

# SHAID NEWS

Issue 33 Apr-Jun 2017

## Going Potty with SHAID's Social Isolation Navigator

The Canny Cooks were given the opportunity to take part in a 6 weeks Ceramic Craft Group. The group were keen to take up the challenge and gain a new skill. Both Denise, SHAID's Floating Support Worker and myself joined the group for its weekly sessions. We got so much out of it as we were working alongside our clients in a whole different way. It was wonderful to see how talented and patient the clients were whilst learning these new skills.

As workers we got to know our clients on a whole different level. There was no negativity or issues it was all very uplifting and positive. The clients got so much out of this course that they have decided to carry on with exploring other creative crafts.

By taking part in the Ceramics Course new bonds between clients and support workers have been forged, and a few clients who would not of attended without their Support Worker present are now looking at attending the new up and coming craft group on their own. So, without even realising working alongside clients has had positive benefits that we previously had not thought of.

Hearing the laughter and seeing the faces of our clients during this group has reminded me why I love my job.

One of the group members has taken the lead in the development of the new craft group which its hoped will be up and running in early September 2017. Being part of the planning for the new group has been of great benefit to her, and given her the opportunity to share her creativity and work on her time management and resourcing skills.

Finally, I would encourage any support worker who get the opportunity to work along side their clients in such a way to jump at the chance as it's a great experience for both you and the client.







**Christine Fairley Social Isolation Navigator** 

### Plan 4 Life Participants Accept Durham's High Sheriff's Award

The High Sheriff Awards were presented by the High Sheriff of Durham, County Durham Community Foundation and the Sir James Knott Trust at The Bowes Museum in Barnard Castle on Thursday 6th April.

A host of VIPs attended the prestigious event, including the Vice Lord Lieutenant of County Durham Alasdair MacConachie, Durham Chief Constable Mike Barton and mayors from across the region.

Participants from our Plan 4 Life team enjoyed a wonderful evening of entertainment and posh nosh at the beautiful historical venue. They networked with other projects and met a host of funders and dignitaries from around the County.

High Sheriff of Durham Gerard Salvin said: "We are extremely lucky to have so many wonderful organisations supporting young people in this area and it was a great honour to be able to hand out these annual awards."

PACT House headed by two members of our Plan 4 Life team, Dean Fall and Melissa McClaren, Sgt Dave Clark and Paula Murray Barrett, the Plan 4 Life Learning Mentor were awarded £2,000 for Second place. This money will be spent on furthering the youth projects running from PACT house this year.



# Support Services 1st Quarter report

#### **Pre Tenancy Support**

We've had a busy quarter with **41** young people either self referring or being referred by partner organisations. Of these:

- **16** Have been successfully rehoused
- 6 Are currently viewing properties
- 19 Have remained at home

#### Floating Support

SHAID are currently supporting **29** young people on our Floating Support service

SHAID's management would like to thank the support workers for their hard work during this quarter.

### A Fun Day Out for the Freedom Zone Gang



The Freedom Zone gang had a great day out at Durham's Pride event in May.

The event which is now in its fourth year aims to raise awareness and educate the public about the issues and difficulties affecting the lives of Lesbian, Gay, Bisexual and Transgender (LGBT) people in and around County Durham.

Prior to the event, group members had great fun, and, showed their decorative flair by designing



hats to be worn at the event.

The Freedom Zone is a peer led social group supported by SHAID & DISC for members of the LGBTQ+community aged 14-25.

For further information or to join the group please contact Jo Dixon, DISC's LGBT Support Worker on 01325 731160

#### **Introducing The Hollyacre Centre**

Following on from our highly successful housing project, St Peter's Court, we would like to introduce you to our latest project, The Hollyacre Centre. The centre which is based right next door to St Peter's Court in Sacriston will enable us to expand on our current housing provision for former armed forces personnel.

Since the opening of St Peter's Court in November 2011 demand for accommodation for former service personnel has increased greatly. It is for this reason that SHAID purchased the Hollyacre Centre, a former residential and nursing home.

Once the renovations are complete The Hollyacre Centre will incorporate;

- 15 Self Contained Flats
- Four Bed Family Apartment
- Training Suite
- Holistic Therapy Room
- Caretaker Accommodation
- Communal Lounges
- Emergency Access Accommodation

In addition, we also hope to introduce a drop in for former tenants to visit and take advantage of any training and advice that may benefit them.

Renovations will start within the next few months to convert the existing interior into self contained flats.

If you know of any ex service personnel who are homeless or in need of accommodation please do not hesitate to contact us on 0191 371 9813 or visit our website www.stpeterscourt.org

Tony Hammond St Peters Court Manager



Address: 94a Front Street Stanley County Durham DH9 0HU
Tel: 01207 238241 E-mail: <a href="mailto:info@shaid.org.uk">info@shaid.org.uk</a> Web: www.shaid.org.uk

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