

## About Hate

Unease or uneasiness is a feeling of discomfort, anxiety, or worry. It can be caused by a variety of things, such as uncertainty, fear, or discomfort in a particular situation. Unease is often accompanied by physical symptoms, such as tension or restlessness.

Both suspicion and unease can be unpleasant or unsettling feelings, and they can affect someone's mood or behavior. It is important to pay attention to these emotions and to try to address any underlying issues or concerns that may be causing them.