




Aggressive and Assertive


A decorative graphic on the left side of the slide. It features a solid pink arrow pointing to the right, positioned above several thin, dark grey curved lines that sweep upwards and to the right.

Aggressive : Means feeling of aggression in verbal effective communication. It's more Dominant style.




Connection of aggression :

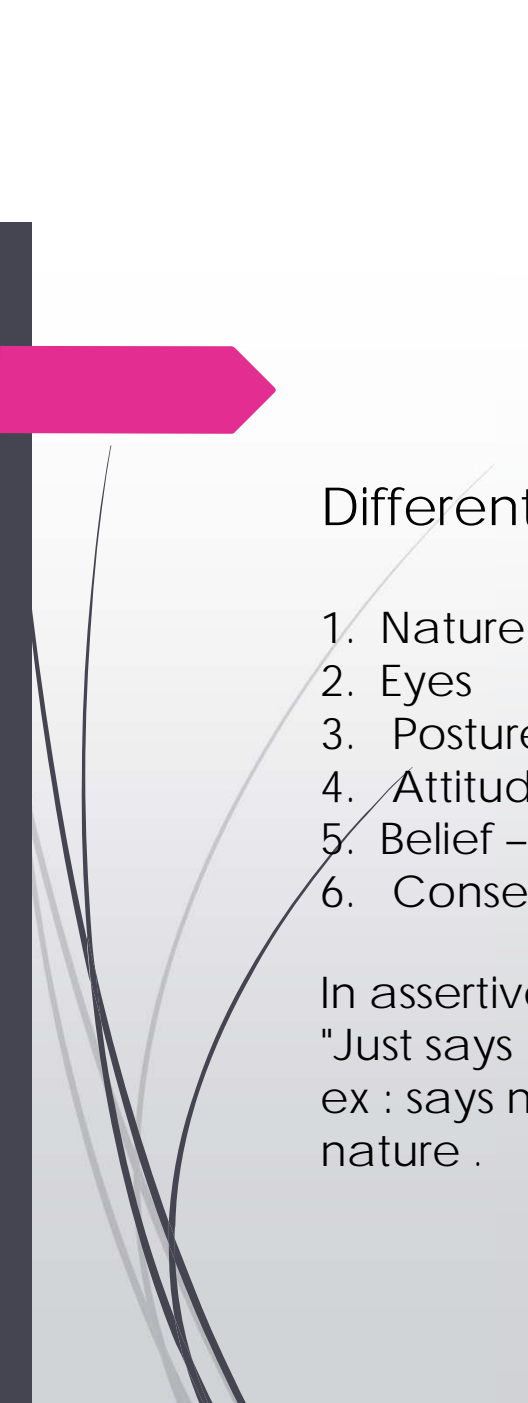
- 1 . Anger = means feeling of anger.
2. Hostile behavior = means feels like uninvited . you feel like uncomfortable and hospitality is not good in another house.
3. Forcefulness = means physical and mental force.
4. Violent behavior = means physical violent with other person.
5. Attack = means physical or mental attack.
6. Hurting people = means people's are hurting by physical or mental anger behavior.
7. Insult =when your behavior like anger so that is insulting for this people.

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Assertive : Means you can share your opinions or thoughts without any physical or mental aggression. It's a style.



Being direct
Keep smile
Being honest
Carrying for the other person.
Respect everyone opinions.



Different point between them :

1. Nature
2. Eyes
3. Posture – hand
4. Attitude
5. Belief – respect
6. Consequences – relationship

In assertive communication sometimes you tell
"Just says No".

ex : says no in office for additional work in polite
nature .



3 case of assertive communication :

1. Confidence - your belief
2. Clarity - your message must be clear
3. Control - maintain calm and control