

AGA KHAN UNIVERSITY EXAMINATION BOARD
SECONDARY SCHOOL CERTIFICATE
CLASS IX
MODEL EXAMINATION PAPER 2023 AND ONWARDS
Elements of Home Economics Paper II
Time: 1 hour 55 minutes Marks: 40

INSTRUCTIONS

Please read the following instructions carefully.

1. Check your name and school information. Sign if it is accurate.

I agree that this is my name and school.
Candidate's Signature

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2. There are TEN questions. Answer ALL questions. Questions 8, 9 & 10 each offer TWO choices. Attempt any ONE choice from each.
3. When answering the questions:

Read each question carefully.
Use a black pointer to write your answers. DO NOT write your answers in pencil.
Use a black pencil for diagrams. DO NOT use coloured pencils.
DO NOT use staples, paper clips, glue, correcting fluid or ink erasers.
Complete your answer in the allocated space only. DO NOT write outside the answer box.
4. The marks for the questions are shown in brackets ().

Q.1. (Total 4 Marks)

A community child care centre requires services of a home economist.

Mention any FOUR responsibilities that the home economist may perform to develop a healthy environment for children.

Q.2. (Total 4 Marks)

Recent test reports of Badar indicate that he is at a risk of coronary heart disease.

Write any FOUR lifestyle changes that he should adapt to prevent the disease and improve his health.

Q.3.

(Total 3 Marks)

Given below are three different types of midday meal.

Baked potato, fruit pie and mousse	Small piece of poached fish, orange juice and rice pudding	French fries, chicken drum sticks and a small piece of cheese pizza
A	B	C

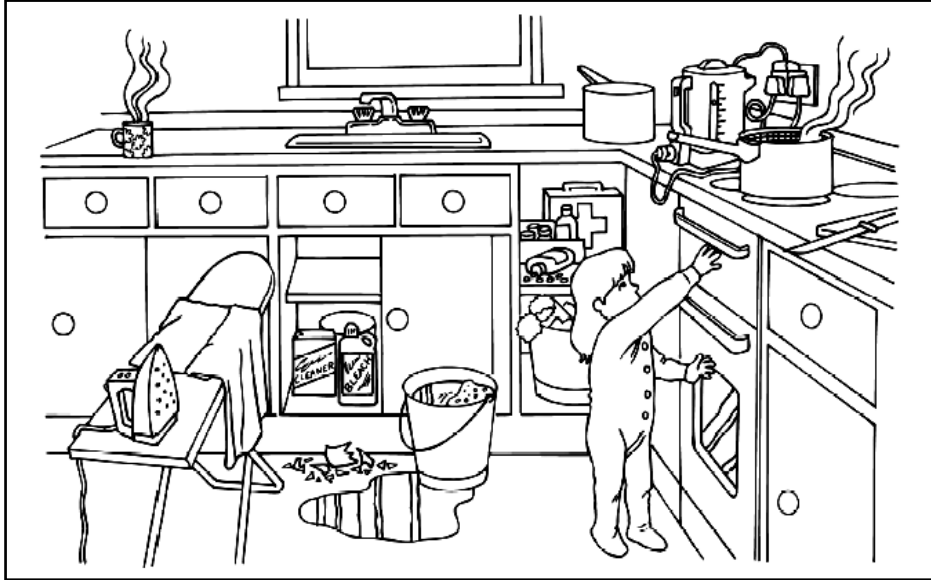
- a. Choose the MOST suitable and healthy meal for a four-year-old toddler from amongst **A**, **B** and **C**. (1 Mark)

- b. Give any TWO benefits of your choice of meal. (2 Marks)

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Q.4. (Total 4 Marks)

Observe the given picture carefully and answer the following questions.



a. Identify any TWO dangers for the child as shown in the picture. (2 Marks)

b. Name the type of accident that may occur because of any ONE of the dangers identified in part a. (1 Mark)

c. Suggest ONE way to prevent the accident identified in part b. (1 Mark)

Q.5.

(Total 4 Marks)

‘Cooperative learning strategy is effective in developing social skills in a diverse group of students at primary school.’ Give any FOUR reasons to support this statement.

Q.6.

(Total 3 Marks)

How do the following factors affect physical development of children? Give an example of any ONE factor in support of your answer.

a. Heredity

b. Malnutrition

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Q.7. (Total 3 Marks)

Read the given characteristics.

- Impose strict rules on children
- Punish children for failures
- Have high expectations from children
- Do not offer choices to children

a. Identify the parenting style depicted through the given characteristics. (1 Mark)

b. Write any TWO effects of this parenting style on children. (2 Marks)

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Q.8.

(Total 5 Marks)

EITHER

- a. Madiha is a mother of two children. Her children behave with indifference and lack social interaction. She is aware of the importance of good mental health but lacks strategies to develop it in her children.

Recommend any FIVE strategies through which she can promote the development of good mental health in her children.

OR

- b. Fahad, a 7-year-old, studies in Class 2. His father is called frequently to the Principal's office because Fahad usually fights brutally with his class fellows and reacts aggressively when confronted.

Imagine you are a counsellor. Suggest any FIVE ways in which Fahad's father can prevent Fahad from beating others.

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(Total 5 Marks)

OR

a.

- i. Mention any **FOUR** nutrients that should be a necessary part of a toddler's (3 to 5 years) diet. (2 Marks)
- ii. Describe the importance of any **THREE** nutrients identified in part i. (3 Marks)

b.

- i. Which cooking method is the **MOST** suitable for the preparation of breast, liver, kidney and neck of lamb? (1 Mark)
- ii. Give any **FOUR** benefits of the cooking method you mentioned in part i. (4 Marks)

Q.10.

(Total 5 Marks)

EITHER

- a. Developmental task is the accomplishment of a physical or cognitive skill during a particular age period to continue development.

Describe any FIVE developmental tasks of early childhood (3 to 5 years).

OR

- b. A teacher can be an effective caregiver, a mentor and a role model for students who spends almost 7-8 hours in school.

How does the given role of a teacher help in the development of students?

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