



آغا خان یونیورسٹی ایگزامینیشن بورڈ
AGA KHAN UNIVERSITY EXAMINATION BOARD

Teaching and Learning Resources for Grade XI Psychology

Recommended Key Textbook:

English Medium: An Approach to Psychology (Intermediate) by Rakhshanda Shehnaz

Additional Recommended Resource Material			
Topic No.	Topic Title	Reference Book	Website
1.	Introduction to Psychology	Introduction to Psychology-Research with animals Atkinson and Hilgard 16 th Edition Introduction to Psychology by Graig Roberts (A level Revision Guide)	https://www.simplypsychology.org/perspective.html https://mastersinpsychologyguide.com/articles/psychology-fields-specializations/ http://www.psychologydiscussion.net/notes/psychology-notes/notes-on-psychology-definition-scope-and-methods/1945 http://cms.gcgl.ac.in/attachments/article/190/Scope%20of%20Psychology.pdf
2.	Methods of Research	Introduction to Psychology by Graig Roberts (A level Revision Guide)	https://www.alzheimer-europe.org/Research/Understanding-dementia-research/Types-of-research/Research-methods https://www.questionpro.com/blog/what-is-research/ https://www.learningscientists.org/blog/2018/3/8-1

Topic No.	Topic Title	Reference Book	Website
3.	Nervous System and Behaviour	Mah Nazir Psychology for Intermediate (Latest Edition)	https://www.britannica.com/science/forebrain https://www.toppr.com/guides/biology/control-and-coordination/human-brain/ https://courses.lumenlearning.com/boundless-psychology/chapter/structure-and-function-of-the-brain/
4.	Sensation and Perception	Mah Nazir Psychology for Intermediate (Latest Edition) Introduction to Psychology by Atkinson and Hilgard 16 th Edition	https://courses.lumenlearning.com/boundless-psychology/chapter/introduction-to-sensation/ https://www.sciencedirect.com/topics/biochemistry-genetics-and-molecular-biology/differential-threshold https://uihc.org/health-topics/types-hearing-impairment https://www.hearingloss.org/hearing-help/hearing-loss-basics/types-causes-and-treatment/ https://www.britannica.com/science/Gestalt-psychology https://courses.lumenlearning.com/wsu-sandbox/chapter/gestalt-principles-of-perception/

Topic No.	Topic Title	Reference Book	Website
5.	Learning and Remembering	Introduction to Psychology by Graig Roberts (A level Revision Guide) Introduction to Psychology by Atkinson and Hilgard 16 th Edition	https://www.flightliteracy.com/thorndike-and-the-laws-of-learning/ https://www.verywellmind.com/classical-vs-operant-conditioning-2794861 https://courses.lumenlearning.com/boundless-psychology/chapter/introduction-to-memory/ https://opentextbc.ca/introductiontopsychology/chapter/8-1-memories-as-types-and-stages/ https://learn.canvas.net/courses/65/pages/text-a-how-can-memory-be-measured https://www.simplypsychology.org/memory.html
6.	Motivational and Emotional Behaviour	Introduction to Psychology by Graig Roberts (A level Revision Guide) Mah Nazir Psychology for Intermediate (Latest Edition) Introduction to Psychology by Atkinson and Hilgard 16 th Edition	https://courses.lumenlearning.com/boundless-psychology/chapter/introduction-to-motivation/ https://www.cliffsnotes.com/study-guides/psychology/psychology/psychology-motivation/biologicalphysiological-perspective https://www.mindtools.com/pages/article/human-motivation-theory.htm https://courses.lumenlearning.com/wmopen-principlesofmanagement/chapter/needs-based-theories-of-motivation/ https://www.verywellmind.com/an-overview-of-the-types-of-emotions-4163976

Topic No.	Topic Title	Reference Book	Website
			https://www.business2community.com/workplace-culture/the-different-types-of-emotions-and-how-they-impact-human-behavior-02263872 https://courses.lumenlearning.com/waymaker-psychology/chapter/emotion/ https://www.verywellmind.com/theories-of-emotion-2795717

Note: This resource list has been prepared primarily for teachers. While it can be shared with students, students should not be required to buy multiple books. Schools are encouraged to stock these books in the library. Moreover, these are only suggestions which have been compiled for the ease of teachers and students; schools are encouraged to use other resources for teaching and learning as well, as long as they are in line with the student learning outcomes (SLOs) mentioned in AKU-EB syllabi. Unless specified, AKU-EB does not endorse any of these books or websites. You are advised to use an ad-blocker while accessing the websites. In case any website is not functional for any reason, you may inform us at examination.board@aku.edu for an alternative or search material via any search engine. If you have any query, please contact us via email.



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Additional Recommended Resource Material			
Topic No.	Topic Title	Reference Book	Website
7.	Developmental Psychology	Mah Nazir Psychology for Intermediate (Latest Edition)	https://www.simplypsychology.org/developmental-psychology.html https://www.verywellmind.com/developmental-psychology-4157180 https://www.verywellmind.com/piagets-stages-of-cognitive-development-2795457 https://www.verywellmind.com/erik-eriksons-stages-of-psychosocial-development-2795740 https://www.simplypsychology.org/kohlberg.html https://www.encyclopedia.com/medicine/psychology/psychology-and-psychiatry/stanford-binet-intelligence-scale

Topic No.	Topic Title	Reference Book	Website
			https://www.sciencedirect.com/topics/nursing-and-health-professions/wechsler-intelligence-scale https://www.thoughtco.com/heuristics-psychology-4171769
8.	Social Psychology	Social Psychology for Dummies by Daniel Richardson	https://courses.lumenlearning.com/wmopen-psychology/chapter/what-is-social-psychology/ https://courses.lumenlearning.com/waymaker-psychology/chapter/persuasion/ https://opentextbc.ca/socialpsychology/chapter/chan-ging-attitudes-through-persuasion/
9.	Personality	Introduction to Psychology by Atkinson and Hilgard 16 th Edition	https://www.britannica.com/science/somatotype https://fractalenlightenment.com/31622/life/jungs-theory-of-introvert-and-extrovert-personalities http://journalpsyche.org/the-freudian-theory-of-personality/ https://www.verywellmind.com/the-id-ego-and-superego-2795951 https://psychcentral.com/lib/minnesota-multiphasic-personality-inventory-mmpi/ https://content.wisestep.com/projective-tests-theory-types-advantages-disadvantages/

Topic No.	Topic Title	Reference Book	Website
10.	Psychology of Health	Mah Nazir Psychology for Intermediate (Latest Edition) Introduction to Psychology by Atkinson and Hilgard 16 th Edition Introduction to Psychology by Graig Roberts (A level Revision Guide) Health Psychology-an introduction to Behaviour and Health by Linda Brannon.	https://courses.lumenlearning.com/boundless-psychology/chapter/behaviors-that-impact-physical-and-mental-health/ https://www.simplypsychology.org/abnormal-psychology.html https://www.psychologytoday.com/intl/blog/open-gently/201812/the-three-types-stress https://www.healthline.com/nutrition/common-eating-disorders https://www.medicalnewstoday.com/articles/192770
11.	Guidance and Counselling		https://www.slideshare.net/manisha31thakur/counseling-counselling-approach-directive-non-directive-eclectic-and-group-counselling-approaches-process
12.	Introduction to Statistics	Introduction to Psychology by Atkinson and Hilgard 16 th Edition Business Statistics by Shahid Jamal	https://www.verywellmind.com/why-are-statistics-necessary-in-psychology-2795146 https://www.mymarketresearchmethods.com/types-of-data-nominal-ordinal-interval-ratio/

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