

## The Power of Performance Feedback

Amber Vanderburg

## Judges Scores

7

Judge 1

5

Judge 2

3

Judge 3

#### Judges Scores

**Too Quiet** 

Judge 1

Beats too close together

Judge 2

Lack of depth

Judge 3

# 9

"What I think really makes an excellent performance is one that builds. I like it to begin slowly and get louder, like a crashing wave. What you did was great for the end part, but it would have much more impact if you created some contrast between the beginning and the end."

-Judge 1



"You can also increase the crescendo by starting with slower, quieter clapping, but then get faster and louder towards the real triumphant ending.

Your clapping at the end was quite good."

-Judge 2



"You're looking for a sharper sound as well. You keep clapping with the middle of your hands, but you really want that sharp sound to give it some definition. I absolutely hate the hollow palm on palm sound."

-Judge 3

## Judges Scores

10

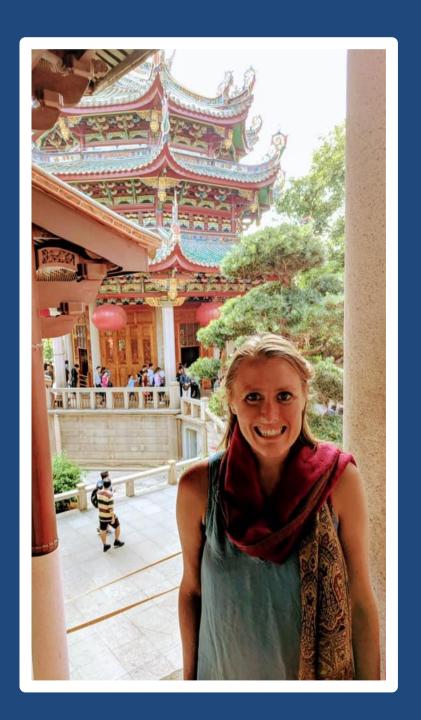
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10

Judge 1

Judge 2

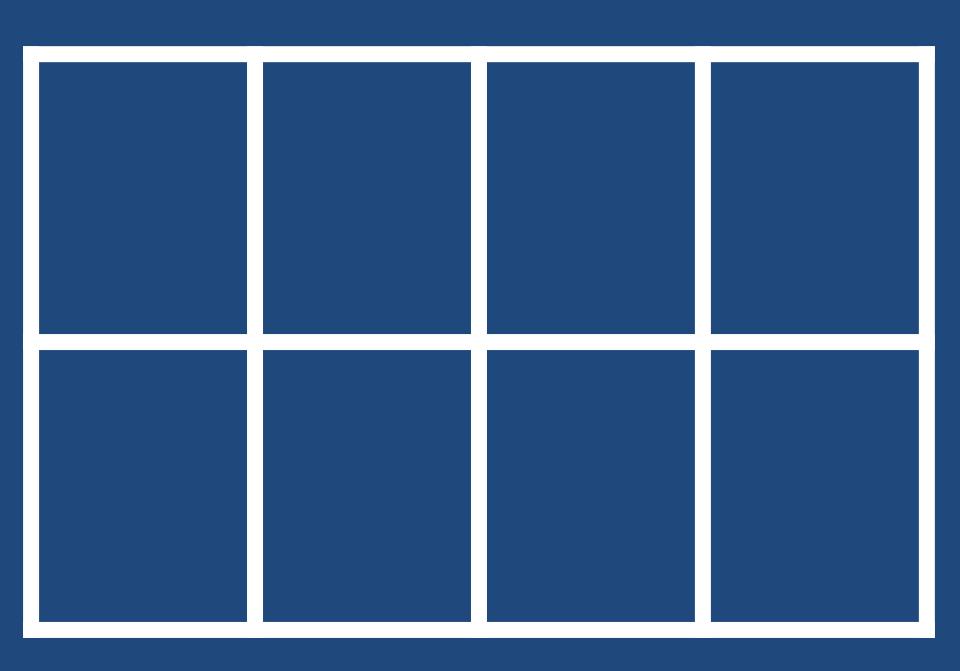
Judge 3



# Hello! My name is Amber Vanderburg!

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## Clarify What Why





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#### Intentions Vs. Outcomes



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## Feedback Framework

- 1. Seek Understanding
- 2. Purpose of Feedback



#### Get Specific to Get Strategic!

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## Encourage



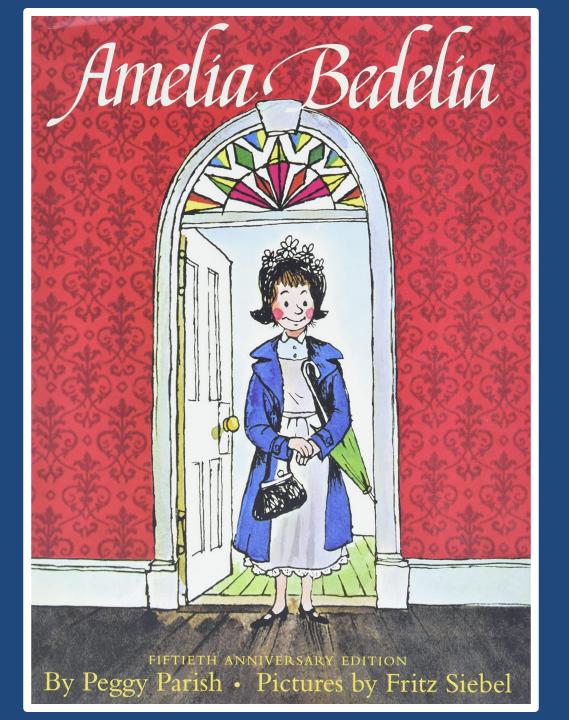


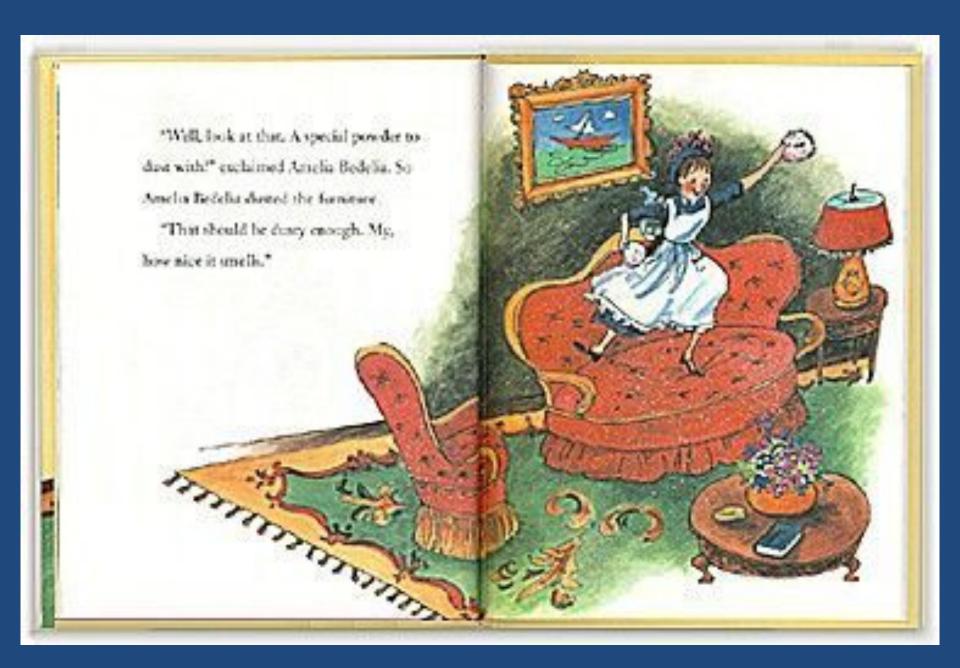
## Correct



## Feedback Framework

- 1. Seek Understanding
- 2. Purpose of Feedback
- 3. Action Step







"Amelia Bedelia, the sun will fade the furniture. I asked you to draw the drapes," said Mrs. Rogers. "I did! I did! See," said Amelia Bedelia. She held up her picture.

## Feedback Framework

- 1. Seek Understanding
- 2. Purpose of Feedback
- 3. Action Step
- 4. Follow Up



#### Scorecard or Scoreboard



#### Feedback Ownership



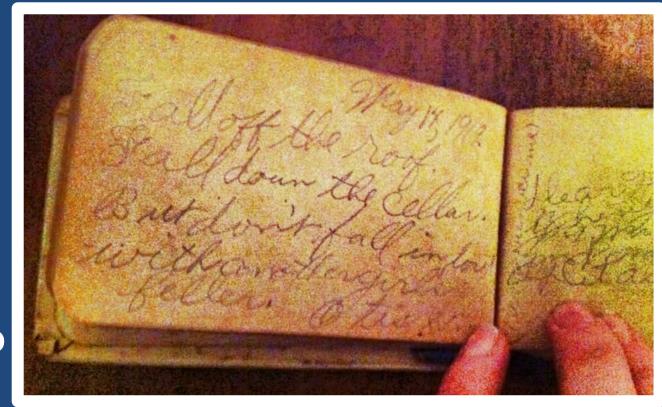
#### How to Receive Feedback

- 1. Start with empathy (\*Seek understanding)
- 2. Ask if you can ask (2-3) clarifying questions for understanding
- 3. Repeat the feedback to the person for understanding (\*Purpose of feedback)
- 4. Clarify action steps (\*Action step)
- 5. Thank you
- 6. Follow up (\*Follow up)

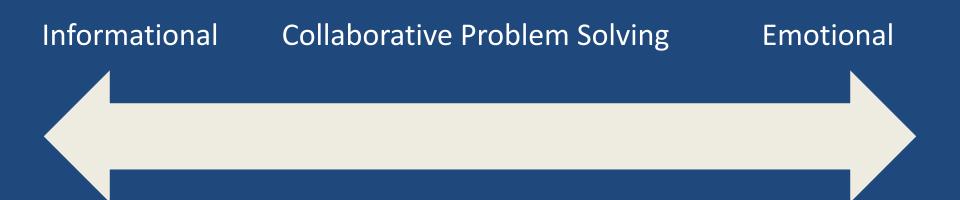
### Feedback Framework

- 1. Seek Understanding
- 2. Purpose of Feedback
- 3. Action Step
- 4. Follow Up

What makes love letters so romantic?



#### Methods of Communication



#### Methods of Communication

Emotion
Complexity
Person



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### Amber Vanderburg

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- Thank you!

- 1. Feet perfectly in lined in shoulders
- 2. Toes pointed to the left
- 3. Shoulders back
- 4. Elbows pointed outwards
- 5. Hands near chest in a position as if about to perform a push up
- 6. Open palms
- 7. Finger tips loose ready for jazzy fingers
- 8. Eyebrows lifted high to expose headlines
- 9. Mouth in a perfect O shape
- 10. At the designated time, lift up and down on toes, repeat rapidly
- 11. At the designated times, bring hands together keeping the fingers in perfect sync which will result in a clapping noise then immediately bring hands apart, repeat rapidly
- 12. At the designated time, exert a Woooo or Wooohooo sound with a perfectly O shaped mouth





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