

# Elizabeth Allen

## Student and Coach

elizabethmallen17@gmail.com 

780 405 9939 

Organized, motivated, high-performing student. 4 years experience working with and coaching children.

Spruce Grove 

## Professional Experience

### Learn to Skate Coach

Tri Area Skating Club

*September 2024 - Present*

- Responsible for planning lessons, teaching Skate Canada approved skills, supervising and assisting children, evaluating skaters, attending meetings, completing report cards, and recommending skater's next level.

### Assistant Learn to Skate Coach

Tri Area Skating Club

*September 2021 - May 2024*

- Responsible for assisting coaches in executing lessons, teaching Skate Canada skills, providing demonstrations, supervising and assisting children, and setting up teaching aids.
- Volunteer position

### Leaders in Training Camp Counsellor

City of Spruce Grove

*Summer of 2024*

- Responsible for planning and running games and activities, playing with and supervising children, setting up toys and play areas, and assisting leaders.
- Volunteer Position

### Babysitting

Friends and Family

*Summer 2022 - Present*

- Responsible for supervising, caring for, and playing with children and pets.

## Education

### Grade 10 Honours Student

Spruce Grove Composite High School

*2024 - Present*

In Addition to Core Subjects:

- HCS 3000: Workplace Systems Safety Course
- Computer Science 10
- Design Studies 10
- Physical Education 10 - Panther (Student Athlete) of the Month

## Certifications

1. Intermediate First Aid (Includes CPR-C and AED Training) - Lifesaving Society
2. NCCP CanSkate Trained Coach
3. NCCP Teaching and Learning
4. NCCP Making Ethical Decisions
5. High Five Training