

# ACTIVITY REPORT

## Centre for Women's Studies & Development Himachal Pradesh University

April 2015 to March 2016





# HIMACHAL PRADESH UNIVERSITY

## Summer Hill, Shimla - 171005

**Professor Arun Diwaker Nath Bajpai**  
*Vice-Chancellor*



## Message

It gives me immense pleasure to know that the Centre for Women's Studies & Development, Himachal Pradesh University, is bringing out its activity report for session 2015-2016.

Centre for Women's Studies & Development is doing praiseworthy efforts through organizing gender sensitization programmes, colloquiums, workshops, seminars, conferences and health camp regularly.

I place on record my deep appreciation of the commendable work done by Centre for Women's Studies & Development of our university for involving youth of university as gender champions to work for ensuring women dignity in society and spreading gender sensitization campaign.

I also appreciate the initiative taken by centre in publishing research catalogue and guidelines on gender issues. I wish the centre all success in its endeavors.

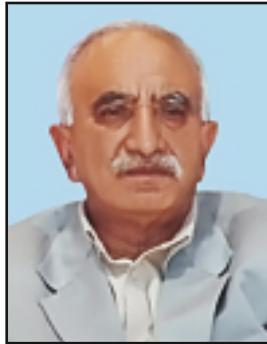
(A.D.N. Bajpai)



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## Summer Hill, Shimla - 171005

**Prof. Rajinder Singh Chauhan**  
Pro Vice-Chancellor



### Message

It gives me immense pleasure to know that the Centre for Women's Studies & Development, Himachal Pradesh University, is bringing out its activity report for session 2015-2016.

Centre for Women's Studies & Development is doing praiseworthy efforts through organizing gender sensitization programmes, colloquiums, workshops, seminars, conferences and health camp regularly. Centre is progressing and collaborating with various government departments, non-government organizations and voluntary organizations to work for women's cause.

I appreciate the initiative taken by centre this year in recognizing and rewarding the work of individuals and leading organizations who are working for women cause in society. I wish the centre all success in future.

(Rajinder Singh Chauhan)

## *From the Editor's Desk...*



*For a well balanced fabric of society it is imperative to give the fair sex their due in the society. Gender inequality is not just a gender issue that affects the women, but it is also a socio-economic issue that adversely affects the development. The issue need to be addressed through intervention of Educational Institutions also. Various initiatives have been started in the system to ensure Gender equality. All listed firms were required to have at least one women Director on Board from 1st April 2015 as per a SEBI directive as also under company Act 2013. A total of 307 companies have complied their mandate of nominating women to the board of Directors aimed a ensuring gender diversity in boardroom. Prosecution has been launched against 169 firms for failing to comply with mandate this year. Role of women Directors in Corporate Governance definitely will be helpful to ensure gender equality in corporate World. Women have started to come out as organizations to fight the injustice against women. Women has started protesting against the banning of women from worship at place of worship. Whether entry at Shani Shingnapur Temple in Ahmed Nagar, Maharastra, Haji Ali Dargah in Mumbai, women have started raising their voice against inequality prevalent in the system*

*God is every where but if a women find her faith in a temple idol, how can tradition can stand in the way of her right to worship. This Question was posed by the Supreme Court to Sabrimala authorities on the grievance of women denied entry at the Kerala temple. In Himachal Pradesh also women started entering Baba Balak Nath Temple where previous entry of women was banned.*

*Whether it was giving permanent commission to women in Army, navy, air force, whether it was permission for women to fly fighter jet or allowing women to teach Buddha Philosophy, we have seen tremors of equality threatening injustice & inequality in the system. Centre for women's studies & Development of Himachal Pradesh University is also working on the same issue. Centre this year has recognized the work of those organizations who are fighting for women cause & rewarded them with women achievers on behalf of Centre. Centre is also working with Gender Champions of Himachal Pradesh University to ensure dignity of women in society & fight against injustice & inequality. Centre organized various workshops, seminars, awareness campaigns in this direction. Activities performed by Centre in 2015-16 are published in this activity report.*

A handwritten signature in black ink, appearing to read "Mamta Mokta".

**(Professor Mamta Mokta)**  
Director  
Centre for Women, s Studies and Development  
Himachal Pradesh University, Shimla

## **ABOUT THE CENTRE**

Objectives of Centre for women's studies & Development of Himachal Pradesh University

1. Brining gender related issues to the arena of academic pursuit of interdisciplinary studies on women issues.
2. Conducting comprehensive study of the peculiar socio-cultural and economic problems of the women folk of Himachal Pradesh. (Projects under his objectives are to be undertaken)
3. Suggesting, measures to correct social imbalances in the process of change, recognition of human rights, attitudinal and cultural improvements besides the need for women's empowerment for equality and effective contribution in all areas of development.
4. Giving a new direction to contemporary education to make it more responsive to the needs and aspiration of women and to make it a vehicle of creating sympathetic understanding of woman as a human being and not merely a beast of burden and an object for sexual exploitation.
5. Assessing and evaluating through academic inquiry women's contribution to the social process and to identify and suggest corrective social action against discriminatory practices and the gap between political promises and reality.
6. Making education non-existent and taking up the challenges to promote values of social equality, secularism and democracy in our country.
7. Giving interdisciplinary academic orientation to gender issues with the help of analytical concepts and methodologies.

## **VISION OF THE CENTRE**

- To make women visible in various disciplines.
- To accelerate the process of women's empowerment.
- To understand and emphasize the scientific basis of women's development so that public opinion can be formed.
- To create a database on the status of women in Himachal Pradesh

## **CENTRE'S LIBRARY**

The Centre's Library was set up during the first phase of its activity for ensuring infrastructure facilities. The Library contains about 500 selected books which are reference books for the students, faculty and staff of Himachal Pradesh University, Government agencies and NGOs which add to its readership. The Library is looking forward for further additions in the form of latest books and journals.

## **ABOUT THE STAFF**

Two Research Assistants, Mrs. Seema Thakur and Mrs. Anju Devi are working in Centre for Women's Studies and Development. I am also thankful to Mrs. Seema Thakur and Mrs. Anju Devi who gave their cooperation in organizing various activities of centre from time to time & also helped me in bringing out this activity report.



**Mrs. Seema Thakur**  
Research Assistant



**Mrs. Anju Devi**  
Research Assistant

# **National Seminar on Theme “Quality in Products & Services”**

National Seminar on “Quality in Products & Services” was organized by National Accreditation Board for certification Bodies(NABCB) Quality council of India (QCI) at conference Hall of State Institute of Health & Family welfare on 24th July 2015 More than hundred delegates from different sections of society participated in this Seminar. This Seminar was organized in collaboration with Centre for women's studies & Development of Himachal Pradesh University and Himachal Upbhogta Sarankshan Parishad (H.P.)

Smt. Pratibha Singh, Ex-M.P. and Vice Chairperson, Red Cross, H.P. was the chief guest on this occasion and inaugurated this Seminar. Chairman consumer coordination council Mr. M.K. Reddy felicitated Chief Guest by presenting her Bouquet and Shawl. Chairman Himachal Upbhogta Sarankshan Parishad Sh. Shivdutt Bhardwaj welcome chief guest, dignitaries, delegates and participants of Seminar. Prof. Mamta Mokta Director Centre for Women's Studies and Development Himachal Pradesh University & advisor Himachal Upbhogta Sarankshan Parishad conducted the stage and facilitated this seminar.

Chairman consumer coordination council Mr. M.K. Reddy in his address told that consumer coordination council is facilitating in organizing this seminar in Hilly state of Himachal Pradesh because consumers need to be enlightened and empowered about their rights so that they can ask for their enforcement.

As Chief Guest on this occasion Smt. Pratibha Singh, Ex-M.P. and Vice chairperson, Red cross, H.P. in her inaugural speech expressed her happiness that most of delegates in this Seminar are women. She emphasized that women are mostly consumers and as enlightened Consumer it is essential that they must be aware about various adulteration malpractices of market so that they can purchase quality goods & products & can ensure health of their family members. Prof. Mamta Mokta presented vote of thanks in inaugural session.

Technical session was started after tea break when presentation was given by Ms. Sashi Rekha Director, NABCB on Voluntary standards and regulations. She explained how NABCB provides accreditation to certification & inspection bodies based on assessment of their competence as per board's criteria & in accordance with International standards and guidelines. NABCB is internationally recognized and represents interest of Indian Industry.

Rajesh Maheshwari, Joint Director NABCB gave his presentation on Role of Accreditation .He emphasized that accreditation gives attestation of competence by an authoritative body & gives recognition of technical competence.

Mr. Ranjit Kumar, Scientist-B, BIS, gave his presentation on product certification. He told delegates that before purchasing products product certification must be checked. He also discussed that how come fraudulent being carried out in market in the name of fake certification. He emphasized the fact that being customer we all should ensure proper certification of products to check their authenticity and quality.



**Ms. Shashi Rekha, Director, NABCB, National Accreditation Body  
as Key Speaker in National Seminar**

Mr. Rajesh Maheshwari, Joint Director NABCB gave his presentation on system certification. He discussed in detail that in today's world system certification is also in practice. ISO 9001, ISO 14000 were discussed in detail. He emphasized the fact that there is need of promoting awareness of quality in all systems operating in our country.

Ms Sashi Rekha Director NABCB gave her next presentation on complaint Handling She cautioned the participants that we as consumer should never compromise with quality and if there is any complaint we must lodge the complaint with appropriate authorities in order to ensure quality in system.

Ms. Yogita Dutta, Advocate and Member District Shimla Consumer Redressal Forum, gave her presentation on role of consumer forum. She also threw light on various dimensions relating to functioning of District consumer forums in Himachal Pradesh.

Interactive session was held in the end in which various queries relating to consumers' interest were raised and various doubts were cleared by expert panelist. Questions relating to accreditation, system certification, product certification checking recognition of educational institutions, Ensuring road safety in the interest of general public and protecting interest of patients were also discussed. Chairman, Consumer Coordination Council, Sh. M. Reddy and Ms. Sashi Rekha, Director, NABCB and Mr. Rajesh Maheshwari, Joint Director NABCB, gave answers to various questions raised during interactive session to the utmost satisfaction of delegates. Final vote of thanks was presented by Prof. Mamta Mokta Advisor Himachal Upbhogta Sarankshan Parishad and Director Centre for Women's Studies and Development who thanked all experts, delegates and participants for making this Seminar successful, she hoped that many such seminars will be organized in Himachal Pradesh in near future also.

# **Workshop for Gender Champions**

**(14th Sepetember, 2015)**

Workshop on Gender champions was organized in Department of Public Administration on 14.9.2015. More than 70 Students of Himachal Pradesh university participated in this workshop. Director Centre for Women's Studies and Development, Prof. Mamta Mokta introduced about the scheme of Gender Champions in Higher education Institutions. She told that youth from university should come forward to join as gender champions to create positive social norms in educational institutions that value girls and their rights. Dr. Mokta informed the participants that as Gender champion they have to provide an integrated and interdisciplinary approach to understand the social and cultural construction of gender that shapes the experiences of women and men in society. The aim is to make the young boys and girls gender sensitive and create positive social norms that value the girls and their rights. Various students were motivated to join as gender champions of Himachal Pradesh University students asked various questions regarding their roles and responsibilities. All questions were answered by Prof. Mokta to the utmost satisfaction of them. In the end Prof. Mokta thanked all participants of workshop and hoped that more and more students will come forward to work as gender champions of Himachal Pradesh University.



**Director, Prof. Mamta Mokta addressing the participants of  
Gender Champions Workshop on 14th September, 2015**

# Awareness Programme

## Organised by

### Gender Champion in Kuthah Village of Pangi

Gender champions of Himachal Pradesh University were appointed by centre for women's studies and development for session 2015-16. These champions were encouraged and motivated and were given training to organize awareness programmes on various gender issues. Under this series Vijay Singh research Scholar of Department of public administration organized One day awareness programmes in Kuthah village of Pangi Bolck of district Chamba on 11th November, 2015. More than 70 people of the village participated in this awareness programmes organized by Vijay Singh as Gender Champion of Himachal Pradesh University. Information regarding various schemes of Himachal Pradesh for women welfare like Mukhya Mantri Kanyadan Yojna, Beti Hai Anmol Yojna, Widow re-marriage scheme, Mother-Teresa Asahaya Matri Sambal Yojna and Mata Shabari Mahilla Sashktikarn Yojna of the State Government were given by Vijay Singh on this occasion. Women were motivated to come forward to take benefit of these schemes. Along with this children of the village under the direction of Vijay Singh presented a Skit before the participants in which the message of Gender equality was given. Women of the village also presented folk Naati on this occasion and gave the message of women coming forward and playing their constructive role in the society. Finally Vijay Singh thanked the Participants and assure them to organize such activities in future also.



Gender Champion Vijay Singh addressing the villagers at Pangi



Folk Dance



Skit by children giving message of women's equality

# **Workshop on Theme “Promoting Gender equality: Issues and Challenges”**

Centre for women's studies and development Himachal Pradesh University organized one day workshop in collaboration with Nehru Yuva Kendra Shimla on theme “Promoting Gender Equality Issues and Challenges” on 30th November 2015 in Law conference hall. More than 100 participants participated in this workshop. Hon'ble Vice Chancellor Himachal Pradesh University, Prof. A.D.N. Bajpai was Chief Guest on this occasion and Dr. Purnima Chauhan, Principal Secretary, Administrative Reforms, Govt. of Himachal Pradesh and Mrs. Jainab Chandel, Chairperson, State Women Commission were Guest of Honour on this occasion. Lt. Gen. A.K. Shori and Shri S.N. Joshi were Special Guests in this workshop .

Workshop was inaugurated by Prof. ADN Bajpai, Hon'ble Vice Chancellor, Himachal Pradesh University. Workshop was started with lighting of lamp by dignitaries and followed by Kulgeet. It was followed by honouring of Chief Guest, Guest of Honour, Special Guests and Key Speakers.

Prof. Mamta Mokta, Director Centre for Women's Studies and Development, Himachal Pradesh University, and coordinator of the workshop welcome all dignitaries, delegates and participants and introduced the theme of the workshop.

Chief Guest Hon'ble Vice Chancellor, Prof. ADN Bajpai on this occasion in his inaugural speech stressed the need of promoting gender equality in institutions of higher education. He stated that women plays an important role in our society and nowadays women have been coming forward to play leading role in society. He added that both men and women need to work together in a peaceful manner in order to eradicate the discrimination against half of the population simply because of gender bias. He concluded by saying that women should take a stand for themselves, they should not compromise their dignity for any reason.



**Smt. Jaineb Chandel,  
Chairperson, State Women Commission,  
addressing the participants of workshop**



**Hon'ble Vice Chancellor, Prof. ADN Bajpai,  
and Chief Guest addressing the delegates  
and participants**



**Release of Information Handbook of Women Welfare and Development Schemes**



**Hon'ble Vice Chancellor, Prof. ADN Bajpai, addressing the workshop**

Hon'ble Pro Vice Chancellor Prof. Rajinder Singh Chauhan also expressed his concern over promoting gender sensitivity in societies. Dr. Purnima Chauhan in her address showed concern over enforcing gender budgeting in practices. She raised the question that how much of us will be able to talk on this and convince people around us in favour of gender equality? She said, women at different spheres think differently. What we think here does not mean others also think the same way. She said that there is a need to structure our approach and understand it.

Mrs. Jainab Chandel, Chairperson, State Women Commission, in her address said that education is the most important tool that cannot be stolen and will only enhance the knowledge. She stressed the need of organising awareness programmes in far flung places of Himachal Pradesh. Women must participate and raise their voices against the wrong doing.

Mr. S.N. Joshi, Advisor, Himachal Voluntary Health Associate, appreciated the UGC initiative of appointing Gender Champions in higher education institution. He also asked all gender champion



**Release of Handbook of Gender Sensitization by Hon'ble Vice Chancellor and Pro Vice Chancellor**



**Director welcoming Prof. Girija Sharma, Dean of Studies, H.P. University in Inaugural Session**



**Gender Champions of  
Himachal Pradesh University**



**Delegates of Workshop**

present in the workshop to give their introduction and briefly introduce their vision to work as Gender Champion in the society. He also stressed the need that Gender sensitization of both boys and girls should begin early and it is important to initiate change process at the young age to shape attitudes and transform behaviour.

Ajay Shrivastava associate professor in Journalism in ICDEOL, Himachal Pradesh University, raised his concerns over Gender inequality practices among the person with disability specially with the girls. Women incharge of various affiliated colleges of Himachal Pradesh University also shared their view point on promoting gender equality through higher education institution.

Youth coordinator Mr. Prabhat Kumar also shared his concern on this issues. He stressed the need that youth are the agent of change and can be used as the agent of socialization to bring required change in the society.

In the end Prof. Mamta Mokta Director Centre for women's Studies and Development Himachal Pradesh University thanked all dignitaries, resource persons and participants to make the workshop successful.

# **Self Defence Training Camp**

Centre for women's studies and development Himachal Pradesh university organized eight days self defence training camp for girls students of Himachal Pradesh University from 1st March 2016 to 8th March 2016 at Girls Hostel auditorium. 90 girls students of Himachal Pradesh University participated in this training camp and got training on self defence technique those can be used for self protection of girls at the time of emergency. Students in the camp were also given demonstration regarding various warm up and physical fitness exercises those were required for physical fitness. Karate coach Sh. Gopal Chand took interest in giving safety tips to the girls. Trained girls students of this camp also gave a demonstration on the eve of International Women's Day on the basis of training received during the self defence camp. On valedictory function of the camp, Director Centre for Women's Studies and Development, Prof. Mamta Mokta thanked Karate Coach Gopal Chand for giving training to the girls in Self Defence Training Camp. Dr. Mokta also expressed her gratitude to Dr Monika Sood who gave her assistance in organizing this workshop and also appreciated the untiring efforts of Mrs. Anju Devi, Research Associate in Centre for Women's Studies and Development who assisted in coordinating this programme. Dr Mokta also assured the students that self Defence training Camps will be organized in near future also.



**Girls of H.P. University participated in Karate Camp on 1st to 8th March, 2016**



**Karate Demonstration given by students on International Women's Day**

# **Gender Sensitization Campaign**

Gender Sensitization Campaign for students of Himachal Pradesh University was organised on 5th March, 2016 in Himachal Pradesh University Auditorium. One hundred and twenty five students participated in this campaign. Prof. Mamta Mokta, Director, Centre for Women's Studies and Development, in her presentation told that gender sensitization of both boys and girls must begin at early stage to initiate change process at a young age to shape attitude and transform behaviours. Dr. Runa Mehta, Assistant Professor, Department of Laws, H.P. University, Shimla, gave her presentation on preventing sexual harassment of women at workplace. Documentaries relating to gender sensitization were also shown on this occasion.



**Gender Sensitization Campaign organised in Himachal Pradesh University**

# **Debate/Essay Competition**

Centre for women's Studies and Development Himachal Pradesh University organised debate and essay competition on 5th March, 2016 with Himachal Pradesh State Commission for Women for the students and Research Scholars of Himachal Pradesh University on women Related issues.

## **Topics of the Essay and Debate were:**

- 1 Women Empowerment
- 2 Need and impact of Protection of Women from Domestic Violence Act, 2005 and Dowry Prohibition Act, 1961.
- 3 Role of women and Society with respect to both rural and urban areas in H.P.

Winners of this competition were given prizes on 8th March, 2016 by Hon'ble Pro Vice Chancellor, Prof. Rajinder Singh Chauhan and Dr. Sadhna Bajpai.

## **Winners of Debate Competition**

Babita Dhiman, UILS	First	Rs. 2500
Shaifali, Political Science	Second	Rs. 1500
Nikhil Chug, UILS	Third	Rs. 800
Archit Malhotra, UILS	Consolation	Rs. 500
Namrata Sharma, UIIT	Consolation	Rs. 500.

## **Winners of Essay competition**

Mrinal UILS	First	Rs. 2500
Chaunauti Sagroli, UILS	Second	Rs. 1500
Babita, Hindi	Third	Rs. 800
Pooja Thakur, Public Administration	Consolation	Rs. 500
Rahul Sandan, Sociology	Consolation	Rs. 500

## **Students Participating in Essay Competition**



**Students participating in Debate Competition  
on Women Issues on 5th March, 2016**



**Debate Competition organised by Centre  
in collaboration with State Women Commission  
of Himachal Pradesh**

## **International Women's Day Celebration 8th March 2016**

International Women's Day was celebrated on 8th March 2016 in Himachal Pradesh University auditorium under Gender Equity initiative Theme promoting "Gender Sensitization" in Himachal Pradesh University. Pro Vice Chancellor Prof. Rajinder Singh Chauhan was the chief guest on this occasion and Dr. Sadhana Bajpai was guest of Honour on this occasion. Programme was inaugurated by lighting of lamp by Chief Guest & Guest of Honour followed by Kulgeet.

Professor Mamta Mokta, Director Centre for Women's Studies & Development, welcome all dignitaries, guests, participants & introduced the 2016 theme for International Women's Day "Planet 50-50 by 2030: Step It Up for Gender Equality". Gender sensitization programme was also organized for the teaching and non teaching staff of Himachal Pradesh University on this occasion documentaries relating to gender sensitivity were also shown on this occasion.



Pro Vice Chancellor Prof. Rajinder Singh Chauhan, emphasized the role of self defence technique for women and stressed that girls should learn self-defence for their protection.

Dr. Sadhana Bajpai, Guest of Honour on this occasion, told that women are inherent part of our society and cannot be neglected due to their less power and authority. They are created as a companion for men & men have to make her walk with her in the course of life.

Karate Demonstration was also given on this occasion that was shown by those girls who got training in the self defence training camp organized by Centre for Women's Studies and Development.

Winner of debate and Essay competition were also given prizes by Chief Guest and Guest of Honour on this occasion. These prizes were sponsored by State Commission of Women, Himachal Pradesh.



**Dignitaries sitting on Dice**

Mrs. Rajkumari Section Officer Budget section also shared her views on women empowerment and various women welfare policy of state government.

Women achievers 2016 and representatives of various voluntary organizations were also honoured on this occasion. Prof. Girija Sharma was honoured as first women Dean of Studies of Himachal Pradesh University and Prof. Veena Sharma was also honoured to be appointed as first Women chief Warden of Himachal Pradesh University Prof. Meenakshi Sooden, Chairperson, Department of Economics, Himachal Pradesh University, Shimla; Dr. Maninderjeet Kaur, Founder Member of Himalayan Research Group; Archna Phull, Bureau Chief Daily Post; Devkanya Thakur, Director and Producer of Film 'No Women's Land'; SAHAAS, Leading Organisation and Meenakshi F. Paul, Professor, Department of English, H.P. University Centre for Evening Studies, were given women achievers award 2016. Their services were recognized and acknowledged by Centre for Women Studies and Development.

Dean of Studies, Prof. Girija Sharma, thanked all guests and participants on this occasion and appreciated the initiatives taken by the Centre for Women's Studies and Development in this occasion.



**Women Achievers 2016**

**OTHER ACTIVITIES**  
organised by  
**Centre for Women's Studies and Development,**  
**Himachal Pradesh University, Shimla**



**Bone Density Test organised on 8th March, 2016 in H.P. University, V.C. Committee Room**



**Oath of Not Taking Dowry, was taken by students  
on 5 March, 2016 in H.P. University Auditorium**



## ACTIVITIES 2016



Gender Sensitization Campaign was organised by CWSD in Govt. Degree College Nahan on 22nd April, 2016



Workshop on Declining Child Sex Ratio organised on 3rd June, 2016



Tree Plantation Campaign orgased by CWSD on 15th June, 2016



Workshop on Environment and Women's Health organised on 15th June, 2016



Workshop on "Mainstreaming Gender in Higher Education Institutions" organised on 28th June, 2016