




Aaron Roberts

kitchen helper

Contact

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 Liberia

Skills

- Food preparation assistance
- Washing dishes and utensils
- Cleaning kitchen equipment
- Maintaining hygiene and safety
- Assisting cooks and chefs
- Time management
- Teamwork
- Following instructions


Language

English (Good)

Summary

Hardworking and reliable Kitchen Helper with experience in assisting cooks, preparing food, washing dishes, and maintaining a clean and hygienic kitchen. Quick learner, punctual, and able to work effectively in a team to support smooth kitchen operations.

Education

Diploma in Electrical Engineering	2012-2016
BOOKER WASHINGTON INSTITUTE/A.V.T.P	
 Highschool Diploma	2007-2012
St.Augustine EPISCOPAL MISSION HIGH SCHOOL	

Experience

kitchen helper	2023-2025
<ul style="list-style-type: none">• Hardworking and reliable Kitchen Helper with experience in food preparation, cleaning, and maintaining kitchen hygiene and able to follow instructions. Work in a team and handle busy kitchen environments.• Assisted cooks with basic food preparation tasks such as chopping, mixing, and plating ingredients.• Washed dishes, utensils, pots, and kitchen equipment efficiently to maintain a clean workspace.	