



BREAKING INTO INFORMATION SECURITY

LEARNING THE ROPES 101

ANDY GILL

Breaking into Information Security: Learning the Ropes 101

Teaching You The Core Fundamentals For Getting Your Career Started in Penetration Testing.

Andy Gill

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Thank You to you, Jess, my best friend.

The one who has supported me the most over the past seven years, showing her support through thick and thin and keeping me encouraged to dig in and learn more!

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1. Introduction

Thanks for downloading or picking up a copy of this book whether you spent a few quid or downloaded a free copy, I hope you enjoy it. This has been some amount of months in the making and a large amount of my free time has been poured into this. The book is aimed primarily at those of you who are interested in breaking into the information security industry. It is also suitable for anyone who has even the faintest interest in information technology/security. The main theory behind it being that it should serve as an aid for newbies looking for resources and information on security & hacking. It does not contain the be all and end all of knowledge, for some concepts you will need to do some googling if you want to learn more.

Note: If you've bought a physical copy & would like a digital copy, please DM me on [Twitter](#)¹.

What this Book is

The book itself is a combination of post on topics from my [blog](#)² & other additional topics to get your feet wet. The fact that you're this far says you've either taken the time to purchase this (Thank You) or a friend has sent you a copy. If you fall into the second group, well piracy is a thing shame on you!

The core topics in this book are available for free on my blog under [learning the ropes 101](#)³ series if you can't afford a few quid. However, some topics are not on my blog and exist solely within this book for your reading pleasure. If you have any requests for topics, you'd like to see more of please message me on twitter, and I'll happily help.

I have a mini-plan, and I want to keep this up to date as the years and times progress, this might mean updates being pushed out for readers on new topics as and when they are required OR another book. To keep up to date with all the things I post I recommend checking out my [Twitter](#)⁴ & [Blog](#)⁵.

Why Does This Book Exist?

I started writing a blog in early 2014 with the aim to upload write-ups, projects and other tips. Given my working background in security and IT, I found it more and more useful to upload posts about things I had been working on. For two reasons mainly. The first of which was for my blog to serve as an online repository of personal notes which I could refer back to at any point (how selfish of me!). Soon, this became a helping hand for others which is the second reason I continue to write

¹<https://twitter.com/ZephrFish>

²<https://blog.zsec.uk>

³<https://blog.zsec.uk/tag/ltr101/>

⁴<https://twitter.com/ZephrFish>

⁵<https://blog.zsec.uk>

posts. I believe the best form of learning is if you can explain a topic to a wide range of others, you will learn more about that yourself.

Another reason why this book exists is it was suggested and requested by several of my followers on [Twitter](#)⁶, who voiced a suggestion of making an on-the-go resource for beginners to refer to. It also happens to exist because of a fellow hacker, friend and author who inspired me to write more; [Peter Yaworski](#)⁷. He has written a great [eBook](#)⁸ about web hacking 101 which holds a collection of bug bounty reports and tips. His book is solely based upon bug bounty reports and findings within different programs, however, is a very interesting read, and I would recommend you check it out if bug bounties are something that you'd like to get into.

Who Is This Book for?

It is aimed primarily at folks who are starting out wanting to specialise in information security. If you've even looked at very basic IT/development, you may find some of this interesting to read. It is mainly written for the individual who is looking to get into penetration testing/bug bounties but is not sure where to start or what to read first.

What this book does do though is assume a level of technical knowledge and fundamental understanding of bits and pieces, however should you not understand something the easiest way to learn is to search it up on the Internet. Some of us learn by doing and others learn by reading.

A Word of Warning

Warning: This book may contain nuts...

Seriously though, this book is purely my opinion on topics required to give you a solid footing to break your way into the information security industry.

Before diving into the super technical bits and bobs, it is important for anyone who is wanting to learn the ropes to understand it is all on **you**. It is up to you to self-learn/self-teach, if you lack the motivation to learn you're not going to get far in the security sector.

This book will not guarantee land you a job in InfoSec either, nor will it give you magic powers, make you a millionaire or immortal...

Disclaimer

All the information in this book is published for general information purpose only. Any misuse of the information provided by ltr101 is strictly at your own risk.

⁶<https://twitter.com/ZephrFish>

⁷<https://twitter.com/yaworsk>

⁸<https://leanpub.com/web-hacking-101>

I am not responsible for any content on links provided throughout. I have aimed to provide only ethical links, but sites can change their content at any time. If you find a link that is inappropriate, please let me know, and it will be removed.

IN SHORT- “HACKING IS ILLEGAL” please use common sense. The difference between hacking and ethical hacking/penetration testing usually boils down to “permission” do not try things on systems, networks, and sites that you do not have expressed written permission to test on or you own them. Permission from a site on a bug bounty platform comes in the form of the scope; if you shy away from this, you can get yourself in trouble.

Prerequisites

There are no real requirements to start reading this book except possibly being able to read (you could get someone to read it to you though, so that isn't a game stopper). Some of the examples will require you to have a computer to run things on; now you may already be there so not to worry! If not, it's not a core requirement but can help you understand things to a fuller extent. Additionally, if you are reading this in physical form, there are a lot of URLs and links throughout, please DM me a picture of your book & I can send you a digital copy too if you'd like.

Additional pre-reqs would be [how to use google](#)⁹ and some fundamental understanding of maths arithmetic/binary. There are sections in this book that explain basic binary and maths for the purposes of networking. However, if this topic matter interests you, I suggest looking up google for more information.

Section Overview

The list below outlines what each chapter will contain and other interesting info.

- Introduction - Outlining who the book is aimed at, why it exists and what to expect in the other sections.
- Core Fundamentals - Explains the basics of how networking and the internet works.
- Operating Systems - A sub-section for each operating system and the benefits/tools for each.
- Virtualization - Explanation on what it is and why it is useful to know about.
- Programming - Some fundamentals on logic and scripting.
- Infrastructure - Building on the basic networking, explaining the role of infrastructure in penetration testing.
- Web Application Testing - breaking down web application testing and what is involved, some methodologies and tips too.
- Importance of Reporting - Explaining how to compile your evidence in a professional way, also expanding on how to write a good report.
- People Skills - How to build your connections and get your foot in the door.

⁹<http://imgtfy.com/?iie=1&q=how+do+I+use+google+to+search+things%3F>

- Penetration Testing - Explaining what is involved in the job, what to expect and how to keep learning.
- Hacking Your Career Path - Some tips on preparing a CV & applying a more creative approach.
- Further Reading & Resources - Links and books to checkout to further your learning.

2. Core Fundamentals

With regards to the technological skill-set required in this sector (information security & penetration testing), dialling it down to complete basics is where to start. It is very important to understand and get your head around a few core fundamental topics before proceeding, these include binary/decimal conversion, a little maths, basic networking & basic logic. Armed with these you will have a firm footing in starting out.

The core fundamentals section aims to prepare you with the basics required to move through to other later sections; it also will give you a better understanding of what you're looking at. Some of you may find the maths section boring and ask why it is needed, however, bear with me on this one it'll pay off to understand and hopefully will give you a better insight into why it is important.

Numbers in Security

Anyone who has ever looked at networking or IP (Internet Protocol) addresses will have noticed there are a lot of numbers involved. Some of you may not know what these mean.

Firstly, an IP address (for those more technically inclined I will refer to [IPv4](#)¹⁰ as IP addresses for this book) usually will look something like this 1.2.3.4. What does that really mean? Can I not have an IP of 999.1224.213434.12891? Nope unfortunately not for you, mainly because each section of an IP also known as octet is limited to just 256 different numbers (0-255). Meaning that IP addresses are limited to 0.0.0.0 to 255.255.255.255. This can be taken that the theoretical maximum number of total IP addresses is 4,294,967,296 (2^{32}) however in practice this is slightly less.

Ports

Another term that will pop up in conversation a lot is ports; there are a total of 65536 (0-65535) ports in networking and technology. Think of these like running services on a machine, or as a real world example think of them as entry points into a building. Imagine a massive building with 65536 windows and doors, each with a number from 0-65535 painted on. If I want to get in, I have 65536 options of entry however if the building owner has any mind for security or common sense a lot of them will be locked therefore reducing my entry down to just a few.

From a technical standpoint this is the same on servers, for example, if a server has five (5) ports open: 21, 22, 80, 443, 3389 it has five (5) services running that a user or other service can interact with. These five services can be used to access the server (in order of appearance) over FTP(File Transfer Protocol), SSH(Secure Shell), HTTP(Hypertext Transfer Protocol), HTTPS(Hypertext Transfer Protocol Secure) and RDP(Remote Desktop Protocol).

¹⁰<http://www.ciscopress.com/articles/article.asp?p=348253&seqNum=7>

Basic Networking

How Does the Internet Work?

This section will explain at a high level how the basics of the internet works and what is required to simply browse to a website, the process involved and the underlying technology.

TCP/IP & DNS

TCP/IP stands for Transmission Control Protocol/Internet Protocol. It's the Internet's fundamental "control system", and it's really two systems in one. In the computer world, a "protocol" is simply a standard way of doing things—a tried and trusted method that everybody follows to ensure things get done properly. So what do TCP and IP actually do?

Internet Protocol (IP) is simply the Internet's addressing system. All the machines on the Internet—yours, mine, and everyone else's—are identified by an Internet Protocol (IP) address that takes the form of a series of digits separated by dots or colons. If all the machines have numeric addresses, every machine knows exactly how (and where) to contact every other machine.

When it comes to websites, we usually refer to them by easy-to-remember names (like <https://blog.zsec.uk>) rather than their actual IP addresses—and there's a relatively simple system called DNS (Domain Name System) that enables a computer to look up the IP address for any given website. In the original version of IP, known as IPv4, addresses consisted of four sets of digits, such as 12.34.56.78 or 123.255.212.55, but the rapid growth in Internet use meant that all possible addresses were used up by January 2011.

This prompted the introduction of a "new" IP system with more addresses, which is known as IPv6, where each address is much longer and looks something like this: 123a:b716:7291:0da2:912c:0321:0ffe:1da2. However, IPv6 has been around for a while it's still not fully integrated as normality, many businesses have it setup for sites, but it is not as mainstream as IPv4.

The other part of the control system, Transmission Control Protocol (TCP), sorts out how packets of data move back and forth between one computer (in other words, one IP address) and another. It's TCP that figures out how to get the data from the source to the destination, arranging for it to be broken into packets, transmitted, resent if they get lost, and reassembled into the correct order at the other end.

TCP 3-Way Handshake

To fully understand the basics, another topic of the way things work is the 3-Way handshake, in this example, we'll talk about a PC connecting to a server/website over HTTP.

In order to establish a connection each device must send a **SYN** packet and receive an **ACK** from the other device, following this; one of the SYNs and one of the ACKs are sent together by setting both of the relevant bits (a message sometimes called a **SYN+ACK**). This makes a total of three messages, and for this reason, the connection procedure is called a three-way handshake.

Subnets

You may have heard the term subnet before when looking into the topic of networking or it might be completely new to you. Either way, this section will explain what they are why they're important to know about.

What is a subnet?

A sub network or more commonly referred to as subnet is a section of a greater network. It can represent all the machines at one geographic location, in one building, or on the same local area network (LAN).

...but why?

Having an organization's network divided into subnets allows it to be connected to the Internet with a single shared network address this can also be paired with network address translation(NAT).

Without subnets, an organization could get multiple connections to the Internet, one for each of its physically separate sub networks, but this would require an unnecessary use of the limited number of network numbers the Internet has to assign.

It would also require that Internet routing tables on gateways outside the organization would need to know about and have to manage routing that could and should be handled within an organization.

Further Reading on Networking

I got into networking by following the Cisco CCNA Networking & Routing fundamentals; I'd suggest looking at the material for sure as the core fundamentals are very useful however the actual certification is only really valuable if you plan to pursue networking as a career.

Other Sources for more information can be found in the reading list below:

1. [Networking Fundamentals](#)¹¹
2. [How Does the Internet Actually Work?](#)¹²

¹¹https://www.amazon.co.uk/Network-Fundamentals-Exploration-Companion-Networking/dp/1587132087/ref=sr_1_4?ie=UTF8&qid=1463610967&sr=8-4&keywords=networking+fundamentals

¹²<https://web.stanford.edu/class/msande91si/www-spr04/readings/week1/InternetWhitepaper.htm>

3. Operating Systems

When learning about information security, software development, computer science or “insert other relevant topic here” it is likely that you will come up against a variety of different operating systems.

Most new folks to this area will be primarily windows users and as a result will have had little or no exposure to the world of Linux. Or, you might be on the other side of the fence, having grown up with *nix by your side windows is an alien planet to you.

You might also fall into the Mac camp, having grown up with macs, you’re used to things looking pretty, but have you ever tinkered with what goes on under the hood in the OS?

Do not worry if you fall into any of these three! We’ve all been at the same point one way or another, this next section will explain in depth some of the operating systems you might come across and it will also show you example scenarios.

Linux

Linux is one of the most commonly used operating systems in servers & web applications to date. In 2015, Linux & Unix-like operating systems made up 98% of the servers on the Internet. From this statistic alone it can be seen that it’s likely to be popular for a reason?

When learning about Linux, if it’s new to you and you’ve come from a mainly windows background, you’ll be used to using a graphical user interface(GUI).

While Linux has a large variety of GUIs, it excels most with it’s use of the Terminal. The command-line interface, sometimes referred to as the CLI or terminal, is a tool into which you can type text commands to perform specific tasks in contrast to the mouse’s pointing and clicking on menus and buttons.

You may have come across the command line within windows before(cmd.exe). If this is something you’ve never come across you’re still probably scratching your head thinking:

What the heck is a terminal or command line?

Allow me to explain some more, since you can directly control the computer by typing, many tasks can be performed more quickly. As a result of this, some tasks can be automated with special commands that loop through and perform the same action on many files saving you, potentially, loads of time in the process.

The application or user interface that accepts your typed responses and displays the data on the screen is called a shell, and there are many different varieties that you can choose from, but the most common these days is the Bash shell, which is the default on Linux and Mac systems in the Terminal application.

Getting started with the command line interface

A lot of the folk I've spoken to have been really interested in command line but haven't really known where to get started. I'd usually say just fire up Linux and play. However, for some people this might be a mentally difficult task, for those of you who want a little hand on your way, I suggest you take a [Command Line Crash Course](#)¹³ on Code Academy.

For those of you who are as far as knowing the basics, I suggest you start to look at bash scripting to enable you to do things. The simplest bash script would be a hello world application as shown in the code below:

```
#!/bin/bash
echo "Hello World"
```

Open this in a text editor such as nano, vim, leafpad (if you prefer a GUI) and save as myscript.sh. Now some of you will see the above code and think WHAT EVEN IS THAT, I DON'T UNDERSTAND, HEEEELLLLLPPPPPPP. And others might see it and think I sort of know what that does but tell me more. Don't worry if you're either of these two situations, I'm about to explain what it does, what else you can do.

For the first camp of people who see the code and are running about confused and crying. Do not worry, it's going to be alright. Firstly, explaining that the lines of code do, the first line `#!/bin/bash` explains the environment that the script is running which is the shell environment in Linux = [bash](#)¹⁴. The next line is a simple print Hello World on screen.

Now this may be too simple for some of you, for those of you who want to get more out of things, pick a project and write it in bash, check out <http://www.commandlinefu.com/> for tips and tricks of things to do. If you're stuck for ideas, check out my [Github](#)¹⁵ scripts.

This should be enough to get you started on Linux, there will be a future more in depth write-up on advanced topics to check out. Onwards!

Windows

Windows is one of the most commonly used operating systems in the world, in comparison to Linux it is lesser used in security however still an OS of choice for many. The possibilities for usage are fairly large, the UI is usable and support of tools is varied however by default supports virtualisation via 3rd party applications and is easy to setup.

PowerShell

PowerShell is one of two ([three](#)¹⁶ if you're on windows 10 and have the bash environment setup) terminal interfaces on Windows, it serves as a tool to facilitate automation & other exploitation on.

¹³<https://www.codecademy.com/learn/learn-the-command-line>

¹⁴[https://en.wikipedia.org/wiki/Bash_\(Unix_shell\)](https://en.wikipedia.org/wiki/Bash_(Unix_shell))

¹⁵<https://github.com/ZephrFish/RandomScripts>

¹⁶<https://www.howtogeek.com/249966/how-to-install-and-use-the-linux-bash-shell-on-windows-10/>

PowerShell can be used to create scripts similar to bash scripting on Unix, however the syntax and coding is very similar to that of Perl. In recent years it has come out as a very powerful tool for hacking & post-exploitation as many anti-virus and anti-malware programs don't catch it due to the execution methods. Some brilliant frameworks and exploit tools have been built based upon PowerShell, feel free to check them out.

- [Empire](#)¹⁷
- [PoshC2](#)¹⁸
- [Powersploit](#)¹⁹

In a security sense, post-exploitation techniques aren't the only use for PowerShell. It can also be used for legitimate system administration purposes to allow you to gain information about the system or systems on a network, it has endless potential for automating mundane tasks within Windows such as [deployment](#)²⁰ and [GPO](#)²¹.

It also acts as the main modern command line interface within windows facilitating the use of other programming languages such as python or ruby. It is accessible by doing the following `ctrl + r` then typing PowerShell, this will launch you into a PowerShell session with a prompt, this prompt will accept a certain degree of *nix commands such as `ls` and `echo`.

You can find out all of the commands available within the PowerShell world by using the `man` or `help` commands against any command or module. However, before you do this you'll want to run `update-help` to ensure all of the manual and help pages are up to date.

Accessing PowerShell is as simple as windows key + r, then typing `powershell.exe`. This will pop a PowerShell window open.

From this interface you have direct access to the underlying operating system and PowerShell cmdlets. Which are modules built into PowerShell that have different functions.

Command Line (CMD.exe)

Another terminal environment built into windows is the command line tool (`cmd.exe`), it acts as a more dated instance of PowerShell. It does not support the use of modules but still gives access to underlying system commands to find out about files and other aspects of the operating system.

The prompt varies slightly in `cmd` vs PowerShell, however the core basic commands work the same on both. Try it yourself, type `whoami` in `cmd` first then try the same in PowerShell.

Knowing your way around both PowerShell and `cmd` are very useful for post exploitation in testing but also for general usage. I'd suggest having a read into `batch` & PowerShell scripting to better understand both `ps` & `cmd`.

¹⁷<https://github.com/EmpireProject/Empire>

¹⁸<https://github.com/nettitude/PoshC2>

¹⁹<https://github.com/PowerShellMafia/PowerSploit>

²⁰<https://github.com/PSAppDeployToolkit/PSAppDeployToolkit>

²¹<https://technet.microsoft.com/en-gb/library/ee461027.aspx>

A very basic batch script is shown below, it prints out some text to the screen and creates a folder then explains to the user what it just did. You can try too by saving this into a .bat file then double clicking on the .bat to run it.

```
1 @echo off
2
3 :: do stuff
4 echo Hello World
5 mkdir hello-world
6
7 :: Explain what the script just did
8 echo:
9 echo Created hello-world folder
10 echo:
11
12 end local
13
14 :: Pause allowing the user to read what shit does
15 pause
```

To do similar on PowerShell a script such as the following can be created:

```
1 # PowerShell Hello World
2 Write-Host
3 Write-Host 'Hello World!'
4 mkdir hello-world-ps
```

Then to run it on our host we need to do a few minor things within PowerShell. First the execution policy needs to be set for the current user to allow us to execute the script. Then our script can be run.

```
1 PS C:\Desktop\PoC> Set-ExecutionPolicy -ExecutionPolicy Unrestricted -Scope CurrentU\
2 ser
3
4 Execution Policy Change
5 The execution policy helps protect you from scripts that you do not trust. Changing \
6 the execution policy might expose
7 you to the security risks described in the about_Execution_Policies help topic at
8 http://go.microsoft.com/fwlink/?LinkID=135170. Do you want to change the execution p\
9 olicy?
10 [Y] Yes [A] Yes to All [N] No [L] No to All [S] Suspend [?] Help (default is "N\
11 ") : Y
12 PS C:\Desktop\PoC> cat .\ps.ps1
13 # PowerShell Hello World
14 Write-Host 'Hello World!'
15 mkdir hello-world-ps
16 PS C:\Desktop\PoC> .\ps
17 Hello World!
18
```

```

19
20     Directory: C:\Desktop\PoC
21
22
23 Mode                LastWriteTime         Length Name
24 ----                -
25 d-----          15/04/2017    10:56             hello-world-ps

```

PowerShell has an execution policy in place by default to protect users from themselves, it prevents scripts from running in an attempt to stop malicious things happening.

Bash on Windows

What is this witchcraft you may wonder? Well as of Windows 10, it is now possible to run bash on windows from the inbuilt OS rather than install a 3rd party simulator such as Cygwin or PentestBox. To enable it the following steps can be taken:

1. Turn Developer Mode on via Settings > Update & security > For developers
2. Click the Start button , click Control Panel, click Programs, and then click Turn Windows features on or off.
3. Enable Windows Subsystem for Linux (Beta)

Once this is done you should be able to open cmd or PowerShell and simply type “bash” this will drop you into the bash environment which is running Ubuntu. It has all of the standard features you’d expect to see in Linux.

Allowing for package installation, bash scripting, built in SSH and more. The only things I’ve had minor trouble with is packages that require raw access to the network such as nmap and masscan, however there are windows variants available for these anyway!

Now to show a bash script running within windows I wrote the following quick script:

```

1  #!/bin/bash
2  whoami
3  id
4  pwd
5  echo "Hello World"
6  mkdir bashonwindows

```

As simple as that, show what user you are, what your privileges are echo a message to the terminal then create me a folder.

Tooling

Alongside the terminal environments, there are a lot of tools designed for use within windows. Lots of common tools within Linux have been ported to windows too such as nmap & metasploit both of which are used a lot in infrastructure type penetration testing.

The two areas in which tooling is most prevalent on windows appears to be reporting & exploit development/debugging which sees a lot of tools and debuggers out there for use.

Under the UI

For a lot of readers Windows might well be your daily driver, so you'll be used to the way in which the user interface works, however you might not be aware of how under the hood works. Have you ever done windows key + r then regedit? If not, this opens the registry editor for windows, think of this like the real bits and bobs under the prettiness of windows, similar to `ls -aliRtu / on *unix`.

MacOS

MacOS or OSX as it's sometimes known is a Unix based system which has commodities that are both similar to Windows & Linux. Being Unix based it shares the same core terminal as Linux(BASH).

It is proprietary and closed source in comparison to Linux and other Unix variants. What it does have however is a massive market share, it is exclusive to Macbooks and Apple Mac computers (with the exception of [hackintoshes](https://www.hackintosh.com)²²). The functionality from a security standpoint is more or less the same as Linux.

The added benefit of using a Mac mainly being that it has a UNIX based OS out of the box, supports virtualisation and they tend to look pretty sleek.

²²<https://www.hackintosh.com>

4. Virtualization

This section talks about what virtualisation is, why it is important and how it works. I will also take you through setting up your first virtual machine (VM) in both VMWare & Virtual Box.

What is Virtualisation

Virtualisation put briefly is the process of creating a container of resources to run an operating system within the context of another. Think of it like building a shed in your house and setting it up like another house or living environment.

What it is Used For

Virtualisation is all about separating traditional IT resources into more easily managed and centralised solutions. This separation often increases scalability, improves resource utilisation, and reduces administrative resources.

Specifically, it works by utilising hardware to create a virtual environment similar to that of a physical machine, taking an example as you have a desktop that has a quad core processor, 4 GB of ram & a 500GB Hard drive.

In the conventional way you could install windows on this and roll with a single operating system however say you need to do something in Linux or another OS, you could dual boot systems but the quicker way to do so would be to virtualise.

Setting Up Your First Virtual Machine

For this section you'll need to download either VMWare player OR Virtual Box, both work just the same. My personal preference is VMWare Workstation (paid for version) as it has some neat features such as export and snapshots plus other little tweaks here and there.

Note: I'm going to show you how to setup on windows, however to do so on Mac & Linux is more or less the same with both VMWare & Virtual box.

Steps to Create a VM

- **Step 1:** Obtain from [VMWare](https://my.vmware.com/en/web/vmware/free#desktop_end_user_computing/vmware_workstation_player/12_0)²³ or [VirtualBox](https://www.virtualbox.org/wiki/Downloads)²⁴

²³https://my.vmware.com/en/web/vmware/free#desktop_end_user_computing/vmware_workstation_player/12_0

²⁴<https://www.virtualbox.org/wiki/Downloads>

- **Step 2:** Obtain an ISO for an OS you want to virtualise; for this tutorial I'll be using [Debian²⁵](#), however you can use whatever OS you want. #####Create a new VM (VMWare)
 - *VMWare:* Select File>New Virtual Machine
 - *VMWare:* This will spawn a new VM wizard, from here select "Installer disk image file" (ISO) and choose the ISO you want to use to setup a VM.
 - *VMWare:* Follow the wizard though select the appropriate operating system to match the ISO you've selected.
 - *VMWare:* Give it a name and a location on your local machine.
 - *VMWare:* Select the specs you require, depending on what purpose you want for the machine you're creating.
 - *VMWare:* Once this is done it's just a case of starting your VM by clicking the green start button, then it's just a case of setting up like you would an OS normally.

Create a new VM (Virtual Box)

- Once you have Virtual box open, creating a VM is fairly simple. Simply click New, to create a new VM.
- Next select Expert Mode which should give a window similar to that shown below. This allows you to name your new VM, select the OS you're installing, the version & specify the amount of RAM you want to give it too. In this example I'm going to install Debian with 2GB of RAM.
 - Click Create
 - Select the size & location you want to store the virtual drive file.
 - Then select Create again.

Once this is done VirtualBox will create an instance of your VM, the final step is to click start, and give the VM an ISO to install.

Other Platforms

There are many other platforms too for virtualisation of operating systems, I've simply demonstrated the two most common applications used on consumer devices. Some examples worth checking out can be seen in the list below.

- ESXi
- HyperV
- Xen
- KVM
- QEMU

²⁵<https://www.debian.org/CD/http-ftp/#stable>

5. Programming

In security it can be very useful to understand programming, whilst you might not be able to code straight away it is very very useful to understand the core fundamentals.

Throughout my blog and this book, I am hoping to give you the basics to prepare you to start your journey in learning the different paths of security & hacking.

This section will cover off logic, programming basics, the differences between language types and some tips on starting points in coding.

To start with I'm going to explain basic logic through the use of truth tables. Now some of you may not know the first thing about logic and may have never even heard of what a truth table is, however do not worry it will all be clear soon.

Logic

Logic is the understanding of whether something is true or false, how it works any why it's correct or incorrect. Outside of programming one will deal with logic on a daily basis sometimes without even realising.

To start with I'm going to explain basic logic through the use of truth tables. A truth table is a mathematical table used in logic. This is the idea of one (1) being true and zero (0) being false which is also known as on and off.

Very basic logic has three main logic gates: and, or, not. Each serves as an operator in a logic statement, the three sections explain what each does and how it works.

And

At a very basic level the and logic operator works with one value AND another equal the third, there are four possible outcomes with this. These are explained below:

Value	Value2	Equals
0	0	0
0	1	0
1	0	0
1	1	1

Essentially both values need to be True for the end result to be True. This is useful in programming if a statement or function is being made where two arguments need to be present before continuing. Think for example if you write a program that prints out someone's name and age. The inputs are

both required in order to print out the result, the following example pseudo code shows this in the form of an if, else loop.

```

1 If name & address are true:
2 print "My name is" + $NAME + "and I am" + $AGE "years old..."
3 else:
4 print "Error, name AND age values required"

```

If you don't follow, essentially it is saying if value x & value y are present like the bottom line of the truth table above then print out the statement "My name is bob and I am 18 years old..." where \$NAME is Bob and \$AGE is 18 otherwise print the statement "Error, name AND age values required" to the screen.

Or

Similar to the and operator, OR also requires a minimum of two inputs for it to produce an output. The difference being with OR is that it does not require both values to be true for the end result to be true, the following table demonstrates this point:

Value	Value2	Equals
0	0	0
0	1	1
1	0	1
1	1	1

As can be clearly seen as long as there is a True value (1) in the equation the resulting output will be true, only when both values are false will the end result be false.

Not

The not operator works in a different way to and and or as it only has two possible outcomes, 1 & 0 or true & false. Essentially if one value is presented as an input the output will be the inverse of it.

Input	Output
0	1
1	0

Logic operators are used a lot in different programming languages, the main example of this in security being related to web applications and database queries such as SQL (Structured Query Language).

An example query might look similar to `SELECT * FROM Users WHERE FirstName equals Bob AND LastName equals Smith` where the query is selecting all users with the first and last name matching Bob Smith this demonstrates the use of the AND logic operator in a query language such as SQL.

And, Or & Not are the main basic logic operators however there are a few others, feel free to check these out: AND, OR, XOR, NOT, NAND, NOR and XNOR.

The Basics - Functions, Variables, Learning

Alongside logic the other aspects used a lot in programming are functions & variables, almost all languages both compiled and scripting use functions and variables to do some thing or another.

Variables

What is a variable really? A variable is a value within a program that can change, depending on conditions or on information passed to the program. A variable usually holds information that is used later in the program or referred to for other actions.

Usually, a program or application consists of a list of instructions that tell the computer what to do and data that the application uses when it is running. The data consists of constants or fixed values that never change and variable values (which are usually initialized to “0” or another default value because the actual values will be supplied by a program’s user).

Typically, both constants, and variables are defined as certain data types. Each data type limits the form of the data. Examples of data types include: an integer expressed as a decimal number or a string of characters, usually limited in length. There are many different data types across all of the languages available however as a standard typically strings and integers are available at the very least.

Functions

A function is a piece of code usually which utilises various services or actions that can be used over and over again by calling the piece of code. An example of this might be if I set a function named pow() and each time pow is run it prints out the letters x,y & z. This might look like something similar to the function below:

```
1 function pow()  
2 {  
3     print "x,y & z"  
4 }  
5  
6 pow
```

The code above sets up the function pow() and whenever pow is referenced after that function, the application prints out “x,y & z” to the terminal.

In many programming languages there is access to a compiler which contains a set of pre-made functions that a programmer can specify by writing language statements. These provided functions are sometimes referred to as library routines. Some functions are self-sufficient and can return results

to the requesting program without help. Other functions need to make requests of the operating system in order to perform their work. Essentially functions are very important when writing code as they save you time.

Language Types

When dealing in security you're most likely to come across two different types of programming language; compiled & scripting. There are many other types to check out too if you're interested [here is a link](#)²⁶ to Wikipedia that lists a large majority.

The following subheadings summarise the different languages you can learn in each category however if you want a more inclusive list of learning resources check out [programming motherfucker... do you speak it?](#)²⁷.

Scripting

The main scripting languages & environments that you will come up against first hand is likely to be PowerShell or bash depending on what operating system you use as a base. Both of which have already been discussed in Chapter 3: Operating Systems. However, if you'd like to learn more about either, check out the links: [bash](#)²⁸ or [PowerShell](#)²⁹.

Other than the two pre-built into the OS, there are many other languages that are classed as scripting. The three most common that I've seen in hacking/InfoSec tend to be: python, ruby & Perl. All of which have different purposes and share different tools being written in them.

Some tools you might have heard of that have been written in one of the three are as follows Perl - [Nikto](#)³⁰, Python - [SQLMap](#)³¹, Ruby - [Metasploit](#)³²

Specifically, when breaking into the field I'd recommend looking into learning python as it is a very useful language to not only be able to write in but to also be able to read. In order to pick it up and learn I'd suggest [Learn Python the Hardway](#)³³, this will give you a solid basic understanding.

However, if books aren't your thing you should also check out [Python on CodeAcademy](#)³⁴ this will take you through interactive exercises to test your ability to learn. Once you have the basics nailed down I'd highly suggest checking out [Violent Python](#)³⁵ & [Black Hat Python](#)³⁶ both of which give python a backing in the security field with different things to try out and build.

²⁶https://en.wikipedia.org/wiki/List_of_programming_languages_by_type

²⁷<http://programming-motherfucker.com/become.html>

²⁸<https://learncodethehardway.org/unix/>

²⁹<https://blogs.technet.microsoft.com/heyscriptingguy/2015/01/04/weekend-scripter-the-best-ways-to-learn-powershell/>

³⁰<https://github.com/sullo/nikto>

³¹<http://sqlmap.org/>

³²<https://www.rapid7.com/products/metasploit/>

³³<https://learnpythonthehardway.org/book/>

³⁴<https://www.codecademy.com/learn/python>

³⁵<http://amzn.to/2qGH1jm>

³⁶<http://amzn.to/2qQHtlm>

If all else fails, try picking a project to better understand the language; it doesn't need to be security related! The first project I created in Python was an app to calculate whether getting a cinema pass for the month was worth it for you or not. It would take an input of the films you want to see then, work out if it was better value for money to get the pass or just to pay per time.

I put a poll out on twitter to find out what people felt was the most difficult aspect of programming and the result that came out on top was lack of ideas - as an answer to that, try having a look at [netsec](https://www.reddit.com/r/netsec)³⁷ & [hacking](https://www.reddit.com/r/hacking)³⁸ on reddit and try to create or recreate some of the tools published on there to allow you to better understand creation of things.

Compiled

Another type of language you're likely to come across is a compiled one, the most common example of this is C and the different flavours of C(C/C++/C#). A lot of exploits & tools are written in C as it's a fast programming language, it also has many build in features allowing for usage of loads of functions.

The main difference between a scripting language and a compiled one is that a scripting language can be written in any text editor and is interpreted. Whereas a compiled language requires the use of a compiler to run in a compiled state. A few examples of scripting vs compiled languages are shown in the list below:

Scripting Languages

- Python
- Ruby
- Perl
- Lua
- JavaScript

Compiled Languages

- C
- C++
- C#
- D
- Java
- .Net

Starting out if you've already tried out python and, are hungry to learn more I'd suggest having a look at C. It isn't my strongest language but I can read it and modify where needed.

As a minimum being able to read programming is a must when it comes to hacking. Often exploits and tools will be written in different languages and may need tweaking before they will work -

³⁷<https://www.reddit.com/r/netsec>

³⁸<https://www.reddit.com/r/hacking>

having the ability to spot where things need changed or being able to google the correct questions will stand you in good stead.

As far as learning is concerned much like python, C also has many learning resources the link above([programming-motherfucker](http://programming-motherfucker.com/)³⁹) gives many routes to the same end goal however I've found [learn C the hard way](https://learncodethehardway.org/c/)⁴⁰ to be a good resource.

Other than this you can try jumping in at the deep end and going for a project, if you've learned the basics with python you'll find C slightly easier to learn in comparison to other compiled languages.

³⁹<http://programming-motherfucker.com/>

⁴⁰<https://learncodethehardway.org/c/>

6. Infrastructure

Infrastructure penetration testing (also known as network penetration testing by some) like web application testing, is probably one of the most common forms of assessment anyone starting out in the industry is going to come across both in the consultancy sector and in the world of bug bounties.

It is also the main focus of offensive security's [pentesting with kali](#)⁴¹ course. The main aim of infrastructure hacking is to find flaws at the network level of a target - be this on the internal network inside the firewall or external perimeter.

Like web apps, infrastructure assessments encompass many factors too including:

- Port Security
- Service Security
- Password Security
- Different Protocols
- Firewalls/IDS/IPS
- Network Equipment - such as routers, switches & firewalls
- Other segments of networks such as VPNs and endpoint devices

Following this rough outline, a baseline methodology can be taken as information gathering, scanning based upon info gathered during recon, exploiting vulnerabilities found from scanning then pivoting across systems & persisting on penetrated ones.

The headings below explain the stages of this methodology in more detail and outline some tooling to take a look at for each stage. Note that some tooling will only be applicable for internal network testing as this usually assumes you will be on a client network and have access to 'private IP addresses' - class A, B & C network addresses: e.g. similar to 10.x.x.x, 172.16.x.x, 192.168.x.x.

Reconnaissance

Before you even start to look at a target the first step is to carry out some reconnaissance. Usually this can be done entirely passively to begin with i.e. no port scanning or traffic sent directly to the IP address or host. The main aim of reconnaissance in any operation/assessment is to gain as much information about the target(s) as possible to aid you later on in the process.

⁴¹<https://www.offensive-security.com/information-security-training/penetration-testing-training-kali-linux/>

Discovery

Arguably the most important first stage in recon is to carry out open source intelligence gathering in order to discover links to the target organisation & other potentially interesting points.

Passive Information Gathering is the process of collecting information about your target using publicly available information. This is the main methodology that open source intelligence gathering follows as the main aim is to gather as much information about your target without actually sending traffic directly to the target domain or organisation.

This could include services like search engine results, whois information, background check services, public company information, current and past employees' information and much more.

An example might be that you've been tasked with testing `domain.com` however the client has stated that other subdomains would be of interest and may be added to scope.

Using open source intelligence, you might be able to discover `admin.uat.domain.com` and identify it has a gaping vulnerability that could leave the client open to attack. By appending this to your report you have alerted the client to a potential vulnerable entry point.

The client responds by adding it into scope and you identify a remote code execution exploit allowing you full control over the server, had you not done some digging you might have never found this and thus good preparation is always a good start.

Another aspect of discovery passively can be done via using [google dorks](#)⁴² to identify IP ranges and other interesting hosts. This also falls under passive analysis up until you make any connections to the IPs or browse to domains.

Alongside google dorks there are many great free tools that can be used to gather information about a target all of which use open source intel to build up a picture about your target. The short list below outlines a few I'd recommend checking out.

General Recon

- Spiderfoot
- Maltego
- Recon-NG

Domain Enumeration

- Subbrute
- Sublist3r
- Knockpy
- DNS Parallel Prober
- theharvester
- fierce

⁴²<https://www.exploit-db.com/google-hacking-database/>

Google Dorks to Try

- `site:*.domain.com -www`
- `site:..domain.com -www`
- `site:*.domain.com ext:pdf`
- `site:*.domain.com ext:php`

Most of the tooling above takes the approach of a combination of passive and active intel gathering, the general recon tools have options to do 100% passive or some active to discover the most information. All of these techniques are both applicable to penetration testing & bug bounties however it should be noted all analysis should be carried out inline with the scope and requirements set out by your client.

Spiderfoot

[Spiderfoot](http://www.spiderfoot.net)⁴³ is a framework written in python that can be used for open source intelligence gathering automation. It works off of being given a domain or a company name and then leverages modules to identify where the domain or company is referenced, this combined with some comparison tools built in allows for a decent footprint analysis to be carried out against a target.

It has many modes that can be selected from simply passive with a stealthy approach so as to not raise any alarms that a target is being looked into vs full on active mode which encompasses many search engines, tools, APIs, websites and many more to find out info about said target. I'm not going to go into how to set it up and run however it is mostly self explanatory simply download and run then go to `localhost:5001` in a browser to access the web interface. For more information about spiderfoot check out the documentation on their [website](http://www.spiderfoot.net/documentation/)⁴⁴.

Maltego

[Maltego](https://www.paterva.com/web7/docs/documentation.php)⁴⁵ is in many ways much like spiderfoot however instead of being written in python and accessible via a web interface, maltego is written in java and has a fully fledged GUI. By default, Kali Linux has the community version installed however you can download and run it on other OSes too. I am no expert on the usage of it however have found that the transforms built in do a great job of basic analysis of a target. Transforms by the way are like modules they lean on other services to identify information.

Each transform will identify more information about your target and you can simply right click on each new node and select run more transforms, from doing this more information can be discovered. For more information about maltego check out their [wiki](https://www.paterva.com/web7/docs/documentation.php)⁴⁶.

⁴³<http://www.spiderfoot.net>

⁴⁴<http://www.spiderfoot.net/documentation/>

⁴⁵<https://www.paterva.com/web7/>

⁴⁶<https://www.paterva.com/web7/docs/documentation.php>

Recon-NG

[Recon-NG](https://bitbucket.org/LaNMaSteR53/recon-ng)⁴⁷ is like the metasploit of OSINT, it has many plugins and modules allowing for a vast degree of different information gathering techniques. From the website overview about Recon-NG it was designed exclusively for web-based open source reconnaissance.

Like spiderfoot it is 100% open source allowing for new modules to be written for it and actively developed. It can help you a lot when looking at individuals, domains and companies. Definitely check out the wiki for it [here](https://bitbucket.org/LaNMaSteR53/recon-ng/wiki/Home)⁴⁸ to learn more about the different modules and features.

Domain Enumeration

When it comes to subdomain identification and DNS brute-forcing there are some great tools for achieving this goal. All of the tools in the next few subsections can be used to identify sub domains for better recon and to help you grow the attack surface.

Subbrute & Sublist3r

[Subbrute](https://github.com/TheRook/subbrute)⁴⁹ & [Sublist3r](https://github.com/aboul31a/Sublist3r)⁵⁰ both written in python use a variety of brute-force techniques to identify subdomains. They can be very useful if you've been tasked with testing *.domain.com and you want to find out some potential targets other than just the main domain. Sublist3r in particular uses several sources to identify domains and outputs these to the terminal. An example of this running against a target is shown below:

```

1  # python sublist3r.py -d zerosec.co.uk -o zerosec
2
3      / _ | _ _ | _ | ( _ ) _ | _ | _ / _ _
4      \ _ | \ | | | ' _ \ | | / _ | _ | \ | ' _ |
5      _ ) | | | | | ) | | \ _ \ | _ _ ) | |
6      | _ / \ _ , _ | _ _ / | _ | _ _ \ _ | _ |
7
8      # Coded By Ahmed Aboul-Ela - @aboul31a
9
10 [-] Enumerating subdomains now for zerosec.co.uk
11 [-] Searching now in Baidu..
12 [-] Searching now in Yahoo..
13 [-] Searching now in Google..
14 [-] Searching now in Bing..
15 [-] Searching now in Ask..
16 [-] Searching now in Netcraft..
17 [-] Searching now in DNSdumpster..
18 [-] Searching now in Virustotal..
19 [-] Searching now in ThreatCrowd..
20 [-] Searching now in SSL Certificates..

```

⁴⁷<https://bitbucket.org/LaNMaSteR53/recon-ng>

⁴⁸<https://bitbucket.org/LaNMaSteR53/recon-ng/wiki/Home>

⁴⁹<https://github.com/TheRook/subbrute>

⁵⁰<https://github.com/aboul31a/Sublist3r>

```
21 [-] Searching now in PassiveDNS..  
22 [-] Saving results to file: zerosec  
23 [-] Total Unique Subdomains Found: 1  
24 www.zerosec.co.uk
```

As can be seen from the output the tool looks at several sources in order to try and identify different subdomains, in this example I have used a domain I own: zerosec.co.uk. Sublist3r utilizes subbrute as a module used to scan however subbrute can be used on its own too which produces outputs like so:

```
1 # python subbrute.py zerosec.co.uk  
2 zerosec.co.uk  
3 www.zerosec.co.uk
```

Again this produces only one subdomain which is www notice the output for subbrute is slightly less verbose as its main usage is for purely brute-forcing, it does not leverage any other sources.

Knockpy

[Knockpy](#)⁵¹ works in a similar way to sublist3r as it uses brute-force and heuristic techniques to identify sub-domains. It works from a baseline wordlist and iterates through this in order to find targets. Additionally, it also features checking for zone transfers in DNS & checking for wildcard DNS. These both are features that [fierce](#)⁵² shares. To setup knockpy, simply clone it down from Github then install it with `python setup.py install`. From here usage is really simply just `knock domain.com` and it will do its stuff.

DNS Parallel Prober

[DNS Parallel Prober](#)⁵³ or as I seem to have started calling it, DNS Queue was written and developed by two of my friends and colleagues; [Lorenzo](#)⁵⁴ & [Kyle](#)⁵⁵. It is essentially a proof of concept for a parallelised domain name prober. It creates a queue of threads and tasks each one to probe a sub-domain of the given root domain. At every iteration step each dead thread is removed and the queue is replenished as necessary.

What this means is that, it is great at identifying subdomains based off of a wordlist. This is thanks to a great wordlist that I supplied, it does an excellent job at finding some that the other tools struggle with especially the awkwardly named or even sub-subdomains. The setup and running of this tool is very simple as a quick start simply clone it down from Github, install the dependencies then run:

```
dns-queue.py example.com 100 out.txt -i subdomains.txt
```

Where `example.com` is the target domain, `100` is the amount of threads, `out.txt` is the output file and `-i subdomains.txt` is the wordlist you want to use. As simple as that and you're away!

⁵¹<https://github.com/guelfoweb/knock>

⁵²<http://tools.kali.org/information-gathering/fierce>

⁵³<https://github.com/lorenzog/dns-parallel-prober>

⁵⁴<https://github.com/lorenzog>

⁵⁵<https://twitter.com/kylefleming217>

theharvester

Alongside DNS enumeration and subdomain discovery, another form of intelligence gathering that can be useful is the identification of email addresses. This is where [theharvester](#)⁵⁶ comes into its own, designed originally for crawling search engines for emails it has grown arms and legs to enable you to find out information about a target domain, find email addresses, PGP keys, subdomains & virtual hosts on the same IP space as the target. Example usage when looking at a domain might look similar to this:

```
1 theharvester -d zerosec.co.uk -b all -l 1000
```

Where the target domain is `zerosec.co.uk`, the listing target is `all` available i.e. google, Bing, PGP, etc. The listing limit is `1000` to look through pages and results.

Google Dorks aka Google Hacking

Google Dorks also known as google hacking is a technique using advanced search operators to extract information from google. There is a database that has been created over the years full of different search terms to uncover juicy information, this is located at [GHDB](#)⁵⁷. Paired with the other OSINT techniques explained above google dorks can be very powerful and useful when profiling a target, they can serve as a fantastic stepping stone for uncovering those extra little bits of information to make a fuller picture of your target. Additionally, they fall into the passive category as you're purely viewing search results, it only touches upon active when you visit the site.

Scanning

After conducting some in depth intelligence gathering hopefully if it has been successful you will have a collection of domains or IP addresses to start looking at. Now the fun part where passive analysis moves over to active. This is where you utilize port scanning, service enumeration & vulnerability analysis in order to discover entry points to the target network.

A port scan is a method for determining which ports on a network are open. Think of the ports of a network like the windows and doors of a house. The act of port scanning can be thought of like knocking on doors to see if someone is home. Running a port scan on a network or server reveals which ports are open and listening (receiving information), as well as revealing the presence of security devices such as firewalls that are present between the sender and the target. This technique is known as fingerprinting.

There are many tools out there for port scanning however the most famous and commonly used one is called [nmap](#)⁵⁸. Nmap ("Network Mapper") is an open source and free tool for network discovery and security scanning. It isn't only for hacking purposes, it has genuine use cases by network

⁵⁶<https://github.com/laramies/theHarvester>

⁵⁷<https://www.offensive-security.com/community-projects/google-hacking-database/>

⁵⁸<https://nmap.org>

administrators for identifying which ports certain servers have open & what services are listening on them.

Over the past decade, nmap has grown arms and legs. As a result, it is much more now than just a port scanner, it is possible to find open ports, profile services, fingerprint vulnerabilities and conduct vulnerability scanning all from one tool! I'd suggest checking out the nmap site for more information on the full capabilities of nmap however theoretically it is entirely possible to use only nmap and metasploit for an engagement given their mass amount of modules & capabilities!

There are many options when it comes to nmap and port scanning in general, a lot of variables and flags can come into play, the line below is a typical scan that I might run against a target:

```
1 nmap -sSV -p- -iL targets.txt -oA output_syn --min-parallelism 64 --min-hostgroup 96\  
2 -T4 --version-all --reason --open
```

Now what does this do you might be wondering? Here's what each flag means and why I've included it:

- `-sSV` - Makes nmap carry out a SYN Scan meaning that it only sends a syn command to the target if the server responds with a SYN/ACK (synchronization acknowledged) packet from a particular port, it means the port is open. The V flag means carry out a version scan of the open ports that nmap discovers.
- `-p-` - Instructs nmap to scan all 65535 ports (1-65535), you can also use `-p 0-65535` to include port 0, which in very rare cases will return as open however nothing runs on it by default.
- `-iL` - This flag allows nmap to take an input file containing either domains or IP addresses.
- `-oA` - Outputs the scan results to the three available formats: `.xml`, `.nmap`, `.gnmap`.
- `--min-parallelism 64` - Specifies the minimum amount of parallel processes at one time. This combined with `--min-hostgroup 96` are both [performance flags](https://nmap.org/book/man-performance.html)⁵⁹ for nmap.
- `--min-hostgroup 96` - Specifies the minimum amount of hosts to scan in a group.
- `-T4` - Specifies a more specific form of timing performance which tunes up more of the flags for timeouts and more.
- `--version-all` - Sends additional probes in order to identify a more specific version of the service running on an open port.
- `--reason` - Forces nmap to print out the reason as to why a port was determined as open, all going well this should be SYN/ACK as the reason.
- `--open` - Selects to only show open ports, I use this on and off depending on what I am scanning.

There are many more combinations that I will use across tests however I'll leave it up to you to try out some of the other options, the man page holds all of the available flags and what each does. I encourage you to RTFM!

Nmap isn't the only tool for port scanning though, there are a few other great tools. The list below isn't a complete list of all other port scanners however is a collection of the few I use regularly. You may well encounter more throughout your learning journey.

⁵⁹<https://nmap.org/book/man-performance.html>

- masscan
- metasploit auxiliary modules
- unicornscan
- netcat (to an extent)

Each of the tools above can be used for port scanning and they work in similar ways to nmap. Each has its “peaks and troughs” - [PwnDexter](#)⁶⁰, serving out different purposes and scratching different itches.

Masscan

[Masscan](#)⁶¹ for example outplays nmap when it comes to huge IP address ranges and domain lists needing to be scanned. It is the fastest port scanner available as stated on its page; It can scan the entire Internet in under 6 minutes, transmitting 10 million packets per second!

Metasploit Auxiliary Modules

[Metasploit](#)⁶² is a fantastic example of a fully fledged framework (try saying that quickly aloud!). It has many modules that fall under the auxiliary category each of which serves a different purpose and system. In particular, the scanner modules enable scanning of different systems and services in order to identify potential vulnerabilities. This [list](#)⁶³ on [metasploit unleashed](#)⁶⁴ outlines the vast amount of auxiliary modules available.

Unicorn Scan

[Unicornscan](#)⁶⁵ (first of all what a great name), is another port scanning tool very similar to nmap with varied output. It was designed to assist with information gathering and scanning using probing techniques to identify open ports. The main one-up it has over nmap is that it provides a more reliable UDP scanning engine allowing for discovery of open UDP ports.

Netcat

[Netcat](#)⁶⁶ isn't specifically a port scanner however it can be used to scan for open ports. It can be very useful when you compromise a machine and only have access to netcat. In order to port scan with netcat, the following line of code can be used:

```
1 nc -zv domain.com 1-1024
```

This will carry out a scan of ports 1-1024, it is obviously not as optimised as nmap but it does work!

⁶⁰<https://twitter.com/PwnDexter>

⁶¹<https://github.com/robertdavidgraham/masscan>

⁶²<https://www.metasploit.com>

⁶³<https://www.offensive-security.com/metasploit-unleashed/auxiliary-module-reference/>

⁶⁴<https://www.offensive-security.com/metasploit-unleashed/>

⁶⁵<http://sectools.org/tool/unicornscan/>

⁶⁶https://www.sans.org/security-resources/sec560/netcat_cheat_sheet_v1.pdf

Exploitation

Once you find open ports and have identified what services are running on those ports then next stage in this methodology is exploitation! This is the fun part where it rains shells hopefully. Now starting out you might have an output from nmap and not know what to do with it? Try grabbing the `.nmap` file and open it with nano.

```
nano results.nmap
```

Here's an example output of nmap, this was from a scan of all ports on one of the [metasploitable](https://information.rapid7.com/metasploitable-download.html)⁶⁷ virtual machines:

```
1 Nmap scan report for 192.168.99.131
2 Host is up (0.00028s latency).
3 Not shown: 65506 closed ports
4 PORT      STATE SERVICE
5 21/tcp    open  ftp
6 22/tcp    open  ssh
7 23/tcp    open  telnet
8 25/tcp    open  smtp
9 53/tcp    open  domain
10 80/tcp    open  http
11 111/tcp   open  rpcbind
12 139/tcp   open  netbios-ssn
13 445/tcp   open  microsoft-ds
14 512/tcp   open  exec
15 513/tcp   open  login
16 514/tcp   open  shell
17 1099/tcp  open  rmiregistry
18 1524/tcp  open  ingreslock
19 2049/tcp  open  nfs
20 2121/tcp  open  ccproxy-ftp
21 3306/tcp  open  mysql
22 3632/tcp  open  distccd
23 5432/tcp  open  postgresql
24 5900/tcp  open  vnc
25 6000/tcp  open  X11
26 6667/tcp  open  irc
27 6697/tcp  open  unknown
28 8009/tcp  open  ajp13
29 8180/tcp  open  unknown
30 8787/tcp  open  unknown
31 39292/tcp open  unknown
32 43729/tcp open  unknown
33 44813/tcp open  unknown
34 55852/tcp open  unknown
35 MAC Address: 00:0C:29:9A:52:C1 (VMware)
```

⁶⁷<https://information.rapid7.com/metasploitable-download.html>

Look at all those open ports! Now some of you might already see a lot of juicy services running on this box that might gain you a level up pretty quickly. For those who've never seen the output from nmap in their life the basics are it is showing each port that is open, whether it's TCP or UDP and the service that nmap thinks is running on it.

I'm not going to step through each and every service however if you're interested in what each one does try googling it and have a read of each for extra learning. Instead here's a select few that would be fun to compromise and gain interesting information about:

	PORT	STATE	SERVICE
1	21/tcp	open	ftp
2	22/tcp	open	ssh
3	23/tcp	open	telnet
4	80/tcp	open	http
5	111/tcp	open	rpcbind
6	139/tcp	open	netbios-ssn
7	445/tcp	open	microsoft-ds
8	512/tcp	open	exec
9	513/tcp	open	login
10	514/tcp	open	shell

I've picked the services above mainly due to the nature of them being used to access the box remotely in some way or another. Be this to access files, in the example of ftp, telnet, NetBIOS, login & microsoft-ds or to login to a shell; ssh, telnet, exec, login, shell.

Each service presents a different way in. The basic output doesn't show any version numbers unfortunately. To better understand I'll run `-V --version-all`. This reveals that all of the services are severely outdated and likely running vulnerable software. The first port of call for me would be to try weak credentials against the services such as `admin:admin`, `test:test` & `user:user` against each service to see what will give up access.

If this doesn't work, then other exploitation techniques can be looked at such as using a framework such as metasploit to utilize other exploits. Simply launching `msfconsole` within Kali Linux will launch the metasploit console which can be searched for exploits and modules relevant to the running services in your nmap output. Then each can be run against the target if you think the service matches up to the module.

If all else fails you could try an exploit from [exploit-db](https://www.exploit-db.com)⁶⁸ however be warned if doing this against anything live, **ALWAYS** run in a test environment first as exploits are like playing with fire! Especially running random scripts from the Internet always treat things with caution please. If you're using Kali Linux offensive security have helpfully included an offline version of exploit-db which can be searched using the `searchsploit` command.

There is a full write-up on how to gain access to metasploitable if anyone is interested is available [here](https://community.rapid7.com/docs/DOC-1875)⁶⁹.

⁶⁸<https://www.exploit-db.com>

⁶⁹<https://community.rapid7.com/docs/DOC-1875>

Pivoting/Further Recon/Post-Exploitation

All going well you've made it onto the machine you've been attacking and you have a shell! Well what's next? Well the answer to that question really varies and depends on a lot of things, mainly what is the scope of the engagement? Do you have permission to further traverse the network? Or is this in a lab environment?

If all is good, you have permission to proceed & want to gain more info about the system the first port of call would be to identify what privileges you are running with what your user is and what they can access.

Information Gathering

So you find yourself on a machine, check your privs. To do this the first thing I'd do would be to view sudo if you can. To do this type the following command `sudo -l` if you have privs it will show something like:

```

1 $ sudo -l
2 Matching Defaults entries for apache on ltr101:
3     env_reset, mail_badpass, secure_path=/usr/local/sbin\:/usr/local/bin\:/usr/sbin\
4     \:/usr/bin\:/sbin\:/bin
5
6 User apache may run the following commands on ltr101:
7     (ALL : ALL) ALL

```

If you see the above, you're pretty much golden! The user has FULL sudo privs and can escalate to root! Boom headshot do the root dance you're in!

...not so fast, in reality apache is hardly ever running as root and the user you land as in most situations might well be very limited. Try and find out what other users are on the system, there are a lot of different ways of doing this however the easiest would be to view the passwd file if available:

```

1 cat /etc/passwd
2 root:x:0:0:root:/root:/bin/bash
3 daemon:x:1:1:daemon:/usr/sbin:/usr/sbin/nologin
4 bin:x:2:2:bin:/bin:/usr/sbin/nologin
5 sys:x:3:3:sys:/dev:/usr/sbin/nologin
6 sync:x:4:65534:sync:/bin:/bin/sync
7 games:x:5:60:games:/usr/games:/usr/sbin/nologin
8 man:x:6:12:man:/var/cache/man:/usr/sbin/nologin
9 lp:x:7:7:lp:/var/spool/lpd:/usr/sbin/nologin
10 mail:x:8:8:mail:/var/mail:/usr/sbin/nologin
11 news:x:9:9:news:/var/spool/news:/usr/sbin/nologin
12 uucp:x:10:10:uucp:/var/spool/uucp:/usr/sbin/nologin
13 proxy:x:13:13:proxy:/bin:/usr/sbin/nologin
14 www-data:x:33:33:www-data:/var/www:/usr/sbin/nologin
15 backup:x:34:34:backup:/var/backups:/usr/sbin/nologin

```

```

16 list:x:38:38:Mailing List Manager:/var/list:/usr/sbin/nologin
17 irc:x:39:39:ircd:/var/run/ircd:/usr/sbin/nologin
18 gnats:x:41:41:Gnats Bug-Reporting System (admin)/var/lib/gnats:/usr/sbin/nologin
19 nobody:x:65534:65534:nobody:/nonexistent:/usr/sbin/nologin
20 systemd-timesync:x:100:103:systemd Time Synchronization,,,:/run/systemd:/bin/false
21 systemd-network:x:101:104:systemd Network Management,,,:/run/systemd/netif:/bin/false
22 systemd-resolve:x:102:105:systemd Resolver,,,:/run/systemd/resolve:/bin/false
23 systemd-bus-proxy:x:103:106:systemd Bus Proxy,,,:/run/systemd:/bin/false
24 Debian-exim:x:104:109:./var/spool/exim4:/bin/false
25 messagebus:x:105:110:./var/run/dbus:/bin/false
26 statd:x:106:65534:./var/lib/nfs:/bin/false
27 sshd:x:107:65534:./var/run/ssh:/usr/sbin/nologin
28 apache:x:108:65534:./nonexistent:/bin/false
29 user:x:1001:1001:./home/steam:/bin/bash

```

From this output we can see that there is another user on the system with shell privs other than root, which is the user named user. To explain the passwd file some more here is a run down of what each field means.

Taking the username user in this example, the first section signifies the username, the next section over seperated by thr : character is an x which indicates that encrypted password is stored in /etc/shadow file. 1001 in the next two sections indicate the user(UID) & group(GID) IDs of the user; Each user will be assigned a user ID(UID) upon creation, UID 0 is reserved for root, 1-99 are reserved for other predefined accounts.

Further UID 100-999 are reserved by system for administrative and system accounts/groups. Anything 1000 and above signifies a normal user. The GID number code is the same as UID in the sense that 0-999 are reserved for different system accounts & anything 1000+ is a normal group. If a user has UID 0 and is not root this means that when they login they have root privileges.

The next section across (block 5 if you're counting), is a comment field to describe the user. Notice the list user has a desription of Mailing List Manager whereas the user has no comment which is replaced by three (3) commas. The last two sections; 6 & 7 indicate the home directory of the user & the command shell type.

Now to continue looking into escalation techniques I highly recommend reading these two fantastic guides: [g0tm1k⁷⁰](https://blog.g0tm1k.com/2011/08/basic-linux-privilege-escalation/) & [InfoSecPS⁷¹](https://infosecps.com/2017/04/22/privilege-escalation/) both focus on escalating your privs, Paul's article focuses on a combo of both which stands you in good stead.

Network Mapping

Once you're root or if you have enough privs to run things on the box, the next stage is to map out your surroundings. Is this machine on a network with a flat structure? Can you see other machines? My answer to that is ARP & netdiscover, both are very useful for identifying other machines on the network.

⁷⁰<https://blog.g0tm1k.com/2011/08/basic-linux-privilege-escalation/>

⁷¹<https://infosecps.com/2017/04/22/privilege-escalation/>

ARP is used to map MAC addresses (the physical address of the machine) to IP addresses on an internal network. Routers and switches send out broadcast ARP requests to all the MAC addresses on the network asking them to respond with their IP addresses. Each system will then respond with their IP address and the switch or other device will then create a small database that maps the MAC to the IP address, so that it knows what machine is what and who is who. We as attackers or testers on a network can leverage this to identify other machines. An example on a Linux machine would be:

```
1 arp -a \
2
3 ? (192.168.1.67) at 10:ae:60:a4:3e:f3 on en0 ifscope [ethernet]
4 ? (192.168.1.89) at 0:17:88:2e:76:48 on en0 ifscope [ethernet]
5 bthomehub.home (192.168.1.254) at 5c:7d:5e:ea:c8:f0 on en0 ifscope [ethernet]
6 ? (192.168.1.255) at ff:ff:ff:ff:ff:ff on en0 ifscope [ethernet]
7 ? (224.0.0.251) at 1:0:5e:0:0:fb on en0 ifscope permanent [ethernet]
8 ? (239.255.255.250) at 1:0:5e:7f:ff:fa on en0 ifscope permanent [ethernet]
```

This shows all of the machines that respond to ARP requests on the local network which also discloses their internal IP address which we can try the scanning & enumeration phases against again. Alongside ARP there is also [netdiscover](#)⁷² which uses arp to identify hosts but presents them in an easier to read format. The syntax for this command is as follows:

```
1 netdiscover -i eth0
```

Which will display hosts identified on the network. Additional to discovery, the scanning and exploitation phases can be carried out from the compromised machine by uploading pre-compiled versions of tools to the compromised machine or checking for an install of nmap or similar. Additional techniques that can be used includes port forwarding and proxy chaining. If you want to learn more about these techniques I highly recommend checking out the [OSCP certification](#)⁷³ from Offensive Security, it is well worth the cost for the training alone and the lab access which will allow you to try out your skills and learn new ones.

Pivoting

If you manage to exploit another machine on the network via your already established shell you can start to pivot by utilizing some of the techniques mentioned above such as port forwarding and proxy chaining. Once you're on another machine other more malicious tools such as [responder](#)⁷⁴ can be used to gather user hashes and info on a windows domain with the goal of achieving domain administrator which is essentially Super-Admin! Additional to the manual enumeration and exploitation, metasploit also has a massive collection of post exploitation modules which can be leveraged to learn more about the target machine/network.

⁷²<https://github.com/alexxy/netdiscover>

⁷³<https://www.offensive-security.com/information-security-certifications/oscp-offensive-security-certified-professional/>

⁷⁴<https://github.com/SpiderLabs/Responder>

Other Types of Infrastructure Testing

Build Reviews

The cool hacking of things at a network level also extends beyond the black box scenario. It lends a hand to white box testing too. What is this you might wonder? Well, a build review or configuration review (the terms are inter-changeable) is usually an assessment carried out against a system where the consultant or tester has full administrative privileges.

They're not as boring as one might think; sure, many penetration testers hate them. Personally I find them a fantastic learning resource for understanding how OSes **really** work. The objective of a build review is to compare and understand the setup that a client has against a gold secured build, this may be as simple as checking the patch level and password policy through to full [CIS benchmark](#)⁷⁵ compliance assessments.

Going through this and reporting as you go will teach you a lot about the ins and outs of how an operating system works and where key files are stored, this can be super useful later on when you come to being inside a network as a result of breaching the perimeter and haven't seen the OS before, however if you've done a build review you can use the knowledge learned from that to better move around the machine and find out more information.

You don't need to be a penetration tester to carry out a build review however, you can setup a lab environment yourself and do a mini-build review to find out where passwords can be stored, how the OS processes different types of scripts and processes and many more. If this is something you might be interested in have a read up of [CIS benchmarks](#)⁷⁶, the PDFs are free to download and will show you some of the checks that some testers will carry out against systems when carrying out a build review sometimes.

Breaking Out

Another fun task that can fall under infrastructure testing is a break out or kiosk assessment. This involves exactly what it says on the tin, the objective is to break out of a locked down or kiosk environment to access the underlying operating system (usually windows). You're only really likely to come across this in pentesting as I have yet to see any bounty programs offer something like this.

⁷⁵<https://www.cisecurity.org/cis-benchmarks/>

⁷⁶<https://www.cisecurity.org/cis-benchmarks/>

7. Web Application Testing

Introduction

Continuing the theme of learning the basics, this section takes the position of web app testing and how to use some tools. It also touches on some things to look for and some general tips & tricks. It will mainly cover off the general topic however this can be applied to both penetration testing and bug bounty hunting.

For most of the people reading this, this may well be your first time looking at web applications from a hacking perspective. To get started its worth explaining my opinion on what web app testing is and how it can aid application developers in making apps more secure. This area not only serves as an introduction to the basics it also aims to give a mini overall guide on how to approach, setup and test web apps.

What Defines a Web Application?

There are many aspects that fall into the category however this is just a high level description. As a basic outline, a web application is anything accessed via a web browser without needing additional interaction such as flash, java, Silverlight etc. This can be expanded to explain the likes of static sites, thick clients & web services.

What is Web Application Testing?

Now we have a rough outline as to what qualifies as a web application. It's time to explain(briefly) what I mean by testing when I refer to web application (web app) testing. To spin it lightly, web app testing is the art and methodology of working through an application with an intent of identifying misconfigurations, vulnerabilities and general bugs. At a high level it is essentially looking for ways to hack the application to make it do things it's not meant to!

Why Web Apps Vs Infrastructure?

Personally I don't mind either however I feel having the skill set to test and assess web applications will stand you in better stead to enter the industry than that of someone with just infrastructure experience. Of course it is important to have a backing of infrastructure skills as well however to just focus on infrastructure is limiting yourself to what you can look at and learn.

The main reason for this being that there are more and more apps today than there ever have been before and they just keep becoming more popular. Additionally, we use the internet in an even greater capacity these days than before, upon this platform there are many web applications & sites.

Tooling

It is now time to move onto the tooling. Noting that this is for testing and not specifically bug bounty hunting. The tooling and techniques are slightly different.

The art of web testing is made up of many different areas, the traditional thought process would point directly to web applications however this can vary on a very wide scale. The sub-headings below explain some of the tooling that can be used for each stage of testing.

Browsers

Generally, the most common browsers for pentesting are Firefox & Chrome as these tend to be the most widely used by <s>consumers</s> victims. Personally I tend to use Firefox for most applications and chrome for more heavy applications that require the use of Java, Silverlight or Flash(heathen!).

Both have a great selection of plugins and add-ons. These are a few I'd suggest you check out:

- [FoxyProxy](#)⁷⁷ {for chrome and Firefox}: Good for quickly switching local proxy if channelling traffic through a proxy such as [Burp Suite](#)⁷⁸ the interface is easy to use and easy to setup.
- [Wappanalyzer](#)⁷⁹ {for chrome and Firefox}: Very useful add-on for quickly identifying the technologies used by the application or any frameworks in user. Particularly useful for noticing when applications are using AngularJS or other frameworks at a glance.
- [Firefox Developer Tools](#)⁸⁰: It's in the name, this is only for Firefox however Chrome's dev tools that are inbuilt and can be accessed by pressing F12 (or if you're reading this on one of those new macs, well you made a bad decision). The dev tools on Firefox as an add-on are great as there are many options including show all the JavaScript or other files on a single page including what's being loaded and where.
- [Hackbar](#)⁸¹: Again another Firefox only tool, personally I don't use this as I feel it crowds too much of the screen and most of it's functionality can be achieved by using a local proxy however felt I should include it anyway as I've seen a fair few folks using it.

There are many other add-ons and extensions out there however the four described above are the most commonly used. Additionally, there are specific browsers that have been created for testing specifically [OWASP Mantra](#)⁸² is worth mentioning.

It is a fork of Firefox but with tonnes of plugins and add-ons built in. I have previously used it before for pentesting however have found that with time it's better to use only the plugins you really want/need rather than have a million and one options!

⁷⁷<https://getfoxyproxy.org/downloads/#proxypanel>

⁷⁸<https://portswigger.net/burp/>

⁷⁹<https://wappalyzer.com/>

⁸⁰<https://addons.mozilla.org/en-Gb/firefox/addon/web-developer/>

⁸¹<https://addons.mozilla.org/en-Gb/firefox/addon/hackbar/?src=search>

⁸²<http://www.getmantra.com/>

Proxies

Once you have a browser setup how you like it, usually the next natural step is to setup a proxy to intercept traffic, manipulate it and look at specifics within an app.

The industry standard for this job is generally burp suite, as mentioned above. It comes in two flavours, free and pro. The free version feeds the basic needs of most as, it acts as a transparent proxy allowing modification of traffic and manipulation of requests/data.

The pro version however holds its own too, if you're working professionally as a pentester you cannot go wrong with Burp. It is a tool that should be in every web application tester's arsenal.

The benefit of using a proxy over testing 'blind' is that you can trap any request, play with it then pass it on to the application. By doing this you will find that a lot of issues pop out straight away such as client side filtering that isn't honoured server side or hidden values that are submitted in POST requests that contain juicy information. The list is endless as to why its a great tool and a great piece of kit to have.

There are other options out there too though, [OWASP ZAP⁸³](#) & [Fiddler⁸⁴](#) are other options if burp isn't for you. Both of these are free!

My Setup

Given all the tools of the trade I personally have a somewhat common setup to most, I use several tools in my day to day testing.

Testing Browser

The browser I tend to gravitate towards is Firefox with FoxyProxy, Wappanalyzer and the dev tools configured. Configured with burp's certificate for pass-through.

Proxy Choice

Burp suite pro is my weapon of choice when it comes to pentesting & for bug bounties I'll generally use a combo of Burp & Fiddler.

Burp Suite Features & Usage

In this section I will discuss the different features of burp suite, how to use them and how they are useful. I will also discuss some advanced tips for the pro version. Also note that some of the tabs are only available in the pro version.

⁸³https://www.owasp.org/index.php/OWASP_Zed_Attack_Proxy_Project

⁸⁴<http://www.telerik.com/fiddler>

What is Burp Suite?

Burp Suite ([burp](https://portswigger.net/burp/)⁸⁵) is a web application testing tool designed by [Portswigger](https://portswigger.net/)⁸⁶. Currently it is the industry standard for web application penetration testing. It is also widely used by many individuals who partake in bug bounty hunting. This post discusses a few key features of the suite and some interesting tips along the way.

Project Files

Only available in the pro version

Project files very useful as I mentioned earlier, they store all of the traffic sent in a session including both in scope and out of scope hosts which can be useful to view later.

Essentially think of a project file like a temporary save location for information stored in your burp session that can be loaded at a later date. They work along side being able to save your session to disk which is accessible from the burp menu in top left hand corner of the screen burp > save state.

Target Tab

The target tab is one of the most useful tools within burp as it holds the site map for target sites that you are testing. Within the target tab there are two sub tabs, the Scope tab and Site map. Specifically, the main information for an application that you are testing is held within the site-map tab.

Scope

It can be configured so that only targets that are within scope are displayed. To do this first you'll need to configure the sites within scope. Navigate to Target > Scope then Include in scope.

This option will allow you to either paste a URL from the address bar or add manually using the add button. Additionally, you can load a list of targets from a text file using the Load button, this can be very useful for adding in several hosts at a time.

Top tip for open scoped engagements, if a scope states that *.domain.com is within scope you can add this to burp's scope using: ^*\domain\.com\$.

This will add all potential sub-domains into scope, what this also means is should you identify other hosts while browsing the main target they will automatically be added to scope and displayed in the site-map.

Tuning Site-map

Besides displaying all of the hosts browsed to in a burp session the site map tab can be tuned to only view the hosts you have set that are within scope. This can be achieved by clicking on the bar just

⁸⁵<https://portswigger.net/burp/>

⁸⁶<https://portswigger.net/>

below Site map and selecting Show only in-scope items. This will allow you to only view targets you've set as in scope.

This menu area also allows you to tweak what is displayed, it can be useful to view only requests that have generated types of errors.

Spider

The spider tab can be used for discovering content on a site however I don't use it very often as it does generate masses of traffic. Additionally, it can cause issues with the target applications if not tuned correctly.

To use it correctly, I suggest you disable the auto-form submission and auto login 'features' to insure minimal traffic generation. Doing so will prevent burp from attempting to flood the target site with form submissions of Peter Weiner/Winter.

Scanner

Only available in the pro version

The scanner tab is very useful as it picks up on 'low hanging fruit' vulnerabilities within an application. However, like all of the other tools within the suite it can be tuned to work better. By default, the options for it are pretty good but with tuning it can be great!

Pairing Intruder with Scanner

Only available in the pro version

To tune the scanner there is a little known trick that will allow you to pinpoint scanning. This can be achieved by trapping a request that has parameters you want to scan then, right clicking on it and sending it to intruder.

Once the request is in intruder manually select the areas in which you want to scan then select Actively scan insertion points. This will send the scanner off against only the points in which you've selected instead of randomly scanning points in the app/target.

This can be very useful for pinpointing vulnerabilities in applications that would otherwise be missed potentially.

Repeater

The repeater tool is arguably the most useful and powerful section within the burp suite tool set. It allows requests to be passed to it and modified then resent to the server. During a test I will spend a lot of time in here playing with requests and modifying different parameters to see their responses.

Specifically, it has two main uses, the first of which allows free manipulation of requests. Allowing you to target specific parameters and functions within an application. The second while not a feature

or possibly not the intended use, it can be used as a clipboard/archive or interesting requests for you to go back to look at.

Imagine you're looking at an application which shows signs of processing certain characters differently, you can right click and send this to repeater to look at later. Having the request in repeater will allow you to manipulate it at a later time.

Intruder

The intruder tool has many many functions, however in this post I am only going to discuss a few of these. Mainly it can be used for fuzzing, error checking & brute-forcing.

In order to utilise intruder, select an interesting request either from the proxy intercept or another you've previously saved in repeater. Right click and select `send to intruder`. When the request is within intruder select the positions tab to select your inputs.

The payload positions are up to you to set, however burp will auto-select what it thinks are parameters, you can clear this using the clear button, then select your own ones by selecting the parameter then choosing `add $`. There are four attack types available to use in intruder, the subsections below explain what each does.

Sniper

The sniper attack takes one wordlist as an input and iterates over each parameter, one at a time. If you have multiple insertion points, it will enumerate the first parameter with all the payloads from the wordlist supplied and move on to the next and so on. It is best used when you're wanting to fuzz either single or multiple parameters with the same wordlist.

Battering Ram

Like the sniper attack, the battering ram uses a single wordlist however it will iterate over multiple parameters with the same payload for all the parameters. This can be useful when you're looking at how different parameters react to certain payloads.

Pitchfork

The pitchfork attack type runs through multiple parameters at the same time using different payloads for each parameter. This takes a single or multiple wordlists but will iterate through the words in the list split across selected parameters. An example of this is shown:

- 1 1st request - `id=wordlist1[1]¶m2=wordlist2[1]`
- 2 2nd request - `id=wordlist1[2]¶m2=wordlist2[2]`

Cluster Bomb

The cluster bomb attack type will take multiple wordlists and is useful when you have multiple parameters. It will run through over multiple parameters by using all the possible combinations of payloads from the multiple wordlists. So if you have multiple parameters, it will enumerate over one of the parameters with all the payloads from its respective wordlist, while the other parameters have the first payload from their respective wordlists loaded.

This can be very useful for when you are brute-forcing logins or other parameters/forms requiring two or more inputs.

Brute Forcing Basic Authentication

A scenario where intruder can be very useful is when it comes to brute-forcing a HTTP basic authentication login mechanism. In order to do this, first you must issue a base request with any values as the username and password, send this to intruder. I've included an example below.

```
1 GET /admin HTTP/1.1
2 Host: localhost
3 User-Agent: Firefox
4 Accept: text/html,application/xhtml+xml,application/xml;q=0.9,*/*;q=0.8
5 Accept-Language: en-GB,en;q=0.5
6 Connection: close
7 Upgrade-Insecure-Requests: 1
8 Authorization: Basic YWRtaW46YWRtaW4=
```

Notice the bottom header Authorization: Basic YWRtaW46YWRtaW4= this is the login value of admin:admin in base64. In order to attack this, we're going to use some of burp's more advanced intruder settings.

Mainly the custom iterator function, which allows you to split payloads up by a certain character or set of characters of your choosing. In this example I'll be demonstrating a brute-force using a wordlist, which in other words is a dictionary attack as opposed to a pure brute-force attack.

Using a custom iterator allows you to generate your own custom payload string consisting from several substrings. For each substring you can specify what the separator is which is basically a suffix. The Intruder calls these substrings "positions".

Setting up the attack, the first thing to do is select the base64 string in the Authorization: Basic header and change the attack type to sniper. Next go to the Payload tab and select the Custom iterator option from Payload type menu.

Next select position 1 from the Position menu and load your usernames list in this . Put a colon (:) in the Separator for position 1 text box.

Then change the position to 2 then in position 2, load the values you want to use for password guessing, just as you did for position 1. After you've set your two positions you need to tell the Intruder to encode the payload string using Base64 encoding. To do this go to Payload processing section and click Add button. Select Payload encoding option and then Base64.

By default, burp intruder will URL encode select characters, I recommend that you remove the = symbol as it is used by base64 for padding and this can introduce issues later on.

When this is done simply select start attack, burp will now run through the usernames and passwords you've provided.

Decoder

As with all of the tools within burp suite, each has a useful function. The decoder tool is all in the name, it decodes a select type of character sets and encoding types:

- Plain Text
- URL Encoding
- HTML
- Base64
- ASCII Hex
- Hex
- Octal
- Binary
- Gzip

Each of which can also be encoded into using the decoder tool. This is particularly useful for when you encounter parameters and data within requests which is encoded. By default, burp will attempt to auto detect the encoding however you can manually select which type of encoding to decode as too. Decoder can also be used to take checksums of strings, using a variety of hashing functions, these are located in the hash drop-down menu.

Sequencer

The sequencer tool has many functions but its main use is for checking the entropy of tokens and cookies. It is accessible by sending requests to it that can then be replayed in the 100s or 1000s to check the randomness of created values. This can be very useful for testing the randomness of cookie or CSRF token generation, mainly a use when testing authentication and authorization but can also be used for testing UUID and GUID values too.

Comparer

Comparer is essentially a diff tool to allow you to check the differences between two or more requests either based upon the words or bytes. This is useful when an application reacts differently to certain characters or words being used, it can be useful to identify more information about injection type vulnerabilities. To use it simply right click on a request and select send to comparer, then select a second request and do the same. Then navigate to the comparer tab and your requests should be there now. Simply select bytes or words, this will show a comparison of the requests you've sent and highlight the differences.

Extender

Finally, the extender tab is where add-ons/plugins for burp are located. Housed within this tab is where extensions can be installed and added. Additionally, all information surrounding various environment files such as Jython and Jruby can be set within this tab. This allows for usage of other 3rd party extensions build by developers that have been approved by Portswigger. Also located within this tab is information surrounding all of the APIs that Burp suite uses, allowing you to write your own extension. For more information on creating an extension check out Portswigger's site [here](https://portswigger.net/burp/extender/)⁸⁷.

Inbuilt Documentation

If you want to learn more information about certain aspects of burp suite that you're unsure of. The application does have a very comprehensive inbuilt help function. This is located in the help tab in the top menu bar.

What is your Methodology?

For web app testing usually I start off cold with manual discovery to get a feel for the application. Then content semi-automated discovery using tools like dirb & nikto which are both built into kali. My methodology varies per app per application of testing be this pentesting or bounty hunting I have two separate mind-sets. Reason being that bounties tend to have a much greater scope than a pentest where on a test usually one or two URLs/Apps will be in scope. A bug bounty may have *.domain.com in scope meaning the methodology can be switched up, I'd usually go after DNS then look at ports, then use something like [Eyewitness](https://github.com/ChrisTruncer/EyeWitness)⁸⁸ to screenshot each app running HTTP/HTTPS.

At the end of the day I generally tend to test applications based upon my previous experience in pentesting whilst every day is indeed a school day. Some things are genuinely just broken same old.

But...what about Automated Tooling though?

To cover off all bases in tooling it would be rude of me not to mention automated tools. I've been asked before what's the best scanner or what tool is best for this job? As a blanket term the advice I'd give to anyone is, learn how to do everything manually before you even think of looking at automated scanning and tooling. For the sole reasons of:

- Not helpful for newbies
- Can be counter productive
- Learn to Walk before you can sprint
- Can have Inaccurate Results
- Will produce False Positives

⁸⁷<https://portswigger.net/burp/extender/>

⁸⁸<https://github.com/ChrisTruncer/EyeWitness>

When you are a bit more accustomed to manual testing only then should you venture forth into the world of automation. In terms of recommendations for automated tools there aren't many *great* ones in my opinion. In pentesting there is *Nessus*(it's expensive!) which is good for some things but terrible and inaccurate for others. There is also burp pro's scanner which is getting better and better with every update which is nice to see, kudos to [Portswigger](#)⁸⁹ for developing a great tool.

Methodologies

I have tried my best to outline tools for each stage of methodology below and further reading for each. *Adapted from my [blog](#)*⁹⁰ *post*, hat tip to [MDSec](#)⁹¹ for producing the Web Application Hackers Handbook.

Recon Tooling

- Utilize port scanning -Don't look for just the normal 80,443 - run a port scan against all 65536 ports. You'll be surprised what can be running on random high ports. Common ones to look for re:Applications: 80,443,8080,8443,27201. There will be other things running on ports, for all of these I suggest [ncat](#)⁹² or [netcat](#)⁹³ OR you can roll your own tools, always recommend that!
 - Tools useful for this: [nmap](#)⁹⁴, [masscan](#)⁹⁵, [unicornscan](#)⁹⁶
 - Read the manual pages for all tools, they serve as gold dust for answering questions.
- Map visible content
 - Click about the application, look at all avenues for where things can be clicked on, entered, or sent.
 - Tools to help: [Firefox Developer Tools](#)⁹⁷ - Go to Information>Display links.
- Discover hidden & default content
 - Utilize [shodan](#)⁹⁸ for finding similar apps and endpoints - Highly recommended that you pay for an account, the benefits are tremendous and it's fairly inexpensive.
 - Utilize the [waybackmachine](#)⁹⁹ for finding forgotten endpoints
 - Map out the application looking for hidden directories, or forgotten things like /backup/ etc.
 - Tools: [dirb](#)¹⁰⁰ - Also downloadable on most Linux distributions, [dirbuster-ng](#)¹⁰¹ - command line implementation of dirbuster, [wfuzz](#)¹⁰², [SecLists](#)¹⁰³.

⁸⁹<https://portswigger.net/>

⁹⁰<https://blog.zsec.uk/ltr101-method-to-madness/>

⁹¹<https://www.mdsec.co.uk>

⁹²<https://nmap.org/ncat/>

⁹³https://www.sans.org/security-resources/sec560/netcat_cheat_sheet_v1.pdf

⁹⁴<https://nmap.org/>

⁹⁵<https://github.com/robertdavidgraham/masscan>

⁹⁶<https://kalilinuxtutorials.com/unicornscan/>

⁹⁷<https://addons.mozilla.org/en-Gb/firefox/addon/web-developer/>

⁹⁸<https://account.shodan.io/register>

⁹⁹<https://archive.org/web/>

¹⁰⁰<https://github.com/seifred/dirb>

¹⁰¹<https://github.com/digination/dirbuster-ng.git>

¹⁰²<https://github.com/xmendez/wfuzz>

¹⁰³<https://github.com/danielmiessler/SecLists>

- Test for debug parameters & Dev parameters
 - RTFM - Read the manual for the application you are testing, does it have a dev mode? is there a `DEBUG=TRUE` flag that can be flipped to see more?
- Identify data entry points
 - Look for where you can put data, is it an API? Is there a paywall or sign up ? Is it purely unauthenticated?
- Identify the technologies used
 - Look for what the underlying tech is. useful tool for this is nmap again & for web apps specifically [wappalyzer](https://wappalyzer.com/)¹⁰⁴.
- Map the attack surface and application
 - Look at the application from a bad guy perspective, what does it do? what is the most valuable part?
 - * Some applications will value things more than others, for example a premium website might be more concerned about users being able to bypass the pay wall than they are of say cross-site scripting.
 - * Look at the application logic too, how is business conducted?

Access Control Testing

Authentication

The majority of this section is purely manual testing utilizing your common sense and eyes, does it look off? Should it be better? Point it out, tell your client if their password policy isn't up to scratch!

- Test password quality rules
 - Look at how secure the site wants its passwords to be, is there a minimum/maximum? is there any excluded characters - ' , < , etc - this might suggest passwords aren't being hashed properly.
- Test for username enumeration
 - Do you get a different error if a user exists or not? Worth noting the application behaviour if a user exists does the error change if they don't?
- Test resilience to password guessing
 - Does the application lock out an account after x number of login attempts?
- Test password creation strength
 - Is there a minimum creation length? Is the policy ridiculous e.g. "must be between 4 and 8 characters **passwords are not case sensitive**" – should kick off alarm bells for most people!
- Test any account recovery function
 - Look at how an account can be recovered, are there methods in place to prevent an attacker changing the email without asking current user? Can the password be changed without knowing anything about the account? Can you recover to a different email address?
- Test any "remember me" function

¹⁰⁴<https://wappalyzer.com/>

- Does the remember me function ever expire? Is there room for exploit-ability in cookies combined with other attacks?
- Test any impersonation function
 - Is it possible to pretend to be other users? Can session cookies be stolen and replayed? Does the application utilize anti-cross site request forgery¹⁰⁵?
- Test username uniqueness
 - Can you create a username or is it generated for you? Is it a number that can be incremented? Or is it something the user knows and isn't displayed on the application?
- Check for unsafe distribution of credentials
 - How are logins processed, are they sent over http? Are details sent in a POST request or are they included in the URL (this is bad if they are, especially passwords)?
- Test for fail-open conditions
 - Fail-open authentication is the situation when the user authentication fails but results in providing open access to authenticated and secure sections of the web application to the end user.
- Test any multi-stage mechanisms
 - Does the application utilize multi-steps, e.g. username -> click next -> password -> login, can this be bypassed by visiting complete page after username is entered?(similar to IDOR issues)
 - Session Management
 - How well are sessions handled, is there a randomness to the session cookie? Are sessions killed in a reasonable time or do they last forever? Does the app allow multiple logins from the same user (is this significant to the app?).
 - Test tokens for meaning - What do the cookies mean?!
- Test tokens for predictability
 - Are tokens generated predictable or do they provide a sufficiently random value, tools to help with this are Burp Suite's sequencer tool.
- Check for insecure transmission of tokens
 - This lies the same way as insecure transmission of credentials, are they sent over http? are they included in URL? Can they be accessed by JavaScript? Is this an Issue?
- Check for disclosure of tokens in logs
 - Are tokens cached in browser logs? Are they cached server side? Can you view this? Can you pollute logs by setting custom tokens?
- Check mapping of tokens to sessions
 - Is a token tied to a session, or can it be re-used across sessions?
- Check session termination
 - is there a time-out?
- Check for session fixation
 - Can an attacker hijack a user's session using the session token/cookie?
- Check for cross-site request forgery
 - Can authenticated actions be performed within the context of the application from other websites?

¹⁰⁵[https://www.owasp.org/index.php/Cross-Site_Request_Forgery_\(CSRF\)](https://www.owasp.org/index.php/Cross-Site_Request_Forgery_(CSRF))

- Check cookie scope
 - Is the cookie scoped to the current domain or can it be stolen, what are the flags set? is it missing secure or http-only? This can be tested by trapping the request in burp and looking at the cookie.
- Understand the access control requirements
 - How do you authenticate to the application, could there be any flaws here?
- Test effectiveness of controls, using multiple accounts if possible
- Test for insecure access control methods (request parameters, Referrer header, etc)

Input Validation

- Fuzz all request parameters
 - Look at what you're dealing with, are parameters reflected? Is there a chance of [open redirection](#)¹⁰⁶?
- Test for [SQL injection](#)¹⁰⁷
 - Look at if a parameter is being handled as SQL, don't automate this off the bat as if you don't know what a statement is doing you could be doing DROP TABLES.
- Identify all reflected data
- Test for [reflected cross site scripting \(XSS\)](#)¹⁰⁸
- Test for [HTTP header injection](#)¹⁰⁹
- Test for [arbitrary redirection](#)¹¹⁰
- Test for [stored attacks](#)¹¹¹
- Test for [OS command injection](#)¹¹²
- Test for [path traversal](#)¹¹³
- Test for JavaScript/HTML injection - similar to XSS
- Test for file inclusion - both [local](#)¹¹⁴ and [remote](#)¹¹⁵
- Test for [SMTP injection](#)¹¹⁶
- Test for SOAP injection - can you inject SOAP envelopes, or get the application to respond to SOAP, this ties into XXE attacks too.
- Test for [LDAP injection](#)¹¹⁷ - not so common anymore but look for failure to sanitise input leading to possible information disclosure
- Test for [XPath injection](#)¹¹⁸ - can you inject xml that is reflected back or causes the application to respond in a weird way?

¹⁰⁶<https://zseano.com/tut/1.html>

¹⁰⁷https://www.owasp.org/index.php/SQL_Injection

¹⁰⁸[https://www.owasp.org/index.php/Testing_for_Reflected_Cross_site_scripting_\(OTG-INPVAL-001\)](https://www.owasp.org/index.php/Testing_for_Reflected_Cross_site_scripting_(OTG-INPVAL-001))

¹⁰⁹<https://www.gracefulsecurity.com/http-header-injection/>

¹¹⁰<https://zseano.com/tut/1.html>

¹¹¹[https://www.owasp.org/index.php/Cross-site_Scripting_\(XSS\)](https://www.owasp.org/index.php/Cross-site_Scripting_(XSS))

¹¹²[https://www.owasp.org/index.php/Testing_for_Command_Injection_\(OTG-INPVAL-013\)](https://www.owasp.org/index.php/Testing_for_Command_Injection_(OTG-INPVAL-013))

¹¹³https://www.owasp.org/index.php/Path_traversal

¹¹⁴https://www.owasp.org/index.php/Testing_for_Local_File_Inclusion

¹¹⁵https://www.owasp.org/index.php/Testing_for_Remote_File_Inclusion

¹¹⁶[https://www.owasp.org/index.php/Testing_for_IMAP/SMTP_Injection_\(OTG-INPVAL-011\)](https://www.owasp.org/index.php/Testing_for_IMAP/SMTP_Injection_(OTG-INPVAL-011))

¹¹⁷https://www.owasp.org/index.php/LDAP_injection

¹¹⁸https://www.owasp.org/index.php/XPATH_Injection

- Test for template injection - does the application utilize a templating language that can enable you to achieve XSS or worse remote code execution?
 - There is a tool for this, automated template injection with [tplmap](https://github.com/epinna/tplmap)¹¹⁹
- Test for [XXE injection](https://www.owasp.org/index.php/XML_External_Entity_(XXE)_Processing)¹²⁰ - does the application respond to external entity injection?

Application/Business Logic

- Identify the logic attack surface
 - What does the application do, what is the most value, what would an attacker want to access?
- Test transmission of data via the client
 - Is there a desktop application or mobile application, does the transferral of information vary between this and the web application
- Test for reliance on client-side input validation
 - Does the application attempt to base its logic on the client side, for example do forms have a maximum length client side that can be edited with the browser that are simply accepted as true?
- Test any thick-client components (Java, ActiveX, Flash)
 - Does the application utilize something like Java, Flash, ActiveX or Silverlight? can you download the applet and reverse engineer it?
- Test multi-stage processes for logic flaws
 - Can you go from placing an order straight to delivery thus bypassing payment? or a similar process?
- Test handling of incomplete input
 - Can you pass the application dodgy input and does it process it as normal, this can point to other issues such as RCE & XSS.
- Test trust boundaries
 - What is a user trusted to do, can they access admin aspects of the app?
- Test transaction logic
- Can you pay ££0.00 for an item that should be ££1,000,000 etc?
- Test for Indirect object references(IDOR)
- Can you increment through items, users. [uuids](https://www.rohk.xyz/uber-uuid/)¹²¹ or other sensitive info?

Application Infrastructure

- Test segregation in shared infrastructures/ virtual hosting environments
- Test segregation between ASP-hosted applications
- Test for web server vulnerabilities - this can be tied into port scanning and infrastructure assessments
- Default credentials

¹¹⁹<https://github.com/epinna/tplmap>

¹²⁰[https://www.owasp.org/index.php/XML_External_Entity_\(XXE\)_Processing](https://www.owasp.org/index.php/XML_External_Entity_(XXE)_Processing)

¹²¹<https://www.rohk.xyz/uber-uuid/>

- Default content
- Dangerous HTTP methods
- Proxy functionality

Miscellaneous tests

- Check for DOM-based attacks - open redirection, cross site scripting, client side validation.
- Check for frame injection, frame busting (can still be an issue)
- Check for local privacy vulnerabilities
- Persistent cookies
- Weak cookie options
- Caching
- Sensitive data in URL parameters
- Follow up any information leakage
- Check for weak SSL ciphers
- HTTP Header analysis - look for lack of security headers such as:
 - Content Security Policy (CSP)
 - HTTP Strict Transport Security (HSTS)
 - X-XSS-Protection
 - X-Content-Type-Options
 - HTTP Public Key Pinning

Hopefully this has been an insight into what to look for and how it can be looked for. Your own methodology is up to you, it is your responsibility to test and then act/report on what you've found.

Note Taking and Session Tracking

One of the most important tasks to do alongside hacking & reporting is note taking and tracking your work. Why? you might ask, because you never know when a session is going to die or you might use a cool one-liner and want to go back to it.

Keeping concise notes of what you are working on is very useful as it will allow you to keep track of little bugs you find, as well as notes on reproducing big ones.

Note Taking

When taking notes, there are many tools available for the task and it depends on personal preference too. Two common tools used for this are [Keepnote](http://keepnote.org)¹²² & [Microsoft OneNote](https://www.onenote.com)¹²³, Keepnote is cross platform and works on Linux, Windows & MacOS whereas One note is only Windows & Mac.

¹²²<http://keepnote.org>

¹²³<https://www.onenote.com>

Others also find it useful to take notes in a text editor of their choice, my personal choice is to use [Notepad++](https://notepad-plus-plus.org)¹²⁴ or [Sublime text](https://www.sublimetext.com)¹²⁵.

When taking notes, I find it useful to keep track of what I'm looking at by splitting the tasks up into sections. So if I find an interesting looking application or port I'll put a section down for that. An example sketchpad of my notes for an example host, in this case I have used my base domain of `zephr.fish`, the ports noted are purely for example purposes.

```
1 == Target ==
2 https://zephr.fish
3
4 == Interesting Ports ==
5 3306 - MySQL
6 60893 - Memcache
7 8080 - Possible Web application
8 60001 - Possible Application or DB
9
10 == Web Applications Running ==
11 8080 - Apache Tomcat
12 60001 - Adobe Coldfusion
13
14 == Possible Attacks ==
15 RCE - ColdFusion(zephr.fish:60001)
16 XXE - ColdFusion(zephr.fish:60001)
17 XSS - Main Domain(zephr.fish:80)
```

The example above shows the target URL I've set out, any interesting ports I've identified and potential exploits available for the technologies running on the box. These exploits/vulnerabilities are usually gathered from a lot of Google-ing.

Note taking is a useful skill for any profession, it can be useful for summarising text you've read. I often find it very useful to comment on books/blogs/tutorials I've read to keep them bookmarked for the days I need them.

Topping it off, it is also very useful in testing, when you find a cool vulnerability and want to write it up before you move on.

Session Tracking

Going hand in hand with note taking is session tracking. Which is essentially noting all the commands you use, the packets you send and the URLs you might visit.

Now that sounds like a lot of work doesn't it? It does however it can be easily automated using some great tooling and tweaks to your methods.

You might also be wondering why would I want to keep track of the packets I send? It can be useful for many reasons however the main one being when pentesting, a client environment may

¹²⁴<https://notepad-plus-plus.org>

¹²⁵<https://www.sublimetext.com>

experience downtime or issues then turn to the testers at the time to either pass blame or ask for logs.

Now, if we've been tracking our packets we can easily sift through all of the traffic that was sent to the target to pinpoint if said issue was a result of testing or not.

However, on the other side packet tracking can be very useful to identify how a service reacts to different types of traffic, it can also help you keep track of what content websites reference over different protocols. To achieve this job there are two tools I'd recommend: [tcpdump](#)¹²⁶ & [Wireshark](#)¹²⁷.

Tcpdump is a command line tool for tracking different types of traffic, it provides the user with an output of both source, destination IP addresses and ports. It comes into its own when you are running a server with only SSH access and no GUI.

Whereas Wireshark is essentially a graphical wrapper for tcpdump it still has its benefits as you can load pcap files into it that have previously been captured and use its filters to pinpoint certain traffic and protocols. To give some exposure/stuff to play with on Wireshark, try the following:

To start Wireshark

- Open up Wireshark from the Programs menu/open a terminal and type `wireshark` & **Note: This will not work on a ssh only server, also if you do not have it installed it can be obtained from [here](#)**¹²⁸.
- Start monitoring the LAN interface "Capture -> Interfaces.."
- Select the "Start" button next to the LAN interface on your machine.
- **Actions**
- Open a terminal
- ping `www.google.com`
- Open a web browser `http://www.google.com`
- Identify an ICMP request / response pair in Wireshark. *Tip, you can filter for ICMP traffic in Wireshark by entering "icmp" (without quotes) into the "Filter:" text box.* Identify a TCP handshake in Wireshark. *Tip, filter on "tcp".*
- Identify a UDP request / response in Wireshark. *Tip, filter on "dns".*
- Identify some none TCP / UDP traffic. What are these packets used for?

Sometimes network traffic isn't everything you want to track, what about that cool one liner you used to grep, cut and sed all the info from that index.html? Or that nmap line that bagged you all the ports and services you needed to find bug x?

For this there are several cool things build into *unix that can be used. The first of which is [script](#)¹²⁹ straight out of the manual page it is described as: `script` makes a typescript of everything displayed on your terminal.

¹²⁶http://www.tcpdump.org/tcpdump_man.html

¹²⁷<https://www.wireshark.org/download.html>

¹²⁸<https://www.wireshark.org>

¹²⁹<http://man7.org/linux/man-pages/man1/script.1.html>

How is this useful exactly?

For both pentesting and hunting it can be used to give a print out of all commands run, similar to the use of tcpdump/wireshark in a pentesting sense as you can use it as evidence in a report or feedback to a client. Similarly, in a bug bounty report it can be useful to demonstrate the commands and steps taken to find a bug.

Simple Usage of `script`

1. To start logging a session simply type `script ltr101.sh` (ltr101.sh can be named anything, this is just what I'm using for this example).
2. Type as normal, when done type `exit`.

Example Script

```
1 $ script ltr101.sh
2 Script started, output file is ltr101.sh
3 $ cat index.html | cut -d ">" -f 2 | cut -d "=" -f 2 | sed 's/\\/g' > wordlist.txt
4 $ exit
5 Script done, output file is ltr101.sh
```

Now that we have the file saved it can be viewed either in your favourite file editor or printed out to the terminal with `cat`.

Another highly useful command (more a shortcut) that can be used in Unix based systems is `ctrl+r`. I find it really useful to search back through my bash history to use the same commands again or edit them slightly. You can press the up arrow to go through your history. However, it can take a while if you're like me and type a lot of commands. Instead, try `ctrl+r`.

To do this: first press `Ctrl + r`, then start typing the command or any part of the command that you are looking for. You'll see an autocomplete of a past command at your prompt. If you keep typing, you'll get more specific options appear. You can also press `Ctrl + r` again as many times as you want to, this goes back in your history to the previous matching command each time.

Once you see a command you need or want to use, you can either run it by pressing return, or start editing it by pressing arrows or other movement keys (depending on your key bindings setup). I find this a really useful trick for going back to a command I know I used recently, but which I can't remember or don't want to look up again. It is also very useful when using ssh, if you can't be bothered typing in `ssh user@x.x.x.x -p xxxx`.

Finally, on the topic of session tracking there is one other key to keep in mind, however this is only related to web application & mobile application testing. This is the fantastic feature of Burp Suite Pro - being able to save your session & being able to store everything in a project file. Why might this be useful?

Essentially a project file on burp stores all of the traffic that has been passed through it, whether this be in scope or not (your scope is set in the scope tab of target). It also allows adds a failsafe should java crash (FUU Java) or windows decides updates need installed NOW. Or in general just to have a running log of things that are happening in the browser/burp session.

8. Importance of Reporting

In this section we will discuss the importance of reporting and what it means to me to create a beautiful, reproducible and verbose report. This can be applied to both a pentest or a bounty report as they are the same scenario, just slightly different writing styles (bearing in mind this is my opinion on this topic!).

When writing any security report especially from a technical standpoint, whether this be bounties or pentesting it is super important to have reproducible steps (I learned this from studying forensics at University).

As, essentially you are outlining your findings to a target be this a client or a bounty program. Most of us will find it really easy to post a report stating I found x wrong with y in this location. However, what does this look like to the client?

Sure, you might have found an ultra cool vulnerability or an interesting way of bypassing security control z, take a second to think, the client might not see the same thing that you do. IN their mind they may be thinking: *“Interesting, but how the hell did you get there? What do I need to do to reproduce and fix it?” HELP PLEASE!.*

So an answer here to this is creation of a verbose report, one that has the necessary information contained within it to allow said client to not only reproduce what you found but also with detailed steps and references to correctly fix the issue.

The next few sections will explain the structure I follow to create a decent report, note this might not be what you are used to however you will thank me for it later when programs are singing your praises due to the detail of your report.

Reporting in Pentesting

The target audience for a penetration test report tends to be several groups of people, in its core a pentest report will usually be read by management and the technical teams. What this means for the consultant is that there will be sections within the report that will need to be tailored for each audience.

In a nutshell, usually you don't want to be dropping acronyms left right and centre like XSS, CSRF, and other buzzwords to management. Usually (but not always) it will go over their head and disadvantage you in putting your point across. Instead consider writing like you are explaining the issue to your granny or a non technical friend *“#teachgranny”* - [cornerpirate](https://twitter.com/cornerpirate)¹³⁰.

Consider phrases such as “This would enable a malicious attacker to gain access to user information which could result in loss of sensitive data” as an example. However, when pitching your point to

¹³⁰<https://twitter.com/cornerpirate>

the technical teams you can outline in more detail explaining what the issue is, who can exploit it and what the impact is of said bug.

The sections in a pentest report will usually contain (but are not limited to) headings such as:

1. Management/Executive Summary
2. Scope/Targets
3. Table of issues/recommendations
4. Vulnerabilities Discovered
5. Additional Information

Usually a pentest report will span over 50-60 pages at a minimum, however this can be any number realistically depending on an unlimited amount of variables.

Making Things Beautiful

Making things beautiful in reporting is really easy, it depends on how you're representing your information though, whether this be within Microsoft Word, markdown or another format of your choice. The key point to understand is you want to portray your information in the clearest way possible.

Essentially when creating reports, the main thing is understanding your format, so if it's bug bounty reports you're after then you'll want to get a greater understanding of the formatting within markdown, how to outline your data in a pretty and readable form.

Stay Beautiful, Stay Verbose. Enjoy your work.

Enjoy reporting your issues and putting your point across in a clear manner.

To close, this approach may not be for everyone however it is my opinion that if you find a bug worth reporting why not make it clear and understandable.

Bug Bounty Reporting

Normally when I find a bug on a program I will take the extra time to craft a unique report for the affected client and the affected area of the application or site. However usually I will follow this vague structure:

1. Issue Description
2. Issue Identified
3. Affected URL/Area
4. Risk Breakdown
5. Steps to Reproduce
6. Affected Demographic/User base

7. Recommended Fix or Remediation Steps
8. References
9. Screenshots of the issue to reproduce

To quickly explain what each of these headers should contain here's an outline:

- **Issue Description** - A generic overview of the issue, I usually use the default text from OWASP as it explains the issue well.
- **Issue Identified** - A more specific description of the issue identified within the application.
- **Affected URL/Area** - The affected URLs or area of the application where the issue exists.
- **Steps to reproduce** - A clear outline of the steps required to execute the payload as an attacker, this can include how to setup the payload and launch it.
- **Affected Demographic/User Base** - Explain who this issue affects? Is it everyone or just a select amount of users? How can this occur?
- **Recommended Fix** - How do you fix the issue? What is the recommended remediation actions required to successfully fix issue x?
- **References** - Include additional reading for the client to further backup the issues explained or elaborate more on other potential issues chained to the one identified.

Now, not every report I deliver to a program is going to have this applicable structure as it obviously depends on the issue identified. Creation of a properly verbose and informative report can be dialled down to a methodology taught to me by the man who taught me to report properly when I first started out in testing ([cornerpirate](https://twitter.com/cornerpirate)¹³¹): *Introduce, Show, Explain*.

Essentially you are presenting your evidence, showing how it's possible to do X then explaining how it's an issue or what it demonstrates.

To put this structure into context here is an example bug report that typically I might submit. This particular issue is an example of stored cross site scripting within a file upload feature. All of the information outlined in this example has been created for this blog post and isn't live data :-).

Issue Description

Cross-Site Scripting (XSS) attacks are a type of injection, in which malicious scripts are injected into otherwise benign and trusted web sites. XSS attacks occur when an attacker uses a web application to send malicious code, generally in the form of a browser side script, to a different end user.

Issue Identified

The consultant identified that the update profile picture is vulnerable to cross site scripting, it is possible to upload an image with a MIME type of `text/html` this is then stored on the user's profile as an XSS payload, the outline below demonstrates the steps taken to exploit and reproduce.

¹³¹<https://twitter.com/cornerpirate>

Risk Breakdown

- Risk: **High**
- Difficulty to Exploit: **Medium**
- CVSS2 Score: 7.9 (AV:N/AC:M/Au:S/C:C/I:C/A:N)¹³²

Affected URLs

- <https://example.com/update-profile>
- <https://example.com/file/upload>

Steps to Reproduce

The following steps indicate a proof of concept outlined in three (3) steps to reproduce and execute the issue.

Step 1: Navigate to <https://example.com/update-profile> and select edit as shown in screenshot attached labelled step1.jpg.

Step 2: Modify the profile image request with a local proxy, in this case the consultant is using Burp Suite. Change the Content type from image to text/html as shown in the post request:

```

1      POST /file/upload/ HTTP/1.1
2      Host: example.com
3      ---snip---
4
5      -----900627130554
6      Content-Disposition: form-data; name="stored_XSS.jpg"; filename="stored_XSS.jpg"
7      Content-Type: text/html
8
9      <script>alert('ZephrFish')</script>
10     -----900627130554
11

```

When this is sent, the following response is shown:

```

12
13
14     HTTP/1.1 200 OK
15     Date: Sat, 13 Aug 2016 14:31:44 GMT
16     ---snip---
17
18     {"url": "https://example.com/56fc3b92159006271305543ef45a04452e8e45ce4/stored_XS\
19     S.jpg?Expires=1465669904&Signature=dNt11PzWV&Key-Pair-Id=APKAJQWLJPIV25LBZGAQ", "pk"\
20     : "56fc3b92159006271305543ef45a04452e8e45ce4/stored_XSS.jpg", "success": true}

```

Step 3: The file has been uploaded to Application X and is hyperlinked to from the profile page as shown in step 3.jpg. By simply following the link to the image which in this case is:

¹³²[https://nvd.nist.gov/cvss.cfm?calculator&version=2&vector=\(AV:N/AC:M/Au:S/C:C/I:C/A:N\)](https://nvd.nist.gov/cvss.cfm?calculator&version=2&vector=(AV:N/AC:M/Au:S/C:C/I:C/A:N))

1 https://example.com/56fc3b92159006271305543ef45a04452e8e45ce4/stored_XSS.jpg

The payload is executed as shown in attached screenshot labelled step3.jpg, thus this demonstrates the issue is stored cross site scripting.

Affected Demographic

This issue will affect all users on the site who view the profile of the attacker, when the image is rendered the payload is executed instead of a profile image. Additionally, when the malicious user posts anything on the forums the payload will execute.

Remediation Instructions

Insure that file upload checks the MIME type of content being uploaded, for additional security implement server side content checking to ensure file headers match that of the file extension. Additionally, make sure that all user input is treated as dangerous do not render any HTML tags.

References

For more information on remediation steps check out reference [2]¹³³.

- [OWASP XSS Explained](#)¹³⁴
- [OWASP XSS Prevention Cheat Sheet](#)¹³⁵

¹³³[https://www.owasp.org/index.php/Cross-site_Scripting_\(XSS\)](https://www.owasp.org/index.php/Cross-site_Scripting_(XSS))

¹³⁴[https://www.owasp.org/index.php/Cross-site_Scripting_\(XSS\)](https://www.owasp.org/index.php/Cross-site_Scripting_(XSS))

¹³⁵[https://www.owasp.org/index.php/XSS_\(Cross_Site_Scripting\)_Prevention_Cheat_Sheet](https://www.owasp.org/index.php/XSS_(Cross_Site_Scripting)_Prevention_Cheat_Sheet)

9. Social & People Skills

For most of you reading this series you might have seen the first few technical articles then one about reporting, now you're seeing this about people skills. It's got you thinking now hasn't it? Why do I need to talk to people [irl](#)¹³⁶? I WANT TO HACK THE PLANET! Alright calm down there [Dade](#)¹³⁷.

Yes, having technical skills are great they're awesome in fact and really fun to learn. However, it is important if you want to actually become a pen-tester or a consultant you're going to need to talk to clients or other humans at some point.

There is a phrase I've heard many a time in the lead up to starting my career: *"It's not only what you know but it's who you know"*. And, this rings very true when it comes to starting out, you could have a top degree, some 31337 skills and/or be pwning things every day of the week. If you can't actually speak to another human in real life you're not going to get too far.

Fear not! There are great ways to gain contacts really easily and effectively. These skills come in two of many flavours, mainly meetups and conferences (there are other ways too but these will be what I talk about here).

Meetups

In security and technology there are a mass multitude of meetups in most cities and you'd be surprised at how not well known these can be. They are usually a great way to meet local like minded individuals from many backgrounds who share the same interests as you.

Additionally, they may too share the social awkwardness factor, and this adds to the building of your people skills. Nobody is going to judge you for talking to people and if they do well they're only ruining their own potential connections.

An example of great meetups for hackers and security folks alike is local DEF CON and OWASP groups. In [Glasgow](#)¹³⁸ I run the local DEFCON Chapter [DC44141](#)¹³⁹ however there are many other groups if you're not in Glasgow. For DEFCON Chapters you can find a list of all official one on the DEFCON Website or by simply doing a quick google search.

Alternatively, there are also [OWASP meetups](#)¹⁴⁰ in many cities for those of you interested in web application security.

Don't let these two groups be your limit though, there is a vast multitude of other meetups in other cities all it takes is some googling and searching on twitter to find something you might like.

¹³⁶https://en.wikipedia.org/wiki/Real_Life

¹³⁷[https://en.wikipedia.org/wiki/Hackers_\(film\)](https://en.wikipedia.org/wiki/Hackers_(film))

¹³⁸<https://www.meetup.com/Glasgow-Defcon-DC44141/events/233060708/>

¹³⁹<https://twitter.com/DC44141>

¹⁴⁰<https://www.meetup.com/find/events/?allMeetups=false&keywords=OWASP&radius=Infinity>

Conferences

Much like meetups, conferences tend to be great for meeting and chatting to like minded folks as well. They have the added benefit usually of having interesting talks at them too related to a topic of interest.

As far as security conferences go there are a few key ones to check out both international and UK based. Below is a short list of my favourites, bearing in mind this is not a comprehensive list, there are others available and I would encourage you to seek them out.

UK Conferences

- [BSides Manchester](#)¹⁴¹
- [Steelcon](#)¹⁴²
- [BSides London](#)¹⁴³
- [BSides Edinburgh](#)¹⁴⁴
- [BSides Belfast](#)¹⁴⁵
- [44Con](#)¹⁴⁶
- [Securi-Tay](#)¹⁴⁷

International Conferences

- [DEF CON Las Vegas](#)¹⁴⁸
- [Hack in The Box](#)¹⁴⁹
- [Appsec EU](#)¹⁵⁰
- [BSides Athens](#)¹⁵¹
- [Blackhat USA](#)¹⁵²/[Europe](#)¹⁵³

Having given a small list of things to checkout hopefully you'll make the effort and go to a meetup or conference. By doing so you will not only benefit yourself but you will help grow a great community. On top of going to conferences as an attendee, look at doing a talk if you fancy it!

Not only can you share a topic you enjoy but you can also increase your people skills by pushing the boat out that little bit further.

¹⁴¹<http://www.bsidesmcr.org.uk/>

¹⁴²<https://www.steelcon.info/>

¹⁴³<https://www.securitybsides.org.uk/>

¹⁴⁴<https://www.bsidesedinburgh.org.uk/>

¹⁴⁵<https://bsidesbelfast.org/>

¹⁴⁶<https://44con.com/>

¹⁴⁷<https://securi-tay.co.uk/>

¹⁴⁸<https://www.defcon.org/>

¹⁴⁹<http://www.hitb.org/>

¹⁵⁰<http://2016.appsec.eu/>

¹⁵¹<http://www.bsidesath.gr/>

¹⁵²<https://www.blackhat.com/>

¹⁵³<https://www.blackhat.com/eu-16/>

10. Penetration Testing vs Bug Bounty Hunting

This section will discuss the differences between choosing penetration testing as a career path vs doing bug bounties. It will also cover off the pros and cons of both too.

As many of you will know I have experience in both, while doing penetration testing as a day job I do enjoy partaking in bug bounty hunting in my free time. I find they pair off nicely against each other lending new skills to each.

There is an ongoing discussion I'm seeing again and again surrounding if bug bounties can replace traditional pentests, in my opinion I wouldn't say they can replace them however in some cases can go hand in hand with them.

A bug bounty platform/program is more suited to the external network and perimeter than it is to an internal network however this reality might change in the coming years, who am I to predict the future!

Penetration Testing

The vast majority of folks reading this book, your aspirations will be to land a job for a consultancy as a pentester. Do you know what it takes to learn the art and what is required though? So far in this book I've covered off the basic technical and general skillsets that are required, however what is day to day like for a pentester?

Generally speaking, as a penetration tester (have a giggle, go on it is a funny title) will vary depending on who you are working for, what region you're working in and what area your team covers. Taking the UK as an example (where I'm from), most testers will be widely skilled in many areas in the field with a core knowledge base in web application testing & infrastructure testing.

However, this base isn't the only type of testing or work that a tester will undertake, typically this will also encompass wireless testing, configuration reviews, thick client reviews, phishing, social engineering & some other more bespoke areas such as hardware hacking & embedded system breakouts.

In a way you could call the UK market pretty mature when it comes to testers based upon the skillsets held by a vast majority, note that these skillsets will be gained overtime and that you likely won't be expected to know about them all from the off so don't worry if you're a junior starting out.

By contrast testers in the US tend to be focused more on one area or another with very few delivering the vast degree of services. This isn't a call out of US testers it's purely an observation that many consultancies will choose one area and focus on it.

Meaning, their consultants will only deliver web application testing or infrastructure or red teaming or something else and specialise in this area, there's no doubt that some will be able to deliver the others mentioned above but the specialism will mean a high percentage of deliverable work will lie in the area of specialism.

All testers will share one common denominator which is reporting. Some people love it, many hate it, I personally thoroughly enjoy it. Alongside the hacking, the main product that your client is paying for is the report as it is the final deliverable.

Bug Bounty Hunting

Now the other legal route for someone learning about penetration testing techniques and hacking will be bug bounties. Like penetration testing bug bounties have a similar area of skillsets whereby an individual can pick their targets and choose what skills to hone in.

My personal view on it (and this is my opinion) is that for many it is a full time job but I feel it is not as sustainable as a career doing pentesting, sure you'll probably earn more in the short term however doing pentesting in most situations will net you a salary in which you'll get paid at the end of the month regardless.

It is however a fantastic opportunity to do and even if you work as a pentester by day, partaking in bug bounties in your evenings will serve you well as it exposes you to different systems, techniques and generally (unless you're red teaming all the time) more open scopes.

They allow you to hone in on areas in which you have the most interest and try to perfect different techniques whilst still being able to report back your findings to the specific vendors. If you're interested in getting involved there are several platforms out there:

- [Synack](https://www.synack.com)¹⁵⁴
- [Hackerone](https://www.hackerone.com)¹⁵⁵
- [BugCrowd](https://bugcrowd.com)¹⁵⁶

All of which have different ways of doing things, different programs and different researchers. I'd highly recommend you check them out and give them some time to get a feel for it. Who knows maybe you'll make your millions and learn loads whilst doing it!

The bottom line being that both have their pros and cons however what you choose to do is your decision, if you can though give both a chance for sure!

¹⁵⁴<https://www.synack.com>

¹⁵⁵<https://www.hackerone.com>

¹⁵⁶<https://bugcrowd.com>

11. Hacking Your Career Path

Having the technical skills are great, going to meet-ups and making the social contacts is even better. What really gets you in the door though? Knowing people? A CV? Being somewhat known? All valid points and questions, all worth looking into and all will get you somewhere.

Things to Consider

The main thing that I hear again and again is to get a job you need to sell yourself to an employer. What do you do or have that Joe/Jane Doe does not? The two things I would recommend that you do are:

- 1) Create a [blog](#)¹⁵⁷
- 2) Keep it up to date with projects you're doing, write-ups & tutorials(all optional of course, however will stand you in good stead).

By creating a blog you are doing two things essentially, you're creating a log of the projects you do outside of your studies or in your spare time and what you're also doing is demonstrating your ability to write things down.

Advertising Skillset

Typically the first engagement you'll have with a potential employer is either face to face at an event or by sending your CV out to them. If it is the first my advice would be, just be careful what you say to people and how you approach different situations however that's just general life advice!

When it comes to CVs though, the best thing you can do is write it yourself, especially if you're applying for a role in infosec that involves reporting. As a full disclosure I'm not a careers expert however I have seen many CVs in my time in the industry.

Selling Yourself

Getting that disclaimer out of the way, taking penetration testing as an example job you're applying for. You want to craft your CV in a way that it peaks the reader's attention from opening it (CV_totes_not_malware.pdf.exe <- don't do this).

Typically the core details you'll want to include should include; a blurb about yourself, employment/education history, hobbies/achievements + any professional certifications you've gained(this is things like OSCP & GPEN etc) however if you don't have these fair not it's not the end of the world.

¹⁵⁷<https://blog.zsec.uk>

Your Introduction

When writing your CV you need to be mindful of your target audience. This can depend on where you're applying for i.e are you applying to a massive corporation who will likely filter based on certifications or are you applying to a small outfit who are more likely to read your CV despite certs?

Either way you want to hit the ground running with a one to two page highlight of how awesome you are and why you're the person they need! In your introduction blurb you want to tailor this to the audience, so for a corporation you might want to start out by explaining you have x,y & z certifications and are active in x community or have done y as a profession for z years etc. An example blurb may look similar to:

Andy has worked in information security for just under 4 years combined, focussed specifically on penetration testing, having achieved >OSCP & Crest Registered Tester (CRT), He is a CHECK Team member (CTM) and has delivered several CHECK tests. Andy is currently working >towards Crest Certified Tester(CCT-Inf) and CHECK Team Leader (CTL) status. Alongside his work in pentesting, he also spends his free >time doing bug bounties and has identified many bugs in several companies.

This is written in the third person however you can write in first person too, this is mainly down to personal preference. The blurb above covers off my experience, qualifications, aspirations & involvement with bug bounties. Your milage will likely vary as you might not have experience within industry, just starting out you have more to play with when it comes to this intro text. An extended intro that I have used in the past looks similar to this:

I am an old school hacker in the sense that I like to take things apart and look at their inner workings them. My background has always >been computer related, I currently work as a Penetration Tester and as a researcher in my free time. I hold a Bachelors of Engineering in >Digital Security Forensics and Ethical Hacking. Previously I worked as a computer technician, working with both software and hardware on >a variety of platforms, such as OSX, Windows and Linux.

I participate in karate three times a week and currently hold a 1st Dan black belt; I have fought at Full contact level and in mixed >martial arts competitions. I like to apply the same mind set to pentesting as I do with karate, which usually involves hard work and some >pain the next day, if you are not exhausted at the end and feeling accomplished, you are doing it wrong.

This is different to the first block of text as it only includes two achievements that I held at that stage, these being a degree & my black belt in Karate. However what it does include is a description of me as a person with some highlights of things I have experience working with.

The bottom line being, your intro is what an employer is going to see first, so **make yourself stand out**.

Laying Things Out

As I've said previously I'm not a careers or CV expert however I've found the following layout to work. Note that this will vary depending on what you are applying for though.

If your employment history is lacking or you've not worked in industry at all before something like the following might work for you:

- Achievements & Hobbies
- Skillset
- Employment
- Education

This can be switched up depending on what sits nicer or if you have more of one thing you want your potential employer to see first put this above the others.

Achievements & Hobbies

In your achievements and hobbies maybe include research you've done or capture the flag events you've taken part in. Some examples to include might include blog write-ups, projects you've contributed to on Github or similar, if you're involved in Bug Bounties - include where you've been featured in halls of fame. Try including other achievements outside of technology that might be interesting, maybe you're active in sports/fitness and have won something. Or you help out with a community project. Examples I could include would be:

- Own a blog that is read by 50,000 readers a month (<https://blog.zsec.uk>)
- Organiser of Defcon Glasgow (DC44141)
- Active in Bug Bounties
 - Hall of Fame: Adobe, Starbucks, Mindgeek, Worldpay, Homebrew, Oracle
 - Found ~80 Bugs total in many different companies
- Hold 1st Dan Blackbelt in Karate
 - Training for 12 years
 - Teach both Kids and Adults
 - Competed at full contact level
- Spoken at Hack In The Box Amsterdam 2015
- Holds Enhanced Disclosure from Disclosure Scotland (PVG)

As can be seen an inclusion of a mix of both technical and social/sporting achievements can help. However don't worry if you are lacking in the achievements area, spin up a blog and start writing, try some capture the flag events in your spare time. Then add these in later.

Skillset

In the skillset section, try to include what areas of technologies you feel you are good at. So if you prefer mobile applications note this down, include what else you're comfortable with, so if you've done OSCP you might put down that you can do infrastructure testing to a degree. If you do a lot of bug bounties with web apps, you could include that, something like:

- Web Application Penetration Testing
- Open-Source Intelligence Gathering
- Public Speaking
- Mobile Application Testing Experience
- Worked with Windows, *Unix & MacOS
 - Able to build review Windows, Unix & MacOS
- Experience with Wireless Testing
- Competent with Hardware hacking & soldering

The main thing to keep in mind is being **honest** about your skillset. If your CV gets you an interview an employer is well within their right to ask you about your skillset or anything mentioned in your CV.

If you put down you know about hardware hacking then the interviewer asks you to describe the different logic levels you might come across when dealing with an embedded device and you sit blank expression it will be apparent you might have told a wee lie on that ol' CV of yours. You don't really want to be in this situation if you can help it.

Employment & Education

Another common thing I have seen with CVs in the past is people listing their entire employment history since the beginning of time meaning their CV is a million pages in length. If you've worked in lots of different jobs or had minor part time jobs try to only note the relevant ones on your CV, or alternatively note them all down but only include a paragraph about the ones that are relevant:

- ACME IT Support: **Senior Technician** 2015-2017
 - Dealt with hardware and software
 - Customer service experience
 - Phone and onsite support
- Bill's Newsagents: **Shop worker** 2013-2015
- ACME Bank: **Security Intern** May 2012 - September 2012
 - Logging Phishing Attempts
 - Developed Automation of Logging
 - Worked with CERT

Note above that the key skills used in the relevant positions have been included rather than padding out the section massively; remember your CV should ideally fit on one page, either double or single

sided. The same goes with education history, depending on your stage in life/age/education try to be concise about it with relevant certifications put first.

- Offensive Security Wireless Professional (OSWP): March 2017
- Offensive Security Certified Professional (OSCP): Feb 2017
- Glasgow University: BSc Computer Science 2010 - 2014
- High School Example: 5 Highers including Computing & Maths 2004 - 2010

Creating a Blog

Now at this stage you might be reading this thinking, that advice is great but I don't have a blog or maybe you do but you don't have any ideas as to what to include on your blog?

If you fall into the first group and you don't have a blog, you can spin one up fairly easily there are lots of options out there things like medium & github offer free options to create a blog and start writing or if you're happy to spend a wee bit of money [Digital Ocean](#)¹⁵⁸ have instance of ghost which you can deploy from \$5/Month which is what this blog runs.

Once you have a blog setup get some things written up, try some capture the flags and do some write ups or maybe you've found a cool bug on a bug bounty try writing it up in a blog post(if the company agree that you can disclose it). If you haven't done any CTFs try some of the exercises from [vulnhub](#)¹⁵⁹ or [pentester lab](#)¹⁶⁰ and write up your solution. Alternatively maybe you've started learning an area and want to share your experience try doing that too!

Or even better, maybe you've learned about something new and want to write a tutorial like this one, shove that up on your blog then tweet it out or share on social media to drive traffic.

When you've got your blog all setup with some content try to include it on your CV or share with the community to help others(this will stand you in good stead in the future). The other benefit of a blog is it begins a pipeline of work you've done which you can show to future employers or potentially clients.

Overall good luck with what ever you decide to do, remember a few key things though:

- Always be clear
- Be Honest
- Show your interesting side!

¹⁵⁸<https://m.do.co/c/24ca2070f1f5>

¹⁵⁹<https://www.vulnhub.com>

¹⁶⁰<https://www.pentesterlab.com>

12. Further Reading & Resources

Books to Read

There are literally hundreds of different books for all aspects of security, the sections below list only a select few that I've either read or have been recommended in the past to check out.

Network Pentesting

Having read all of these I can recommend them all, each serving a different purpose but overall covering off network pentesting topics.

- [Network Security Assessment: Know Your Network](#)¹⁶¹ - Chris McNabb has produced 2 editions before this one and this serves as an update to the 2nd edition bringing together different techniques for network enumeration and fingerprinting.
- [The Hacker Playbook 2](#)¹⁶² - A practical guide which follows a similar methodology to the Infrastructure section of this book.
- [Metasploit: The Penetration Tester's Guide](#)¹⁶³ - A little bit dated now however still useful for understanding how metasploit works and the different features available at your disposal.
- [Penetration Testing: A Hands on guide to hacking](#)¹⁶⁴ - This lends its hand to the hacker playbook 2 however gives a deeper overview of the different aspects within penetration testing.

Programming

Below are some books to check out in relation to learning programming.

- [Learn Python The Hardway](#)¹⁶⁵ - A good introduction to python for any level, Zed A Shaw takes you through lots of exercises to teach the basics.
- [Learn C The Hardway](#)¹⁶⁶ - The same as Learn Python the hardway but for C.
- [Learn Ruby The Hardway](#)¹⁶⁷ - - The same as Learn Python the hardway but for Ruby.
- [Violent Python](#)¹⁶⁸ - A more hands on guide to writing python code for penetration testing & offensive security.

¹⁶¹<http://amzn.to/2rcHrum>

¹⁶²<http://amzn.to/2pK30kR>

¹⁶³<http://amzn.to/2qEt9qv>

¹⁶⁴<http://amzn.to/2pJPi1C>

¹⁶⁵<http://amzn.to/2qh6EEP>

¹⁶⁶<http://amzn.to/2pK16km>

¹⁶⁷<http://amzn.to/2pJZAPj>

¹⁶⁸<http://amzn.to/2qE1fuu>

Web Application Testing

Here are the core essentials to get you started after reading this book, if you want to dive deeper into web apps these four links will set you right.

- [Web Hacking 101](#)¹⁶⁹ by [yaworsk](#)¹⁷⁰ - I highly recommend checking Pete's book out, it has a collection of bug bounty reports and resources for information on different findings others in the field have found and disclosed to companies.
- [Web Application Hackers Handbook 2](#)¹⁷¹ - This is a bit dated in terms of reading material however the underlying fundamentals are still applicable to testing now a days. The physical books are nice to have however you can source them on the internet using advanced Google searches, but I'll leave that up to you.
- [Mastering Modern Web Applications](#)¹⁷² - A newer take on web application penetration testing, it has some great resources and information contained within it. Stacks up well alongside WAHH2.
- [Hacking with Github](#)¹⁷³ - A repository of writeups, guides and information on web application hacking and testing. Well worth spending some time reading up on the resources available to better your skillset and knowledge regardless of your level every day is a school day and you should always be willing to look into new things learn a new skill or technique everyday.

Quick Reference for Bag

All of these guides are really useful for when you're onsite with no access to the Internet.

- [Bash Pocket Reference](#)¹⁷⁴
- [PowerShell Pocket Reference](#)¹⁷⁵
- [Red Team Field Manual](#)¹⁷⁶
- [Blue Team Field Manual](#)¹⁷⁷

Web Applications for Learning on

- [Damn Vulnerable Web Application\(DVWA\)](#)¹⁷⁸
- [OWASP Web Goat](#)¹⁷⁹

¹⁶⁹<https://leanpub.com/web-hacking-101>

¹⁷⁰<https://twitter.com/yaworsk>

¹⁷¹<http://amzn.to/1NOWTvt>

¹⁷²<http://amzn.to/2gnfRqb>

¹⁷³<https://github.com/infoslack/awesome-web-hacking>

¹⁷⁴<http://amzn.to/2rdNUq0>

¹⁷⁵<http://amzn.to/2pJODxe>

¹⁷⁶<http://amzn.to/2qh7WzF>

¹⁷⁷<http://amzn.to/2rdEyKB>

¹⁷⁸<http://www.dvwa.co.uk/>

¹⁷⁹https://www.owasp.org/index.php/WebGoat_Installation

- [OWASP List of Vulnerable Web Applications](#)¹⁸⁰
- [PentesterLab - A Collection of Exercises to Learn Testing](#)¹⁸¹
- [VulnHub - Not specifically all web app learning but some great VMs to play with](#)¹⁸²
- [CTFTime](#)¹⁸³ - Not exactly web applications, however capture the flag events can be a great way to grow your skillsets
- [Over The Wire](#)¹⁸⁴

People to Follow on Twitter

I am a massive believer in passing knowledge on always and the list of individuals below have shared some great knowledge with me and the community. I'd actively encourage you to give them a follow to learn more.

- [Sean](#)¹⁸⁵ - A bug hunter who produces some great tutorials for the community and who has a vast degree of knowledge in web application testing.
- [Peter](#)¹⁸⁶ - Author of a great book surrounding bug bounties, hacking & learning. He is another very knowledgeable individual whom I have learned loads from over the past few years.
- [Kevin](#)¹⁸⁷ - A bug hunter who is most famous for finding some very cool bugs in uber, a very knowledgeable individual producing some amazing writeups.
- [File Descriptor](#)¹⁸⁸ - The #1 bug finder on twitter's page for hackerone, he has some very impressive skills when it comes to low level web application testing picking up on very obscure topics.
- [Paul S](#)¹⁸⁹ - One of the most motivated individuals I've ever met in my life who went from working in system administration to becoming a pentester in under a year! He has written some great articles about getting into the field and different ways of looking at things.
- [garethheyes](#)¹⁹⁰ - A researcher who works for Portswigger on burp suite, Gareth kicks out some amazing research into different attack techniques.
- [Brute](#)¹⁹¹ - A researcher and bug hunter who puts out some great tips and tricks when it comes to finding cross site scripting vulnerabilities.
- [Dawid G](#)¹⁹² - This man kicks out some fantastic 0Days and writeups, feels like every week he's dropping a new 0Day.
- [Adam](#)¹⁹³ - A pentester by trade with some fantastic pwnage skills, Adam does great writeups on reverse engineering & pwning general stuffs. A great dude who produces a great blog.

¹⁸⁰https://www.owasp.org/index.php/OWASP_Vulnerable_Web_Applications_Directory_Project/Pages/Offline

¹⁸¹<https://pentesterlab.com/>

¹⁸²<https://www.vulnhub.com/>

¹⁸³<https://ctftime.org>

¹⁸⁴<http://overthewire.org/wargames/>

¹⁸⁵<https://twitter.com/zseano>

¹⁸⁶<https://twitter.com/yaworsk>

¹⁸⁷https://twitter.com/rohk_infosec

¹⁸⁸<https://twitter.com/filedescriptor>

¹⁸⁹<https://twitter.com/infosecps>

¹⁹⁰<https://twitter.com/garethheyes>

¹⁹¹<https://twitter.com/brutelogic>

¹⁹²https://twitter.com/dawid_golunski

¹⁹³https://twitter.com/_xpn_

- [HackerFantastic](#)¹⁹⁴ - A very clever dude with an eye for the latest pwnage, most notably has looked into the NSA leaks in April 2017.
- [MalwareTech](#)¹⁹⁵ - A malware and threat researcher who posts some comedic gold from time to time to.

There are many many more folks to follow on twitter surrounding a variety of topics but mainly the few above I've learned a tonne from and would recommend you check them out.

Links to Checkout

Alongside books and twitter here are some blogs and other sites you should check out to learn more about the security industry & different kinds of writeups.

- [XPN Sec](#)¹⁹⁶ - Adam's blog contains a lot of writeups surrounding capture the flag events, tutorials and hacking techniques.
- [Legal Hackers](#)¹⁹⁷ - Dawid's blog has some amazing writeups of 0days he's discovered and disclosed.
- [InfoSecPs](#)¹⁹⁸ - Paul's blog has some great tips and tricks for lots of different types of folks, in particular people starting out in industry.
- [CornerPirate's Blog](#)¹⁹⁹ - Another Paul! This time with great tips on the other bits of testing like reporting and creating things.
- [Cyber Security Challenge UK](#)²⁰⁰ - A great resource for those of you in the UK, CSC run events all over the country that help aid those interested in getting into the field.
- [Tulpa's OSCP Prep Guide](#)²⁰¹ - A well orchestrated prep guide for OSCP.
- [zseano's Blog](#)²⁰² - Sean's blog takes you through some great web application penetration testing tutorials.
- [Reddit Netsec Thread](#)²⁰³ - Latest news in information security on reddit.
- [Reddit Hacking Thread](#)²⁰⁴ - Latest news on hacking on Reddit.
- [MalwareTech's Blog](#)²⁰⁵ - Lots of Malware Analysis, Security News & Reverse Engineering.
- [Portswigger's Blog](#)²⁰⁶ - Information on the latest exploit techniques for web applications, brought to you by the creators of Burp suite.

¹⁹⁴<https://twitter.com/hackerfantastic>

¹⁹⁵<https://twitter.com/MalwareTechBlog>

¹⁹⁶<https://blog.xpnsec.com>

¹⁹⁷<https://legalthackers.com>

¹⁹⁸<https://oscp.tech>

¹⁹⁹<https://cornerpirate.com>

²⁰⁰<https://cybersecuritychallenge.org.uk>

²⁰¹<https://tulpasecurity.files.wordpress.com/2016/09/tulpa-pwk-prep-guide1.pdf>

²⁰²<http://zseano.com>

²⁰³<https://www.reddit.com/r/netsec>

²⁰⁴<https://www.reddit.com/r/hacking>

²⁰⁵<https://malwaretech.com>

²⁰⁶<http://blog.portswigger.net>

Thank You

Thank you for buying(I assume you've bought it) this book, I hope you've learned at least one thing from reading it. Please feel free to message me on [twitter](https://www.twitter.com/ZephrFish)²⁰⁷ or [email me](mailto:justzero112@gmail.com)²⁰⁸ some feedback and your thoughts on the book. As this is an ebook I plan to keep adding to it as feedback comes in, expanding some sections & correcting others; you will be emailed if there is a significant change made or new area added. Now you've read this, all that is left is to say best of luck in the industry, I hope you continue to develop and learn. If you see me at a conference please come and say hello, I'm always happy to speak to folks! Who knows maybe this might inspire you to write your own book, if you do please let me know!

²⁰⁷<https://www.twitter.com/ZephrFish>

²⁰⁸<mailto:justzero112@gmail.com>