

## Chapter 10 - Biotechnology

All Lectures Uploaded on YouTube:

<https://tinyurl.com/fkm10-biology>

The image consists of two main parts. On the left, there is a purple rectangular banner with white text. The top line reads "Class 10 Biology". Below it is another line that reads "All 11 Chapters". Underneath that is a line that reads "All Lectures Playlist". At the bottom of the banner is the word "Full Book". On the right side of the image is a photograph of a girl with long dark hair, wearing a light purple t-shirt, sitting and smiling. Behind her is a book cover for "Textbook of Biology Grade 10" from the Federal Board. The book cover features a blue background with illustrations of microorganisms and human organs like the heart and lungs. Text on the book cover includes "Based on National Curriculum of Pakistan 2022-23", "Textbook of", "Biology", "Grade 10", and "National Book Foundation as Federal Textbook Board Islamabad".

### 10.1 Introduction To Biotechnology

- Biotechnology has existed since early human civilization through activities like planting crops, domesticating animals, producing yogurt, cheese, wine, beer, and baking bread.
- Early farmers practiced grafting to improve plant yield and quality—an early form of biotechnology.
- Increase in global population pushed humans to develop more nutritious, pest-resistant crops and improved animal breeds.
- Biotechnology is defined as **the use of living organisms or their products for human welfare**.
- Traditional biotechnology used microorganisms like yeast for fermentation and bacteria for dairy products.

- Leather tanning is also an ancient biotechnological process.
- Modern biotechnology emerged with advancements in microscopy and cellular biochemical understanding.
- Includes: **genetic engineering, cell fusion, GMOs, cell therapies, gene therapies, nanobiotechnology, single-cell proteins.**
- Modern biotechnology is a priority scientific field in Pakistan and a major part of global scientific development.



## 10.2 Food Biotechnology Related To Advanced Agriculture In Pakistan

- Pakistan (population ~240 million) faces rising food demand, shrinking farmland, and environmental challenges.



- Food biotechnology helps improve food yield, nutritional value, resistance to pests, environmental resilience, processing and preservation.

- Pakistani institutions include **NIBGE, NIAB, NCEMB, KIBGE, ASAB**—working on improving crops and livestock.

### 10.2.1 Genetically Modified (GM) Crops

- GM crops (wheat, rice, maize, sugarcane) are engineered for pest resistance, environmental tolerance, and improved yield.



#### Key Examples in Pakistan

- **Bt Cotton (Cry gene from *Bacillus thuringiensis*)**
  - Resistant to viruses, cotton flies, bollworms.
  - Higher productivity, reduced pesticide use, increased cotton oil and seed cake production.



- **GM Sugarcane**

- Cry1Ac + Cry2Ab genes → resistance to sugarcane top borer.
- Higher sugar yield.



- **GM Wheat / Sugarcane / Potato**

- Grow in phosphate-deficient soils (AVP1 gene).
- Resistant to drought, heat, and frost.

- **Herbicide-resistant Wheat (CP4-epsps gene)**

- **GM Tomatoes and Chilies** are also under development and cultivation.

### **10.2.2 Improved Nutritional Content (Bio-fortification)**

- Bio-fortification enriches crops with essential nutrients (Vitamin A, iron, zinc).
- Pakistan developed 5 zinc-enriched wheat varieties:
  1. Zincol-2016
  2. Akbar-2019
  3. Nawab-2021
  4. Tarnab Rehbar
  5. Tarnab Gandum-1
- Contain **40% more zinc**, improve public nutrition, and offer high yield + rust resistance.

### **10.2.3 Disease-Resistant Food Crops**

- Biotechnology enables crops resistant to diseases such as wheat rust.
- Rust-resistant genes identified and transformed into local varieties (e.g., Seher-2006, Punjab-11).
- Expected to improve national wheat production.



### **10.2.4 Drought and Salinity Tolerance**

- Pakistan faces drought, floods, salinity, and waterlogging.
- New GM wheat and maize varieties developed to tolerate water scarcity and salinity.
- Help maintain yield despite irregular rainfall.

### **10.2.5 Improved Livestock Productivity**

- Biotechnology improves dairy and meat quality via:
  - Embryo transfer
  - Artificial insemination
  - Hybrid cattle breeding
  - Disease-resistant poultry and dairy breeds
- Leads to increased productivity and better rural livelihoods.

### 10.2.6 Food Processing

- Biotechnology enhances food safety, preservation, value addition, and storage.



### Applications

- **Food preservation:** canning, refrigeration, pasteurization, drying, smoking, fermentation.
- **Food preparation:** grinding, cooking, mixing.

- **Food safety:** reducing contamination.
- **Value-added processing:** nutrient-rich foods, additives, flavors, colors.

### 10.2.7 Biological Pest Control

- Biotechnology creates environmentally friendly pest management methods.
- Modified viruses, bacteria, and insects help protect crops.
- Bio-pesticides reduce reliance on harmful chemicals.

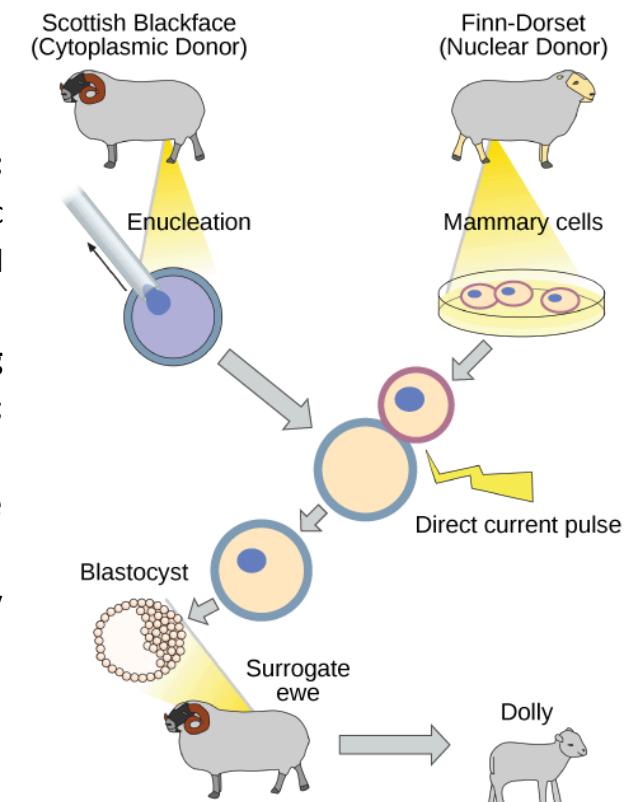
## 10.3 Medical Biotechnology In Advancement Of Healthcare In Diabetes And Cancer

Uses living cells/organisms to produce pharmaceuticals and diagnostics.

### 10.3.1 Diabetes

#### Diagnosis

- **Biosensors (Glucose meters):** electrodes detect enzymatic reactions with glucose → electrical signal proportional to glucose level.
- **Continuous Glucose Monitoring (CGM):** real-time glucose tracking; helps adjust insulin dosage and diet.
- **HbA1c assays:** reflect average glucose levels over 3 months.
- **Biomarkers:** identified for early detection and disease monitoring.



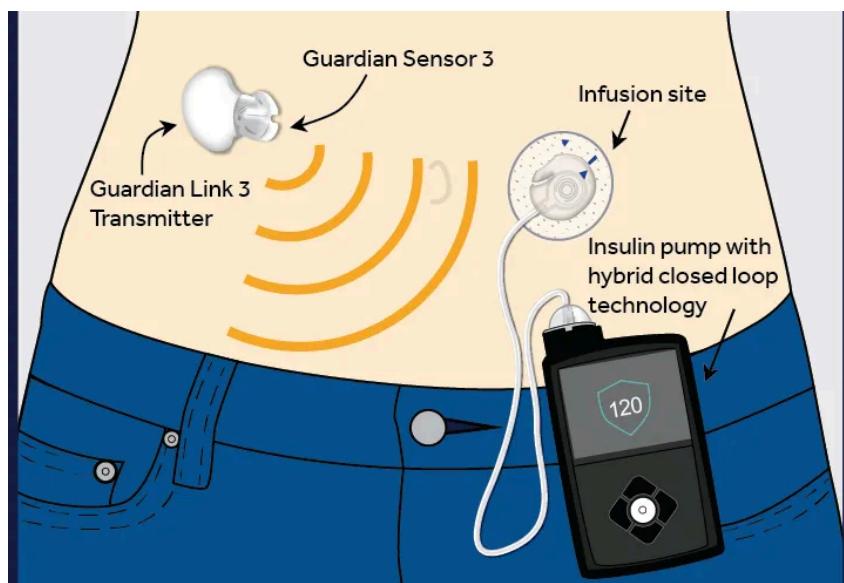


#### 10.3.1.2 Insulin Production

- Previously obtained from animals.
- Now produced using **recombinant DNA technology** in genetically modified bacteria → pure, safe, large-scale human insulin.

#### 10.3.4.3 Artificial Pancreas

- Closed-loop insulin delivery system.
- Combines sensor + computer algorithm + insulin pump.
- Automatically adjusts insulin based on real-time glucose → better control and fewer complications.



#### **10.3.4 Cancer**

Cancer arises from uncontrolled cell division; may be benign or malignant (spreading = metastasis).

Common cancers: lung, breast, prostate, oral, colorectal.

Pakistan (2022): 185,748 new cases; 118,631 deaths.



### **Biotechnological Contributions**

#### **Early and Accurate Diagnosis**

- Study of cancer cell lines → identify genes/proteins involved in cancer.
- Protein biomarkers (HER2/neu, CA125) used for early detection.
- Tumor suppressor gene mutations (BRCA1/BRCA2) linked to high cancer risk.
- Gene knockdown/knockout in cells verifies gene function.
- Animal models confirm genetic roles.
- Liquid biopsy developed for non-invasive detection (CTCs, cfDNA).

## Result-Oriented Targeted Therapies

- Targeted drugs affect only cancer cells → fewer side effects.
- Monoclonal antibodies (e.g., Herceptin) block specific pathways.
- Allows higher safe dosages and improved treatment success.

## The Impact of Biotechnology on Healthcare



## Patient-Specific Medicine

- Personalized treatments based on genetic profile, cancer stage, age, gender.
- Study of drug action using cancer cell lines and animal models.

## Continuous Research & Innovative Tools

- Liquid biopsy
- Next-generation sequencing
- Monoclonal antibodies
- Immunotherapy (engineered T-cells)
- Gene knockdown/knockout
- Cancer vaccines and oncolytic viruses

- Nanoparticle-based drug delivery
- AI for analyzing cancer patterns and predicting treatments

## 10.4 Potential Advantages Of Genetic Editing With Examples In Medicine And Agriculture

Gene editing modifies DNA by adding, removing, or altering nucleotides.

### Two methods

1. **Ex-vivo / In-vitro:** cells removed and edited in lab.
2. **In-vivo:** editing tools delivered directly inside the body.

### Major Gene Editing Techniques

#### 1. CRISPR–Cas9

- Guide RNA directs Cas9 enzyme to cut DNA at target site.
- CRISPR sequences originate from bacterial immunity against viruses.

#### 2. TALENs

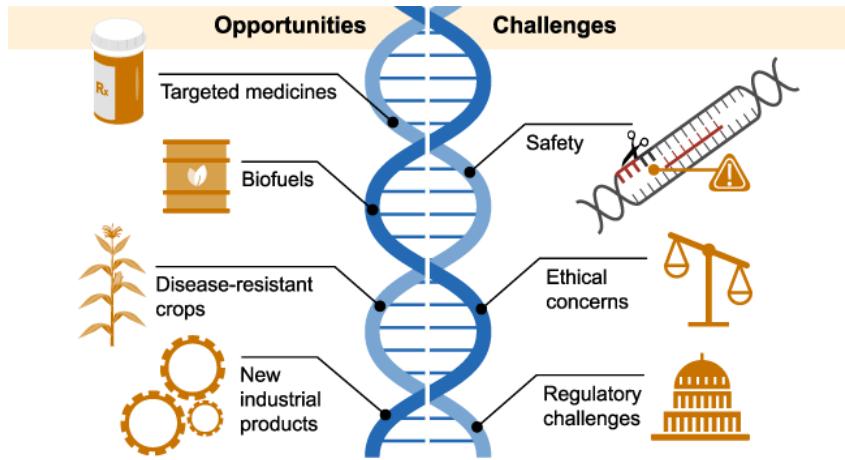
- Protein recognizes specific DNA sequence + nuclease cuts DNA.

#### 3. Zinc-Finger Nucleases (ZFNs)

- DNA-binding proteins fused with nucleases to create breaks at precise sites.

### Base Editing

- Alters individual nucleotides without cutting DNA strands.



### 10.4.1 Medicine

#### Managing Genetic Diseases

Examples: Thalassemia, Sickle Cell Anemia, Cystic Fibrosis, Duchenne Muscular Dystrophy.

#### Drug Development & Preclinical Testing

- Humanized mice used to test new drugs.
- Gene knockout cell lines used to test response to specific genetic defects.

#### Cancer Therapy

- Knockout cancer-promoting genes.
- Modify genes responsible for chemotherapy resistance.
- Create targeted cancer treatments.

#### Viral Resistance

- Editing genes like CCR5 for resistance to HIV and hepatitis.

### 10.4.2 Agriculture

#### Improvement in Food Crops

- CRISPR used to make disease-resistant, pest-resistant, drought-tolerant crops.
- Improves yield, taste, nutrition (e.g., rice, maize, wheat).

### **Improvement in Dairy Livestock**

- Gene modification improves milk/meat production.
- Enhances disease resistance.
- Example: myostatin gene modification increases muscle mass.

### **Environment-Friendly Farming**

- Gene editing reduces pesticide need by creating pest-resistant varieties.

### **Bioethical Limitations**

- Safety concerns
- Unequal access
- Unpredictable long-term effects
- Need for strict regulation

## **10.5 Benefits Of Marine Biotechnology**

Marine biotechnology ("blue biotech") uses marine organisms for medicine, cosmetics, food, fuel, and environmental protection.

### **Discovery of New Pharmaceutical Drugs**

- Marine organisms (sponges, algae, bacteria) produce unique chemical compounds.
- Drug examples:
  - **Ziconotide** – pain treatment (from cone snail).

- **Trabectedin** – cancer treatment (from marine tunicate).



### Medicinal & Cosmetic Products

- Marine fish/algae → omega-3 supplements for heart & brain health.
- Algae/seaweed used in moisturizers, anti-aging creams, antioxidants.
- Astaxanthin (from microalgae/shrimps) used in skin allergy medicines.

### Improved Aqua-Feed Formulation

- Algae and seaweed used to produce high-quality feed for fish/shrimp farming.
- Improves growth and reduces disease.

### Marine Enzymes with Unique Properties

- Work in extreme temperature, pressure, pH.
- Used in:
  - Food processing
  - Cosmetic industry
  - Detergents
  - Textile industry

Examples:

- $\alpha$ -amylase
- $\beta$ -agarase
- Xylanase

### Genetically Modified Aquaculture

- Produces disease-resistant and nutritious fish species.
- Genetic study of marine organisms helps improve stability and resilience.

### Biofuels from Marine Algae

- Marine microalgae produce lipids → biodiesel.
- Grow in saline water, reducing freshwater usage.
- Renewable energy source.

### Bioremediation

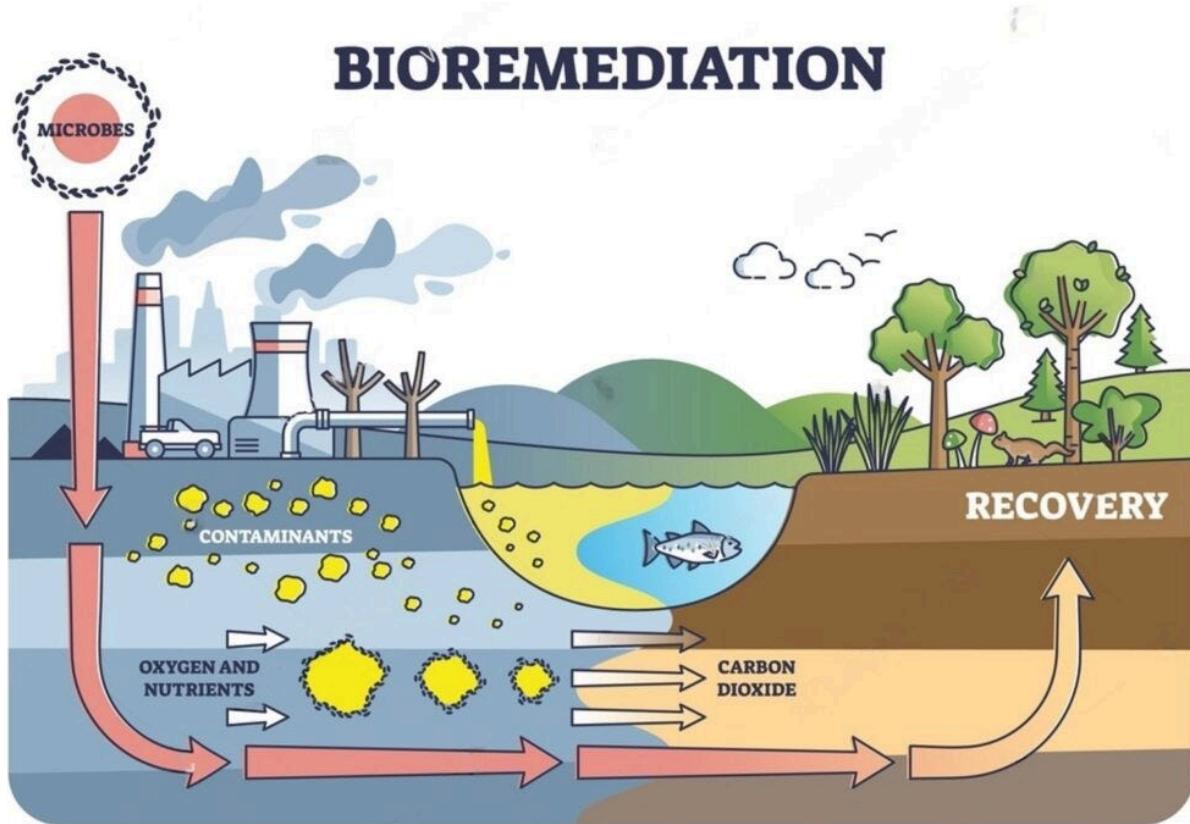
- Marine bacteria/fungi naturally degrade oil, plastics, heavy metals.
- Example: *Alcanivorax borkumensis* breaks down crude oil.

## 10.6 Bioremediation: Taking Better Care Of Our Environment

Bioremediation uses microorganisms and plants to detoxify polluted soil, water, and air.

## Types

1. **In-situ:** treatment at contamination site.
2. **Ex-situ:** removal and treatment at another location.



## Advantages

- Natural and sustainable
- Cost-effective
- Requires minimal machinery
- Environmentally friendly (less chemical use)
- Supports long-term ecosystem health
- Microbes can be genetically engineered
- Applicable for:

- Oil spills
- Heavy metal contamination
- Pesticide degradation

## Mechanism

1. Microorganisms are stimulated to grow in polluted environments.
2. They use pollutants as energy/food.
3. Convert them into harmless substances ( $\text{CO}_2$ , water).
4. The process requires proper temperature, oxygen, moisture, and nutrients.
5. Bioremediation can be accelerated by adding nutrients or air.

## Examples in Pakistan

### 1. Tasman Spirit Oil Spill (Karachi)

- NIBGE introduced oil-degrading bacteria.
- The 75-day treatment cleaned the sandy shore.



### 2. Lahore Industrial Waste

- Heavy metals and toxins from tanneries, paints, textile industries.
- Wetland-based bioremediation using plants + microbes to clean water.



## Concept and Applications of Industrial Biotechnology (White Biotechnology)

Uses microorganisms, enzymes, and plants to produce industrial products sustainably.

### Components

- Microorganisms
- Enzymes
- Biological system manipulation
- Genetic engineering

### Applications

#### 1. Food & Beverage

- Fermentation (baking, brewing)
- Rennet enzyme for cheese production

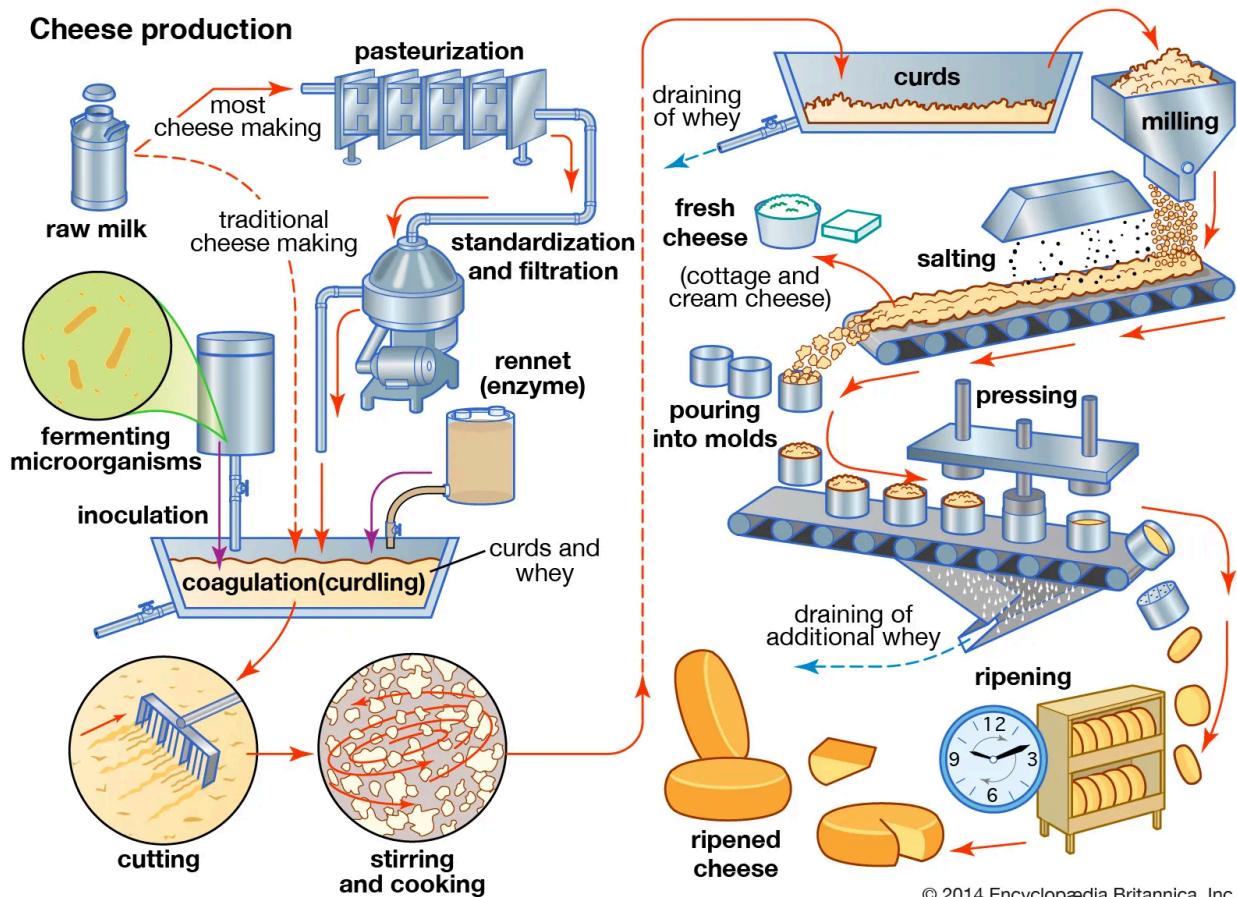
- Amylase for starch breakdown

## 2. Biopharmaceuticals

- Large-scale production of insulin, vaccines, vitamins, antibodies.

## 3. Agriculture

- Bio-fertilizers, bio-pesticides.
- Genetic engineering for crop improvement.



## 4. Useful Chemicals

- Citric acid, acetic acid, acetone

- Alcohols, amino acids from fermentation

## 5. Biofuels

- Bioethanol and biodiesel from sugarcane, corn, algae.



## 6. Bioremediation & Environmental Protection

- Use of microorganisms for waste cleanup.
- Reduces pollution, supports sustainability.



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