Hate is all about having negative aspect about someone else. Hate generally starts with bias that is left unchecked. Bias is a preference either for or against an individual or group that affects someone's ability to judge fairly. When that bias is left unchecked, it becomes normalized or accepted, and may even escalate into violence. When hate manifests against a person or group of people, it usually derives from ignorance, anger, fear, a sense of injury, or a perceived threat to the status quo.

Hatred can also be sanctioned by religion. The Hebrew word describing the psalmist's "perfect hatred" means that it "brings a process to completion". There are also sources that explain how Islam developed around hatred for unbelief since it is considered the source of evil and that adherents endeavour to spread the <u>Qur'anic</u> faith as the vehicle for its eradication. A specific example is hated speech. It is explained that religion aims to convert new adherents and that extreme speech made against other religion or its adherents is considered a tool so that changing other's beliefs is effective