

PT 360: 5 Years Current Affairs

PT 360 is a Course for 5 years Current Affairs for Prelims. It includes Current Affairs from June 2016 to May 2021.

Course Duration: 25 Hours for 5 Years Current Affairs. Number of Pages: Approx. 300.

Subjects: 1. Indian Polity. 2. International Relations. 3. Social Issues. 4. Environment, Geography, and Maps. 5. Economy. 6. Art and Culture. 7. Science And Technology. 8. Governance: Ministries, Schemes, Policies, Acts, and Bills.

Approach

- All the subjects are segregated into topics and Subtopics.
- Eg. Social issues PT is segregated into 9 subtopics:
 1. Women. 2. Children. 3. Other Vulnerable Sections. 4. Education. 5. Health. 6. Drug Abuse Issues. 7. Food and Nutrition. 8. Index and Reports.
 9. Miscellaneous.
- The Women Topic is again segregated into its related subtopics: 1.1 International Initiatives. 1.2 Marriage, Divorce, and Inheritance. 1.3 Violence and Harassment. 1.4 National Initiatives. 1.5 Motherhood. 1.6 Women Education. 1.7 Women Health. 1.8 Schemes
- Schemes related to women are covered in Governance PT under Ministry of Women and Child Development.

Relevance of PT 360 for Mains: You need to update the analytical part for the Mains. Also, pointers from this course can be used as fodder form Mains. like examples, case studies, court judgements etc.

Note:

- 1. Videos are free at YouTube. Content is not part of free videos
- 2. Course completion date: 15 days before Prelims.

Ministry- Health & Ayush

Ministry of Health

Structure of Ministry

Function: health policy and programs relating to family planning.

1. Departments of Health

Functions: It makes Health Policies.

Bodies and programmes:

- 13 National Health Programmes
- Revised National TB Control Programme (tuberculosis)
- Universal Immunisation Programme
- National AIDS Control Organisation (NACO)
- Medical Council of India (MCI), Dental Council of India (DCI)
- Food Safety and Standards Authority of India (FSSAI)

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 Central Drugs Standard Control Organization

2. Department of Family Welfare

Functions: Family planning, reproductive health, maternal health etc.

Important bodies:

- Indian Council of Medical Research (ICMR), New Delhi. It was founded in 1911, one of the oldest medical research bodies in the world.
- Population Research Centres (PRCs) at universities.
- National Institute of Health and Family Welfare (NIHFW), Delhi
- International Institute for Population Sciences (IIPS), Mumbai. It releases National Family Health Survey.
- Central Drug Research Institute (CDRI), Lucknow
- · National Institute of Virology (NIV), Pune

3. Department of Health Research

- To bring modern health technologies through research and innovations
- R&D related to diagnosis, treatment methods and vaccines
- To translate them into products and processes and,
- To introduce these innovations into public health system.

Health Ministry Schemes

SUMAN: Surakshit Matritva Aashwasan Initiative

- to provide dignified and quality health care at no cost to every woman and newborn visiting a public health facility.
- Eligibility: All pregnant women, newborns and mothers up to 6 months of delivery.

LaQshya: Labour room Quality Improvement Initiative

- Launched by Ministry of Health and Family Welfare.
- To improve the quality of care in the labour room and maternity operation theatres in public health facilities.
- To reduce preventable maternal and newborn mortality, morbidity and stillbirths

Pradhan Mantri Jan Arogya Yojna (PM-JAY)

Include in schemes

- It was earlier known as the National Health Protection Scheme (NHPS).
- It is under Ayushman Bharat Scheme, launched in 2018.



- Ayushman Bharat comprises of 2 tiers, which
- 1. Health and Wellness Centres (HWCs):

Creating HWCs by transforming the existing Sub Centres and Primary Health Centres.

HWCs are for Primary Health Care, by covering maternal and child health services, non-communicable diseases.

 Pradhan Mantri Jan Arogya Yojana (PM-JAY):

It is the largest health assurance scheme in the world.

It provides health cover of Rs. 5 lakhs per family per year.

Silent features:

- It covers 3 days of prehospitalization and 15 days posthospitalization.
- No restriction on the family size, age or gender.
- PM-JAY is fully funded by the Government and cost of implementation is shared between the Central and State Governments.
- Significance of PM-JAY:
 - India to achieve Universal Health Coverage (UHC) & Sustainable Development Goals (SDG).
- Universal Health Coverage:
 - It means all individuals and communities receive the health services they need without suffering financial hardship.

Ayushman Bharat - Pradhan Mantri Jan Arogya Yojana (PMJAY)

Components

- NHPS: National Health Protection Scheme (Pradhan Mantri Jan Arogya Yojana): To provide medical cover up to Rs. 5 lakh / year per household for secondary and tertiary health care; to 10 crore vulnerable families (50 crore beneficiaries).
- Health and Wellness Centre: These were envisioned under National Health Policy, 2017. (1.5 lakh centres)

Beneficiary

- It is a health insurance scheme for BPL families and unorganized sector workers.
- Beneficiary identification: based on SECC-2011.

Other features

 National Health Authority (NHA): to manage NHPS.

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- The States will have the option of implementing this scheme through a Trust model or Insurance Company based model.
- School Health Ambassador Initiative: Two teachers per school.
- It subsumes the centrally sponsored schemes
 Rashtriya Swasthya Bima Yojana (RSBY) and the Senior Citizen Health Insurance Scheme (SCHIS).
- Cashless and Aadhaar enabled for better targeting.
- It will be portable across the country.
- Beneficiary will be allowed to take cashless benefits from any public/private empanelled hospitals across the country.
- Pradhan Mantri Aarogya Mitra (PMAM): a cadre of certified frontline health service professionals.
 - Primary point of facilitation to avail treatment at hospital.

Swachh Swasth Sarvatra

- It is an initiative of Drinking Water and Sanitation Ministry and Health Ministry.
- Objective: To build on and manifest the achievements of two different schemes:
 - Swacch Bharat Mission by Drinking Water and Sanitation Ministry.
 - o Kayakalp by Health Ministry.

India Health Fund (IHF)

- It is an initiative by Tata Trusts with Global Fund.
- It is joint with country's goal of eliminating TB and Malaria by 2025 and 2030.
- Global Fund:
 - It was founded by governments, civil society, the private sector etc in 2002.
 - It was founded to end AIDS, TB and Malaria.

MAA (Mothers Absolute Affection) PROGRAMME

- It is a nation-wide breastfeeding promotion program, launched recently by Health Ministry.
- It includes Community awareness, strengthening communication through ASHA etc.

Rashtriya Arogya Nidhi (RAN)

- To provide for financial assistance (a one-time grant) to BPL Patients suffering from major life-threatening diseases.
- Scheme for financial assistance for specified rare diseases patients has also been included under RAN.

Synopsis IAS

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youtube.com/synopsisias



- Excluded: Government servants and their families; Families covered under Ayushman
- Bharat scheme
- RAN is registered under Societies Registration Act 1860.
- Assistance is not directly provided to the Patient, but is given to the Superintendent of the hospital.
- Applicable for treatment in Government Hospital only.
- Funding: revolving fund, direct financial assistance, State Illness Assistance Fund, Health Minister's Cancer Patient Fund.

National Health Mission (NHM)

Aim: To achieve universal access to equitable, affordable & quality health care services that are accountable and responsive to people's needs.

It was launched in 2013 by subsuming the

- o National Rural Health Mission and
- National Urban Health Mission.

Main components

- Health System Strengthening in rural and urban areas
- Reproductive Maternal-Neonatal-Child and Adolescent Health (RMNCH+A)
- Communicable and Non-Communicable Diseases.

Objective

- Reduce Maternal Mortality Rate (MMR) to 1/1000 live births
- Reduce Infant Mortality rate (IMR) to 25/1000 live births
- Reduce Total Fertility Rate (TFR) to 2.1
- Prevention and reduction of anaemia in women aged 15–49 years
- Prevention and control of communicable and non-communicable diseases, including locally endemic diseases.
- Reduce out-of-pocket expenditure.
- Reduce Tuberculosis by half
- Reduce Leprosy to <1/10000 population.
- Annual Malaria Incidence to be <1/1000.
- Reduce microfilaria to less than 1%.
- Kala-azar: <1 case per 10000 population in all blocks
- Access to integrated comprehensive primary health care.
- To reduce child and maternal mortality.
- Population stabilisation, gender and demographic balance.
- Revitalize local health traditions & mainstream AYUSH.
- Universal access to public services for food and nutrition, sanitation and hygiene.
- Promotion of healthy life styles.

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National Rural Health Mission (NRHM)

- All objectives under NHM.
- Cities and towns with population below 50,000.
- To establish a community owned, decentralized health system.
- Focus area: health, water, sanitation, education, nutrition, social and gender equality.
- Mainstreaming AYUSH: revitalizing local health traditions.

National Urban Health Mission (NUHM)

- All objectives under NHM.
- Cities and towns with population above 50,000.
- Focus on urban poor and slum dwellers.
- Need based city specific urban health care system.
- · Centrally sponsored scheme.
- Support is provided by the Asian Development Bank (ADB).
- Service Delivery Infrastructure: Urban PHC, Urban Community Health Centre (U-CHC) and Referral Hospitals etc.
- Mahila Arogya Samiti & ASHA Worker: For Community Process.

Rashtriya Kishor Swasthya Karyakram

To address **health and development needs** of the adolescents (10-19 years).

- Six thematic areas of RKSK: nutrition, sexual reproductive health, substance misuse, noncommunicable diseases, mental health, injuries and violence.
- Saathiya: The peer educators.
- Saathiya resource kit: to help peer educators, especially in villages. Eg.
 - To discuss sensitive issues and answer teenage queries.
- Students are screened in schools and then referred to health facilities for early detection of diseases.
- MoHFW and UN Population Fund (UNFPA) developed a National Adolescent Health Strategy.

Menstrual Hygiene Scheme (MHS)

- Part of Rashtriya Kishor Swasthya Karyakram.
- Subsidized sanitary napkins primarily in rural areas.
- Aim: to reach 15 million adolescent girls in 152 districts.

Rashtriya Bal Swasthya Karyakram (RBSK)

 To cover all children of 0-6 years in rural areas and urban slums; in addition to older children up to 18 years of age enrolled in



classes 1st to 12th in Government and Government-aided schools.

- Child Health Screening and Early Intervention Services to cover 30 selected health conditions.
- Part of NRHM reproductive and child health initiatives
- 4 'D's: Defects at birth, Deficiencies, Diseases, Development delays including disability.
- Zero cost treatment and medical support.
- Free of cost follow up including surgeries at tertiary level.
- Child screening at two levels: community level and facility level.

Accredited Social Health Activist (ASHA)

- ASHA is a trained female community health activist.
- She is selected from the community itself and accountable to it.
- Interface between the community and the public health system.
- To facilitate access to health care services
- To generate awareness about health care entitlements especially amongst the poor and marginalized
- To promote healthy behaviours and mobilizing for collective action for better health outcomes

Janani Suraksha Yojana

- To reduce maternal and infant mortality by promoting institutional delivery.
- Intended beneficiary: Pregnant woman, New born babies (neonates)
- Part of National Rural Health Mission (NRHM)
- · It is a centrally sponsored scheme
- Cash assistance to women: irrespective of the age of mother and number of children for giving birth in a government or accredited private health facility.
- BPL pregnant women, who prefer to deliver at home, are also entitled to a cash assistance.
- Performance based incentives to ASHA for promoting institutional delivery.

Janani Shishu Suraksha Karyakram

- Beneficiary: Pregnant women accessing Government health facilities for their delivery.
- To reduce the out of pocket expenses which prevents institutional delivery
 - Zero expense deliveries: entitlement-based approach.
 - Free transport from home to institution.

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- It has no component for cash assistance within itself.
 - It supplements the cash assistance under Janani Suraksha Yojana.

Pradhan Mantri Surakshit Matritva Abhiyaan (PM-SMA)

- Safe motherhood: To reduce maternal and infant mortality rates through safe pregnancies and safe deliveries
- Beneficiary: All Pregnant Women who are in the 2nd & 3rd Trimesters of pregnancy.
- To provide universal antenatal care to all pregnant women on the 9th of every month free of cost.
- Identification and follow-up of high-risk pregnancies.

Note: Trimesters of pregnancy

- First trimester: weeks 1 to 12.
- Second trimester: week 13 to week 28.
- Third trimester: week 28 to birth (from month 7 to month 9).

SUMAN: Surakshit Matritva Aashwasan

- zero-expense delivery and C- section facility in case of complications at public health facilities.
- Zero Preventable Deaths: Both Maternal and Newborn.
- Beneficiaries: Pregnant women, mothers up to 6 months after delivery, and all sick newborns.
- Zero tolerance for denial of services for each woman and newborn at public health facility.
- Assured referral services to reach health facility within one hour.

Mother's Absolute Affection (MAA)

- To promote breastfeeding and counselling related to it.
- · To prevent malnutrition at early stages.
- Strengthening inter-personal communication through ASHA.

LAQSHYA- Labour Room Quality Improvement Initiative

- To improve quality of care in labour room and maternity Operation Theatre (OT).
- To reduce preventable maternal and newborn mortality, morbidity and stillbirths.
- To conduct quality certification of labour rooms
- To incentivize facilities achieving the targets outlined.
- Implemented in Government health facilities.

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Umbrella Scheme for Family Welfare and Other Health Interventions

- Paradigm change: To move from care for sickness to the concept of wellness.
- Help Family Planning and reach population stabilization.
- To improve Modern Contraceptive Prevalence Rate (mCPR)
- Beneficiaries: It covers the population throughout India.
- It is a Central Sector scheme. (100% Centre funded).

Components:

- Swastha Nagrik Abhiyan (SNA): to create a social movement for health.
- Population Research Centres (PRC): MoHFW has established a network of PRCs at the national and state levels.
- Health Surveys and Health Research: To generate health and nutrition data. Eg. by National Family Health Survey (NFHS).
- Social Marketing of Contraceptives: For branding, attractive packaging, marketing of products related to Family Planning for lowincome groups at affordable prices.
- Free Supply of Contraceptives to States: eg. condoms, Oral Contraceptive Pills, Pregnancy Test Kits etc.

Mission Parivar Vikas

- To accelerate access to high quality family planning choices.
- To achieve the replacement level fertility goals of 2.1 by 2025.
- To generate awareness about condoms and pills.To distribute a kit (Nayi Pahal): containing products of family planning and personal hygiene among newly-wed couples.
- To increase sterilization services, roll out injectable contraceptive.
- Reliable service and supplies within a right based framework.
- Focus areas: seven high TFR states, with Total Fertility Rate (TFR) of 3 and above.
 - Uttar Pradesh, Bihar, Rajasthan, Madhya Pradesh, Chhattisgarh, Jharkhand and Assam.

Universal Immunization Programme

- To provide free of cost vaccines to all children across the country to protect them against 12 Vaccine Preventable Diseases (VPDs).
- To rapidly increase immunization coverage.
- To establish a reliable cold chain system to the health facility level

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- Achieve self-sufficiency in vaccine production.
- Robust surveillance system for Vaccine Preventable Diseases (VPDs) and Adverse Events Following Immunization (AEFI);
- To introduce and expand the use of new and underutilized vaccines in UIP.
- 100 Percent Funded by the central government.
- 12 Vaccine preventable diseases:
 - Diphtheria, Tetanus, Polio, Hepatitis B, Pertussis.
 - Measles (measles-rubella (MR) vaccine
 - Rotavirus diarrhoea: Rotavirus vaccine (RVV)
 - · Japanese Encephalitis: JE vaccine
 - Pneumococcal Pneumonia:
 Pneumococcal Conjugate vaccine.
 - Tuberculosis
 - Meningitis & Pneumonia caused by Hemophilus Influenza type B across the country

Mission Indradhanush (MI)

- To ensure full immunization with all available vaccines for children up to two years and pregnant women.
- A child is said to be fully immunized if child receives all due vaccine as per immunization schedule within 1st year age.
- Focus is given on pockets of low immunization coverage and hard to reach areas
- To cover the pregnant women who left uncovered under the routine immunisation programme.
- Catch-up campaign mode: to cover all the children who have been left out for immunization.
- All vaccines are available free of cost.
- Technical support by WHO, UNICEF, Rotary International etc.

Intensified Mission Indradhanush 2.0

- Special focus on areas with low immunization: left outs, dropouts, and resistant families and hard to reach areas.
- It will focus on urban, underserved population and tribal areas.
- 4 rounds of immunization that will be conducted in the selected districts and urban cities between Dec 2019 - March 2020.
- Awarded as one of 12 best practices from around the world.

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e-VIN (Electronic Vaccine Intelligence Network)

- To address widespread inequities in vaccine coverage by supporting state governments.
- It supports the Universal Immunization Programme.
- It provides online real-time information on vaccine stocks and flows, and storage temperatures across all cold chain points

National Deworming Initiative

- Objective: To reduce the prevalence of Soil Transmitted Helminths (STH) or parasitic intestinal worms. (by Albendazole tablets)
- Beneficiary: All children between 1-19 years ages.
- Implemented by three ministries: MHRD, Ministry of Women and Child Development, and Ministry of Drinking Water and Sanitation.
- Implemented through the schools and Aanganwadi centres.
- National Centre for Diseases Control is the nodal agency.
- Behavior change practices. Eg. cleanliness, hygiene, wearing shoes/chappals, washing hands
- It is a single fixed-day approach observed twice every year.

National Program for Control of Blindness & Visual Impairment

- To reduce the prevalence of blindness from 1.4% to 0.3%.
- A Centrally Sponsored Scheme
- Now made part of Non-Communicable Diseases under National Health Mission.
- In 2017, the definition of blindness was changed in consonance with the global definition of blindness of WHO.

National Viral Hepatitis Control Program

- Hepatitis cell within National Health Mission: to establish National program management unit at the Centre.
- To establish State program management unit.
- Upgrade and strengthen the existing laboratories in the state.
- Free drugs and diagnosis for Hepatitis B and C.
- To Establish new testing centres in the public sector.
- To establish at least 100 treatment sites in public sector focused on treatment of Hepatitis C over 3 years.

Intensified Diarrhea Control Fortnight (IDCF)

 To ensure high coverage of ORS and Zinc use rates in children with diarrhea.

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- Beneficiary: All under-five children including their mothers.
- Three action frameworks: Mobilize, Prioritize investment, Create mass awareness
- Emphasis on the high priority areas and vulnerable communities.

Pradhan Mantri Swasthya Suraksha Yojana

- To correct regional imbalances in affordable healthcare.
- To augment facilities for quality medical education in the under-served States by establishing AIIMS, and to upgrade government medical colleges.

Integrated Diseases Surveillance Program (IDSP)

- It is a part of IHIP (Integrated Health Information Platform)
- To strengthen decentralized laboratory based; IT enabled disease surveillance system
- The program covers both communicable and non-communicable diseases.
- To detect and respond to outbreaks in early rising phase through trained Rapid Response Team (RRTs).
- To monitor disease trends.
- To set up a Central Disease Surveillance Unit and State Surveillance Units
- An early warning system to take timely preventive steps.
- · Co-ordination for zoonotic diseases.

E-RaktKosh initiative

- It is an integrated Blood Bank Management Information System (MIS)
- It interconnects all the State Blood Banks into a single network.

ANMOL

- ANMOL: ANM Online application.
- It is a mobile app allowing ANMs to update beneficiaries data.
- This will be Aadhar enabled.

Kilkari

- To give free, weekly, time-appropriate 72 audio messages about pregnancy, child-birth and child care directly to mobile phones.
- From the second trimester of pregnancy (week 13 to 28) until the child is one year old.

Project Sunrise

- AIDS prevention programme for the North-East
- Steered by National AIDS Control Organisation (NACO)
- Funded under the Centre for Disease Control

Synopsis IAS



National AIDS Control Programme-IV (NACP-IV)

- · zero infection, zero stigma and zero death.
- To Reduce 50% new infections (2007 Baseline of NACP III)
- To provide comprehensive care and support to all persons living with HIV/AIDS.

Mission SAMPARK

- "Community Based Testing" for fasttracking the identification of all HIV positive people.
- To brought under Antiretroviral Therapy (ART) services.
- Target 90-90-90 Treatment for All

90-90-90 Treatment for All

- It is a strategy of UN-AIDS. By 2020-
- 90% people will know their HIV Status.
- 90% diagnosed people will receive sustained antiretroviral therapy.
- 90% people receiving such therapy will have viral suppression.

AMRIT Programme

- AMRIT: Affordable Medicines and Reliable Implants for Treatment
- Drugs for cancer and cardiovascular diseases along with cardiac implants at a 60 to 90% discount.
- Implemented by HLL Lifecare Ltd (HLL).

Nikshay Poshan Yojana (NKY)

- Incentives for nutritional support to all TB patients.
- Under the National Health Mission.
- The patient must be registered on NIKSHAY portal.
- Financial incentive of RS.500/- per month is given through DBT in Aadhar- enabled bank account.
 - o For the anti-TB treatment

Food Safety Mitra scheme

- To support small and medium scale food businesses:
 - o To comply with food safety laws;
 - To facilitate licensing, registration, hygiene ratings and training.
- The FSMs would undergo training and certification by FSSAI.

National Health Profile

 Annual publication to create a comprehensive and up-to-date database of health information of India.

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- Easily accessible to all stakeholders of healthcare sector.
- It covers: Demographic information, Socioeconomic information, Health status, Health finance indicators, health infrastructure, human resources.

National Health Resource Repository (NHRR)

- It is the first ever registry in India of authentic geospatial data of all public and private healthcare resources.
 - Eg. hospitals, diagnostic labs, doctors etc.
- Prepared by Central Bureau of Health Intelligence. ISRO is the project technology partner.
- Under the Collection of Statistics Act 2008.

National Data Quality Forum (NDQF)

- Launched by ICMR + Population Council.
- To improve quality of 'health and demographic' data.
- Will integrate learnings from scientific and evidence-based initiatives

Dakshata Programme

- To strengthen the competency of providers of the labour room, medical officers, staff nurses, and ANMs.
- Clinical update cum skills standardization training for the providers of the labour
- Implementation of MNH (Maternal and Newborn health) Tool kit at the delivery points.

Jan Aushadhi Suvidha – Oxobiodegradable Sanitary Napkin

- It is launched under Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP).
- It is an affordable sanitary napkins, available at Janaushadhi Kendras for the underprivileged sections.

The Ujjwala Biodegradable Sanitary Napkins initiative, Odisha

- It is an initiative of IOCL, BPCL and HPCL under Petroleum and Natural Gas Ministry.
- It will be made of virgin wood pulp sheet, nonwoven white sheet and a gel sheet.

Menstrual Hygiene for Adolescent girls Schemes

- It is under Health Ministry for rural adolescent girls.
- It is funded by National Health Mission.



Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP)

- It is launched by the Department of Pharmaceutical.
- It is to provide quality medicines at affordable prices at Janaaushadhi Kendra.

Swasth Bachche, Swasth Bharat Programme

- It is launched by Human Resource Development Ministry.
- It is the step of Kendriya Vidyalaya Sangathan for building active Schools.
- Objectives:
 - To make students, teachers, parents aware about good health & fitness.
 - To encouraging 60 minutes of play each day.
- It will provide a comprehensive report card for children, covering all age groups and children of different abilities.

Jeevan Rekha: E-Health Project

- It has 2 components:
 - Public Health Component and Hospital Automation Module.
- Aim: To create Health Records of all its citizens in electronic form, with Privacy Clause.
- Public Health Component:
 - It develops the Electronic health records (EHR) of the population.
- Hospital Automation Module:
 - It digitizes all government Hospital System will.
 - It provides a unique identification number for, who will access the Healthcare System.
- News Context: Kerala Government launched it with World Bank.

My Hospital/Mera Aspatal Initiative

- · It is launched by Health Ministry.
- Aim: To empower patients by quality of experience in a public healthcare.
- The Patient Satisfaction System (PSS) will be implemented in public and private hospitals.
- Patients' feedback will be collected.
- Kayakalp awards will be distributed for healthy competition among the hospitals.

Arogya Raksha

It is launched by Andhra Pradesh
Government.

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- Aim: Medical Insurance to, who are not covered under any health schemes of state government.
- Main Features:
 - It is a Universal Health Coverage scheme that will be provided to APL families.
 - Every individual will have the Medical Insurance Coverage upto 2 Lakh.

Evin Project (Electronic Vaccine Intelligence Network)

- It comes under health Ministry and implemented by UN Development Programme.
- It develops technology system to digitise vaccine stocks, monitors the temperature of the cold chain.
- It would help to streamline vaccine flow network and availability of vaccines.

ASHA

Accredited Social Health Activists (ASHAs)

- ASHAs are a community-based functionary under National Rural Health Mission (NRHM).
- known as Sahiyas in Jharkhand.

Sero survey

- Collection and testing of serum specimens (or proxy such as oral fluid).
- From a sample of population over a specified time period.
- To estimate the prevalence of antibodies against a given specific infectious pathogen as an indicator of immunity.

Auxiliary Nurse Midwife (ANM)

- ANM is a village-level female health worker.
- First contact between community and health services.
- She works at health sub-centres.
 - These are small village-level institution that provides primary health care to the community.
- She holds regular meetings with ASHA.

National Digital Health Mission

- A national health ID for every Indian.
- Digitised health records with identifiers for doctors and health facilities.
- Launched under the Ayushman Bharat, PMJAY.
- One-time access to data during visits to hospitals.

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· Background: 2018 Niti Aayog proposal to create a centralised mechanism to uniquely identify users in the National Health Stack.

Integrated Health Information Platform (IHIP)

- It is a real time electronic information system.
- It is to create Electronic Health Records (EHRs) of the citizens.
- · It is accessible at all levels: villages, states, central level.
- It is implemented in 7 states: UP, Himachal Pradesh, Odisha, Karnataka, Telangana, Kerala and Andhra Pradesh.

National Health Portal (NHP), 2014

- · It is set up by Health Ministry on the recommendation of National Knowledge Commission.
- It provides healthcare information on single point access.

Darwaza Band Campaign

- It is started by Drinking Water and Sanitation Ministry.
- It is promoted under the Swachh Bharat Mission (Grameen).
- Aim:
 - o It is to promote toilet use and to vanish open defecation.
 - To bring behavioral changes in men who have toilets but don't use it.
- World Bank is funding this campaign.

Amrit (Affordable Medicines and Reliable Implants for Treatment) Outlets, 2015

- Health Ministry to open AMRIT outlets in all
- Aims: To reduce the expenditure of patients on treatment of cancer and heart disease.
- It is implemented through Mini-Ratna Companies.

Solar for Healthcare

- It is an initiative of Indian Council of Medical Research (ICMR) and Council on Energy, Environment and Water (CEEW).
- Objectives:
 - To provide effective health care delivery, where critical infrastructures are lacking.
 - To implement Clean energy Mandate.
- Under this, Solar systems will be set up at pilot basis in 3 states:
 - Tamil Nadu, Haryana Rajasthan.

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MINISTRY OF AYUSH

- Earlier it was a department in Ministry of Health.
- AYUSH: The Ministry of Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy.
- It includes other Indigenous Medicine systems.
- Objective: developing education, research and propagation of indigenous alternative medicine systems in India.
- Central Council of Indian Medicine: statutory body under AYUSH. It monitors education in areas of rural Indian medicine.

Rationale to establish the AYUSH Ministry

- AYUSH System: Approx. 60% of rural medical care.
- These practitioners are accused of neglecting evidence-based medicine (EBM).
- The qualifications to become such doctor are much lighter than those for an allopathic doctor.
- Some practitioners recommend against following modern medical practices.
- Considered by the professional medical community to be ineffective and harmful, raising ethical issues about its practice.
- These are known for their frequent campaigning for legal recognition.
- Quackery (नीमहकीमी): Supreme Court and Indian Medical Association (IMA) regard such medicine systems as quackery.
- Supreme Court: "unqualified, untrained quacks are posing a great risk to the entire society; without having the requisite training and education in the science from approved institutions".

Ayush Ministry Schemes

National Ayush Mission

- Centrally Sponsored Scheme.
- Components: Mandatory Components (80% of the Resource pool), and Flexible Components (20% of resource pool)
- AYUSH Gram: AYUSH based lifestyles are promoted.
- Subsidy to farmers for cultivation of medicinal plants.
- Support cultivation of medicinal plants by adopting Good Agricultural Practices (GAPs)
- To operationalize 10% Health and Wellness Centers (HWC) of Ayushman Bharat Scheme through the Ministry of AYUSH through State / UT Governments.

Ministry- Health & Ayush (PT 360: 5 Years Current Affairs)



 Setting up of clusters: through convergence of cultivation, warehousing, value addition, marketing etc.

Components

- Mandatory Components (80% of the Resource pool)
 - AYUSH Services eg. AYUSH facilities at Primary Health Centres (PHCs), Community Health Centres (CHCs) and District Hospitals etc.
 - o AYUSH Educational
 - Quality Control of Drugs and Medicinal Plants
 - School Health Programme: both physical and mental health.
- Flexible Components (20% of resource pool)
 - AYUSH Wellness Centres including Yoga & Naturopathy
 - Tele-medicine
 - Crop Insurance for Medicinal Plants
 - o Public Private Partnership
 - Interest subsidy for Private AYUSH educational Institutions.

Traditional Knowledge Digital Library (TKDL)

- · In collaboration with CSIR
- To prevent grant of "bed" patents on traditional knowledge and biopiracy.
- Digital library: traditional knowledge on Indian medicines and formulations from various classical texts existing in local languages such as Sanskrit, Urdu, Tamil etc.

Promoting Pharmacovigilance of Ayush Drugs

- Pharmacovigilance (PV or PhV), means drug safety.
- To develop the culture of vigilance and documenting adverse effects of Ayush Systems
- Surveillance of misleading advertisements appearing in the print and electronic media.
- It is a Central Sector Scheme.
- All India Institute of Ayurveda, New Delhi, is designated as National Pharmacovigilance Centre (NPvCC).
 - An autonomous body under the Ministry of AYUSH.

National AYUSH Grid Project

- Induction of IT into the AYUSH Sector
- Various pilot projects. Eg.
 - AYUSH Hospital Management Information System (A-HMIS)
 - Yoga locator application
 - Telemedicine etc.

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Scheme for Integrated Health Research (SIHR)

- Ayush ministry + NITI Aayog + Invest India (AGNI Platform).
- To address the untapped potential of AYUSH Systems with modern medicine through evidence-based practices.

Project Collaboration

- Ministry of AYUSH + WHO
- Project Collaboration Agreement (PCA)
- WHO Traditional Medicine Strategy 2014-2023

Swasthya Raksha programme

- To promote health, health education in villages
- Awareness about cleanliness.
- Mass campaigning about hygiene and health.

Mission Madhumeha

- Diabetes: a non-communicable disease.
- To be implemented throughout the country through a National Treatment Protocol of Diabetes through Ayurveda.

Swasthya Raksha Programme

- It is launched by Ayush Ministry to promote health and health education in rural villages.
- It will be joint with Swachh Bharat Abhiyan with focus on Traditional Healthcare Services.
- It will be implemented by:
 - Central Council for Research in Ayurvedic Sciences (CCRAS).
 - Central Council for Research in Unani Medicine (CCRUM).
 - Central Council for Research in Homoeopathy (CCRH).
 - o Central Council for Research in Siddha (CCRS).

Objectives:

- To organize Swasthya Rakshan, Swasthya Parikshan Camps.
- Health/Hygiene Awareness Programme.
- To Aware about cleanliness of domestic surroundings and environment.
- Provide medical aid in the adopted villages.
- Documentation of demographic information, food habits, hygiene conditions, seasons etc.