

## SUMMARY

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Currently seeking a Kitchen helper position. Most notable skills applied include: organizational, collaborative, and interpersonal skills. Highly motivated; possesses a strong willingness to learn.

## SKILLS

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- Excellent verbal and written communication skills
- Positive, proactive team-player
- Ability to work independently with minimal supervision
- Attention to detail
- Ability to execute repetitive tasks in fast paced environment
- Self-motivated and reliable
- Effective interpersonal skills
- Excellent computer literacy
- Strong time-management skills
- Ability to take initiative

## VOLUNTEER EXPERIENCE

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2019-2020

**Student Mentor**, Big Brothers Big Sisters (M.E Lazerte High School) - Edmonton, AB

- Volunteered lunch hours working with grade 5 student to promote academic and personal growth
- Provided mentee with additional role model to help them navigate through life
- Aided in improving mentee's school attendance
- Responsible for being sensitive to mentee's needs by providing respectful, intentional, comfortable space, to enable all-around progress
- Organized activities to participate in with mentee; arts and crafts, school tour, board games etc.

2022- *present*

**Food bank Volunteer**, (Edmonton's Food Bank) - Edmonton, AB

- Build and organize grocery hampers for people facing food insecurity, in accordance with both general and requested needs
- Collaborate with volunteer team to ensure efficient operation of tasks
- Accurately bag hampers in fast paced environment
- Demonstrate attention to detail when creating hampers with dietary restrictions and other specifications

## EDUCATION / CERTIFICATES

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2018-2021 **High School Diploma**, M.E Lazerte High School – Edmonton, AB

2022-2026 (*anticipated duration, in progress*) **Bachelor of Science**, MacEwan University – Edmonton, AB

2023 **Standard First Aid** Heart & Stroke – Edmonton, AB