

Levi Cato

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PROFILE

Motivated and reliable worker with hands-on experience in kitchen support, food preparation, cleaning, and camp operations. Skilled at maintaining a clean and safe environment while supporting meal service for large groups in both residential and camp settings. Known for teamwork, attention to detail, and reliability in fast-paced, physically demanding environments. Experienced in safety practices, sanitization, and supporting diverse teams in childcare, hospitality, and camp roles.

EXPERIENCE

Tim Hortons Foundation Camp – Kananaskis, AB

Prep Cook (Summer 2025)

- Prepared meals and supported kitchen operations for large groups of campers and staff.
- Maintained kitchen organization and cleanliness in line with food safety standards.
- Assisted with food storage, labeling, and handling to ensure safety and allergy awareness.
- Worked collaboratively with camp staff to provide timely, high-quality meal service.

Circle Square Ranch – Seasonal Volunteer

Cook, Cabin Co-Leader & Maintenance Support (8 Weeks)

- Helped prepare and serve meals for campers and staff.
- Maintained kitchen cleanliness and followed food safety procedures.
- Contributed to facility upkeep, including cleaning cabins, dining areas, and common spaces.
- Supported camper activities, demonstrating teamwork and adaptability in a camp setting.

Lovebug Daycare – Edmonton, AB

Childcare Assistant & General Labourer (December 2020 – Present)

- Performed cleaning and sanitization of toys, play areas, and food preparation spaces.
- Supported meal times and ensured hygienic practices for young children.
- Completed janitorial and maintenance duties, including floors, windows, and outdoor areas.
- Followed strict safety protocols to maintain a secure environment for children.

Jr. Hockey Canada – Edmonton, AB

Representative & Ambassador (Seasonal, 2021–2022)

- Engaged with the public, promoted events, and supported merchandise sales.
- Operated kiosk independently, handling cash, sales, and inventory management.
- Provided excellent customer service and maintained organized displays.

KEY SKILLS

- Food Preparation & Kitchen Support
- Cleaning & Sanitization (Food Safety & Covid Protocols)
- Team Collaboration & Independent Work
- Safety Awareness & Incident Reporting
- Physical Stamina & Labour Support
- Customer Service & Communication

Cover Letter

Dear Hiring Team,

I am excited to apply for the line cook \ prep position with you . With experience in food preparation, camp support, and facility maintenance, I bring the skills and work ethic required to thrive in a remote camp environment while contributing to a safe, organized, and positive workplace.

Most recently, I worked as a Prep Cook at the Tim Hortons Foundation Camp in Kananaskis, where I supported meal preparation and kitchen operations for large groups of campers and staff. I also volunteered at Circle Square Ranch, where I prepared meals, co-led cabin groups, and maintained camp facilities. These experiences strengthened my ability to work long shifts, manage cleaning and sanitization tasks, and collaborate with diverse teams in high-demand settings.

In addition, my role at Lovebug Daycare further developed my attention to detail and commitment to safety. I performed sanitation of food areas, play spaces, and facilities, while also assisting with meal routines—skills directly transferable to maintaining food safety standards and cleanliness in camp settings.

I am motivated, adaptable, and able to handle the physical demands of camp life, including heavy lifting, extended shifts, and remote work schedules. I would welcome the opportunity to bring my strong work ethic and teamwork skills to the MATRIX team.

Thank you for considering my application. I would be happy to discuss how my skills and experience align with your camp operations.

Sincerely,

Levi Cato