

# Aaron Roberts

## kitchen helper

## Contact

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m

 Liberia

## Skills

- Food preparation assistance
- Washing dishes and utensils
- Cleaning kitchen equipment
- Maintaining hygiene and safety
- Assisting cooks and chefs
- Time management
- Teamwork
- Following instructions

## Language

English

(Good)

## Summary

Hardworking and reliable Kitchen Helper with experience in assisting cooks, preparing food, washing dishes, and maintaining a clean and hygienic kitchen. Quick learner, punctual, and able to work effectively in a team to support smooth kitchen operations.

## Education

### Diploma in Electrical Engineering

2012-2016

BOOKER WASHINGTON  
INSTITUTE/A.V.T.P

### Highschool Diploma

2007-2012

St.Augustine EPISCOPAL  
MISSION HIGH SCHOOL

## Experience

### kitchen helper

2023-2025

- Hardworking and reliable Kitchen Helper with experience in food preparation, cleaning, and maintaining kitchen hygiene and able to follow instructions. Work in a team and handle busy kitchen environments.
- Assisted cooks with basic food preparation tasks such as chopping, mixing, and plating ingredients.
- Washed dishes, utensils, pots, and kitchen equipment efficiently to maintain a clean workspace.