Lectures

LECTURI	ER	SHAFIQ BIN RASULAN	SHAFIQ BIN RASULAN			
CODE / C	OURSE	SP015				
WEEK		1				
CHAPTE	R	Chapter: 1: PHYSICAL QUANTIT	IES AND ME	ASUREMENTS		
MODE		Lecture				
CLO		CLO1: Describe basic concepts of r	nechanics, wa	ve, matters, heat and th	ermodynamics	
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLAS S	LEARNING OUTCOME	T&L STRATE GIES & TOOLS	REFLECTION	REMARKS	
Monday 17/07/202 3 9am-10am BT1	K1	 1.1a Define dimension. 1.2a Define scalar and vector quantities. 1.3a State the significant figures of a given number. 1.3e State the sources of uncertainty in the results of an experiment. 	Discussion Thought Experimen ts	ITEM SCOR *Appe E ndix i ii iii iv v		

Prepared by

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date: 13/07/2023

Endorsed by,

MOHD AIMAN BIN MOHD ADLI

Head of the Physics Unit

Sarawak Matriculation College

LECTURI	ER	SHAFIQ BIN RASULAN			
CODE / COURSE SP015					
WEEK		2			
CHAPTE	R	Chapter: 2: KINEMATICS OF MO	TIONS		
MODE		Lecture			
CLO		CLO1: Describe basic concepts of n	nechanics, wa	ve, matters, heat and th	nermodynamics
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLAS S	LEARNING OUTCOME	T&L STRATE GIES & TOOLS	REFLECTION	REMARKS
Monday 24/07/202 3 9am-10am BT1	K1	2.1a Define instantaneous velocity, average velocity, uniform velocity, instantaneous acceleration, average acceleration and uniform acceleration. 2.1b Interpret the physical meaning of displacement-time, velocity-time and acceleration-time graphs. Refer Equation 1.	Discussion Thought Experimen ts	ITEM SCOR *Appe E ndix i ii iii iv v	

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Date: 20/07/2023

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Head of the Physics Unit

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LECTURI	ER	SHAFIQ BIN RASULAN				
CODE / C	OURSE	OURSE SP015				
WEEK		3				
CHAPTEI	R	Chapter: 2: KINEMATICS OF MO Chapter: 3: DYNAMICS OF LINE				
MODE		Lecture				
CLO		CLO1: Describe basic concepts of n	nechanics, wa	ve, matters, heat and th	ermodynamics	
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLAS S	LEARNING OUTCOME	T&L STRATE GIES & TOOLS	REFLECTION	REMARKS	
Monday 31/07/202 3 9am-10am BT1	K1	2.3a Describe projectile motion launched at an angle, as well as special cases when angle is zero 3.1a Define momentum and impulse, refer equation 2 3.2a State the principle of conservation of linear momentum.	Discussion Thought Experimen ts	ITEM SCOR *Appe E ndix i ii iii iv v		

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Date: 27/07/2023

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Sarawak Matriculation College

LECTURI	ER	SHAFIQ BIN RASULAN				
CODE / C	OURSE SP015					
WEEK		4				
СНАРТЕ	R	Chapter: 3: DYNAMICS OF LINE	AR MOTION			
MODE		Lecture				
CLO		CLO1: Describe basic concepts of n	nechanics, wa	ve, matters, heat and th	ermodynamics	
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLAS S	LEARNING OUTCOME	T&L STRATE GIES & TOOLS	REFLECTION	REMARKS	
Monday 07/08/202 3 9am-10am BT1	K1	3.2c Differentiate elastic and inelastic collisions. (remarks: similarities & differences) 3.3a Identify the forces acting on a body in different situations: i. Weight, W; ii. Tension, T; iii. Normal force, N; iv. Friction, f; and v. External force (pull or push), F. 3.4a State Newton's laws of motion.	Discussion Thought Experimen ts	ITEM SCOR *Appe E ndix i ii iii iv v		

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Date: 03/08/2023

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Sarawak Matriculation College

LECTURER SHAFIQ BIN RASULAN					
CODE / COURSE SP015					
WEEK		5			
СНАРТЕ	2	Chapter: 4: WORK, ENERGY ANI	O POWER		
MODE		Lecture			
CLO		CLO1: Describe basic concepts of n	nechanics, wa	ve, matters, heat and th	ermodynamics
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLAS S	LEARNING OUTCOME	T&L STRATE GIES & TOOLS	REFLECTION	REMARKS
Monday 14/08/202 3 9am-10am BT1	K1	4.1a State the physical meaning of dot (scalar) product for work, refer equation 4. 4.1b Define and apply work done by a constant force. 4.2a Define and use: i. Gravitational potential energy, ii. Elastic potential energy for spring, iii. Kinetic energy. (Refer Equation 5)	Discussion Thought Experimen ts	ITEM SCOR *Appe E ndix i ii iii iv v	

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Date: 10/08/2023

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Sarawak Matriculation College

LECTURI	ER	SHAFIQ BIN RASULAN				
CODE / C	CODE / COURSE SP015					
WEEK		6				
CHAPTER Chapter: 4: WORK, ENERGY AND POWER Chapter: 5: CIRCULAR MOTION						
MODE		Lecture				
CLO		CLO1: Describe basic concepts of n	nechanics, wa	ve, matters, heat and th	ermodynamics	
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLAS S	LEARNING OUTCOME	T&L STRATE GIES & TOOLS	REFLECTION	REMARKS	
Monday 21/08/202 3 9am-10am BT1	K1	 4.2b State the principle of conservation of energy. 4.2d State and apply work-energy theorem (Refer equation 5) 4.3a Define and use average power and instantaneous power (Refer Equation 6) 5.1a Define and use: i. angular displacement, θ ii. period, T iii. frequency, f iv. angular velocity, ω 5.2a Describe uniform circular motion. 	Discussion Thought Experimen ts	ITEM SCOR *Appe E ndix i ii iii v v		

Prepared by,

SHAFIQ BIN RASULAN

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Date: 17/08/2023

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Sarawak Matriculation College

		T			
LECTURER SHAFIQ BIN RASULAN					
CODE / COURSE SP015					
WEEK		7			
CHAPTER Chapter: 5: CIRCULAR MOTION Chapter: 6: ROTATION OF RIGID BODY					
MODE		Lecture			
CLO		CLO1: Describe basic concepts of r	nechanics, wa	ve, matters, heat and th	nermodynamics
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLAS S	LEARNING OUTCOME	T&L STRATE GIES & TOOLS	REFLECTION	REMARKS
Monday 28/08/202 3 9am-10am BT1	K1	5.3a Explain centripetal acceleration and centripetal force (Refer equation 7) 6.1a Define and use: iangular displacement, θ ; ii. average angular velocity, ω av, iii. instantaneous angular velocity, ω ; iv. average angular acceleration, α av; and v. instantaneous angular acceleration, α . 6.2a State the physical meaning of cross (vector) product for torque (Refer equation 9) 6.2b Define and apply torque. 6.2c State conditions for equilibrium of rigid body, $\Sigma F = 0$, $\Sigma \tau = 0$	Discussion Thought Experimen ts	ITEM SCOR *Appe E ndix i ii iii v v	

Prepared by,

SHAFIQ BIN RASULAN

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Date: 24/08/2023

Endorsed by,

MOHD AIMAN BIN MOHD ADLI

Head of the Physics Unit

Sarawak Matriculation College

Date: 25/08/2023

LECTURI	ER	SHAFIQ BIN RASULAN				
CODE / C	OURSE	URSE SP015				
WEEK		8				
СНАРТЕ	R	Chapter: 6: ROTATION OF RIGID	BODY			
MODE		Lecture				
CLO		CLO1: Describe basic concepts of r	nechanics, wa	ve, matters, heat and th	ermodynamics	
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLAS S	LEARNING OUTCOME	T&L STRATE GIES & TOOLS	REFLECTION	REMARKS	
Monday 04/09/202 3 9am-10am BT1	K1	6.3a Define and use moment of inertia (Refer equation 10) 6.3d State and use net torque (Refer equation 10) 6.4a Explain and use angular momentum (Refer equation 11) 6.4b State and use principle of conservation of angular momentum.	Discussion Thought Experimen ts	ITEM SCOR *Appe E ndix i ii iii iv v		

Prepared by

SHAFIQ BIN RASULAN

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Date: 31/08/2023

Endorsed by,

MOHD AIMAN BIN MOHD ADLI

Head of the Physics Unit

Sarawak Matriculation College

Date: 01/09/2023

LECTURI	ECTURER SHAFIQ BIN RASULAN				
CODE / C	CODE / COURSE SP015				
WEEK	WEEK 9				
СНАРТЕ	R	Chapter: 7: OSCILLATIONS AND	WAVES		
MODE		Lecture			
CLO		CLO1: Describe basic concepts of n	nechanics, wa	ve, matters, heat and th	ermodynamics
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLAS S	LEARNING OUTCOME	T&L STRATE GIES & TOOLS	REFLECTION	REMARKS
Monday 18/09/202 3 9am-10am BT1	K1	7.1a Explain SHM. 7.1d Emphasise the relationship between total SHM energy and amplitude.	Discussion Thought Experimen ts	ITEM SCOR *Appe E ndix i ii iii iv v	

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Date: 14/09/2023

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Head of the Physics Unit

Sarawak Matriculation College

Date: 15/09/2023

LECTURER SHAFIQ BIN RASULAN					
CODE / COURSE SP015					
WEEK		10			
CHAPTEI	2	Chapter: 7: OSCILLATIONS AND	WAVES		
MODE		Lecture			
CLO		CLO1: Describe basic concepts of n	nechanics, wa	ve, matters, heat and th	ermodynamics
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLAS S	LEARNING OUTCOME	T&L STRATE GIES & TOOLS	REFLECTION	REMARKS
Monday 25/09/202 3 9am-10am BT1	K1	7.4a Define wavelength. 7.4b Define and use wave number (Refer equation 14) 7.4d Distinguish between particle vibrational velocity and wave propagation velocity.	Discussion Thought Experimen ts	ITEM SCOR *Appe E ndix i ii iii iv v	

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Date: 21/09/2023

Endorsed by,

MOHD AIMÁN BIN MOHD ADLI

Head of the Physics Unit

Sarawak Matriculation College

Date: 22/09/2023

LECTURI	ER	SHAFIQ BIN RASULAN				
CODE / C	OURSE	RSE SP015				
WEEK		11				
CHAPTEI	2	Chapter: 7: OSCILLATIONS AND	WAVES			
MODE		Lecture				
CLO		CLO1: Describe basic concepts of r	nechanics, wa	ve, matters, heat and th	ermodynamics	
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLAS S	LEARNING OUTCOME	T&L STRATE GIES & TOOLS	REFLECTION	REMARKS	
Monday 02/10/202 3 9am-10am BT1	K1	7.5a State the principle of superposition of waves for the constructive and destructive interferences. 7.5c Compare between progressive waves and standing waves.	Discussion Thought Experimen ts	ITEM SCOR *Appe E ndix i ii iii iv v		

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Date: 28/09/2023

Endorsed by,

MOHD AIMÁN BIN MOHD ADLI

Head of the Physics Unit

Sarawak Matriculation College

Date: 29/09/2023

LECTUR	ER	SHAFIQ BIN RASULAN			
CODE / C	OURSE	E SP015			
WEEK		12			
CHAPTER Chapter: 7: OSCILLATIONS AND WAVES Chapter: 8: PHYSICS OF MATTER					
MODE		Lecture			
CLO		CLO1: Describe basic concepts of r	nechanics, wa	ve, matters, heat and th	ermodynamics
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLAS S	LEARNING OUTCOME	T&L STRATE GIES & TOOLS	REFLECTION	REMARKS
Monday 09/10/202 3 9am-10am BT1	K1	7.7a State Doppler Effect for sound waves. 8.1c Explain elastic and plastic deformations.	Discussion Thought Experimen ts	ITEM SCOR *Appe E ndix i ii iii iv v	

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date: 05/10/2023

Endorsed by,

MOHD AIMAN BIN MOHD ADLI

Head of the Physics Unit

Sarawak Matriculation College

Date: 06/10/2023

LECTURI	ER	SHAFIQ BIN RASULAN				
CODE / C	OURSE	SP015				
WEEK		13				
СНАРТЕ	2	Chapter: 8: PHYSICS OF MATTER	3			
MODE		Lecture				
CLO		CLO1: Describe basic concepts of n	nechanics, wa	ve, matters, heat and th	ermodynamics	
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLAS S	LEARNING OUTCOME	T&L STRATE GIES & TOOLS	REFLECTION	REMARKS	
Monday 16/10/202 3 9am-10am BT1	K1	8.2a Define and use Young's Modulus (Refer equation 19)	Discussion Thought Experimen ts	ITEM SCOR *Appe E ndix i ii iii iv v		

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SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date: 12/10/2023

Endorsed by,

MOHD AIMÁN BIN MOHD ADLI

Head of the Physics Unit

Sarawak Matriculation College

Date: 13/10/2023

LECTURI	ER	SHAFIQ BIN RASULAN	SHAFIQ BIN RASULAN				
CODE / C	OURSE	SP015					
WEEK		14					
СНАРТЕ	R	Chapter: 8: PHYSICS OF MATTER	R				
MODE		Lecture					
CLO		CLO1: Describe basic concepts of n	nechanics, wa	ve, matters, heat and th	ermodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1		
DAY DATE TIME VENUE	CLAS S	LEARNING OUTCOME	T&L STRATE GIES & TOOLS	REFLECTION	REMARKS		
Monday 23/10/202 3 9am-10am BT1	K1	8.3a Define heat conduction.	Discussion Thought Experimen ts	ITEM SCOR *Appe E ndix i ii iii iv v			

Prepared by

SHAFIQ BIN RASULAN

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Date: 19/10/2023

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Head of the Physics Unit

Sarawak Matriculation College

Date: 20/10/2023

LECTURI	ER	SHAFIQ BIN RASULAN				
CODE / C	OURSE	SP015				
WEEK		15				
CHAPTE	R	Chapter: 8: PHYSICS OF MATTER	R			
MODE		Lecture				
CLO		CLO1: Describe basic concepts of n	nechanics, wa	ve, matters, heat and th	ermodynamics	
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLAS S	LEARNING OUTCOME	T&L STRATE GIES & TOOLS	REFLECTION	REMARKS	
Monday 30/10/202 3 9am-10am BT1	K1	8.4a Define coefficient of linear expansion, α , area expansion, β and volume expansion, γ	Discussion Thought Experimen ts	ITEM SCOR *Appe E ndix i ii iii v v		

Prepared by

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date: 26/10/2023

Endorsed by,

MOHD AIMÁN BIN MOHD ADLI

Head of the Physics Unit

Sarawak Matriculation College

Date: 27/10/2023

LECTURI	ER	SHAFIQ BIN RASULAN					
CODE / C	OURSE	URSE SP015					
WEEK		16					
CHAPTE	R	Chapter: 9: KINETIC THEORY OF	GASES ANI	O THERMODYNAMI	CS		
MODE		Lecture					
CLO		CLO1: Describe basic concepts of n	nechanics, wa	ve, matters, heat and th	nermodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1		
DAY DATE TIME VENUE	CLAS S	LEARNING OUTCOME	T&L STRATE GIES & TOOLS	REFLECTION	REMARKS		
Monday 06/11/202 3 9am-10am BT1	K1	9.1a State the assumptions of kinetic theory of gases. 9.1b Describe root mean square (rms) speed of gas molecules (Refer equation 22) 9.2a Explain and use translational kinetic energy of a molecule (Refer equation 23)	Discussion Thought Experimen ts	ITEM SCOR *Appe E ndix i ii iii iv v			

Prepared by

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date: 02/11/2023

Endorsed by,

MOHD AIMÁN BIN MOHD ADLI

Head of the Physics Unit

Sarawak Matriculation College

Date: 03/11/2023

LECTURI	ER	SHAFIQ BIN RASULAN	SHAFIQ BIN RASULAN				
CODE / C	OURSE	SP015					
WEEK		17					
CHAPTE	2	Chapter: 9: KINETIC THEORY OF	GASES ANI	O THERMODYNAMI	CS		
MODE		Lecture					
CLO		CLO1: Describe basic concepts of n	nechanics, wa	ve, matters, heat and th	ermodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1		
DAY DATE TIME VENUE	CLAS S	LEARNING OUTCOME	T&L STRATE GIES & TOOLS	REFLECTION	REMARKS		
Monday 13/11/202 3 9am-10am BT1	K1	9.2b Define degree of freedom. 9.2c Identify number of degrees of freedom, ffor monoatomic, diatomic and polyatomic gas molecules. 9.2d State the principle of equipartition of energy. 9.2e Discuss internal energy of gas.	Discussion Thought Experimen ts	ITEM SCOR *Appe E ndix i ii iii iv v			

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Date: 09/11/2023

Endorsed by,

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Head of the Physics Unit

Sarawak Matriculation College

Date: 10/11/2023

LECTURI	ER	SHAFIQ BIN RASULAN				
CODE / C	OURSE	SP015				
WEEK		18				
СНАРТЕ	2	Chapter: 9: KINETIC THEORY OF	GASES ANI	O THERMODYNAMI	CS	
MODE		Lecture				
CLO		CLO1: Describe basic concepts of n	nechanics, wa	ve, matters, heat and th	ermodynamics	
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLAS S	LEARNING OUTCOME	T&L STRATE GIES & TOOLS	REFLECTION	REMARKS	
Monday 20/11/202 3 9am-10am BT1	K1	9.3a State the First Law of Thermodynamics (Refer equation 24) 9.4a Define the following thermodynamic processes: i. Isothermal; ii. Isochoric; iii. Isobaric and iv. Adiabatic. 9.4b Analyse P-V graph for all the thermodynamic processes.	Discussion Thought Experimen ts	ITEM SCOR *Appe E ndix i ii iii iv v		

Prepared by,

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Date: 16/11/2023

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Head of the Physics Unit

Sarawak Matriculation College

Date: 17/11/2023

Tutorials

KOLEJ MATRIKULASI SARAWAK

LESSON PLAN SEMESTER I SESSION 2023/2024

LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		1			
CHAPTER		Chapter: 1: PHYSICAL QUANTITIES AND MEASUREMENTS			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and therm	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Tuesday); K1T2A(Tuesday); K1T2B(Tuesday) K1T1(18/07/2023); K1T2A(18/07/2023); K1T2B(18/07/2023) K1T1(9am - 10am); K1T2A(3pm - 4pm); K1T2B(10am - 11am) K1T1(BT3); K1T2A(BT1); K1T2B(MF)	K1	1.1a) Define dimension.1.1b) Determine the dimensions of derived quantities.1.1c) Verify the homogeneity of equations using dimensional analysis.	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Date: 13/07/2023

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LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		1			
CHAPTER		Chapter: 1: PHYSICAL QUANTITIES AND MEASUREMENTS			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Thursday); K1T2A(Wednesday); K1T2B(Wednesday) K1T1(20/07/2023); K1T2A(19/07/2023); K1T2B(19/07/2023) K1T1(10am -11am); K1T2A(2pm - 3pm); K1T2B(9am - 10am) K1T1(DK1); K1T2A(BT3); K1T2B(BT3)	K1	1.2a) Define scalar and vector quantities.1.2b) Resolve vector into two perpendicular components (x and y axes).1.2c) Determine resultant of vectors. (remarks: limit to three vectors only).	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Date: 13/07/2023

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LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		1				
CHAPTER		Chapter: 1: PHYSICAL QUANTITIES AND MEASUREMENTS				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics			
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Friday); K1T2A(Friday); K1T2B(Thursday) K1T1(21/07/2023); K1T2A(21/07/2023); K1T2B(20/07/2023) K1T1(11am - 12pm); K1T2A(10am - 11am); K1T2B(12pm-1pm) K1T1(DK2); K1T2A(MF); K1T2B(BT1)	K1	 1.3a) State the significant figures of a given number. 1.3b) Use the rules for stating the significant figures at the end of a calculation (addition, subtraction, multiplication or division). 1.3c) Determine the uncertainty for average value and derived quantities. 1.3d) Calculate basic combination (propagation) of uncertainties. 1.3e) State the sources of uncertainty in the results of an experiment. 1.3f) Draw a linear graph and determine its gradient, y-intercept and its respective uncertainties. (remarks: using Least Square Method LSM to determine uncertainties) 1.3g) Measure and determine the uncertainty of physical quantities. (Experiment 1: Measurement and uncertainty) 	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

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Date: 13/07/2023

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Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		2				
CHAPTER		Chapter: 2: KINEMATICS OF MOTIONS				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and therm	nodynamics			
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Tuesday); K1T2A(Tuesday); K1T2B(Tuesday) K1T1(25/07/2023); K1T2A(25/07/2023); K1T2B(25/07/2023) K1T1(9am - 10am); K1T2A(3pm - 4pm); K1T2B(10am - 11am) K1T1(BT3); K1T2A(BT1); K1T2B(MF)	K1	 2.1a) Define instantaneous velocity, average velocity, uniform velocity, instantaneous acceleration, average acceleration and uniform acceleration. 2.1b) Interpret the physical meaning of displacement-time, velocity-time and acceleration-time graphs. 2.1c) Determine the distance travelled, displacement, velocity and acceleration from appropriate graphs. 	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

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Date: 20/07/2023

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Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN					
CODE / COURSE		SP015	SP015				
WEEK		2					
CHAPTER		Chapter: 2: KINEMATICS OF MOTIONS					
MODE		Tutorial					
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and thern	nodynamics				
SLT		F2F (hour):	1	NF2F (hour):	1		
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS		
K1T1(Thursday); K1T2A(Wednesday); K1T2B(Wednesday) K1T1(27/07/2023); K1T2A(26/07/2023); K1T2B(26/07/2023) K1T1(10am -11am); K1T2A(2pm - 3pm); K1T2B(9am - 10am) K1T1(DK1); K1T2A(BT3); K1T2B(BT3)	K1	2.2a) Derive and apply equations of motion with uniform acceleration (Refer equation 1)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v			

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date: 20/07/2023

Endorsed by,

MOHD AIMAN BIN MOHD ADLI

Head of the Physics Unit

Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		2				
CHAPTER		Chapter: 2: KINEMATICS OF MOTIONS				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics			
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Friday); K1T2A(Friday); K1T2B(Thursday) K1T1(28/07/2023); K1T2A(28/07/2023); K1T2B(27/07/2023) K1T1(11am - 12pm); K1T2A(10am - 11am); K1T2B(12pm-1pm) K1T1(DK2); K1T2A(MF); K1T2B(BT1)	K1	2.2a) Derive and apply equations of motion with uniform acceleration (Refer equation 1)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

Prepared by,

SHAFIQ BIN RASULAN

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Date: 20/07/2023

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Head of the Physics Unit

Sarawak Matriculation College

LECTURER SHAFIQ BIN RASULAN					
CODE / COURSE SP015					
WEEK		3			
CHAPTER		Chapter: 2: KINEMATICS OF MOTIONS			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Tuesday); K1T2A(Tuesday); K1T2B(Tuesday) K1T1(01/08/2023); K1T2A(01/08/2023); K1T2B(01/08/2023) K1T1(9am - 10am); K1T2A(3pm - 4pm); K1T2B(10am - 11am) K1T1(BT3); K1T2A(BT1); K1T2B(MF)	K1	2.2a) Derive and apply equations of motion with uniform acceleration (Refer equation 1)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Sarawak Matriculation College

LECTURER SHAFIQ BIN RASULAN					
CODE / COURSE SP015					
WEEK		3			
CHAPTER		Chapter: 2: KINEMATICS OF MOTIONS			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and therm	nodynamics		
SLT		F2F (hour):	1	NF2F (hour): 1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Thursday); K1T2A(Wednesday); K1T2B(Wednesday) K1T1(03/08/2023); K1T2A(02/08/2023); K1T2B(02/08/2023) K1T1(10am -11am); K1T2A(2pm - 3pm); K1T2B(9am - 10am) K1T1(DK1); K1T2A(BT3); K1T2B(BT3)	K1	2.3a) Describe projectile motion launched at an angle, O as well as special cases when 0=0° 2.3b) Solve problems related to projectile motion. 2.3c) Determine the acceleration due to gravity, g using free fall and projectile motion. (Experiment 2: Free fall and projectile motion)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii v v	

Prepared by,

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Date: 27/07/2023

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Sarawak Matriculation College

LECTURER	ECTURER SHAFIQ BIN RASULAN				
CODE / COURSE SP015					
WEEK		3			
CHAPTER		Chapter: 2: KINEMATICS OF MOTIONS			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Friday); K1T2A(Friday); K1T2B(Thursday) K1T1(04/08/2023); K1T2A(04/08/2023); K1T2B(03/08/2023) K1T1(11am - 12pm); K1T2A(10am - 11am); K1T2B(12pm-1pm) K1T1(DK2); K1T2A(MF); K1T2B(BT1)	K1	 2.3a) Describe projectile motion launched at an angle, O as well as special cases when 0=0° 2.3b) Solve problems related to projectile motion. 2.3c) Determine the acceleration due to gravity, g using free fall and projectile motion. (Experiment 2: Free fall and projectile motion) 	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Sarawak Matriculation College

LECTURER	JRER SHAFIQ BIN RASULAN				
CODE / COURSE SP015					
WEEK		4			
CHAPTER		Chapter: 3: DYNAMICS OF LINEAR MOTION			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Tuesday); K1T2A(Tuesday); K1T2B(Tuesday) K1T1(08/08/2023); K1T2A(08/08/2023); K1T2B(08/08/2023) K1T1(9am - 10am); K1T2A(3pm - 4pm); K1T2B(10am - 11am) K1T1(BT3); K1T2A(BT1); K1T2B(MF)	K1	3.1a) Define momentum and impulse (Refer Equation 2) 3.1b) Solve 1D problems related to impulse and impulse-momentum theorem (Refer Equation 2)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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LECTURER	ER SHAFIQ BIN RASULAN				
CODE / COURSE SP015					
WEEK		4			
CHAPTER		Chapter: 3: DYNAMICS OF LINEAR MOTION			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and there	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Thursday); K1T2A(Wednesday); K1T2B(Wednesday) K1T1(10/08/2023); K1T2A(09/08/2023); K1T2B(09/08/2023) K1T1(10am -11am); K1T2A(2pm - 3pm); K1T2B(9am - 10am) K1T1(DK1); K1T2A(BT3); K1T2B(BT3)	K1	3.1c) Use F-t graph to determine impulse.	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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LECTURER SHAFIQ BIN RASULAN					
CODE / COURSE SP015					
WEEK		4			
CHAPTER		Chapter: 3: DYNAMICS OF LINEAR MOTION			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Friday); K1T2A(Friday); K1T2B(Thursday) K1T1(11/08/2023); K1T2A(11/08/2023); K1T2B(10/08/2023) K1T1(11am - 12pm); K1T2A(10am - 11am); K1T2B(12pm-1pm) K1T1(DK2); K1T2A(MF); K1T2B(BT1)	K1	3.2a) State the principle of conservation of linear momentum. 3.2b) Apply the principle of conservation of momentum in elastic and inelastic collisions in 2D collisions. 3.2c) Differentiate elastic and inelastic collisions. (remarks: similarities & differences)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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LECTURER	SHAFIQ BIN RASULAN				
CODE / COURSE SP015					
WEEK		5			
CHAPTER		Chapter: 3: DYNAMICS OF LINEAR MOTION			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Tuesday); K1T2A(Tuesday); K1T2B(Tuesday) K1T1(15/08/2023); K1T2A(15/08/2023); K1T2B(15/08/2023) K1T1(9am - 10am); K1T2B(3pm - 4pm); K1T2B(10am - 11am) K1T1(BT3); K1T2A(BT1); K1T2B(MF)	K1	3.3a) Identify the forces acting on a body in different situations – Weight, W; Tension, T; Normal force, N; Friction, f; and External force (pull or push), F. 3.3b) Sketch free body diagram. 3.3c) Determine static and kinetic friction (Refer Equation 3)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Date: 10/08/2023

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Head of the Physics Unit Sarawak Matriculation College

LECTURER	SHAFIQ BIN RASULAN				
CODE / COURSE SP015					
WEEK		5			
CHAPTER		Chapter: 3: DYNAMICS OF LINEAR MOTION			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour): 1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Thursday); K1T2A(Wednesday); K1T2B(Wednesday) K1T1(17/08/2023); K1T2A(16/08/2023); K1T2B(16/08/2023) K1T1(10am -11am); K1T2A(2pm - 3pm); K1T2B(9am - 10am) K1T1(DK1); K1T2A(BT3); K1T2B(BT3)	K1	3.4a) State Newton's laws of motion. 3.4b) Apply Newton's laws of motion – Include static and dynamic equilibrium for Newton's first law motion	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Sarawak Matriculation College

LECTURER	SHAFIQ BIN RASULAN				
CODE / COURSE SP015					
WEEK		5			
CHAPTER		Chapter: 3: DYNAMICS OF LINEAR MOTION			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and therm	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Friday); K1T2A(Friday); K1T2B(Thursday) K1T1(18/08/2023); K1T2A(18/08/2023); K1T2B(17/08/2023) K1T1(11am - 12pm); K1T2A(10am - 11am); K1T2B(12pm-1pm) K1T1(DK2); K1T2A(MF); K1T2B(BT1)	K1	3.4a) State Newton's laws of motion. 3.4b) Apply Newton's laws of motion – Include static and dynamic equilibrium for Newton's first law motion	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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LECTURER	LECTURER SHAFIQ BIN RASULAN				
CODE / COURSE SP015					
WEEK		6			
CHAPTER		Chapter: 4: WORK, ENERGY AND POWER			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Tuesday); K1T2A(Tuesday); K1T2B(Tuesday) K1T1(22/08/2023); K1T2A(22/08/2023); K1T2B(22/08/2023) K1T1(9am - 10am); K1T2A(3pm - 4pm); K1T2B(10am - 11am) K1T1(BT3); K1T2A(BT1); K1T2B(MF)	K1	 4.1a) State the physical meaning of dot (scalar) product for work (Refer Equation 4) 4.1b) Define and apply work done by a constant force. 4.1c) Determine work done from a force-displacement graph. 	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Date: 17/08/2023

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Head of the Physics Unit

Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		6				
CHAPTER		Chapter: 4: WORK, ENERGY AND POWER				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics			
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Thursday); K1T2A(Wednesday); K1T2B(Wednesday) K1T1(24/08/2023); K1T2A(23/08/2023); K1T2B(23/08/2023) K1T1(10am -11am); K1T2A(2pm - 3pm); K1T2B(9am - 10am) K1T1(DK1); K1T2A(BT3); K1T2B(BT3)	K1	 4.2a) Define and use: Gravitational potential energy, Elastic potential energy for spring, Kinetic energy (Refer Equation 5) 4.2b) State the principle of conservation of energy. 4.2c) Apply the principle of conservation of mechanical energy. d) State and apply work-energy theorem (Refer Equation 5) 	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

Prepared by,

SHAFIQ BIN RASULAN

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Date: 17/08/2023

Endorsed by,

MOHD AIMAN BIN MOHD ADLI

Head of the Physics Unit

Sarawak Matriculation College

Date: 18/08/2023

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		6				
CHAPTER		Chapter: 4: WORK, ENERGY AND POWER				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics			
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Friday); K1T2A(Friday); K1T2B(Thursday) K1T1(25/08/2023); K1T2A(25/08/2023); K1T2B(24/08/2023) K1T1(11am - 12pm); K1T2A(10am - 11am); K1T2B(12pm-1pm) K1T1(DK2); K1T2A(MF); K1T2B(BT1)	K1	 4.2a) Define and use: Gravitational potential energy, Elastic potential energy for spring, Kinetic energy (Refer Equation 5) 4.2b) State the principle of conservation of energy. 4.2c) Apply the principle of conservation of mechanical energy. d) State and apply work-energy theorem (Refer Equation 5) 	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

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Date: 17/08/2023

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Sarawak Matriculation College

Date: 18/08/2023

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		7				
CHAPTER		Chapter: 4: WORK, ENERGY AND POWER				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics			
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Tuesday); K1T2A(Tuesday); K1T2B(Tuesday) K1T1(29/08/2023); K1T2A(29/08/2023); K1T2B(29/08/2023) K1T1(9am - 10am); K1T2A(3pm - 4pm); K1T2B(10am - 11am) K1T1(BT3); K1T2A(BT1); K1T2B(MF)	K1	4.3a) Define and use average power, and instantaneous power (Refer Equation 6) 4.3b) Verify the law of conservation of energy. (Experiment 3: Energy)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

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Date: 24/08/2023

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Head of the Physics Unit

Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		7				
CHAPTER		Chapter: 4: WORK, ENERGY AND POWER				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics			
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Thursday); K1T2A(Wednesday); K1T2B(Wednesday) K1T1(31/08/2023); K1T2A(30/08/2023); K1T2B(30/08/2023) K1T1(10am -11am); K1T2A(2pm - 3pm); K1T2B(9am - 10am) K1T1(DK1); K1T2A(BT3); K1T2B(BT3)	K1	4.3a) Define and use average power, and instantaneous power (Refer Equation 6) 4.3b) Verify the law of conservation of energy. (Experiment 3: Energy)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

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Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		7				
CHAPTER		Chapter: 4: WORK, ENERGY AND POWER				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics			
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Friday); K1T2A(Friday); K1T2B(Thursday) K1T1(01/09/2023); K1T2A(01/09/2023); K1T2B(31/08/2023) K1T1(11am - 12pm); K1T2A(10am - 11am); K1T2B(12pm-1pm) K1T1(DK2); K1T2A(MF); K1T2B(BT1)	K1	4.3a) Define and use average power, and instantaneous power (Refer Equation 6) 4.3b) Verify the law of conservation of energy. (Experiment 3: Energy)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

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LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		8			
CHAPTER		Chapter: 5: CIRCULAR MOTION			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Tuesday); K1T2A(Tuesday); K1T2B(Tuesday) K1T1(05/09/2023); K1T2A(05/09/2023); K1T2B(05/09/2023) K1T1(9am - 10am); K1T2A(3pm - 4pm); K1T2B(10am - 11am) K1T1(BT3); K1T2A(BT1); K1T2B(MF)	K1	5.1a) Define and use – angular displacement, period, frequency, angular velocity	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Date: 31/08/2023

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LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		8			
CHAPTER		Chapter: 5: CIRCULAR MOTION			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Thursday); K1T2A(Wednesday); K1T2B(Wednesday) K1T1(07/09/2023); K1T2A(06/09/2023); K1T2B(06/09/2023) K1T1(10am -11am); K1T2A(2pm - 3pm); K1T2B(9am - 10am) K1T1(DK1); K1T2A(BT3); K1T2B(BT3)	K1	5.2a) Describe uniform circular motion. 5.2b) Convert units between degrees, radian, and revolution or rotation.	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii v v	

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LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		8			
CHAPTER		Chapter: 5: CIRCULAR MOTION			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Friday); K1T2A(Friday); K1T2B(Thursday) K1T1(08/09/2023); K1T2A(08/09/2023); K1T2B(07/09/2023) K1T1(11am - 12pm); K1T2A(10am - 11am); K1T2B(12pm-1pm) K1T1(DK2); K1T2A(MF); K1T2B(BT1)	K1	5.3a) Explain centripetal acceleration and centripetal force (Refer Equation 7) 5.3b) Solve problems related to centripetal force for uniform circular motion cases: horizontal circular motion, vertical circular motion and conical pendulum, exclude banked curve	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date: 31/08/2023

Endorsed by,

MOHD AIMAN BIN MOHD ADLI

Head of the Physics Unit

Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		9	9			
CHAPTER		Chapter: 6: ROTATION OF RIGID BODY				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics			
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Tuesday); K1T2A(Tuesday); K1T2B(Tuesday) K1T1(19/09/2023); K1T2A(19/09/2023); K1T2B(19/09/2023) K1T1(9am - 10am); K1T2A(3pm - 4pm); K1T2B(10am - 11am) K1T1(BT3); K1T2A(BT1); K1T2B(MF)	K1	6.1a) Define and use – angular displacement, average angular velocity, instantaneous angular velocity, average angular acceleration, instantaneous angular acceleration. (Refer Equation 8) 6.1b) Analyse parameters in rotational motion with their corresponding quantities in linear motion (Refer Equation 8) 6.1c) Solve problem related to rotational motion with constant angular acceleration (Refer Equation 8)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

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Date: 14/09/2023

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MOHD AIMAN BIN MOHD ADLI

Head of the Physics Unit

Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		9				
CHAPTER		Chapter: 6: ROTATION OF RIGID BODY				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics			
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Thursday); K1T2A(Wednesday); K1T2B(Wednesday) K1T1(21/09/2023); K1T2A(20/09/2023); K1T2B(20/09/2023) K1T1(10am -11am); K1T2A(2pm - 3pm); K1T2B(9am - 10am) K1T1(DK1); K1T2A(BT3); K1T2B(BT3)	K1	 6.2a) State the physical meaning of cross (vector) product for torque, (Refer Equation 9) 6.2b) Define and apply torque. 6.2c) State conditions for equilibrium of rigid body 6.2d) Solve problems related to equilibrium of a uniform rigid body, limit to 5 forces. 	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

Prepared by,

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Date: 14/09/2023

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Head of the Physics Unit

Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		9				
CHAPTER		Chapter: 6: ROTATION OF RIGID BODY				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics			
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Friday); K1T2A(Friday); K1T2B(Thursday) K1T1(22/09/2023); K1T2A(22/09/2023); K1T2B(21/09/2023) K1T1(11am - 12pm); K1T2A(10am - 11am); K1T2B(12pm-1pm) K1T1(DK2); K1T2A(MF); K1T2B(BT1)	K1	 6.2a) State the physical meaning of cross (vector) product for torque, (Refer Equation 9) 6.2b) Define and apply torque. 6.2c) State conditions for equilibrium of rigid body 6.2d) Solve problems related to equilibrium of a uniform rigid body, limit to 5 forces. 	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

Prepared by,

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Date: 14/09/2023

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Head of the Physics Unit

Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		10				
CHAPTER		Chapter: 6: ROTATION OF RIGID BODY				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics			
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Tuesday); K1T2A(Tuesday); K1T2B(Tuesday) K1T1(26/09/2023); K1T2A(26/09/2023); K1T2B(26/09/2023) K1T1(9am - 10am); K1T2A(3pm - 4pm); K1T2B(10am - 11am) K1T1(BT3); K1T2A(BT1); K1T2B(MF)	K1	 6.3a) Define and use moment of inertia (Refer Equation 10) 6.3b) Use the moment of inertia of a uniform rigid body. (sphere, cylinder, ring, disc, and rod). 6.3c) Determine the moment of inertia of a flywheel. (Experiment 4: Rotational motion of rigid body) d) State and use net torque (Refer Equation 10) 	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii v v		

Prepared by,

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Date: 21/09/2023

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MOHD AIMAN BIN MOHD ADLI

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Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		10			
CHAPTER		Chapter: 6: ROTATION OF RIGID BODY			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and therm	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Thursday); K1T2A(Wednesday); K1T2B(Wednesday) K1T1(28/09/2023); K1T2A(27/09/2023); K1T2B(27/09/2023) K1T1(10am -11am); K1T2A(2pm - 3pm); K1T2B(9am - 10am) K1T1(DK1); K1T2A(BT3); K1T2B(BT3)	K1	6.4a) Explain and use angular momentum (Refer Equation 11) 6.4b) State and use principle of conservation of angular momentum.	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii v v	

Prepared by,

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Date: 21/09/2023

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Head of the Physics Unit

Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		10				
CHAPTER		Chapter: 6: ROTATION OF RIGID BODY				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics			
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Friday); K1T2A(Friday); K1T2B(Thursday) K1T1(29/09/2023); K1T2A(29/09/2023); K1T2B(28/09/2023) K1T1(11am - 12pm); K1T2A(10am - 11am); K1T2B(12pm-1pm) K1T1(DK2); K1T2A(MF); K1T2B(BT1)	K1	6.4a) Explain and use angular momentum (Refer Equation 11) 6.4b) State and use principle of conservation of angular momentum.	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

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LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		11			
CHAPTER		Chapter: 7: OSCILLATIONS AND WAVES			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and therm	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Tuesday); K1T2A(Tuesday); K1T2B(Tuesday) K1T1(03/10/2023); K1T2A(03/10/2023); K1T2B(03/10/2023) K1T1(9am - 10am); K1T2A(3pm - 4pm); K1T2B(10am - 11am) K1T1(BT3); K1T2A(BT1); K1T2B(MF)	K1	7.1a) Explain SHM. 7.1b) Apply SHM displacement equation (Refer Equation 12) 7.1c) Derive (without calculus) and use equations – velocity, acceleration, kinetic energy, and potential energy (Refer Equation 12) 7.1d) Emphasise the relationship between total SHM energy and amplitude. 7.1e) Apply equations of velocity, acceleration, kinetic energy and potential energy for SHM.	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Date: 28/09/2023

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Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		11			
CHAPTER		Chapter: 7: OSCILLATIONS AND WAVES			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and therm	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Thursday); K1T2A(Wednesday); K1T2B(Wednesday) K1T1(05/10/2023); K1T2A(04/10/2023); K1T2B(04/10/2023) K1T1(10am -11am); K1T2A(2pm - 3pm); K1T2B(9am - 10am) K1T1(DK1); K1T2A(BT3); K1T2B(BT3)	K1	7.2a) Analyse the following graphs – displacement-time, velocity-time, acceleration-time and energy-displacement.	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Date: 28/09/2023

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Head of the Physics Unit

Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		11				
CHAPTER		Chapter: 7: OSCILLATIONS AND WAVES				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics			
SLT		F2F (hour):	1	NF2F (hour): 1		
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Friday); K1T2A(Friday); K1T2B(Thursday) K1T1(06/10/2023); K1T2A(06/10/2023); K1T2B(05/10/2023) K1T1(11am - 12pm); K1T2A(10am - 11am); K1T2B(12pm-1pm) K1T1(DK2); K1T2A(MF); K1T2B(BT1)	K1	7.3a) Use expression for period of SHM, for simple pendulum and mass-spring system – Simple pendulum and mass-spring system (Refer Equation 13) 7.3b) Determine the acceleration, g due to gravity using simple pendulum.(Experiment 5: SHM) 7.3c) Investigate the effect of large amplitude oscillation to the accuracy of acceleration due to gravity, g obtained from the experiment. (Experiment 5: SHM)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

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Date: 28/09/2023

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Head of the Physics Unit

Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		12				
CHAPTER		Chapter: 7: OSCILLATIONS AND WAVES				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and therm	nodynamics			
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Tuesday); K1T2A(Tuesday); K1T2B(Tuesday) K1T1(10/10/2023); K1T2A(10/10/2023); K1T2B(10/10/2023) K1T1(9am - 10am); K1T2A(3pm - 4pm); K1T2B(10am - 11am) K1T1(BT3); K1T2A(BT1); K1T2B(MF)	K1	7.4a) Define wavelength. 7.4b) Define and use wave number (Refer Equation 14) 7.4c) Solve problems related to equation of progressive wave (Refer Equation 14) 7.4d) Distinguish between particle vibrational velocity and wave propagation velocity. 7.4e) Use particle vibrational velocity (Refer Equation 14) 7.4f) Use wave propagation velocity (Refer Equation 14) 7.4g) Analyse the graphs of – displacement-time and displacement-distance	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

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Date: 05/10/2023

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Head of the Physics Unit

Sarawak Matriculation College

Date: 06/10/2023

LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		12			
CHAPTER		Chapter: 7: OSCILLATIONS AND WAVES			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Thursday); K1T2A(Wednesday); K1T2B(Wednesday) K1T1(12/10/2023); K1T2A(11/10/2023); K1T2B(11/10/2023) K1T1(10am -11am); K1T2A(2pm - 3pm); K1T2B(9am - 10am) K1T1(DK1); K1T2A(BT3); K1T2B(BT3)	K1	7.5a) State the principle of superposition of waves for the constructive and destructive interferences. 7.5b) Use the standing wave equation (Refer Equation 15) 7.5c) Compare between progressive waves and standing waves.	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Date: 05/10/2023

Endorsed by,

MOHD AIMAN BIN MOHD ADLI

Head of the Physics Unit

Sarawak Matriculation College

Date: 06/10/2023

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		12				
CHAPTER		Chapter: 7: OSCILLATIONS AND WAVES				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics			
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Friday); K1T2A(Friday); K1T2B(Thursday) K1T1(13/10/2023); K1T2A(13/10/2023); K1T2B(12/10/2023) K1T1(11am - 12pm); K1T2A(10am - 11am); K1T2B(12pm-1pm) K1T1(DK2); K1T2A(MF); K1T2B(BT1)	K1	7.5a) State the principle of superposition of waves for the constructive and destructive interferences.7.5b) Use the standing wave equation (Refer Equation 15)7.5c) Compare between progressive waves and standing waves.	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

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Head of the Physics Unit

Sarawak Matriculation College

Date: 06/10/2023

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		13				
CHAPTER		Chapter: 7: OSCILLATIONS AND WAVES				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and thern	nodynamics			
SLT		F2F (hour):	1	NF2F (hour): 1		
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Tuesday); K1T2A(Tuesday); K1T2B(Tuesday) K1T1(17/10/2023); K1T2A(17/10/2023); K1T2B(17/10/2023) K1T1(9am - 10am); K1T2A(3pm - 4pm); K1T2B(10am - 11am) K1T1(BT3); K1T2A(BT1); K1T2B(MF)	K1	7.6a) Solve problems related to the fundamental and overtone frequencies for stretched string and air columns (open and closed end). (Refer Equation 16) 7.6b) Use wave speed in a stretched string (Refer Equation 16) 7.6c) Investigate standing wave formed in a stretched string. (Experiment 6: Standing waves) 7.6d) Determine the mass per unit length of the string. (Experiment 6: Standing waves)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

Prepared by,

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Date: 12/10/2023

Endorsed by,

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Head of the Physics Unit

Sarawak Matriculation College

Date: 13/10/2023

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		13				
CHAPTER		Chapter: 7: OSCILLATIONS AND WAVES				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics			
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Thursday); K1T2A(Wednesday); K1T2B(Wednesday) K1T1(19/10/2023); K1T2A(18/10/2023); K1T2B(18/10/2023) K1T1(10am -11am); K1T2A(2pm - 3pm); K1T2B(9am - 10am) K1T1(DK1); K1T2A(BT3); K1T2B(BT3)	K1	7.6a) Solve problems related to the fundamental and overtone frequencies for stretched string and air columns (open and closed end). (Refer Equation 16) 7.6b) Use wave speed in a stretched string (Refer Equation 16) 7.6c) Investigate standing wave formed in a stretched string. (Experiment 6: Standing waves) 7.6d) Determine the mass per unit length of the string. (Experiment 6: Standing waves)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

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Date: 12/10/2023

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Sarawak Matriculation College

Date: 13/10/2023

LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		13			
CHAPTER		Chapter: 7: OSCILLATIONS AND WAVES			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Friday); K1T2A(Friday); K1T2B(Thursday) K1T1(20/10/2023); K1T2A(20/10/2023); K1T2B(19/10/2023) K1T1(11am - 12pm); K1T2A(10am - 11am); K1T2B(12pm-1pm) K1T1(DK2); K1T2A(MF); K1T2B(BT1)	K1	7.6a) Solve problems related to the fundamental and overtone frequencies for stretched string and air columns (open and closed end). (Refer Equation 16) 7.6b) Use wave speed in a stretched string (Refer Equation 16) 7.6c) Investigate standing wave formed in a stretched string. (Experiment 6: Standing waves) 7.6d) Determine the mass per unit length of the string. (Experiment 6: Standing waves)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Date: 12/10/2023

Endorsed by,

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Head of the Physics Unit

Sarawak Matriculation College

Date: 13/10/2023

LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		14			
CHAPTER		Chapter: 7: OSCILLATIONS AND WAVES			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Tuesday); K1T2A(Tuesday); K1T2B(Tuesday) K1T1(24/10/2023); K1T2A(24/10/2023); K1T2B(24/10/2023) K1T1(9am - 10am); K1T2A(3pm - 4pm); K1T2B(10am - 11am) K1T1(BT3); K1T2A(BT1); K1T2B(MF)	K1	7.7a) State Doppler Effect for sound waves. 7.7b) Apply Doppler Effect equation for relative motion between source and observer. Limit to stationary observer and moving source, and vice versa. (Refer Equation 17)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

Prepared by,

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Date: 19/10/2023

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Sarawak Matriculation College

Date: 20/10/2023

LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		14			
CHAPTER		Chapter: 7: OSCILLATIONS AND WAVES			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Thursday); K1T2A(Wednesday); K1T2B(Wednesday) K1T1(26/10/2023); K1T2A(25/10/2023); K1T2B(25/10/2023) K1T1(10am -11am); K1T2A(2pm - 3pm); K1T2B(9am - 10am) K1T1(DK1); K1T2A(BT3); K1T2B(BT3)	K1	7.7a) State Doppler Effect for sound waves. 7.7b) Apply Doppler Effect equation for relative motion between source and observer. Limit to stationary observer and moving source, and vice versa. (Refer Equation 17)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii v v	

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Date: 20/10/2023

LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		14			
CHAPTER		Chapter: 7: OSCILLATIONS AND WAVES			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Friday); K1T2A(Friday); K1T2B(Thursday) K1T1(27/10/2023); K1T2A(27/10/2023); K1T2B(26/10/2023) K1T1(11am - 12pm); K1T2A(10am - 11am); K1T2B(12pm-1pm) K1T1(DK2); K1T2A(MF); K1T2B(BT1)	K1	7.7a) State Doppler Effect for sound waves. 7.7b) Apply Doppler Effect equation for relative motion between source and observer. Limit to stationary observer and moving source, and vice versa. (Refer Equation 17)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

Prepared by,

SHAFIQ BIN RASULAN

Physics Lecturer

Sarawak Matriculation College

Date: 19/10/2023

Endorsed by,

MOHD AIMAN BIN MOHD ADLI

Head of the Physics Unit

Sarawak Matriculation College

Date: 20/10/2023

LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		15			
CHAPTER		Chapter: 8: PHYSICS OF MATTER			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Tuesday); K1T2A(Tuesday); K1T2B(Tuesday) K1T1(31/10/2023); K1T2A(31/10/2023); K1T2B(31/10/2023) K1T1(9am - 10am); K1T2A(3pm - 4pm); K1T2B(10am - 11am) K1T1(BT3); K1T2A(BT1); K1T2B(MF)	K1	 8.1a) Distinguish between stress and strain for tensile and compression force. (Refer Equation 18) 8.1b) Analyse the graph of stress-strain, σ & for a metal under tension. 8.1c) Explain elastic and plastic deformations. 8.1d) Analyse graph of force-elongation for brittle and ductile materials. 	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

Prepared by,

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Date: 26/10/2023

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MOHD AIMAN BIN MOHD ADLI

Head of the Physics Unit

Sarawak Matriculation College

Date: 27/10/2023

LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		15			
CHAPTER		Chapter: 8: PHYSICS OF MATTER			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Thursday); K1T2A(Wednesday); K1T2B(Wednesday) K1T1(02/11/2023); K1T2A(01/11/2023); K1T2B(01/11/2023) K1T1(10am -11am); K1T2A(2pm - 3pm); K1T2B(9am - 10am) K1T1(DK1); K1T2A(BT3); K1T2B(BT3)	K1	8.2a) Define and use Young's Modulus (Refer Equation 19) 8.2b) Apply strain energy from force-elongation graph. (Refer Equation 19) 8.2c) Apply strain energy per unit volume from stress-strain graph. (Refer Equation 19)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Date: 26/10/2023

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Head of the Physics Unit

Sarawak Matriculation College

Date: 27/10/2023

LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		15			
CHAPTER		Chapter: 8: PHYSICS OF MATTER			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and therm	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Friday); K1T2A(Friday); K1T2B(Thursday) K1T1(03/11/2023); K1T2A(03/11/2023); K1T2B(02/11/2023) K1T1(11am - 12pm); K1T2A(10am - 11am); K1T2B(12pm-1pm) K1T1(DK2); K1T2A(MF); K1T2B(BT1)	K1	8.2a) Define and use Young's Modulus (Refer Equation 19) 8.2b) Apply strain energy from force-elongation graph. (Refer Equation 19) 8.2c) Apply strain energy per unit volume from stress-strain graph. (Refer Equation 19)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

Prepared by,

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Date: 26/10/2023

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Sarawak Matriculation College

Date: 27/10/2023

LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		16			
CHAPTER		Chapter: 8: PHYSICS OF MATTER			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Tuesday); K1T2A(Tuesday); K1T2B(Tuesday) K1T1(07/11/2023); K1T2A(07/11/2023); K1T2B(07/11/2023) K1T1(9am - 10am); K1T2A(3pm - 4pm); K1T2B(10am - 11am) K1T1(BT3); K1T2A(BT1); K1T2B(MF)	K1	8.3a) Define heat conduction. 8.3b) Solve problems related to rate of heat transfer through a cross-sectional area (remarks: maximum two insulated objects in series) (Refer Equation 20) 8.3c) Analyse graphs of temperature-distance (T-L) for heat conduction through insulated and non-insulated rods, maximum two rods in series.	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Date: 02/11/2023

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Sarawak Matriculation College

Date: 03/11/2023

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		16				
CHAPTER		Chapter: 8: PHYSICS OF MATTER				
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics			
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Thursday); K1T2A(Wednesday); K1T2B(Wednesday) K1T1(09/11/2023); K1T2A(08/11/2023); K1T2B(08/11/2023) K1T1(10am -11am); K1T2A(2pm - 3pm); K1T2B(9am - 10am) K1T1(DK1); K1T2A(BT3); K1T2B(BT3)	K1	8.3a) Define heat conduction. 8.3b) Solve problems related to rate of heat transfer through a cross-sectional area (remarks: maximum two insulated objects in series) (Refer Equation 20) 8.3c) Analyse graphs of temperature-distance (T-L) for heat conduction through insulated and non-insulated rods, maximum two rods in series.	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

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Date: 02/11/2023

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Sarawak Matriculation College

Date: 03/11/2023

LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		16			
CHAPTER		Chapter: 8: PHYSICS OF MATTER			
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Friday); K1T2A(Friday); K1T2B(Thursday) K1T1(10/11/2023); K1T2A(10/11/2023); K1T2B(09/11/2023) K1T1(11am - 12pm); K1T2A(10am - 11am); K1T2B(12pm-1pm) K1T1(DK2); K1T2A(MF); K1T2B(BT1)	K1	8.4a) Define coefficient of linear expansion, a, area expansion, ß and volume expansion, y 8.4b) Solve problems related to thermal expansion of linear, area and volume, include expansion of liquid in a container. (Refer Equation 21)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Sarawak Matriculation College

Date: 03/11/2023

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		17				
CHAPTER		Chapter: 9: KINETIC THEORY OF GASES AND THERMODYNAMICS	S			
MODE		Tutorial				
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics			
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
K1T1(Tuesday); K1T2A(Tuesday); K1T2B(Tuesday) K1T1(14/11/2023); K1T2A(14/11/2023); K1T2B(14/11/2023) K1T1(9am - 10am); K1T2A(3pm - 4pm); K1T2B(10am - 11am) K1T1(BT3); K1T2A(BT1); K1T2B(MF)	K1	9.1a) State the assumptions of kinetic theory of gases. 9.1b) Describe root mean square (rms) speed of gas molecules (Refer Equation 22) 9.1c) Solve problems related to root mean square (rms) speed of gas molecules (Refer Equation 22) 9.1d) Solve problems related to the equations and pressure (Refer Equation 22)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v		

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Date: 09/11/2023

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Sarawak Matriculation College

Date: 10/11/2023

LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		17			
CHAPTER		Chapter: 9: KINETIC THEORY OF GASES AND THERMODYNAMICS	S		
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour): 1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Thursday); K1T2A(Wednesday); K1T2B(Wednesday) K1T1(16/11/2023); K1T2A(15/11/2023); K1T2B(15/11/2023) K1T1(10am -11am); K1T2A(2pm - 3pm); K1T2B(9am - 10am) K1T1(DK1);	K1	 9.2a) Explain and use translational kinetic energy of a molecule (Refer Equation 23) 9.2b) Define degree of freedom. 9.2c) Identify number of degrees of freedom, f for monoatomic, diatomic and polyatomic gas molecules. 9.2d) State the principle of equipartition of energy. 9.2e) Discuss internal energy of gas. 9.2f) Solve problems related to internal energy (Refer Equation 23) 	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Date: 09/11/2023

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Sarawak Matriculation College

Date: 10/11/2023

LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		17			
CHAPTER		Chapter: 9: KINETIC THEORY OF GASES AND THERMODYNAMICS	5		
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Friday); K1T2A(Friday); K1T2B(Thursday) K1T1(17/11/2023); K1T2A(17/11/2023); K1T2B(16/11/2023) K1T1(11am - 12pm); K1T2A(10am - 11am); K1T2B(12pm-1pm) K1T1(DK2); K1T2A(MF); K1T2B(BT1)	K1	9.2a) Explain and use translational kinetic energy of a molecule (Refer Equation 23) 9.2b) Define degree of freedom. 9.2c) Identify number of degrees of freedom, f for monoatomic, diatomic and polyatomic gas molecules. 9.2d) State the principle of equipartition of energy. 9.2e) Discuss internal energy of gas. 9.2f) Solve problems related to internal energy (Refer Equation 23)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Physics Lecturer

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Date: 09/11/2023

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Sarawak Matriculation College

Date: 10/11/2023

LECTURER		SHAFIQ BIN RASULAN			
CODE / COURSE		SP015			
WEEK		18			
CHAPTER		Chapter: 9: KINETIC THEORY OF GASES AND THERMODYNAMICS	S		
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and therm	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Tuesday); K1T2A(Tuesday); K1T2B(Tuesday) K1T1(21/11/2023); K1T2A(21/11/2023); K1T2B(21/11/2023) K1T1(9am - 10am); K1T2A(3pm - 4pm); K1T2B(10am - 11am) K1T1(BT3); K1T2A(BT1); K1T2B(MF)	K1	9.3a) State the First Law of Thermodynamics (Refer Equation 24) 9.3b) Solve problem related to First Law of Thermodynamics.	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Date: 16/11/2023

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Head of the Physics Unit

Sarawak Matriculation College

Date: 17/11/2023

LECTURER SHAFIQ BIN RASULAN					
CODE / COURSE		SP015			
WEEK		18			
CHAPTER		Chapter: 9: KINETIC THEORY OF GASES AND THERMODYNAMICS	5		
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and therm	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Thursday); K1T2A(Wednesday); K1T2B(Wednesday) K1T1(23/11/2023); K1T2A(22/11/2023); K1T2B(22/11/2023) K1T1(10am -11am); K1T2A(2pm - 3pm); K1T2B(9am - 10am) K1T1(DK1); K1T2A(BT3); K1T2B(BT3)	K1	9.4a) Define the following thermodynamic processes – Isothermal, Isochoric, Isobaric and Adiabatic. 9.4b) Analyse P-V graph for all the thermodynamic processes.	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

Prepared by,

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Date: 16/11/2023

Endorsed by,

MOHD AIMAN BIN MOHD ADLI

Head of the Physics Unit

Sarawak Matriculation College

Date: 17/11/2023

LECTURER	CTURER SHAFIQ BIN RASULAN				
CODE / COURSE SP015					
WEEK		18			
CHAPTER		Chapter: 9: KINETIC THEORY OF GASES AND THERMODYNAMICS	5		
MODE		Tutorial			
CLO		CLO2: Solve problems related to mechanics, wave, matters, heat and them	nodynamics		
SLT		F2F (hour):	1	NF2F (hour):	1
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS
K1T1(Friday); K1T2A(Friday); K1T2B(Thursday) K1T1(24/11/2023); K1T2A(24/11/2023); K1T2B(23/11/2023) K1T1(11am - 12pm); K1T2A(10am - 11am); K1T2B(12pm-1pm) K1T1(DK2); K1T2A(MF); K1T2B(BT1)	K1	9.5a) Derive equation of work done in isothermal, isochoric and isobaric processes from P-V graph.9.5b) Solve problem related to work done in isothermal process, isobaric process, and isochoric process (Refer Equation 25)	Discussion Thought Experiments Problem Practice	ITEM SCOR *Appe E ndix i ii iii iv v	

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Date: 16/11/2023

Endorsed by,

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Head of the Physics Unit

Sarawak Matriculation College

Date: 17/11/2023

Labs

LECTURER		SHAFIQ BIN RASULAN					
CODE / COURSE		SP015					
WEEK		3					
CHAPTER		Chapter 1: Physical Quantities And Measurement	s				
MODE		Laboratory/ Physics Practicals					
CLO		CLO3: Apply the appropriate scientific laboratory	skills in physics exper	riments			
SLT		F2F (hour):	1	NF2F (hour):	1		
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS		
Wednesday (K1T1) Thursday (K1T2) 02/08/2023(K1T1) 03/08/2023(K1T2) 1100 - 1300(K1T1) 1400 - 1500(K1T2) Physics Lab (Makmal Fizik)	K1	Experiment 1: Measurement and Safety 1.3g: Measure and determine the uncertainty of physical quantities.(Experiment I: Measurement and uncertainty)	Laboratory Work	ITEM SCORE *Appe ndix i ii iii iv v			

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Date: 27/07/2023

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Head of the Physics Unit

Sarawak Matriculation College

Date: 28/07/2023

LECTURER		SHAFIQ BIN RASULAN					
CODE / COURSE		SP015					
WEEK		4					
CHAPTER		Chapter 2: Kinematics Of Motions					
MODE		Laboratory/ Physics Practicals					
CLO		CLO3: Apply the appropriate scientific laboratory	skills in physics exper	iments			
SLT		F2F (hour):	1	NF2F (hour):	1		
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS		
Wednesday (K1T1) Thursday (K1T2) 09/08/2023(K1T1) 10/08/2023(K1T2) 1100 - 1300(K1T1) 1400 - 1500(K1T2) Physics Lab (Makmal Fizik)	K1	Experiment 2: Free Fall & Projectile Motion 2.3c: Determine the acceleration due to gravity, g using free fall and projectile motion. (Experiment 2: Free fall and projectile motion)	Laboratory Work	ITEM SCORE *Appe ndix i ii iii iv v			

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Date: 03/08/2023

Endorsed by,

MOHD AIMAN BIN MOHD ADLI

Head of the Physics Unit

Sarawak Matriculation College

Date: 04/08/2023

LECTURER		SHAFIQ BIN RASULAN					
CODE / COURSE		SP015					
WEEK		6					
CHAPTER		Chapter 4: Work, Energy And Power					
MODE		Laboratory/ Physics Practicals					
CLO		CLO3: Apply the appropriate scientific labora	tory skills in physics exper	riments			
SLT		F2F (hour):	1	NF2F (hour):	1		
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS		
Wednesday (K1T1) Thursday (K1T2) 23/08/2023(K1T1) 24/08/2023(K1T2) 1100 - 1300(K1T1) 1400 - 1500(K1T2) Physics Lab (Makmal Fizik)	K1	Experiment 3: Energy 4.3b: Verify the law of conservation of energy.(Experiment 3: Energy)	Laboratory Work	ITEM SCORE *Appe ndix i ii iii iv v			

Prepared by

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Date: 17/08/2023

Endorsed by,

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Head of the Physics Unit

Sarawak Matriculation College

Date: 18/08/2023

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		7				
CHAPTER		Chapter 6: Rotation Of Rigid Body				
MODE		Laboratory/ Physics Practicals				
CLO		CLO3: Apply the appropriate scientific laboratory	skills in physics exper	iments		
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
Wednesday (K1T1) Thursday (K1T2) 30/08/2023(K1T1) 31/08/2023(K1T2) 1100 - 1300(K1T1) 1400 - 1500(K1T2) Physics Lab (Makmal Fizik)	K1	Experiment 4: Rotational Motion of Rigid Body 6.3c: Determine the moment of inertia of a flywheel. (Experiment 4: Rotational motion of rigid body)	Laboratory Work	ITEM SCORE *Appe ndix i ii iii iv v		

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Date: 24/08/2023

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LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		9				
CHAPTER		Chapter 7: Oscillations And Waves				
MODE		Laboratory/ Physics Practicals				
CLO		CLO3: Apply the appropriate scientific laboratory	skills in physics exper	riments		
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
Wednesday (K1T1) Thursday (K1T2) 20/09/2023(K1T1) 21/09/2023(K1T2) 1100 - 1300(K1T1) 1400 - 1500(K1T2) Physics Lab (Makmal Fizik)	K1	Experiment 5: Simple Harmonic Motion 7.3b: Determine the acceleration, g due to gravity using simple pendulum. (Experiment 5: SHM) 7.3c: Investigate the effect of large amplitude oscillation to the accuracy of acceleration due to gravity, g obtained from the experiment. (Experiment 5: SHM)	Laboratory Work	ITEM SCORE *Appe ndix i ii iii iv v		

Prepared by,

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Date: 14/09/2023

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Head of the Physics Unit

Sarawak Matriculation College

LECTURER		SHAFIQ BIN RASULAN				
CODE / COURSE		SP015				
WEEK		11				
CHAPTER		Chapter 7: Oscillations And Waves				
MODE		Laboratory/ Physics Practicals				
CLO		CLO3: Apply the appropriate scientific laboratory	skills in physics exper	iments		
SLT		F2F (hour):	1	NF2F (hour):	1	
DAY DATE TIME VENUE	CLASS	LEARNING OUTCOME	T&L STRATEGIES & TOOLS	REFLECTION	REMARKS	
Wednesday (K1T1) Thursday (K1T2) 04/10/2023(K1T1) 05/10/2023(K1T2) 1100 - 1300(K1T1) 1400 - 1500(K1T2) Physics Lab (Makmal Fizik)	K1	Experiment 6: Standing Waves 7.6c: Investigate standing wave formed in a stretched string. (Experiment 6: Standing waves) 7.6d: Determine the mass per unit length of the string.(Experiment 6: Standing waves)	Laboratory Work	ITEM SCORE *Appe ndix i ii iii iv v		

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Date: 28/09/2023

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