

# **Ryan Schmidt**

*References Available Upon Request*

Cell: (587) 982 8488 | Email: ryanejschmidt04@gmail.com | 5122 190 A St. NW, T6M 2R5 | Edmonton, AB

## **Education:**

### **Alberta Highschool Diploma with Honours**

Jasper Place Composite Highschool, Edmonton, Alberta. Graduated in 2022

### **Bachelor of Science in Nutrition & Food Science**

University of Alberta, Edmonton Alberta. Expected Graduation in 2028

- Completed full AP and full Pre-AP classes throughout grades 7 to 12.
- WHMIS Certified and Food Handler Certified in Alberta.
- I've excelled in cooking classes for the past 7 years.

## **Previous Work:**

### **Taekwondo Instructor – Taegeuk Taekwondo Canada (September 2019 to June 2022)**

- Instructed Taekwondo to students ages 3 to 50, developing their speed, strength, discipline, and confidence in a fun and supportive environment.
- Led group classes of up to 20 students simultaneously, ensuring effective instruction and positive engagement.
- Held a leadership position for 18 months, overseeing class operations and providing guidance to students.

### **Sales Associate – Icons and Heroes (March 2024 to July 2024)**

- Engaged positively with customers to drive sales of sports memorabilia, trading cards, collectibles, and posters.
- Managed and operated a kiosk selling 3D posters, ensuring inventory was maintained, organized, and visually appealing to attract customers.
- Handled cash and credit transactions, maintaining accurate records, and ensuring smooth checkout experiences.

## **Volunteer Work:**

- My first year as a taekwondo instructor was volunteer work to gain leadership skills and diversify my talents as a black belt in martial arts. I was later offered the job.
- Raised money to provide clean drinking water for life to children in Nicaragua, helped recycle bottles, clean trash from fields, organize and run Halloween parties for kids in the community, and collect food for Edmonton's Food Bank through my school's leadership program.

## **Personal Achievements:**

- Achieved my 1<sup>st</sup> and 2<sup>nd</sup> Degree Black Belt in taekwondo after 9 years of consistent training. I had been continuously training my taekwondo skills since 2014.
- 8-time math contest champion of my school. (I'm also the chess champion too)
- Competed in Bloomsday, a 12 km road race in Washington in which I finished in the top 5% in a race of over 35000 participants.
- Qualified for Edmonton City Finals in various track and field events.