LECTURE	R	SHAFIQ BIN RASULAN							
CODE / CO	URSE	SP015							
WEEK		1							
CHAPTER		Chapter 1: Physical Quantities A	and Measurements						
MODE		Lectures							
CLO		CLO1: Describe basic concepts	of mechanics, wave	e, matters, heat and th	ermodynamic	s			
SLT		F2F (hour):	1	NF2F (hour):	1				
DAY DATE TIME VENUE	CLASS	LE	ARNING OUTCO	ОМЕ		T&L STRATEGIE S & TOOLS	REFLE	ECTION	REMARKS
Friday 06/08/2021 0800hrs BT1	КЗ	1.3a State the significant figures	a Define dimension. a Define scalar and vector quantities. a State the significant figures of a given number. e State the sources of uncertainty in the results of an experiment.					SCOR E 6 5 6 5 6	All objectives achieved. Students are able to understand the materials of the topic.

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date:

Endorsed by

MARY GWADOLINE YUSUS

Head of the Physics Unit

Sarawak Matriculation College

LECTURE	R	SHAFIQ BIN RASULAN	BIN RASULAN							
CODE / CO	URSE	SP015								
WEEK		2								
CHAPTER		Chapter 2: Kinematics Of Motio	ns							
MODE		Lectures								
CLO		CLO1: Describe basic concepts	of mechanics, wave	ermodynamic	s					
SLT		F2F (hour):	(hour): 1 NF2F (hour): 1							
DAY DATE TIME VENUE	CLASS	LE	ARNING OUTCO	ОМЕ		T&L STRATEGIE S & TOOLS	REFLE	ECTION	REMARKS	
Friday 13/08/2021 0800hrs BT1	КЗ	acceleration, average acceleration 2.1b Interpret the physical means	Define instantaneous velocity, average velocity, uniform velocity, instantaneou eleration, average acceleration and uniform acceleration.  Interpret the physical meaning of displacement-time, velocity-time and eleration-time graphs. Refer Equation 1.					SCOR E 6 5 6 5 6	All objectives achieved. Students are able to understand the materials of the topic.	

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date:

Endorsed by

MARY GWADOLINE YUSUS

Head of the Physics Unit

Sarawak Matriculation College

LECTURE	R	SHAFIQ BIN RASULAN	BIN RASULAN							
CODE / CO	URSE	SP015								
WEEK		3								
CHAPTER		Chapter 2: Kinematics Of Motio Chapter 3: Dynamics Of Linear								
MODE		Lectures								
CLO		CLO1: Describe basic concepts	of mechanics, wave	ermodynamic	S					
SLT		F2F (hour):	hour): 1 NF2F (hour): 1							
DAY DATE TIME VENUE	CLASS	LE	ARNING OUTCO	OME		T&L STRATEGIE S & TOOLS	REFLE	CCTION	REMARKS	
Friday 20/08/2021 0800hrs BT1	К3	angle is zero  3.1a Define momentum and imp	Ba Describe projectile motion launched at an angle, as well as special cases when gle is zero La Define momentum and impulse, refer equation 2 La State the principle of conservation of linear momentum.					SCOR E 6 6 5 6	All objectives achieved. Students are able to understand the materials of the topic.	

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date:

Endorsed by

MARY GWADO TINE YUSUS Head of the Physics Unit Sarawak Matriculation College

LECTURE	R	SHAFIQ BIN RASULAN	BIN RASULAN							
CODE / CO	URSE	SP015								
WEEK		4								
CHAPTER		Chapter 3: Dynamics Of Linear	Motion							
MODE		Lectures								
CLO		CLO1: Describe basic concepts	of mechanics, wave	e, matters, heat and the	ermodynamic	S				
SLT		F2F (hour):	hour): 1 NF2F (hour): 1							
DAY DATE TIME VENUE	CLASS	LE	LEARNING OUTCOME					ECTION	REMARKS	
Friday 27/08/2021 0800hrs BT1	КЗ	3.3a Identify the forces acting or						SCOR E 6 5 5 5 6	All objectives achieved. Students are able to understand the materials of the topic.	

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date:

Endorsed by

MARY GWADOLINE YUSUS Head of the Physics Unit

Sarawak Matriculation College

LECTURE	R	SHAFIQ BIN RASULAN	BIN RASULAN							
CODE / CO	URSE	SP015								
WEEK		5								
CHAPTER		Chapter 4: Work, Energy And P	ower							
MODE		Lectures								
CLO		CLO1: Describe basic concepts	of mechanics, wave	e, matters, heat and the	ermodynamic	s				
SLT		F2F (hour):	nour): 1 NF2F (hour): 1							
DAY DATE TIME VENUE	CLASS	LE	ARNING OUTCO	ОМЕ		T&L STRATEGIE S & TOOLS	REFLE	CTION	REMARKS	
Friday 03/09/2021 0800hrs BT1	КЗ	4.1b Define and apply work don 4.2a Define and use: i. Gravitation	a State the physical meaning of dot (scalar) product for work, refer equation 4. to Define and apply work done by a constant force. To Define and use: i. Gravitational potential energy, ii. Elastic potential energy for ng, iii. Kinetic energy. (Refer Equation 5)					SCOR E 5 5 5 5	All objectives achieved. Students are able to understand the materials of the topic.	

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date:

Endorsed by

MARY GWADOLINE YUSUS

Head of the Physics Unit

Sarawak Matriculation College

LECTURE	R	SHAFIQ BIN RASULAN	BIN RASULAN								
CODE / CO	URSE	SP015									
WEEK		6									
CHAPTER		Chapter 4: Work, Energy And Po Chapter 5: Circular Motion	ower								
MODE		Lectures	es e								
CLO		CLO1: Describe basic concepts	of mechanics, wave	e, matters, heat and the	ermodynamic	S					
SLT		F2F (hour):	1	NF2F (hour):	1						
DAY DATE TIME VENUE	CLASS	LE	ARNING OUTCO	OME		T&L STRATEGIE S & TOOLS	REFLE	ECTION	REMARKS		
Friday 10/09/2021 0800hrs BT1	КЗ	4.2d State and apply work-energ 4.3a Define and use average pow 5.1a Define and use: i. angular d angular velocity, ω	State the principle of conservation of energy. d State and apply work-energy theorem (Refer equation 5) a Define and use average power and instantaneous power (Refer Equation 6) a Define and use: i. angular displacement, $\theta$ ii. period, $T$ iii. frequency, $f$ iv. ular velocity, $\omega$ a Describe uniform circular motion.					<b>SCOR E</b> 5 5 6	All objectives achieved. Students are able to understand the materials of the		

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date:

Endorsed by

MARY GWADO TINE YUSUS Head of the Physics Unit Sarawak Matriculation College

LECTURE	R	SHAFIQ BIN RASULAN							
CODE / CO	URSE	SP015							
WEEK		7							
CHAPTER		Chapter 5: Circular Motion Chapter 6: Rotation Of Rigid Bo	dy						
MODE		Lectures							
CLO		CLO1: Describe basic concepts	of mechanics, wave	e, matters, heat and th	ermodynamic	S			
SLT		F2F (hour):	1	NF2F (hour):	1				
DAY DATE TIME VENUE	CLASS	LE	ARNING OUTCO	OME		T&L STRATEGIE S & TOOLS	REFLE	ECTION	REMARKS
Friday 17/09/2021 0800hrs BT1	К3	6.1a Define and use: iangular disinstantaneous angular velocity, of instantaneous angular acceleration 6.2a State the physical meaning 9) 6.2b Define and apply torque.	Explain centripetal acceleration and centripetal force (Refer equation 7). Define and use: iangular displacement, $\theta$ ; ii. average angular velocity, $\omega$ av, iii. antaneous angular velocity, $\omega$ ; iv. average angular acceleration, $\alpha$ av; and v. antaneous angular acceleration, $\alpha$ . State the physical meaning of cross (vector) product for torque (Refer equation Define and apply torque.					SCOR E 6 5 6 5	All objectives achieved. Students are able to understand the materials of the topic.

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date:

Endorsed by

MARY GWADO TINE YUSUS Head of the Physics Unit Sarawak Matriculation College

LECTURE	R	SHAFIQ BIN RASULAN							
CODE / CO	URSE	SP015							
WEEK		8							
CHAPTER		Chapter 6: Rotation Of Rigid Bo	ody						
MODE		Lectures							
CLO		CLO1: Describe basic concepts	of mechanics, wave	e, matters, heat and th	ermodynamic	s			
SLT		F2F (hour):	1	NF2F (hour):	1				
DAY DATE TIME VENUE	CLASS	LE	ARNING OUTCO	ОМЕ		T&L STRATEGIE S & TOOLS	REFLE	ECTION	REMARKS
Friday 24/09/2021 0800hrs BT1	К3	6.3d State and use net torque (Re 6.4a Explain and use angular mo	a Define and use moment of inertia (Refer equation 10) d State and use net torque (Refer equation 10) a Explain and use angular momentum (Refer equation 11) o State and use principle of conservation of angular momentum.					SCOR E 6 6 6 6 6 5	All objectives achieved. Students are able to understand the materials of the topic.

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date:

Endorsed by

MARY GWADOLINE YUSUS

Head of the Physics Unit

Sarawak Matriculation College

LECTURE	R	SHAFIQ BIN RASULAN	BIN RASULAN								
CODE / CO	URSE	SP015									
WEEK		9									
CHAPTER		Chapter 7: Oscillations And Wa	ves								
MODE		Lectures									
CLO		CLO1: Describe basic concepts	of mechanics, wave	e, matters, heat and the	ermodynamic	S					
SLT		F2F (hour):	1	NF2F (hour):	1						
DAY DATE TIME VENUE	CLASS	LE	ARNING OUTCO	ОМЕ		T&L STRATEGIE S & TOOLS	REFLE	CCTION	REMARKS		
Friday 01/10/2021 0800hrs BT1	КЗ	7.1a Explain SHM. 7.1d Emphasise the relationship	n Explain SHM. I Emphasise the relationship between total SHM energy and amplitude.					SCOR E 6 6 5 5	All objectives achieved. Students are able to understand the materials of the topic.		

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date:

Endorsed by

MARY GWADO THE YUSUS

Head of the Physics Unit

Sarawak Matriculation College Date:

LECTURE	R	SHAFIQ BIN RASULAN							
CODE / CO	URSE	SP015							
WEEK		10							
CHAPTER		Chapter 7: Oscillations And Wav	ves						
MODE		Lectures							
CLO		CLO1: Describe basic concepts	of mechanics, wave	ermodynamic	s				
SLT		F2F (hour):	(hour): 1 NF2F (hour): 1						
DAY DATE TIME VENUE	CLASS	LE	ARNING OUTCO	OME		T&L STRATEGIE S & TOOLS	REFLE	ECTION	REMARKS
Friday 14/10/2021 0800hrs BT1	КЗ		la Define wavelength. lb Define and use wave number (Refer equation 14) ld Distinguish between particle vibrational velocity and wave propagation velocity.					5 5 5 6 6	All objectives achieved. Students are able to understand the materials of the topic.

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date:

Endorsed by

MARY GWADOLINE YUSUS Head of the Physics Unit

Sarawak Matriculation College

LECTURE	R	SHAFIQ BIN RASULAN	BIN RASULAN							
CODE / CO	URSE	SP015								
WEEK		11								
CHAPTER		Chapter 7: Oscillations And Wav	ves							
MODE		Lectures								
CLO		CLO1: Describe basic concepts of	of mechanics, wave	e, matters, heat and the	ermodynamic	S				
SLT		F2F (hour):	(hour): 1 NF2F (hour): 1							
DAY DATE TIME VENUE	CLASS	LE	ARNING OUTCO	ОМЕ		T&L STRATEGIE S & TOOLS	REFLE	ECTION	REMARKS	
Friday 21/10/2021 0800hrs BT1	К3	interferences.	a State the principle of superposition of waves for the constructive and destructive erferences. ic Compare between progressive waves and standing waves.					5 5 5 6 5	All objectives achieved. Students are able to understand the materials of the topic.	

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date:

Endorsed by

MARY GWADOLINE YUSUS Head of the Physics Unit

Sarawak Matriculation College

LECTURE	3	SHAFIQ BIN RASULAN								
CODE / CO	URSE	SP015								
WEEK		12								
CHAPTER		Chapter 7: Oscillations And Wav Chapter 8: Physics Of Matter	ves							
MODE		Lectures								
CLO		CLO1: Describe basic concepts	of mechanics, wave	ermodynamics	s					
SLT		F2F (hour):	hour): 1 NF2F (hour): 1							
DAY DATE TIME VENUE	CLASS	LE	ARNING OUTCO	OME		T&L STRATEGIE S & TOOLS	REFLE	CCTION	REMARKS	
Friday 28/10/2021 0800hrs BT1	КЗ		7a State Doppler Effect for sound waves. 1c Explain elastic and plastic deformations.					5 6 6 6 6	All objectives achieved. Students are able to understand the materials of the topic.	

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date:

Endorsed by

MARY GWADO TINE YUSUS Head of the Physics Unit Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN									
CODE / COURSE		SP015									
WEEK		13									
CHAPTER		Chapter 8: Physics Of Matter									
MODE		Lectures									
CLO		CLO1: Describe basic concepts	of mechanics, wave	e, matters, heat and th	ermodynamic	s					
SLT		F2F (hour):	1	NF2F (hour):	1						
DAY DATE TIME VENUE	CLASS	LE		T&L STRATEGIE S & TOOLS	REFLECTION REMARKS						
Friday 04/11/2021 0800hrs BT1	КЗ	8.2a Define and use Young's Modulus (Refer equation 19)				Discussions  Thought Experiments  Activities	ITEM *Appe ndix i ii iii v	5 6 5 6 5	All objectives achieved. Students are able to understand the materials of the topic.		

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date:

Endorsed by

MARY GWADOLINE YUSUS Head of the Physics Unit

Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN											
CODE / COURSE		SP015											
WEEK		14											
CHAPTER		Chapter 8: Physics Of Matter											
MODE		Lectures											
CLO		CLO1: Describe basic concepts	of mechanics, wave	e, matters, heat and th	ermodynamic	s							
SLT F2F (hour): 1 NF2F (hour): 1					1								
DAY DATE TIME VENUE	CLASS	LE		T&L STRATEGIE S & TOOLS	REFLECTION REMARKS								
Friday 11/11/2021 0800hrs BT1	КЗ	8.3a Define heat conduction.				Discussions  Thought Experiments  Activities	ITEM *Appe ndix i ii iii v v	SCOR E 6 6 6 6 6	All objectives achieved. Students are able to understand the materials of the topic.				

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date:

Endorsed by

MARY GWADOLINE YUSUS

Head of the Physics Unit Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN									
CODE / COURSE		SP015									
WEEK		15									
CHAPTER		Chapter 8: Physics Of Matter									
MODE		Lectures									
CLO		CLO1: Describe basic concepts	of mechanics, wave	e, matters, heat and the	ermodynamic	S					
SLT		F2F (hour):	1	NF2F (hour):	1						
DAY DATE TIME VENUE	CLASS	LE		T&L STRATEGIE S & TOOLS	REFLE	ECTION	REMARKS				
Friday 18/11/2021 0800hrs BT1	КЗ	8.4a Define coefficient of linear expansion, $\alpha,$ area expansion, $\beta$ and volume expansion, $\gamma$				Discussions  Thought Experiments  Activities	ITEM *Appe ndix i ii iii v v	5 5 6 5	All objectives achieved. Students are able to understand the materials of the topic.		

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date:

Endorsed by

MARY GWADOLINE YUSUS

Head of the Physics Unit

Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN								
CODE / COURSE		SP015								
WEEK		16								
CHAPTER		Chapter 9: Kinetic Theory Of Ga	ases And Thermody	ynamics						
MODE		Lectures								
CLO		CLO1: Describe basic concepts	of mechanics, wave	e, matters, heat and the	ermodynamic	S				
SLT		F2F (hour):	1	NF2F (hour):	1					
DAY DATE TIME VENUE	CLASS	LE	T&L STRATEGIE S & TOOLS	REFLE	ECTION	REMARKS				
Friday 25/11/2021 0800hrs BT1	К3	9.1a State the assumptions of kir 9.1b Describe root mean square 9.2a Explain and use translationa 9.2b Define degree of freedom. 9.2c Identify number of degrees polyatomic gas molecules.	Discussions  Thought Experiments  Activities	ITEM *Appe ndix i ii iii v v	SCOR E 6 5 5 5	All objectives achieved. Students are able to understand the materials of the topic.				

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date:

Endorsed by

MARY GWADOLINE YUSUS Head of the Physics Unit

Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN								
CODE / COURSE		SP015								
WEEK		17								
CHAPTER		Chapter 9: Kinetic Theory Of Ga	ses And Thermody	ynamics						
MODE		Lectures								
CLO		CLO1: Describe basic concepts	of mechanics, wave	e, matters, heat and th	ermodynamic	s				
SLT		F2F (hour):	1	NF2F (hour):	1					
DAY DATE TIME VENUE	CLASS	LE		T&L STRATEGIE S & TOOLS	_					
Friday 02/12/2021 0800hrs BT1	КЗ	9.2d State the principle of equipa 9.2e Discuss internal energy of g 9.3a State the First Law of Therr 9.4a Define the following thermo Isobaric and iv. Adiabatic. 9.4b Analyse P-V graph for all the	Discussions  Thought Experiments  Activities	ITEM *Appe ndix i ii iii v	SCOR E 5 6 5 6 5	All objectives achieved. Students are able to understand the materials of the topic.				

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date:

Endorsed by

MARY GWADOLINE YUSUS Head of the Physics Unit

Sarawak Matriculation College