NATIONAL UNIVERSITY
of Computer & Emerging Sciences

Course: CS 2005- Database Systems

Semester: 04, Spring 2024

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MILESTONE –III

Changes made in the Relational Model after Milestone-II

Admin (adminEmail, name, password)

Approval (approvalID, gymOwnerEmail*, adminEmail*, gymName*, location , facilitySpecification, activeMembers, businessPlan)

GymOwner (ownerEmail, addedBy*, name, password)

Gym (gymName, gymOwner*, adminEmail*, isApproved, location, membership_fees, customerSatisfaction, classAttendanceRate, membershipGrowth, financialPerformance)

Gym_CustomerSatisfaction (gymName*, memberEmail*, customerSatisfaction)

Gym_classAttendance (gymName*, memberEmail*, date, isPresent)

Gym_Membership (gymName*, memberEmail* , date)

GymTrainers (gymName*, trainerEmail*)

Gym_Machines (gymName* , exerciseName*, machineName*)

Trainer (trainerEmail, name, password, speciality, experience, qualification, isVerified, addedBy*)

TrainerRating (trainerEmail*, memberEmail*,rating)

Trainer_Verification (VerificationID, trainerEmail*, gymName*, isVerified)

Feedback (trainerEmail*, memberEmail*, feedbackContent)

Exercise (exerciseName, targetMuscle)

WorkoutPlan (workoutPlanID, trainerEmail* , memberEmail*, goal, schedule, experienceLevel)

Workout_Exercises (Day, workoutPlanID* , exerciseName*, sets, reps)

Diet_Meal (Day, dietPlanID*, mealName*)

DietPlan (dietPlanID, trainerEmail*, memberEmail*, purpose, typeOfDiet)

Meal(mealName, allergen, fibre, fats, carbs, protein, calories, nutrition, portionSize)

Member (memberEmail , addedBy*, trainerEmail*, dietPlanID*, isApproved, currentlyFollowingWorkoutPlanID*, gymName*, memberName, password , membershipDuration, objectives, signup_date)

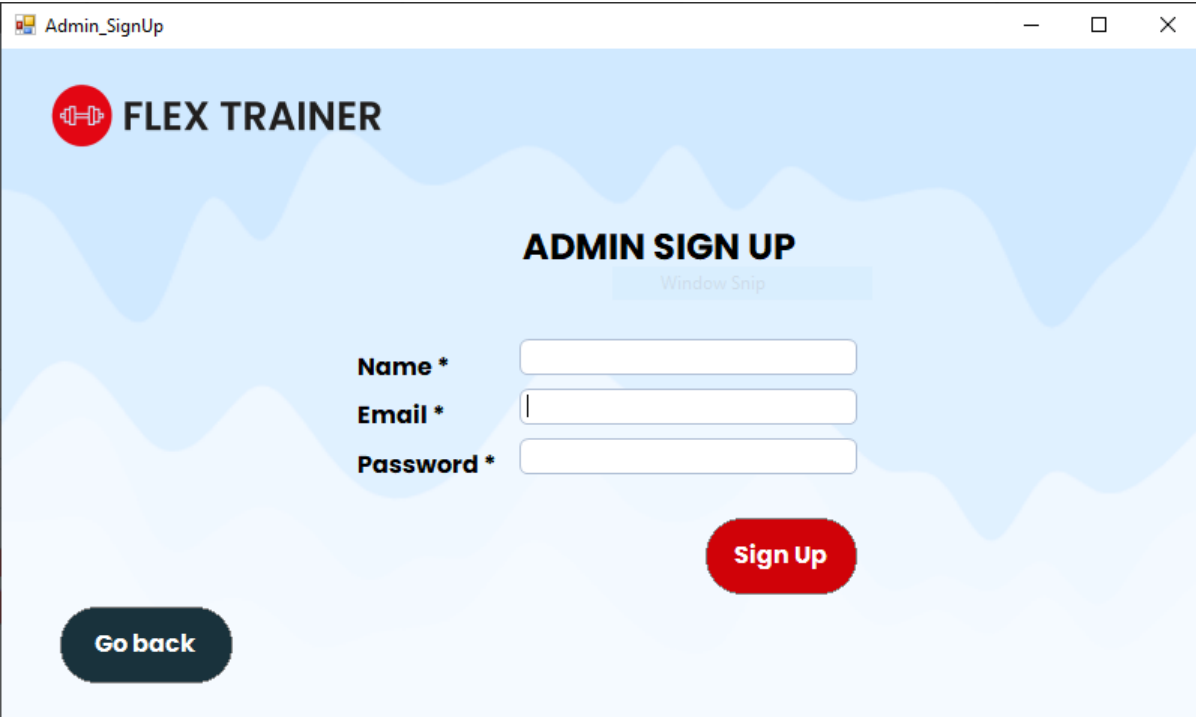Member_Verification (VerificationID, memberEmail*, gymName*)

Appointment (AppointmentID, trainerEmail*, memberEmail*, appointmentDescription, date)

<p style="text-align:center; color:red;">Changes made in the UI after Milestone-II</p>

Main Screen UI:
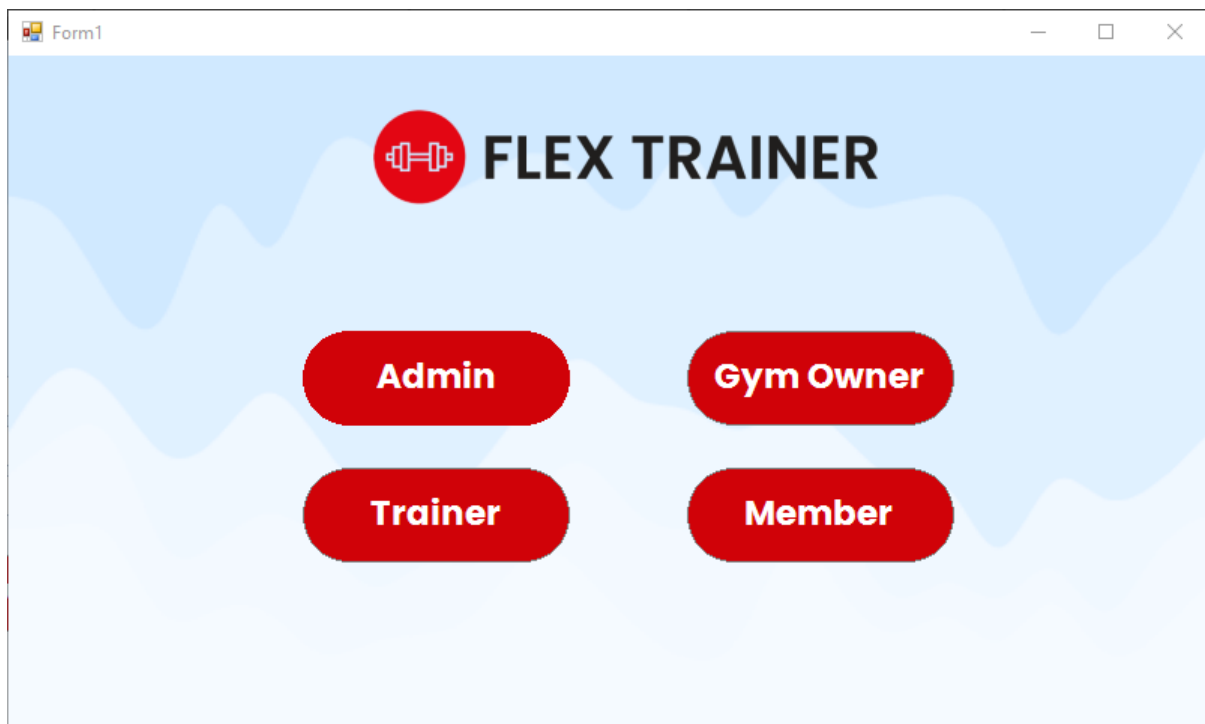
Admin UI:
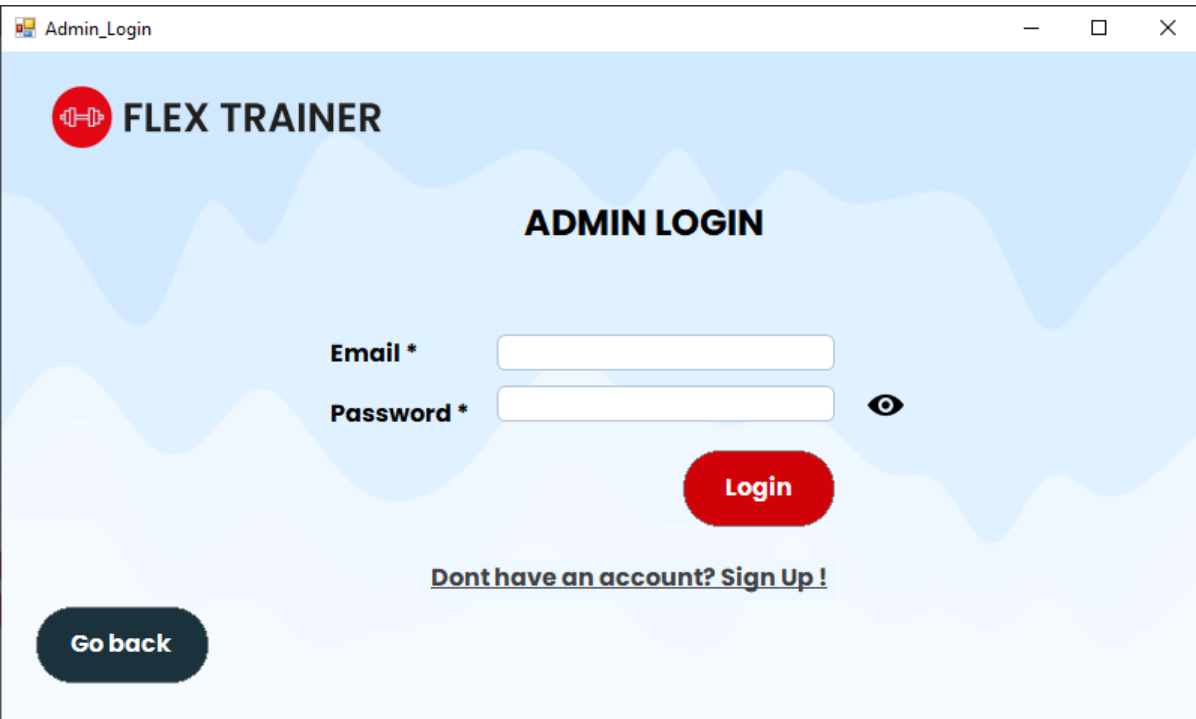
Admin_Dashboard

FLEX TRAINER

Waiting Gym Approvals: **Approval ID**   0

Approve   **Approve All**

	approvalID	gymOwnerEmail	adminEmail	gymName	location	facilitySpecifica...	activeMembers	businessPlan	gymName1

Waiting Gym Owner Approvals:

	approvalID	gymOwnerEmail

Log out   **View Approved Gyms**   **Reports**

Admin_ApprovedGyms

FLEX TRAINER

Approved Gyms

	gymName	gymOwner	adminEmail	isApproved	location	membership_f...	customerSatisf...	classAttendanc...	membership
▶	Gym1	a	a	☑	Location1	100	4	80.50	20

Go back   **Select the Gym to Remove from Portal**   **Remove**

* Deleting the Gym will delete the Gym, deleting all the members of the gym, and removing the allocation of trainer to gym.

Admin_Reports

FLEX TRAINER

REPORTS

1. Details of members of one specific gym that get training from 1 specific trainer. ▼

2. Details of members from one specific gym that follow a specific diet plan. ▼

3. Details of members across all gyms of a specific trainer that follow a specific diet plan. ▼

4. Count of members who will be using specific machines on a given day in a specific gym. ▼

5. List of Diet plans that have less than 500 calorie meals as breakfast. ▼

Go Back   **Next Page**

Admin_Reports_2

FLEX TRAINER

REPORTS

6. List of diet plans in which total carbohydrate intake is less than 300 grams. ▼

7. List of workout plans that don't require using a specific machine. ▼

8. List of diet plans which doesn't have peanuts as allergens. ▼

9. New membership data in last 3 months (Gym Owner). ▼

10. Comparison of total members in multiple gyms, in the past 6 months. ▼

Previous Page

Gym Owner UI:

GymOwner_Dashboard — □ ×

FLEX TRAINER

Gym Verified ☑

Waiting Member Verifications: **Member Verification ID** 0 ⬍   **Verify**   **Verify All**

	VerificationID	memberEmail	gymName

Waiting Trainer Verifications: **Trainer Verification ID** 0 ⬍   **Verify**   **Verify All**

	VerificationID	trainerEmail	gymName	isVerified

Log out   **View Approved Members and Trainers**   **Add Machine**   **Report**

GymOwner_ViewMembersTrainers — □ ×

FLEX TRAINER

Members

	memberEmail	addedBy	trainerEmail	dietPlanID	i

Trainers

	trainerEmail	name	password	speciality	e

Member Email [▾]   **Remove**   **Trainer Email** [▾]   **Remove**

Go back

*Deleting the trainer will nullify the allocation of Member trainer.

GymOwner_AddMachine

FLEX TRAINER

ADD MACHINE

Machine Name *

Exercise Name *

Add

Go back

GymOwner_Report

FLEX TRAINER

REPORTS

1. Display all the members that are member of the Gym. ▼

2. Display All those Members that do not follow any Workout Plan. ▼

3. Display All those Members that do not follow any Diet Plan. ▼

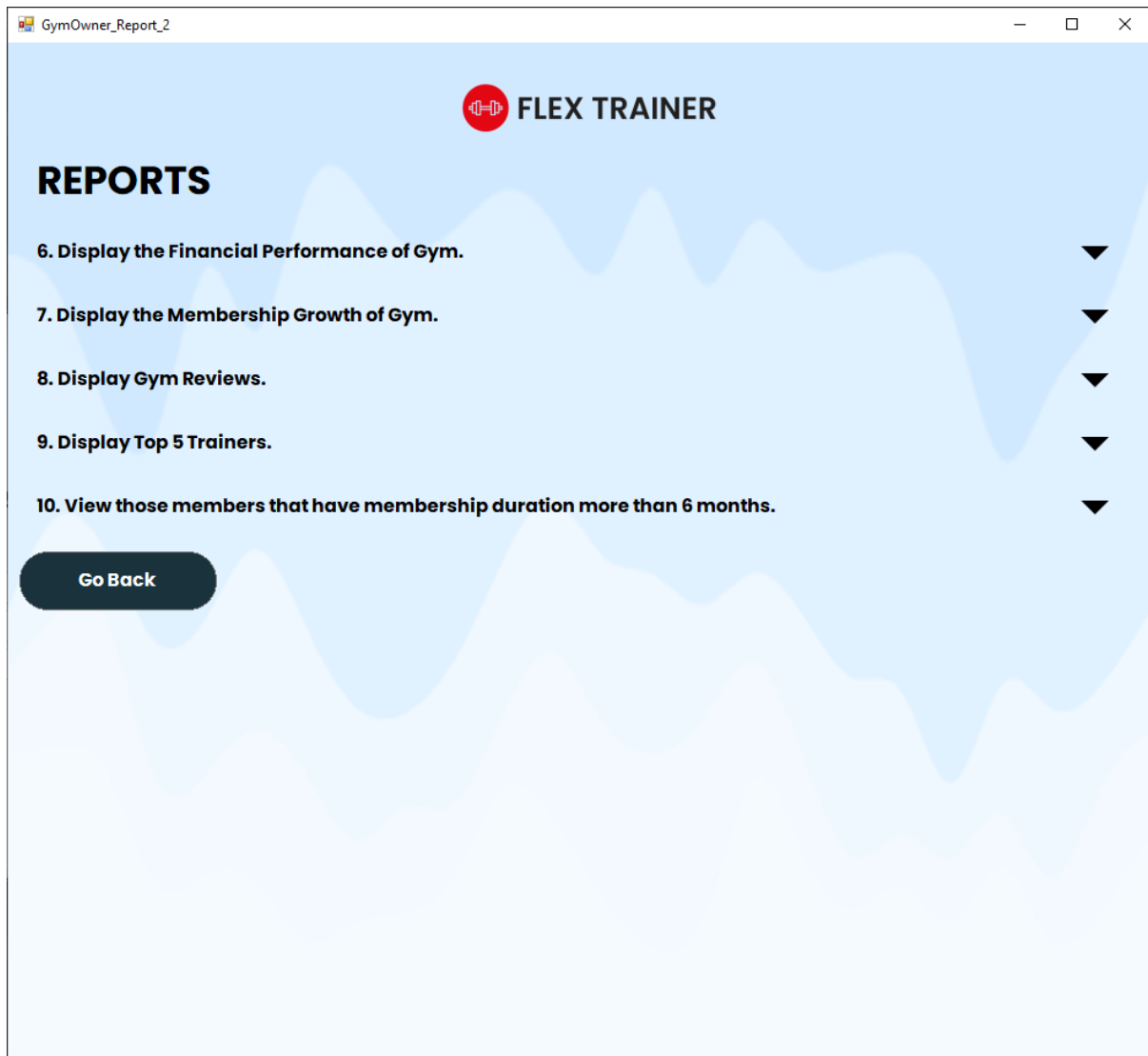4. Display all those members in a current gym who have the same objective. ▼

5. Display all those members that have a specific trainer. ▼

Go Back **Next Page**

GymOwner_Report_2   — ☐ ✕

FLEX TRAINER

REPORTS

6. Display the Financial Performance of Gym. ▼

7. Display the Membership Growth of Gym. ▼

8. Display Gym Reviews. ▼

9. Display Top 5 Trainers. ▼

10. View those members that have membership duration more than 6 months. ▼

Go Back

Trainer UI:

Trainer_Dashboard

FLEX TRAINER

Member Feedback

Gym **Member Appointments** **Workout Plan** **Diet Plan**

Log out

Trainer_Gym

FLEX TRAINER

JOIN GYM

Enter Gym Name to join [   ] **Select**

Joined Gyms **Available Gyms**

gymName
Gym9

gymName
Gym1
Gym10
Gym11
Gym12
Gym13

Go Back

Trainer_Appointments

FLEX TRAINER

Appointments

AppointmentID	trainerEmail	memberEmail	appointmentDescrip	date

Enter Appointment ID `0` ⬍ `12 May 2024` ▾

Go Back **Cancel** **Reschedule**

Trainer_Dashboard

FLEX TRAINER

Member Feedback

Gym **Member Appointments** **Workout Plan** **Diet Plan**

	workoutPlanID	goal	schedule	experienceLevel
▶	1	Weight Loss	Mon-Wed-Fri 8:0...	Beginner
	31	Weight Loss	Sat-Sun 9:00 AM	Intermediate
	37			

Log out **Create**

Trainer_Dashboard   — □ ✕

FLEX TRAINER

Member Feedback

Gym   **Member Appointments**   **Workout Plan**   **Diet Plan**

dietPlanID	purpose	typeOfDiet

Log out   **Create**

Trainer_WorkoutPlan_Create   — □ ✕

Go back   **FLEX TRAINER**

Goal * [   ]   Experience Level* [   ]

Day 1

Target Muscle   [▾]

Exercise Name *   [▾]

Sets   [0   ⇅]

Exercises Added: **Reps**   [0   ⇅]   **Add Exerci...**

Next Day

Trainer_DietPlan_Create — □ ×

Go back

FLEX TRAINER

Purpose *   Type of Diet*

Day 1

Allergens

Meal Name *   Add

Meals Added:

Next Day

Trainer_Dashboard — □ ×

FLEX TRAINER

Member Feedback

Gym   Member Appointments   Workout Plan   Diet Plan

	trainerEmail	memberEmail	feedbackContent
▶	trainer1@email	member1@email....	good guy
	trainer1@email	member2@email....	bad guy

Log out

Member UI:

Member_Dashboard — □ ×

FLEX TRAINER

Trainer Feedback **Book Appointment**

Gym **Trainer** **Workout Plan** **Diet Plan**

workoutPlanID	goal	schedule	experienceLevel	
38				
39				
40				
41				
42				
43				
45				

Log out Enter Workout [   ] **Select**

Member_Dashboard — □ ×

FLEX TRAINER

Trainer Feedback **Book Appointment**

Gym **Trainer** **Workout Plan** **Diet Plan**

dietPlanID	purpose	typeOfDiet	trainerEmail	memberEmail
1	Weight Loss	Keto		member1@email....
200				member1@email....

Log out Enter DietPlan [   ] **Select**

Member_Trainer_Feedback_Dashboard — □ ×

FLEX TRAINER

Your feedback:

Submit

Go back

Member_BookAppointment — □ ×

FLEX TRAINER

Select Date   **Enter Appointment Description**

23 May 2024

Your Current Appointments

	AppointmentID	trainerEmail	memberEmail	appointmentDescription	date
▶	2	trainer2@email	member1@email....	Hello trainer kese ho	23/05/2024

Go Back   **Enter Appointment ID**   1   **Cancel**   **Book**
                   To Cancel Appointment

Entity Relationship Diagram
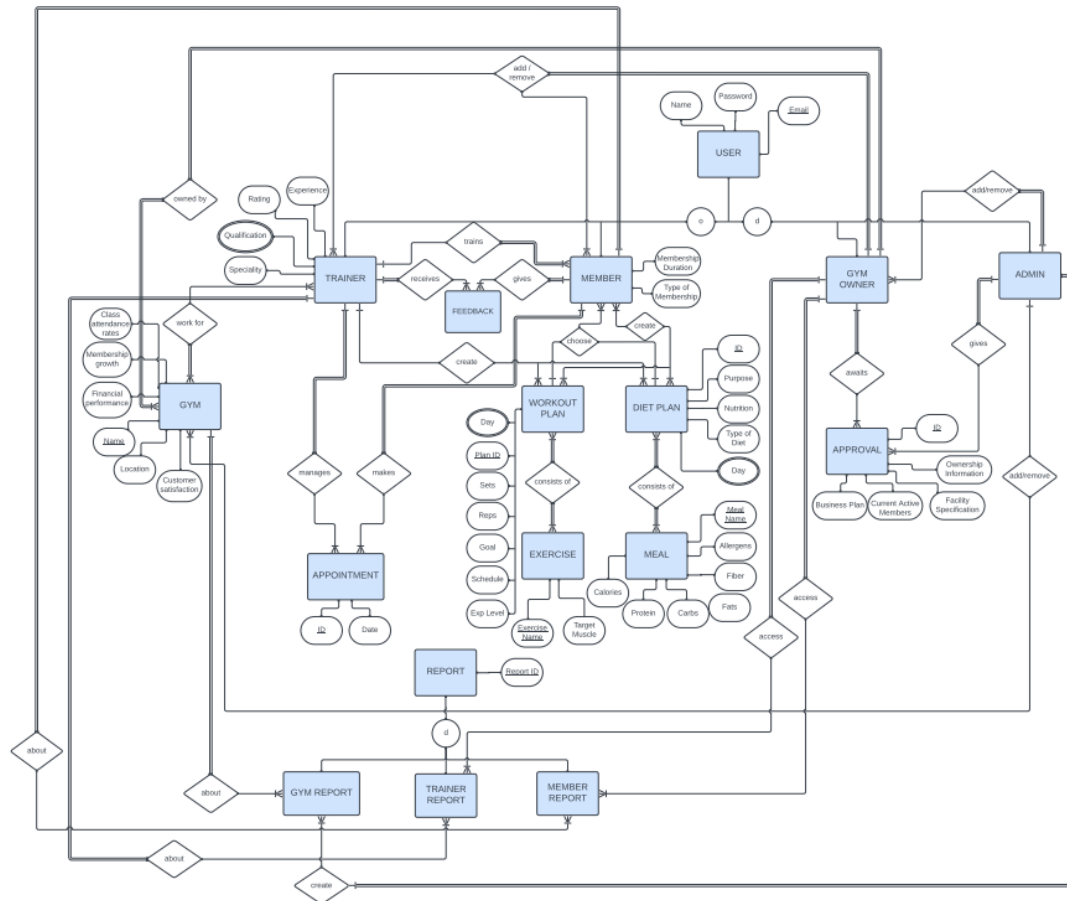
Functionality

1) **User Registration and Approval:**
   - Gym owners, trainers, and members can register for the system.
   - Upon registration, users must request approval from the relevant authority (admin for gym owners, gym owner for trainers and members).
   - Approval requests are reviewed and approved by the appropriate authority.

2) **Gym Owner Functionality:**
   - Gym owners have access to reports on various aspects of their gym's performance, including membership growth, attendance rates, and trainer/member activities.
   - They can submit gym registration requests, which are reviewed and approved by the admin.
   - Gym owners can remove trainers or members from their gym if necessary.

3) **Admin Functionality:**
   - Admins oversee the entire system and have access to reports across all registered gyms.
   - They can approve gym owner registration requests and gym registration requests from gym owners.
   - Admins can remove gyms from the system if they no longer meet the required standards.

4) **Trainer and Member Functionality:**
   - Trainers and members have access to personalized interfaces where they can create workout plans, diet plans, and book appointments.
   - They can request approval from gym owners to access gym-specific functionalities.
   - Trainers can join multiple gyms, with each gym owner's approval.
   - Members can choose trainers and book appointments with them.
   - Trainers have the option to accept or reject appointment requests.