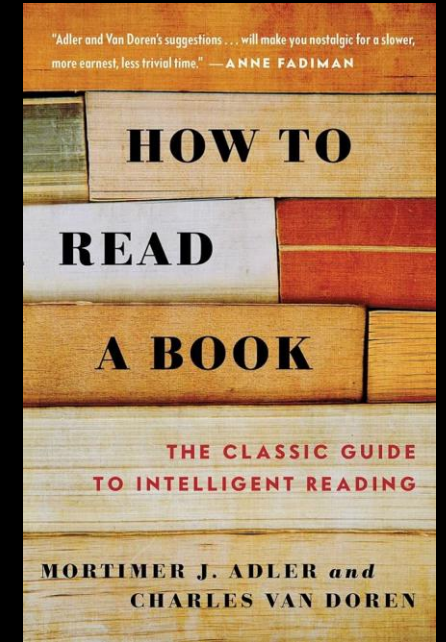




# How to Read a Book by Mortimer J. Adler

Summary of Key Sections  
Shafiq R,  
Sarawak Matriculation College  
August 2024



# Introduction

Elementary reading refers to the **most basic level of reading**, where the primary focus is on understanding the literal meaning of the text.

At this stage, readers learn to grasp the fundamental concepts, vocabulary, and simple structures of written language.

Adler emphasizes that elementary reading is the foundation upon which all other levels of reading are built, as it equips readers with the essential skills needed to decode and comprehend straightforward content before progressing to more advanced analytical and critical reading.

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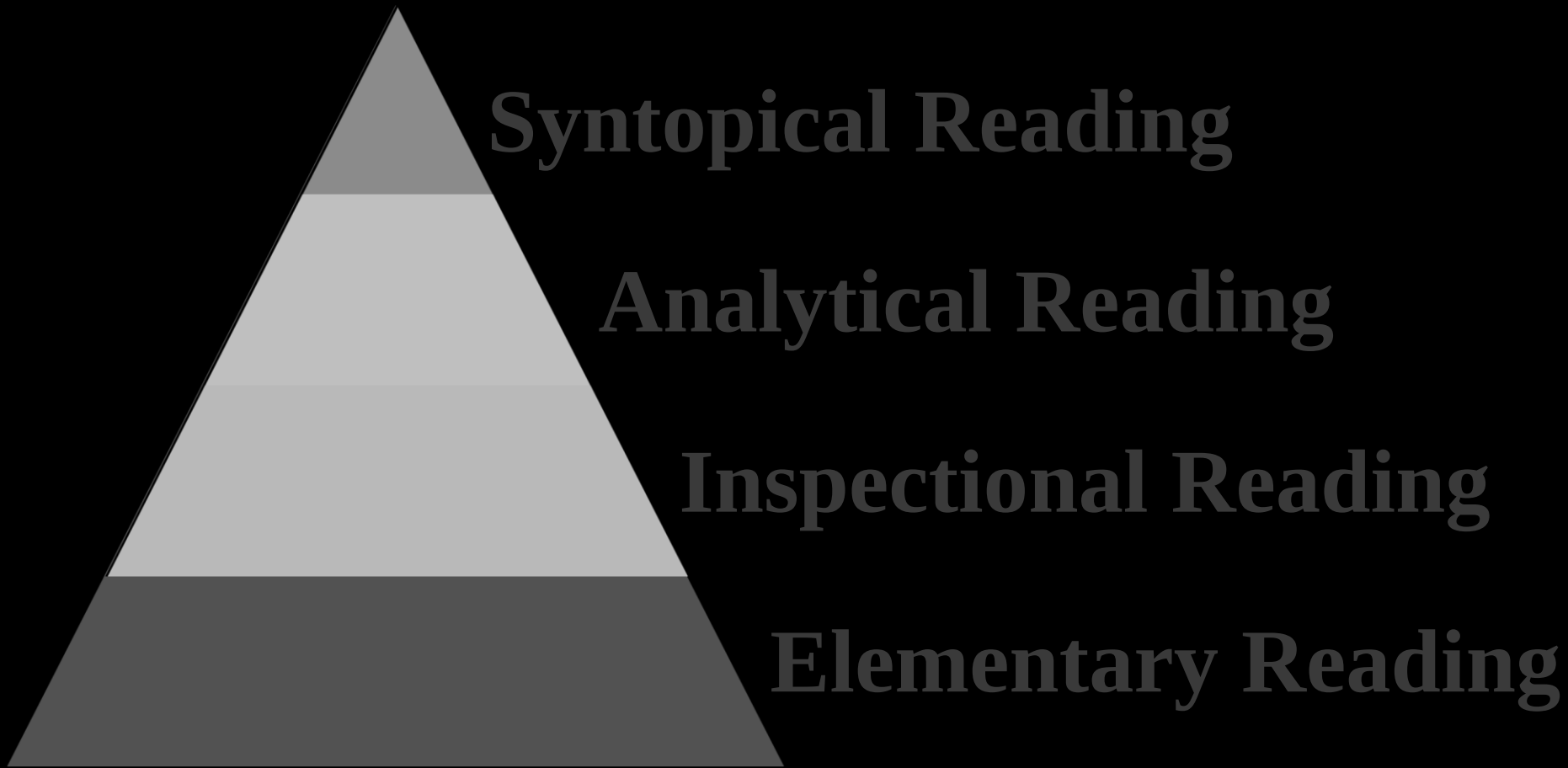
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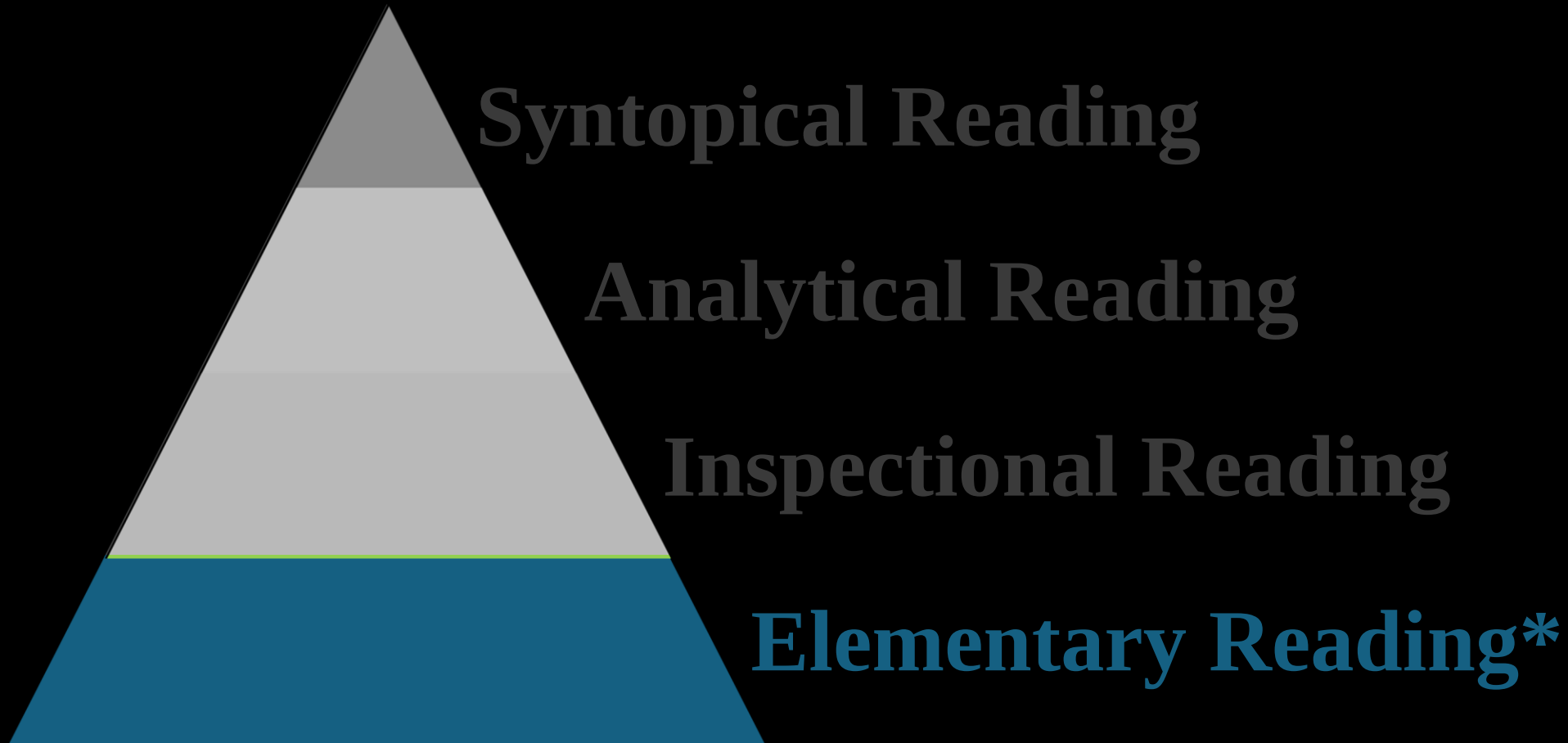
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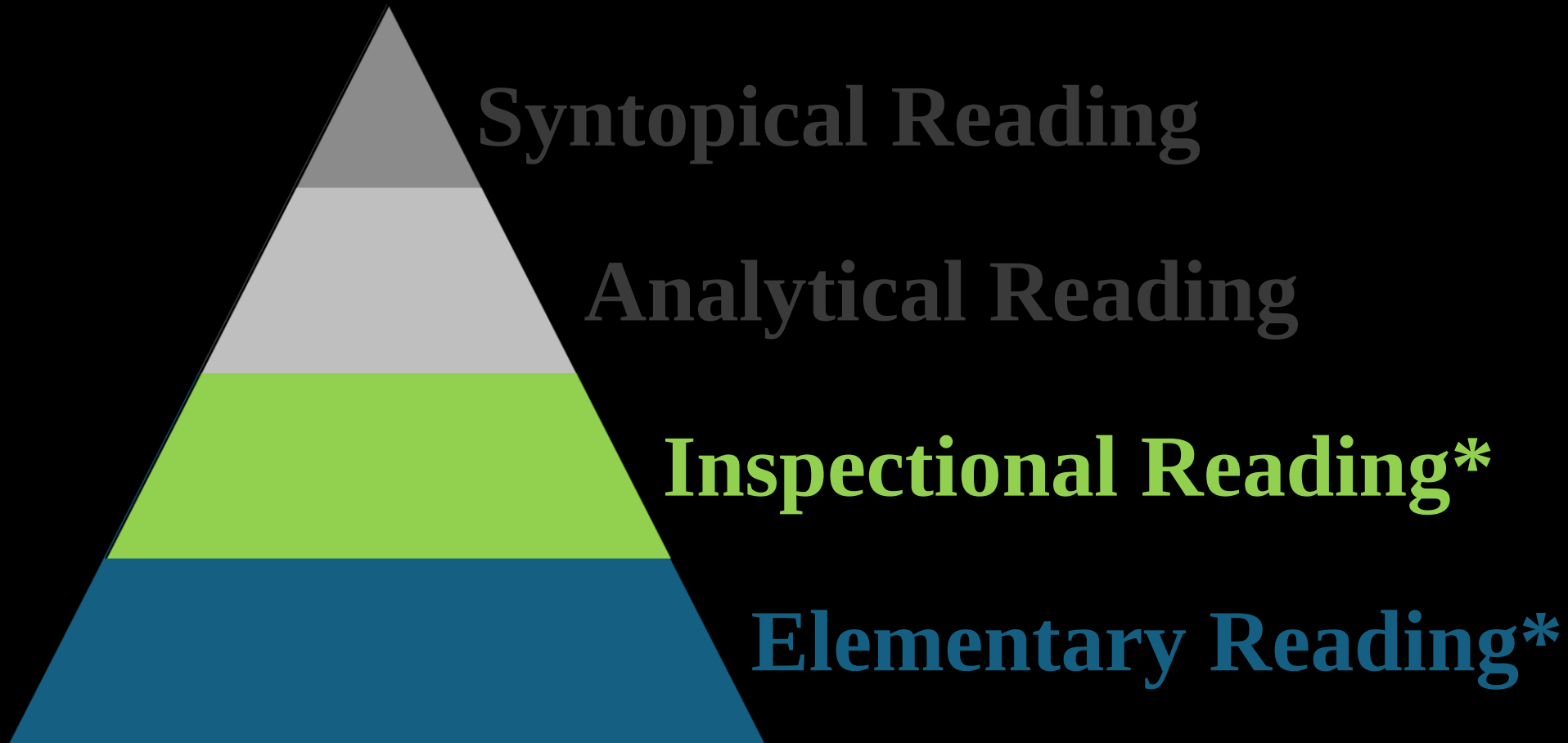
# The Levels of Reading



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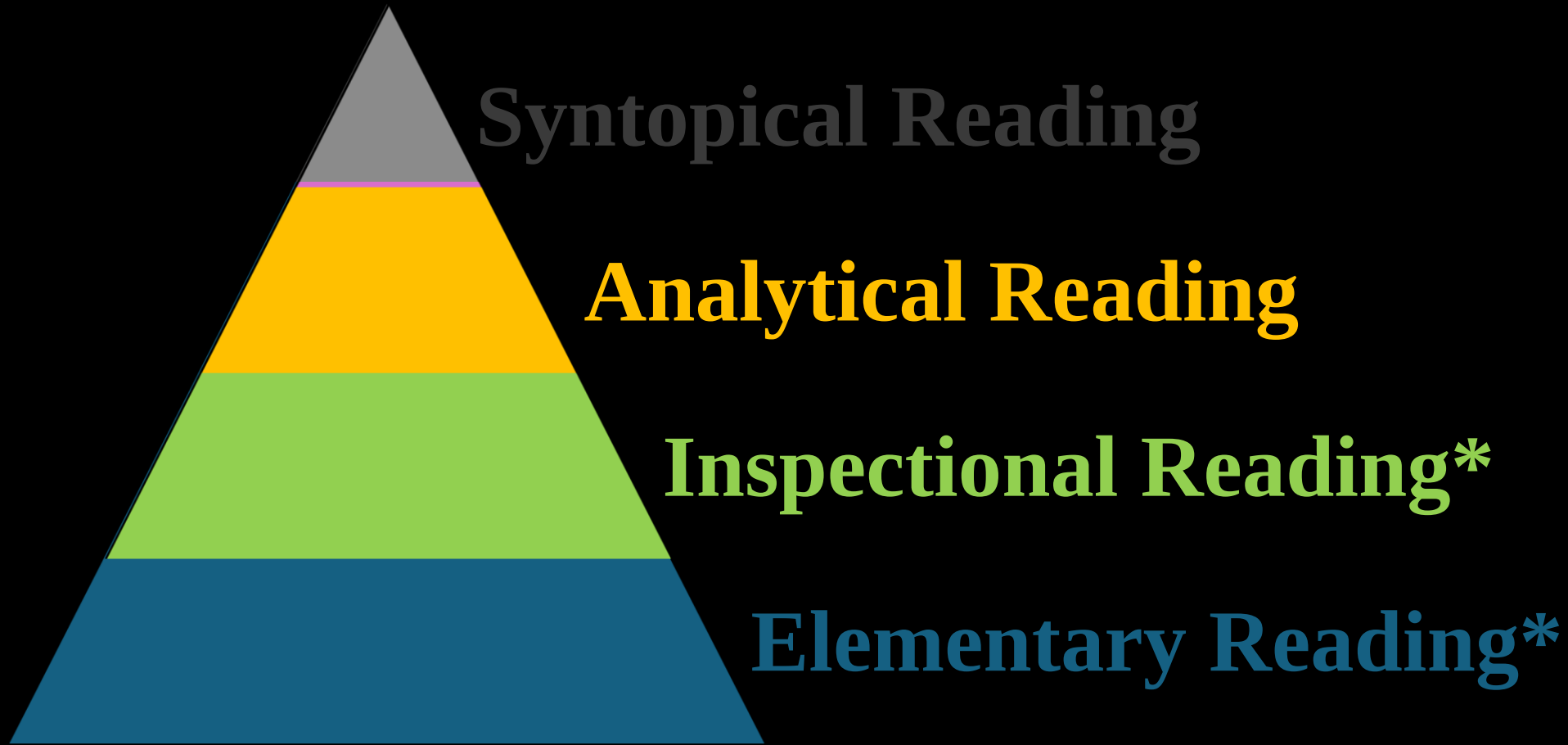


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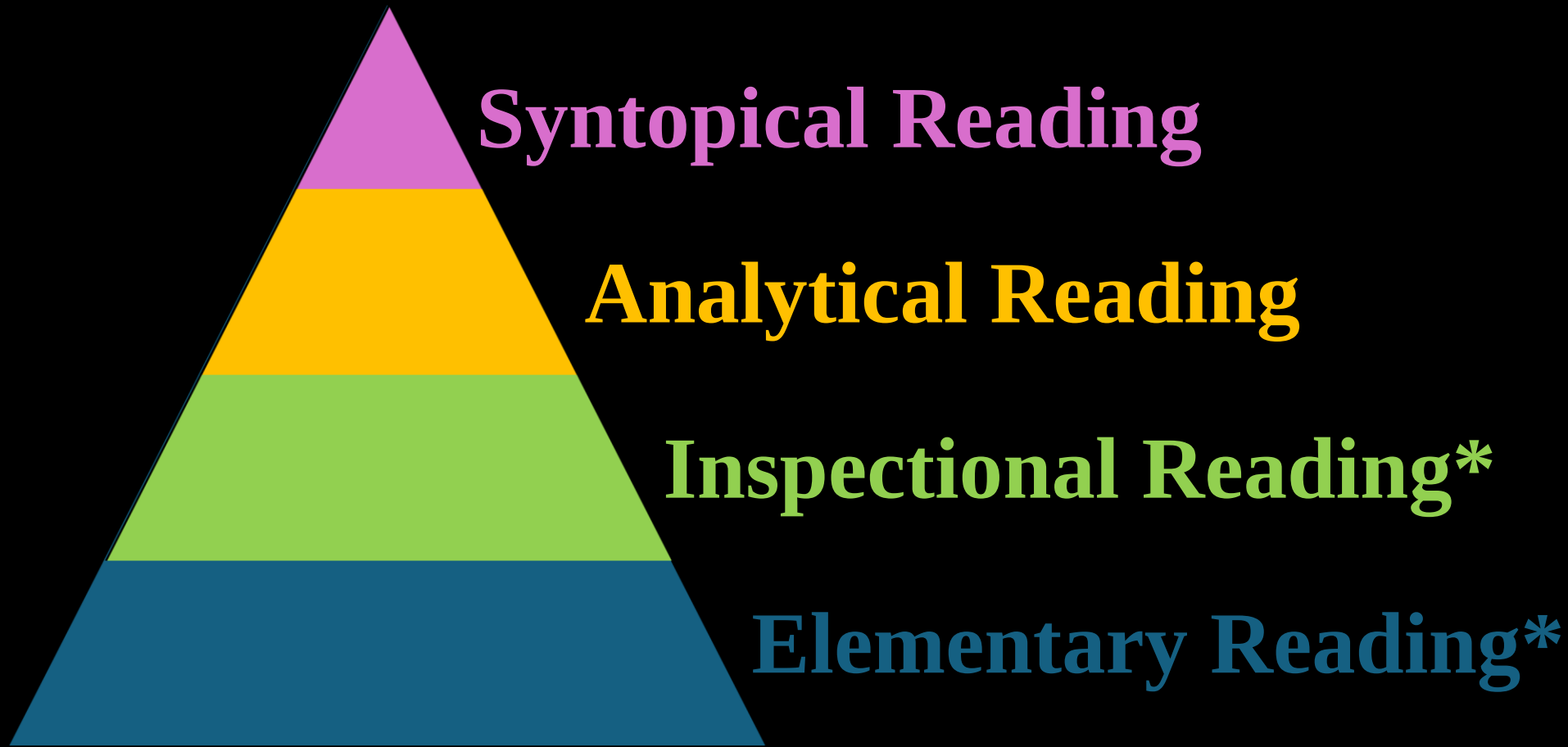




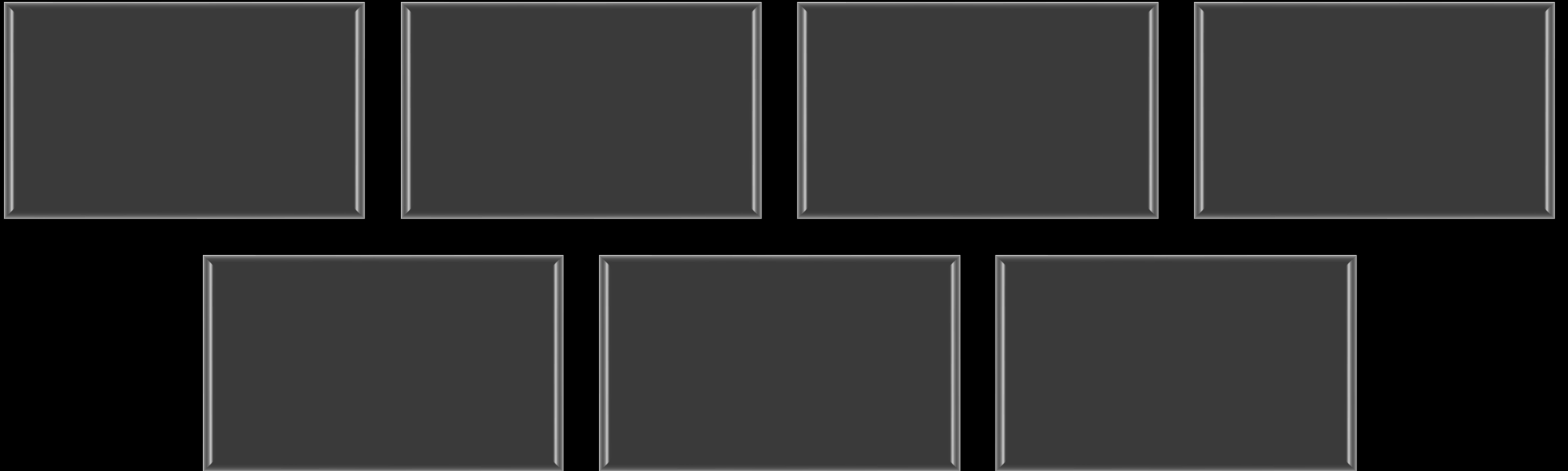
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# Key Components of Elementary Reading



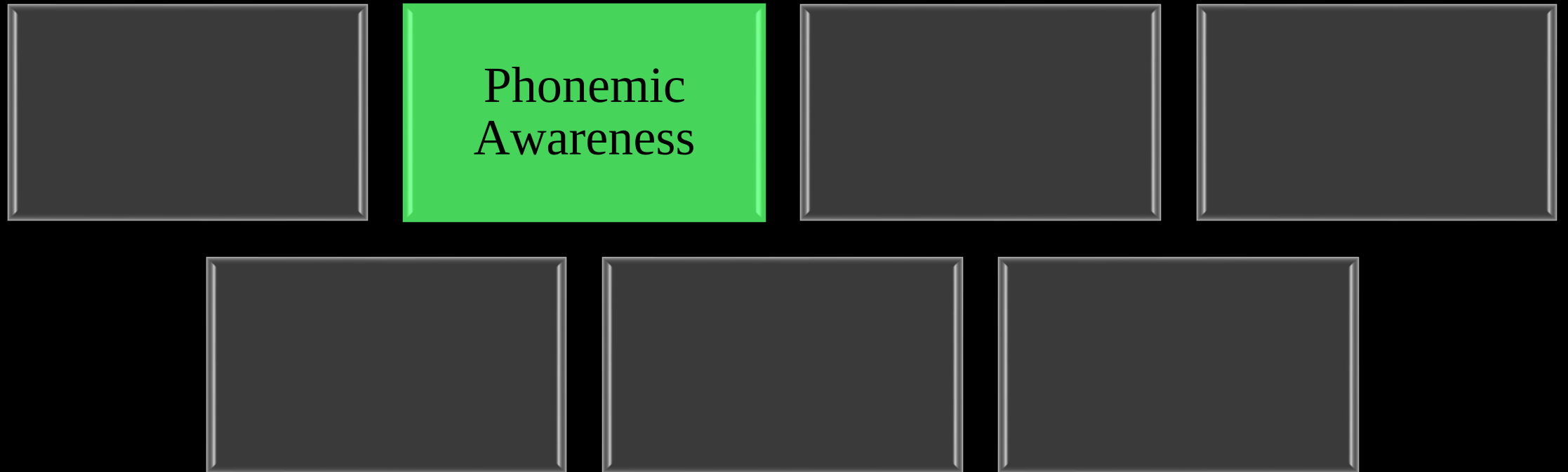
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Letter  
Recognition

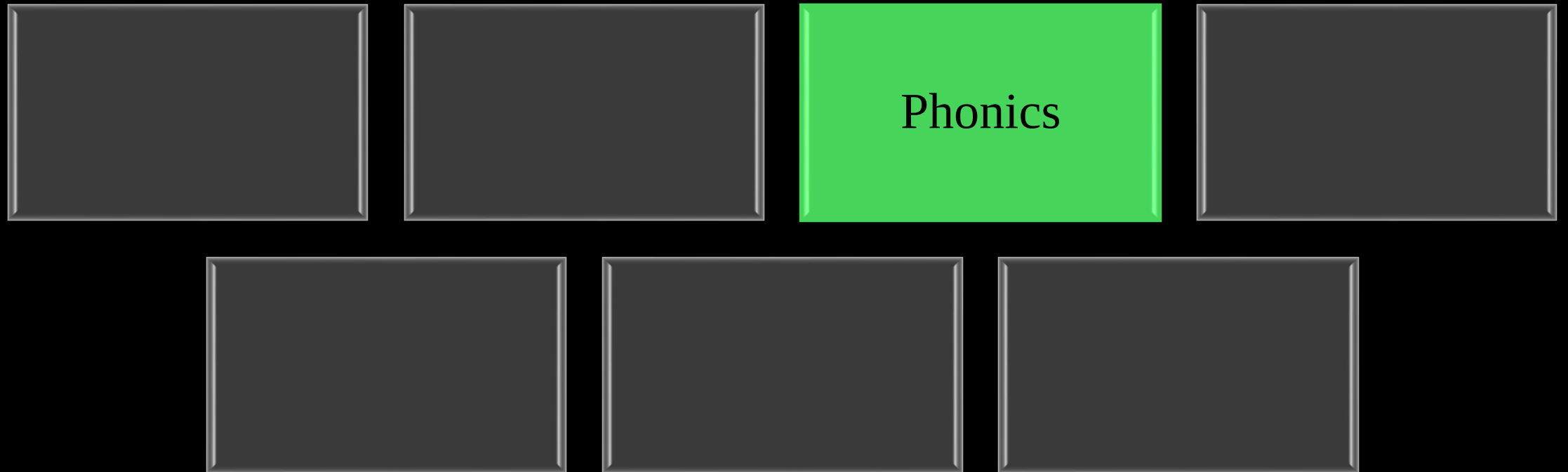


The diagram consists of seven rectangular boxes arranged in two rows. The top row contains four boxes, and the bottom row contains three boxes. The first box in the top row is green and contains the text 'Letter Recognition'. The other six boxes are dark gray and are empty.

# Key Components of Elementary Reading



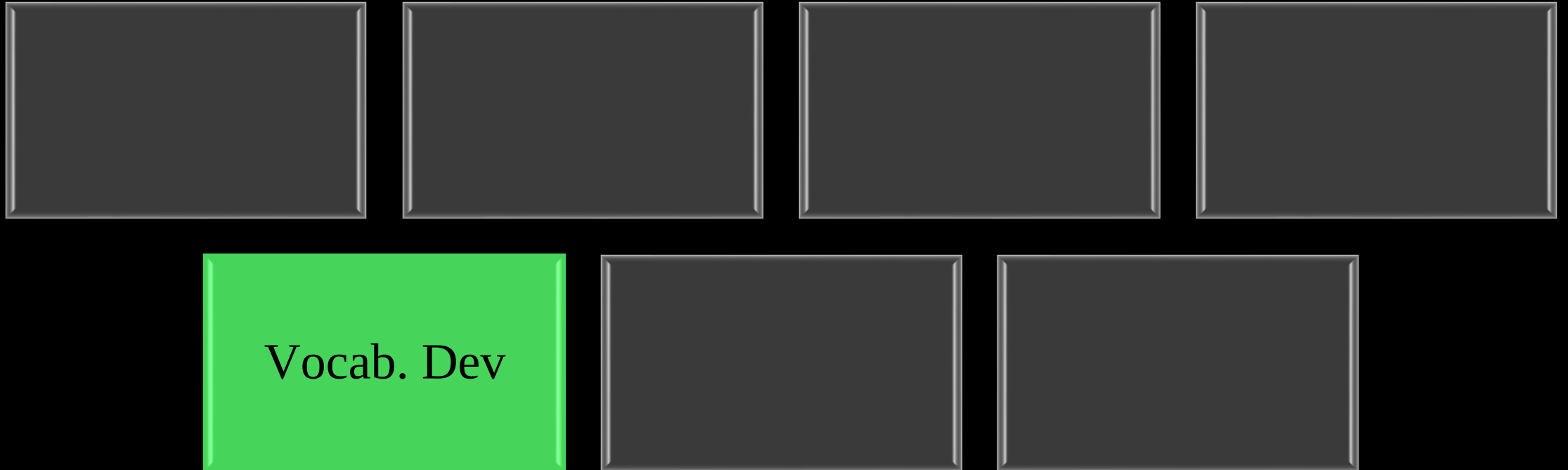
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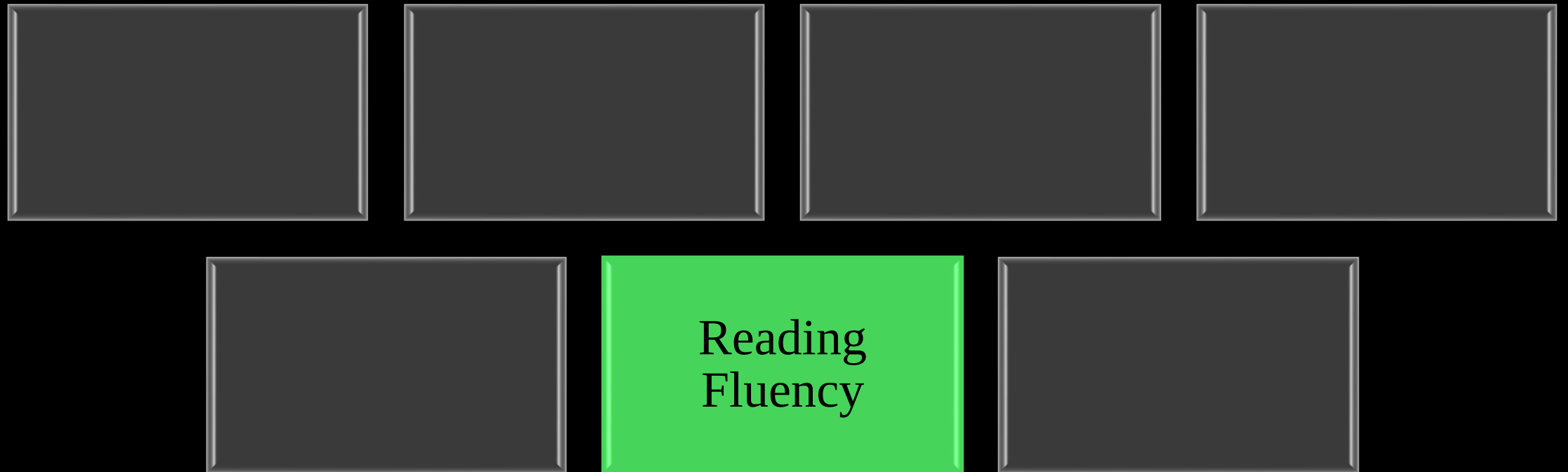


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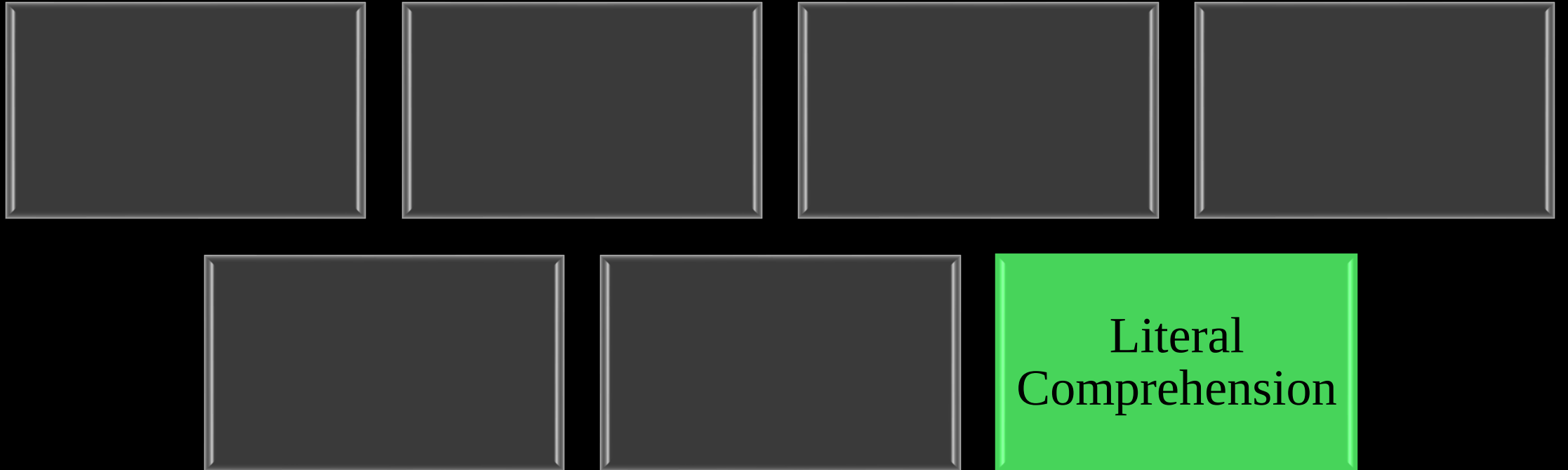




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Letter  
Recognition

Phonemic  
Awareness

Phonics

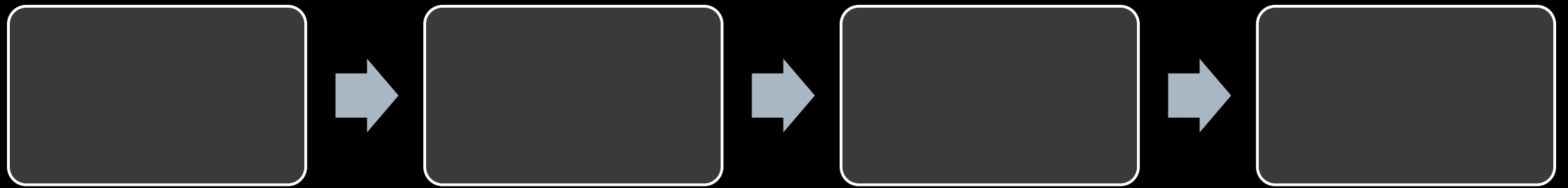
Word  
Recognition

Vocab. Dev

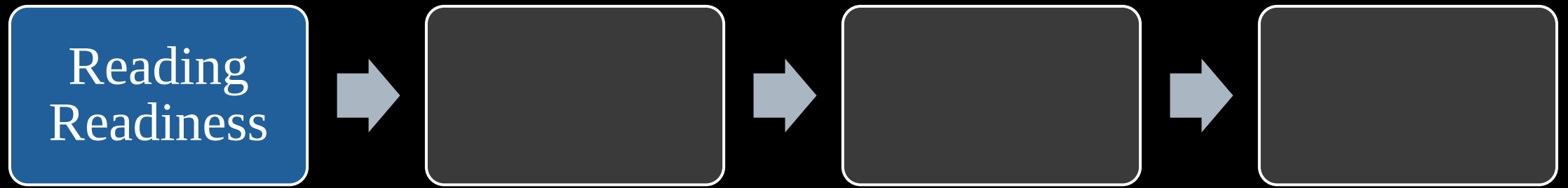
Reading  
Fluency

Literal  
Comprehension

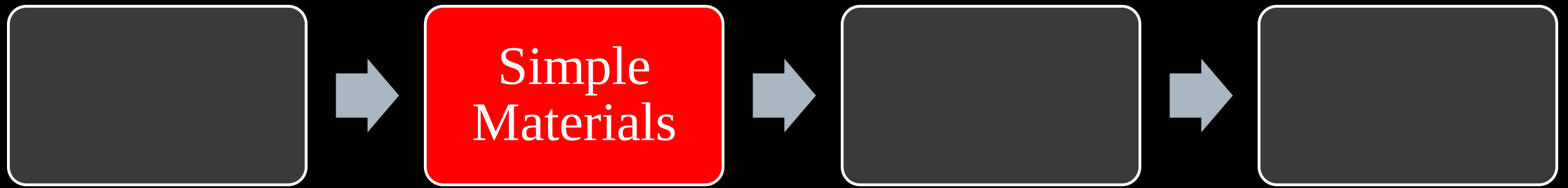
# Stages of Learning to Read



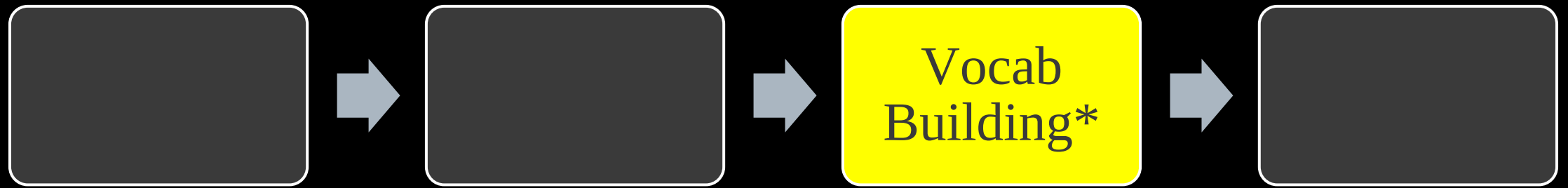
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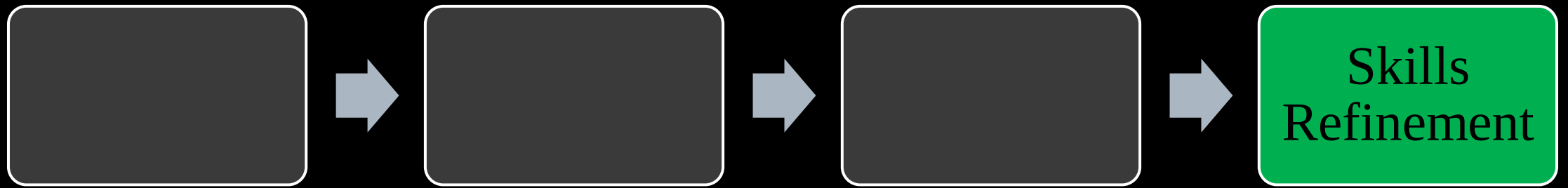


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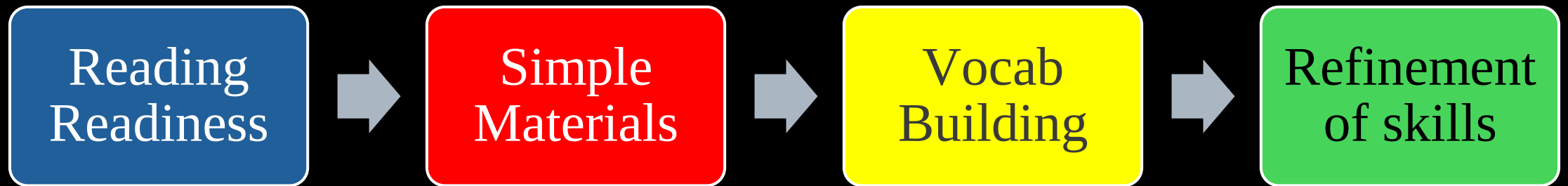
Refer to slide  
on “Stages of  
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# Introduction to Inspectional Reading

Inspectional reading, according to Mortimer Adler in *How to Read a Book*, is a method of quickly gaining an overview of a text.

It involves skimming key sections like the title, table of contents, and introduction, followed by a swift read-through to grasp the main ideas.

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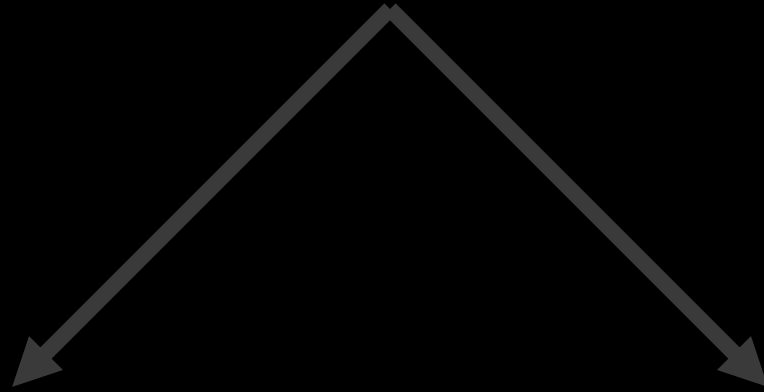
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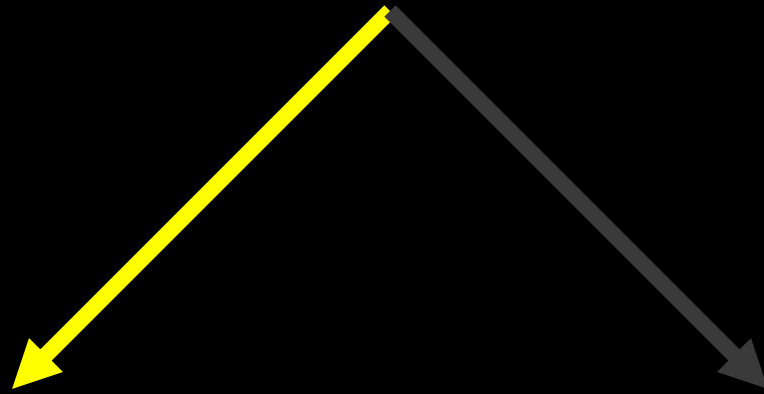
Systematic  
Skimming

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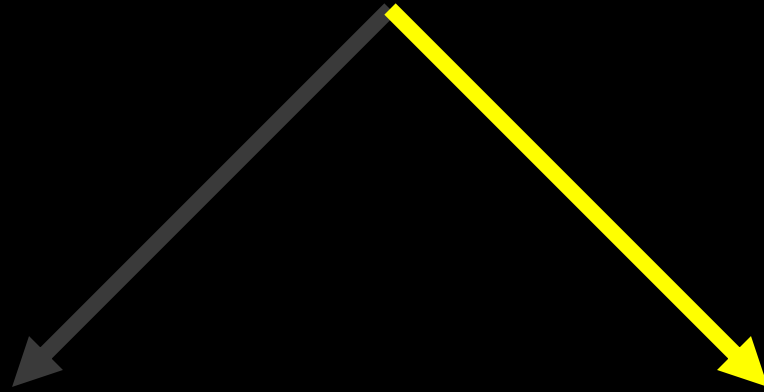




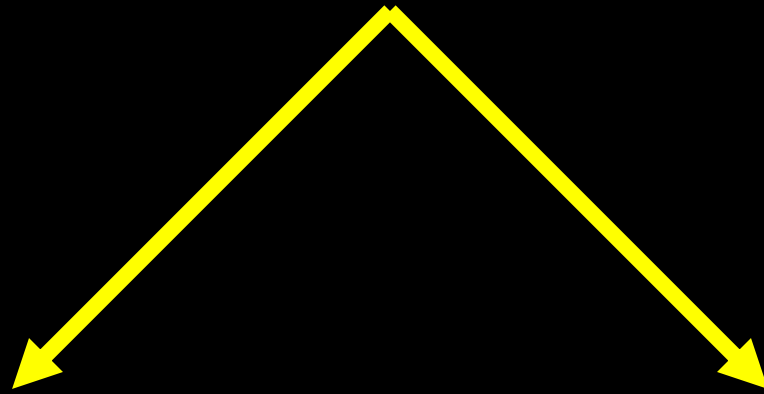
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# Inspectional Reading



Systematic  
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# When to perform inspectional reading?

You don't know if the book is worth spending so much time on. But what if it's a good book?



**SKIM IT**

# Systematic Skimming

## Steps:

1. Read the title and preface
2. Study the table of contents
3. Check the index
4. Read the publisher's blurb
5. Look for pivotal chapters
6. Turn pages and read paragraphs

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## Steps:

1. Read straight through
2. Resist the urge to stop
3. Don't worry about full comprehension
4. Prepare for deeper analysis

## Strategies:

- Set a Time Limit
- Focus on Structure
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Adler argues that true understanding requires careful, thoughtful reading, especially when engaging with complex or challenging texts.

Speed reading techniques might be helpful for simple material or when doing an initial skim, but Adler stresses that deeper, more analytical reading demands a slower pace to fully grasp the ideas and arguments presented.



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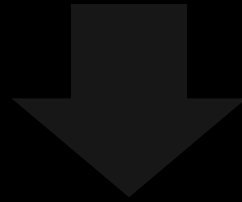
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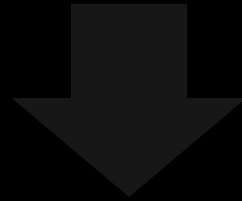
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Weak Readers' eyes tend to go back to previous words/ phrases! Oh nooooo!



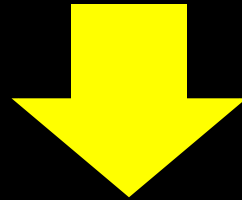
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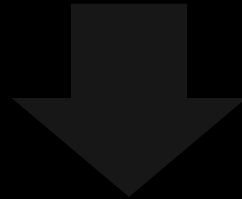
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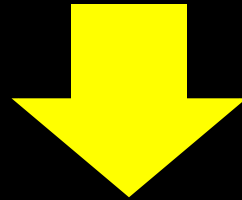
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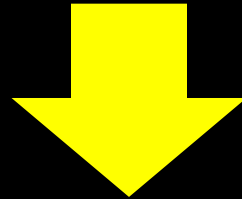
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Use finger to point at words on page!



Problem Solved.

A demanding reader.....



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An active reader is one who consistently ask questions when they read.

What questions to ask?

1. What is the book about as a whole?
2. What is being said in detail, and how?
3. Is the book true, in whole or part?
4. (Significance )What of it?

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- Use vertical lines in the margins
- Star or asterisk in the margin
- Write numbers in the margin
- Write in the margins or at the top/bottom of the page
- Circle or box key words or phrases
- Use the index for personal annotations
- Fold corners of pages

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- Inspectional Note Taking (Structural)
- Conceptual Note Taking (Between author & reader)
- Shape of Discussion (Several Books)



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Thanks (?)