

AGA KHAN UNIVERSITY EXAMINATION BOARD

SECONDARY SCHOOL CERTIFICATE

CLASS IX EXAMINATION

Food and Nutrition Paper III Practical

Time: 60 minutes Marks: 10

INSTRUCTIONS

Please read the following instructions carefully.

1. Check your name and school information. Sign if it is accurate.

**I agree that this is my name and school.
Candidate's signature**

2. RUBRIC. There are TWO stages. Both stages have various tasks. Perform ALL the tasks.
3. You must demonstrate the skills in front of the examiner when required.
4. Respond in EITHER Urdu or English but NOT both.
5. Complete your answer in the allocated space only. DO NOT write outside the box.
6. Use ONLY black pen or pencil. DO NOT use coloured pencils.
7. DO NOT use staples, paper clips, glue, correcting fluid or ink erasers.
8. The marks for the tasks are shown in brackets ().

Practical**Activity**

Prepare a dish according to the given category and cooking method and present it with proper table appointments.

دی گئی قسم اور پکانے کے طریقے کے مطابق ایک ڈش تیار کیجیے اور اس کو مناسب سجاوٹ اور ترتیب کے ساتھ پیش کیجیے۔

Category: Rice and cereals

چاول اور اناج

Cooking Method: Boiling

ابالنا

STAGE I

(Total 3 Marks)

Task 1

(1 Mark)

Choice of dish

ڈش کا انتخاب

Task 2

(2 Marks)

List the ingredients required for the preparation of the chosen dish.

منتخب کردہ ڈش کی تیاری کے لیے مطلوبہ اجزاء کی فہرست بنائیے۔

| Cereals and Pulses اناج اور دالیں | Quantity مقدار | Meat and Eggs گوشت اور انڈے | Quantity مقدار |
|--------------------------------------|-------------------|---|-------------------|
| | | | |
| | | | |
| | | | |
| Condiments مسالہ جات | Quantity مقدار | Milk and Milk Products دودھ اور دودھ سے بنی اشیا | Quantity مقدار |
| | | | |
| | | | |
| | | | |
| | | | |
| | | Fruits and Vegetables پھل اور سبزیاں | Quantity مقدار |
| | | | |
| | | | |
| | | | |
| | | | |

STAGE II

(Total 5 Marks)

Task 3

(2 Marks)

Preparation of the dish (Examiner's observation)

تیاری (ممتحن کا مشاہدہ)

Task 4

(1 Mark)

Taste of the food (Examiner's observation)

کھانے کا ذائقہ (ممتحن کا مشاہدہ)

Task 5

(2 Marks)

Draw a sketch to show the presentation of the prepared food. It should include the placements of serving accessories.

تیار شدہ کھانے کی پیشکش کا خاکہ بنائیے۔ اس میں پیش کی جانے والی اشیاء کی جگہ شامل ہونا چاہیے۔

Space for the sketch

خاکے کے لیے جگہ

School Record

(Total 2 Marks)

Please use this page for rough work

SAMPLE