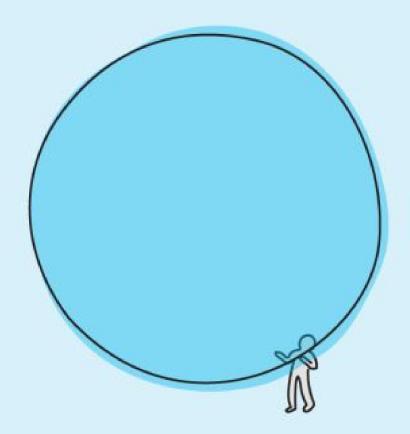
9 Visuals That Will Change The Way You Think

LOOK HOW FAR BEHIND THEY ARE, THEY MUST NOT BE WORKING AS HARD GOAL START

START

A REALLY HARD THING



HOW IT FEELS RIGHT NOW



HOW IT WILL FEEL IN A FEW MONTHS



HOW IT WILL FEEL IN A FEW YEARS

HOW MUCH I LEARNED WHEN SOMEONE WHEN THEY ALSO

EXPLAINED HOW EXPLAINED WHY

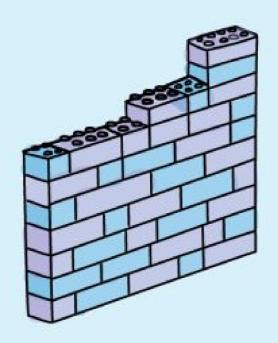
LIZ FOSSLIEN

WE THINK OF FAILURE AND SUCCESS AS OPPOSITES





WHEN IN REALITY FAILURE IS PART OF SUCCESS



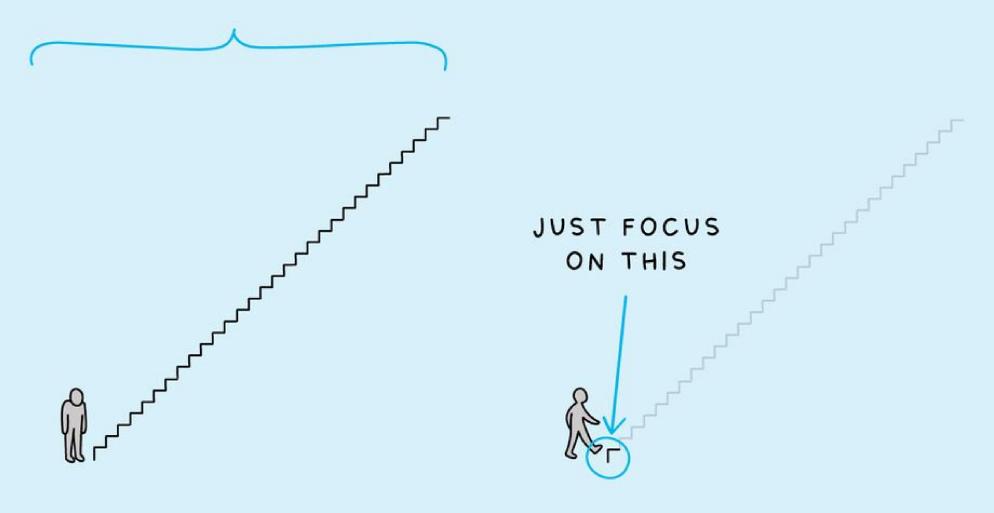
INTENTION WITHOUT ACTION

ACTION WITHOUT INTENTION

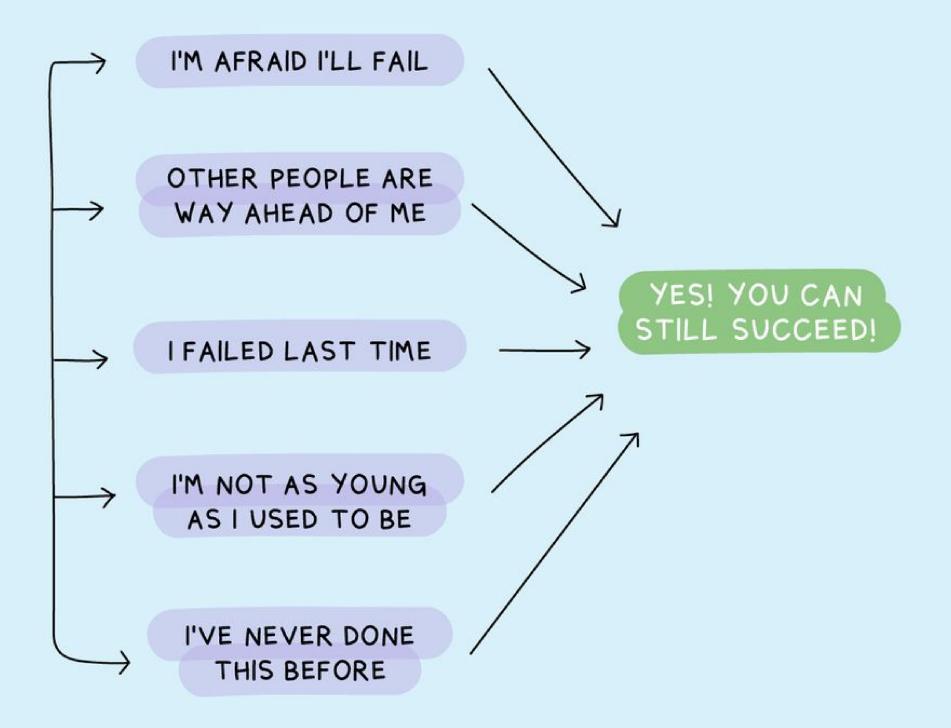


INTENTION WITH ACTION

WHEN EVERYTHING FEELS OVERWHELMING

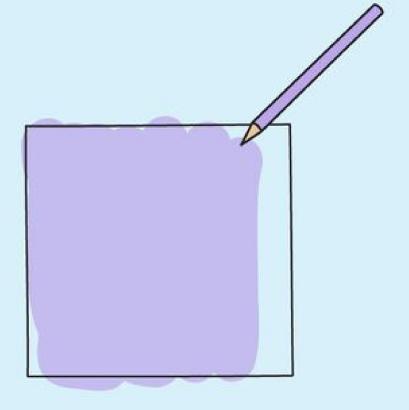


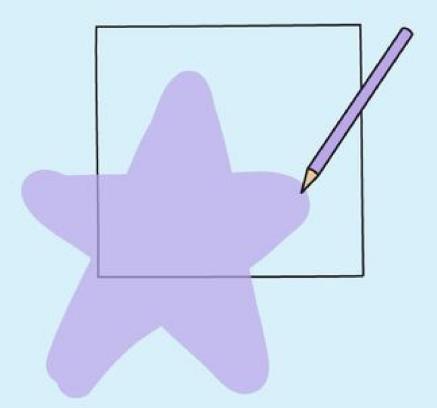
CAN I STILL SUCCEED IF ...

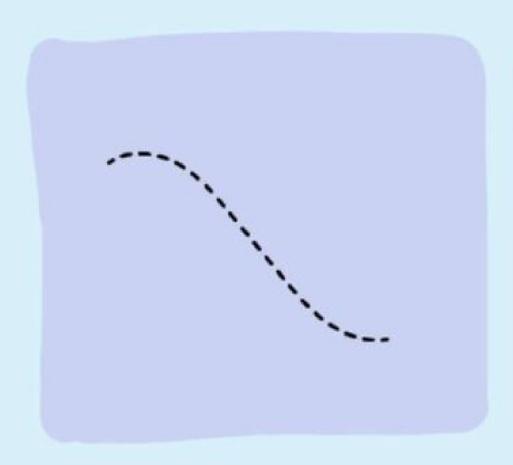


WHO WE THINK WE NEED TO BE

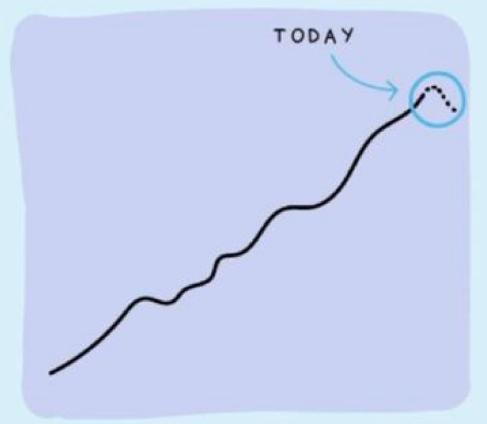
WHO WE CAN BE







DON'T LET A BAD DAY



DISTRACT YOU FROM ALL THE PROGRESS YOU'VE MADE