledge of food safety and hygiene practices, allowing for a safe kitchen environment
- ★ Teamwork and communication
Excellent teamwork and communication skills, essential for collaboration in a kitchen setting
- ★ Adaptability
Adaptability and quick learning abilities to succeed in dynamic culinary environments
- ★ Time management
Effective time management to ensure timely meal preparations and kitchen operations
- ★ Culinary skills
Basic knife skills and familiarity with kitchen equipment for efficient food preparation
- ★ Cleaning
Experience in scrubbing floors and cleaning kitchens to maintain cleanliness and organization
- ★ Professionalism
Excellent grooming standards and customer service skills for a professional kitchen atmosphere

LANGUAGES

Bengali	Native	◆◆◆◆◆
English	Proficient	◆◆◆◆◆
Hindi	Advanced	◆◆◆◆◆

SKILLS

Microsoft Office	Microsoft Power Point	.
Gmail		