# Need More Information

For further information on the services we provide please contact us at:

SHAID 94A FRONT STREET STANLEY CO. DURHAM DH9 OHU

Tel: 01207 238241

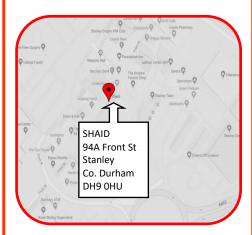
Email: info@shaid.org.uk

Web: www.shaid.org.uk

www.facebook.com/ SHAID.Itd



### How to Find us







## Plan 4 Life

Plan 4 Life's Personal Development Training is designed to help young people aged 16-24 who are not actively engaged in education, training or work explore their career prospects.

Attendees sign up to a minimum of 15hrs informal training over a 10 week period, allowing participants flexibility to gain skills at a gentle pace in a supportive relaxed safe environment.

#### **Overview of training offered:**

- Adventure Activity Team Building Residential
- Employability Training
- Volunteering
- Confidence Building
- Life Skills, including Financial Support
- BKSB Assessment, Maths, English, up to level 2
- Housing Tenancy Training.
- Art Therapy.
- Training & Development courses. First Aid, SIA Licence, H&S & Food Safety



# **Pre Tenancy Support**

The Pre Tenancy Support Service offers support to young people aged 18-25 who have issues around accessing housing.

### The support offered includes:

- Advice on housing options if you are thinking about leaving home
- Support if you find yourself homeless or threatened with homelessness
- Signposting to other specialist agencies
- Referral to our Floating Support service if you are living in your own tenancy
- Help with filling in forms and applying for benefits or grants
- Contacts with community groups and facilities in your area
- Basic advice on your housing rights
- Help with housing applications
- Advocacy

# Floating Support

The primary role of the Floating Support Scheme is to offer young people age 16-25 support in their own tenancies or in the transitional period towards independent living.

### The support offered includes:

- Housing rights & responsibility
- Applying for benefits and grants
- Budgeting and paying bills
- Finding furniture
- Reporting repairs
- Learning skills to help you successfully maintain your tenancy
- Building self confidence
- Networking with specialist agency
- Information on local facilities
- Befriending & emotional support
- Advice on education, training or employment
- Advocacy

# **Cree Services**

Based at Wear Road Community House, Derwentside Cree is a group for men of all ages designed to reduce isolation, promote positive mental health and social inclusion through: Peer Support, Mentoring and Informal Training.

#### Activities on offer include:

- Fishing
- Guitar tuition
- Archery
- Digital photography
- Walking trips
- Arts and crafts
- Accredited training
- Cookery
- Woodcrafts
- Board games
- Wellbeing courses

and much more ...

#### **St Potors Court**

St Peters Court is a complex sixteen self-contained fully furnished apartments. The development, situated within Sacriston a village 3 miles from Citv is specifically Durham former designed for armed services personnel.

In addition to the living quarters there is also an IT suite and communal common room.

Externally there is a car park, tenants allotment and garden.

SHAID can offer tenants support & advice on issues including possible funding avenues for training and employment as well as provide housing support when a tenant decides to move on.

Tenants may stay at St Peters Court for up to two years.

