

**AGA KHAN UNIVERSITY EXAMINATION BOARD**

**SECONDARY SCHOOL CERTIFICATE**

**CLASS X EXAMINATION**

**Food and Nutrition Paper III Practical**

**Time: 60 minutes    Marks: 10**

**INSTRUCTIONS**

**Please read the following instructions carefully.**

1. Check your name and school information. Sign if it is accurate.

**I agree that this is my name and school.  
Candidate's signature**

2. RUBRIC. There are THREE stages. All stages have various tasks. Perform ALL the tasks.
3. You must demonstrate the skills in front of the examiner when required.
4. Respond in EITHER Urdu or English but NOT both.
5. Complete your answer in the allocated space only. DO NOT write outside the box.
6. Use ONLY black pen or pencil. DO NOT use coloured pencils.
7. DO NOT use staples, paper clips, glue, correcting fluid or ink erasers.
8. The marks for the tasks are shown in brackets ( ).

## Practical

### Activity

Plan an informal lunch for TWO health-conscious persons; prepare and serve the entrée ONLY using appropriate table appointments.

صحت کا خیال رکھنے والے دو افراد کے لیے ایک غیر رسمی کھانے کی منصوبہ بندی کیجیے اور صرف مرکزی ڈشز کی تیاری کے بعد میز پر مناسب سجاوٹ کے ساتھ پیش کیجیے۔

### STAGE I

(Total 3 Marks)

#### Task 1

(2 Marks)

Planning of the meal

کھانے کی منصوبہ بندی

Appetizer: \_\_\_\_\_

Entrée:

i. \_\_\_\_\_

ii. \_\_\_\_\_

Beverage: \_\_\_\_\_

Dessert: \_\_\_\_\_

#### Task 2

(1 Mark)

Ingredients

اجزاء ترکیبی

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**STAGE II**

**(Total 2 Marks)**

**Task 3**

Preparation of the meal

کھانے کی تیاری

(Examiner's observation)

(ممتحن کا مشاہدہ)

**STAGE III**

**(Total 3 Marks)**

**Task 4**

(2 Marks)

Presentation of the meal on the table

میز پر کھانے کی پیشکش

(Examiner's observation)

(ممتحن کا مشاہدہ)

**Task 5**

(1 Mark)

Garnishing of the meal

کھانے کی سجاوٹ

(Examiner's observation)

(ممتحن کا مشاہدہ)

**School Record**

**(Total 2 Marks)**

*Please use this page for rough work*

SAMPLE