You are given an integer array prices where prices[i] is the price of a given stock on the ith day.

On each day, you may decide to buy and/or sell the stock. You can only hold **at most one** share of the stock at any time. However, you can buy it then immediately sell it on the **same day**.

Find and return the **maximum** profit you can achieve.

Example 1:

Input: prices = [7,1,5,3,6,4]

Output: 7

Explanation: Buy on day 2 (price = 1) and sell on day 3 (price = 5), profit = 5-1 = 4.

Then buy on day 4 (price = 3) and sell on day 5 (price = 6), profit = 6-3=3.

Total profit is 4 + 3 = 7.

Example 2:

Input: prices = [1,2,3,4,5]

Output: 4

Explanation: Buy on day 1 (price = 1) and sell on day 5 (price = 5), profit = 5-1=4.

Total profit is 4.

Example 3:

Input: prices = [7,6,4,3,1]

Output: 0

Explanation: There is no way to make a positive profit, so we never buy the stock to achieve the maximum profit of 0.

Constraints:

- 1 <= prices.length <= 3 * 10⁴
- 0 <= prices[i] <= 10⁴