

Clinic: Sunrise Multispeciality Clinic

Address: 12A, MG Road, Vikhroli East, Mumbai - 400079

Phone: +91 22 4000 1000

Date: 31 October 2025 (10/31/2025)

Patient Name: Rohan Kapoor

Patient ID: HC-5F4A1B9D

Age / Sex: 34 / Male

Diagnosis / Chief Complaint:

Acute febrile illness with generalized myalgia and nasal congestion — 2 days.

Prescription:

1. **Tab. Paracetamol 500 mg** — Take **1 tablet orally every 8 hours as needed** for fever/pain. (Max 3 g/day)
2. **Tab. Cetirizine 10 mg** — Take **1 tablet orally at night** for allergic symptoms / rhinorrhea.
3. **Syrup ORS (oral rehydration solution)** — **100–200 ml every 4–6 hours** if decreased intake or to maintain hydration.
4. **Nasal saline spray** — **2–3 sprays each nostril as required** for nasal congestion.
5. **If fever persists beyond 72 hours or symptoms worsen (breathlessness, chest pain, persistent vomiting, high fever >39°C), return immediately for evaluation.**

Advice:

- Rest, increase oral fluids, soft diet.
- Monitor temperature twice daily.
- Avoid self-medication with antibiotics unless prescribed after evaluation.
- Follow-up teleconsultation in **5 days** or earlier if symptoms progress.

Prescribing Physician:

Dr. Arjun Mehta, MBBS

Reg. No.: DMC/2020/56789

Sunrise Multispeciality Clinic

Signature: Dr. Arjun Mehta