



Elizabeth Allen

Student and Coach

elizabethmallen17@gmail.com 

780 405 9939 

Organized, motivated, high-performing student. 4 years experience working with and coaching children.

Spruce Grove 

Professional Experience

Learn to Skate Coach

Tri Area Skating Club

September 2024 - Present

- Responsible for planning lessons, teaching Skate Canada approved skills, supervising and assisting children, evaluating skaters, attending meetings, completing report cards, and recommending skater's next level.

Assistant Learn to Skate Coach

Tri Area Skating Club

September 2021 - May 2024

- Responsible for assisting coaches in executing lessons, teaching Skate Canada skills, providing demonstrations, supervising and assisting children, and setting up teaching aids.
- Volunteer position

Leaders in Training Camp Counsellor

City of Spruce Grove

Summer of 2024

- Responsible for planning and running games and activities, playing with and supervising children, setting up toys and play areas, and assisting leaders.
- Volunteer Position

Babysitting

Friends and Family

Summer 2022 - Present

- Responsible for supervising, caring for, and playing with children and pets.

Education

Grade 10 Honours Student

Spruce Grove Composite High School

2024 - Present

In Addition to Core Subjects:

- HCS 3000: Workplace Systems Safety Course
- Computer Science 10
- Design Studies 10
- Physical Education 10 - Panther (Student Athlete) of the Month

Certifications

1. Intermediate First Aid (Includes CPR-C and AED Training) - Lifesaving Society
2. NCCP CanSkate Trained Coach
3. NCCP Teaching and Learning
4. NCCP Making Ethical Decisions
5. High Five Training